

Trustees' Annual Report & Financial Statements

For the year ended 31st December 2025

Registered Charity Numbers:
1166559 (England and Wales)
SC047637 (Scotland)

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2025

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SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2025

CHAIRS' FOREWORD

It is my pleasure to be presenting the 2025 Annual Report. During 2025 Sexpression:UK continued to go from strength to strength. This would not have been possible without the tremendous efforts of our national committee, branches and volunteers. For an organisation run by student-volunteers, the exceptional impact the charity makes is truly admirable.

In July 2025 the long awaited *Relationships Education, Relationships and Sex Education (RSE) and Heath Education - Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership team, and teachers* was published. The statutory guidance is applicable within England and we are in the process of finalising our educational offer ready for September 2026. Sexpression:UK remains dedicated to inclusive and comprehensive RSE which empowers young people to make safer, informed and consensual decisions about relationships and sex throughout their lives.

Moreover, we were pleased to still celebrate many successes, delivered by the hard-work and determination of our national committee and volunteers. In 2025 we saw the opening of two new branches at Barts and the Royal London Medical School and Anglia Ruskin University. We also saw the closure of five branches. In 2026 we will focus on the stability of our Branches and their plans to ensure their continued operation when their more active members graduate. We further held our national conference in Edinburgh this year and speakers included Lewis Oakley, Dr. Merlyn Seller, Leon Rudkin, and Dr. Laura Jarvis.

There were a number of changes amongst our Trustees during 2025. Joanna Melville resigned as Chair in February 2025 and was superseded by Jack Liepa. Jack decided to step down in October 2025 to allow him to pursue other opportunities. Megan Suckling and Molly Houghton stepped into the role, supported by myself as Vice-Chair, following my appointment as a Trustee in April 2025. Bally Kaur was also appointed as the Treasurer Trustee in April 2025, together with Eleanor Marsh, bringing vital expertise in finance and education respectively. We also said goodbye to Amy Malone, Dr Caroline Lloyd, Ella Watson, and Harun Tulunay during 2025. In 2026 Molly Houghton and Ellie Archibold also stepped down as Trustees and I would like to thank them all for the time they gave to Sexpression.

The Charity was shaken in June 2026 by the sudden death of Megan Suckling and it is therefore with great sadness that I find myself in the position of Chair of the Board of Trustees. Megan's impact on Sexpression cannot be overstated. Over many years, she dedicated herself to our charity with unwavering passion, generosity and commitment. From leading the Leeds Branch, to serving as National Director, and most recently as Trustee and Interim Chair of Trustees, Megan helped shape the organisation that so many of us know and love today.



Melanie Westlake, Chair of the Board of Trustees
30th September 2026

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Name	Position	From	To
Dr Joanna Melville	Trustee and Chair	1 October 2022	23 February 2025
Jack Liepa	Trustee and Treasurer	5 November 2024	22 February 2025
	Trustee and Chair	23 February 2025	28 October 2025
Megan Suckling	Trustee	1 August 2025	28 October 2025
	Trustee and Chair	29 October 2025	3 June 2026
Melanie Westlake	Trustee	25 April 2025	28 October 2025
	Trustee and Vice Chair	29 October 2025	3 June 2026
	Trustee and Chair	4 June 2026	
Baljinder Kaur	Trustee and Treasurer	25 April 2025	
Eleanor Marsh	Trustee	25 April 2025	
Dr Caroline Lloyd	Trustee and Vice Chair	9 September 2023	30 September 2025
Ella Watson	Trustee	9 September 2023	1 September 2025
Amy Malone	Trustee	9 September 2023	30 September 2025
Molly Houghton	Trustee	9 September 2023	28 October 2025
	Trustee and Chair	29 October 2025	28 May 2026
Harun Tulunay	Trustee	9 September 2023	16 November 2025
Anya Metzer	Trustee	20 April 2024	
Ellie Archibald	Trustee	20 April 2024	16 June 2026

