Charity Number: 1166712

Survivors Of aBuse
Charitable Incorporated Organisation
Trustees Report and Financial Statements
31st March 2026

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The trustees present their report and the unaudited financial statements for the charity for the accounting year ended 31 March 2026.

Registered charity name	**Survivors of Abuse**
Charity registration number	1166712
Registered office	14 Queensway West Wickham Kent BR4 9ER
CEO/Founder	Chris Tuck
Trustees	Pauline Sharp Andrew James Crawford - Retired 31 Oct 2025 Diane Sealey BSc - Retired 31 Mar 2026 Tina Marie Saunders BA Hons - Appointed 27 Oct 2025 Michelle Suzanne Denny-Browne - Appointed 19 May 2025
Accountants	Marcus Bishop Associates Suite 103 Access Business Centre 3 Stanton Way London SE26 5FU

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2026.

Structure, Governance and Management

Survivors Of aBuse is a Charitable Incorporated Organisation registered with the Charity Commission for England and Wales, charity number 1166712. The charity was registered on 25 April 2016.

The charity exists to support adult survivors of childhood abuse and related trauma, including sexual, emotional and physical abuse, neglect, domestic abuse, witnessing domestic violence, and the long-term impact of growing up in unsafe, harmful or abusive family environments.
Survivors Of aBuse provides survivor-led, trauma-informed, psychoeducational and whole-person support to help survivors rebuild health, confidence, identity, connection and hope. The charity also works to raise awareness of the long-term impact of abuse and to support wider professional understanding of survivor recovery needs.

The trustees are responsible for the governance, strategic direction, financial oversight and safeguarding responsibilities of the charity.

During the year, the charity continued to strengthen its governance and trustee structure as part of its wider infrastructure and sustainability work.

Chris Tuck stepped down as trustee on 1 July 2025 and continued as Founder and CEO. From June to December 2025, Chris was paid for one day per week as CEO, using funds then available. This enabled dedicated time to be allocated to key infrastructure and growth work, including policies and procedures, development of the written three-year strategic plan, bid-writing, funding development, stakeholder engagement and work with an external charity consultant.

This was a planned and responsible use of resources to help prepare the charity for future funding, growth and sustainability. The paid CEO arrangement could not continue beyond December 2025 because the charity did not have sufficient ongoing unrestricted or core funding to sustain the role. Chris continued to contribute significant additional voluntary time to the charity.

The trustees recognise that this founder-led input has enabled the charity to move forward, but also that future development, bid-writing, fundraising and strategic growth will be limited unless core leadership and operational capacity can be funded.

Pauline Sharp continued as trustee, having been appointed on 18 February 2025.
Michelle Suzanne Denny-Browne was appointed as trustee on 19 May 2025, strengthening the charity's governance, safeguarding and survivor-informed oversight.

Andrew James Crawford's trustee role ended in October 2025. The charity thanks Andrew for his contribution as one of the founding members of Survivors Of aBuse and for his previous support with the charity's statutory accounts and early development.

Tina Marie Saunders BA Hons was appointed as trustee on 27 October 2025, further strengthening the Board during the year.

Diane Sealey BSc stepped down as trustee on 31 March 2026. The charity thanks Diane for her contribution as one of the founding members of Survivors Of aBuse and for her service during her tenure as trustee.

At the date of preparing this report, the serving trustees are Pauline Sharp, Michelle Suzanne Denny-Browne and Tina Marie Saunders BA Hons.

During the year, the charity undertook substantial infrastructure and development work. This included strengthening policies and procedures, developing the three-year strategic plan, preparing funding bids, developing governance and programme materials, and working with external support to build the organisational infrastructure needed for future growth.

Several funding bids were submitted during the year. Although not all were successful, this work was necessary and strategic. It helped the charity clarify its case for support, evidence its impact, strengthen its planning and prepare for future funding opportunities.

Survivors Of aBuse has continued to operate responsibly, strategically and within its means. The charity has not lacked vision, planning or commitment. The challenge has been the absence of sustained funding to fully resource the level of development, staffing, evaluation and delivery required to meet the scale of need.

