spine
The voice of Pinderfields spinal patients

SPINE (SPINAL INTEGRATED NETWORK) CIO

REPORT AND ACCOUNTS

31 DECEMBER 2025

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Charity number: 1163910

SPINE (SPINAL INTEGRATED NETWORK) CIO

CHARITY INFORMATION

Trustees and members

K B Baker OBE
R W Caley
J K Clayton

Registered office

Pinderfields General Hospital
Aberford Road
Wakefield
WF1 4DG

Accountants

Wheawill & Sudworth Limited
Chartered Accountants
35 Westgate
Huddersfield
HD1 1PA

Bankers

Barclays Bank
Leicester
LE87 2BB

SPINE (SPINAL INTEGRATED NETWORK) CIO

TRUSTEES' REPORT

The trustees present their report and accounts for the period ended 31 December 2025.

Principal activity and status

The charity is a non-profit seeking charitable organisation whose principal activity during the period was to relieve the charitable needs of and promote and project the good health of persons who are spinal cord injured and have been a patient at the Yorkshire Regional Spinal Injuries Centre. The charity is constituted as a Charitable Incorporated Organisation ('CIO') with registered charity number 1163910.

Aims & Activities

Our aims are to promote the best possible treatment and rehabilitation of spinal cord injured patients at the Yorkshire Regional Spinal Injuries Centre (YRSIC) at Pinderfields General Hospital, Wakefield, and to assist patients throughout their lives after discharge.

To achieve these aims we aim to:

- provide advocacy, advice and information to members,
- fund and organise social, sporting and educational activities,
- make grants to individuals,
- make representations to the Mid-Yorkshire NHS Trust on behalf of YRSIC patients.

The Trustees set out below SPINE's achievements and activities during this period.

Small Grants Scheme

SPINE launched a small grants scheme to help our members in early 2016. This has continued throughout this period, with applications and approvals being made electronically. During this accounts period, we have awarded grants totalling just under £7,000. The grants have contributed to the purchase of a wide variety of items including equipment, such as wheelchairs, as well as helping individuals to attend physiotherapy, enabling participation in sport, and contributing to the cost of home adaptations, equipment and furniture. The grants scheme is financed by donations from Stepping Stones.

Arts@Pinders and Flowers@Pinders

An arts group was started in 2013 for current and ex patients, run by David Wilders. Flower arranging and crafts groups also run from the spinal unit.

Keep in Touch

A friendly, informal, keep-in-touch meeting has been held at Pinderfields for many years now.

SPINE Wheelchair Fishing Group

A new activity group was established in 2021 to bring together spinal injured people who enjoy coarse fishing. The group now has 25 members.

SPINE (SPINAL INTEGRATED NETWORK) CIO

TRUSTEES' REPORT (continued)

SPINE Sports (Formerly Pinderfields Disability Sports)

For many years a charity called Pinderfields Disability Sports (originally Pinderfields Paraplegic Fellowship Club) operated with the spinal centre. In 2018, they asked SPINE to take over their work so that the older charity could be dissolved. This has taken place with the agreement that the finance transferred would continue to be used in the spirit for which it was raised. SPINE created a committee called SPINE Sports who have the responsibility for making requests and suggestions to the trustees.

Communication

We are currently working on updating and improving our website. We have maintained a Facebook page to provide information for our members. We continue to work with staff and the Trust to produce a Patients' Handbook which we hope will be available soon.

Advocacy

We continue to represent patients' concerns to the Trust especially concerning staffing issues and placing non-spinal injured patients on the ward.

We also liaise with members and the Department for Work and Pensions and other bodies in assisting members to receive the correct benefits and continuing health care packages. SPINE has evolved naturally into the conduit between spinal patients and these organisations. We have a volunteer who is a retired employee of the Department for Work and Pensions who offers a valuable advice service to members with benefits issues.

We have regular contact with the other spinal injury centres in the UK.

Sponsors, Trustees and Volunteers

Funds for all the above activities come from donations from other charities, corporate sponsors and individual donations. Our thanks go to the following for their generous support:

- Stepping Stones
- Stewarts
- Coloplast
- SIA Healthcare

All our trustees, committee members and volunteers give their time and expertise, free of charge. The following people have worked on behalf of SPINE:
Nicola Cundall (Chair), Kevan Baker OBE (CEO), David Garbiak (Treasurer), Richard Caley, Fiona Dixon, Daniel Herman, Kevin Plowman, Dene Minchella, Carol Ramm, Wajid Raza, Adrian Hirst and Natasha Green.

SPINE (SPINAL INTEGRATED NETWORK) CIO

TRUSTEES' REPORT (continued)

Trustees' responsibilities for preparing the accounts

Charity law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees

The trustees who served during the year were:

K B Baker OBE
R W Caley
J K Clayton

Review of financial position

These details are set out in the Statement of Financial Activities on page 6 of the accounts. Total reserves of the charity at 31 December 2025 were £42,863 (2024: £28,583).

The charity was originally constituted as an unincorporated organisation. On 9 October 2015 it converted into a CIO and funds of £19,125 were transferred to the CIO on that date.

On behalf of the board

K B BAKER OBE
Trustee
27 October 2026

SPINE (SPINAL INTEGRATED NETWORK) CIO

REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES

I report on the accounts of Spine (Spinal Integrated Network) for the year ended 31 December 2025 which are set out on pages 6 to 10.

