Trustees' Annual Report for the period

	Period start date				Period end date		
From	06	04	2025	To	05	04	2026

Section A Reference and administration details

Charity name	**HEARTBEAT AFRICA**
Other names charity is known by	
Registered charity number (if any)	1164789
Charity's principal address	33 LLYS MELYN,
	TREGYNON, NEWTOWN,
	POWYS
	Postcode SY16 3EE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ROGER SAUNDERS	CHAIRMAN		
2	JONATHAN REES	TREASURER		
3	MARGARET JONES	SECRETARY		
4	JOHN SMITH	TRUSTEE		
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
PROJECT COORDINATOR	CHRISTOPHER SAUNDERS	33 LLYS MELYN, TREGYNON, NEWTOWN, POWYS, SY16 3EE

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	FOUNDATION MODEL GOVERNING DOCUMENT
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY EXISTING TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity has adopted the Charity Commission's 'Foundation' Model Constitution for its Governing Document. The Charity was initially established by a small number of individuals in the UK who had an existing partnership with a small Kenyan Charity caring for orphans and vulnerable children. After several years of partnership, the charity was renamed and the constitution was amended on 26th February 2019 to reflect the new broader scope of charitable support for East Africa.

The Trustees meet approximately 3 - 4 times per year and receive regular reports and feedback from the Project Coordinator who works closely with our partners on the ground.
Two of the trustees have undertaken a training course organised by PAVO outlining the responsibilities and legal requirements of being a charity trustee.
New trustees are provided with all relevant documentation, policies and induction training to enable them to fully understand their role as trustees.

A comprehensive risk assessment has been undertaken with procedures and recommendations outlined to manage any potential risks which include an assessment for working internationally. Heartbeat Africa also has financial monitoring controls in place to ensure the verification of the end use of funds and constantly applies the five due diligence core principles. Heartbeat Africa also recognises the importance of knowing our donors, beneficiaries, and partners to ensure financial and professional transparency and accountability is achieved.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1. The prevention and relief of poverty for the public benefit in East Africa to individuals in need in such ways as the charity trustees think fit, including by:
   - Providing items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.
   - Providing or assisting in the provision of education, training and healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

2. The advancement of education for the public benefit in East Africa for children and young people in such ways as the charity trustees think fit, including by:
   - Assisting the disadvantaged in society through educational support.
   - Providing educational support and practical activities which develop the skills, capacities and capabilities of children and young adults to enable them to participate in society as mature and responsible individuals.
   - Providing financial support for the building and/or equipping of education establishments.

3. The advancement of the Christian faith for the public benefit within East Africa for all interested individuals through evangelism, acts of compassion and community outreach projects and provision of Christian materials.

4. Preserve and protect health for the public benefit in East Africa for vulnerable people groups such as HIV positive individuals, malnourished children and the elderly through:
   - The provision of community health education and outreach projects.
   - Working in partnership with other like-minded bodies to provide health screening and medical camps.
   - Providing financial support for emergency medical care.

5. The relief of those in need in East Africa, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in such ways as the charity trustees think fit, including:
   - The provision of support for orphans, street children and other vulnerable individuals.
   - The provision of counselling and support for individuals such as widows and orphans who have been affected by issues such as bereavement, abuse, HIV/AIDS and other common

diseases.

- The provision of housing, residential homes, services or facilities required to relieve the needs of elderly people.
- The relief and assistance of refugees or victims of war or natural disaster, trouble, or catastrophe in particular by the supply of emergency aid and medical supplies to such persons.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Provision of resources, food aid and other general support for those in need including orphans, vulnerable children, widows, elderly and the sick.
- Providing primary, secondary and university education to orphans and disadvantaged children and young adults.
- Building and furnishing of a 2 bedroom bungalow for a family of 3 orphaned brothers.
- Provision of a 10,000 litre water storage tank and irrigation system for community farming project in Northern Kenya.
- Partnering with a feeding programme in Northern Kenya which currently has 32 centres feeding over 4,600 children each week with nutritious porridge and providing other basic necessities.