Chloë Stone	Trustee	17 June 2025	

National Director

Megan Suckling	National Director	1 July 2024	30 June 2025
Bessie Schofield	National Director	1 July 2025	16 August 2025
Vacant	National Director	17 August 2025	1 October 2025
Chloë Stone	National Director	1 October 2025	16 June 2026
Sreeya Sengupta	National Director	17 June 2026	

Charity Number

1166559
SC047637

Registered Office

Sexpression:UK
International House
64 Nile Street
London
N1 7SR

Bankers

Metro Bank PLC
One Southampton Row
London
WC1B 5HA

Independent Examiner

Sterling Grove Accountants
Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

TRUSTEES' ANNUAL REPORT

The Trustees of Sexpression:UK have pleasure in presenting their annual report and financial statements for the year ended 31st December 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the current statutory requirements, the requirements of the charity's governing document, applicable law and the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019).

Objectives and Activities

The objects of Sexpression:UK are specific:

"To promote the health and wellbeing of young people throughout the UK with specific focus on improving the sexual health and relationships education (SRE) of young people aged 11 to 18."

In pursuit of these aims, Sexpression:UK provides high quality, comprehensive relationships and sex education (RSE) workshops to young people in the local areas of our affiliated UK branches. Sexpression:UK ensures that the sessions our affiliated branches provide are high quality and meet the requirements of the young people we work with through annual national training and a process of monitoring and evaluation.

Public Benefit

Sexpression:UK is a public benefit entity. The trustees confirm that they have considered the guidance given by the Charity Commission on public benefit and the guidance on campaigning and political activity by charities when shaping Sexpression:UK's objectives and activities for the year.

Structure Governance and Management

Sexpression:UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission in England and Wales (1166559) and with the Office of the Scottish Charity Regulator (SC047637).

Sexpression:UK is governed by its constitution and bylaws and controlled by a Board of Trustees who will act as Directors for the purposes of company law and Trustees for the purposes of charity law. Decisions are made by a simple majority vote.

The Board of Trustees meets at least four times per year and is responsible for maintaining legal, financial and reputational integrity whilst setting organisational strategy, approving general policies and approving the annual budget and accounts. The recruitment of Trustees is led by an audit of the

skills held by the current members of the Board. New Trustees are appointed by an open recruitment process using both search and advertisement as required against an agreed skills profile and person specification. Affiliated member branches ratify the appointment of Trustees as recommended by the Board of Trustees.

All new Trustees are given an introduction to the activities of the organisation and an induction process covering governance, risk management, financial and safeguarding responsibilities. If a training need is identified during the induction process, then this is provided as and when required.

A number of Trustees resigned from their positions during 2025, whilst three new Trustees joined the charity as detailed in the table on page 2.

The Board of Trustees delegate the day-to-day management of Sexpression:UK to a National Director. To ensure effective management the National Director leads a National Committee of elected student volunteers with responsibility for operational management of the charity's activities and services. During 2025 and up to the date of approval of this Annual Report the National Committee members were:

Externals and Press Director*	Bessie Schofield	1 July 2024	30 June 2025
	Hana Ortiz	1 July 2025	30 June 2026
Engagement Director	Sreeya Sengupta	1 July 2025	30 June 2026
	Vacant	1 July 2026	
Finance Director	Rama Aowidah	1 July 2024	30 June 2025
	Connor Grey	1 July 2025	18 January 2026
	Vacant	19 January 2026	8 March 2026
	Charlie Morris	9 March 2026	
Fundraising and Corporate Partnerships Director*	Hugo Sivov	1 July 2024	30 June 2025
	Vacant	30 June 2025	30 June 2026
Fundraising Director	Lawrence Bole	1 July 2026	

Training Director	Lottie Gordon	1 December 2024	31 January 2026
	Vacant	1 February 2026	8 March 2026
	Rosie Woolley (South)	9 March 2026	9 June 2026
	Eli Falcone (North) Note - from 10 June 2026 Eli assumed the role of National Training Director	9 March 2026 10 June 2026	9 June 2026
Campaigns Director	Vacant	1 December 2024	30 June 2025
	Chloë Stone	1 July 2025	30 September 2025
	Vacant	1 October 2025	
Safeguarding Director*	Will Palmer	1 July 2024	30 June 2025
	Evelynn Cheriton-Gérard	1 July 2025	
Communications Director	Genevieve Kenrick	1 July 2024	30 June 2025
	June Whitehead	1st July 2025	30th June 2026
	Lily Freer	1 July 2026	

