

BRAIN TUMOUR SUPPORT

# Annual Report and Accounts

## 1 April 2025 - 31 March 2026

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**Registered charity name** Brain Tumour Support

**Charity registration number** 1163856

**Company registration number** 09718307

**Registered and principal office** 7a St Mary's Street, Thornbury, BS35 2AB

**The Trustees** The Trustees (who are directors for the purpose of company law) who served during the year and since the year end were as follows:

Mr S Bodley - Chair
Mr K Wilson (Resigned 9 May 2025)
Mrs E Brereton (Resigned 18 July 2025)
Mr J Stuart
Mrs A Woodhead
Mr S Derricourt
Mr S Mayers

**Independent examiner** Joshua Kingston BSc FCA
Burton Sweet Limited, Chartered Accountants,
The Clock Tower, 5 Farleigh Court, Old Weston Road,
Flax Bourton, Bristol BS48 1UR

*I don't have the words to explain how having a community of people who understand what you're going through can convince your nervous system to let you take a breath, and how taking that breath can change your whole outlook.*

*Thank you for always being there, for the late night messages, the impromptu check-ins, for showing me that whilst we might not be able to win this fight, we can sure as damn well still live whilst we fight it.*

*Hannah*




**Pictured on the cover of this report, and here with her family, we pay tribute to Hannah Cargill, whose life was touched more than most by brain tumours. In November 2024, just months after losing her mum to a brain tumour, she had a seizure and received her own devastating diagnosis.**

Hannah's zest for life and determination to make the best of everything through such enormous challenges was remarkable. A wonderful champion of Brain Tumour Support's work, she took strength from being connected with us through social media and the personal contact she received online. Whether posting to her Instagram or sharing her story with us, her words flowed with honesty, humour, and a huge heart.

Tragically Hannah passed away on 19 March 2026. Her positivity, kindness, and endlessly generous spirit remain an inspiration to us all.

# WELCOME

## from our Chair of Trustees Steve Bodley and our Chief Executive Emma McKeown

Every day we speak with individuals and families whose entire world has been turned upside down with the devastating diagnosis of a brain tumour. They are often plunged into crisis with far reaching impact for the individual and their loved ones. Brain Tumour Support wraps their arms around the entire family, offering immediate access to crisis support, practical guidance, emotional support, benefits guidance and specialist counselling.

### This year we have proudly supported over 6000 individuals and families across the UK.

Whilst investment and much needed progress in research is vital, we understand the reality that for many being diagnosed today and tomorrow, these advancements may not come quickly enough. Brain Tumour Support is proudly offering the much needed individualised emotional and practical support they need right now.

Over the past year we have continued to engage with our community in shaping and developing our services, deepening and enriching the support we offer to ensure we are attending to the unmet needs of those impacted by a brain tumour diagnosis. We have used this vital insight to consider our strategic approach and develop our programs of work in each area as a truly community led service.



We have maintained a continued focus on financial stability, and once again significant progress has been made in the strategic approach to sustainable funding, financial controls, robust governance and policy making. We are building a strong foundation from which we can consider future growth and reach, with resilience and a focus on maintaining our individualised, values led support.

The support and faith we have seen from our community, funders and donors has brought great encouragement and inspiration to the charity team as we continue to dedicate our skills, experience and passion to making a positive difference for families in the delivery of our specialised services.

It has been inspiring to see the impact we have been able to make together; as trustees, the charity team, our volunteers, our donors, fundraisers and funders – we extend our thanks to everyone that has been involved over this past year and for the difference you have helped us to make together.



We are delighted to share within our annual report our progress and impact in our service delivery and charitable activities, and of course the incredible stories and voices of those we have supported and of those that have generously supported the charity this year.

Steve & Emma

*The trustees are pleased to present their annual report together with the financial statements of the charity for the year ending 31 March 2026. We have referred to the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. All activities therefore reflect the trustees' desire to follow the purposes of the charity and to meet the requirements of general public benefit.*




*My partner Sian was diagnosed with a brain tumour in January 2024.*

*There's no easy way to describe the effect a diagnosis like this can have on a young family but we've established a "new normal" with your help and have made fundraising a common focus on our journey as a way to say a massive thank you to Brain Tumour Support.*

*Mark*

Mark's partner, Sian is currently on 'watch and wait', living from scan to scan to monitor her brain tumour. The risk posed by surgery means that it can't be removed or treated as the grade and type can't be determined. That comes with a huge level of anxiety and uncertainty. The impact on all aspects of her life as a young working mum has been huge and Brain Tumour Support has helped over the past two years with:

- regular 1:1 check ins and contact with her Brain Tumour Support Professional
- specialist counselling
- advice and guidance on welfare benefits
- supporting Sian and her family in their focus on fundraising and making a positive difference. Sian's Champion Fund is currently sitting at an amazing £15,190.

# OUR MISSION, VALUES and STRATEGIC AIMS

**Our Mission** is to support individuals, carers, friends and families impacted by a brain tumour by providing individualised and specialist information, guidance and emotional support, for as long as it is needed.

## Our Values

**COMPASSIONATE**
We are understanding, warm-hearted and gentle, with resilience you can rely on.



**SUPPORTIVE**
We are caring and unwavering as we come alongside to encourage and empower.



**INCLUSIVE**
We support everyone regardless of race, age, gender, sexuality, disability, faith or need.



**INNOVATIVE**
We embrace and create new ways of working to best meet the needs of our community.



**PROFESSIONAL**
We are consistent in delivering a professional support service tailored to each individual.



## Our Strategic Aims

**UNDERSTAND**
the support needs within the brain tumour community.

**RAISE AWARENESS**
of how Brain Tumour Support supports those affected by a brain tumour.

**PROVIDE SUPPORT**
to patients and families affected by any type of brain tumour, for as long as it's needed.

Underpinning these three strategic aims are our six strategic pillars and these drive our work forward and help to guide the planning in all areas of the charity to ensure that we are operationally making progress and enhancing our strategic plans.

# Our STRATEGY

## Progress against our strategic goals in 2025-2026

### SERVICE EXCELLENCE

We listened to hundreds of people across our community to evaluate the quality and impact of our services, to identify unmet needs and develop our support.

### IMPACT

We have achieved continued improvement and depth in the far reaching impact we are making for our community, demonstrating to our donors and funders the real impact of their financial support.

### REACH

We further developed our clinical engagement, communications, accessibility and digital outreach to raise awareness of our support services and reach more people who need us.

### PEOPLE

We have invested in our team of passionate staff, leaders, volunteers and trustees who are dedicated to bringing you the best possible support and care.

### OPERATIONAL EXCELLENCE

We have reinforced our robust governance within our Board and charity team to ensure we have the right policies, procedures, systems, and governance in place to support our community safely and securely.

### FINANCIAL STABILITY

We continued our focus on operating sustainably and responsibly, whilst progressing our fundraising strategy and growth, giving our community confidence in our resilience for the future.

# SERVICE EXCELLENCE

**We listened to hundreds of people across our community to evaluate the quality and impact of our services, to identify unmet needs and develop our support.**

Over the past year, we have strengthened our commitment to service excellence by placing the voices of our community at the centre of our support delivery. Through our 2025 support users survey and a series of focus groups within face-to-face support groups, we have listened closely to the experiences and priorities of those we support. This powerful insight has helped us to further develop and expand our support services to better meet the needs of individuals, caregivers, friends and families affected by any type or grade of brain tumour.

**94%** rated our face-to-face support groups good or excellent

**89%** said that Brain Tumour Support had made a positive difference for them

**Our face-to-face support groups** continue to be appreciated as safe, welcoming spaces that reduce isolation, foster peer support and build meaningful connections.

Our community asked us to offer more frequent and regular sessions that last longer, with occasional guest speakers as well as considering some new additional locations. In response we have delivered by:

- ☑ Increasing the frequency of our Bristol support group
- ☑ Extending more face-to-face groups to two hours where we can, allowing more time for meaningful engagement
- ☑ Inviting specialist speakers covering topics such as fatigue, nutrition, Lasting Power of Attorney and will writing
- ☑ Piloting a new informal "drop-in" style group in Gloucester, giving people the opportunity to meet us and learn about our support in a relaxed setting

> *Groups more often would mean that people who are isolated have a reason to get out and something to look forward to.*
>
> *Bristol face-to-face support group attendee – Bristol became a monthly group from November 2025*

> *I would just like to say a massive thank you. You really made me feel welcome and at ease, speaking to others with the same issues as me really, really helped.*
>
> *Support group attendee*



**Specialist Brain Tumour Support counselling** continues to demonstrate both quality and adaptability, offering individuals affected by a brain tumour the unique understanding, safety, knowledge and flexibility they need.

Our community asked us for specialist face-to-face and online counselling support for children, a more individualised approach, access to additional counselling sessions where needed and more information about bereavement counselling. In response we have delivered by:

- ☑ Expanding our counselling service to support the needs of the whole family, including creating a welcoming space for face-to-face counselling for children and young people
- ☑ Embedding flexibility within our counselling service to respond to the unique challenges of our community
- ☑ Offering an increased number of counselling sessions as standard
- ☑ Working on better promotion and quality of information on our bereavement counselling service to ensure our community are aware of this vital support



*My mum died in June 2025 and I still attend the online monthly bereavement support groups. It's been the best therapy I've ever had – and I've had 'traditional' therapy too.*

*The team have been incredible. I am so appreciative of their support which is why I became a regular donor and now want to increase my monthly donations to the charity.*

*Ella*

**Our online support groups** remain a vital way of connecting people across the UK, ensuring support is accessible regardless of location.

