CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2025 Period start date To 31/12/2025 Period end date

Charity name: STALHAM COMMUNITY GYM

Charity registration number: 1157745

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	**To provide a health, wellbeing and fitness service to residents of Stalham and surrounding area.**
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the	Para 1.17 and 1.19	**We provide a fully equipped gym facility where members receive instruction, guidance and support from qualified instructors to improve their health and fitness including relaxation classes and healthy eating advice.**
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public	Para 1.18	**The Trustees have had regard to the Charity Commission guidance on public benefit and have taken it into account when decision making.**

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	**We are extremely grateful for the time spent by volunteer members in pursuance of our objectives.**

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	**Stalham Community Gym provides superb facilities for a very reasonable membership fee. We offer quality fitness equipment and fitness classes with professional instruction. The gym is a safe and welcoming place and everyone is welcomed. Promotion of the gym in the local area has been particularly successful and membership numbers are increasing. We allow a local school to use our facilities for a small fee as part of their education. We receive regular feedback from members in relation to how the gym has made a positive impact on their wellbeing. We also welcome visitors to the area into the gym on a pay-as-you go basis.**

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	**We support yoga classes for relaxation and weekly circuit training classes.**
Performance of fundraising activities against objectives set	Para 1.41	**A variety of fundraising events have been held including quiz events; regular raffles; a Grand Christmas Raffle which was successfully £ for £ matched; promotional stalls/fund raising at regular Town fairs and events.**
Investment performance against objectives	Para 1.41	**Increased membership and successful fundraising has enabled us to set aside a reserve savings account which is providing some interest.**
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	**Financial position is healthy due to savings and increased income through membership and fundraising.**
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	**Reserve funds are held to ensure we are able to provide quality gym equipment which can unexpectedly need repairing/ replacing at high cost.**
Amount of reserves held	Para 1.22	**£18183.09**
Reasons for holding zero reserves	Para 1.22	**Not applicable.**
Details of fund materially in deficit	Para 1.24	**Not applicable.**
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	**No uncertainties.**

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	**Membership fees and fundraising. Our reserve fund was from a legacy payment.**
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	**Loss of membership income resulting in being unable to meet overheads.**
Other		

Structure, Governance and Management

Description of charity's		
Type of governing document (trust deed, royal charter)	Para 1.25	**Constitution adopted on 2nd March 2020.**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**Unincorporated association.**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more	Para 1.25	**Trustees were reappointed at the Annual General Meeting held in October 2025.**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Stalham Community Gym
Other name the charity uses	Not applicable.
Registered charity number	1157745
Charity's principal address	Stalham Community Gym, The Poppy Centre, Recreation Road, Stalham, Norfolk, NR12 9BH. Administration address - 34 Wilson Road, Stalham, Norfolk, NR12 9FL.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Helen Munford	Housekeeping		
2	Sarah Reyner	Secretary		
3	Lis Brooks	Publicity		
4	Alan Clements			
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable.		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable.		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable.
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable.

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable.

Other optional information

None.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	*Sarah Reyner*	
Full name(s)	Sarah	Reyner
Position (eg Secretary, Chair, etc)	Honorary Secretary	
Date	7th October 2026	

Stalham Community Gym
Year Ending 31st December 2025

INCOME		
Grants & Fundraising		£5,922.50
Membership Fees		£22,579.30
		£28,501.80
Less EXPENDITURE		
Hire of Hall	£ 5,950.00	
Salaries	£ 15,525.00	
Legal-DBS	£ -	
Telecom	£ 174.00	
Insurance	£ 1,146.38	
Publicity	£ 197.11	
Contactless Card Reader	£ -	
Stationery & Computer	£ 95.49	
Cleaning	£ 454.82	
First Aid Training	£ 55.00	
Fund Raising	£ 447.87	
Professional Subscription	£ 40.00	
Equipment& Gym Maintenance	£ 332.88	
Capital, Equip & Grants	£ 2,243.30	
		-£26,661.85
Bank Interest Received		£204.68
Income over Expenditure		**£2,044.63**

Community Bank Balance B/Fwd 01.01.2024	£ 18,527.55
Profit for the year	**£ 2,044.63**
	£ 20,572.18
	£ 20,572.18

Community Bank Balance C/Fwd 31.12.25	£ 2,639.53
Payments on Account	-£ 250.44
Savings Account as at 31.12.25	£ 18,183.09
	£ 20,572.18

Stalham Community Gym
Year Ending 31st December 2025

Stalham Community Gym
Year Ending 31st December 2025

Stalham Community Gym
Year Ending 31st December 2025

31st December 2025

Further to the records and information received, we are happy to confirm that they are true and in excellent order.

We therefore have no hesitation in signing off these accounts as a true and complete record of the financial situation of the Stalham Community Gym.

S. Tisshaw JP MICB CB Dip. PM Dip
Members of the Institute of Certified Bookkeepers

……S Tisshaw…… 27th August 2026

MARTIN TISSHAW ACCOUNTS LIMITED