Friendship at Home

Report of Trustees and Annual Accounts 2025







Friendship at Home

Befriending and Supporting Older People







Later Life Partnership NEL
Thriving in the third age.

Humber and North Yorkshire Health and Care Partnership

NHS
Humber and North Yorkshire
Integrated Care Board (ICB)

Charity registration number: 1160062

FRIENDSHIP AT HOME
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2025

Friendship At Home
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Friendship At Home
Reference and Administrative Details
For The Year Ended 31 December 2025

Trustees	M Bateson K Green N Judah A Maggs MBE R Oxby J Rigby M Swales R Walsh (resigned 30/07/2025)
Chief Executive Officer	Lyse Stephenson
Operational Manager/Over 75's Project Co-ordinator	Amanda Sparkes
Charity Number	1160062
Principal Address	6-7 Aspen Court Cleethorpes North East Lincolnshire DN35 0SJ
Independent Examiner	Andrew Smith FCCA A G Smith & Co Ltd Chartered Certified Accountants Unit 8 Laceby Busines Park Laceby Grimsby North East Lincolnshire DN37 7DP

Friendship At Home
Trustees' Report For The Year Ended 31 December 2025

The trustees present their report and the financial statements for the year ended 31 December 2025.

Objectives and Activities

Aims and Objectives

Aims

- To reduce social isolation and loneliness.
- To improve health and wellbeing.
- To improve quality of life.
- To support older people in maintaining their independence.
- To grow and strengthen our charity and its services through an innovative approach which meets the needs of older people and the communities in which we work.
- To work in partnership with all sectors to continuously improve the quality and efficiency of our services to become outstanding and a beacon service.
- To retain, reward, strengthen, motivate and support a high-quality workforce.

Objectives

- Provision of activities for 1800 older people including hospital discharge support.
- Ensure 120 older people are supported through our one-to-one befriending sessions.
- Provide digital support to 40 members.
- Deliver social and exercise activities to 350 members.
- Establish 2 new social groups.
- Engage with at least 2 minority groups.
- Recruit 40 new volunteers a year.
- Service delivered by 120 volunteers.

Significant Activities

Our Current Services

Friendship at Home offers many different services and activities, and our current services offerings including the following:

One-to-One Befriending - A regular home visit from a volunteer for those unable to get out and about.

Telephone Befriending - A regular telephone call from a volunteer for a friendly chat.

Pawsitive Friendship Dogs - A regular home visit from a volunteer and their furry friend.

Get Up, Get Dressed, Get Moving – Helping patients at Diana, Princess of Wales Hospital to aid their recovery by assisting with gentle exercises and providing social & mental stimulation.

Hospital Discharge Support – providing transport to return.home from hospital following discharge and support to regain independence at home.

Wellbeing Check - If you are feeling worried or need help and advice, we can provide a full wellbeing check to identify your needs and sign post to the correct services.

Social & Exercise Clubs - With a variety of 15 weekly social and exercise groups or activities, plus 2 monthly groups, (including Saturdays) there is something for everyone to get involved in.

IT Support / Tablet Loan - For those who need support to get online & using technology.

NEW Community Support Prevention Service - Providing short-term support (up to 4 weeks) to help achieve goals for adults (18+) who require low level intervention.

Public Benefit

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Achievements and Performance

Main Achievements

This past year has been one of continued growth, development, and strengthened community support across all Friendship at Home projects. Every service we deliver— befriending, Pawsitive friendship dogs, social clubs, digital inclusion, wellbeing checks, get up get dress get moving, hospital discharge support —directly contributes to our charity's aims to reduce social isolation and loneliness, improve health and wellbeing, support independence, and enhance quality of life for older people across North East Lincolnshire. We have also continued to strengthen our charity through innovative approaches, partnership working, and a committed workforce, reflecting our aim to grow and strengthen our services and work in partnership with all sectors to deliver outstanding support.

Hopsital Discharge Service & Get Up, Get Dressed, Get Moving

An Integrated Approach to Hospital Care & Reablement

At Friendship at Home, we recognise that an older person's journey back to health does not begin at the hospital exit—nor does it end there. Over the past year, our strategic partnership embedded within the Health and Social Care Authority has allowed us to deliver a seamless, dual-phase care pathway that supports adults both on the hospital ward and during their critical transition back into the community.

Phase 1: On the Ward – Combating Deconditioning

Hospital 'deconditioning'—the rapid loss of physical strength and mental confidence during prolonged bed rest—is a recognised crisis within the healthcare environment. To proactively address this, our Get Up, Get Dressed, Get Moving project provides vital intervention right at the bedside. Our dedicated team provide the social contact, gentle exercise stimulation, and essential motivation needed to keep patients active. By encouraging individuals to maintain daily routines and stay moving, we help preserve their physical function and foster the positive mindset crucial for a successful recovery.

