Welcome to tastelifeUK

Annual Report

2025 - 2026

from Di Archer, CEO

Registered Charity 1158516

Changing the story of eating disorders

Eating disorders continue to threaten the mental and physical health of too many people. Affecting all ages and genders, the tastelife charity was created in 2014 to combat the challenge of eating disorders for both those directly affected, and family and friends. With the expanding additions of Prevention resources for young people and targeted training for all interested, our ground-breaking interventions are bringing hope and help to individuals, families and communities:



Recovery:

- 8 session Community Recovery Courses, online or face-to-face.
- Safe, non-judgmental spaces for learning and growing.
- Teaching, discussion, stories of recovery and tools for life.
- For those affected and those who care.

Prevention:

- 'Understanding eating disorders', preventative, factual resources.
- Suitable for young people in schools and youth groups.
- Early intervention, ready to roll.

Education:

- Accredited training to become a tastelife Course Leader.
- Bespoke training based on current education and great resources.
- Educational topics for general access, by those with lived experience.

Our priority this year, as always, was our focus on people, in line with our values - **Caring, Resourceful, Professional and Fun**.

The tastelife charity is changing the story of eating disorders for the better.
Welcome to our 2025-2026 report.

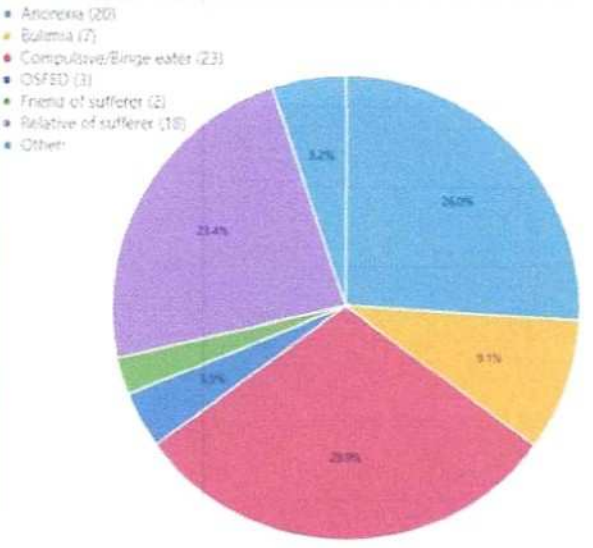


Executive summary

tastelife

Recovery	2025/26	2013-2026
Courses	7	259
Participants	75	2543
Friends/family	17	324
Male	6	176
NEW Tasters	5	83 tickets

2026 Pie Charts



Prevention

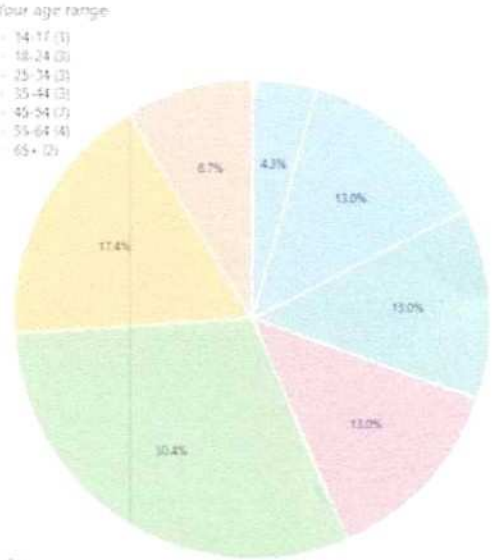
YOUTH TRACK

food feelings faith

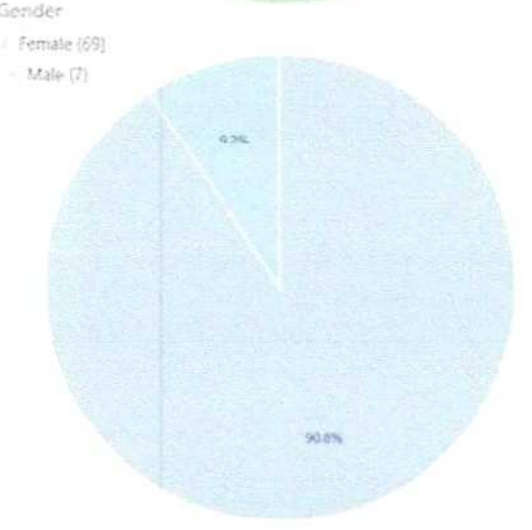
Number of children with access to Youth Track or Food, Feelings and Faith

