The Autism Group

(Charitable Incorporated Organisation)

Charity Registration No: 1166787

Annual Report and Financial Statements for the Year Ended 31st March 2026

Contents

01	Legal and Administrative Information	3
02	Introduction	4
03	Trustees' Report - Our Highlights - Achievements and Performance - Financial Review - Fundraising	 6 7 20 21
04	Independent Examiner's Report to the Trustees	24
05	Statement of Financial Activities	25
06	Balance Sheet	26
07	Notes to the Financial Statements	27

01 Legal and Administrative Information

CHARITY NUMBER	1166787
START OF FINANCIAL YEAR	1st April 2025
END OF FINANCIAL YEAR	31st March 2026
TRUSTEES	Esther Morley Bridget McLeod Gary Admans Rachel Lucas
LEGAL STATUS	Charitable Incorporated Organisation (CIO)
REGISTERED ADDRESS	5 High Street Maidenhead Berkshire SL6 1JN
DATE OF REGISTRATION	27th April 2016
GOVERNING INSTRUMENT	CIO - Foundation Registered
PRIMARY BANKERS	CAF Bank 25 Kings Hill Avenue Kings Hill West Mailing ME19 4JQ
INDEPENDENT EXAMINER	Independent Examiners Ltd The Grain Store Hills Barns Appledram Lane South Chichester PO20 7EG

02 Introduction

What We Do

The Autism Group is a Maidenhead based charity committed to supporting and enhancing the lives of young autistic people, their parents and carers.

Working with autistic children and young people aged 9–30 years, the charity creates safe, inclusive environments where individuals can socialise, build friendships, and grow in confidence. Through thoughtfully designed activities and insightful support, The Autism Group aims to reduce isolation and promote wellbeing for both young people and their families. We also enhance the understanding of those working in the wider community through our tailored training sessions.

Over the past year, we have been proud to support autistic people and their families through our involvement in wider partnerships. This has included playing an active role in the Neurodivergent Voices Network, contributing to a collaborative approach that places lived experience at the heart of service design. Alongside this, our continued work with GEMS[1] has helped ensure parents and carers can access information and resources in a variety of ways, strengthening their confidence and ability to support their families.

We owe our thanks to the team of staff and volunteers who deliver our services, the majority of whom have lived experience of autism, bringing a deep and authentic understanding of the needs of our participants. Without their dedication, insight, and commitment, we could not have achieved the impact we have made this year.

In 2026, we marked our 10th anniversary, a significant milestone that allowed us to reflect on how far we have come, while also looking ahead to the future. As we plan for the next decade, we remain focused on responding to the changing needs and interests of the young people and families we support, and on creating meaningful opportunities for shared engagement, collaboration and growth.

[1]GEMS is the East Berkshire Autism and Attention Deficit Hyperactivity Disorder (ADHD) Service funded by the Frimley Integrated Care Board

02 Introduction

Charitable Objectives and Activities

The purpose of the charity is to improve the understanding of autism and the outcomes for people and their parents/carers affected by autism by:

(1) Offering a variety of training to parents/carers, family supporters and the community to enhance the understanding of autism in the Thames Valley.

(2) Offering social opportunities and life skill activities primarily aimed at children (9+) and adults (up to aged 30) on the autism spectrum.

(3) Building confidence and skills within families to support individuals on the autism spectrum to lead fulfilled lives.

Public Benefit

In accordance with Section 17 of the Charities Act 2011, the Trustees have considered the Charity Commission's general guidance on public benefit.

How to find us:

Address:
The Autism Group
5 High Street
MAIDENHEAD
SL6 1JN

Email:
info@theautismgroup.org.uk

Website:
www.theautismgroup.org.uk

You can see what we get up to through Social Media:

https://www.facebook.com/theautismgroup

03 Trustees' Report

Our Highlights 2025/2026

Support for parents and carers

295
parents and carers attended GEMS[1] workshops

63
home visits or support sessions

75+
parents and carers attended Tea with TAG

Support for children and young people

16
themed club sessions run for children and young people

121
children and young people attended one or more themed club

15
home-educated children and young people introduced

[1]GEMS is the East Berkshire Autism and ADHD Service funded by the Frimley Integrated Care Board