Monitoring and Evaluation Director	India Walton-Salmon	1 July 2024	30 June 2025
	Lucy Harvey	1 July 2025	30 June 2026
	Gladys Poon	1 July 2026	

* There have been some changes to role titles and responsibilities during 2025 and 2026. These changes are as follows:

- The Externals and Press Director role has been changed to Vice National Director as of July 2026. The change is to account for our need of a secretary role to support the National Director while acknowledging that the Engagement Director manages most 'externals' related responsibilities and the press related enquiries are managed by the Communications Director.

- The Fundraising and Corporate Partnerships Director role was removed from 30 June 2026 and replaced with a Fundraising Director role. This is also to reflect the practice of the Engagement Director managing and making connections with partners.

- The Safeguarding Director role was called 'Child Protection Director' until July 2026. The change is to reflect that we safeguard everyone our charity interacts with, including those aged over 18 years old.

The running of Sexpression:UK is fully reliant on the volunteering hours provided by the National Committee and volunteers from our affiliated branches in carrying out the work of the organisation. The Trustees would like to place on record their gratitude and appreciation for the hard work of all Sexpression:UK volunteers. All National Committee members are accountable to the National Director for the performance of their duties and the National Director is accountable to the Board of Trustees for the performance of their duties.

It is noted there were some vacant positions during the year. Where roles are vacant the activities required of the postholder have been performed by another member of the National Committee. This has resulted in the need to scale back some activities during the year.

Sexpression:UK has branches located in England and Scotland which are all led by their own Branch Committee elected according to local rules. The individual Branch Coordinators are responsible for all activity carried out by their respective branches. The Branches Director on the National Committee is responsible for ensuring that all affiliated branches operate in full compliance with the Sexpression:UK Branch Agreement and national policies and procedures.

Relationships With Other Parties

Sexpression:UK's affiliated branches are also required to be affiliated with their local students' union or university. This ensures that there is a degree of local accountability and control over the student-led branches as well as the national oversight from the National Committee and Trustees. As a result, each branch is required to operate within the laws set out in both the Sexpression:UK Constitution and bylaws and in their local organisation's Constitution, Memorandum or Articles of Association.

Sexpression:UK is a member of the Sex Education Forum and we also sit on the Public Panel of the British Association for Sexual Health and HIV (BASHH). We are also in partnership with Brook with whom we regularly share press statements and Trade Sexual Health with whom we collaborate on events with.

We are affiliated with Students for Global Health (SfGH) (the UK member organisation of the International Federation of Medical Students' Associations (IFMSA)), Students and Trainees for Sexual Health and HIV, and the FGM Education Project. We are also affiliated with Enhance the UK who work in the field of disability awareness and Outspoken Sex Ed who encourage parents to talk openly about relationships. We are affiliated with Fumble and STASHH (the student equivalent of BASHH).

Finally, we are a member of CharityComms and the NVCO.

Achievements and Performance

Delivering RSE to Young People

During 2025, Sexpression:UK supported 18 branches engaged in the core activity of delivering RSE to young people, making progress towards our charitable objectives.

There were 70 volunteers at our affiliated branches in the 2025 period, who were trained in both child protection and session facilitation. Child protection training was delivered online over a weekend to Branch Child Protection Officers and the National Committee by the National Child Protection Director in conjunction with the Safeguarding Trustee. The Branch Child Protection Officers subsequently delivered this training at a branch level. Meanwhile, facilitation training was delivered in-person in Manchester by the National Director and an external RSE trainer to Branch Training Officers and similarly these Branch Officers then delivered this training to volunteers at their respective branches.

Sexpression:UK branches offer sessions in line with our *'Core Offer'* of topics. Across 56 sessions we delivered inclusive RSHE. The most popular sessions were: sex and the media and consent.