2025-2026	Since 2019
3,200	**23,800**

100% of partipants surveyed agreed their understanding of eating disorders had improved after doing the course



Education	Resources for all 2025/26	
Online education	8 Lunchtime webinars	259 Tickets
Podcast	1 new series 6 episodes	695 Downloads
External teaching	4	70+ Attendees



The national challenge of eating disorders in England and Wales

The problem and the solution

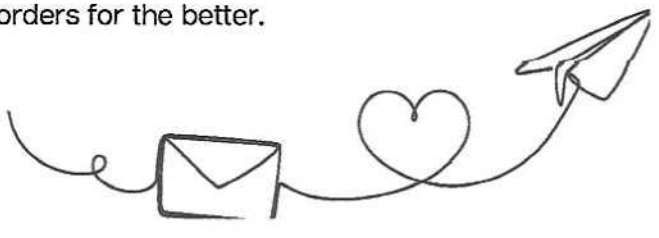
There is a **gap in care** for, and general public understanding of, eating disorders. Yet statistics from the National Audit of Eating Disorders in 2025 recorded an estimated **5.2 million people in the UK** affected. Despite increasing governmental recognition of Mental Health, and associated funding, targeted care remains patchy around the country. The focus remains necessarily on the severely ill, usually with anorexia nervosa; those with bulimia nervosa and binge eating disorder are not prioritised yet they constitute the highest numbers. As **eating disorders often have complex roots,** all effective help is welcome. However, a vast swathe of people do not qualify for statutory care, with estimates of those affected by eating disorders ranging up to 11% for young girls, and 10% for 48-year-old women; 25% of those directly affected overall are male - a growing statistic. Added to this, training for GPs is limited, and focused on pathways, re-feeding and weight restoration. our beloved NHS typically offers Talking Therapies for anorexia and depression, and hospitalisation if necessary. Anorexia Nervosa has the highest mortality rate of all mental health disorders. For binge eaters, the prevalence of weight loss drugs are also now impacting many, with benefits, potential hazards and unknown long term results.

As a **powerful, pertinent and timely response** to this eating disorder epidemic in the UK, tastelife trains volunteers to run a research-based, 8 session Community Recovery Course, online and face-to-face. This welcome, targeted resource has effective tools for support and recovery, for those affected *and* those who care, such as family and friends. It is non-threatening, educational and encourages a self-help approach that really works, creating a safe, learning environment for all to come together. Relevant for most life-stealing eating issues, **all material was accredited** by the University of Brighton Health Sciences, and endorsed by OCN, London. tastelife resources complement NHS and other statutory services and step into the gap in support and treatment for those affected. **86% of participants on our Recovery Course report significant progress in their recovery journey.** Our resources are not dependent on professional funding, but on the training of caring volunteers, who deliver this effective help in their local communities, and online. GP surgeries and caring agencies refer to tastelife; and participants may self-refer.

tastelife is also committed to the **Prevention of eating disorders**, through understanding and awareness, via its popular Youth Track for young people in schools and youth groups. This 3-session, adaptable resource is being used to educate and arm young people against developing eating disorders, and also as a first-response intervention tool.

Our **External Education programme** was launched in response to requests for education around eating disorders, for the many professionals and bodies who want to understand and respond well to those affected, whether in the workplace or community, home or friendship circle.

Together with the **growing tastelife team of volunteers and partners**, tastelife is offering the Community Recovery Course, Prevention and Education to communities and institutions across the country. These resources are changing the story of eating disorders for the better.



Recovery

The Community Recovery Course Hybrid - we have continued to offer our unique community course **both online and onsite, for those directly affected *and* supporters such as family and friends. 86% of those who attend make measurable progress.** GP surgeries, local eating disorder services and social prescribers continue to refer people to tastelife.

Over the last 12 months, the tastelife Community Recovery Course has grown from an effective but short term eight session course into a fuller Recovery Journey, one that walks alongside individuals from those first tentative steps, through deeper recovery work, into ongoing support, and for some, the opportunity to give back to others.