03 Trustees' Report

Achievements and Performance 2025/2026

Support for parents and carers

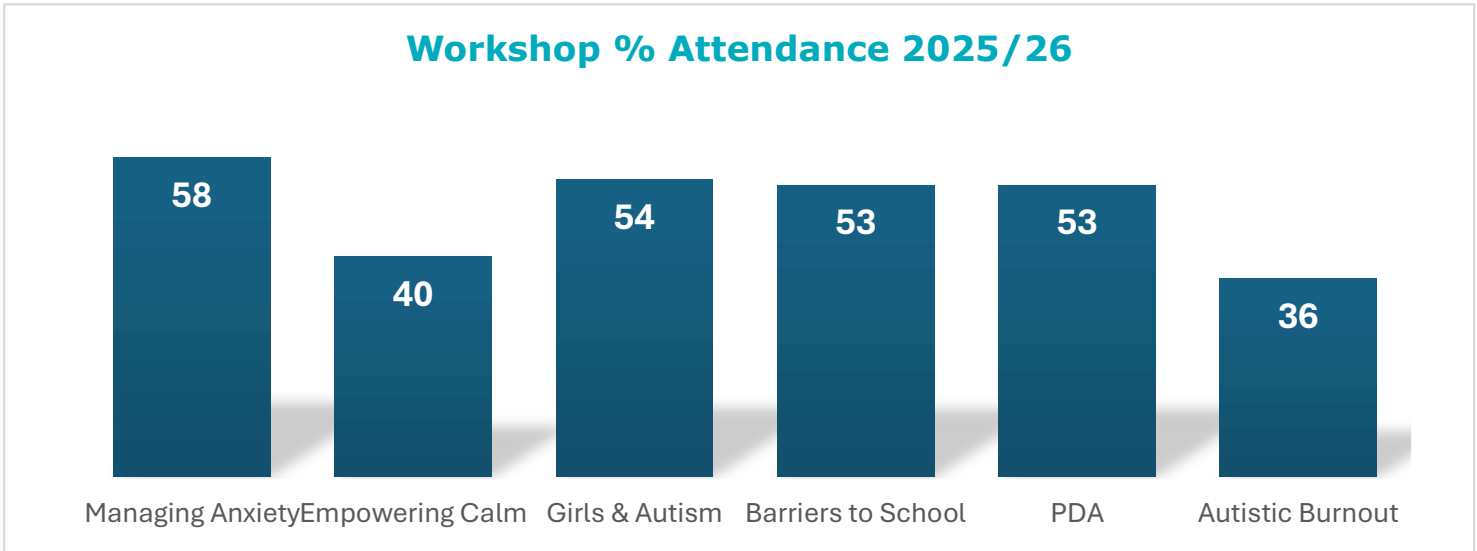
Workshops

This year, we have offered a mix of daytime and evening workshops to provide greater flexibility for parent/carers. While evening sessions have generally seen lower attendance, which is understandable given family and other commitments, the option to access workshops outside of daytime hours has been positively received.

Following an increase in the number of booking spaces available, we have seen a year-on-year increase in the number of parent/carers attending workshops. The new workshop topics introduced have also been well received, demonstrating the value of continuing to review and develop our programme in response to the needs and experiences of families.

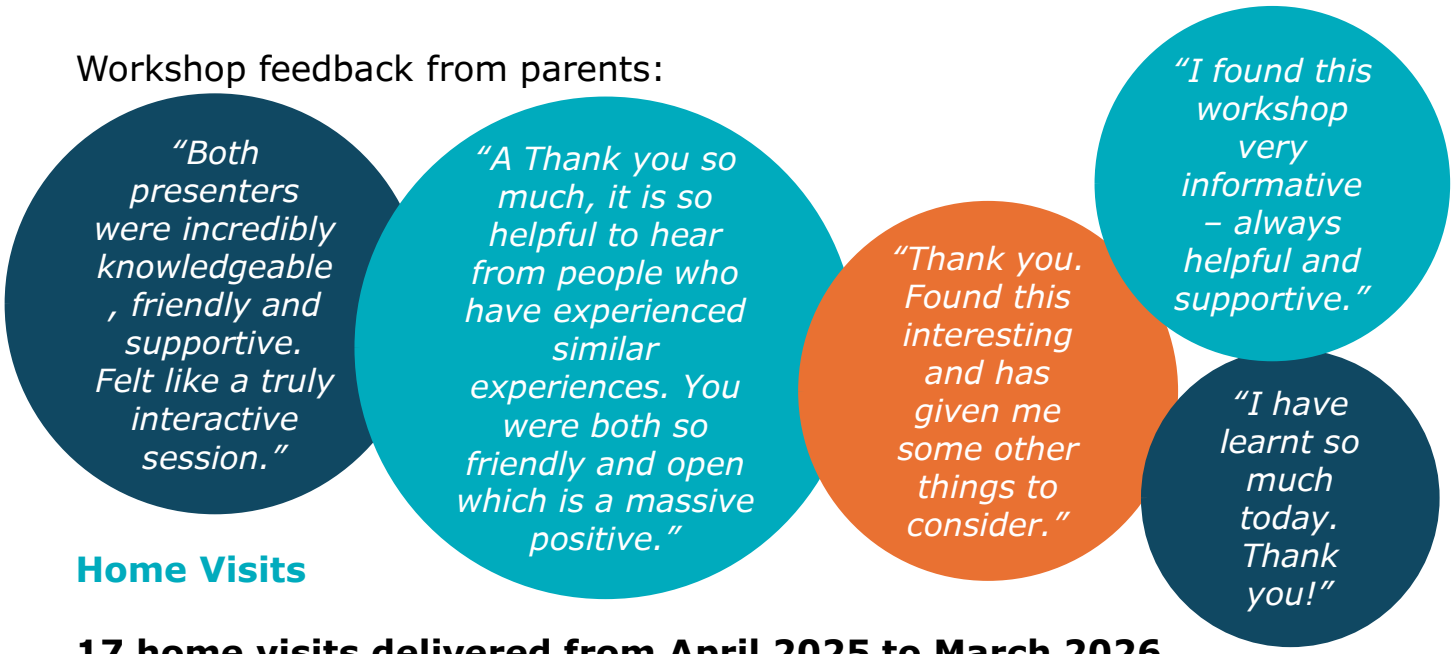
Workshops delivered:

