Community
Action on Dementia - Brent

Charitable Incorporated Organisation number 1160552

Trustees report
For the year ended 31 March 2026

Community Action on Dementia - Brent

Reference and administrative information

For the year ended 31 March 2026

CIO registration number: 1160552
Country of registration: England and Wales

Registered office and operational address: 60 Ashford Road, Cricklewood, London, NW2 6TU

Trustees: Trustees who served during the year and up to the date of this report were as follows:

Danny Maher - Chair
Dr Anthony Burch
Dianne Campbell
Angela Payne

Key staff:

Debbie Howe – Project Manager

Bankers:

Unity Trust Bank plc
PO Box 7193
Planetary Road
Willenhall
WV1 9DG

Independent Examiner:

Lawrence Johns Chartered Accountants
164 Field End Road
Eastcote
HA5 1RH

The Board of Trustees are pleased to present their Trustees' Annual Report and financial statements for the year ending 31 March 2026. The report and financial statements comply with the requirements of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS102 (effective 1 January 2019).

Corporate Structure
Community Action on Dementia – Brent is a Charitable Incorporated Organisation (CIO) limited by guarantee, registered as a Foundation charity on 18th February 2015. The CIO is established under a Constitution which established its objects and powers.

Board of Trustees
The operations of the CIO are governed by the Board of Trustees (The Board) whose members during the year are listed in the administrative details section above. The Trustees are responsible for overseeing the management of all the affairs of Community Action on Dementia – Brent. Induction and Training of New Trustees. The Trustees are appointed, elected or re-elected according to procedures set out in the Constitution. Trustee recruitment is conducted by the Board. An individual induction programme for each new Trustee is agreed and implemented, covering all aspects of the role and organisation. The Board seeks to ensure that all the activities of the organisation are within UK law and agreed charitable objectives. Its work includes setting strategic direction and agreeing financial plans. The Board meets in person or online at least four times a year for board meetings. Attendance at Board meetings is recorded and Trustees are expected to attend at least three a year.

Statement of Trustees' Responsibilities
The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practices). Charity Law requires the Trustees to prepare financial statements for each financial year.

In preparing these financial statements, the Trustees are required to:
- Select suitable accounting policies and then apply them consistently
- Observe the methods and the principles in the Charities SORP – Statement of Recommend Practice
- Make judgments and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions; to disclose with reasonable accuracy at any time the financial position of the charitable company; and to enable them to ensure that the financial statements comply with Charity law. The Trustees are also responsible for safeguarding the assets of the CIO and, hence, taking reasonable steps for the prevention and detection of fraud and other irregularities. We have complied with the charity governance code when considering the governance arrangements of the CIO. The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the CIOs website.

Organisational Structure
A non-hierarchal structure is conducive to achieving our aims. We aim to foster an open and honest culture and rely heavily on the contribution of our staff.

Remuneration Policy for the Staff Team
The board is responsible for agreeing and reviewing the remuneration of the Staff Team including new employees. The remuneration policy is reviewed annually, in line with the budget, with the board reserving the right to review their remuneration package more frequently if required.

Public Benefit
We have developed our strategic plans to ensure that we provide public benefit and achieve our objectives as set out in our governing document. The purpose and aims of the CIO are shown below. These objectives fall under the purposes defined by the Charities Act 2011. We have referred to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set.

Purpose and Aims
The objects of the CIO are for the public benefit and particularly but not exclusively for the public living within the London Borough of Brent:

(a) the advancement of health (including the relief of sickness), in particular but not limited to:
(i) providing support to persons living with dementia, their families and carers, including by providing advice, support and information;
(ii) making the views and experiences of persons living with dementia known to health and social care providers;
(iii) enabling persons living with dementia, their families and carers to have a voice in the development, delivery and equality of access to local health and care services and facilities; and
(iv) promoting and organising co-operation and bringing together members of the public, statutory authorities and healthcare professionals to better understand and serve the needs of persons living with dementia, their families and carers.

(b) the advancement of education, in particular but not limited to, providing information about dementia and other related problems arising from ageing, illness or disease.

Our Vision
A dementia-friendly borough of Brent.

Our Mission
Community Action on Dementia – Brent's mission is to support Brent's residents and businesses to create a dementia friendly borough which enables an improved wellbeing for people living with dementia. Our aims and objectives have been developed through conversations with those living with dementia, their families and carers representing the diverse communities of Brent.

Annual Report 2025/26

Over the past year, Community Action on Dementia – Brent's (CAD Brent) has continued to demonstrate that the Hubs Team is not only essential but transformative for the dementia community in Brent. Our strong and evolving partnership with Brent Memory Services has ensured a steady stream of referrals, enabling us to provide timely, compassionate, and practical support to families navigating the complexities of dementia care.