Our community asked us for more low grade Brain Tumour Support groups at different times of the day and support tailored to younger people, as well as specific topic sessions. In response we have delivered by:

- ☑ Planning additional low grade online support groups at times that better suit those who are working or have daytime commitments
- ☑ Scheduling focus groups to better understand the needs of younger people and explore how best to develop dedicated support for this community
- ☑ Working with legal experts to provide guidance sessions online on common legal topics affecting our community
- ☑ Expanding the frequency of regular online groups to meet increasing demand and higher attendance

*I really appreciate the level of support you offer, it is above and beyond.*

*Ryan*

# A Support Professional's story

## Support that is adaptable and flexible

*A brain tumour diagnosis changes lives in an instant. I often speak with people in the early days of diagnosis, and while the main focus is on appointments and treatment decisions, many patients and families tell me that their hardest moments happen away from the hospital. Over time, changes in independence, relationships, finances and future plans may begin to appear. Changes that may be invisible to others, but can build to a mix of emotional and practical challenges that have an impact on everyday life.*

*Each change a patient or family encounters may seem small on its own, but together they form something much more complex.*

*No two experiences are the same, which is why our support can't be one-size-fits-all. With every person we support, we listen, reassess and adapt. What someone needs in their first contact with me is rarely what they need six months, or one year later.*

*Sometimes, support may be conversation where I hold space for someone to process what is happening, and explore their fears and frustrations without judgement or pressure.*

*Sometimes, it means regularly checking in with a partner or family member, who is learning to balance caring responsibilities alongside everyday life.*

*Sometimes, it's connecting someone to our welfare and benefits service, helping to ease financial pressures causing additional stress.*

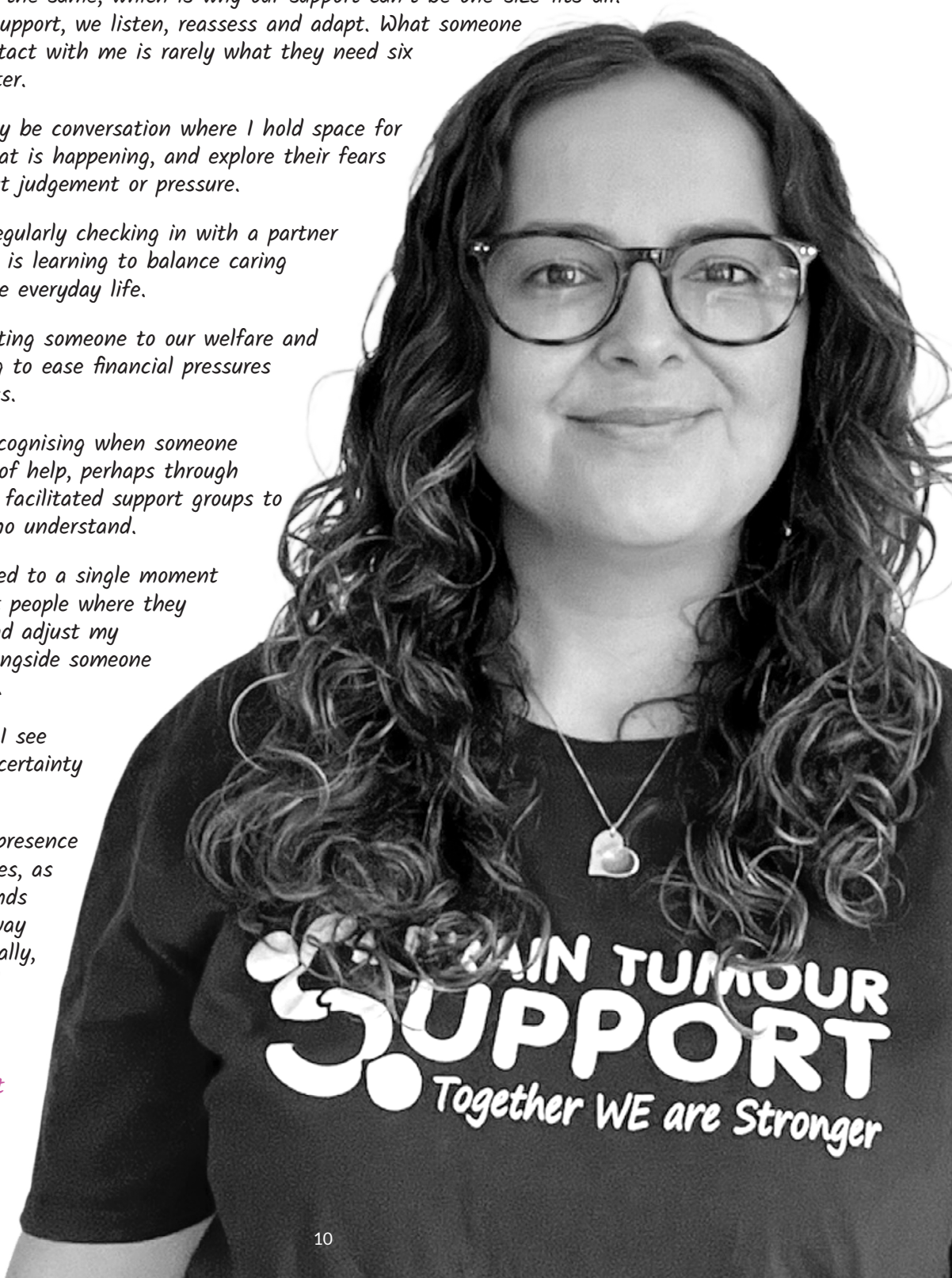
*And sometimes it is recognising when someone needs a different kind of help, perhaps through counselling sessions, or facilitated support groups to connect with others who understand.*

*My support is not limited to a single moment in time. I work to meet people where they are in that moment, and adjust my involvement to walk alongside someone as their journey evolves.*

*And that is something I see daily - progress and uncertainty existing side by side.*

*By being a consistent presence for people in those times, as someone who understands and can listen in the way that suits them personally, can make a meaningful difference.*

*Amy Young*
*- Brain Tumour Support Professional*



**195** meaningful, tailored support connections made each week with individuals and families

**4,795** hours of support delivered across the year by our Support Professionals

> *For me, that is the privilege of the role of Support Professional – being there in the moments that often go unseen, and helping to ensure that nobody has to navigate a brain tumour diagnosis alone.*
>
> *Amy*

Amy has been supporting Elaine Barry since she was first diagnosed with a high grade tumour in 2023. Elaine's main concern was less on treatment, and more on the impact it would have on her and her partner's five sons.

*"I felt absolutely broken at the thought of having to ring the boys and tell them, not knowing how they would cope."*

As Elaine's journey continued through surgery, radiotherapy and chemotherapy, the changes kept coming. Her driving licence was revoked and she had to leave her job as a store manager. Even going to the gym, her favourite hobby, was no longer possible for some time.

Three years on, Elaine's circumstances look different again. She has adapted to her new life with a positive and optimistic outlook. She's back at the gym, walking her dogs, and even completed a twenty mile bike ride raising money for Brain Tumour Support. She has also taken on a part time role.




But the difficult days haven't disappeared.

*"I am only human, I still have my bad days, the days where it feels hard. I am grateful to have a good support system around me, because I know how quickly things can change in this journey.*

*"I encourage anyone to reach out for support"* Elaine says.

*"The impact of connecting with someone, and having a space to talk is so powerful. It doesn't matter what you say, there is never any judgement. But once you've got it off your chest, you feel so much better."*

# Jane and Alice's story

## Support responding to individual need



> *From that very first moment, they wanted to help. They transformed a space in their Thornbury office into the most beautiful, welcoming, and safe environment where Alice could have specialist counselling.*
>
> *Jane*

When Jane was told, in March 2025, that she had a brain tumour, her world – and her family's – was turned upside down. Apart from what she had believed to be perimenopause symptoms, she felt well. Yet she was given a brain cancer diagnosis, with the fear and weight of not knowing how it might progress and if it could be treated, which changed her life in an instant.

*"I felt like the world was walking on by, and my world had just stopped."*

Among the anxiety, terror and confusion that Jane and her husband felt, was a huge concern for their 10-year-old daughter, Alice. Whilst they were still trying to come to terms with everything themselves, they didn't know how they could possibly explain it to Alice without frightening her. How would she cope?

*"At first, I found organisations to help me navigate my own diagnosis, but finding emotional support for Alice was almost impossible. We were met with so many "no's" and left feeling lost — until we were introduced to Brain Tumour Support."*

Alice connected with the specialist counsellor Jane straight away, and has a friendly, welcoming and safe space where she can share her thoughts and feelings, knowing everything is confidential.

*"Sometimes she chooses to tell us what they've discussed, sometimes not — but the choice is hers, and that has meant the world to us. The sense of relief was immediate, as we learned to face this journey together as a family."*







*After my diagnosis, finding Brain Tumour Support gave me a massive sense of relief – that finally we'd been heard and that there was some support for Alice.*

*It felt like a big weight had been lifted for me, because I knew there was someone she could talk to about her feelings without worrying about upsetting me.*

*Jane*

**Our ethos for support is to be able to respond to individual need whenever possible, and sometimes that means developing an existing service or taking a different approach.**

**Being able to tailor our counselling service for Alice, giving her a safe space to be creative, have some fun and talk about anything she was feeling, ensured that the whole family received vital support.**

# IMPACT

**We have achieved continued improvement and depth in the far reaching impact that we are making for our community, demonstrating to our donors and funders the real impact of their financial support.**

## Listening to the people we support

The most important voice in everything we do, is that of the community we serve. We have really enjoyed spending more time increasing involvement and engagement in this past year to gather their thoughts, understand their needs and assess the effectiveness of our services.

- Focus groups to feed into our strategy review and the development of services.
- Capturing quotes, stories and experiences offers unique insight into what our services truly mean for those we support.
- Feedback from clinical partners helps us understand our community's need from their point of view.
- Quick to answer polls in our Facebook Forums giving speedy evaluation and insight to support decision making.
- Seeking feedback at three months, six months, and annually in the individual's pathway to measure impact of the support they have received.
- Specific evaluation tools and approaches for individual support calls, counselling sessions or support groups.
- Regular surveys to understand individual needs and assess how well we are meeting those needs.

## Long term positive impact for our community

- The chance to participate more fully in life, feel more able to live independently and feel useful, valuable and better about themselves.
- Long term, tangible support for those living with a brain tumour, or the impact from a diagnosis.
- Developing greater self-confidence and increased resilience.
- Finding ways to cope better with the emotional impact of a brain tumour and the challenges of loss and bereavement.
- Feeling less isolated and alone through having a safe social space to talk freely and openly.
- Alleviation of practical and financial worries through welfare benefits advice and advocacy.



I wish everyone who is going through this knew about you, it would make such a difference to their journey.

The lack of understanding from people makes me feel so isolated. That is why I appreciate Brain Tumour Support so much. It is so rare to know that there is someone to listen to me and understand what I'm facing, it means so much to me.

Thank you so much for talking to me. I didn't realise how much I needed to speak to someone outside of my family, with real insight into what it's like supporting someone with a GBM. It has made such a difference to me.

The groups are a lifeline to meet others with a brain tumour who may be alone and have nobody to talk to.

In the early days, I was so mixed up and didn't know what support I wanted, but the charity remained a constant presence and was there waiting for me when I was ready. It's not until you get to speak to someone, that you realise how important it is to have someone who understands and doesn't judge.

Thank you for everything you do, Brain Tumour Support has been the only real constant throughout.

# Elena's story

## The lasting impact of long term support

Elena was aged nineteen, and about to go to university, when she was diagnosed with a slow growing, low grade brain tumour. She had an initial operation in 2015, but there was unexpected growth of the tumour and in succeeding years Elena faced multiple further surgeries and gruelling treatments. With her sight badly affected, extreme chronic fatigue and very poor memory, she was unable to fulfil her university and career plans, or live independently. Her diagnosis changed everything for her, and her family, with her mum becoming her main carer for ten years.

Attending her first ever support group in 2015, Elena shared her thoughts, not knowing how much her diagnosis would shape her life, and that eleven years on that support would still be so important.

*"For me, the Brain Tumour Support Group means just sharing experiences with people who've had something very similar. And that's a type of support you just can't really get from friends and family....It's this power of meeting complete strangers and being able to connect with them straight away, which is something quite unique."*

Elena also benefitted greatly from Brain Tumour Support's specialist counselling service, which she's been able to return to throughout the most challenging periods of her illness.