Branch Activities

In 2025, with support from our branches director, we unfortunately saw the closure of five branches, Aberdeen, Warwick, York St John, Exeter and St Andrews. However, we opened two new branches, including Barts Medical School and Anglia Ruskin, which aligns with our goal to increase our presence within more non-Russell Group Universities.

Alongside delivering RSE in schools, our branches are active on their university campuses. Activities conducted by branches ranged from quizzes, digital campaigns, collaborations with other student societies and which thousands of students nationwide attended or participated in.

National Activities

The National Committee is made up of nine volunteers elected by our branches with the committee being led by the Sexpression:UK National Director. During 2025 these volunteers worked incredibly hard to support our branches with both on campus activity and delivering RSE to young people.

As part of this, the Branches Director delivered Branch Coordinator training, as part of our commitment to branch sustainability and empowering the autonomy of local branch leaders. The feedback from this year's training was overwhelmingly positive with 100% of attendees leaving the session feeling confident in their ability to lead their branch.

Daniel Harding, a broadcast director, presenter and author, as well as a LGBTQIA+ and Mental Health advocate continued as our Patron during 2025. Daniel worked with Sexpression:UK during our Sexual Health Week campaign in September 2025, Daniel created a video about sexual health and the LGBTQ+ community. This video significantly broadened our reach during this campaign, where the video had 2,500 views on Instagram alone.

Over the year, the committee continued to work closely with externals. They attended several conferences and scientific meetings, including speaking at the BASHH international conference in Edinburgh, a BASHH scientific meeting in London, and two parliamentary events.

We also partnered with Mariposa Education to provide more CPD opportunities for our National Committee team. Through this partnership, we offer internship opportunities for RSE facilitation and social media management to our volunteers.

The committee continued to work closely in partnership with a number of organisations.

Campaigns and Advocacy

In January 2025, our Communications Director raised £500 by running 10km dressed in a penis costume. This form of advocacy helped broaden our reach and fundraise for our charitable mission by taking a humorous approach to seeking donations.

In February we ran a campaign for National HIV Testing Week. During this we released 4 posts focused on promoting testing for HIV, and collaborated with Fumble and Terrance Higgins Trust. We received 200 likes on these carousel posts.

In the first week of September 2025 our Campaigns Director ran our online campaign for Sexual Health Week, with the overall focus on increasing access to RSE for minority groups. The campaign included reels, blogs, and carousel posts. We collaborated with 7 different external organisations, including Brook, Trade Sexual Health, and the Care Leaver Covenant. We created 14 posts, 11 of which were reels to increase our reach. The campaign's message resonated widely, with Instagram posts reaching 10,000 views.

In the last week of September and first week of October we ran our first 'Confident with Consent' campaign. This campaign was aimed towards university students, focusing on identifying what consent is during university Fresher's Week to address the 'red zone' of sexual assault cases that occur during this time. This campaign involved both online and in-person content. The online campaign included 10 posts, of which 6 were reels and 4 were carousel posts. We also collaborated again with Brook and Trade Sexual Health, following the successful collaboration during Sexual Health Week. Our online content reached 7,500 views on our main Instagram page, and was reposted on 4 of our branches' pages. Our in-person campaign focused on supporting our branches in having active stalls at their Freshers Fairs, providing leaflets, merchandise, and posters for them to distribute. We also included seminar-style talks and quizzes for our branches to host for new university students.

We ended the year with our annual 'Best if you Test' campaign in November, encouraging students across the UK to get tested for HIV and STIs. This campaign was both in person and online. Our online campaign involved 23 posts, 17 of which were reels and 6 were carousels. We collaborated with 8 externals during this campaign, including Fumble, STASHH, and Dr Wendasha Jenkins Hall. This content reached 16,640 views on our reels, and 20,000 views overall on the main page. This content was also reposted by 5 of our branches on their social media pages. Our in-person campaign included content similar to that of our Confident With Consent campaign, with leaflets, posters, quizzes, and seminars distributed to our branches. Our Brighton and Sussex Medical School branch also collaborated with Terrance Higgins Trust for an in-person event for this campaign.