Objectives and Activities

The charity's objects are to preserve and protect the physical and mental health of people who have suffered abuse in childhood, including sexual, emotional and physical abuse and neglect, by providing workshops, courses, advice and support designed to improve physical and mental health and wellbeing.

The charity also seeks to advance the education of the public and professionals, including social workers, police, counsellors, healthcare professionals and support services, on the impact of childhood abuse in adulthood.

The trustees have had regard to the Charity Commission's public benefit guidance when reviewing the charity's aims, activities and future plans.

The charity's flagship programme is Breaking the Cycle™ C.L.E.A.N.E.R.™ Living, an eight-week trauma-informed, psychoeducational and whole-person recovery programme for adult survivors of abuse.

The programme combines trauma-informed learning, emotional regulation, lifestyle education, physical wellbeing, peer connection, confidence-building and ongoing post-programme support. It

helps survivors understand the impact of trauma and take practical steps towards rebuilding their lives.

Breaking the Cycle™ is not counselling, psychotherapy, trauma-processing, investigative work or legal evidence-gathering. It is a structured psychoeducational recovery and wellbeing programme designed to support survivors safely and practically.

The charity's wider activities include survivor support, alumni support, peer connection, awareness-raising, professional education, public speaking, stakeholder engagement, fundraising, advocacy and strategic development work.

Achievements and Performance

The year ended 31 March 2026 was a significant year of consolidation, quality development, infrastructure-building and future-readiness for Survivors Of aBuse.

By 31 March 2026, the charity had delivered 15 Breaking the Cycle™ cohorts and supported more than 110 survivors through the programme to date.

A major achievement during the year was securing CPD accreditation for Breaking the Cycle™ C.L.E.A.N.E.R.™ Living by the end of March 2026. This was an important milestone for the charity, strengthening the programme's credibility, quality assurance and future scaling potential. It also supports future conversations with funders, partners, commissioners, professional audiences and potential facilitators.

During the year, the charity developed its three-year strategy, **Our Future Journey: Strategic Plan 2026–2029**, and began acting on its priorities. The strategy sets out SoB's planned direction of travel, including programme growth, survivor-led peer support, Train-the-Trainer development, impact measurement, funding, governance and sustainable growth.

The strategy is available on the charity's website:
https://survivorsofabuse.org.uk/about-us/strategic-plan-2026-2029/

The charity also developed and strengthened a range of organisational and programme assets, including:

- the Train-the-Trainer manual and framework;
- the 10-Year Milestone & Impact booklet;
- programme and impact overview materials;
- fundraising and #DoIt4Survivors materials;
- policies and procedures;
- safeguarding and programme safety processes;
- quality assurance foundations;
- stakeholder and funder engagement materials.

The charity's #DoIt4Survivors fundraising materials are available through the charity website:
https://survivorsofabuse.org.uk/fundraising/

The #DoIt4Survivors fundraising pack is also available here:
https://survivorsofabuse.org.uk/wp-content/uploads/2025/06/SOB_Fundraising_Pack-v2.pdf

The charity's policies and procedures are available to funders, potential funders and appropriate partners by written request, where relevant and appropriate.

This infrastructure work was essential to prepare the charity for safer, more structured growth. The charity's ambition is not simply to deliver more groups, but to scale carefully, without compromising survivor safety, quality, trauma-informed practice, programme integrity or the survivor-led ethos.

The Train-the-Trainer framework is a key part of this strategy. It is intended to reduce reliance on one individual over time and support consistent, safe delivery by future facilitators, with appropriate safeguarding, boundaries, training, quality assurance and oversight. The Train-the-Trainer materials are internal charity assets and are not publicly shared.
The charity also invested significant time in networking, stakeholder engagement, bid-writing, corporate relationships and community fundraising. Not all of this work has yet converted into funding, but it has strengthened the charity's profile, credibility, case for support and future pipeline.

