# Oasis Social Centre

**Charity Number: 1167359**

## Trustees' Annual Report and Receipts & Payments Accounts

## For the Year Ended 31 December 2023

### Receipts and Payments Account

The object of the CIO is for the benefit of the public:

"To promote and protect good mental health for the public benefit, particularly but not exclusively by: (a) providing counselling and courses to improve self-esteem and well-being; (b) delivering mental health recovery service programmes; and (c) raising awareness of mental health issues and ways in which affected individuals can be supported within society."

The charity's activities during the year included:

To promote and protect good mental health for the public benefit, particularly but not exclusively by:

(a) We provided counselling and courses designed to improve self-esteem and well-being;

(b) delivered mental health recovery service programmes; and

(c) raised awareness of mental health issues and the ways in which affected individuals can be supported within society.

### Receipts and Payments Account

| Income | £ |
|---|---|
| Donations and Contributions | 2100 |
| Total Income | 2100 |

| Expenditure | £ |
|---|---|
| Expenditure on Charitable Activities | 1704 |
| Net Surplus | 396 |

## Cash Balance as of 31st December 2022: £331.99

## Reserves Policy

The charity aims to maintain free reserves equivalent to three months' unrestricted operating costs to protect core services, cover shortfalls, and ensure an orderly response to unforeseen events. Any drawdown must be approved by the trustees and accompanied by a replenishment plan.

## Public Benefit Statement

The charity promotes and protects good mental health by providing accessible counselling, well-being courses, and structured recovery programmes for people experiencing mental health challenges. It also increases public understanding of mental health by raising awareness and encouraging supportive responses within the community. These activities improve resilience, reduce stigma, and enhance quality of life for individuals and society. Any private benefit is incidental and necessary to delivering this public benefit.

## Structure, governance and management

Trustees serving during the period were:

| | |
|---|---|
| KEVIN ANDERSON | Chair |
| Hannah Chattoo | Trustee |
| BEVERLY CHATTOO | Trustee |

Trustees are appointed in accordance with the charity's governing document and are responsible for the strategic direction, governance and financial oversight of the charity.

## Trustee Declaration

The trustees declare that they have approved this report and confirm that, to the best of their knowledge, the information contained within it is accurate and complete.

I confirm I am a trustee of Oasis Social Centre, I act in the charity's best interests, comply with its governing document and policies, declare any conflicts of interest, and participate in governance and oversight to ensure the charity delivers its public benefit.

Signed: K Anderson

Name: Kevin Anderson

Position: Chair

Date: 12/4/2024