Report of the Trustees and
Financial Statements
For the year ended 31 December 2025
(Unaudited)
for
My Cancer My Choices
(A Charitable Incorporated Organisation)

Charity number: 1162165

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Contents of the Financial Statements
For the year ended 31 December 2025 (Unaudited)

Contents	1
Charity Information	2
Report of the Trustees	3 to 6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Financial Statements	9 to 12
Report of the Independent Examiner	13

My Cancer My Choices
Charity number: 1162165
(A Charitable Incorporated Organisation)

Charity information
For the year ended 31 December 2025 (Unaudited)

Charity name:	My Cancer My Choices	
Charity registration number:	1162165	
Registered Office	46 Old Bath Road Charvil Reading Berkshire RG10 9QR	
Trustees	Ms Alison Grieve	*Chairman*
	Mrs Amanda Barter	*Founder*
	Mr Anthony Smith	*Treasurer*
	Dr Richard Brown	
	Mr Robert Goddard	
	Dr Lindsey Barker	
	Ms Emma Hogbin	
	Ms Lynn McLeish	*(term ended 27 April 2026)*
	Ms Anne Thomas	*(resigned 27 January 2026)*
	Mr Malcolm Saffin	*(appointed 20 October 2025, resigned 20 July 2026)*
	Mrs Bep Sandhu	*(appointed 27 April 2026)*
	Mr Chris Jones	*(appointed 27 April 2026)*
Chief Executive Officer	Ms Claire Rhodes	
Independent Examiner	Nortons Assurance Limited Second Floor NOW Building Thames Valley Park Reading Berkshire RF6 1RB	
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	

My Cancer My Choices
Charity number: 1162165
(A Charitable Incorporated Organisation)

Report of the Trustees
For the year ended 31 December 2025 (Unaudited)

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2025.

The Trustees confirm that their report and the financial statements of the charity comply with the current statutory requirements of the charity's governing document and the provisions of the Charities Act 2011, Accounting and Reporting Standard applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102).

Reference and Administrative Information

The reference and administrative information is detailed on page 2.

Structure, Governance and Management

Governing document
The organisation is a Charitable Incorporated Organisation, registered as a charity on 12 June 2015. The charity was established under a constitution which details the objects and powers of organisation and it is governed by the constitution.

Recruitment and appointment of trustees and directors
The Trustees who have served during the year and since the year end are listed on page 2 and below.

Under the requirements of the constitution, the Trustees must be appointed for a term of three years by a resolution passed at Trustee meetings. Any person retiring as a charity Trustee is eligible for reappointment. A charity Trustee who has served for three consecutive terms may not be reappointed for a (fourth) consecutive term but may be reappointed after an interval of at least one year.

The CEO is a paid employed position and the current incumbent started in June 2023 following public competition and stringent recruitment process and was appointed by the Trustees. The Trustees appoint the Chairman. Decisions are taken by a majority of Trustees present at quarterly meetings.

The Chief Executive reports on all aspects of the charity's operations and is responsible for keeping Trustees informed about charity and other relevant laws and procedures. The Trustees and Chief Executive attend relevant courses and seminars, to maintain the required skills for the proper governance and financial control of the charity.

Trustee Induction and training

New Trustees are provided with a copy of the charity's constitution and latest Annual Report and Statement of Accounts.

Trustees are appointed based on their skills, knowledge and experience that are considered to be appropriate for the charity's activities.

New Trustees undergo briefings on the vision of the charity, its charitable objectives, current activities and financial status and forecasts. They are provided with a copy of the Charity Commission, "The Essential Trustee" (CC3) document, and are required to sign our Code of Conduct. Trustees are supported by the Chair of Trustees on an ad-hoc basis for their role and responsibilities, introduced to all other trustees and committee members, and invited to all trustee meetings.

Trustees

Trustees who served during the year and up to the date of this report are set out below.