Phase 2: Heading Home – The Hospital Discharge Service

Once a patient is medically fit for discharge, our Hospital Discharge Service takes over to manage the fragile transition from hospital to home. Navigating this milestone can be a deeply anxious time for older adults, particularly those who live alone or have reduced mobility.

Our team steps in to ensure that the individual returns to a safe, warm, and fully supported environment. By putting tailored practical assistance and immediate reassurance in place, we ease the initial anxieties of returning home. This targeted support significantly accelerates long-term recovery, safeguards individual independence, and provides a robust safety net that prevents unnecessary hospital readmissions.

100% of patients say FAH have enabled them to resettle after a hospital stay.
99% of patients say they felt more confident about their home.
100% of patients say FaH have supported them to regain their independence.

Over the past year, the Hospital Discharge Service experienced unprecedented demand, solidifying its position as an indispensable asset to the local healthcare infrastructure. By acting as a critical bridge between clinical environments and independent living, the service has successfully mitigated the pressures facing acute care settings while safeguarding the dignity of transitioning patients.

The service has seen an extraordinary surge in utilisation, demonstrating the deep trust placed in our team by clinical practitioners.

- Annual Referral Surge: Total referrals scaled from 1,061 in 2024– 2025 to 1,547 in 2025–2026. This represents a monumental 46% increase in year-on-year demand.
- Monthly Volume: The service managed an average of 127 new referrals per month, reflecting a high-velocity operational pace. Our integration within acute settings is driven by two primary pathways, accounting for the vast majority of our monthly caseload:
- The Discharge Lounge: Generates an average of 47 referrals per month.
- The Hospital Discharge Team: Generates an average of 44 referrals per month.

While our framework allows us to step in and support any adult in crisis— with our youngest service user this year aged 18 and our oldest aged 104 —our data firmly underscores that our core impact remains centered on vulnerable older adults.

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Main Achievements - continued

The data highlights a significant concentration of support required by individuals in their late 70s and 80s, where the risk of readmission is traditionally highest.

A successful discharge requires far more than transit; it demands a holistic safety net to ensure the home environment is conducive to long-term recovery. Our team delivers a multi-faceted range of practical and clinical-support interventions to achieve this and during 2025 we carried out an amazing 3,110 interventions.

Annual Intervention Metrics (12-Month Average)

- 772 Wellbeing Checks: Conducted to monitor mental health, physical recovery, and combat post-discharge isolation.
- 484 Onward Referrals: Connecting individuals to long-term community support, social care, and specialised charity partners.
- 444 Medication Collections: Ensuring critical prescriptions are picked up and seamlessly managed upon arrival at home.
- 382 Transport Journeys: Providing safe, dignified, and reliable transportation from the ward back to the community.
- 281 Heating & Utilities Checks: Securing the home environment against seasonal vulnerabilities, directly preventing cold-related health declines.
- 224 Referrals to Carelink: Facilitated to provide 24/7 telecare emergency systems, mitigate home fall risks, and support independent living.
- 47 Benefit Checks: Delivered to maximize household income, secure unclaimed entitlements, and alleviate financial hardship.

The remarkable 46% year-on-year trajectory growth in our Hospital Discharge Service highlights a profound reality: Friendship at Home has evolved far beyond its traditional roots as a befriending charity. Today, we stand as an indispensable operational partner fully integrated into the NHS, local statutory frameworks, and the wider North East Lincolnshire health and social care economy.

Later Life Partnership – Million Pound Challange

Along with our partners Age UK and Carelink, we have far exceeded our initial, ambitious target of £1 Million Pounds in unclaimed benefits recovered for older people across our region. This milestone represents more than just a magnificent financial statistic; it represents warmth in the winter, food on the table, and the lifting of immense psychological stress for hundreds of local residents. By guiding individuals through complex application processes, we have injected vital funds directly back into the pockets of those who need it most, ensuring they receive the full statutory dignity they are entitled to.

Unlocking these funds does more than ease immediate financial strain— it is a cornerstone of preventative community care. When older adults can afford adequate heating, proper nutrition, and necessary home adjustments, their physical and mental health thrives. This directly reduces the strain on local social and NHS services, proving that financial empowerment is inextricably linked to health and independence. As we look toward the future, Friendship at Home remains committed to ensuring no older person in our community suffers in silence due to financial hardship.