- 1 x Girls and Autism
- 4 x Managing Anxiety
- 3 x Barriers to School
- 4 x Empowering Calm
- 2 x Persistent Drive for Autonomy(PDA)
- 1 x Autistic Burnout



03 Trustees' Report

Workshop feedback from parents:



Home Visits

17 home visits delivered from April 2025 to March 2026

During the year, we adjusted our approach to home visits to enable a greater number of support sessions to be delivered overall. This has resulted in slightly lower home visit numbers, reflecting the change in our service offering rather than a reduction in demand or engagement.

Feedback from families receiving home visits continues to be consistently positive. Families value the opportunity for face-to-face interaction with our support workers and report feeling listened to, reassured and better informed about the support and resources available to them. Home visits continue to provide a valuable form of personalised support for families who benefit from this approach.



03 Trustees' Report

Tea with TAG

Tea with Tag operates across four locations; Maidenhead, Windsor, Slough, and Bracknell. We have been offering themed discussion sessions and guest-led support for parents. Themes this year included nutrition and diet, child independence, cyber-crime webinars, and Christmas celebrations. Guest speakers included educational psychologists, Thames Valley Positive Support, the Area SENCO, the Associate Director for SEND, and the SEND Consultancy Hub.

Slough

Tea with TAG Slough remains our most well-attended location, with consistently high attendance throughout the year. Sessions continue to provide a valuable space for parent/carers to access support, share experiences and connect with relevant services. A wide range of guest speakers have attended during the year, including Kooth, play therapists, IASS and SEND Protect, alongside others. These sessions have enabled families to hear directly from professionals and organisations across a range of areas, ask questions and increase their awareness of the support and services available to them. The consistently strong attendance demonstrates the continued value of the Slough sessions to local families.

Maidenhead

Tea with TAG Maidenhead continues to have a core group of regular attendees, providing an established and supportive space for parent/carers. Attendance has remained generally consistent, with occasional lower numbers, including a session with two attendees over the Christmas period when attendance would typically be expected to reduce. Discussions have covered a range of important topics, with recurring themes including education, relationships, caring responsibilities and planning for the transition into adulthood.

03 Trustees' Report

Windsor

Attendance at Tea with TAG Windsor has remained consistent throughout the year, providing a regular and valued space for parent/carers to access informal support and connect with others. Families have attended to discuss a wide range of topics, including education and schools, respite and short breaks, personal wellbeing, transport and other challenges affecting family life.

Bracknell

Tea with TAG Bracknell has experienced the lowest attendance across our locations, with some sessions receiving no bookings or attendees. This has been despite offering a range of guest speakers, including an Educational Psychologist and Occupational Therapist, to provide families with access to specialist information and advice. The venue may have contributed to lower attendance; however, there has also been limited interest and advance bookings for the sessions more generally. The availability of other established groups and support opportunities within the Bracknell area may also be influencing demand. Going forward, it will be important to review the current offer.

03 Trustees' Report

Support Sessions

46 support sessions delivered from April 2025 to March 2026

Support sessions continue to provide families with a safe and constructive space to discuss concerns, explore practical strategies and feel supported in meeting their child's needs.

