Charity registration number 1156538 (England and Wales)

OXFORD HEAD INJURY SERVICES

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

OXFORD HEAD INJURY SERVICES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J Balinski	
	D Beresford-Green	
	R Mackman	
	M Jackson	
	P Gwynne	(Appointed 20 May 2025)
	D Boobyer	(Appointed 21 October 2025)
	M Thomas	(Appointed 16 September 2025)
	K Ford	(Appointed 2 December 2025)
	Dr R Lowe	(Resigned 2 September 2025)
	L Norton	(Resigned 14 September 2025)
Charity number (England and Wales)	1156538	
Independent examiner	Gravita Audit Oxford LLP First Floor, Park Central 40-41 Park End Street Oxford OX1 1JD	

OXFORD HEAD INJURY SERVICES

CONTENTS

	Page
Chairman's Statement	1 - 3
CEO's report	4 - 6
Impact report	7 - 18
Independent examiner's report	19
Statement of financial activities	20
Balance sheet	21
Notes to the financial statements	22 - 31

OXFORD HEAD INJURY SERVICES

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2026

I am so proud of the progress we have achieved this year – and yet there is still much more for Oxford Head Injury Services (OHIS) to do. There is clear evidence that demand, and complexity of support needed for acquired brain injury continues to grow across Oxfordshire and the country.

This year, we have significantly strengthened the professional, specialist services and care planning we offer by increasing access to occupational therapy, physiotherapy, speech and language coaching for our service users, and counselling support for those who need it, including carers and families. We have increased the number of people supported and extended opening hours at our Activity and Rehabilitation Centre and in their homes. This has been against a backdrop of challenging cost of living increases for everyone, along with financial pressures in NHS, social care and across the charity sector. So, I am pleased to report that by making our cost base as low as possible, and not recruiting to vacancies within the approved staffing structure, we have achieved a break-even budget. This is an improvement of over £120,000 on last year.

I am immensely grateful to Michelle our CEO for her leadership in such tough times, and to all staff and volunteers for their hard work, dedication and especially the way they approach our service users with the greatest understanding, patience and compassion.

Our Activity and Rehabilitation Centre (ARC), located in Kennington is a key facility to provide services and has a specialist gym, a café, and offers wide range of professional therapies and stimulating activities, including cooking, art and music. We regularly host carer events and facilitate social support and a sense of community. In the year ahead we want to raise money to construct an accessible building for new therapies.

Our mission remains steadfastly the same, although we have clarified the wording "to provide specialist, person-centred rehabilitation and support, that enables people affected by brain injury across Oxfordshire, to make meaningful improvements in their physical strength, cognitive recovery, emotional wellbeing, independence and sense of belonging". The feedback we receive is consistently positive and we have again produced an impact report showing the numbers and stories about the difference we make.

This year marked the half way of our strategic plan for 2024-2027 and I want to highlight the key successes and challenges we have faced moving towards these four goals over the last year:

- to extend and improve our service provision and reach

- to maximise the effective use of our resources

- to develop and strengthen our network of supporters and build on new and existing partnerships

- to achieve and maintain financial stability

I have already highlighted the improvements made to our service provision and it remains for us to establish ways to reach more brain injury survivors living in remote villages and the north of Oxfordshire, through online services, in community settings as well as outreach services to homes.

We want to continue to significantly increase referrals for our services from acute and community hospitals, specialist neuro units, adult social services, GPs, and other charities as well as self-referrals. We have the capacity to support even more people at our Rehabilitation Centre in Kennington. We are immensely proud of our longstanding relationship of trust and partnership working with Oxford University Hospitals and the Oxford Centre of Enablement and continue to look for ways to improve the support in A&E departments and the transition from hospital to home.

People are affected by brain injury in a variety of different ways, which makes it essential that care and support is tailored to individual needs and regular reviews are carried out with each service user and their carer. Some people will have physical weakness or suffer severe short term memory loss, or lose the ability to speak, read or write, or they may undergo a significant personality change.

CHAIRMAN'S STATEMENT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

In future our aim is to become a recognised Centre of Excellence, running education events for different groups to help increase understanding of the devastation brain injury has on life and relationships for individuals and their whole family. We will be undertaking research, promoting the use of technology, introducing leading edge equipment that can be used at home and helping families develop coping strategies.

Brain injury is not always a predictable or visible disability. It is hard to describe how much a person may recover and how long it will take – weeks, months or years. There are often unseen or unnoticed suffering, depression and fatigue. Financial hardship and lack of employment often make it hard for people to maintain hope and motivation to rebuild their lives. The impact of not offering long term brain injury rehabilitation services and support can include mental health issues, homelessness, family breakdown and hospital readmissions, creating a heavier burden on social care and the NHS. Therefore, the importance of raising awareness, collaborating with statutory bodies, and building partnerships with other providers and charities on joint projects and campaigns is greater than ever.

We will continue to adapt, improving our ways of working and making sure money is being spent in the most efficient way possible. Volunteering will be an important part of this strategy, and this year we have successfully offered supervised placements to students seeking to build their practise hours towards a professional qualification. We plan to extend the number and range of volunteering roles and opportunities to attract a wider audience, including people wanting to take on a challenge to raise funds, retired people looking to use their skills and experience, as well as offering local businesses a chance to sponsor and develop employees through volunteering.

However, to continue to maintain and develop our range of innovative services, next year we will still need to significantly increase income from fundraising. Therefore, we have invested in the appointment of a Fundraising Manager who will encourage staff and volunteers, beyond their day jobs, to participate in our own and third-party events. We will seek to diversify our income streams by developing stronger partnerships with local businesses, other agencies and legal firms, building our supporter base, raising awareness through education, organising community activities, and refocusing efforts on grant applications.