During the year, the charity received practical and financial support from individuals, businesses and corporate supporters to help progress key areas of work. This included support from Mike Taylor of 1840 Lawncare towards the accreditation process, £500 from Marcus Bishop Associates towards the 10-Year Milestone & Impact Event, and £2,000 sponsorship from Slater and Gordon towards the 10-Year Milestone & Impact Event.

The trustees are grateful to all donors, sponsors, supporters and professional contacts who have helped the charity continue building the foundations for future delivery and growth.

Programme Quality and Safe Scaling
During the year, Survivors Of aBuse placed significant focus on strengthening the quality, consistency and future scalability of Breaking the Cycle™ C.L.E.A.N.E.R.™ Living.

The charity's programme development work included clearer delivery materials, stronger programme boundaries, safeguarding expectations, facilitator guidance and quality assurance foundations. This work was undertaken to protect survivor safety, support facilitators and ensure the programme can grow without losing its integrity.

The CPD accreditation achieved by the end of March 2026 was an important external recognition of the structure and quality of the programme.

The Train-the-Trainer framework and manualised materials are an important step towards future safe scaling. They support the charity's longer-term aim of developing trained facilitators and exploring wider local, regional and national delivery, while maintaining strong governance, safeguarding, trauma-informed practice and survivor-centred values.

Financial Review

For the year ended 31 March 2026, the charity income was £22,695 and expenditure was £34,130, resulting in net expenditure of £11,435, and closing funds were £19,782.

The charity used some reserves during the year. This should be understood in the context of responsible long-term financial management and continued investment in governance, programme development, fundraising, infrastructure and future readiness.

A significant element of expenditure during the year related to capacity and infrastructure-building, including the part-year CEO role, work with an external charity consultant, policy and procedure development, strategic planning, bid-writing, governance development, fundraising development and preparation for future growth. This expenditure was incurred as part of a planned and responsible strategy to strengthen the charity's foundations and readiness for sustainable funding.

The charity also submitted larger funding applications during the year, including applications in the region of £30,000 and a five-year funding application of approximately £375,000. These bids were not successful due to the competitive nature of funding and the level of applications received, but the process helped strengthen the charity's case for support, funding strategy, evidence base and future planning.

Before committing to new delivery, the trustees reviewed the funds available and the charity's wider funding position. Approximately £9,000 of unrestricted funds has been internally allocated towards two future Breaking the Cycle™ cohorts planned for September–October 2026 and February–March 2027.

This demonstrates the trustees' continued commitment to responsible planning and delivery within available resources. However, these funds do not provide long-term sustainability. Further funding will be required to continue programme delivery beyond these cohorts, support evaluation and accreditation, strengthen governance and administration, and develop the Train-the-Trainer model.

Since its formation, the charity has operated carefully and within its means. Cumulative management information indicates total receipts recorded of £114,755.85 and expenditure of £94,973.51. This demonstrates that the charity has grown responsibly and used funds carefully over time.

The challenge facing the charity is not financial failure, but the lack of sustained funding required to properly establish, staff and scale the work. With significantly greater backing, Survivors Of aBuse would be able to increase programme delivery, strengthen evaluation, train facilitators, build regional and national reach, and support more survivors safely and effectively.

Restricted Funds

The trustees recognise the importance of clear restricted fund accounting.
National Lottery funding received in previous years was restricted funding awarded for the delivery of the Breaking the Cycle™ programme. The funding was used for the programme delivery it was awarded for. Where the full cost of delivery exceeded the restricted funding available, the additional costs were met from unrestricted funds, including donations, fundraising and reserves.

Walking and Cycling Grants London funding for the Walk, Talk & Support activity is treated as restricted funding because it was awarded for specific walking and wellbeing projects. The bids were made via West Wickham Health and Fitness, using Chris Tuck's local health and wellbeing delivery expertise, and the activity was reviewed through the charity's governance arrangements.

The accounts show restricted and unrestricted funds separately, including the transfer from unrestricted funds required to clear the restricted fund deficit at the year end.