1. **Taster sessions:** A gentle introduction to tastelife, giving a flavour of what to expect, and offering a first step for those who may be unsure about committing to a full Course.
2. **Community Recovery Course:** The main structured Course, exploring the deeper emotional, practical, and psychological aspects of eating disorders, and beginning to build tools, understanding, and hope for recovery within a supportive group setting.
3. **tastelife Together:** Informal drop in sessions for former participants to stay connected. These have been launched to provide ongoing encouragement, a sense of community, and a space to continue practising new helpful behaviours.
4. **Giving back:** For those who feel ready, training to become a volunteer or Course leader. Supporting others can be a meaningful and strengthening part of the recovery journey.

tastelife Course Leaders

- April 2025 marked an internal reshuffle and the appointment of a **new Network and Training Lead**. This brought fresh energy and renewed momentum, creating a valuable opportunity to re engage and reinvigorate the leader network.
- Leaders remain tastelife's secret weapon, and over the past 12 months there has been a noticeable **increase in reactivation and involvement**. Engagement has grown not only through Course delivery, but also through wider opportunities to connect and contribute.
- **Communication** has been central to this progress. The new Lead has introduced monthly online gatherings for leaders, alongside regular Network newsletters and an annual online training event, The Summit. These consistent touchpoints have helped foster a stronger sense of community and shared purpose.
- This increased engagement was particularly evident in **two key events** this year: The Big Give in December 2025 and Eating Disorder Awareness Week in February 2026. Both initiatives saw the highest levels of leader participation to date, making them the most impactful we have delivered.

'I celebrate small wins and know that baby steps, which have helped me so far, will help me achieve full recovery in time!'

Course participant

Prevention - equipping young people through schools and youth groups

Prevention

Through our **Youth Track** and **Food, Feelings and Faith** resources, we continue to reach and educate young people and those who work with them on how eating disorders can be prevented.

Educating the Educators We work with teaching and pastoral staff in secondary schools to remove the fear of talking about eating disorders and we equip them with practical soloutions to support and signpost pupils and parents to appropriate, help as early as possible.

New Primary School Lessons We are developing a suite of lessons for Primary School years 3 to 6 designed to help children 'go back to basics' on the connection of food and emotional health. These lessons we hope will be completed in the Autumn term 2026.

Equipping Youth Leaders We deliver bespoke training to church staff and volunteers who work closely with teenagers and young people. We equip them with the confidence and tools to engage with children (and their parents) who they are concerned about. Early intervention is key to preventing eating disorders developing.

New Online Learning for Teenagers We are developing a range of short courses for teenagers to access online with a parent or carer. These educational, self-led modules will help participants improve their understanding and relationship with food and how this links with emotional health.

Digital and online resources for all

Webinars Our monthly webinars are reaching hundreds of people, many of whom return each month and go on to join one of our Recovery Courses.

Podcasts Our podcasts have been downloaded nearly **2000 times,** get great feedback, and cover topics essential to eating disorders in honest and informative ways by people with lived experience. We now use the recordings of our webinars on our new 'Bite Size' podcasts.



Social Media Our Instagram, Facebook and Tiktok accounts inform and encourage those interested in eating disorders, counteracting other unhelpful, misleading and frankly dangerous online content.

Radio The team continues to respond to requests for radio interviews on personal experience of eating disorders, and general information.

Online learning An eating disorders awareness module developed for Birmingham Diocese staff and volunteers; an example of our good relationships with church networks. We look to expand this to other dioceses in England.