During this period, we noted an increase in referrals to GEMS from professionals where there appeared to be some misunderstanding around the scope of the service. As a result, a number of referrals were not appropriate for support sessions and required alternative signposting or guidance instead.

Feedback from families who accessed support sessions continues to be consistently positive, with parents reporting that they feel listened to, reassured and better equipped to support their children.



03 Trustees' Report

Support for children and young people

Themed Clubs

Our clubs are built around topics that young people have told us they enjoy. We currently offer 14 clubs across 5 themes:

GAP (Gaming, Art and Pokemon for ages 9-13) – 2 clubs



Console Gaming (for ages 14-25) – 2 clubs



Art (for ages 9-25) – 4 clubs



Fusion (mixed activities for ages 14-25) – 4 clubs



Role Playing Games (for young teens and adults aged 18-30) – 2 clubs



03 Trustees' Report

Clubs and Activities

Activities and Impact

During the year, we delivered **200 sessions** across the **16 clubs**.

Our clubs continued to provide a safe, welcoming and inclusive environment where children and young people could build friendships, develop confidence and pursue shared interests. Activities were designed to encourage social connection, creativity and enjoyment; supporting autistic children and young people who often face barriers to accessing mainstream activities.

Attendance has remained strong throughout the year, demonstrating the value children and families place on the clubs. Participants continue to engage enthusiastically in the wide range of activities, and have shown increasing confidence in expressing themselves, trying new experiences, and sharing their ideas.

A particular highlight of the year was the opportunity for the attendees of the Art Clubs to create an installation that was displayed at Norden Farm Centre for the Arts. Combining the children's artwork with coloured lighting and the gentle sound of birdsong, the installation created a calm, immersive, and sensory-friendly space that reflected the creativity and imagination of the group.

The project gave the children a valuable opportunity to see their work presented in a public arts venue, helping to build confidence, pride, and a sense of achievement. It was particularly rewarding to see how the installation resonated with visitors through the visitors' book.

This project showcased both the artistic talents of the children and the positive, nurturing environment that the club provides.

03 Trustees' Report

One simple but highly effective activity we offer is a themed A-Z word challenge. Working together in small groups, the children choose a topic and then find an answer for every letter of the alphabet.

While the activity may appear straightforward, it provides valuable opportunities for teamwork, communication, problem-solving, and sharing ideas. It also allows the children to showcase their impressive knowledge and special interests, with each child able to contribute their own expertise and strengths to the group.

For many autistic children, having their unique knowledge recognised and valued is incredibly important for self-esteem and confidence. The activity creates an environment where participants can experience success, support one another, and take pride in what they know. It has become a popular feature of clubs and a wonderful example of how simple, inclusive activities can help children build confidence, develop friendships, and feel respected for who they are.

The greatest indicator of impact comes from the feedback we receive, from parents and from the attendees:

"I really like playing with L & E, then joining in when nearly all of GAP 4 created their own band. Amazing, Fun, had such a great time. " (Club attendee)

"I am forever grateful for the opportunity you gave K to find his friends and continue to provide opportunities to foster his friendship with his friends at your club. It truly was / is life changing." (parent)

"He came back so happy and we noticed his regulation for the rest of the day was wonderful. He was in the best of moods all day." (parent of first-time attendee)

"The [club] is my only social outlet, so it benefits my wellbeing a lot" (Club attendee)

"It was life changing for him to make friends and have so much fun." (parent of a young person moving on to new opportunities)

03 Trustees' Report

Summer & Outdoor Activities

In addition to our regular programme, we offered a range of summer activities, including kayaking, nature-based sessions, LEGO activities, screen-printing, Hama beads and board games, animal encounters and bushcraft.

These experiences gave children and young people opportunities to try new activities, develop independence and enjoy positive shared experiences during the school holidays.

We ran 2 sessions (Habitat Safari) with BBOWT at their Woolly Firs Environmental Education Centre during the Summer Holiday.

We offered a mix of family sessions and short-break respite sessions – **15 children and young people attended at least one session, and 6 parent/carers joined the family sessions.**

Families and young people reported they had a wonderful and relaxing time finding out about the insects and other creatures that are lucky enough to live in this special place.

We were also delighted to work with:

- Ufton Court, who hosted a group of children and young people, specifically chosen from Slough, for a day of activities in their extensive grounds - **8 Slough Children/young people** attended a full day, including transport (provided by Ufton Court Education).

- Maidenhead Waterways who ran a family boat trip, 2 kayaking sessions and a guided walk along Maidenhead's water ways – a total of **23 children and young people, plus 16 parent/carers.**

- In October Half Term we ran a 'Bat Walk' at Braywick Heath Nature Reserve, to see and listen to the various bats that call Braywick their home.