Conferences and Events

We held our annual General Assembly (GA) in April, hosted online by the Nottingham branch. All members of the National Committee delivered workshops on a range of topics, bringing their respective expertise to support members in their delivery of RSE in schools or more effective branch management. Branches also elected the new national committee and selected a branch to host the national conference in the following autumn term.

The keynote speaker for GA was sex educator and author Ruby Rare, who spoke about her upcoming project and books. There were also talks from Dee Witnell and Naabil Khan

In November, we held our annual National Conference in-person in Edinburgh, hosted by the Edinburgh branch. The conference involved 10 speakers and consisted of 2 workshops and 8 talks, including a keynote address from Lewis Oakley. There were also opportunities across the weekend for networking and an evening social. Workshops included life drawing and a yoga class.

Plans for the Future

In 2025 the Board of Trustees agreed to introduce a £20 administrative fee payable by schools to provide a more stable income generation pipeline and help improve our financial resilience. After the introduction of the administrative fee only one session was delivered before 31 December 2025, the impact of this change will therefore not be evident until the 2026 financial year.

As is evident from the information detailed within this report it is necessary to further strengthen the Board of Trustees. A recruitment campaign will commence in August 2026 for additional Trustees. We will also be seeking to commence with the establishment of a Finance, Performance and Delivery sub-Committee and Quality Assurance sub-Committee, having agreed the Terms of Reference during 2025.

We are also reviewing our lesson plans in response to the government's review of the statutory RSHE guidance, ensuring that our offer is relevant and aligned to the needs of young people and schools. We will commence with the delivery of our new offer in the Autumn.

Finally, we will continue our strategy of ensuring our branches are sustainable, introducing a new category of Campaigning Branches for those branches who are active in campaigning and raising awareness on their University Campuses but do not currently go into schools.

Financial review

The Statement of Financial Activity is set out on page 14 of the Annual Report. Total incoming resources amounted to £5,823 (2024: £2,792) with total resources expended at £5,696 (2024: £13,622). Overall, this resulted in a net year end surplus of £127 (2024: deficit £10,830). On 31st December 2025 Sexpression:UK has cash held at bank and in hand at £21,994 (2024: £22,773).

Reserves policy

The Trustees review Sexpression:UK's reserves position annually to ensure that operations could continue should funding not be available for any reason in the future. The Board acknowledges that, as a charity, we have a larger than normal reserves position of 6 months of operating costs. However, this is due to an adverse funding landscape and in effect whilst we implement a cost-saving plan and implement a new income generation pipeline.

Risk management

As part of their duties the Trustees regularly examine the major strategic, operational and reputational risks to Sexpression:UK on an ongoing basis. Where appropriate, systems, procedures or policies are implemented to mitigate the risk faced by the organisation. Budgetary and internal control risks are minimised by role base expenditure limits set by the Trustees in conjunction with the National Committee. The Trustees have set up a 'two to sign' requirement for all online payments and trustee approval for major financial transactions. Whilst our current bank account provider does not allow for a digital two to sign, this is performed manually for all transactions within Sexpression:UK.

Sexpression:UK also has a detailed safeguarding policy which all volunteers are required to adhere to. No volunteer is allowed to participate in the work the charity does without undertaking mandatory annual child protection training. DBS checks are now no longer mandatory for volunteers in England and Wales, however PVG checks remain a compulsory requirement for volunteers in Scotland.

Statement of Trustees responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with the applicable law, the Charities SORP and FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland. The Trustees are required to prepare financial statements on either a receipts and payments basis or on an accruals basis. As the financial statements are prepared on an accruals basis, they should give a true and fair view of the state of affairs of the charitable organisation and of the incoming and expended resources of the organisation for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the group and the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the group and the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Melanie Westlake Chair of the Board of Trustees

30th September 2026

Independent examiner's report to the trustees of Sexpression:UK ('the Trust')