Mrs Amanda Barter
Dr Richard Brown
Ms Alison Grieve
Mr Robert Goddard
Ms Lynn McLeish (term ended 27 April 2026)
Mr Anthony Smith
Dr Lindsey Barker
Ms Emma Hogbin
Ms Anne Thomas (resigned 27 January 2026)
Mr Malcolm Saffin (appointed 20 October 2025, resigned 20 July 2026)

Objectives and Activities

Background

This report covers the period from January 2025 to December 2025.

The year on which we are reporting has been one of starting to pursue the charity's strategic growth plans and build on the strong foundations put in place in the previous couple of years of transformation. These include continuing to develop our face to face services in existing locations, starting to look for additional locations in Berkshire, continuing to run virtual services where appropriate and developing all our services including adding some new therapies and courses, while ensuring that our excellent relationships at all staff levels in the hospital were maintained.

We continue to operate in our headquarters office and treatment centre in Charvil, (Wokingham), the Deanwood Therapy Centre in Newbury, the College of Integrated Chinese Medicine in Reading and Brants Bridge Healthspace in Bracknell.

During the year we successfully provided Acupuncture, Reflexology, Oncology Massage, NADA, Pilates, Reiki, Art Therapy, Aromatherapy, Mindfulness, Yoga and Scar Tissue Massage

Our objectives reflect the wide range of services we provide in giving choice to our patient which are shown below. In addition, further signposting and support was provided to the service users and their families, including provision of a lending library.

Objectives

The objectives of the charity are 'For the public benefit, the relief and support of people with a diagnosis of cancer in Berkshire and surrounds and their carers, and where appropriate on-line throughout the UK by a) the provision of complementary therapies in acupuncture, art therapy, aromatherapy, reflexology, massage, reiki, and relaxation techniques; b) providing facilities for the practice of yoga, Tai Chi and mindfulness training and c) the provision of advice and information'.

Activities

The principal long term aim of the charity, and ongoing objectives of the Trustees, is now to offer complementary therapies to anyone in Berkshire who has recently been diagnosed with cancer, with a choice of 'face to face' services and to additionally provide a virtual on-line complementary therapy service in Mindfulness, Yoga and Art Therapy to people living with cancer in Berkshire and beyond, whilst continuing to develop Charvil as our dedicated centre of excellence for the service. Our offering in 2025 to adults recently diagnosed with cancer and to their carers provides up to 6 free one-to-one complementary therapy sessions plus access to our courses and other support.

Operations

Claire Rhodes, our CEO, continues to develop the management, administration and governance of the charity. She manages a team of Therapies Manager, Service Delivery Manager, Marketing and Communications Officer, Community and Fundraising Manager and Trusts and Grants Officer. The Therapies Manager manages our volunteer therapists, and oversees the safe delivery of the treatments, as well as any leading on the introduction of any new therapies. The Service Delivery Manager oversees the delivery of our service and the service user experience, including managing the welcomer and meeter greeter teams. The Marketing and Communications Officer creates the campaigns and events to increase awareness of the service as well as help bring more volunteers and donors to the charity and overseeing the brand, website and communications. The fundraising team has been strengthened this year with the Community and Fundraising manager who is building relationships with corporates, individuals and community organisations whilst the Trusts and Grants Officer is focusing her expertise on trusts and grant applications. We are seeing the benefits of these hires in the volume of activity in both fundraising and service delivery in 2025.

With the support of our treasurer and governance staff from the Royal Berkshire Hospital, and some IT and clinical governance consultants, we are now more comfortable that our administration and governance is satisfactory, with Trustees informed about any risks we face.

Led by the CEO and Trustees, the service is delivered by staff managers and volunteers. We continue to work closely with the Royal Berkshire Hospital, particularly the Berkshire Cancer Centre, and other charities of relevance in the support of cancer patients, and with those organisations that can help us to find and retain sufficient volunteers to develop the service.

Fundraising

Our fundraising group, some members of which have had some experience with cancer, either personally or in their families, have continued to work extremely hard and have generated enough money, together with some very generous donations to the charity, to fund our planned growth, manage the charity throughout the constraints of increased costs and maintain our reserves sufficiently to be able to fund our services and their planned growth for the next two years. We owe them all a big debt for all this very successful work.