03 Trustees' Report

Spending time in nature can be especially beneficial for individuals with autism, offering a calming and sensory-friendly environment that supports emotional regulation and focus.

Feedback from families highlights the value of these opportunities:



This feedback demonstrates the importance of providing accessible activities that enable children and young people to challenge themselves, gain confidence and participate in experiences that might otherwise be unavailable to them.

03 Trustees' Report

Public Benefit and Reach

The trustees are pleased to report that during the year up to **121 children attended at least one club**.

Through our programme of clubs, role-playing groups and additional holiday activities, we continued to provide opportunities for children and young people to develop social connections, improve wellbeing, learn new skills and participate in their local community.

Whilst we do not currently have a formal mechanism for collecting feedback from all parents and carers, informal comments received throughout the year consistently reflect the positive impact of our work on both children and their families.

Developing more structured methods of gathering feedback is an area the charity will consider in the future to further strengthen our understanding of the outcomes achieved.

"Last weekend, A, R & T came to ours for a sleepover and the boys had a great time. It makes me so happy to see them together and enjoying each other's company. Who said that autistic kids have issues communicating with the others. They have absolutely no issue among them or with us." (parent, describing the first sleepover her teenage son had ever had)

03 Trustees' Report

Role Playing Games – Spotlight

The Evolution of RPG at TAG

When the lockdowns of 2020 and 2021 forced us to close our doors, the Clubs team quickly identified ways to maintain contact with young people through activities they would enjoy. Our aim was to help them continue interacting and maintain the relationships and friendships they had already developed through our clubs.

While COVID-19 was the catalyst, we soon recognised the wider value of role-playing games (RPGs): attendance was consistently high, peer interactions emerged naturally, and the structured nature of the games helped to reduce social anxiety. Most importantly, the young people genuinely enjoyed them.

As a result, RPGs have become a permanent feature of our clubs. What began as a single online group has grown into five groups, including four face-to-face sessions, offering a range of games such as Call of Cthulhu, Dungeons & Dragons, Dark Heresy, and Space. Each game offers different opportunities for creativity, problem-solving, collaboration and social development.

The Benefits of RPG

Garrick, who runs our Call of Cthulhu groups, describes RPGs as a natural extension of Social Stories. While a Social Story may explain a social rule or situation, an RPG allows young people to practise those skills in a safe and structured environment. They can experiment, make decisions and learn from mistakes without fear of negative real-world consequences.

The popularity of our RPG groups demonstrates the value of a structured yet flexible environment in which autistic young people can build confidence, develop relationships, practise social skills and enjoy a strong sense of belonging.

03 Trustees' Report

Role Playing Games – Spotlight

Quotes from Participants

"The online RPG is my only social outlet, so it benefits my wellbeing a lot. I enjoy the storytelling aspect and value being able to interact with other autistic people. I like the creativity as well as getting play in decision making in the group"

"When I first started at the club, I was outside of mainstream education, and the club really helped me get back on track. Now a couple of years later I am at University and find the club is a break from the stresses of day-to-day life."





03 Trustees' Report

Financial Review

Incoming Resources for the year were £110,719 (2024/2025: £89,837), a 23% increase compared to the previous year. During 2025/2026, 40% of Incoming Resources were restricted (2024/2025: 46%). Unrestricted reserves as of 31st March 2026 were £20,142 (2025: £8,146) with restricted reserves of £25,116 (2025: £26,749) and totals reserves were £45,258 (2025: £34,895).

The Trustees have reviewed the reserve policy (see Note 14) and believe that available reserves are sufficient to support the organisation for at least six months and to ensure we will be able to continue to fulfil our charitable objectives even if there is a temporary shortfall in income or unexpected expenditure.

03 Trustees' Report

Fundraising

Community Fundraising

Following the success of the Maidenhead Boundary Walk in 2023, which proved to us that, together, we can achieve big things, Trustees set their sights on 2025 as a year to gently grow and strengthen our community fundraising efforts.

We are incredibly grateful for the enthusiasm, generosity, and creativity shown by our supporters.
We are grateful to individuals like Chris, who took on the Maidenhead Half Marathon in support of TAG, demonstrating real dedication and determination, made even more impactful by the added bonus of match funding from his employer, Tetra Tech.





We have also been proud to harness the incredible creativity of the young people we support at Senior Art Club, transforming their ideas into beautifully designed badges that were proudly displayed and sold at Braywick Heath Plant Nurseries giving access to the wider community.

Friends and families have also played their part in thoughtful, sustainable ways, donating used printer cartridges that help us turn everyday items into valuable contributions.