Education - bespoke, external and training to run the Community Recovery Course

Education

- **New Recovery Course Leaders** This year we welcomed and trained 7 new leaders to facilitate the Community Recovery Course. They are supported by our Network Team, who offer full assistance via email, phone calls, evaluations and resources.
- **Education for all** Under the banner of our growing Education stream, tastelife has offered bespoke teaching about eating disorders to organisations and institutions. These include church leaders, online training for youth leaders, seminars at public summer conferences and national youth conferences. We also offer help and hope to all via our marketplace stands.
- **NHS** Extension of our contacts with NHS through awareness campaigns to Social Prescribers and NHS Eating Disorder Units. NHS staff number in our trained leader cohort; and our third highest stream of participants on the Recovery Course are referred from the NHS.
- **OCN London Accreditation** All our resources continued to be accredited this year.
- **External bespoke education** Our growing Education stream has offered Bespoke Training about eating disorders to organisations and institutions, both online and in person, including the United Reformed Church, Kintsugi Hope, Commerz Bank and the Be Me Project.
- **Campaigning** As part of the **All Party Parliamentary Group on Eating Disorders,** we have supported the Report calling for better treatment for eating disorders launched in the Houses of Parliament, and, together with other eating disorder organisations including BEAT, are members of the Taskforce created and led by the campaigner Hope Virgo in her Dump the Scales initiative.
- **Seminars and talks** for youth group leaders and young people, online and in person at youth and youth leader events.
- **Lunchtime webinars** We run free monthly lunchtime webinars to enable anyone interested to join during their lunch break and listen in to these podcast-style chats. We aim to cover a wide range of topics. This last year we have held webinars on Men and Eating Disorders, Siblings, Social Prescribers, Autism and Eating Disorders, Navigating Christmas, ARFID, Exercise Addiction and Eating Disorders. Some attendees go on to join a Community Recovery Course.
- We host information-and-help stands at **events and conferences** around the country and online.

Charity Sustainability

- **Marketing strategy** In January 2026, we began a consultancy process with external marketing consultant Sodium and Co to refine our messaging and clarify our offers.
- **Leaders' Day** Leading a Recovery Course is no small task, so our annual day for Leaders restores some of the balance, upskills the Leaders and gives space for networking.
- **Unity and Vision Day for staff team and trustees** Our annual autumn get-together in real time and space is encouraging, uplifting and enables planning together for the future.
- **Renewed content and updated systems** These are programmed in continuously to ensure a stable core to the charity's structures, stability, future proofing and growth.

Thank you to...

... our **incredible supporters, both personal and grants and trusts**. We literally would not be here without you. We are so grateful for all you give to help us help others. This year, we are delighted to highlight:

- Norman Whitely Trust
- Salamander Charitable Trust
- The Belstead Ganzoni Charitable Settlement
- G M C Trust
- E and D Cadbury Trust
- Baron Davenport Charity
- Chapman Trust
- DWF Foundation
- Barbara Ward Children's Foundation
- The Archer Trust
- William A Cadbury Trust
- Schrerer Foundation
- The Souter Charitable Trust

- Special gratitude to all who contributed to our **2025's most successful Big Give Christmas Campaign** to date, whether as pledgers to make the magic happen, or donors during the live Campaign week in December.



We are keen to extend the community-focused partnership opportunity that tastelife provides to as many relevant trusts and foundations as possible, and would like to see this aspect of our funding advancement grow in coming years.

Calling all businesses! If you have an ESG (formerly CSR) programme and would like to fund us tax efficiently or support tastelife with gifts-in-kind, please do get in touch.

Our aspirations for 26/27

We aim to...

- **Increase access to the tastelife Community Recovery Courses for those affected by eating disorders and those who care** both onsite and online, by increasing the number of Courses. We will do this by training 30 new leaders through our OCN accredited training; further develop the successful Course Hub delivery method, accessible to 50 people at once; and explore new avenues for effective publicity.
- Strengthen our new **tastelife Recovery Journey**, with wrap-around care for participants to include taster sessions and centrally-led follow-up groups.
- Strengthen our newly **widened support of all trained leaders**, by providing new ongoing resources and up-skilling opportunities, both in person and online; continue to **re-energise and expand the leader network**.
- Develop **stronger regional collaboration between leaders,** enabling regional teams to respond more proactively to local needs, engage with regional events, and create more opportunities for meaningful in-person connections.
- Expand the rollout of our **Preventative resources** to reach a further 5,000+ young people through the development of a new **e-learning version of Youth Track online**, hosted on our website and through live, online delivery.
- Strengthen and expand our **social media presence**, using compassionate messaging to challenge harmful narratives around eating disorders and promote healthy life choices. Use the third-party expertise engaged during 2026 to increase reach, impact, and engagement.
- **Create and launch our interactive portal of resources** via our website for all those interested in responding well to eating disorder issues, with an e-learning module for parents.
- Deliver regualr **bespoke training,** especially within the workplace environment, and in response to requests from organisations, aiming to increase understanding of eating disorders and help individuals and teams respond appropriately, compassionately, and confidently.
- Complete the new one-lesson-per-year version of the **Youth Track for primary schools.**
- **Continue research** with university teams into whether Chaplains in healthcare and pastoral settings feel equipped to respond well to eating disorders.
- Continue exploring **sustainable sources of financial support** through grants, regular giving, and the introduction of a **new legacy protocol and a tiered ticket system** for subsidised access to some resources, helping support the continued growth and expansion of our vision.
- **Expand our collaborative working** with other eating disorder charities, such as BEAT UK.
- Continue our **liaison with the NHS and CAMHS**: through referrals and links in communities where the tastelife course is running; through exploring opportunities for the tastelife Recovery Course to run alongside CAMHS services.
- Continue to host tastelife information-and-help stands at **events and conferences**.