I report to the charity trustees on my examination of the accounts of the Trust for the year ended 31 December 2025.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 (the '2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 ('the 2011 Act'). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Trust's accounts as carried out under section 44 (1)(c) of the 2005 Act and section 145 of the 2011 Act. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Trust has prepared its accounts on an accruals basis and is also registered in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I can confirm that I am qualified to undertake the examination because I am a registered member of the Association of Chartered Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 44 (1) (a) of the 2005 Act and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gianni Amasanti FCCA
Sterling Grove Accountants
Chartered Certified Accountants

Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

22nd September 2026

STATEMENT OF FINANCIAL ACTIVITY (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Note	Unrestricted Funds	All Restricted and Endowment Funds	2025 Total Funds	2024 Total Funds
		£	£	£	£
INCOMING RESOURCES					
Income and Endowments from:					
Donations and Legacies		2,808	-	2,808	1,824
Charitable Activities		515	-	515	609
Other Trading Activities		-	-	-	359
Grant		-	2,500	2,500	-
Total incoming resources	**2**	**3,323**	**2,500**	**5,823**	**2,792**
RESOURCES EXPENDED					
Expenditure On:					
Raising funds:		-	-	-	-
Charitable activities:		3,196	2,500	5,696	13,622
Grants:		-	-	-	-
Total resources expended	**3**	**3,196**	**2,500**	**5,696**	**13,622**
Net Income/(Expenditure)		**127**	-	**127**	**(10,587)**
Net movement in funds	**8**	**127**	-	**127**	**(10,830)**
RECONCILIATION OF FUNDS					
Total funds brought forward	**8**	22,107	-	22,107	32,937

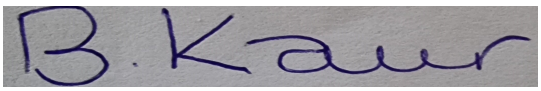
Total funds carried forward	**8**	**22,234**	-	**22,234**	**22,107**

BALANCE SHEET AS AT 31ST DECEMBER 2025

	Note	Unrestricted Funds	All Restricted and Endowment Funds	2025 Total Funds	2024 Total Funds
		£	£	£	£
CURRENT ASSETS					
Stock	**4**	240	-	240	240
Debtors	**5**	-	-	-	-
Cash at bank and in hand	**6**	21,994	-	21,994	22,773
Total current assets		**22,234**	**-**	**22,234**	**23,013**
CURRENT LIABILITIES					
Creditors: amounts falling due within one year	**7**	-	-	-	906
Net current assets/(liabilities)		**22,234**	**-**	**22,234**	**22,107**
Net assets		**22,234**	**-**	**22,234**	**22,107**
FUNDS OF THE CHARITY					
All Restricted and Endowment Income Funds		-	-	-	-
Unrestricted Funds		22,234	-	22,234	22,107
Total Funds	**8**	**22,234**	**-**	**22,234**	**22,107**

The financial statements were approved by the Trustees on 30th September 2026 .
Approved by the Board of Trustees and signed on their behalf.





Chair of the Board of Trustees **Trustee, Treasurer**

STATEMENT OF CASH FLOWS

	Unrestricted Funds	All Restricted and Endowment Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
CASH FLOW FROM OPERATING ACTIVITIES				
Net cash provided by operating activities	(779)	-	(779)	(10,586)
Change in cash and cash equivalents in the reporting period	(779)	-	(779)	(10,586)
Cash and cash equivalents at the beginning of the reporting period	22,773	-	22,773	33,359
Cash and cash equivalents at the end of the reporting period	**21,994**	**-**	**21,994**	**22,773**

RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted Funds	All Restricted and Endowment Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
Net income/(expenditure) for the reporting period	**127**	**-**	**127**	**(10,830)**
Adjustments for:				
(Increase)/decrease in stocks	-	-	-	-
(Increase)/decrease in debtors	-	-	-	250
Increase/(decrease) in creditors	(906)	-	(906)	(6)
Net cash provided by operating activities	**(779)**	**-**	**(779)**	**(10,586)**
Analysis of cash and equivalents				
Cash at bank and in hand	21,994	-	21,994	22,773
Total Cash and cash equivalents	**21,994**	**-**	**21,994**	**22,773**

ANALYSIS OF CHANGES IN NET DEBT

	At start of year	Cash flow	At end of year
	£	£	£
Cash	22,773	(779)	21,994
TOTAL	**22,773**	**(779)**	**21,994**

The notes on pages 22 to 26 form part of these accounts.