Introduction

2025 saw the 10th anniversary of CAD Brent and we marked the occasion in style with a talent show for our community. We had an array of talent from Bollywood dance to poetry and all those that took part did so with pride. The event brought together over 90 people from the 18 dementia cafes, reducing isolation and creating a strong sense of community.





De-Café Network

We have now increased our café network to 19 separate cafes opening weekly. These vibrant and diverse cafes offer an array of activities to our community. These activities include Tai Chi, Bollywood dance, yoga, chair exercise, arts and craft, bingo, quiz, singing and much more. The cafes are the heart of our community and as such we continue to source stimulating and engaging activities for the café guests.

Enrichment and educational activities such as:

- St John's Ambulance First Aid for carers (296 people trained)
- 1st Aid for Volunteers (50 volunteers trained)
- Safeguarding for volunteers (41 volunteers trained)
- LFB fire safety awareness (81 people attended)
- Scam awareness (142 attendees)
- Hydration and nutrition for your loved one (66 carers trained)
- Diabetes and Hypertension (83 people attended)
- Cognition and sensory workshops (96 attendees)
- Falls prevention (26 carers attended)
- Legal and financial planning sessions – (163 people attended)
- Bowel Cancer Screening awareness – (121 people attended)
- Green Doctor Energy efficiency workshops – (137 People attended)

- Quarterly community events with 80+ attendees
- Outreach from cultural institutions like The Royal Albert Hall, The Wallace Collection, The Royal Palaces, and more meaning people unable to travel to avenue can enjoy the session it the comfort of the de-cafs
- Dementia friendly outings to Buckingham Palace, The Royal Albert Hall, Kew Gardens and many more.



Information, Advice and Guidance (IAG)

The advice team continues to provide a specialist and tailored support service for PLWD and their families, which is unique in Brent. We encourage families to access this support in the café settings where they feel comfortable and supported.

- Over 300 new referrals received
- More than £400K raised in additional income for clients
- 74 advice workshops held in our café network

Social Activities and Creative Health

Our dementia choir launched in summer 2024 and has continued to grow and flourish. The choir meets weekly to rehearse and, over the past year, has been invited to perform at a number of venues, most recently at the Royal Hospital Chelsea and at the Harrow Dementia Hub launch event.

As we know, singing is incredibly powerful. For people living with dementia, including those who may be non-verbal, music can enable them to sing along to familiar songs, evoke treasured memories, and create a genuine sense of joy and wellbeing. Being part of the choir also gives members a strong sense of pride, purpose, and belonging.

Alongside the emotional and social benefits, singing can also provide important physical benefits, including helping to regulate breathing and support swallowing.



Songs of Joy Choir 2026

Our cafes network is vibrant and diverse and offers an array of activities that are culturally appropriate. These include dance, Tai Chi, Arts and Craft, bingo, singing and exercise.

We have recently launched our *Life Stories* project, a meaningful initiative designed to help People Living with Dementia (PLWD) record and celebrate their backgrounds, interests, and treasured memories.

Over the course of a six-week programme, a professional artist will work with participants to explore memories and personal experiences through art, providing a creative and supportive way for individuals to express themselves.

The project aims to help PLWD maintain their sense of identity, encourage positive reminiscence, and create lasting keepsakes that families can cherish for years to come.



Life Stories project 2026

We have built strong relationships with leading cultural venues to ensure our community continues to enjoy access to the arts. These partnerships include Kiln Theatre, Victoria and Albert Museum, Royal Albert Hall, Royal Hospital Chelsea, and many more.

Communication and Peer Support

Our active (300+ members) WhatsApp group continues to be an excellent tool for communication, peer support, and engagement amongst our community. It enables real-time updates, surveys, polls

and recruitment for events and training, while creating a community of support and camaraderie, giving carers of PLWD a lifeline.

May 2026

Financial Review
Details of our income and expenditure are set out in the Statement of Financial Activities (SOFA).

Incoming resources for the year were £55,892.11 with £46,430.41 carried forward from 2025 and total resources spent were £31,148 resulting in a net surplus of funds for the year of £59,698. As can be seen, the CIOs finances are stable as an accumulated Restricted fund balance of £17,435 and Unrestricted fund balance of £4,167 being carried forward to 2026/27. The principal source of income continues to be from projects undertaken for the CIO's objectives and are detailed in the SOFA.

Principal Funding Sources
Our principal sources of funding continue to be from small charitable trusts such as the LB Brent Edward Harvist Fund, Big Lottery for Mayor's weekend and Awards4All, Imperial Health Charity, Barchester Healthcare, Rathbone Inv (McLay dementia) and Action Funder for the DeCafs. and general donations.

Compliance with fundraising regulations
We use a mix of the services of a professional fundraiser and in-house fundraising resources, and all our fundraising activities are influenced by advice from the Fundraising Code of Practice as outlined by the Fundraising Regulator https://www.fundraisingregulator.org.uk/

We do not have any evidence of failure in complying with any standards of fundraising from either external or internal sources. Reports on fundraising activities are shared and discussed by Trustees of the CIO on a regular basis. All funding applications are submitted to official funding bodies only. We do not request funding from individuals.