Charity aims and objectives

As a registered charity that relies heavily on charitable donations, tastelifeUK will offer an expanding range of resources and services in the coming year, targeting where they are most needed, and adapting our service delivery to meet new opportunities. Our Charity Aims and Objectives, based on responding well to the eating disorder challenges, will be expressed thus:

- To provide resources for both those directly affected by eating disorder and those who carer, with the aim of empowering them with tools towards recovery, in the UK and worldwide, based on Christian values, and open to all.
- To work with and train professionals in related fields in order to encourage best practice in dealing with eating disorder sufferers and carers.
- To advance the education of the general public in relating to those with eating disorders; and their carers.
- To develop further resourcefulness in response to the issues around eating disorders.
- To systematically assess and evaluate the outcomes and success of our courses.

Team and trustees

The trustees who served during the year and to the date of approval were as follows:

Richard Mason - Chair
Zoe Mason - Youth and Social Media
Bob Dudley - Secretary (resigned 28/4/2025)
Joanne Hurst - Occupational Therapist, Clinical and Compliance Lead
Debbie Niblett
Peter Jackson - Treasurer
Sarah Watson
Jeffrey Cotterill (appointed 28/4/2025)
Cheryl Janette Shepherd (appointed 16/3/2026)

Trustees are inducted and trained in awareness of both trustee responsibility, and eating disorders where necessary. The trustees give valued support to the CEO, Administrator, Key Trainer, Network Lead and Network Administrator, Youth and Online Learning Lead, and Social Media Content Creator; and regularly revise and update the governance policies, including Risk, Safeguarding and GDPR. Our Safeguarding Lead has updated policies and training for team and trustees, plus included safeguarding training for our Course leaders, all of whom are DBS checked. We have signed up to the safeguarding service 31.8. The trustees are committed to ensuring that our services are effective.

Team and trustees

The Trustees have considered the requirements of Public Benefit as defined by the Charities Act 2011 (as amended), as follows:

- tastelifeUK's work is beneficial in a way that is identifiable and capable of being proved by evidence. It is not based on personal views and is externally accredited. We are careful to ensure that no detriment or harm results from our charitable purpose, whether to people, property of the environment. Our courses, resources and support benefit the public in general to the extent that mental health eating disorder sufferers are deemed a sufficient section of the public, as defined by our purpose and governing constitution. Our work does not give rise to any incidental personal benefit outside of the charitable objects of our work.

As part of their work throughout the year, the Trustees have continued to conduct reviews and make informed decisions in respect of the following, which is not exhaustive:

- **Financial controls,** to ensure all record keeping is timely, accurate and regularly reported upon, that fraud risk is minimised and good value for money obtained.
- **HR Management,** including specialist support for employment matters during the transition to a paid staff establishment.
- **Risk Management,** including updates to the risk register which shows key risks, likelihood and impact, and the steps taken by management in mitigation of these risks.
- **Statutory** (e.g. Safeguarding) and other key policies, to ensure they are up to date and implemented through effective procedures and ongoing staff and volunteer training.
- **We are committed to maintaining a modest level of reserve** to safeguard the future of the entity or, in the event of some catastrophe, to ensure timely and effective winding-up of the entity including any staff payments legally due and the settling of all outstanding bills.