Introducing our new Pawsitive Friendship Dogs

The Pawsitive Project brings our members together with carefully selected temperament-assessed therapy dogs and their volunteer owners. Many of our members told us how they miss having a dog, especially the love and affection they bring so we thought we would wave our wand and make it happen! We are very grateful to Wagg International for all their help and support in helping us prepare for this project and we certainly would not be able to do it without our wonderful dog owners who volunteer their time too.

This wonderful project is exceptionally valuable to our members because they provide companionship and emotional support. The dogs help reduce stress, anxiety, and feelings of loneliness and encourage physical activity through play and walking, which is beneficial for overall health. Our Pawsitive dogs offer a calming presence, allowing our members to feel more relaxed and secure and their non-judgmental nature helps build trust and confidence, making them ideal for those dealing with mental health problems. Additionally, interacting with our Pawsitive dogs can boost serotonin and dopamine levels, improving mood and reducing depression.

Befriending

Befriending remains at the heart of Friendship at Home's values and massively contributes towards our aim to reduce loneliness and improve quality of life for older people in NEL. This year our wonderful volunteers supported us to deliver our invaluable and much sought after befriending service to 250 older people:

- Volunteers have provided friendship and support to over 130 older people in their own homes on a weekly basis.
- Over 75 older people have received friendship and support over the telephone on a weekly basis
- Over 45 people have benefited from our short-term befriending service.

This exceeds our objective to ensure 120 older people are supported through one to one befriending sessions. We are incredibly proud to report that our members feedback has been overwhelmingly positive, with 100% of people reporting that they feel less lonely and more connected to their communities through this precious service.

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Main Achievements - continued

Our short term befriending has been instrumental in helping to alleviate pressure on waiting lists and ensuring members feel supported while awaiting a long term match with a volunteer and our telephone befriending service continues to meet the needs of those who prefer social contact without a face to face visit.

Social Clubs and Community Activities

Our social clubs continue to be a lifeline for many older people, directly delivering our aims to reduce social isolation, improve wellbeing, and enhance quality of life. Our members who attend weekly social groups often tell us that their weekly session is the highlight of their week and through the social groups they have widened their social networks, often meeting up outside the social club and nurturing friendships. Throughout 2025, we delivered 15 weekly clubs and 2 monthly groups, meeting and exceeding our objective and delivering 929 social club and exercise sessions.

In February, we proudly opened a brand-new weekly club: Penny's Knitwitts. This knitting and crocheting group, facilitated by our dedicated volunteer Penny, has provided members with a creative outlet while encouraging conversation and friendship. The group quickly became a valued addition to our weekly timetable.

In June, we launched the Saturday Social Club, which marked an important step in addressing loneliness among older people in our community. Although currently delivered monthly on a voluntary basis, the demand and identified need clearly support the case for expansion. With appropriate funding and resources, we aim to develop the club into a weekly service, ensuring that older individuals receive consistent support during weekends — a time when loneliness is often most acute.

Our members have also benefited from some wonderful activities this year, in total there has been 63 events including day trips, parties and events this year. These activities not only promote social connection but also support physical and emotional wellbeing. Highlights include The Titanic Exhibition, Bridlington and fabulous Christmas dinner and cabaret show at Yeadon Theatre in Leeds. Not forgetting our fantastic summer and Christmas party attended by almost 300 older people in total.

Volunteers

Friendship at Home's volunteers are at the very heart of everything we deliver. Their contribution is not simply an "added extra"; they are the foundation that allows us to thrive. Their dedication ensures older people across the community feel seen, supported, and part of something meaningful — and our organisation simply could not achieve its mission without them! Volunteers enable Friendship at Home to remain a warm, community driven service where older adults feel valued, listened to, and connected.

Throughout the year, 57 new volunteers have joined our charity, bringing the total to 134 active volunteers across befriending, driving, social clubs, digital support, and specialist roles such as Pawsitive Befriending. This supersedes our objective target of recruiting 40 new volunteers each year and maintaining a volunteer workforce of around 120 people.

Without this strong volunteer base, many of Friendship at Home's core services simply could not operate at the scale they do and we are incredibly humbled to report that this year they gave a staggering 24,740 hours to support us.

Volunteers deliver one to one befriending to at least 120 older people, providing companionship to those who may otherwise have little or no social contact. They support 15 weekly social clubs and 2 monthly groups, helping more than 350 members stay active, connected, and engaged.