Volunteers

The charity continues to be led and supported by willing volunteers in meeting its objectives and some of its administrative activity and the Trustees would like to take this opportunity to say how much they appreciate their continuing and valuable support. We owe them a real debt of gratitude. The Trustees consider that no measurable value can be placed on their contribution for the purpose of our accounts but in practical terms, they are invaluable and the beating heart of what we do.

Achievements and Performance

Our valuable relationship with the Directors of the Royal Berkshire Hospital and the consultant oncologists, clinical nurse specialists, management and administrative staff at the Royal Berkshire NHS Foundation Trust, has been maintained, with mutual support being evidenced on both sides.

We have learned to manage and maintain those good relationships through various staff changes that have occurred in the Hospital and at the charity. The Hospital Trust continues to donate the use of rooms to deliver our services at the Bracknell Healthspace and to allow the charity to maintain a communication presence, for patients, there and at the Royal Berkshire Hospital.

The Trust also continues to provide training of the volunteers in the NHS 'cancer pathway', enabling the MCMC services to be tailored to patient need. As at the end of 2025 we have 78 registered volunteers including 38 volunteer therapists and 11 volunteers to meet and greet people who wish to access the service and help with administration. It is our objective to recruit 5 more therapists in the next financial year.

Future Plans

Our immediate plans are to continue to develop our services at Charvil and to fill more of the available face-to-face therapy slots at our other sites,

develop our service offerings and continue our search for new services that can improve the confidence and empowerment of our service users.

It is our long term plan to increase services across Berkshire, delivered from at least two new centres including one in East Berkshire. We are also in discussions with the Hospital in Swindon about setting up a service in Wiltshire based from Swindon.

Our biggest challenges are:

1. To strengthen our fundraising capability to ensure that we have the resources for the continuing growth in demand;
2. To continue our growth in delivery sites by opening new treatment rooms in additional locations in 2026
3. Recruitment of volunteers is an ongoing challenge especially for therapists, against a background of the increased costs and general economic challenges. We are also looking for new people to join our fundraising volunteer team. This is continuing to be a challenge to maintain the level of service as well as for future growth.

Public benefit
The Trustees confirm that they have complied with their duty under section 17 of the Charities Act 2011. They have considered the public benefit guidance published by the Charity Commission and believe they have followed it.

Financial Review

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future, for this reason they continue to adopt the going concern basis in preparing the financial statements.

Financial position
Incoming resources for the year are £202,418 (2024: £192,446) and resources expended £207,390 (2024: £194,942), leaving an overall deficit for the year of £4,972 (2024: deficit £2,496). Total reserves of £108,101 (2024: £131,023) are unrestricted.

Reserves Policy
It is the charity's policy to retain reserves equivalent to 12 months normal expenditure to safeguard against significant loss of sources of income. This equates to c.£150,000. In addition, as a relatively new charity, which has had to find rental accommodation for much of its service delivery and still needs to extend its services to cover the whole of Berkshire and to expand its service offering, the Trustees have been building up sufficient funds of c. £170,000 per annum, which have been designated to grow the charity further over the next three years, increase the number of staff it employs (currently 6) and fund its head office and treatment centre. This policy will be reviewed on a regular basis and the Trustees are confident about the financial stability of the charity.

Report of the Trustees - continued

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The Trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and its financial position at the end of the period. In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP:
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts: and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees have taken all the steps that they ought to have taken to make themselves aware of any information relevant to the independent examination and to ensure that the independent examiner is aware of all relevant information. As far as each Trustee is aware, there is no relevant information of which the charity's examiner is unaware.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) regulations 2008, the SORP 2005 and the provisions of its registration. They are also responsible for the safeguarding of assets, taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Trustees on: 8/10/2016 ...and signed on its behalf.