Reserves Policy

The charity has committed to maintaining a minimum reserve threshold of £4,000 to protect continuity and manage financial risk.

The trustees continue to monitor the charity's reserves position carefully. The charity has used reserves during the year, but it remains above the minimum reserve threshold based on closing funds as at 31st March 2026. Restricted funds are not treated as free reserves.

The trustees recognise that the charity's current model remains heavily reliant on short-term funding, community fundraising, corporate goodwill, pro bono support and significant voluntary contribution. Future unrestricted and core funding is needed to strengthen sustainability and reduce reliance on unpaid founder-led capacity.

Survivors Of aBuse is not a charity in crisis. The charity has operated responsibly, carefully and within its means. The issue is that the charity has never had the sustained funding required to fully establish, staff and scale its work. With the right backing, the charity could make a much greater impact locally, regionally and nationally.

Fundraising, Networking and Income Development

During the year, the charity continued to develop a mixed funding model.
Fundraising and support included BNI relationships, corporate donations, sponsorship, challenge events, skydive fundraising, Marathon MyWay fundraising, individual giving, community fundraising, pro bono support and bid-writing.

Chris Tuck continued into a second year with the BNI Compass Chapter as part of the charity's wider fundraising and income development strategy. This networking activity is intended to build corporate relationships, identify potential sponsorship and philanthropic support, encourage monthly giving, and create opportunities for fundraising events and introductions.

The charity continued to meet the monthly BNI-related costs, including the monthly Green Club contribution, where these supported the charity's fundraising and networking activity. The annual cost of BNI membership for a charity is £999 plus VAT; this annual fee was paid by Greg Davies-Polaine, providing valuable support to the charity by reducing the cost of maintaining this fundraising route.

The trustees consider this part of a planned and strategic approach to widening SoB's supporter base, developing corporate and community relationships, and reducing reliance on short-term grants alone.

This work has been essential in helping the charity continue while larger sustainable funding routes are pursued. The charity has worked hard to develop relationships with supporters, sponsors, professionals and potential funders. Some opportunities are still developing and have not yet converted into formal funding, but they form an important part of the charity's future pipeline.

During the year, the charity also invested time in developing its case for support, impact materials and future funding strategy. Not all funding applications were successful, but the process strengthened the charity's learning, evidence base and understanding of what is needed to secure longer-term funding.

The trustees' future funding strategy is to continue pursuing a mixed income model, including:

- smaller funding pots;
- community fundraising;
- individual giving;
- corporate support;
- BNI and business relationships;
- charity-of-the-year partnerships;
- challenge events;
- sponsorship;
- pro bono and in-kind support;
- paid training and speaking opportunities;
- larger strategic grants;
- future applications to The National Lottery Community Fund.

Sustainability and Capacity

Survivors Of aBuse has gone above and beyond to prove the need for its work and the quality of its delivery. The charity has delivered 15 cohorts, supported more than 110 survivors, secured CPD

accreditation, developed a Train-the-Trainer framework, strengthened governance, created impact and fundraising assets, developed a three-year strategic plan and built stakeholder relationships.

The charity is now at a critical stage of opportunity. Future funding is needed not because the charity has failed, but because it has proved its value and has clear plans for safe, responsible growth.

From June to December 2025, Chris Tuck was paid for one day per week as CEO, which allowed dedicated time to be given to essential infrastructure and growth work. This included policies, procedures, strategic planning, bid-writing, funding development, stakeholder engagement and work with an external charity consultant. This investment of time was designed to prepare the charity for the funding and growth strategy it has been working towards.

However, the charity was unable to sustain the paid CEO role beyond that period due to lack of ongoing unrestricted or core funding. As a result, much of the continuing leadership, bid-writing, development and strategic work remains dependent on voluntary founder-led capacity.

The trustees recognise that reliance on unpaid founder-led capacity creates a sustainability risk. Proper funding would allow the charity to sustain programme delivery, build operational capacity, strengthen evaluation, train additional facilitators, continue fundraising development and expand access to trauma-informed, whole-person recovery support for more survivors.