*"Especially for a young person, that helps to be able to talk about those really tricky subjects which you can't talk about with family and friends because it's too painful for them....The amount of things that are changed in their life because of the diagnosis."*

Over the years Elena has also joined our **online groups and social meet-ups** and she still regularly attends our Bristol **face-to-face support group** 11 years on. Knowing that consistent support is available for as long as it's needed can make a vital difference when living with the long term impact of a brain tumour.

*"It's just about getting together and saying, you know, this is rubbish but we can still get through it because we've got each other. People who not just understand the medical side of it, but understand how a brain tumour can affect every single corner of your life."*



*"It was something like two weeks after my first surgery and I went to my first support group. I sat there very quiet, because I was under all sorts of medication and my brain was still healing from the surgery, but I was really happy to go then and just meet people who understood....*

*It was a beacon of hope.*

*Elena*

# Our impact across the year for people like Elena

**£202,729**
of due benefits unlocked with our help for individuals and families

**667**
specialist individual and family counselling sessions delivered

**849**
families have received direct, ongoing support from our Support Professionals

**6,254**
people have been supported through our Support Professionals, groups and online forums

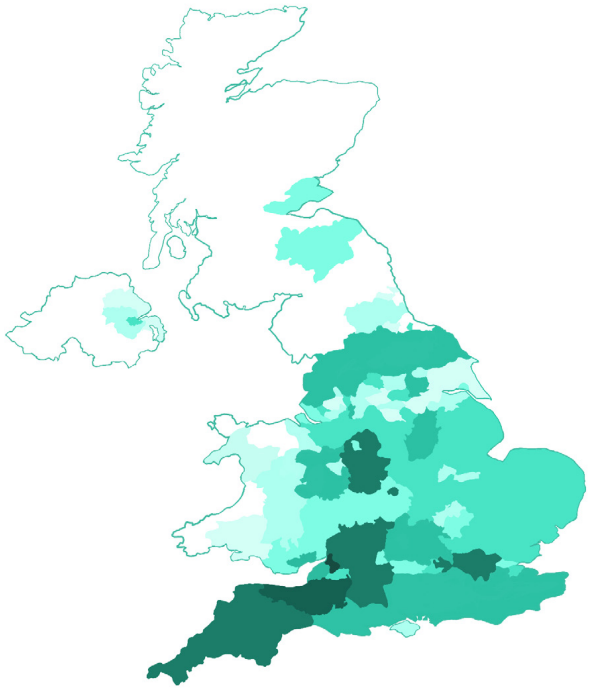
**619**
attendees at our support groups benefitted from support, information, connection and shared understanding with their peers



# REACH

**We further developed our clinical engagement, communications, accessibility and digital outreach to raise awareness of our support services to reach more people who need us.**

More than 30,000 people in the UK are diagnosed with a brain tumour every year, 13,000 with a primary brain tumour and an estimated 18,000 with a metastatic brain tumour. Our support is freely available to anyone affected by any type or grade of brain tumour, primary or secondary, malignant or non-malignant.



*This map represents the coverage of our support services across the UK - the darkest areas showing where support is accessed most.*

We are committed to reaching those who are not yet aware of the support we offer, while continually improving how we connect with and serve more people in the brain tumour community.

We support individuals from across the UK, through a combination of in-person and digital services. Our Support Professionals deliver face-to-face support groups across the South West, South Wales and the Midlands, including Devon, Cornwall, Cardiff, Bristol, Bath, Gloucester, Stoke-on-Trent and Shrewsbury. These groups are welcoming spaces where people can connect, share experiences and access support close to home.

Alongside this regional presence, our online support groups, telephone and text services ensure that anyone can access support regardless of location or personal circumstances. Our digital channels and social media also play a significant role. These platforms help us to connect with individuals and families who may not be in regular contact with their clinical teams or closely connected to local support networks, ensuring that support is always within reach.

## Developing our services in Wales

Over the past year, we have strengthened and expanded our work across Wales, increasing both our visibility and accessibility in regions that were previously under-served. By building relationships with a wider range of clinical teams across the country, we have improved referral pathways and created more opportunities for collaboration. This has enabled us to connect with more individuals and families in Wales, ensuring they are aware of and able to access the emotional and practical support we provide. As a result, we are reaching communities that may previously have had limited awareness of our services.

In addition, our presence within the Welsh brain tumour community has grown through engagement at key events, including attending the Cancer Research Wales conference in Cardiff, which provided an important platform to share our work and strengthen professional networks. We have also taken steps to improve inclusivity and accessibility for Welsh-speaking communities by developing bilingual leaflets and introducing a dedicated Brain Tumour Support Cymru section on our website. These developments ensure that our information and support are more accessible, culturally relevant and responsive to the needs of people across Wales.




**17%** increase in number of people being supported in Wales

# Working with clinical teams

> *Working alongside Brain Tumour Support gives us reassurance that our patients are being cared for and supported at all stages of their clinical pathway as they move through various teams – they make a huge difference.*
>
> *Southmead Neuro Oncology Team*

Brain Tumour Support plays a vital role in supporting clinical teams across the country. In providing emotional and practical support to patients and their families, we help reduce the volume of calls and requests for immediate guidance that clinical teams might otherwise receive. This not only ensures that people feel supported outside of the clinical environment, but also allows healthcare professionals to focus on treatment and care, knowing that families have access to reliable guidance and emotional support. In this way, our services strengthen the overall care pathway, providing continuity and reassurance while complementing the work of clinical teams.

We have worked to strengthen our engagement with healthcare professionals to expand awareness of our services. This included delivering a UK-wide seminar for clinicians, providing an opportunity to showcase our work, build relationships and highlight referral pathways.

There was representation from 20 trusts and health boards across England, Scotland and Wales. This has already led to new referrals from neuro centres and clinical teams that had not previously accessed our support, demonstrating clear progress in extending our reach into under-served communities.



**100%** of clinicians responding after the seminar felt their patients would benefit from our support at the point of their diagnosis

> *The work that we do as Support Professionals to liaise with neuro teams and other medical professionals is tremendously important and can make a crucial difference. Recently, the husband of a patient who I support was struggling to make contact with anybody at the hospital regarding some new symptoms that his wife had. I managed to get in touch with the clinical team and one of the neurosurgeons gave me a call personally. I had a couple of very helpful calls with him about the patient, and afterwards the consultant sent me a lovely e-mail just to thank me for everything that I do.*
>
> *That really is gratifying to know that what we do make such a difference for not only patients and their families, but also the neuro teams whose clinical work is so intense and demanding.*
>
> *Tania Read – Brain Tumour Support Professional*



# The power of online support

Our website, social media platforms and online forums provide valuable sources of support that can be accessed at any time of day or night. They frequently act as a conduit to our full range of support services.

> *I feel already that a load has been lifted just having a space to talk about it.*
>
> *Mike*

**Over 290** website page views daily

**38,112** active users on our website in the past year

In the last year, peer support delivered through our private Facebook groups has grown by **14%**

## Our website

The information and guidance on our website is designed to be accessible and easy to understand, and our growing series of 'Supporting you' leaflets cover a range of topics that address key challenges which we see the people we support facing on a regular basis. As part of our Welfare Benefits Service, we also have a series of downloadable guides providing up to date information on cost of living and available financial support.

Our website continues to support and amplify all aspects of the charity's work.

## Our social media

We reach out through our public social media to ensure more people know the range of support that is available, as well as raising broad awareness of brain tumours and the impact a diagnosis has.

Our 2026 Brain Tumour Awareness Month campaign focused on some of the hidden and less understood challenges faced, and how our specialised support can help. We looked at impact on young people, on caregivers and loved ones, living with a low grade or uncertain grade diagnosis, and facing loss and grief.

## Our Facebook forums

**Our online Support Professional, Claire Keogh,** talks about her dedicated role in our private Facebook groups and the importance of being able to support people 24/7.



*For anyone affected by a brain tumour diagnosis, knowing you are not alone can make an enormous difference.*

*Our digital support spaces include the Brain Tumour Support Forum and dedicated Family and Friends Group on Facebook. They both offer a safe space where people can connect at any time, day or night from the comfort of their home. In welcoming new members to the groups I make a simple but personal connection and I can also guide them to our other support services when helpful. Often the friendly reassurance that comes with finding and becoming part of either group is transformative in itself.*

*These online communities bring together people who truly understand the journey, whether newly diagnosed, during or after treatment, dealing with long term impact, or facing loss and grief. Members ask questions, share experiences and offer support and encouragement in a way that only people with lived experience can.*

*During the holidays, in the middle of the night, or before the sun rises – sometimes these are the times that you really need to reach out, ask a question or talk to someone. That is when digital support can become a lifeline.*

***Claire Keogh – Online Support Professional***

# Unique counselling tailored to each individual's needs

**Our specialist Brain Tumour Support counsellor, Jane Hill,** shares her thoughts and insights on just how unique our counselling service is, and how this is meeting the needs of such a diverse community.

*We are supporting a complex group of people, so in addition to the challenges for an individual and their family hearing and trying to process the shock of brain tumour diagnosis, there are also the questions of possible surgery, treatment, recovery, any complications, care needs, comorbidities and the difficulties in waiting for scans, results, appointments.....and holding huge unknowns. Additionally, we often see added mental health struggles, PTSD symptoms, other disabilities, neurodiversity, and this frequently needs multi-professional input.*

*I hear that people still struggle to find us, but also that they do not meet the criteria for other support or interventions because they are too complex, or simply do not 'tick the right boxes'.*

*I work alongside people during their treatment, and when facing additional challenges such as experiencing seizures, difficulties with their speech, memory and fatigue. There are multiple issues which can create barriers to connection and contribute to loneliness and isolation, so making our service accessible for anyone, whatever their circumstances, is essential.*

*The daily challenges that some people hold and manage, in addition to their brain tumour diagnosis or role as carer, are huge and at times remarkable. The adaptability, resilience and survival instinct I have worked alongside is incredible.*

*I don't have the words to truly reflect the uniqueness of my work. However, for me the fact that Brain Tumour Support offers choice, flexibility, and visibility in our support as well as clear communication, allows the people we support to know, feel and experience that they are our priority. That they matter and are not alone.*

*They tell us that they feel seen, heard and respected in the darkest of times.*

***Jane Hill – Brain Tumour Support counsellor***



> *Jane has helped me in so many ways. I started my counselling journey ten months ago a shell of the person I am today and I feel I owe a lot of this to support I was given. I feel without this I would have struggled massively. I am so very grateful to this service.* Anne

# Equality, Diversity, Equity and Inclusion (EDEI)

We know that brain tumours do not discriminate, and any person can be affected regardless of race, ethnic origin, age, gender, socio-economic status, disability or faith and so our organisation puts huge importance on ensuring our support services are available to anyone. One of our core values is to Be Inclusive. People living with brain tumours can automatically be at a disadvantage due to the impact the tumour has on their life, and we are committed to supporting them to face these challenges.