Thank You
Fundraising and Helping the Environr
THIS IS TO CERTIFY THAT
The Autism Group
And its supporters have raised £125.60
and saved 5.0kg of ink cartridges from landfills
Recycle Charity
19 September 2025

03 Trustees' Report



A little more out of the ordinary, was the very generous donation of a giant Stitch plushie, created to celebrate the release of the new Stitch film in summer 2025, which became the star prize in a raffle.

eBay

Between April 2025 and March 2026, we raised £600 by selling donated items and resources we no longer use.

Grants Received

We could not achieve what we do without the valued support of numerous local and national grant-awarding bodies.

This year, as always, we extend our sincere thanks to the many organisations who continue to support our work:

- Ann Rylands Programme / The Sir Jules Thorn Charitable Trust
- Arts Society of Maidenhead
- ASDA Foundation
- Berkshire Community Foundation
- CLA Charitable Trust
- Co-op Community Fund
- Edward Gostling Foundation
- Englefield Trust
- Garfield Weston Foundation
- Heathrow Community Trust
- Louis Baylis Trust
- Masonic Charitable Foundation
- Royal Borough of Windsor and Maidenhead, Carers Community Fund
- OneSlough
- Shanly Foundation
- Souter Charitable Trust
- Tesco Stronger Starts
- The National Lottery Community Fund

Our thanks also go to Exxon Mobil who supported us through their employee giving scheme.

03 Trustees' Report

Trustees' Responsibilities

The Charities Act 2011 requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and apply them consistently,
- Make judgements and estimates that are reasonable and prudent and
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 26th October 2026

Signed on their behalf by:



Printed name: Esther Morley (Chairperson)

04 Independent Examiner's Report

Report to the trustees of The Autism Group on the accounts for the year ended 31st of March 2026 set out on pages 25 to 35.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

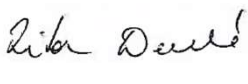
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Zita Derbak MAAT AATQB
Independent Examiners Ltd
The Grain Store
Hills Barns
Appledram Lane South
Chichester, West Sussex
PO20 7EG

Sign: 

Date: 28.10.2026

05 Statement of Financial Activities

For the Year Ended 31st March 2026

	Note	Unrestricted Funds	Restricted Funds	Total 2025/2026	Total 2024/2025
		£	£	£	£
Incoming Resources					
Donations, Legacies and Similar Income	**4**	13,025	-	13,025	8,202
Activities for Generating Funds	**4**	46,407	-	46,407	33,083
Investment Income	**4**	56	-	56	92
Charitable Activities	**4**	6,809	44,422	51,231	48,459
Total Incoming Resources		**66,296**	**44,422**	**110,719**	**89,837**
Resources Expended					
Charitable Activities	**5**	53,109	46,056	99,165	99,068
Governance Costs	**5**	1,192	-	1,192	1,258
Total Resources Expended		**54,301**	**46,056**	**100,356**	**100,325**
Net Incoming / (Outgoing) Resources		**11,996**	**(1,633)**	**10,363**	**(10,489)**
Total Funds Brought Forward		8,146	26,749	34,895	45,384
Transfer of Funds		-	-	-	-
Total Funds Carried Forward		**20,142**	**25,116**	**45,258**	**34,895**

06 Balance Sheet

As of 31st March 2026

	Note	Unrestricted Funds	Restricted Funds	Total 31-Mar-26	Total 31-Mar-25
		£	£	£	£
Fixed Assets					
Tangible Assets	**2**	-	-	-	-
Investments	**3**	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Cash at Bank and In Hand	**7**	14,838	24,296	39,134	35,416
Debtors and Prepayments	**8**	9,440	875	10,315	2,283
Total Current Assets		**24,278**	**25,171**	**49,449**	**37,699**
Creditors: Amounts falling due within one year	**9**	4,136	55	4,191	2,804
Net Current Assets		**20,142**	**25,116**	**45,258**	**34,895**
Total Assets less Current Liabilities		**20,142**	**25,116**	**45,258**	**34,895**
Creditors: Amounts falling due in more than one year	**10**	-	-	-	-
NET ASSETS		**20,142**	**25,116**	**45,258**	**34,895**
Funds of the Charity					
Unrestricted Funds		20,142	-	20,142	8,146
Restricted Fund	**6**	-	25,116	25,116	26,749
Total Funds		**20,142**	**25,116**	**45,258**	**34,895**

The financial statements were approved by the Board of Trustees on 26th October 2026 and were signed on their behalf by:



Esther Morley, Chairperson
Date: 26th October 2026

07 Notes to the Financial Statements

1. ACCOUNTING POLICIES

Basis of Preparation and Assessment of Going Concern

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - (Charities SORP - FRS102) and the Charities Act 2011.