Plans for Future Periods

The charity's future plans are guided by **Our Future Journey: Strategic Plan 2026–2029**, which was developed during the year and is now being acted upon through the charity's programme development, funding, governance, accreditation, evaluation and partnership work.

The charity's future plans include:

- delivering two further funded eight-week Breaking the Cycle™ cohorts;
- securing funding for future cohorts beyond those already identified;
- strengthening evaluation and impact measurement;
- continuing accreditation and quality assurance work;
- developing the Train-the-Trainer model;
- building facilitator pathways;
- growing corporate, community and funder support;
- developing charity-of-the-year and challenge-event fundraising;
- pursuing smaller funding pots alongside larger strategic grants;
- continuing future applications to The National Lottery Community Fund;
- strengthening local, regional and national partnerships;
- expanding professional education, awareness and training opportunities;
- reducing reliance on unpaid founder-led capacity.

The charity has also developed a three-hour **C.L.E.A.N.E.R.™ Calm & Confident Kickstart pilot** workshop, which is being piloted with Survivors Of aBuse alumni in September 2026.

The pilot will help the charity assess the value of a shorter C.L.E.A.N.E.R.™-based workshop for alumni and survivors. It is intended to support confidence, emotional regulation, self-care, continued recovery and aftercare after completion of the eight-week Breaking the Cycle™ C.L.E.A.N.E.R.™ Living programme.

Learning from the pilot will also help the trustees consider whether a shorter workshop could provide an introductory route for survivors who have not yet completed the eight-week programme, and whether a separate version could be developed for professional or organisational audiences, with a focus on resilience, burnout prevention, trauma-informed practice, stress awareness and workforce wellbeing.

After the year end, Chris Tuck held a Lunch and Learn session for chief executives within The Survivors Trust network. The aim was to explore how SoB's learning and C.L.E.A.N.E.R.™ approach may support workforce wellbeing, resilience and trauma-informed practice within small charities working in the sexual abuse and survivor-support sector.

With the right backing, Survivors Of aBuse could move from a largely founder-led, under-resourced model into a sustainable, professionally supported organisation capable of making a greater impact locally, regionally and nationally.

Communications, Awareness and Public Engagement

The charity continues to use its website, blog, social media and public engagement work to keep supporters, professionals, survivors, funders and the wider community updated on its work.

Blogs and updates are used to share the charity's learning, survivor-informed practice, programme developments, campaigns, events, advocacy and impact. This helps increase transparency, build public understanding and keep people connected to the charity's work.

The charity's website blog can be accessed here:
https://survivorsofabuse.org.uk/blog/

Post-Year-End Developments

After the year end, on 22 April 2026, Survivors Of aBuse held its 10-Year Milestone & Impact Event at Bromley Old Town Hall.

The event marked ten years since the charity was founded and almost a decade of delivering the Breaking the Cycle™ programme. It brought together survivor voice, civic leadership, national policy voices, research, practice, safeguarding, health, education, policing, the voluntary sector and community partners.

Although the event took place after the year end, significant preparation took place during 2025/26. This included planning the event, developing the 10-Year Milestone & Impact booklet, preparing

impact materials, securing support and sponsorship, printing event materials, coordinating speakers and developing the event as part of the charity's wider growth and stakeholder engagement strategy.

The event was not simply a celebration. It was designed as a strategic milestone to raise awareness of hidden survivors, the long-term impact of abuse, the need for whole-person recovery support, and the importance of collaboration between survivor-led organisations, statutory systems, researchers, funders and community partners.
The event focused on the need to strengthen referral pathways, sustainable funding, research, evaluation, policy influence, programme delivery and partnership working. It also supported the charity's aim to move from awareness into responsibility and action.

