CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st January 2025 To 31st December 2025

Charity name: Herts Diabetes Education

Charity registration number: 1165145

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote high standards of professional diabetes care in Hertfordshire. To identify the differences and gaps in diabetes care in Hertfordshire. To increase awareness and knowledge of standards of care in challenging groups of patients with diabetes with a practical hands-on approach. To raise awareness of local organisations that can offer help to patients with diabetes. To ensure relevant stakeholders involved in looking after patients with diabetes in Hertfordshire have an opportunity to meet each other, network and share good practice.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Diabetes is a highly prevalent condition that has a major impact on the heath of the population. A complex network of professionals and local organisations work to achieve the best possible outcomes for patients with diabetes, but the opportunities for them to meet each other, raise awareness of their respective roles, exchange ideas and examples of good practice are rare. The charity was founded in October 2015 by a group of consultants and GPs in the two halves of Hertfordshire (Herts Valleys and East & North Hertfordshire) which cover two CCGs, two community trusts and two acute hospital trusts. Members of the charity include a diverse range of professionals – consultants, GPs, practice nurse, diabetes specialist nurses, dieticians, podiatrists and public health specialists. Our aim is to promote high standards of care among health professional looking after patients with diabetes and we have done this through organising an annual multi- disciplinary diabetes conference.

		We believe that this opportunity for education and networking amongst professionals and other local organisations working to promote healthy lifestyles will lead to improved care and better outcomes for people with diabetes in Hertfordshire.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance issued by the Charities Commission on public benefit.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have not undertaken any educational activities in the past year, mainly because of the uncertainty around funding as a result the delays and complications in consolidating three ICBs into one (Central East ICB) and the challenges of our two Hertfordshire Health & Care Partnerships (HCPs).in rolling our Neighbourhood Health Programmes The current pressure on budgets means that the probability of support in 2027 is low, and therefore there is a level of uncertainty over the future of HDE. If Neighbour Health Programmes are developed as envisaged HDE would seek to support patient education through 2027/8.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Pressures on time and lack of funding meant that it proved impossible to run either a webinar or face-to-face conference in 2025.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this financial year the charity has a balance of £5,238.63 in the account. We had no expenditure this year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to have approximately £2,000 in reserve at the end of the financial year in case our outgoings exceed expectations.
Amount of reserves held	Para 1.22	£5,238.63
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We would seek to support patient education in 2027/8.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	In previous years, our funds are all from local stakeholder NHS organisations in Hertfordshire these include Hertfordshire Community Trust, Central London Community Healthcare (CLCH), West Herts Hospitals Trust, East & North Herts Hospitals Trust and Herts and West Essex Integrated Care Board. These organisations have now been consolidated into the two geographical HCPs in Hertfordshire,
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The governing document is a written constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Hertfordshire Diabetes Education is a charitable incorporated organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustees were selected at the first AGM held by Hertfordshire Diabetes Education and were appointed with the agreement of the members present. The trustees appointed the chair, secretary and treasurer from amongst their number with the agreement of the members present. New personnel replaced the originally elected chair and treasurer in January 2023

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	In a normal year the charity holds meetings to plan the conference and other educational meetings. We work with a wide network of organisations in the local authority that promote healthy activities e.g. Healthy Walks in Hertfordshire and the Stop Smoking Service, HWE DSG and Diabetes UK as well as diverse professional groups that care for patients with diabetes such as foot health and the retinal screening service.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Hertfordshire Diabetes Education
Other name the charity uses	
Registered charity number	1165145

Charity’s principal address	6a North Western Avenue Watford Hertfordshire WD25 9GP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Ben Eliad	Chair From 10.1.23		
2	Mrs Lucy Eldon	Secretary		
3	Mr Alan Bellinger	Treasurer From 10.1.23		
4	Dr Peter Wilson			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Hertfordshire Diabetes Education does not hold any assets on behalf of others.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	X	
Full name(s)	Dr Ben Eliad	
Position (eg Secretary, Chair, etc)	Chair	
Date	29th October 2026	