Recruitment of Trustees

The Code of Conduct for the Voluntary and Community Sector includes the principle that 'trustees should have a diverse range of skills, experience and knowledge needed to run an organisation effectively' and that 'trustees should ensure that they received the necessary induction, training, and ongoing support they need to discharge their duties'.

The Trustees of tastelifeUK will ensure that there is a balanced representation of skills amongst the Trustees to help ensure that the operation of the charity operates in a professional and responsible manner. These skills include management, medical and finance.

Potential trustees are invited to attend a trustees meeting to gain an understanding of the day to day responsibilities and also meet separately with the Chair of Trustees to discuss suitability etc. Collectively, the trustees decide on whether to appoint a new trustee based on their experience and suitability and also provide support to the new appointee on an ongoing basis.

The Trustees are constantly seeking potential candidates from their contacts and professional people who are in the community that tastelifeUK works with.

Financial Review 12 months to 31st March 2026

tastelifeUK, commonly known as tastelife, is a Charitable Incorporated Organisation operating throughout England and Wales governed by a foundation constitution.

Trustees' Remuneration and Benefits
There were no trustees' remunerations and benefits for the years ended 31 March 2026, nor for the year ended 31 March 2025.

The principal office address of the charity is: Hales, Red Lane, Burton Green, Kenilworth, Warks, CV8 1PB.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts on a receipts and payments basis.

Volunteers
The charity makes use of volunteers. These contributions cannot be economically quantified and these services are therefore not recognised in the financial statements.

Staff Numbers
The charity employs a number of staff to develop programmes, manage courses and to provide expertise in eating disorder matters.
Average Monthly FTE equivalents are as follows:
12 months to 31 March 2024 3.2
12 months to 31 March 2025 2.4
12 months to 31 March 2026 2.9

Financial Review 12 months to 31st March 2026

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2026 vs 2025 Variance analysis

Review of key variances 12 months to 31 March 2026 vs 2025

12 Months ended 31st March	2026	2025	Var.		Comments
	£k	£k	£k	%	
Income					
Grants Received	32.0	93.6	(61.6)	(66)%	Reduced success in Fundraising ac vity in 2025/2026
Fundraising by Supporters	0.0	2.2	(2.2)	(100)%	No activity in 2025/2026
Regular Donations	17.2	17.6	(0.4)	(2)%	
One Off Donations	5.2	9.8	(4.6)	(47)%	
Course Income	4.4	12.9	(8.5)	(66)%	One off Course in 2024/2025
Youth Track Income	0.1	0.3	(0.2)	(67)%	
Training Income	1.5	0.9	0.6	67%	Increased Training in 2025/2026
Other Income	1.9	6.9	(5.0)	(72)%	Prior year includes £5k of grant for Interns
Big Give	75.8	64.5	11.3	18%	Increased Big Give acvity in 2025/2026
Gift aid	3.3	2.5	0.8	32%	Catch up from prior years in current year
Interest Income	1.7	2.1	(0.4)	(19)%	Related to rates and bank balances
Total Income	**143.1**	**213.3**	**(70.2)**	**(33)%**	
Expenditure					
Payroll Costs	112.7	95.3	(17.4)	(18)%	Addional headcount in 2025/2026.
Subcontractors	0.0	0.3	0.3	100%	No Subcontractors in 2025/2026
Employee Expenses	5.8	4.6	(1.2)	(26)%	Increased activity in 2025/2026
Advertising/PR/Promotion	1.0	1.3	0.3	23%	
Web Costs	3.1	5.6	2.5	45%	Development of Website in 2024/2025.
Course Costs	2.7	6.6	3.9	59%	Reduced costs in 2025/2026
Professional support	3.8	2.0	(1.8)	(90)%	External advise and support for CEO in 2025/2026
Youthtrack non staff costs	1.	1.	0.4	29%	
Training Expense	0	4	0.1	4%	
S/W Licenses	2.	2.	(0.9)	(24)%	
Event Expenses	5	6	(0.7)	(19)%	Addional event acvity in 2025/2026
Fundraising	4. 6.0	3. 10.7	4.7	44%	Reduced Fundraiser ac vity in 2025/2026
Misc Expense	4. 3.6	3. 4.4	(1.2)	(86)%	
Bank and Payment Charges	1.8	1.7	(0.1)	(6)%	
Governance	1.1	1.0	(0.1)		
Total Expenditure	**153.0**	**141.8**	**(11.2)**	(8)%	
Surplus/(Deficit)	**(9.9)**	**71.5**	**(81.4)**		