The event was supported by a 10-Year Milestone & Impact booklet, which was developed during the year, printed for the event and also made available as a digital flipbook:
https://heyzine.com/flip-book/2df48a34bb.html#page/14

A full blog reflecting on the event is available on the charity's website:
https://survivorsofabuse.org.uk/breaking-the-cycle-bridging-the-gaps-reflections-from-the-survivors-of-abuse-10-year-milestone-impact-event/

Following the event, Chris Tuck met with Lord Harris of Peckham to explore possible future collaboration. Discussions are ongoing and form part of the charity's wider strategy to build relationships that may support future funding, awareness, education, survivor-informed practice and programme development.

Following the year end, on 7 June 2026, Chris Tuck contacted Christopher Evans at Community Links Bromley to explore the best routes for survivor-informed engagement across local education, social care, health, policing, safeguarding partnerships, local authority contacts, voluntary-sector networks and potential local funders or strategic supporters.

This followed the charity's 10-Year Milestone & Impact Event and forms part of SoB's developing local action approach, currently framed around "From Inquiry to Local Action: Survivor Voice, Safeguarding and Recovery in Bromley, Croydon and Surrounding Boroughs."

The aim is to continue contributing to national accountability around IICSA implementation, while also building practical local change by working constructively with the professionals and services that come into contact with children, families and survivors.

These discussions are ongoing and form part of SoB's wider strategy to strengthen local and regional relationships, improve referral routes, build awareness of survivor expertise, and explore future partnership and funding opportunities.

The charity also had an official CPD accreditation handover after the year end in June 2026.

Following the year end, Survivors Of aBuse was named Charity of the Year 2026 for Shirley Oaks Hospital, part of Circle Health Group. While the level of fundraising support is not yet known, this is an important recognition of the charity's work and provides a further opportunity to build awareness, relationships and support.

Following the year end, the charity also secured third-year WCGL restricted funding for the Walk, Talk & Support group, delivered via West Wickham Health and Fitness between May and September 2026.

Following the year end, Chris Tuck, Founder and CEO of Survivors Of aBuse, spoke at a Lucy Faithfull Foundation event at the Palace of Westminster on Tuesday 30 June 2026. The event was hosted by Jess Asato MP and titled "It's not that simple when it's somebody close" focused on effective policy responses for the prevention of intrafamilial child sexual abuse.

This was a reflection of the growing recognition of Chris's survivor-informed expertise and the charity's contribution to national conversations about prevention, policy, family-based abuse, professional understanding and system responses. It also aligns with SoB's charitable object of advancing education and awareness among the public and professionals about the impact of childhood abuse in adulthood.

Post-year-end profile and recognition opportunities connected to Chris Tuck also support the charity by increasing visibility, credibility and opportunities for partnership. Chris was a finalist for Best Motivational Speaker 2026 and is also a finalist in the Enterprise Vision Awards for Inspirational Woman of the Year, with the awards taking place on 2 October 2026 in Blackpool.

These opportunities are relevant to the charity because they raise awareness of the work, open conversations with potential funders, sponsors and partners, and support the charity's wider strategy to build credibility, visibility and sustainable backing.

Approval

This Trustees' Annual Report and the accounts for the year ended 31 March 2026 were approved by the trustees on

Signed on behalf of the trustees by:

Chris Tuck
Signed on 07 September 2026 @ 11:36

Michelle Suzanne Denny-Browne

Trustee
Date:

I report to the trustees on my examination of the financial statements of Survivors Of aBuse for the year ended 31 March 2026.

Responsibilities and basis of report

As the charity trustees of Survivors Of aBuse, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

The charity's gross income for the year ended 31 March 2026 was £22,695. As this is below the statutory threshold requiring independent examination, there is no legal requirement for external scrutiny under the Charities Act 2011. The trustees have nevertheless elected to obtain an independent examination voluntarily as a matter of good governance and transparency.

I am qualified to undertake the examination by being a qualified member of ACCA.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a true and fair view. The report is limited to those matters set out in the statement below.