ON BEHALF OF THE TRUSTEES:

Alison Grieve

Ms Alison Grieve
Chairman

My Cancer My Choices
Charity number: 1162165
(A Charitable Incorporated Organisation)

Statement of Financial Activities (including Income and Expenditure Account)
For the year ended 31 December 2025 (Unaudited)

	Notes	Y/E Dec-25 Unrestricted Funds £	Y/E Dec-25 Restricted Funds £	Y/E Dec-25 Total Funds £	Y/E Dec-24 Unrestricted Funds £	Y/E Dec-24 Restricted Funds £	Y/E Dec-24 Total Funds £
Income:							
Income from donations and legacies:							
Donations and legacies	**2**	**44,734**	**47,008**	**91,742**	72,855	26,383	99,238
Income from other trading activities:	**3**						
Other activities		**105,039**	**-**	**105,039**	87,925	1,065	88,990
Investment income	**4**	**5,637**	**-**	**5,637**	4,218	-	4,218
Total income		**155,410**	**47,008**	**202,418**	**164,998**	**27,448**	**192,446**
Expenditure:							
Expenditure on raising funds:							
Fundraising and other activities	**5**	**15,236**	**-**	**15,236**	19,918	-	19,918
Expenditure on charitable activities:							
Cost of charitable activities	**6**	**10,129**	**6,081**	**16,210**	6,610	1,782	8,392
Support costs	**7**	**147,745**	**22,977**	**170,722**	137,508	25,801	163,309
Governance costs	**8**	**5,222**	**-**	**5,222**	3,323	-	3,323
Total expenditure		**178,332**	**29,058**	**207,390**	**167,359**	**27,583**	**194,942**
Net income/(expenditure) and net movement in funds for the period		**(22,922)**	**17,950**	**(4,972)**	(2,361)	(135)	(2,496)
Reconciliation of funds							
Total funds brought forward	**17**	**181,023**	**1,305**	**182,328**	183,384	1,440	184,824
Total funds carried forward		**158,101**	**19,255**	**177,356**	**181,023**	**1,305**	**182,328**

The statement of financial activities includes all gains and losses for the period. All incoming resources and resources expended derive from continuing activities.

The notes form part of these financial statements

My Cancer My Choices
Charity number: 1162165
(A Charitable Incorporated Organisation)

Balance Sheet
As at 31 December 2025 (Unaudited)

	Notes	Y/E Dec-25 £	Y/E Dec-24 £
CURRENT ASSETS			
Debtors	14	16,035	2,965
Cash at bank		176,683	196,932
		192,718	199,897
CREDITORS			
Amounts falling due within one year	15	(15,362)	(17,569)
NET CURRENT ASSETS		177,356	182,328
TOTAL ASSETS LESS CURRENT LIABILITIES		177,356	182,328
FUNDS			
Unrestricted funds	17	108,101	131,023
Designated funds	17	50,000	50,000
Restricted funds	17	19,255	1,305
TOTAL FUNDS		177,356	182,328

The financial statements were approved and authorised for issue by the Trustees on 8 Oct 26 and were signed on their behalf by:

Alison Grieve
Chairman

The notes form part of these financial statements

Notes to the Financial Statements
For the year ended 31 December 2025 (Unaudited)

1 ACCOUNTING POLICIES

Basis of accounting
The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the requirements of the Charities Act 2011 and the Statement of Recommended Practice, Accounting and Reporting by Charities preparing their accounts in accordance with FRS 102 (Charities SORP (FRS 102)).

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The Charity's functional and presentational currency is GBP and the financial statement have been rounded to the nearest £.

Fund accounting
Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted funds are to be used in accordance with specific restrictions set out by the donor. See notes 17 and 18.

Incoming resources
All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amounts have been received. The following specific policies are applied to particular categories of income:

- Donations and fundraising income are recognised in the accounts as and when receivable. Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of the donation.
- Grant income is recognised in the accounts as and when receivable. Where entitlement occurs before income is received the income is accrued.
- Investment income is credited to income when it is receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest being paid or being payable by the bank.

Resources expended
Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Fundraising costs are those incurred in seeking voluntary contributions.
- Governance costs include those costs associated with meeting the constitutional requirements of the charity and include the accountants fees and costs linked to the strategic management of the charity.

Debtors
Trade and other debtors are recognised at the settlement amount after any trade discount offered.

Cash at Bank and in hand
Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Liabilities and provisions
Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received in advanced payments for the goods or services it must provide.

