Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	01	2025		31	12	2026

Section A Reference and administration details

Charity name InTouch Foundation

Other names charity is known by

Registered charity number (if any) 1158532

Charity's principal address

INTOUCH FOUNDATION	
241 Manningham Lane	
Bradford	
Postcode	**BD8 7ER**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zahir Ahmed			Zahir Ahmed (Treasurer)
2	Zafeer Mohammad			Zafeer Mohammad
3	M Khaqan Gondal			M Khaqan Gondal
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Mohammed Osman Gondal

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who have a firm belief in helping people in need, who regularly attend our events and functions organised by the charity and are willing to help in our broader community work.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charities aims and objectives and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting. This process will allow due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Induction & Training of trustees
Following appointment, new trustees are introduced to their new role and given copies of the constitution and a guide to the policies and procedures adopted by the charity. A number of publications by the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees' are aware of their responsibilities under the Charities act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity.

Risk Management
The trustees have assessed the risks the charity faces and have drawn a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees are satisfied that the systems are in place, or arrangements are in hand, to manage the risks that have been identified.

The structure
Governance guidance and strategic direction is all monitored and provided by the trustee board.

The operational activities are managed by our CEO Osman Gondal who report on activities directly to the board at monthly trustee meetings.

We have a large volunteer base who are actively involved within the charity. Inductions and training for all volunteers are carried out regularly along with continuous site risk assessments.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Charitable objects

The prevention or relief of poverty anywhere in the world by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

InTouch Foundation is a not for profit organisation and is a community based effort to address the plight of homeless men and women on the streets of Yorkshire and at times of need abroad. Our dual purpose is to bring attention to this plight and provide an organisation where volunteers can become directly involved in the preparation and feeding of the less fortunate that exist on the edge of our society.

Volunteers are an important resource for our work. Volunteers are involved in all parts of the organisation. All trustees regularly give their time freely. We encourage the wider community to become actively involved and give their time and to share their skills with others.

The organisation is run by volunteers, this includes the board, CEO, Management team and all volunteers.

Food Kitchen
Food is distributed weekly to those in need at our new centre in the heart of Bradford. The site is managed by our manager and who manage their own volunteer team. Currently we are operating one day and have plans to extend operations to other parts of Yorkshire. Providing meals to individuals from different faiths, races and backgrounds. We are operating from a fixed location we distribute hot food and food pack distribution throughout the Bradford district from this site

Community Kitchen
We continue our hot food distribution from our site. The number of service users are increasing weekly.

Voucher Scheme
Our voucher scheme for individuals and families living in poverty. This scheme is used as an emergency response to provide food vouchers for people who do not have access to funds and are living in poverty.

Referrals are made to InTouch Foundation by partner organisations via a referral scheme. InTouch Foundation will then provide a food voucher/ food packs sufficient to purchase food for an individual or family for approximately 5-7 days. Therefore, meeting our objective of relief of poverty.

Overseas
We continue to offer micro support economic support programmes, water well projects and are currently in discussion with overseas partner organisations to develop a hospital for those living in poverty.

Additional details of objectives and activities (Optional information)

The organisation is managed by volunteers. The programmes are also delivered by volunteers. We continue to operate without any paid staff.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

We continue at our current location and are distributing hot food weekly as well as supplying food packs to families in need. The funds to sustain this project have been collected through regular donations by businesses and individuals and online campaigns. The food sponsorship has ranged from a one of session to several weeks.

Our volunteer base remains steady with regular as well as ad-hoc volunteers supporting the projects. These volunteers have been involved in operational activities as well as being involved in fundraising activities.

InTouch Foundation this year focussed local food distribution.

Section E Financial review

Brief statement of the charity's policy on reserves	The trustees have reviewed the reserves of the charity. Our policy is to hold six months' operating costs for the mobile kitchen.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signature(s)		
Full name(s)	MAHAMED GARLE	ZAHIRA AHMED
Position (eg Secretary, Chair, etc)	TRUSTEE	TREASURER/ TRUSTEE
Date	30/10/2026	

Intouch Foundation (1158532)
Statement of Financial Activities
for the year ended 31 December 2025

	Notes	2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Unrestricted £	2024 Restricted £	2024 Total Funds £
Incoming resources							
Incoming resources from generated funds:	1						
General donations (Site)		4,434	-	4,434	7,699	-	7,699
Overseas Projects		-	1,753	1,753	-	-	-
Donation (Interest)		1,883	-	1,883	-	-	-
BMDC		35,012	-	35,012	-	28,502	28,502
Zakah		-	-	-	-	620	620
Grant		-	3,000	3,000	-	-	-
Total Income resources		**41,330**	**4,753**	**46,083**	**7,699**	**29,122**	**36,821**
Resources expended:							
Operational Costs		9,229	-	9,229	1,378	4,999	6,377
General donations		8,035	1,425	9,460	103	7,802	7,905
Crisis Award		5,400	-	5,400	-	500	500
Charitable goods		-	1,575	1,575	-	-	-
Overseas Projects		5,000	-	5,000	-	9,500	9,500
Event Costs		11,103	-	11,103	-	-	-
Consultants/Freelance		7,950	-	7,950	-	-	-
Total resources expended		**46,718**	**3,000**	**49,718**	**1,481**	**22,801**	**24,282**
Net movement in funds		**- 5,388**	**1,753**	**- 3,635**	**6,218**	**6,321**	**12,539**
Total funds brought forward	3	69,799	53,833	123,632	63,581	47,512	111,093
Total funds carried forward		**64,411**	**55,586**	**119,997**	**69,799**	**53,833**	**123,632**

Intouch Foundation (1158532)
Balance Sheet as at 31 December 2025

			2025		2024
Fixed assets:					
Tangible asset: Mobile kitchen 2014 (Van)			7,361		7,361
Tangible asset: Mini Bus 2016			5,640		5,640
less depreciation to date (25%)	2		13,001		13,001
			- 0		- 0
Current assets:					
Debtors		-		-	
Cash at Barclays Bank		119,997		123,632	
Total current asset		**119,997**		**123,632**	
Liabilites:					
Creditors falling due within one year		-		-	
Net current assets			119,997		123,632
Net assets			**119,997**		**123,632**
The funds of the charity:					
Balance brought forward		123,632		111,093	
Current years suplus		- 3,635		12,539	
Total charity funds			**119,997**		**123,632**

30/10/26

30/10/26

CamScanner

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Signature(s)		
Full name(s)	MAHAMED GARLE	ZAHIRA AHMED
Position (eg Secretary, Chair, etc)	TRUSTEE	TREASURER/ TRUSTEE
Date	30/10/2026	