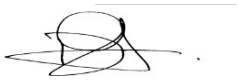
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
    - to prepare financial statements which accord with the accounting records and comply with the accounting requirements of the Charities Act 2011;

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



David Frederick FCCA
Suite 103 Access Business Centre
3 Stanton Way
London, SE26 5FU

20th Aug 2026
Date

Survivors Of aBuse
Statement of Financial Activities
For the year ended 31st March 2026

	Notes	2026 Unrestricted funds £	2026 Restricted funds £	2026 Total funds £	2025 Total funds £
Income	**5-7**	20,815	1,880	22,695	42,979
Expenditure on:					
Fundraising	**8**	7,681	0	7,681	1,976
Charitable activities	**9**	14,368	12,081	26,449	17,625
Total expenditure		**22,049**	**12,081**	**34,130**	19,601
Net income / (expenditure)		**(1,234)**	**(10,201)**	**(11,435)**	23,378
Transfers between funds		**(10,201)**	**10,201**	**0**	0
Fund balances brought forward		31,217	0	31,217	7,839
Fund balances carried forward		19,782	0	19,782	31,217

Survivors Of aBuse
Statement of Financial Position
As at the year ended 31st March 2026

	Notes	2026		2025	
Current assets		**£**	**£**	**£**	**£**
Cash at bank at 31 March		19,782		31,217	31,217
Net current assets			19,782		31,217
Total net assets			19,782		31,217
Funds of the charity					
Unrestricted funds			19,782		31,217
Restricted funds					0
Total charity funds			**19,782**		31,217

The financial statements for the year ended 31 March 2026 were approved by the trustees and authorised for issue on

Signed on behalf of the trustees by:

Signed on 07 September 2026 @ 11:36

Michelle Suzanne Denny-Browne

Trustee

Date:

Survivors Of aBuse
Statement of Cash Flows
As at the year ended 31st March 2026

	2026		2025	
	£	£	£	£
Net (Expenditure)/Income	(11,435)		23,378	
Cash generated from operations	(11,435)		23,378	
Net cash (used in)/from operating activities		(11,435)		23,378
Net (decrease)/increase in cash and cash equivalents		(11,435)		23,378
Cash and cash equivalents at 1st April		31,217		7,839
Cash and cash equivalents at 31st March		19,782		31,217

1 General Information

The charity is a public benefit entity and a Charitable Incorporated Organisation registered with the Charity Commission for England and Wales. The charity's registered charity number is 1166712. The charity's registered office is 14 Queensway, West Wickham, Kent, BR4 9ER, UK.

2 Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis and in accordance with FRS 102 and the Charities SORP (FRS 102).

Going Concern

The trustees have assessed the charity's ability to continue as a going concern and have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, the financial statements have been prepared on a going concern basis. The trustees are not aware of any material uncertainties that may cast significant doubt upon the charity's ability to continue as a going concern.

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds comprise unrestricted funds that have been set aside by the trustees for specific purposes. Restricted funds are funds subject to specific conditions imposed by donors or arising from the terms of fundraising appeals. The funds may only be applied for the purposes specified.

Income

Income is recognised in the Statement of Financial Activities (SoFA) when the charity is entitled to the income, it is probable that the economic benefits associated with the transaction will flow to the charity, and the amount can be measured reliably.

The following specific policies apply to particular categories of income:

- **Donations and grants** are recognised when the charity has entitlement to the income, receipt is probable and the amount can be measured reliably.

- **Donated goods** are recognised at fair value where this can be measured reliably. Where fair value cannot be measured reliably, the value is estimated by reference to the donor's cost or the expected proceeds from sale. Donated services and facilities are recognised where they would otherwise have been purchased and their value can be measured reliably. No value is attributed to the contribution made by general volunteers.
- **Income from the provision of services under contract** is recognised as the charity satisfies its performance obligations under the contract. Income is measured at the amount to which the charity expects to be entitled in exchange for providing those services. Such income is included within unrestricted funds unless the contractual terms require the funds to be applied for a specified purpose and any unspent amounts are repayable, in which case the income is treated as restricted.

Resources expended

Expenditure is recognised on an accruals basis when a liability is incurred. Expenditure includes irrecoverable VAT and is classified under the headings of the Statement of Financial Activities to which it relates.