Respective responsibilities of trustees

As the trustees you are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in General Directors given by the Charity Commission (under section 145(5)(b) of the Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

i. which gives me reasonable cause to believe that in any material respect the requirements

   - to keep accounting records in accordance with section 130 of the Act; and

   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met; or

ii. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D M Butterworth
WHEAWILL & SUDWORTH LIMITED
Chartered Accountants
35 Westgate
Huddersfield
HD1 1PA
27 October 2026

SPINE (SPINAL INTEGRATED NETWORK) CIO

STATEMENT OF FINANCIAL ACTIVITIES

for the period ended

31 DECEMBER 2025

Notes		Restricted funds 2025 £	Unrestricted funds 2025 £	Total 2025 £	Total 2024 £
	Incoming resources				
2	Charitable revenues	20,000	9,150	29,150	52,519
	Total incoming resources	20,000	9,150	29,150	52,519
	Resources expended				
3	Charitable expenditure	5,104	554	5,658	32,704
4	Management and administration	-	9,212	9,212	18,599
	Total resourced expended	5,104	9,766	14,870	51,303
5	**Net (outgoing) incoming resources for the period**	14,896	(616)	14,280	1,216
	Total funds at 31 December 2024	14,779	13,804	28,583	27,367
	Total funds at 31 December 2025	29,675	13,188	42,863	28,583

The notes on pages 8 to 10 form part of these accounts.

SPINE (SPINAL INTEGRATED NETWORK) CIO

BALANCE SHEET

31 DECEMBER 2025

Notes		2025 £	2024 £
	Current assets		
6	Debtors	-	1,500
	Cash at bank	48,145	27,983
		48,145	29,483
7	**Creditors:** amounts falling due within one year	(5,282)	(900)
	Net assets	42,863	28,583
	Reserves		
11	Unrestricted funds	13,188	13,804
11	Restricted funds	29,675	14,779
	Total funds	42,863	28,583

The accounts on pages 6 to 10 were approved by the board of trustees on 27 October 2026 and signed on its behalf by

R W CALEY
K B BAKER OBE
} Trustees

Charity number 1163910

The notes on pages 8 to 10 form part of these accounts.

SPINE (SPINAL INTEGRATED NETWORK) CIO

NOTES TO THE ACCOUNTS

31 DECEMBER 2025

1 Accounting policies

Basis of accounting
The financial statements have been prepared under the historical cost convention and include the results of the charity's operations which are described in the trustees' report and all of which are continuing.

The financial statements have been prepared in accordance with Accounting and Reporting for Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice. The charity is exempt from preparing a cash flow statement.

Fund accounting
General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general activities of the charity and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific instructions imposed by the donors.

Taxation
The charity is not liable for corporation tax by reason of its charitable objects and status.

Incoming resources
All incoming resources are included in the Statements of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Value added tax
Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

Resources expended
All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on management and administration of the charity
Administration expenditure not directly related to the charitable activity predominantly includes office and travel expenses.

Financial instruments
Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

SPINE (SPINAL INTEGRATED NETWORK) CIO

NOTES TO THE ACCOUNTS (continued)

31 DECEMBER 2025

2	**Charitable revenues**	Restricted £	Unrestricted £	2025 Total £	2024 Total £
	Donations received	-	4,187	4,187	31,054
	Grant income	20,000	-	20,000	20,000
	Yorkshire Lions Wheelchair Rugby	-	-	-	-
	Arts and other	-	4,963	4,963	1,465
		20,000	9,150	29,150	52,519

3	**Charitable expenditure**	Restricted £	Unrestricted £	2025 Total £	2024 Total £
	Grants paid	6,597	-	6,597	30,388
	Grants paid – old cheques not cashed	(3,670)	-	(3,670)	-
	Yorkshire Lions Wheelchair Rugby	96	-	96	1,012
	Art	-	599	599	457
	SPINE Sports	2,532	-	2,532	847
	Write off other old cheques not cashed	(451)	(45)	(496)	-
		5,104	554	5,658	32,704

4	**Management and administration**	2025 £	2024 £
	Office, IT and professional costs	9,212	18,599

5	**Net incoming resources for the year**		
	This is stated after charging:		
	Trustees' remuneration	-	-
	Independent exemption fee	900	900

Trustees are reimbursed for travel expenses incurred on charitable activities.

The charity had no employees during the period.

6	**Debtors**		
	Donated vehicle for resale	-	1,500

SPINE (SPINAL INTEGRATED NETWORK) CIO

NOTES TO THE ACCOUNTS (continued)

31 DECEMBER 2025

7	**Creditors:** amounts falling due within one year	2025 £	2024 £
	Accruals and deferred income	5,282	900

8	**Capital commitments**	2025 £	2024 £
	Capital expenditure contracted but not provided in the accounts	-	-

9 **Liability of members**

If the CIO is wound up, the members have no liability to contribute to its assets and have no personal responsibility for settling its debts and liabilities

10 **Related party disclosures**

The trustees are not aware of any material transactions that require disclosure.

There is no one controlling party of the charity.

11	**Analysis of funds**	Restricted £	Unrestricted £	2025 Total £	2024 Total £
	Debtors	-	-	-	1,500
	Cash at bank	29,675	18,470	48,145	27,983
	Accruals and deferred income	-	(5,282)	(5,282)	(900)
	Total	29,675	13,188	42,863	28,583