Financial instruments
The charity only has financial assets and financial liabilities that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and are subsequently measured at their settlement value.

Taxation
The charity is exempt from tax on income and gains of S256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to charitable objects. No UK corporation tax charges have arisen in the charity for the year ended 31 December 2025 due to the charity's charitable status.

Operating leases
Operating leases are recognised over the period of which the lease falls due.

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight line basis over the period of the lease.

Pensions

Defined contribution pension plan

The Charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Charity pays fixed contributions into a separate entity. Once the contributions have been paid, the Charity has no further payment obligations.

The contributions are recognised as an expense in the Statement of Financial Activities when they fall due. Amounts not paid are shown in accruals as a liability in the Balance Sheet. The assets of the plan are held separately from the Charity in independently administered funds.

Notes to the Financial Statements - continued
For the year ended 31 December 2025 (Unaudited)

2 INCOME FROM DONATIONS AND LEGACIES

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Donations	**31,773**	**250**	**32,023**	59,486	1,065	60,551
Gift Aid	**10,590**	**-**	**10,590**	13,369	**-**	13,369
Grants	**2,371**	**46,758**	**49,129**	-	25,318	25,318
	44,734	**47,008**	**91,742**	72,855	26,383	99,238

3 INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Fundraising	**105,039**	**-**	**105,039**	87,925	1,065	88,990

4 INVESTMENT INCOME

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Bank Interest Received	**5,637**	-	**5,637**	4,218	-	4,218

5 EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Fundraising costs	**15,236**	**-**	**15,236**	19,918	-	19,918

6 CHARITABLE ACTIVITIES COSTS

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Therapy costs, training and supplies	**10,129**	**6,081**	**16,210**	6,610	1,782	8,392

7 SUPPORT COSTS

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Telephone and fax	**6,449**	**756**	**7,205**	4,461	285	4,746
Wages	**113,574**	**18,970**	**132,544**	92,264	9,991	102,255
Subscriptions	**1,385**	**162**	**1,547**	992	66	1,058
Insurance	**765**	**90**	**855**	713	48	761
Office expenses	**4,677**	**548**	**5,225**	5,015	334	5,349
Sundry expenses	**5,975**	**702**	**6,677**	8,952	597	9,549
Premises expenses	**9,186**	**1,077**	**10,263**	8,212	548	8,760
Refurbishment costs	**1,325**	**155**	**1,480**	12,835	13,661	26,496
Marketing & Promotions	**4,409**	**517**	**4,926**	4,064	271	4,335
	147,745	**22,977**	**170,722**	137,508	25,801	163,309

All support costs relate to charitable activities.

8 GOVERNANCE COSTS

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Accountancy fees	**1,620**	**-**	**1,620**	1,560	**-**	1,560
Legal & professional fees	**3,602**	**-**	**3,602**	1,763	**-**	1,763
	5,222	**-**	**5,222**	3,323	**-**	3,323

9 FEES FOR THE EXAMINATION OF THE ACCOUNTS

	Total Y/E Dec-25 £	Total Y/E Dec-24 £
Independent examiner's fees	1,620	1,560

10 TRUSTEES' REMUNERATION AND BENEFITS

During the current and prior period, no Trustees received any remuneration.
During the current and prior period, no Trustees received any benefits in kind.
During the year £94 (2024: £225) of travelling expenses (2024: training costs) were reimbursed to one (2024: one) Trustee.

11 STAFF COSTS

	Total Y/E Dec-25 £	Total Y/E Dec-24 £
Salaries and wages	**126,153**	97,690
Social security costs	**2,909**	1,746
Pension	**3,482**	2,819
	132,544	102,255

The average number of employees during the period, calculated on the basis of full time equivalents, was as follows:

Administrative staff	**5**	5

No employee received emoluments of more than £60,000.

12 PENSION COMMITMENTS

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £3,482 (2024: £2,819).

13 RELATED PARTY TRANSACTIONS

During the period the Trustees did not consider there to be any related party transactions, other than the matters within note 10.