Volunteers also play a crucial role in the Over 75's Wellbeing Checks, offering peer based support that helps older adults feel comfortable discussing their needs and concerns. However, their impact goes far beyond numbers; volunteers bring warmth, patience, and genuine human connection — qualities that cannot be replicated by formal services alone. They help reduce loneliness, improve wellbeing, and support independence. Many members describe their volunteer visitors as 'true friends, vital lifelines and the highlight of their week'.

Many of our volunteers consistently tell us how volunteering gives them purpose, routine, and a renewed sense of belonging. For some, volunteering replaces the social contact they lost when leaving the workplace; for others, it provides a meaningful way to stay active and connected within their community. Furthermore, our volunteers often say that giving back helps them feel valued, improves their confidence, and supports their own wellbeing — proving that volunteering is not only vital for our members, but deeply enriching for those who give their time.

Digital Inclusion

The Tablet Loan Scheme has continued to be a valuable source of support for older people across North East Lincolnshire, offering members the opportunity to explore digital technology in a way that feels safe, accessible, and tailored to their individual needs. Many of the people we work with have had little experience with modern devices, and the scheme has allowed them to reconnect with everyday tasks such as online shopping, keeping in touch with family, and accessing information from the comfort of their own home.

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Main Achievements - continued

The tablets and digital support service has been accessed by over 80 adults and provides access to a wide range of online resources designed to promote independence and social connection. Members can take part in our chair based exercise sessions from home, which not only encourages gentle physical activity but also supports emotional wellbeing.

These sessions can be joined at a time that suits the individual, offering flexibility and reassurance, especially for those who may feel anxious about attending group activities in person.

Learning the digital world can be challenging for some of our members and our home support visits help them build confidence and learn how to use the tablet effectively. We have found that this personalised approach makes a significant difference, helping members feel empowered, capable, and more connected to the modern age.

Over 75's Wellbeing Checks

The Over 75s Wellbeing Project continues to be a vital lifeline for older adults across North East Lincolnshire, offering reassurance, guidance, and practical support at a time when navigating services can feel overwhelming. Over the past year, the project has adapted to meet the demands of an ever changing landscape, ensuring older people remain connected, informed, and able to keep pace with changes in health, social care, technology, and community support.

In 2025 the project received 220 wellbeing referrals, identified 1,153 concerns, and made 356 referrals to partner services. Outcomes remain extremely positive, with 95% reporting improved wellbeing, 100% feeling better informed, and 100% willing to recommend the service to others. These results highlight the project's continued effectiveness in improving confidence, independence, and overall quality of life.

At the centre of this work is the wellbeing worker, who provides clarity and continuity for individuals who often feel lost within complex systems. Many older adults are referred to multiple agencies at once, each with its own processes and expectations. Our approach of "walking alongside" individuals ensures they feel supported, listened to, and empowered to make informed decisions. Strong partnership working with health professionals, voluntary organisations, and community groups ensures people receive timely, appropriate help.

Promotion of the service has been extensive, with stands, presentations, and outreach delivered across more than 30 community and healthcare settings, helping raise awareness and encourage early access to preventative support. Volunteers have played a crucial role, offering peer to peer wellbeing conversations that feel relaxed, meaningful, and empowering.

Common themes we have supported people with include social isolation, long term health conditions, transport barriers, digital exclusion, and mental health challenges. Through personalised assessments, practical support, and strong community connections, the project continues to reduce loneliness, improve wellbeing, and help older adults remain independent for longer.

Project Challenges

As our services continue to grow, several challenges have emerged:

- Rising demand, particularly during winter months
- Increasing complexity of members' needs
- Digital exclusion and confidence barriers
- Volunteer availability and capacity

Transport and mobility issues affecting attendance at social events.

Despite these challenges, the team remains committed to adapting and ensuring people receive the support they need, reflecting our aim to continuously improve the quality and efficiency of our services.

The difference we make

95% of members say that they feel a reduction in loneliness since receiving our services.
94% of members say their social interactions have increased.
93% of members say their health and wellbeing has improved.
265 Members received befriending visits/calls
929 Social club and exercise sessions.
63 Day Trips, Parties and Special Events
25740 Hours – The number of hours given by our volunteers to reduce loneliness and social isolation.
Which in turn provides over £314,285.40 worth of staffing value to Friendship At Home annually.
89% of Volunteers say that they have gained new skills.
92% of Volunteers say that volunteering has increased their confidence.

Future Plans

Next year is going to be very exciting as it marks our 20 year anniversary so we have some great ideas including a better than ever Christmas and summer party and lots more to look forward to.