The financial statements were approved by the Board of Trustees on 18th September 2026.

Approved by the Board of Trustees and signed on their behalf.

NOTES TO THE ACCOUNTS

Note 1 Accounting policies

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2019), with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and The Charities Accounts (Scotland) Regulations 2006 (as amended).

1.2 Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

1.3 Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

1.4 Donated services

Donated services are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. If the value of the gift cannot be measured reliably then the donated services are described in the Trustees' Annual Report.

1.5 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

1.6 Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

1.7 Governance costs

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. These costs include the preparation and examination of the accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

1.8 Fixed Assets

Fixed assets costing more than £1,000 are capitalised and depreciated over their estimated useful lives, starting from the first financial year after capitalisation. Sexpression:UK has no assets of this value.

1.9 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

1.10 Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

1.11 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.12 Stocks

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value. Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

1.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable organisation and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the organisation for particular purposes.

Note 2 Analysis of incoming resources

	Unrestricted Funds £	All Restricted and Endowment Funds £	2025 Total Funds £	2024 Total Funds £
Donations and legacies				
Donations	2,808	-	2,808	1,574
Sponsorship	-	-	-	250
Charitable activities				
Conference income	515	-	515	609
Other trading activities				
Merchandise	-	-	-	359
Grants				
Garfield Western Grant	-	2,500	2,500	-
	3,323	**2,500**	**5,823**	**2,792**

Note 3 Analysis of expenditure

	Unrestricted Funds £	All Restricted and Endowment Funds £	2025 Total Funds £	2024 Total Funds £
Raising funds				
Incurred seeking donations	-	-	-	-
Merchandise	154	-	154	126
Charitable activities				
Members training	306	-	306	499
Conference expenses	454	-	454	1,408
National Committee expenses	604	-	604	444
National Committee training	875	-	875	1,205
Members travel expenses	51	1,099	1,150	991
Branch expenses	-	-	-	1,655
Premises and IT	249	417	666	4,992
Professional Fees	-	-	-	637
Campaign costs	-	-	-	-
Affiliations	199	-	199	274
Trustee expenses	957	-	957	1,020
Trustee Indemnity insurance	-		-	378
Sundry	(906)	-	(906)	-
Governance Costs	-	984	984	-
Office/General Admin Expenses	253		253	-
	3,196	**2,500**	**5,696**	**13,622**

Note 4 Stock

	2025 £	2024 £
Stock	240	240
	240	**240**

Note 5 Analysis of debtors

	2025	2024
	£	£
Trade debtors	-	-
	-	**-**

Note 6 Analysis of cash funds

	2025	2024
	£	£
Cash at bank and in hand	21,994	22,773
	21,994	**22,773**

Note 7 Analysis of creditors

	2025	2024
	£	£
Trade creditors & accruals	-	370
Other creditors	-	536
	-	**906**

Note 8 Analysis of net movement in funds

	Total funds brought forward	Total incoming resources	Total resources expended	Transfers between funds	Total funds carried forward
	£	£	£	£	£
Unrestricted funds	22,107	3,323	3,196	-	22,234
All Restricted and Endowment Funds	-	2,500	2,500	-	-
Total funds	**22,107**	**5,823**	**5,696**	**-**	**22,234**

Note 9 Independent examiner's remuneration

	2025	2024
	£	£
Examination of the financial statements	500	984
	500	**984**

Note 10 Governance Costs

In 2025, Indemnity Insurance for Trustees was paid for totalling £365 (2024: £378)

Note 11 Trustees remuneration and expenses

During the year trustee expenses of £897 (2024: £1,020) in relation to travel and training were reimbursed by the company. The number of trustees who had expenses reimbursed was 4 (2024: 3)

Note 12 Taxation

The charitable incorporated organisation is registered as such and is therefore exempt from taxation.

Note 13 Control

The organisation was controlled throughout the year by its trustees.

Note 14 Related Party Transactions

There have been no related party transactions during the year.