Throughout the year we have continued to focus on our services and how they stand up against our EDEI policy and standards, but also how that translates and compares to the expectations of our community. Where unmet needs have been identified in any demographics of our community, we have worked hard to consult with individuals and groups to adapt and flex our services to meet their needs, to ensure we are representative, fully inclusive, accessible and equitable for the diverse range of people affected by brain tumours.

# Collaborations and campaigning

## Our campaigning priorities

**1**
**Equity across the clinical and support pathway for all brain tumour types and grades.**

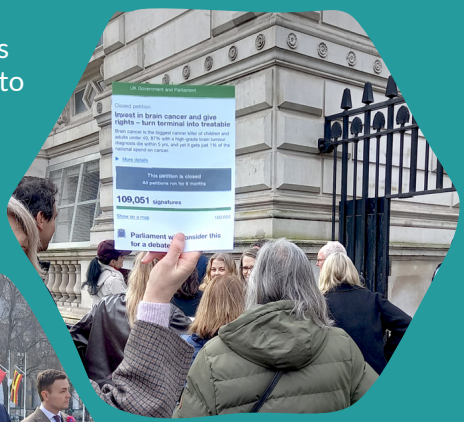
**2**
**Ensuring the voice and perspectives of individuals affected by a brain tumour and their families are considered and raised at key opportunities with those in power to make change.**

**3**
**Recognition of equal need for support beyond the individual with the brain tumour. Non-medical support services for all those whose lives are impacted by a diagnosis are an essential part of the pathway and wrap-around care.**

We see collaborative work with fellow charities, like-minded organisations, groups and individuals as essential to achieve much needed progress in brain tumour awareness, research, treatment and care. Whilst our priority focus will always be our uniquely specialist support delivery, we consistently seek opportunities to be involved in advocacy and advisory capacities in many partnerships, collectives and campaigns. Our patient-led experience and understanding of the complex challenges that individuals with a brain tumour, and their families, face on a daily basis gives vital insight and is an essential voice in improving the lives of all those affected by a brain tumour.

## Key activities across the year have included:

- Regular meetings with the CEOs of other key charities in our sector to work together for the benefit of the community such as Brain Tumour Research, The Brain Tumour Charity and *brainstrust - the brain cancer people*.
- Working with partner charities and our community to strengthen the case for innovative therapies seeking National Institute for Health and Care Excellence (NICE) approval, including Optune and Vorasidenib. With collaboration we can align evidence and coordinate advocacy, aiming to accelerate access for patients in the UK.
- Attendance at the Sixth Biennial World Summit of Brain Tumour Patient Advocates, organised by the International Brain Tumour Alliance (IBTA) in Rome, November 2025.
- Partnering with a multidisciplinary team of clinicians, patients and researchers bringing together clinical expertise, research innovation and lived experience to focus on the unmet needs of people living with a low grade brain tumour.
- Contribution to the National Cancer Plan, published February 2026, with a submission drawing on direct insights from patients and families aiming to influence policy and ensure that brain tumours are recognised as a priority within the wider cancer strategy.
- A new collaboration with the three other main UK brain tumour charities to review the use of data across our platforms. This joint working aims to ensure that information provided is accurate, aligned and up to date, and to help improve wider understanding of facts and terminology.
- Using our social media platforms to share posts and information from fellow charities and those campaigning for better outcomes for everyone impacted by a brain tumour.
- Attending the Brain Cancer Justice rally in March 2026, to support their Government petition calling for increased brain cancer funding and the right to try innovative treatments.








*The fact you turn up and spend so much time talking with people is a real support to the community and shows how much you genuinely care.* Rally attendee

# Partnership working

**Brain Tumour Support, together with other charities, researchers and government bodies, are key partners and funders of the The Tessa Jowell Brain Cancer Mission (TJBCM)**, which is dedicated to improving treatment, care and research for brain cancer. Sitting on the Joint Strategy Board we work together with medical and health professionals, charities, industry, the NHS and Government, to drive and deliver meaningful change. The key programmes of The Mission include Centres of Excellence to share best practice, an Academy with 1,500+ members for training and networking, initiatives to accelerate new treatments, and fellowships to develop future leaders.

***This work would not be possible without the leadership, funding and partnership of charities like Brain Tumour Support. Over the past year, the partnership between Brain Tumour Support and TJBCM has strengthened across several areas:***

*1. Amplifying the patient voice nationally*
*Through the Joint Strategy Board, Brain Tumour Support helps ensure patient experience and unmet needs shape national work on brain tumours. Their insights inform TJBCM's NHS data collection, Academy training and policy work. One example of this is the support given by Brain Tumour Support to TJBCM's submission to the National Cancer Plan, with an emphasis on improving care quality through sharing of best practice, an important priority for Brain Tumour Support. This was reflected in the final document, with the Mission's model of improving NHS care explicitly mentioned as exemplary.*

*2. Sharing data to address unmet needs*
*Supported by its charity partners, the Mission has built the UK's largest dataset on brain tumour treatment, care and research through its Centres of Excellence programmes. This comprehensive data set allows TJBCM to share insights with Brain Tumour Support, helping to inform existing and new projects for maximum patient impact.*

*3. Increasing awareness of Brain Tumour Support services*
*Through TJBCM's network across UK brain tumour centres, clinicians (and therefore the patients they treat) are connected with Brain Tumour Support's services. For example, in Summer 2025, TJBCM supported a webinar promoting the charity's work to clinicians, increasing awareness and helping more patients access support.*

*Tessa Jowell Brain Cancer Mission*

## Impact of this collaboration in 2025-26

Supported by Brain Tumour Support and other partners, the collaboration with TJBCM has delivered the following impact over the course of the year:

**Elevating care for today's patients:**
**32**
**hospitals supported to provide a higher quality of care for patients with a brain tumour.**

**Upskilling and specialising the NHS workforce:**
**2,500**
**healthcare professionals trained through the free Tessa Jowell Academy, and five fellows trained to be the next generation of brain tumour leaders.**

**Accelerating brain cancer research:**
**19**
**new treatments accelerated, ensuring new developments get to patients as quickly as possible.**



# PEOPLE

**We have invested in our team of passionate and experienced staff, leaders, volunteers and trustees who are dedicated to bringing you the best possible support and care.**

The collective lived personal experience, skills, qualifications and professional background of our Board of Trustees and Senior Leadership Team offers a passionate and trusted leadership of the charity in working towards and delivering our strategy. We are extremely proud of our wider team of people at Brain Tumour Support, we celebrate the diverse and rich backgrounds of work, educational and life experience that each and every member of the team brings to shaping the charity and delivering our specialist support services with passion and dedication.

Throughout the year we have welcomed some incredibly talented new members of staff to our charity team, and have brought further focus to the wellbeing and reward packages. We were able to offer a 3% staff pay award to employees in May 2025, and introduce a new Employee Benefit Package of Health Cash Plan and Death In Service Benefit in January 2026. Coupled with really empowering and engaging Team Days in December 2025, we are proud of the focus we bring to supporting our staff in the very difficult, challenging and emotional work they do for the charity.



**92%** of the team report feeling very valued

**100%** of the team feel their contributions are recognised and appreciated

*"I love working with Brain Tumour Support! There is great motivation and morale and it really is a lovely team to be a part of.*

## Volunteering

The Brain Tumour Support volunteering programme offers individuals, family members, and loved ones the opportunity to give back, share their experiences, and make a meaningful difference. Volunteers are a vital part of the Brain Tumour Support community, and their involvement helps extend our reach and impact across the UK.

For many, volunteering provides a renewed sense of purpose and connection, while helping to strengthen the support available to others affected by a brain tumour. A range of roles are available, including fundraising, awareness-raising, and support-based volunteering, allowing individuals to contribute in ways that suit their interests, skills, and availability.

### Chris has been volunteering with us for 15 years and is a very valued member of our team

*"I have done a huge variety of jobs for the charity, including admin work, creating display boards for events, putting fundraising packs together and helping at events.*

*I have Asperger's Syndrome and fifteen years ago, I could never have imagined attending events and helping with fundraising, but now I really enjoy it. Volunteering at Brain Tumour Support makes me very grateful to be doing something so rewarding and helping other people.*

*While some of the jobs I do may seem small, when you add up the number of hours I have saved the charity, it actually makes a big difference. I feel I am appreciated and I have also improved my interpersonal skills by working in a calm, relaxed office environment. It has been life-changing for me.* Chris





# Tina Mitchell Skinner awarded MBE

**We were delighted when our Founder and former Chief Executive, Tina Mitchell Skinner, was awarded an MBE (Member of the Order of the British Empire) in the King's Birthday Honours 2025.**

Tina founded the charity in 2003 following the death of her husband, Paul Mitchell, who had been diagnosed with a glioblastoma brain tumour eighteen months previously. From her own experience of navigating the immense challenges of brain tumour diagnosis, treatment and bereavement, Tina was determined that no one should face such a journey alone, and she dedicated herself tirelessly to building specialist, personalised support services for anyone – patients, families, caregivers, and loved ones – affected by any type or grade of brain tumour.

After leading the charity for 21 years Tina stepped down in 2024 to spend more valuable time with her growing family and pursue other life ambitions. However, her passion for Brain Tumour Support, its ongoing work and the lives it touches, is undimmed, and she was deeply moved to learn of her award:

> *So this is for you my darling Paul, and for my wonderful family, countless friends, health professionals, volunteers, staff, trustees, businesses and last but certainly not least, the incredible families I have come to know, who have helped to achieve the vision to provide support for all those affected by a brain tumour.*
> *None of this would have been possible without their unwavering support and belief in me.*

To receive her honour, Tina was joined at Windsor Castle by her husband Paul Skinner, and Paul Mitchell's parents, Roger and Margaret.

# FINANCIAL STABILITY

**Continued focus on operating sustainably and responsibly, whilst progressing our fundraising strategy and growth, giving our community confidence in our resilience for the future.**

Brain Tumour Support receives no government or statutory funding and we rely solely on voluntary donations and fundraising. Our published statutory accounts for 2025/26 include the financial position of the charity as at 31 March 2026.

We have continued to make excellent strides towards rebuilding a financially stable charity, and in particular the replenishment of charity reserves. Robust financial monitoring and controls continue to drive activity and decision making across the organisation and the Fundraising Strategy to bring further income diversification and strengthened multi-year funding relationships continues.

We have continued a focus on keeping expenditure to a minimum across all functions of the charity in order to support financial recovery and, together with considerable successes in fundraising, we are delighted with the year-end financial position.

**KEY AREAS OF FOCUS**

- Developing our case for support to strengthen funding applications for full cost recovery.
- Expanding community and individual giving programmes to diversify income streams.
- Delivering excellent supporter care to ensure maximum income generation.