Looking ahead, some of our future priorities also include:

- Expanding the Saturday Social Club into a weekly service
- Strengthening integration between Home from Hospital and GUGDGM
- Developing and broadening the Digital service
- Enhancing volunteer engagement and training
- Continuing to develop social groups to meet changing needs
- Strengthening partnerships with health and social care
- Ensuring all services remain person centred, accessible, and responsive.

These plans directly support our aims to grow and strengthen Friendship at Home, work in partnership, and deliver outstanding services.

We are excited about the year ahead and remain passionate about delivering high quality support that makes a genuine difference to the lives of older people across our community on a daily basis.

Financial Review

Financial Position

Our primary funding source currently comes from the NHS Humber and North Yorkshire Integrated Care Board (HNY ICB) & North East Lincolnshire Council. Historically, grants from foundations and trusts have played a significant role in supporting our organisation. Additional income streams include donations and funds raised through activities such as club fees and fundraising events.

Throughout the past year, we have successfully developed strong partnerships with the local authority while working on the Million Pound Challenge Project for the LLP. We are optimistic that this collaboration will continue to thrive and strengthen, creating further opportunities for the LLP and benefiting the community as a whole.

The Trustees are pleased with the financial performance and prudent management of Friendship at Home's funds, resulting in a net income of £70,975.

Reserves Policy

In January 2019, the Trustees agreed upon a formal policy on general reserves, which aims to identify and allocate assets to cover potential adverse financial contingencies. The reserve fund for Friendship at Home is intended to address the following:

- Orderly closure of the organisation, if necessary
- Ensuring operational continuity during periods of financial difficulty
- Acquisition of new office premises and associated relocation expenses
- An orderly closure entails ceasing operations, managing staff redundancies, and fulfilling
- contractual obligations to suppliers, necessitating funds to cover three months of salary and related payments.
- To ensure the charity can continue operating despite funding delays, the policy designates a general reserve to cover such contingencies.
- As recommended by the Charity Commission, the Trustees aim to maintain unrestricted free reserves at a level equivalent to approximately three months of unrestricted charitable expenditure, in addition to reasonable closure costs of about three months, to allow for appropriate service cessation considering the vulnerability of our client group.

As of 31st December 2025, the unrestricted funds balance was £237,217 with £138,368 specifically allocated for shutdown costs.

Structure, Governance and Management

Governing Document

Friendship at Home is a Charitable Incorporated Organisation and governed by its Constitution. It is registered as a CIO with the Charity Commission. The Constitution was updated in 2014 and amended in 2022 to include 'working with people under 60 that may be isolated'.

Trustee Selection Methods

The Board of Trustees meet at least 4 times per year and are responsible for governing the affairs of the charity.

The Board agree the broad strategy and direction of the charity to ensure the organisation fulfils its objectives. The CEO reports on all areas of risks, financial and non-financial, that could threaten the viability, reputation or operational efficiency of the organisation. It takes overall responsibility for ensuring that the financial, legal and contractual obligations of the charity are met and that there are satisfactory systems and controls in place to ensure quality, continuous improvements and regular engagement for stakeholders.

The CEO and Chair maintain regular contact in order to discuss strategy and communications and to ensure the Board is fully advised of any major achievements, incidents or risk issues.

Day-to-day decision-making is delegated to the CEO who delegates specific responsibilities to senior managers/project leaders as appropriate. The Board receive regular quality, performance and finance reports from the manager.

Eligibility-Membership of the CIO is open to anyone who is interested in furthering its purposes, and who, by applying for membership, has indicated his or her agreement to become a member and acceptance of the duty of members set out in the Constitution.
Trustee candidates are selected through a rigorous process involving advertising/using NEL Sector Support Services, interview, DBS and references.

The Chair and Trustees are elected at the charity's AGM and serve for three years from the date of their election and are eligible for re-election. All Trustees give their time voluntarily and receive no benefits from the charity. Following the appointment of Trustees, they attend an induction meeting with the Chair where they are briefed on their legal obligations under charity and company law and constitution, the decision-making process and recent financial performance of the charity. Opportunities are provided for them to meet with staff memers to familiarise themselves with the day-to-day operation of the Charity. Trustees are encouraged to attend appropriate external training events where these will facilitate their role. The Board can co-opt during the year to ensure the Board has a full range of skills and experience to fulfil trustee responsibilities and organisational requirements.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

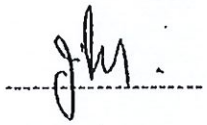
The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at anytime the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' report was approved by the board of trustees and signed on its behalf by:



J Rigby

Trustee
Date 7.9.26

Friendship At Home
Independent Examiner's Report to the Trustees of Friendship At Home
For The Year Ended 31 December 2025