The Autism Group (the "Charity") meets the definition of a public benefit entity under FRS102. Assets and liabilities are Initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources
These are included in the Statement of Financial Activities (SOFA) when:

- the Charity becomes entitled to the resources,
- the Trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming Resources with Related Expenditure
Where Incoming Resources have related Resources Expended (as with fundraising or contract income) they are reported gross in the SOFA.

Grants and Donations
Grants and Donations are only included in the SOFA when the Charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts
Incoming Resources from tax reclaims are included in the SOFA in the same financial period as the gift to which they relate.

Contractual Income and Performance Related Grants
This is only included in the SOFA once the related goods or services have been delivered.

Gifts In Kind
Gifts In Kind are accounted for at a reasonable estimate of their value to the Charity or the amount realised. Gifts in Kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the Charity. Gifts in Kind for use by the Charity are included in the SOFA as Incoming Resources when receivable.

07 Notes to the Financial Statements

Donated Services and Facilities
These are only included in Incoming Resources (with an equivalent amount in Resources Expended) where the benefit to the Charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the Charity of the service or facility received.

Volunteer Help
The value of any voluntary help received is not included in the accounts.

Investment Income
This is included in the accounts when receivable.

Investment Gains and Losses
This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and Liabilities

Liability Recognition
Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs
These include costs of the preparation and examination of statutory accounts, the costs of the Trustees' meetings and the cost of any legal advice to the Trustees on governance or constitutional matters.

Grants with Performance Conditions
Where the Charity receives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA as Incoming Resources once the Charity has provided the specified service or output.

Support Costs
Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of the resources, e.g., allocating property costs by floor areas, or per capital employed, staff costs by the time spent and other costs by their usage.

Investments
Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included as the trustees' best estimate of market value.

Pensions
Pension contributions are charged to the Statement of Financial Activities as they become payable.

Unrestricted Funds
These funds can be used for the general objectives of the Charity as set out in the Trustees' Report. The movements in Unrestricted Funds are given in the Statement of Financial Activities.

07 Notes to the Financial Statements

Restricted Funds
These funds are where the donor has specified a purpose for the donation made. Grants are raised for specific purposes within the objectives of the Charity.

Designated Funds
These funds, if any, are funds set aside by the Trustees out of Unrestricted Funds for specific purposes or projects.

Fixed Assets
Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the Charity on receipt.

Depreciation Expense
Depreciation is calculated at a rate to write off the cost of tangible fixed assets on an appropriate basis over their estimated useful lives. The rates and basis applied per annum are as follows:

Equipment: 20% on a Straight-Line Basis

2. TANGIBLE FIXED ASSETS

The Charity held no Tangible Fixed Assets during this or the previous financial period. The annual commitments under non-cancelling operating leases and capital commitments are as follows:

Year to 31st March 2025: None
Year to 31st March 2026: None

3. INVESTMENTS

The Charity had no Investments during this or the previous financial period.

07 Notes to the Financial Statements

4. INCOMING RESOUCES

	Unrestricted Funds	Restricted Funds	Total 2025/2026	Total 2024/2025
	£	£	£	£
Donations, Legacies and Similar Income				
Donations and Gifts	11,857	-	11,857	6,541
Legacies and Bequests	-	-	-	-
Gift Aid Tax Recovered	1,168	-	1,168	1,661
	13,025	**-**	**13,025**	**8,202**
Activities for Generating Funds				
Services Provided	24,211	-	24,211	12,792
Clubs	21,012	-	21,012	18,763
Rental Income	120	-	120	120
Miscellaneous Income	1,063	-	1,063	1,409
	46,407	**-**	**46,407**	**33,083**
Investment Income				
Interest Received	56	-	56	92
	56	**-**	**56**	**92**
Charitable Activities				
Grants	6,809	44,422	51,231	48,459
	6,809	**44,422**	**51,231**	**48,459**
Total Incoming Resources	**66,296**	**44,422**	**110,719**	**89,837**