**LEADING TO**

a total income for 2025/26 of £689,428 against a target of £624,000 - marking a 19.97% increase from the previous year.

| Income/expenditure summary | 2025-26 | 2024-25 |
|---|---|---|
| Income | £689,428 | £574,659 |
| Expenditure | £582,987 | £507,993 |
| Pence in £ spent on delivering support | 78p | 74p |

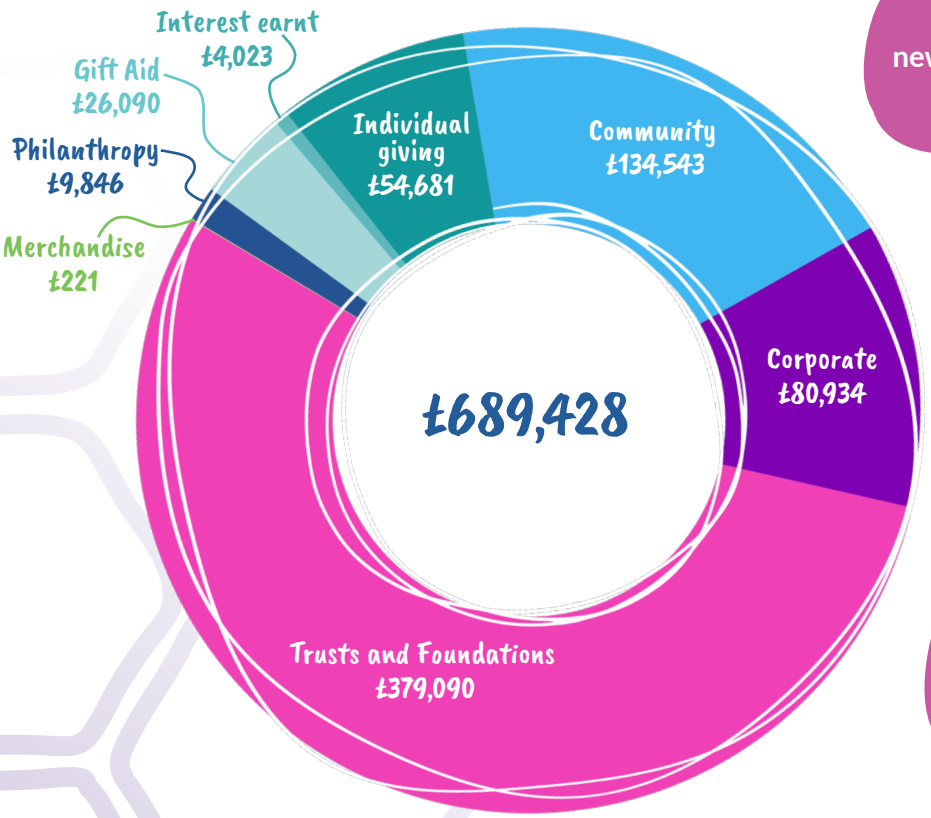
| Cash position | 2025-26 | 2024-25 |
|---|---|---|
| Total cash | £226,108 | £114,251 |
| Restricted reserves | £87,626 | £35,929 |
| Free reserves | £95,001 | £41,592 |

## Fundraising Policy

Fundraising at Brain Tumour Support is regulated by the Fundraising Regulator. The charity recognises the need to conduct its fundraising within the context of standards set out in the Chartered Institute of Fundraising's Code of Fundraising Practice, the Data Protection Act 1998/ UKGDPR2021 and the CAP Code (Committee of Advertising Practice). We do not employ external professional fundraisers.

# Income and expenditure
## for the period 1 April 2025 - 31 March 2026

## Income breakdown




We saw **811** new donors support our work

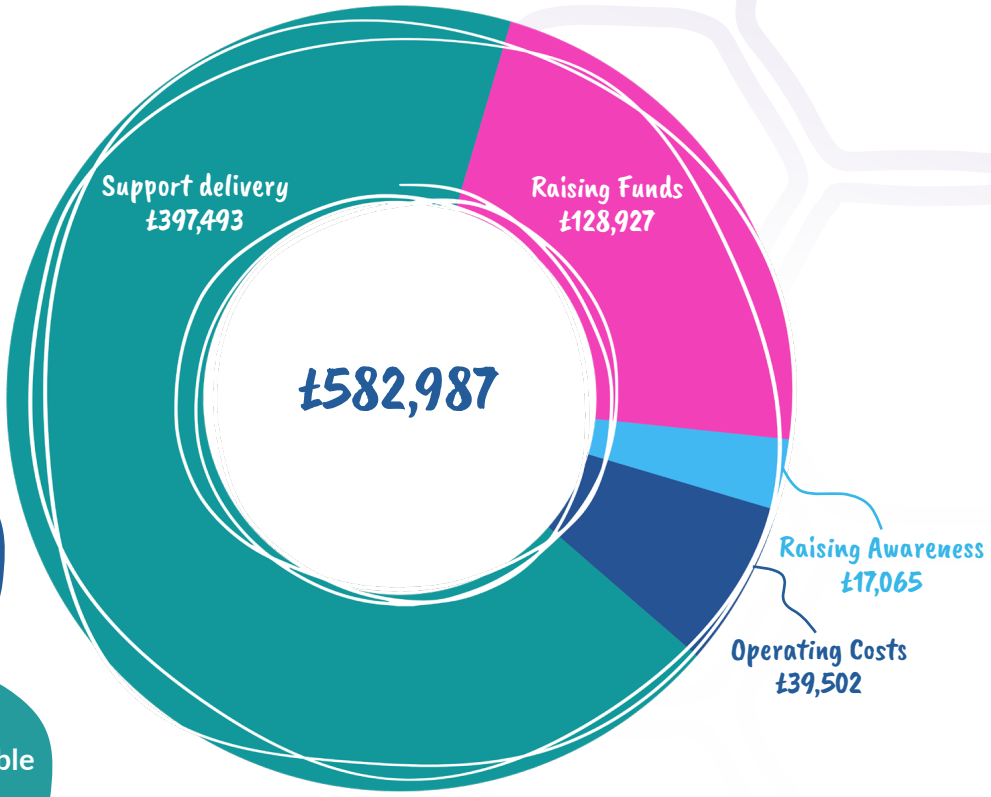
Our London Marathon team have raised over **£70,000**

Total individual donations increased by **9%**

**142** people took on a running or challenge event to raise funds

**106** people supported our Christmas Appeal with an average donation of **£47**

## Expenditure breakdown




Full cost recovery funding applications have enabled efficient drawdown of restricted funds to cover support delivery costs

Funds were allocated to increase face-to-face groups

We have invested into our support delivery in Wales

Investment has been made into key fundraising and digital roles to drive forwards our income strategy

Operational and central costs kept to an absolute minimum to enable spend on support and fundraising

# Our wonderful fundraisers and supporters



We are so grateful to our wide network of community supporters and fundraisers who have continued to make a significant contribution to our income revenue. From individual fundraisers and schools, to leisure centres and sports groups, their commitment helps us ensure nobody faces a brain tumour diagnosis alone. We have seen some incredible events and ideas throughout the year including Sparkle Day, walks, golf days, danceathons, bake sales, fitness classes, pub quizzes and balls.

We have continued to see income growth from runs and challenges, including our Gold Bond places at the TCS London Marathon, thanks to our enhanced donor support journey. Everyone who fundraises for Brain Tumour Support gets a dedicated fundraising professional that offers expert stewardship, personalised fundraising resources, encouragement and guidance.

This year's strong community income performance reflects our ongoing strategy to create a more balanced funding model, reducing dependency on a single area to create a more sustainable and secure future. We'd like to celebrate the success of our community fundraisers, and thank everyone for their dedication over the past year.



## Ysgol Maesgwyn School raises £1,550 for Sparkle Day

Our Sparkle Season has gone from strength to strength as more schools, care homes and organisations don their sparkly accessories and find creative ways to raise funds. In December 2025, Ysgol Maesgwyn School for children with additional needs held their own Sparkle Day. Pupils, teachers and support staff at the Aberdare school in South Wales enjoyed a day of fun activities and a visit from our mascot, Henry the Hippo. In total the school community raised £1,550, helping to provide immediate crisis support to 15 families facing the impact of a brain tumour.

Teacher Neil Young, who helped organise the event, has personal reasons for supporting us. In 2019 his brother Andrew was diagnosed with an inoperable brain tumour, and Brain Tumour Support stepped in with support for him and his family.

## Jeanette's Champion Fund reaches an incredible £40,000

When Jeanette received a shock brain tumour diagnosis in 2014, her life changed forever. Unable to drive, she had to give up the job she loved as an events manager. During this extremely difficult time, Jeanette accessed our services, receiving one-to-one support from one of our Support Professionals and attending her local support group.




Jeanette recalls, "*Brain Tumour Support helped so much in what were very dark days. They were a lifeline.*"

It was this experience of our support services that inspired Jeanette to start fundraising for us in 2016. Using her skills in communications and planning, and with unlimited enthusiasm, Jeanette decided to set up a Champion Fund. She quickly exceeded her initial £10,000 target. To date, Jeanette has raised an incredible £40,000 and she doesn't plan on stopping anytime soon.

Jeanette is thankful for the ongoing support she has through her local group and her Support Professional, but also for the regular contact from our fundraising team.

> *It's a win-win situation: not only does this wonderful charity get funds to continue their work and help more people, but it's also given me a purpose in life.*
>
> *Jeanette*




## Thornbury Golf Club raises £8,700

In 2025 Thornbury Golf Club members collectively raised £8,700. Their wonderful fundraising will enable us to provide ongoing, tailored support for eight families following a brain tumour diagnosis.

> Sadly, so many people know someone touched by a brain tumour diagnosis. We were delighted to offer our support to this very worthwhile charity that helps people facing this life-changing news.
>
> Rob Poole, Men's Captain at Thornbury Golf Club




## Triple marathon challenge

Darren Hardwick set an incredible challenge - three marathons, in three countries, in four weeks! He raised a lot of awareness and over £1,500.

## Last great adventure

Malcolm Otter's positivity moved us all. He wanted to make his 'last great adventure' a 10,000ft skydive and he raised £3,600 to help others.






## Running for us every year

Robin Mark Schols organised the 9th annual Hilly Helmet Challenge - over 100 runners, lots of family fun and raising over £6,000.



> Fundraising has been so much fun, and to know Brain Tumour Support will do so much good with the money for our patients is wonderful - we see first hand the difference it makes.
>
> Southmead Neuro-oncologyTeam




## Supporting each other

Southmead Hospital's Neuro-oncology Team took on a gruelling fitness challenge and raised over £1,400.



## Our amazing centenarian

103 year old Nora Gilliver inspired us with her birthday wish to take to the skies in a glider, raising £533.

## London Marathon in memory

Brain Tumour Support was represented by an incredible team of 12 runners in the TCS London Marathon 2026, each with their own special reason to fundraise and support our work. For George Tucker 2026 marks the 20th anniversary of the passing of his little sister Tori, and he wanted to run London Marathon in her honour to mark this milestone.



Tori was diagnosed with a grade 4 glioblastoma brain tumour in April 2006, and sadly passed away after a very courageous eight month battle. She was just nine years old. Brain Tumour Support were by the family's side from the start to support them in their darkest days, ensuring that they got the attention and advice that they desperately needed, both throughout Tori's illness and in bereavement.

