

LTSA(Lincoln Trident Swimming Academy)

(Registered charity number 1166296)

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2025

LTSA
FOR THE YEAR ENDED 31 DECEMBER 2025
TRUSTEES' ANNUAL REPORT

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LTSA
FOR THE YEAR ENDED 31 DECEMBER 2025
TRUSTEES' ANNUAL REPORT

The Trustees have pleasure in presenting their annual report and financial statements for the year ended 31st DECEMBER 2025

REFERENCE AND ADMINISTRATION DETAILS

Full Name
Lincoln Trident Swimming Academy (LTSA)

Registered Charity Number
1166296

Registered Office
LTSA
2 Moorland Crescent
Lincoln
LN6 7NL

Trustees

Mr Ben Strathon	Chairperson
Mrs Caroline Strathon	Secretary
Mrs Michelle Parsons	Treasurer
Mrs Emma Copland	Committee Member
Mrs Marie Mulholland	Committee Member
Mrs Jenny Jamison	Committee Member
Mrs Emma Brownless	Committee Member

Bankers
HSBC
Business Banking
Cornmarket
Louth
LN11 9QB

LTSA
FOR THE YEAR ENDED 31 DECEMBER 2025
TRUSTEES' ANNUAL REPORT
STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document
The charity is controlled by its Constitution.

A volunteer management committee comprised of the Trustees governs the charity. The existing members will elect future Officers and it is hoped that new Trustees will be elected at the 2026 AGM to support the current Trustees.

Various external bodies including SwimMark and Swim England support the setting.

Recruitment and appointment of new trustees
The committee members are appointed/reappointed at the AGM held annually no later than 31st August.

The current committee members have varied qualifications and backgrounds, including legal, financial and business in addition to those related to the charities activities. The Disclosure and Barring Service have checked them, where required, in line with Swim England requirements.

Risk Management
The committee members have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide assurance against fraud and error.

There is a child protection policy in place; the CIO has adopted the Swim England policies.

LTSA continues to be aware of risks and is insured accordingly. Our policy is based on the Swim England and SwimMark guidance received. Regular training is in place to ensure competency.

OBJECTIVES AND ACTIVITIES

The aims of LTSA

LTSA is a teaching/coaching club dedicated to improving the technique and stamina of swimmers in a flexible, friendly, no pressure environment, preparing and enabling them to compete if they wish. The focus remains on developing skills and refining technique to enable each and every individual swimmer to reach their fullest potential, whether the swimmer's personal goal is skills, competition or fitness.

LTSA aims to be sustainable, high quality club providing a flexible programme of structured training sessions, which encourage and maintain participation at all levels and goals enabling swimmers to take control of their swimming, achieve their personal goals and optimum performance within a supportive development environment.

Encouragement support and mentoring is also provided for anyone wishing to teach/coach, again on a flexible no pressure basis.

The objectives of the CIO are set out in the Constitution.

Significant activities

We have continued to further develop and adapt the training programme, which has remained flexible in its approach and accessibility.

We have competed in a number of open meets of all levels to meet the varied needs and abilities of the membership.

Collaboration with Newark Swimming Club to provide opportunities for internal "friendly" competition experience for members of both Clubs via both Team competition and individual competition Club Championships.

Members also successfully competed at County Championships, with Members achieving new PBs, finals and in the youngest age group 1st place Overall Top Boy (BAGCATs) 10 years age group, 3rd place Overall Top Girl (BAGCATs) 10 years age group.

Recruitment of volunteers continues to be successful, with a number of volunteers committing to attending formal training qualifications.

ACHIEVEMENT AND PERFORMANCE

Re-Affiliated with Swim England - National, Regional and County. Re-accredited with SwimMark

Successful competitive Swimmers at meets in throughout the year achieved finals, medals, PBs, as well as many qualifying for County Championships. 1st place Overall Top Boy (BAGCATs) 10 years age group, 3rd place Overall Top Girl (BAGCATs) 10 years age group at County Championships.

Some previously non-competing members tried competition this year at Team events, internal competitions and open meets.

Numbers of non-competing members maintained at approximately 50% of membership, with some previously competing members changing to non-competing over the year but continuing to participate in training.

Several swimmers assisted poolside as part of their Duke of Edinburgh Award Volunteering section. Others swam regularly as part of their Duke of Edinburgh Award Physical Section.

Charitable Activities

Increased the number of participants/members including some from non-swimming background, others joined from competitive focused clubs after considering stopping swimming, thereby keeping them in the sport as fitness and recreational swimmers.

In line with our CIO Objectives:-

Programme provides fitness training, nutritional advice and support to enable swimmers to maintain health.

Funded education and development of volunteers to further enhance the amateur sport of swimming. Open invitation to local swim schools and leisure centre providers for their staff/ teachers to be involved in training and coaching to both improve their skills and also enable them to better understand and be aware of the opportunities for swimmers to continue participating in swimming after finishing swim school.

Provided assess and refer service giving information to non-members about their options in the County, including details and contacts for the various clubs/activity providers.

Financial support is available swimmers both within the Club and externally who required assistance to continue to swim/learn to swim – agreed on a case by case basis by the Trustee.