I report to the trustees on my examination of the accounts of Friendship At Home (the Trust) for the year ended 31 December 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

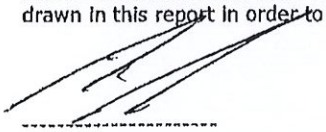
Independent Examiner's Statement

Since the Trust's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Smith FCCA

Date 16.09.26
Unit 8 Laceby Busines Park
Laceby
Grimsby
North East Lincolnshire
DN37 7DP

Friendship At Home
Statement of Financial Activities
For The Year Ended 31 December 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	4	12,635	-	12,635	11,736
Charitable activities	5	55,023	372,457	427,480	366,312
Other trading activities	6	4,278	-	4,278	2,480
Investments	7	2,286	-	2,286	2,637
		74,222	372,457	446,679	383,165
EXPENDITURE ON:					
Raising funds	8	(46)	(8)	(54)	(27)
Charitable activities	8	(48,030)	(327,620)	(375,650)	(346,854)
		(48,076)	(327,628)	(375,704)	(346,881)
NET INCOME		26,146	44,829	70,975	36,284
NET MOVEMENT IN FUNDS		26,146	44,829	70,975	36,284
RECONCILIATION OF FUNDS:					
Total funds brought forward		211,071	133,891	344,962	308,678
TOTAL FUNDS CARRIED FORWARD	17	237,217	178,720	415,937	344,962

The notes on pages 13 to 20 form part of these financial statements.

Friendship At Home
Comparative Statement of Financial Activities
For The Year Ended 31 December 2025

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	4	11,736	-	11,736
Charitable activities	5	44,395	321,917	366,312
Other trading activities	6	2,480	-	2,480
Investments	7	2,637	-	2,637
		61,248	321,917	383,165
EXPENDITURE ON:				
Raising funds	8	(27)	-	(27)
Charitable activities	8	(55,711)	(291,143)	(346,854)
		(55,738)	(291,143)	(346,881)
NET INCOME		5,510	30,774	36,284
Transfers between funds	17	5,574	(5,574)	-
NET MOVEMENT IN FUNDS		11,084	25,200	36,284
RECONCILIATION OF FUNDS:				
Total funds brought forward		199,987	108,691	308,678
TOTAL FUNDS CARRIED FORWARD	17	211,071	133,891	344,962

The notes on pages 13 to 20 form part of these financial statements.

Friendship At Home
Statement of Financial Position
As At 31 December 2025

	Notes	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
		£	£	£	£
CURRENT ASSETS					
Debtors	14	-	11,588	11,588	1,996
Cash at bank and in hand		240,677	168,849	409,526	346,051
		240,677	180,437	421,114	348,047
Creditors: Amounts Falling Due Within One Year	15	(3,460)	(1,717)	(5,177)	(3,085)
NET CURRENT ASSETS (LIABILITIES)		237,217	178,720	415,937	344,962
TOTAL ASSETS LESS CURRENT LIABILITIES		237,217	178,720	415,937	344,962
NET ASSETS		237,217	178,720	415,937	344,962
FUNDS OF THE CHARITY					
Restricted Funds				178,720	133,891
Unrestricted Funds				237,217	211,071
TOTAL FUNDS	17			415,937	344,962

On behalf of the board

J Rigby

Trustee

Date 7.9.25.

The notes on pages 13 to 20 form part of these financial statements.

1. General Information

Friendship At Home is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1160062. The principal address is 6-7 Aspen Court, Cleethorpes, North East Lincolnshire, DN35 0SJ.

The Charity constitutes a public benefit entity as defined by FRS 102.

2. Statement of Compliance

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

3. Accounting Policies

3.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention.

The charity is a Public Benefit Entity as defined by FRS 102.

3.2. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3.3. Incoming Resources

Where income has related expenditure the icnome and related expenditure is reported gross in the SoFA.

Donations and Legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount of expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.

3.4. Resources Expended

Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objectives, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

3.5. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% reducing balance
Computer Equipment	33% straight line

3.6. Leasing and Hire Purchase Contracts

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities as incurred.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The agrregate benefit of incentives is recognised in a reduction of rental expense on a straight line basis.

3.7. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3.8. Taxation

The charity is exempt from tax as all its income is charitable and applied for charitable purposes.

3.9. Pensions

The charity operates a defined pension contribution scheme. A defined contribution scheme is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the Charity has no further payment obligations. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the Charity in independently administered funds.

3.10. Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discount due.

3.11. Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts.