> *I know it will be tough but, when I need to dig deep, I'll be thinking about my sister. Knowing the funds I have raised will help other families like ours is an incredible legacy for Tori.*
>
> George

More recently, George has faced the impact of grief during his adult life - the realisation that Tori couldn't be there to be a bridesmaid on his wedding day and that his daughter won't have 'Auntie Tori' to play and create memories with. So Brain Tumour Support have provided George with one-to-one counselling sessions enabling him to come to terms with grieving, and giving a range of support mechanisms and tips to help him.






George was incredibly proud to be pulling on the Brain Tumour Support running vest for the London Marathon. He set himself the ambitious target of raising £10,000 in memory of Tori, and to date he has raised over £12,000.

## Individual giving

A key focus throughout the year has been the development of our individual giving programmes, including regular giving, individual donations, major donor relationships and legacy giving. We have worked on developing a series of cases for support, demonstrating the profound impact of our work for individuals and families, to attract larger individual donations and major gifts. The development of these important relationships continues in earnest.

We have also created opportunities for engagement in individual giving through raffles, our 2025 Christmas campaign and in March 2026 for Brain Tumour Awareness Month, when we took the opportunity to highlight the impact regular giving has on sustainability and future planning for Brain Tumour Support.

### 2026 and beyond

We are delighted to have 12 Gold Bond places in London Marathon over the next three years, representing a wider investment in our 3rd party event programme.

The income raised from the TCS London Marathon alone will support the expansion of our specialist support for young people and those with a low grade brain tumour.

Lindsay is one of our regular donors who is making a difference to those we support with her monthly donation. Her brother Gary was diagnosed with a glioblastoma brain tumour in early 2011. Tragically at the time, the family didn't know how to access the right support.

> *To have known that we weren't alone, and to be able to talk freely about our worries and fears without feeling guilty or being afraid of upsetting someone, would have made such a difference, especially for my parents. I've seen the difference Brain Tumour Support makes, which is why I make a monthly donation to support families like mine.*
>
> Lindsay



Lindsay with Gary on his wedding day, two months before he died

## Corporate partnerships

This year we have strengthened existing corporate partnerships, and secured new, meaningful relationships that bring in valuable income and help to raise vital awareness of our work.

Key highlights from this year include our partnership with Slater & Gordon with their generous sponsorship of our dedicated support across Wales, and RWK Goodman's continued support towards funding our Welfare Benefits Support Professional, helping to unlock thousands of pounds of due benefits every year.

We have also welcomed new corporate partners, including Alliance Pharma who have chosen Brain Tumour Support as Charity of the Year and developed a full calendar of activities. Just three months into this partnership, the team have already passed their fundraising target.

Staff at Charles River in Keele have also developed exciting, creative ways to fundraise and support our community, starting off with a very successful fundraising Walk for Support.



## Trusts and Foundations

The Trusts and Foundations landscape has become more unpredictable in the last 12 months. Many funders are being overwhelmed by the volume of applications they are receiving and as such they are making changes to their grant giving criteria. We take pride in the strength and depth of the relationships we hold with funders, many of whom have supported the charity for many years and continue to do so. Their ongoing commitment reflects a deep understanding of the value of our services and inspires confidence among other funders to support Brain Tumour Support.

We were delighted to be awarded significant grants from Garfield Weston Foundation, Edward Gostling Foundation and The National Lottery among others. We would like to thank all of the Trusts and Foundations that have supported our service development this year.




John James Bristol Foundation

Garfield Weston FOUNDATION

global's Make some NOISE

The EVESON Trust

## Investment for the future

Our income targets continue to be ambitious yet achievable in our strategic focus on financial sustainability. We will concentrate our fundraising efforts on the areas that deliver the highest return, while also working to reduce reliance on any single income stream.

We have recently invested in fundraising resource in two key areas to drive our income growth further:

- Regional fundraising with a focus on geographical areas where we have high levels of support service delivery
- Trusts and Foundations to support with succession planning for sustainability.

Our fundraising strategy is built around diversifying income sources and securing multi-year funding partnerships from major funders, trusts, and statutory organisations. We are committed to building long-term relationships with corporate partners and expanding our community reach. We will continue to concentrate on our individual giving programmes, major donor program, regular giving and legacy programs to strengthen and grow our donor base.

With a structured strategic approach and a more confident demonstration of the impact of our service, supported by clear impact data, we aim to attract more sustainable funding. This will enable us to plan effectively and deliver the essential support services needed by those affected by a brain tumour diagnosis.

## Reserves policy

Our reserves policy sets a target of three months' free cash reserves. However, it also recognises historical trends in our funding model, which results in a high proportion of restricted funds within overall reserves, restricted to core costs and service delivery in line with funders' requirements.

In recent years, we have managed restricted funds efficiently, ensuring allocation and drawdown align with monthly charitable expenditure and service delivery costs, demonstrating sustainability and compliance with funder restrictions.

While three months of free cash reserves remains the long-term goal, we are confident that holding a proportion of restricted funds within our reserves continues to support a sustainable approach, supported by historical financial data.

Three months of free cash reserves equates to £145,747. As at 31 March 2026, we hold £95,001 in free cash reserves and £87,626 in restricted funds.

Our unrestricted funds balance £96,442, bringing our total reserves position as at 31 March 2026 to £184,068.

The free reserves figure includes a deduction of £13,331 relating to the Covid-19 Bounce Back Loan. Repayment terms could be extended if the charity experiences future cash flow difficulties.

As of April 2026, the charity remains in a period of financial recovery, although significant progress has been made since 2024 in rebuilding free cash reserves. The Trustees note that although free reserves at year end were below target, reserves have increased considerably during the year from our YE 2025 position, and we expect to achieve the three month reserves target by the end of the 2026/2027 financial year.

Throughout this recovery period, restricted funds have averaged around 50% of total reserves, with expenditure tracking in line with budget and supporting continued service delivery.

## Investment policy

We currently hold all charitable funds available for investment in high interest bank accounts and low risk interest bearing accounts for fixed periods. Trustee Sam Derricourt reviews this on a monthly basis with our Finance Assistant and organises the movement of funds accordingly.

It is intended that once we have achieved optimal free cash reserves balances, and the potential for longer term investment becomes possible, that we will seek external professional advice to ensure best protection and income potential for charitable funds.

## Spending approach and monitoring

All expenditure is planned and agreed at board level, with the sign off of annual budgets in February for the upcoming financial year commencing 1st April. Any significant variance from these budgets requires board agreement.

Monthly management accounts are produced and submitted to the board for review and scrutiny, with open dialogue to identify or address any concerns.

Quarterly board meetings are held with a fixed agenda item of 'Finance Review' where greater scrutiny is welcomed, with progress and forecasting being monitored against budget.

> *I can find no words to say how wonderful it is to have such support from everyone at Brain Tumour Support. Knowing that there is support, kindness, help in every way is such a comfort beyond words. How lucky we are to have all of that for all of us, Thank you, thank you, thank you.*
>
> *Angela – supported throughout diagnosis and treatment*

# OPERATIONAL EXCELLENCE

**We have reinforced our robust governance within our Board and charity team to ensure we have the right policies, procedures, systems, and governance in place to support our community safely and securely.**

Brain Tumour Support is a charitable company limited by guarantee registered at Companies House as a company and with the Charity Commission. The company was established under a Memorandum of Association which outlined the objects of the charitable company. It is governed by its Articles of Association.

## Public benefit

The Trustees confirm that they have complied with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission. The annual report contains a fuller description of the public benefit that the charity provides within the main body of the report.

## Our charity's objects and activities

1. The relief of illness of persons suffering from brain tumours by the provision of support, advice and information for such persons and to offer support, advice and information to their carers and families.

2. The promotion of research into the effects and causes of brain tumours and the public dissemination of the useful results thereof.

## Risk management

A comprehensive risk register is held by the charity and is regularly reviewed by the Chief Executive and SLT, and shared with the Board of Trustees on a monthly basis for review. At each board meeting the top three, or any new concerning risks, are discussed and action plans created to mitigate, minimise or reduce the risk.

Robust policies and procedures are in place to support identified risks and governance, with adequate mandatory and regular training courses as required occurring.

## Safeguarding and mandatory training

The Brain Tumour Support Safeguarding Policy is a vital framework designed to ensure the safety and wellbeing of both the individuals and families we support and our staff. It outlines clear guidelines and responsibilities for identifying, responding to, and reporting any concerns related to the abuse, self-harm or neglect of vulnerable individuals. The Safeguarding Policy is reviewed quarterly, and we hold a case conference following each safeguarding incident to ensure suitability. All staff have mandatory safeguarding training once a year, with our support staff receiving a more intense training and development using external providers and clinical supervision as required.

Our team also undertake appropriate GDPR, Health and Safety and EDEI training on an annual basis, as well as more role specific training required in their roles.

## The Board of Trustees

Brain Tumour Support has directors and members. The directors of the charity are also Trustees of the charity for the purposes of the Charities Act. The Board of Trustees makes up the governing body and oversees the governance of the charity, whilst the day-to-day management is led by Emma McKeown, the appointed Chief Executive Officer.

The Board meet quarterly to review progress and consider any proposals or recommendations made by the SLT to the Board, in line with strategic and Financial Plans. In addition, Trustees are sent comprehensive board papers monthly, which include key updates, monthly management accounts, and KPI reports to allow monitoring of progress.

The Trustees bring diverse experience and provide a sound authority on direction and governance of the charity. They willingly give up their time free of charge and none of them, without exception, receive any Trustee remuneration or expense reimbursement.

## Recruitment and appointment of trustees

In accordance with the Articles of Association, Trustees are not required to retire by rotation each year. The number of elected Trustees shall not be less than three and subject to a maximum of 12. The elected Trustees may co-opt a maximum of up to one half of their number as Trustees.

## Trustee training and induction

New Trustees undergo an induction to cover their legal obligations under charity law, the content of the Memorandum and Articles of Association, the structure and governance of the charity as well as all policies and procedures, their obligations under the Trustees' Code of Conduct, strategic and operational plans and budgets together with recent financial performance.

## Chief Executive

Emma McKeown's leadership and vision are fully aligned to deliver our ambitions and objectives as a board. Emma has a huge commitment to both her staff and the brain tumour community and she has invested in the leadership team, strengthened staff engagement, and nurtured a culture that reflects the compassion, professionalism and dedication that define Brain Tumour Support. This has resulted in a confident, connected and motivated team, well equipped to deliver meaningful impact and take Brain Tumour Support into the future.

# Looking to the future

## from our new Chair of Trustees, Ali Woodhead



As I take on the role of Chair of Trustees at Brain Tumour Support from Steve Bodley on 1st April 2026, I am totally inspired and humbled by the incredible progress captured in this Report and by the extraordinary community that makes our work possible.