Provided pool space for adult learn to swim lessons/community activities at reduced cost.

Collaboration with Newark SC to facilitate additional training opportunities for members of both Clubs and friendly team/individual competition to encourage competitive participation.

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LTSA has had a very successful year of activities, building on the successes of previous years since registration as a charity and affiliation with Swim England.

Hi-lights from the year include: -

- Competing numerous times under the LTSA banner both at open meets and in County Championships.
- 1st place Overall Top Boy (BAGCATs) 10 years age group, 3rd place Overall Top Girl (BAGCATs) 10 years age group at County Championships.
- Membership numbers growing
- New swimmers competing for the first time and retaining swimmers who have decided to stop competing.
- Swimmers graduating from Swim School into main Club membership.
- Regular additional poolside volunteers
- Structure and governance developed and expanded as the year progressed.
- Swimmers getting real personal achievement from the level of training, including being recognised at their schools as a result.
- Established on County and Midlands circuit.
- Balance of training to support non-competitive swimmers achievements.
- Increased number of members participating for fitness/healthy recreation.
- Training opportunities for volunteers and swimmers.
- Increased team cohesion and support within the membership, ensuring a fully inclusive approach.
- Collaboration with Newark SC providing additional opportunities for members of both Clubs

FINANCIAL REVIEW

The charity was established in April 2016, so this is its ninth year of operations. It has continued its stable financial position.

Reserves policy

The aim of the charity is to maintain one month's running costs approximately £2,600. The reserves are currently £4,358.

Internal control and risk management

The Trustees continue to monitor the major risks to which the charity is exposed and to keep under review the adequacy of the systems which they believe are adequate and appropriate to the size of the charity and the nature of its operations.

The main source of funding this year has been the monthly fees from members, although there has been some sponsorship and donations received from local businesses and also donations from private individuals, with gift aid being claimed where possible. Grants obtained towards training of volunteers have been paid at source by the granting authority (eg SwimMark etc).

The majority of income is spent on pool hire costs and associated equipment.

Approved by the Trustees and signed on their behalf by

Signed ……*Ben Strathon*…… . Dated …14th June 2026….
Ben Strathon, Chairperson

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		2025		2024
RECEIPTS	**£**	**£**	**£**	**£**
Swim England/ASA Fees	2,115		1,817	
Fees	23,390		19,988	
Interest	68		73	
Fundraising (Branded items)	24		112	
Functions	1,677		453	
Donations (inc Gift Aid)	1,660		2,101	
Swim Meets	4,369		4,281	
Prepayments	0		1,130	
Total Income		**33,303**		**29,955**
LESS PAYMENTS				
Swim England/ASA Fees	1,836		1,523	
Pool Hire	20,952		21,470	
Equipment	183		0	
Telephone	0		0	
Misc	0		21	
Training	0		0	
Insurance	105		165	
Swim Meets	3,728		3,919	
Uniform (inc branded items)	364		360	
Functions	1,364		789	
Expenses/Coaching Costs	3,990		2,446	
Hardship Fund	0		0	
Bank Fees	40		63	
Total Expenditure		**32,562**		**30,756**
Net Receipts/(Payments)		**741**		**(801)**
Cash funds at start of this period		4,699		5,499
Cash funds at end of this period		**5,440**		**4,699**

Approved by the Trustees and signed on their behalf by:

Signed ……*Michelle Parsons*…… . Dated …14th June 2026…
Michelle Parsons, Treasurer

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	2025	2024
	£	£
Current Account	1,223	549
Deposit Account	4,217	4,150
Cash in Hand	0	0
	5,440	**4,699**

Assets Held at Year End 2025	**£**
Swim Equipment	100
Laptop	150
Uniform	50
Arrears (to be collected)	0
Total	**300**

Liabilities Held at Year End 2025	
Pool Hire	945
Expenses for coach	437
Total	**(1,382)**

Notes

1. Outstanding Fees/swim Meets/ASA– 0
2. Pool hire- Witham and NK Dec 25

   Net Balance carried forward for year = £5,440 – £1,082 = £4,358

Approved by the Trustees and signed on their behalf by:

Signed ……*Michelle Parsons*……. Dated 14th June 2026……
Michelle Parsons, Treasurer

NOTES TO THE ACCOUNTS

1. **Receipts and Payments accounts**
   Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year.

2. **Trustees remuneration**
   The only payments made were for coaching services from the Head Coach as agreed and expenses incurred as agreed at the 2020 AGM, which are available for all volunteers for expenses incurred during the course of them assisting the CIO in its activities.

1 Linga Lane

Bassingham

Lincoln

LN5 9LD

LTSA (Lincoln Trident Swimming Academy)

2 Moorland Crescent

Lincoln

LN6 7NL

Independent Examination of the Accounts for Year ending 31st December 2025

I have reviewed the accounting records and in my opinion;

(a) The income and expenditure account is materially in agreement with the accounting records kept by the LTSA;

(b) having regard only to, and on the basis of, the information contained in those accounting records the income and expenditure account has been drawn up in a manner consistent with the accounting requirements of the Academy.

Mrs Amanda Chesshire ACMA, CGMA

Chartered Management Accountant

29th September 2026