- **Expenditure on raising funds** comprises the costs of all fundraising activities, fundraising events, non-charitable trading activities and the sale of donated goods.
- **Expenditure on charitable activities** comprises all costs incurred in furtherance of the charity's charitable objectives for the benefit of its beneficiaries, including support costs and governance costs allocated to charitable activities.
- **Other expenditure** comprises those costs that do not fall within expenditure on raising funds or expenditure on charitable activities.

Costs are allocated between expenditure categories on a basis that reflects the use of the related resources. Costs directly attributable to a particular activity are allocated directly to that activity. Shared costs are apportioned between activities on a reasonable, justifiable and consistent basis.

Financial instruments

The charity only has basic financial instruments, comprising cash at bank and any amounts receivable or payable within one year. These are initially recognised at transaction value and subsequently measured at the amount expected to be received or paid.

4. Legal Status

The charity is a Charitable Incorporated Organisation and is registered with the Charity Commission for England and Wales. The liability of members is governed by the charity's

constitution. The charity has no share capital and any surplus is applied solely in furtherance of its charitable purposes.

5. Income from Donations/Grants/Fundraising

Description	2026 Unrestricted £	2026 Restricted £	2026 Total £	2025 Total £
WCGL Funding	0	1,880	1,880	
Corporate Funding	3,110	0	3,110	
Non Corporate Funding	2,014	0	2,014	
BNI Sponsors & Donations	4,842	0	4,842	
Murder Mystery	2,381	0	2,381	
SkyDive / MyWay	7,088	0	7,088	
Total	19,434	1,880	21,314	

6. Income from Charitable Activities

Description	2026 Unrestricted £	2026 Restricted £	2026 Total £	2025 Total £
CT Income	790	0	790	
SoB Workshops	200	0	200	
Total	990	0	990	

7. Income from Sundries

Description	2026 Unrestricted £	2026 Restricted £	2026 Total £	2025 Total £
Other	391	0	391	
Total	391	0	391	

	2026 Unrestricted £	2026 Restricted £	2026 Total £	2025 Total £
Total income	**20,815**	**1,880**	**22,695**	**42,979**

8. Expenditure on Fundraising

Description	2026 Unrestricted £	2026 Restricted £	2026 Total £	2025 Total £
Website	1,401	0	1,401	
Marketing	504	0	504	
Postage	77	0	77	
BNI Costs	750	0	750	
Fundraising Costs	3,069	0	3,069	
10th Anniversary Event	1,880	0	1,880	
Total	**7,681**	**0**	**7,681**	

9. Expenditure on charitable activities

Description	Unrestricted £	2026 Restricted £	Total £	2025 Total £
Groundworks / WCGL	0	2,920	2,920	
One in Four Costs BTC Workshops	0	1,120	1,120	
SOB Facilitator	0	8,041	8,041	
Workshop Supplies	146	0	146	
Funding Bids / Train the Trainer Manual	2,800	0	2,800	
Professional Fees / Charity Workshops	1,933	0	1,933	
Payroll	9,098	0	9,098	
Other Expenses	391	0	391	
Total	**14,368**	**12,081**	**26,449**	

	Unrestricted £	2026 Restricted £	Total £	2025 Total £
Total Expenditure	**22,049**	**12,081**	**34,130**	**19,601**

10. Funds and transfers between funds

During the year, restricted project expenditure exceeded the restricted income received for those activities. The trustees considered the expenditure to be in furtherance of the charity's objectives and approved the allocation of unrestricted funds to support the activity. A transfer of £10,201 from unrestricted funds to restricted funds has therefore been made to clear the restricted fund deficit at the year end.

Fund	Opening Funds £	Income £	Expenditure £	Transfers £	Closing Funds £
Unrestricted funds	£31,217	£20,815	(22,049)	(10,201)	£19,782
Restricted funds	£0	£1,880	(12,081)	£10,201	£0
Total funds	**£31,217**	**£22,695**	**(34,130)**	**£0**	**£19,782**

11. Employees

	2026	2025
Average number of persons employed by the charity	1	0