Each statistic, story and milestone reflects not just organisational achievement, but the lived experience, resilience and hope of the individuals and families we support. It is a privilege to carry forward this legacy into 2026 and beyond, with continued clarity of purpose and a bold vision for even greater impact and reach into the future.

In the face of the relentless reality of brain tumours, our community has shown remarkable strength. But strength alone cannot transform outcomes; strategic investment, collective action and unwavering ambition will. As we look to the future, income generation is not only an operational necessity, it is the beating heart in working towards our mission. Over the next year, our fundraising efforts will be driven by our strategic priorities that respond directly to the needs of those affected by brain tumours and to the evolving and growing landscape of support services.

Meeting these priorities requires more than resources, it requires champions. Fundraisers, volunteers, donors, community groups and corporate partners – all of which are lifelines to our mission. Every gift, whether financial, time, expertise or voice expands our capacity to make meaningful change. I am continually inspired by the generosity and creativity of those who stand with us. Together, we will unlock opportunities to transform lives and build a future where no one affected by a brain tumour feels alone, unheard or without hope.

To all who are or have been on this journey with us, thank you. And to everyone who will join us on the path forward, we extend the warmest welcome. The next year is our moment to go further, reach wider and make an even more profound impact. I could not be more honoured to take on the Chair role and I look forward to working alongside Emma and the Board to build on this progress and realise the charity's full potential in the short and longer term ahead.

*Ali*



Ali sadly lost her mum Sylvia in April 2023 after a devastating terminal brain tumour diagnosis. Sylvia, Ali and their family had support throughout Sylvia's illness and, following her death, the family received bereavement support.

> *"The ability to provide what we had in that situation, that's what you would want for anybody. You just felt like you weren't on your own anymore dealing with it, that was the key thing, because at that stage it's a very lonely existence. That's why it's so important that Brain Tumour Support exists, because you don't realise what you need until you need it, and it was absolutely what we needed at the time."*
>
> *Ali*

# Statement of Trustees' responsibilities

The Trustees (who are also directors of Brain Tumour Support for the purposes of company law) are responsible for preparing the Trustees' Report (incorporating the strategic report and directors' report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgments and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions
This report has been prepared in accordance with the special provisions for small companies under part 15 of the Companies Act 2006.

Registered office: 7a St Mary's Street, Thornbury, South Gloucestershire BS35 2AB

Approved by the Trustees on 17/07/2026
Signed by order of the Trustees

Mrs Alison Woodhead
Chair of Trustees





# Independent examiner's report
## to the Trustees of Brain Tumour Support (the 'Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31st March 2026.

### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Joshua Kingston

Joshua N Kingston BSc., FCA
Burton Sweet Limited, Chartered Accountants
The Clock Tower
5 Farleigh Court
Old Weston Road
Flax Bourton
Bristol BS48 1UR

17/07/2026

## BRAIN TUMOUR SUPPORT

### STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

### YEAR ENDED 31 MARCH 2026

| | Notes | Unrestricted funds £ | Restricted funds £ | Endowment funds £ | Total funds 2026 £ | Total funds 2025 £ |
|---|---|---|---|---|---|---|
| **Income from:** | | | | | | |
| Donations and grants | 2 | 389,338 | 245,846 | 50,000 | 685,184 | 572,513 |
| Other trading activities | 3 | 221 | - | - | 221 | 1,233 |
| Investments | | 4,023 | - | - | 4,023 | 913 |
| **Total income** | | 393,582 | 245,846 | 50,000 | 689,428 | 574,659 |
| **Expenditure on:** | | | | | | |
| Raising funds | 4 | 138,298 | - | - | 138,298 | 131,746 |
| Charitable activities | 5 | 200,540 | 244,149 | - | 444,689 | 376,247 |
| **Total expenditure** | | 363,838 | 244,149 | - | 582,987 | 507,993 |
| **Net income/(expenditure)** | 7 | 54,744 | 1,697 | 50,000 | 106,441 | 66,666 |
| **Transfers between funds** | | - | 25,000 | (25,000) | - | - |
| **Net movement in funds** | | 54,744 | 26,697 | 25,000 | 106,441 | 66,666 |
| **Reconciliation of funds:** | | | | | | |
| Total funds brought forward | 15 | 41,698 | 35,929 | - | 77,627 | 10,961 |
| **Total funds carried forward** | 15 | 96,442 | 62,626 | 25,000 | 184,068 | 77,627 |

The comparative funds are detailed in note 9.

The company has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the company are classed as continuing.

## BRAIN TUMOUR SUPPORT

### BALANCE SHEET

**AT 31 MARCH 2026** **Company registration number: 09718307**

| | Notes | £ | 2026 £ | £ | 2025 £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | **10** | | 1,441 | | 106 |
| **Current assets** | | | | | |
| Debtors | **11** | 3,379 | | 8,107 | |
| Cash at bank | | 226,108 | | 114,251 | |
| | | 229,487 | | 122,358 | |
| **Creditors: Amounts falling due within one year** | **12** | (33,529) | | (27,593) | |
| **Net current assets** | | | 195,958 | | 94,765 |
| **Total assets less current liabilities** | | | 197,399 | | 94,871 |
| **Creditors: Amounts falling due after more than one year** | **13** | | (13,331) | | (17,244) |
| **Total net assets** | | | 184,068 | | 77,627 |
| **Funds** | | | | | |
| Unrestricted funds | | | | | |
| General funds | **16** | | 96,442 | | 41,698 |
| Restricted funds | **16** | | 62,626 | | 35,929 |
| Endowment fund | **16** | | 25,000 | | - |
| | | | 184,068 | | 77,627 |

For the year ending 31 March 2026 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities

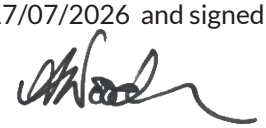
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 144(2) of the Charities Act 2011.

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within part 15 of the Companies Act 2006.

The financial statements were authorised for issue, approved by the members of the committee on 17/07/2026 and signed on their behalf, by



**Mrs Alison Woodhead**
**Chair of Trustees**

The notes on pages 40 to 50 form part of these financial statements

## BRAIN TUMOUR SUPPORT

### CASH FLOW STATEMENT

**YEAR ENDED 31 MARCH 2026** **Company registration number: 09718307**

| | Notes | 2026 £ | 2025 £ |
|---|---|---|---|
| **Net cash inflow from operating activities** | **17** | 113,907 | 58,239 |
| **Non-operational cash flows:** | | | |
| **Investing activities** | | | |
| Investment income | | 4,023 | 913 |
| | | 4,023 | 913 |
| **Financing activities** | | | |
| Purchase of fixed assets | | (2,160) | - |
| Loan repayments | | (3,913) | (1,995) |
| | | (6,073) | (1,995) |
| **Net cash inflow for the year** | **18** | 111,857 | 57,157 |

**Cashflow Restrictions**

Charity law prohibits the use of net cash inflows on any endowed or other restricted fund to offset net cash outflows on any fund outside its own objects, except on special authority. In practice, this restriction has not had any effect on cash flows for the year.

## 1 Accounting policies

### a) Basis of preparation

The financial statements have been prepared in accordance with the historical cost convention (except where otherwise stated in the accounting policy note) and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and the Companies Act 2006.

The charity is a public benefit entity as defined under FRS102.

The financial statements have been prepared on a going concern basis. The Trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

### b) Income

All income is included in the Statement of Financial Activities when the company is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants, including grants for the purchase of fixed assets, are recognised in the income and expenditure account as they become receivable.

Gifts in kind are valued at estimated open market value at the date of the gift, in the case of assets for retention or consumption, or at the value to the organisation in the case of donated services or facilities.

### c) Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that activity. Central costs are equivalent to the SORP's definition of support costs and are where costs cannot be directly attributed to activities they have been allocated to activities on a basis consistent with the use of the resource.

Governance costs include the costs of governance arrangements which relate to the general running of the charity. These costs are associated with constitutional and statutory requirements and include costs associated with the strategic management of the charity's activities. These are included within central costs.

### d) Fund accounting

Unrestricted funds contain accumulated surplus and deficits on general funds and can be used in accordance with the charity's objects at the discretion of the Trustees.

Restricted funds represent monies received for specific purposes. All income and expenditure relating to the restricted funds' movements is included in the income and expenditure account. Further details of restricted funds are shown in note 15.

**1 Accounting policies *(continued)***

**e) Fixed assets**
Fixed assets are held at cost less accumulated depreciation. Assets costing less than £500 are not capitalised.

Depreciation is calculated so as to write-off the cost of an asset, less its estimated residual value, over the useful economic life of the asset as follows:

| | |
|---|---|
| Equipment | 33% straight line |
| Fixtures & fittings | 15% straight line |

**f) Trade debtors**
Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

**g) Cash and cash equivalents**
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**h) Trade creditors**
Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

**i) Pensions**
The charity has arranged a defined contribution scheme for its staff. Pension costs charged in the SOFA represent the contributions payable by the charity in the period.

**j) Government grants**
Government grants are recognised in the period in which relevant expenses were incurred and deemed to be receivable.

## 2 Donations and grants

| | Unrestricted funds £ | Restricted funds £ | Endowment funds £ | Total 2026 £ |
|---|---|---|---|---|
| Charitable trust donations | 123,994 | 205,096 | 50,000 | 379,090 |
| Fundraising and individual donations | 265,344 | 40,750 | - | 306,094 |
| | 389,338 | 245,846 | 50,000 | 685,184 |

**Prior year comparative**

| | Unrestricted funds £ | Restricted funds £ | Endowment funds £ | Total 2025 £ |
|---|---|---|---|---|
| Charitable trust donations | 72,550 | 158,280 | - | 230,830 |
| Fundraising and individual donations | 295,708 | 45,975 | - | 341,683 |
| | 368,258 | 204,255 | - | 572,513 |

## 3 Income from: Other trading activities

| | Unrestricted funds £ | Restricted funds £ | Endowment funds £ | Total 2026 £ |
|---|---|---|---|---|
| Merchandise and other sales | 221 | - | - | 221 |
| | 221 | - | - | 221 |

**Prior year comparative**

| | Unrestricted funds £ | Restricted funds £ | Endowment funds £ | Total 2025 £ |
|---|---|---|---|---|
| Merchandise and other sales | 1,233 | - | - | 1,233 |
| | 1,233 | - | - | 1,233 |

## 4 Expenditure on: Raising funds

| | Activities undertaken directly £ | Central costs (note 6) £ | Total 2026 £ |
|---|---|---|---|
| Fundraising | 128,927 | 9,371 | 138,298 |
| | 128,927 | 9,371 | 138,298 |

**Prior year comparative**

| | Activities undertaken directly £ | Central costs (note 6) £ | Total 2025 £ |
|---|---|---|---|
| Fundraising | 124,833 | 6,913 | 131,746 |
| | 124,833 | 6,913 | 131,746 |

## 5 Expenditure on: Charitable activities

| | Activities undertaken directly £ | Central costs (note 6) £ | Total 2026 £ |
|---|---|---|---|
| Providing support | 397,493 | 28,891 | 426,384 |
| Raising awareness | 17,065 | 1,240 | 18,305 |
| | 414,558 | 30,131 | 444,689 |