The Trustees fully appreciate and have had regard to the need for all activities to be clearly for the public benefit and to act in line with the Charity Commission guidelines PB1, 2 and 3.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Trustees acknowledge and appreciate the contributions made by volunteers and supporters of the charity. Through their various activities and fundraising events they have greatly contributed their time and efforts to enable the charity to achieve our aims and objectives.

Section D Achievements and performance

Section D Achievements and performance

Summary of the main achievements of the charity during the year

- Historically Heartbeat Africa has had a major focus on providing education and holistic support for orphans and disadvantaged children and since the charity's inception we have educated and supported over two hundred children at different levels from nursery school to college / university, with the goal of each supported child becoming an independent and mature adult who can contribute to society, and support the needs of their family and wider community with the aim of tackling and reducing the poverty cycle.

- Currently Heartbeat Africa provides limited educational support to children and young adults from Kenya and Rwanda and we have an existing commitment to 8 children in primary / secondary school.

- A total of 12 of our supported students have now completed their tertiary education and have graduated with qualifications such as Degrees / Diplomas in Clinical Medicine, Nursing, Social Work and Community Development, Tourism and Hospitality Management, ICT, Agri-business, Business Studies and Supply Chain Management.

- In early 2025 we had a focused fundraising drive to raise money for the building of a permanent and furnished 2-bedroom bungalow for a family of 3 orphaned brothers who were living in desperate poverty. This fundraising effort raised a total of £4,084 and combined with our existing charity funds we spent a total of £5,067 on this project.

- In September this year we received a second £10,000 grant from Burdens' Charitable Foundation and this support enabled us to significantly impact many lives within Northern Kenya and continue our existing commitment to the Porridge Feeding Programme. Our continuing partnership with Burdens' Charitable Foundation has enabled us to provide daily porridge to approximately **800 children across 5 schools**. This support equates to providing 33kg of porridge per day (5 days a week) or approximately 1,980kg of porridge per each three-month school term. We also provided an additional 2,340kg of porridge towards the other 27 centres providing porridge once a week to approximately 1,125 children. During the financial year of 2025-26 a total of **8,280kg of porridge was provided which equates to approximately 207,000 cups of porridge.**

- In addition to the Porridge Feeding Programme we also distributed much needed food aid to families affected by drought and hunger. We were able to provide **3,230kg of food aid** and this equated to 51 sacks of maize and 26 sacks of beans.

- In May 2025 and May 2026 our Project Coordinator carried out field visits to Turkana, Northern Kenya to monitor and assess the ongoing work of our local partner "Transform Communities Initiative (TCI)". Heartbeat Africa has worked in partnership with TCI since 2019 and we have been very impressed with the consistent growth and impact being made in this desperately poverty-stricken region of Kenya.

Section D Achievements and performance

- The Porridge Feeding Programme continues to expand each year and currently has 32 centres with 8 of these developing into Early Learning Child Development Centres (ECDs) with classrooms and voluntary teachers. The total population of children across the 32 centres is approximately 4,600. From this population of children, approx 1,100 have been enrolled into the 8 ECDs.

- During the field visit, our Project Coordinator visited all 5 of the learning centres which have been supported with daily porridge thanks to the generous grant received last year from Burdens' Charitable Foundation. These 5 ECDs have a total population of approximately 800 children. The provision of this daily porridge (5 days a week) has had a significant impact through improving school attendance which will help towards the long-term goal of breaking the poverty cycle in this region. Many of the children attending these schools are the first in their families to be accessing an education. School attendance is also helping to reduce and prevent the ongoing cultural practices of child marriage and FGM.

- In addition to providing nutritious porridge and an education, each of the 32 centres have partnered with the local churches to share the love of Christ in both word and deed.

- One of the Porridge Feeding Centres has engaged in small scale community farming thanks to access to a local solar powered borehole (provided by a different organisation). This year in February, we were able support this centre with the purchase of a 10,000-litre water storage tank and the installation of irrigation piping and taps which will greatly support this community to reach their long-term goal of sustainable farming to tackle the chronic drought and hunger in this region of Northern Kenya.