4. Income from Donations and Legacies

	2025 Unrestricted funds £	2024 Unrestricted funds £
Donations and gifts	12,635	11,736

5. Income from Charitable Activities

	Unrestricted funds £	Restricted funds £	2025 Total funds £
Charitable Activities	49,448	-	49,448
Grants	5,575	124,016	129,591
Contracts	-	248,441	248,441
	55,023	372,457	427,480

	Unrestricted funds £	Restricted funds £	2024 Total funds £
Charitable Activities	43,896	-	43,896
Grants	499	166,897	167,396
Contracts	-	155,020	155,020
	44,395	321,917	366,312

6. Income from Other Trading Activities

	2025 Unrestricted funds £	2024 Unrestricted funds £
Fundraising events	4,278	2,480

7. Investment Income

	2025 Unrestricted funds £	2024 Unrestricted funds £
Bank interest receivable	2,286	2,637

8. Analysis of Expenditure

	Activities undertaken directly £	Support costs (see note 10) £	2025 Total £
Raising funds	54	-	54
Charitable Activities	250,543	125,107	375,650
	250,597	125,107	375,704

	Activities undertaken directly £	Grant funding of activities (see note 9) £	Support costs (see note 10) £	2024 Total £
Raising funds	27	-	-	27
Charitable Activities	235,698	7,650	103,506	346,854
	235,725	7,650	103,506	346,881

9. Grants Payable

	2025 Grants to Institutions	2024 Grants to Institutions
	£	£
Charitable Activities	-	7,650

Grants paid to Institutions, included above, are as follows:

	2025	2024
	£	£
Staying Well In Winter	-	7,650

10. Support Costs

	2025 Charitable Activities
	£
Employee costs	87,445
Premises expenses	9,462
General administration	28,200
	125,107

	2024 Charitable Activities
	£
Employee costs	79,597
Premises expenses	4,316
General administration	19,593
	103,506

11. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	1,022	1,022

12. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	293,340	231,442

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

Staff costs were made up as follows:

	2025	2024
	£	£
Salaries and wages	262,290	207,779
Social security costs	16,987	11,418
Pension costs	14,063	12,245
	293,340	231,442

13. Average Number of Employees

Average number of full time equivalent employees during the year was as follows:

	2025	2024
	Number	Number
Charitable Activities	8	8
Administration	1	1
	9	9

Average number of employees (headcount) during the year was as follows:

	2025	2024
Charitable Activities	10	9
Administration	2	2
	12	11

14. Debtors

	2025	2024
	£	£
Due within one year		
Trade debtors	10,113	12
Other debtors	1,475	1,984
	11,588	1,996

15. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	3,006	131
Other creditors	2,171	1,217
Accruals and deferred income	-	1,737
	5,177	3,085

16. Pension Commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £16,987 (2024: £11,418).

At the statement of financial position date contributions of £NIL were due to the fund and are included in creditors.

17. Movement in Funds

	As at 1 January 2025	Income	Expenditure	Transfers	As at 31 December 2025
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	74,990	74,222	(48,076)	(2,287)	98,849
Designated:					
Shutdown Costs	136,081	-	-	2,287	138,368
Total unrestricted funds	211,071	74,222	(48,076)	-	237,217
Restricted funds					
Million Pound Challenge	20,526	62,516	(73,794)	-	9,248
NELC Main Service	(326)	75,000	(79,229)	-	(4,555)
Humber & North Yorkshire HCP - Hospital Discharge	49,806	112,495	(93,576)	-	68,725
NELC - Over 75's	44,178	40,000	(32,035)	-	52,143
NHY VSCE Vaaccination Capacity	3,490	-	(1,763)	-	1,727
ICB/NELC Staying Well in Winter	11,366	4,500	(15,866)	-	-
Power of Music Fund	2,656	2,000	(3,316)	-	1,340
Humber Gateway Fund RWE	2,195	-	(1,877)	-	318
Get Up, Get Dressed, Get Moving	-	60,946	(12,641)	-	48,305
Pawsitive Friends	-	15,000	(11,350)	-	3,650
Community Support Prevention Service	-	-	(2,181)	-	(2,181)
Total restricted funds	133,891	372,457	(327,628)	-	178,720
Total funds	344,962	446,679	(375,704)	-	415,937