**Prior year comparative**

| | Activities undertaken directly £ | Central costs (note 6) £ | Total 2025 £ |
|---|---|---|---|
| Providing support | 345,868 | 19,154 | 365,022 |
| Raising awareness | 10,636 | 589 | 11,225 |
| | 356,504 | 19,743 | 376,247 |

## 6 Central costs

| | Charitable activities £ | Raising funds £ | Total 2026 £ |
|---|---|---|---|
| Operating costs | 24,854 | 7,730 | 32,584 |
| Governance costs | | | |
| Accountancy fees | 5,277 | 1,641 | 6,918 |
| | 30,131 | 9,371 | 39,502 |

**Prior year comparative**

| | Charitable activities £ | Raising funds £ | Total 2025 £ |
|---|---|---|---|
| Operating costs | 15,761 | 5,519 | 21,280 |
| Governance costs | | | |
| Accountancy fees | 3,982 | 1,394 | 5,376 |
| | 19,743 | 6,913 | 26,656 |

## 7 Net income for the year

| This is stated after charging: | 2026 £ | 2025 £ |
|---|---|---|
| Independent examiner's remuneration | | |
| - Independent examination | 1,200 | 1,110 |
| - Accounts preparation | 1,440 | 1,386 |
| Depreciation | 825 | 434 |

## 8 Staff costs and emoluments

| Total staff costs were as follows: | 2026 £ | 2025 £ |
|---|---|---|
| Wages and salaries | 396,540 | 369,756 |
| Social security costs | 35,151 | 27,764 |
| Pension contributions | 8,462 | 7,445 |
| | 440,153 | 404,965 |

**Particulars of employees:**
The average number of employees during the year, calculated on the basis of average headcount, was 20 (2025: 17).
The average number of employees during the year, calculated on the basis of full time equivalents, was 14.9 (2025: 12.5).
No employee received remuneration of more than £60,000 (2025 - none) during the year.
Employment benefits received by seven (2025: seven) key management personnel in the period were £170,967 (2025: £166,550).

## 9 Prior year comparative statement of financial activities

| | Unrestricted funds £ | Restricted funds £ | Total funds 2025 £ |
|---|---|---|---|
| Donations | 368,258 | 204,255 | 572,513 |
| Other trading activities | 1,233 | - | 1,233 |
| Investments | 913 | - | 913 |
| **Total income** | 370,404 | 204,255 | 574,659 |
| **Expenditure on:** | | | |
| Raising funds | 131,746 | - | 131,746 |
| Charitable activities | 205,036 | 171,211 | 376,247 |
| **Total expenditure** | 336,782 | 171,211 | 507,993 |
| **Net income/(expenditure) and net movement in funds** | 33,622 | 33,044 | 66,666 |
| **Reconciliation of funds:** | | | |
| Total funds brought forward | 8,076 | 2,885 | 10,961 |
| **Total funds carried forward** | 41,698 | 35,929 | 77,627 |

## 10 Tangible fixed assets

| | Equipment £ | Fixtures & fittings £ | Total £ |
|---|---|---|---|
| **Cost** | | | |
| At 1 April 2025 and at 31 March 2026 | 8,634 | 1,390 | 10,024 |
| Additions | 2,160 | - | 2,160 |
| At 31 March 2026 | 10,794 | 1,390 | 12,184 |
| **Depreciation** | | | |
| At 1 April 2025 | 8,528 | 1,390 | 9,918 |
| Charge for the year | 825 | - | 825 |
| At 31 March 2026 | 9,353 | 1,390 | 10,743 |
| **Net book value** | | | |
| At 31 March 2026 | 1,441 | - | 1,441 |
| At 31 March 2025 | 106 | - | 106 |

## 11 Debtors

| | 2026 £ | 2025 £ |
|---|---|---|
| Prepayments | 3,379 | 8,107 |
| | 3,379 | 8,107 |

## 12 Creditors: amounts falling due within one year

| | 2026 £ | 2025 £ |
|---|---|---|
| Trade creditors | 5,220 | 1,848 |
| Accruals and deferred income | 12,618 | 14,142 |
| Taxation and social security | 9,489 | 5,888 |
| Other creditors | 2,152 | 1,665 |
| Bank loan | 4,050 | 4,050 |
| | 33,529 | 27,593 |

## 13 Creditors: amounts falling due after more than one year

| | 2026 £ | 2025 £ |
|---|---|---|
| Bank Loan | 13,331 | 17,244 |

The bank loans due within one year and after more than one year represent a 'Bounce Back' loan, taken out in 2020, at an interest rate of 2.5% per annum. The loan is unsecured and was repayable in instalments over 10 years.

In March 2024, in response to the client's request, the bank agreed to a six-month repayment holiday until August 2024 and to extend the loan term to 120 months from the original term of 72 months.

## 14 Operating lease commitments

At 31 March 2026 the company had total minimum commitments under non-cancellable operating leases for premises as follows:

| | 2026 £ | 2025 £ |
|---|---|---|
| **Payments due:** | | |
| Within 1 year | 6,600 | 6,600 |
| Between 2 to 5 years | 23,650 | 23,650 |

## 15 Movement in funds

| Year ended 31 March 2026 | At 1 April 2025 £ | Income £ | Expenditure £ | Transfers in/(out) £ | At 31 March 2026 £ |
|---|---|---|---|---|---|
| **Endowment funds** | | | | | |
| The Edward Gostling fund | - | 50,000 | - | (25,000) | 25,000 |
| **Restricted funds** | | | | | |
| Regional support groups | 35,847 | 197,171 | (181,974) | - | 51,044 |
| Support for neuro team | 82 | - | - | - | 82 |
| Counselling | - | 48,675 | (37,175) | - | 11,500 |
| The Edward Gostling fund | - | - | (25,000) | 25,000 | - |
| | 35,929 | 245,846 | (244,149) | 25,000 | 62,626 |
| **Unrestricted funds** | | | | | |
| General fund | 41,698 | 393,582 | (338,838) | - | 96,442 |
| **Total funds** | 77,627 | 689,428 | (582,987) | - | 184,068 |

**15 Movement in funds *(continued)***

| Year ended 31 March 2025 | At 1 April 2024 £ | Income £ | Expenditure £ | Transfers in/(out) £ | At 31 March 2025 £ |
|---|---|---|---|---|---|
| **Restricted funds** | | | | | |
| Regional support groups | 2,339 | 204,255 | (170,747) | - | 35,847 |
| Support for neuro team | 82 | - | - | - | 82 |
| Counselling | 464 | - | (464) | - | - |
| | 2,885 | 204,255 | (171,211) | - | 35,929 |
| **Unrestricted funds** | | | | | |
| General fund | 8,076 | 370,404 | (336,782) | - | 41,698 |
| Total unrestricted funds | 8,076 | 370,404 | (336,782) | - | 41,698 |
| **Total funds** | 10,961 | 574,659 | (507,993) | - | 77,627 |

The 'Regional support groups' restricted fund is where donors have restricted their donation to be used specifically to support the running costs of one of the charity's many different regional support groups. The disclosure of these different restricted funds has been combined due to their similarity, however the individual restrictions of each donation are monitored and maintained.

The 'Support for neuro team' restricted fund is where donors have restricted their donations to be used in supporting hospital CNS neuro teams who treat brain tumour patients.

The 'Counselling' restricted fund is the provision of counselling services to the charity's service users.

The Edward Gostling Foundation endowment fund - An endowment from the Edward Gostling Foundation was received in the year, where the terms of the endowment means that the capital is to be transferred to restricted funds over the course of two years. See The Edward Gostling Foundation restricted fund below.

The Edward Gostling restricted fund - The fund is created via transfer from the Edward Gostling Foundation endowment fund, whereby the capital can now be spent on the general charitable activities of the charity, but not for employing outside fundraising consultants.

## 16 Analysis of net assets between funds

| As at 31 March 2026 | Fixed assets £ | Cash at bank £ | Other net assets/ (liabilities) £ | Total £ |
|---|---|---|---|---|
| Endowment funds | - | 25,000 | - | 25,000 |
| Restricted funds | - | 62,626 | - | 62,626 |
| Unrestricted funds | | | | |
| General funds | 1,441 | 138,482 | (43,481) | 96,442 |
| | 1,441 | 226,108 | (43,481) | 184,068 |

| As at 31 March 2025 | Fixed assets £ | Cash at bank £ | Other net assets/ (liabilities) £ | Total £ |
|---|---|---|---|---|
| Restricted funds | - | 35,929 | - | 35,929 |
| Unrestricted funds | | | | |
| General funds | 106 | 78,322 | (36,730) | 41,698 |
| | 106 | 114,251 | (36,730) | 77,627 |

## 17 Reconciliation of net movement in funds to net cash inflow from operating activities

| | 2026 £ | 2025 £ |
|---|---|---|
| Statement of Financial Activities: Net movement in funds | 106,441 | 66,666 |
| Investment income | (4,023) | (913) |
| Depreciation | 825 | 434 |
| Decrease / (increase) in debtors | 4,728 | (5,875) |
| Increase / (decrease) in creditors: current liabilities | 5,936 | (2,073) |
| **Net cash (outflow)/inflow from operating activities** | 113,907 | 58,239 |

## 18 Analysis of changes in cash during the year

| | **2026** £ | 2025 £ | **Change** £ |
|---|---|---|---|
| Cash at bank and in hand | 226,108 | 114,251 | 111,857 |

| | **2025** £ | 2024 £ | **Change** £ |
|---|---|---|---|
| Cash at bank and in hand | 114,251 | 57,094 | 57,157 |

## 19 Related party transactions

Trustee remuneration in the year was £nil (2025: £nil). No Trustee was reimbursed for any expenses during the year or the prior year. Total Trustee donations to the charity in the year were £1,025 (2025: £nil).

Trustees waived expenses of £nil (2025: £974) during the year.

There were no other related party transactions in either the current year or the prior year.

*I just wanted to message you to thank you. For being more than a support worker, for more than just reassuring me, for listening when I cry, for making me believe I could do this even when they told me grade four.*

*And the whole charity has helped my parents, husband Gary and the girls in lots of ways. Thank you.*

*At the worst time in my life you made it better.*

*Hannah Langton (pictured on back cover)*




We would like to thank all those in the brain tumour community - people like Hannah Langton and her family, pictured here - who do so much to support our work and connect with, and inspire, others going through similar experiences. We are grateful to everyone who shared their stories, pictures and quotes for this report, helping us bring to life the impact of a brain tumour diagnosis and the work of Brain Tumour Support.

Our heartfelt thanks also to everyone who has donated, raised funds or helped in any way to make this work possible.

If you, or someone you know, has been affected by a brain tumour diagnosis and need support, please reach out to us:

**Support line: 01454 422 701**
**Email: support@braintumoursupport.co.uk**
**Website: braintumoursupport.co.uk**

BRAIN TUMOUR SUPPORT