14 DEBTORS

	Total Y/E Dec-25 £	Total Y/E Dec-24 £
Other debtors	**13,201**	-
Prepayments and accrued income	**2,834**	2,965
	16,035	2,965

15 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Total Y/E Dec-25 £	Total Y/E Dec-24 £
Other creditors	**12,449**	14,985
Accrued expenses	**2,913**	2,584
	15,362	17,569

16 ANALYSIS OF NET ASSETS BETWEEN RESERVES

	Unrestricted Funds Y/E Dec-25 £	Restricted Funds Y/E Dec-25 £	Total Funds Y/E Dec-25 £	Unrestricted Funds Y/E Dec-24 £	Restricted Funds Y/E Dec-24 £	Total Funds Y/E Dec-24 £
Current assets	**173,463**	**19,255**	**192,718**	198,592	1,305	199,897
Current liabilities	**(15,362)**	**-**	**(15,362)**	(17,569)	-	(17,569)
	158,101	**19,255**	**177,356**	181,023	1,305	182,328

17 MOVEMENT IN FUNDS

	As at 1 January	Incoming resources	Outgoing resources	Transfers	As at 31 December
	£	£	£	£	£
Unrestricted funds	131,023	155,410	(178,332)	-	**108,101**
Designated funds	50,000	-	-	-	**50,000**
Restricted funds	1,305	47,008	(29,058)	-	**19,255**
Total funds	**182,328**	**202,418**	**(207,390)**	**-**	**177,356**

	As at 1 January 2024	Incoming resources	Outgoing resources	Transfers	As at 31 December 2024
	£	£	£	£	£
Unrestricted funds	113,384	164,998	(167,359)	20,000	**131,023**
Designated funds	70,000	-	-	(20,000)	**50,000**
Restricted funds	1,440	27,448	(27,583)	-	**1,305**
Total funds	**184,824**	**192,446**	**(194,942)**	**-**	**182,328**

Purpose of Designated Funds

The Trustees have designated funds of £30,000 for the future refurbishment and fit-out of new treatment rooms and meeting rooms at various locations and £20,000 for the set up of a new CRM system.

18 Restricted funds

	Greenham Grant	Newbury Cancer Care	Openworks	Burghfield Residents Association
	£	£	£	£
Balance at 1 January 2025	-	-	-	-
Incoming resources - grants	12,118	7,500	14,895	250
Outgoing resources - cost of charitable activities and support costs	(12,118)	(7,500)	-	-
Balance at 31 December 2025	-	-	14,895	250

Restricted funds (continued)

	FSP Foundation	The Earley Charity	Charvil Parish Council	The Berkshire Nurses RIST
	£	£	£	£
Balance at 1 January 2025	1,305	-	-	-
Incoming resources - grants	-	550	400	1,495
Outgoing resources - cost of	-	-	-	-
Balance at 31 December 2025	1,305	550	400	1,495

Restricted funds (continued)

	The Royal Berkshire Charity	Corinne Burton Memorial Trust	Total Restricted Funds
	£	£	£
Balance at 1 January 2025	-	-	1,305
Incoming resources - grants	5,000	4,800	47,008
Outgoing resources - cost of	(4,640)	(4,800)	(29,058)
Balance at 31 December 2025	360	-	19,255

19 OPERATING LEASE COMMITMENTS

At 31 December 2025 the total of the Charity's future minimum lease payments under non-cancellable operating lease was:

	Y/E Dec-25	Y/E Dec-24
	£	£
Amounts payable		
Within 1 year	**4,200**	4,200
Between 1 and 5 years	**10,850**	1,750
	15,050	5,950

My Cancer My Choices
Charity number: 1162165
(A Charitable Incorporated Organisation)

Report of the Independent Examiner to the Trustees of My Cancer My Choices

I report to the Trustees on my examination of the accounts of My Cancer My Choices (the Charity) for the year ended 31 December 2025 which are set out on pages 7 to 12.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charities Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by Section 130 of the Act; or
- the accounts did not accord with those records or:
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anthony Campbell FCA
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Second Floor
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RG6 1RB

Date: 9 October 2026