Going Concern
The Board continues to monitor the activities and income of the CIO to ensure that it has sufficient funds to continue to operate. We have therefore continued to fundraise to ensure that we have sufficient funds to continue our core work with new grants from Awards for All for example. We are therefore confident that we can continue to raise funds in the future. We are also able to reduce expenditure, so that we can avoid significant annual deficits and live sustainably within our means.

Following the above, at the time of approving the financial statements, the trustees have a reasonable expectation based on cash flow and forecast that the CIO has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Trustees' Annual Risk Statement
A rigorous process for identifying risks and a clear risk management policy is central to meeting our obligations to clients, staff and donors.

Risk Management and Internal Controls
To be effective in our objectives and to meet our obligations to those who give us funding, we must identify and effectively manage risks, ensuring the risks we choose to accept are understood and the decisions assessed appropriately. The board regularly reviews and updates the organisation's Risk Register at all board meetings to ensure risks are identified and managed.

How we manage risk
The Trustees have created a framework for identifying, assessing and controlling risks. The Board of Trustees is responsible for overseeing risk management. Staff ensure the policies agreed by the Board are implemented. At Community Action on Dementia – Brent, we recognise we must balance the cost of risk mitigation against the cost of the risks themselves. We ask all employees, partners and volunteers to manage the risks within their areas of responsibility. Staff are kept up to date on the need to identify and monitor risks and report to the Project Manager and Board.

Key Risks
The key risks currently identified by the Board are:

- Data protection – we have a rolling training programme for staff and trustees
- Succession planning – to mitigate the risk the trustees have discussed and laid out a plan for any change in the staff team.
- Financial security - to mitigate the risk to the financial performance of "the CIO" the management accounts are reviewed regularly by the resources committee and "full board" and actions are taken to ensure expenditure does not exceed confirmed income and to ensure that we stay within our reserves policy.

Reserves Policy:
The trustees have reviewed the charity's requirements for free reserves in light of its operating model and risk profile. As a Charitable Incorporated Organisation (CIO) with no direct employees—staff salaries and administration being managed and funded in partnership with Ashford Place—and with minimal fixed overheads (primarily insurance and essential fundraising costs), the trustees have determined that maintaining a formal pool of free reserves is unnecessary. The charity operates a pass-through funding model where grants and donations are distributed directly to its dementia cafes rather than retained. Any minimal year-end balances are held solely for imminent disbursement to support carer sessions, leading the trustees to adopt a policy of maintaining a nil target for free reserves.

Plans for the future
The CAD Brent Team remain committed to growth, innovation, and co-production. We will continue to listen to our community, adapt to their needs, and deliver services that make a tangible difference in their lives.

Disclosure of information to Independent Examiner
Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the Independent Examiner is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor are aware of such information.

Independent Examiner
Lawrence Johns Chartered Accountants were reappointed Independent Examiner in the year.

Signed on behalf of the trustees



Danny Maher, Chair
Date: 10.06.26

CHARITY COMMISSION FOR ENGLAND AND WALES

Community Action on Dementia Brent	1160552

Receipts and payments accounts

CC16a

For the period from	Apr-25	To	Mar-26

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
LB Brent Edward Harvist	-	4,400	-	4,400	46,430
Big Lottery Mayor Weekend	-	1,380	-	1,380	-
Big Lottery Awards4All	-	15,725	-	15,725	-
Imperial College Healthcare	-	7,078	-	7,078	-
Barchester Healthcare	-	2,500	-	2,500	-
Rathbone Inv (McLay Dementia)		7,500	-	7,500	-
Action Funder (DeCafs)	-	10,000	-	10,000	-
General Income	7,309	-	-	7,309	-
***Sub total**(Gross income for AR)*	7,309	48,583	-	55,892	46,430
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,309	48,583	-	55,892	46,430
A3 Payments					
Rathbone (McLay)	-	4,860	-	4,860	-
Action Funder		4,708	-	4,708	-
Big Lottery Mayor weekend		363	-	363	-
Big Lottery Awards4All		12,515		12,515	
Community Chest Grant 2025		5,750		5,750	
Barchester Healthcare		2,951		2,951	
General Expenditure	2,719	-	-	2,719	-
Service Charge & Insurance	258	-	-	258	-
Professional Fees & IT Support	8,498	-	-	8,498	-
Sub total	11,476	31,148	-	42,623	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	11,476	31,148	-	42,623	-
Net of receipts/(payments)	- 4,167	17,435	-	13,269	46,430
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 4,167	17,435	-	59,699	46,430

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Danny Maher	
AMPayne	Angela Payne	

External examiners report to follow.