07 Notes to the Financial Statements

5. RESOUCES EXPENDED

	Unrestricted Funds	Restricted Funds	Total 2025/2026	Total 2024/2025
	£	£	£	£
Charitable Activities				
Bank Charges	60	-	60	60
Bad Debts	372	-	372	350
Computer Costs	949	-	949	362
Employer's Pension Costs	468	-	468	394
Equipment Costs	-	271	271	807
Hardship Fund	357	-	357	325
Insurance Costs	954	-	954	944
Miscellaneous Expenditure	250	845	1,095	-
Postage and Stationery	56	-	56	160
Premises Costs	6,160	10,687	16,847	17,922
Salaries and Wages	39,996	33,366	73,362	73,907
Staff Clothing	239	-	239	190
Subscriptions	1,387	173	1,560	998
Telephone Costs	1,103	-	1,103	1,079
Training Costs	179	120	299	154
Travel, Mileage and Subsistence	439	534	973	1,072
Welfare and Refreshments	138	59	197	343
	53,109	**46,056**	**99,165**	**99,068**
Governance Costs				
Legal & Professional Fees	412	-	412	370
Independent Examiners Fee	780	-	780	888
	1,192	**-**	**1,192**	**1,258**
Total Resources Expended	**54,301**	**46,056**	**100,356**	**100,325**

07 Notes to the Financial Statements

6. RESTRICTED FUNDS

	Balance 31-Mar-25	Income	Expenditure	Transfer	Balance 31-Mar-26
	£	£	£	£	£
Arts Society Maidenhead	-	300	300	-	-
ASDA Foundation	-	2,000	1,007	-	993
Berkshire Community Foundation	840	4,995	3,415	-	2,420
Co-op Community Fund	3,056	500	3,056	-	500
Country Land and Business Association	-	1,006	1,006	-	-
Edward Gostling Foundation	5,698	5,000	4,389	-	6,309
Englefield charitable Trust	-	3,000	-	-	3,000
Garfield Weston Foundation	-	10,000	2,362	-	7,638
Heathrow Community Trust	4,579	2,372	6,950	-	-
Masonic Charitable Foundation	3,905	5,000	8,905	-	-
Michael Shanly Foundation	-	4,000	4,000	-	-
National Lottery	7,247	-	7,247	-	-
One Slough	-	1,500	244	-	1,256
RBWM Carers Community	-	1,000	1,000	-	-
Souter Charitable Trust	-	3,000	-	-	3,000
Tesco	1,424	750	2,174	-	-
	26,749	**44,422**	**46,056**	**-**	**25,116**

The Restricted Funds held are wholly represented by the cash reserves of the Charity.

07 Notes to the Financial Statements

7. CASH AT BANK AND IN HAND

	Unrestricted Funds	Restricted Funds	Total 31-Mar-26	Total 31-Mar-25
	£	£	£	£
Cash at Bank and In Hand	14,838	24,296	39,134	35,416
	14,838	**24,296**	**39,134**	**35,416**

8. DEBTORS AND PREPAYMENTS

	Unrestricted Funds	Restricted Funds	Total 31-Mar-26	Total 31-Mar-25
	£	£	£	£
Sundry Debtors	8,149	875	9,024	1,480
Prepayments	1,291	-	1,291	803
Total Debtors and Prepayments	**9,440**	**875**	**10,315**	**2,283**

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Funds	Restricted Funds	Total 31-Mar-26	Total 31-Mar-25
	£	£	£	£
Accrued Expenses	1,241	-	1,241	1,262
Independent Examiners Fee	780	-	780	780
PAYE and NI	1,054	-	1,054	673
Pension Contributions	94	-	94	75
Sundry Creditors	966	55	1,021	14
	4,136	**55**	**4,191**	**2,804**

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The Charity had no long-term liabilities during this financial period.

07 Notes to the Financial Statements

11. STAFF COSTS AND NUMBERS

	2025/2026	2024/2025
	£	£
Gross Wages and Salaries	73,362	73,907
Employer's National Insurance Costs	-	-
Employer's Pension Contributions	468	394
	73,830	**74,301**

	2025/2026	2024/2025
Activities to Further Charity's Objectives	1.79	1.90
Fundraising Activities	0.18	0.18
	1.97	**2.07**

No employees received emoluments in excess £60,000 (2024/25: None). All employed members of staff are paid through the PAYE system.

12. TRUSTEES AND OTHER RELATED PARTIES

The only payments made to Trustees, or any persons connected with them, during this financial period relate to reimbursements for items purchased on behalf of the Charity in furthering the Charity's objects. No material transaction took place between the organisation and a Trustee, or any person connected with them.

13. RISK ASSESSMENT

The Trustees actively review the major risks which the Charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

07 Notes to the Financial Statements

14. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain appropriate to the Charity's needs. This is based on the Charity's size and the level of financial commitments held. The Trustees aim to ensure the Charity will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavor not to set aside funds unnecessarily.

15. PUBLIC BENEFIT

The Charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'alms' that are for the public benefit. Details of how the Charity has achieved this are provided in the Trustees' report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the Charity should undertake.


the
autism
group