	As at 1 January 2024	Income	Expenditure	Transfers	As at 31 December 2024
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	81,487	61,248	(55,738)	(12,007)	74,990
Designated:					
Shutdown Costs	118,500	-	-	17,581	136,081
Total unrestricted funds	199,987	61,248	(55,738)	5,574	211,071
Restricted funds					
Lottery	1,118	-	-	(1,118)	-
Million Pound Challenge	25,349	40,000	(44,823)	-	20,526
NELC Main Service	7,076	75,000	(82,402)	-	(326)
Humber & North Yorkshire HCP - Hospital Discharge	26,272	80,020	(56,486)	-	49,806
NELC - Over 75's	14,834	40,500	(11,156)	-	44,178
Abbeyfields	29,586	-	(29,586)	-	-
Sports England	4,456	-	-	(4,456)	-
NHY VSCE Vaaccination Capacity	-	4,346	(856)	-	3,490
ICB/NELC Staying Well In Winter	-	76,631	(65,265)	-	11,366
Power of Music Fund	-	3,000	(344)	-	2,656
Humber Gateway Fund RWE	-	2,420	(225)	-	2,195
Total restricted funds	108,691	321,917	(291,143)	(5,574)	133,891
Total funds	308,678	383,165	(346,881)	-	344,962

Restricted Funds

Lottery	Grant to provide befriending and volunteer service.
Million Pound Challenge	Grant to provide short-term reintegration support.
NELC Main Service	Funding to provide social activities/befriending support/information and advice to existing and new members.
Humber and North Yorkshire HCP - Hospital Discharge	Funding to support patients being discharged from hospital.
NELC - Over 75's	Funding to provide a holistic wellbeing check service.
Abbeyfields	Grant to provide befriending service.
Sports England	Grant to provide exercise activities.
NHY VCSE Vaccination Capacity	Grant to support people to keep well over the winter period and promote the importance of accination including COVID/flu.
ICB/NELC Staying Well In Winter	Grant to provide focussed interventions that can help to prevent the need for urgent and emergency care.
Power of Music Fund	Grant to continue a weekly choir session for people with Dementia.
Humber Gatweway Fund RWE	Grant to provide an additional weekly choir session for peope with Dementia.

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Get Up, Get Dressed, Get Moving	Funding for a rehabilitation programme to help patients in hopsital stay active and mobile to prevent physical deconditioning and mental decline.
Pawsitive Friends	Funding for a companionship project where dogs and their owners visit vunerable people in their homes to improve their emotional wellbeing and aleviate loneliness.
Community Support Prevention Service	Funding for a short term intervention project providing up to 4 weeks of practical and emotional support to help vunerable adults gain independence and prevent hospital readmission.
Designated Funds	
Shutdown Costs	Costs set aside to shut down the Charity should funding be insufficient to continue.

18. **Transactions with Trustees**

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

19. **Related Party Disclosures**

Key management personnel (including directors) received compensation of £64,020 (2024: £63,165)

20. **Controlling Parties**

The charity is limited by guarantee and has no share capital, thus has no controlling party.

Friendship At Home
Detailed Statement of Financial Activities
For The Year Ended 31 December 2025

	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	12,635	11,736
	12,635	11,736
Charitable Activities:		
Charitable Activities		
Income from charitable activities	49,448	43,896
	49,448	43,896
Grants		
Grants	129,591	167,396
	129,591	167,396
Contracts		
Contracts	248,441	155,020
	248,441	155,020
Other trading activities		
Fundraising events	4,278	2,480
	4,278	2,480
Investments		
Bank interest receivable	2,286	2,637
	2,286	2,637
	446,679	383,165
EXPENDITURE ON:		
Raising funds		
Fundraising activities	(54)	(27)
	(54)	(27)
Charitable Activities:		
Charitable Activities		
Resources	(27,508)	(57,347)
Wages and salaries	(205,895)	(151,845)
Premises costs	(8,326)	(2,359)
Other expenses	(8,814)	(24,147)
Grants to institutions	-	(7,650)
Management & administration wages and salaries	(87,445)	(79,597)
Rent	(3,531)	(2,119)
Rates	(404)	(94)
Light and heat	(1,841)	(832)
Repairs and maintenance	(1,588)	(174)
Cleaning	(2,098)	(1,097)
Computer software, IT support and related costs	(8,434)	(5,711)

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Insurance	(1,420)	(237)
Printing and stationery	(3,055)	(2,008)
Information and publications	(225)	(120)
Postage and couriers	(1,335)	(1,085)
Telecommunications and data costs	(3,877)	(1,585)
Independent examiner's fees	(1,022)	(1,022)
Accountancy fees	(3,485)	(3,570)
Professional fees	(720)	-
Consultancy fees	(2,004)	(872)
Subscriptions	(152)	(175)
Bank charges	(376)	(366)
Sundry expenses	(2,095)	(2,842)
	(375,650)	(346,854)
	(375,704)	(346,881)
NET INCOME	70,975	36,284