- For the upcoming financial year, we aim to increase our commitment and support for those most in need and hope to continue expanding the feeding programme in Northern Kenya. We have the vision of substantially increasing both the number and frequency of children being provided with life saving food.

- We plan to increase our support base through increasing our online presence and seeking additional regular giving via monthly standing orders, as this will enable us to budget and plan effectively for the next financial year.

- We have recently published a new website to promote the work of Heartbeat Africa and to raise greater awareness and support. www.heartbeatafrica.org

- We truly value the contributions from our supporters and the generosity and sacrifice of all those who have partnered with us as we seek to continue transforming lives throughout East Africa.

Section E Financial review

Brief statement of the charity's policy on reserves	Heartbeat Africa is able to operate with minimal administrative costs and all donations are either sent directly to East Africa or spent directly within the country. The only administrative costs relate to the provision of charity insurance, website creation fees and minimal sending fees for money transfers. These administration costs accounted for 2% of our expenditure. A reserves policy is not currently in operation however we have managed to obtain sufficient regular funding through monthly standing orders which enables us to plan and budget for the ongoing monthly commitments such as food and education. When establishing a financial commitment with new partners we inform our partners that our support will be reviewed on an annual basis. Our other charitable activities are then dependent upon the availability of general funds.
Details of any funds materially in deficit	N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	The funding for Heartbeat Africa comes from a variety of sources including individuals, small businesses, grants, churches and fundraising events. We also receive contributions via online giving and standing orders.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ROGER SAUNDERS	JONATHAN REES
Position (eg Secretary, Chair, etc)	CHAIRMAN	TREASURER

Date	19-10-2026

CHARITY COMMISSION FOR ENGLAND AND WALES

HEARTBEAT AFRICA	1164789	CC16a

Receipts and payments accounts

For the period from	06/04/2025	To	05/04/2026

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General donations	4,873	-	-	4,873	771
Grants	-	10,000	-	10,000	10,000
Fundraising	145	-	-	145	239
Online giving	88	-	-	88	3,214
Standing orders	10,556	-	-	10,556	10,639
HMRC Gift Aid Claim	3,283	-	-	3,283	2,691
		-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	18,945	10,000	-	28,945	27,554
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,945	10,000	-	28,945	27,554
A3 Payments					
Prevention & Relief of Poverty	17,069	-	-	17,069	9,368
Advancement of Education	1,761	-	-	1,761	5,221
Advancement of the Christian faith	1,334	-	-	1,334	1,708
Preserve & Protect Health	192	-	-	192	673
Relief of those in need	-	8,690	-	8,690	6,103
Fees and charges	570	-	-	570	65
Insurance	-	-	-	-	375
Sub total	20,926	8,690	-	29,616	23,513
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	20,926	8,690	-	29,616	23,513
Net of receipts/(payments)	- 1,981	1,310	-	- 671	4,041
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,046	-	-	9,046	5,006
Cash funds this year end	7,066	1,310	-	8,376	9,047

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds

B1 Cash funds

	to nearest £	to nearest £	to nearest £
Heartbeat Africa (NatWest Bank)	7,066	1,310	-
	-	-	-
	-	-	-
Total cash funds	**7,066**	**1,310**	**-**
(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

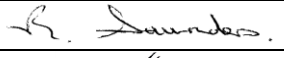
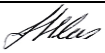
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	ROGER SAUNDERS	19/10/2026
	JONATHAN REES	19/10/2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ ~~members~~ of: HEARTBEAT AFRICA

On accounts for the year ended: 5TH APRIL 2026 **Charity no (if any):** 1164789

Set out on pages: 1 & 2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05 04 2026.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~ *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: [signature] **Date:** 9/10/2026

Name: WILLIAM GRAHAM DUNSTAN ROACH

Relevant professional qualification(s) or body (if any): CHARTERED ACCOUNTANT FCA

Address: HAFAN DEG TREGYNON
NEWTOWN POWYS SY16 3EP.

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.