Reserves

Aftercareful consideration the Trustees have concluded that the charity should aim to have minimum reserves (adjusted for a provision for downsizing and contracted obligations) which are the equivalent of between 3 and 6 months of (budgeted/forecasted) expenditure.
In situations where reserves fall below the 3 month level the trustees will carefully monitor expenditure levels and where appropriate take action to ensure that the charity can meet its ongoing financial obligations.

The following chart summarises the reserves position as of 31st March:

Reserves

12Months ended 31st March	2026	2025
	£k	£k
Total Reserves	108.3	118.1
Add budgeted 3 months of recurring income	4.5	4.7
Deduct Grant income deferred to subsequent year	(14.9)	(26.3)
Deduct provision for committed expenditure and downsizing	(23.9)	(18.4)
Total available for subsequent 3 months	76.3	78.1
Budgeted expenditure for subsequent 3 months	37.2	40.1
Number of months	6.2	5.8

In order to arrive at the Reserve available for subsequent 3 months the reserves are adjusted by the following items:

- estimated recurring income from no grant sources;
- grant income received for identified purposes;
- grant income received which unless received for identified purposes is considered to be for the benefit of 12 months following receipt;
- possible restructuring costs.

Fundraising

The charity is dependent on the generous support of individuals, companies and grant making bodies. In order to ensure that the charity is sustainable and to provide a platform for extending our services we have retained the services of a professional fundraiser since January 2024.

tastelifeUK

Statement of Financial Activities
For the year ended 31st March 2026

	2025/26 £ Unrestricted Funds	2024/25 £ Unrestricted Funds
Income and Expenditure Receipts		
Incoming Resources		
Training CourseIncome	259	940
General Sales	1,935	6,972
Regular & One Off Donations	22,396	29,527
Gift Aid on above Donations	3,356	2,451
Big Give Donations	77,021	64,490
Non-restricted grants	26,500	82,599
Course Income	4,474	13,237
Schools Work - Youth Track Grants and Income	5,500	11,000
Interest Received	1,681	2,096
Total Incoming Resources	**143,122**	**213,312**
Expenses		
Resources expended		
Cost of CharitableActivities	113,844	101,672
Cost of Covid 19 activities	-	-
Fundraising	6,014	10,663
Cost of Governance Activities	1,325	1,230
Network Growth and Promotion	6,581	5,123
Resources and Training	2,963	3,352
Schools Work - Youth Track	22,237	19,776
Total Outgoing Resources	**152,964**	**141,816**
Net Movement in Funds	(9,842)	71,496
Funds Brought Forward	118,118	46,622
Funds Carried Forward	**108,276**	**118,118**

tastelifeUK

Statement of Financial Position as of 31st March	**2026 £ Unrestricted Funds**	**2025 £ Unrestricted Funds**
The Assets and Liabilities of the Charity		
Fixed Assets		
TangibleFixed assets	-	-
Investments	-	-
Total Fixed Assets	-	-
Current Assets		
Cashat bank	108,276	118,118
Debtors	-	-
Total Current Assets	**108,276**	**118,118**
Creditors		
Amountsduewithinone year	-	-
Net Current assets	**108,276**	**118,118**
Total Net Assets	**108,276**	**118,118**
Reserves		
Reserves	108,276	118,118
Unrestricted income funds	-	-
Total Charity Funds	**108,276**	**118,118**

Signed

Peter Jackson - Treasurer TastelifeUK
Date:

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	tastelifeUK		
On accounts for the year ended	31 March 2026	**Charity no (if any)**	1158516
Set out on pages	15-16		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2026.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: D. Rogers **Date:** 07-07-26

Name: David Rogers

Relevant professional qualification(s) or body (if any): FCA

Address:

Bernard Rogers & Co
Bank Gallery, High Street
Kenilworth, CV8 1LY

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.