Not everything always goes to plan, and due to resourcing restrictions last year, we have had to postpone a number of fundraising ventures with local businesses and setting up a membership scheme for those supporters who would like to donate regularly. We were also unable to apply to as many trusts and foundations as we had hoped. We are determined that the year ahead will see us proposing worthwhile projects to potential funders, and quality engagement to new partners and all those that support our endeavours.

With local authority budgets under pressure, we rely heavily on donations from individuals, the community, legal and corporate partnerships and income from grants to meet the costs of high quality, professional services and continue to be deeply grateful to all our current partners, supporters and funders.

In 2025-26 we delivered a strong financial performance by keeping budgets on tight review all year. Our financial statement shows we increased income, and before depreciation, we made an overall surplus of £6,893 against a loss of £121,404, for the year 2024-25.

Total Income for this year was £475,378 (2025: £345,386)

Total expenditure for the year was £468,485 (2025: £581,621)

Income from Grants, Events & Donations of £66,180 (2025: £62,120)

Cash reserves at year end were £517,152 (2025: £510,294)

Michelle Koukoulis, previously our operations manager was promoted to take over as CEO, and she has generously fulfilled these two roles for over a year. Recognising this is not sustainable, we must ensure she has suitably experienced senior staff to support her. We have recruited a Fundraising Manager who joins in April of the next financial year, and will appoint a part-time Office Manager in the second quarter.

I am privileged to work with an excellent Board of Trustees who are completely committed to the charity and our cause, ensuring strong governance, risk management and reviewing policies for best practice. We have this year expanded our Board capabilities by recruiting into specialist skill areas. A warm welcome to our newest trustees, Paul Gwynne (business development), David Boobyer (legal), Mark Thomas (fundraising) and Koseen Ford (neuro consultant). Congratulations also go to our long serving Treasurer David Beresford-Green, who was appointed Vice Chair this year.

OXFORD HEAD INJURY SERVICES

CHAIRMAN'S STATEMENT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

As ever, my thanks also go to our staff, volunteers, trustees, supporters, funders, partners and statutory bodies. I look forward to another year of collaboration. Together, in different ways, we can make a huge difference to the lives of those affected by brain injury across Oxfordshire, by helping them to recover emotionally, cognitively and physically, and by rebuilding their confidence and enjoyment in daily life. We simply couldn't do our work without you.

J M Balinski

.....

Jane Balinski
Chair of Trustees

Date: 21 August 2026

OXFORD HEAD INJURY SERVICES

CHIEF EXECUTIVE OFFICER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2026

A Year of Growth, Strenght and Impact,

I stepped into the role of CEO in October, and I am incredibly proud to reflect on what has been a truly remarkable year for our charity.

Over the past 12 months, we have strengthened our network, built meaningful relationships across our community, and grown our team from 11 to 13 resolute members of staff.

The launch of our new website in July has helped us reach more people than ever before, increasing awareness and opening the door to new referrals and opportunities.

This year, we have focused on enhancing our specialist rehabilitation offer, ensuring that every individual we support receives the highest quality care possible. At the same time, we have worked hard to manage our finances responsibly, taking important steps to reduce previous deficits and move towards a more sustainable future.

Through all of this, one thing has remained constant, our commitment to those affected by brain injury.

Oxford Head Injury Services continues to be a trusted, compassionate presence for individuals and families navigating some of life's most challenging moments.

None of this would be possible without our incredible staff and volunteers. Their dedication, skill, and kindness are at the heart of everything we do. I am inspired by the way they show up every day with energy, creativity, and compassion. I feel incredibly privileged to lead such an exceptional group of people.

I would like to celebrate the support we receive from Andy Baker, one of our service users and the founder of Play2Give, reaching a total of £40,000 over the last 10 years. This year his donation enabled us to add a sensory room / quiet room, within our Rehabilitation Centre providing a safe environment that helps service users to reduce anxiety and self-regulate their emotions.

What we achieved together this year:
- Referrals for our services have come from hospitals, neurological wards, partner organisations, and self-referrals. Our team received 140 new referrals; however, not all individuals went on to receive rehabilitation, due to funding constraints.

- We delivered 4,445 hours of support across our Activity and Rehabilitation Centre and within the community.
- Continued to improve our centre, creating a more welcoming and supportive environment for our service users.

- Expanded our physiotherapy provision, supporting more individuals in their recovery.

- Introduced speech and language therapy, broadening our specialist rehabilitation service.

- Sustained a valued partnership with Oxford Brookes University, supporting Occupational Therapy placements and Sport and Exercise students.

- Delivered 644 hours of personal training and 380 hours of physiotherapy.

- Provided 592 hours of support within hospital settings and during discharge, ensuring seamless continuity of care at a critical stage in everyone's recovery journey.

OXFORD HEAD INJURY SERVICES

CHIEF EXECUTIVE OFFICER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2026

Growing Demand, Deeper Impact

We have seen an increase in demand for our services, with referrals rising by 79 over the year. Encouragingly, more people are finding us directly, with website referrals increasing by 55 compared to 2025.

While the number of clients we support has remained stable, the level of support required by everyone has increased.

This is reflected in a significant rise of 705 additional hours delivered, demonstrating that service users are accessing more frequent and intensive support.

Looking Ahead

We are also seeing changes in how people access our services. While community-based engagement has increased, this presents an opportunity as we continue to strengthen our presence and ensure that individuals can access the right support at the right time.

As we look ahead, our focus remains clear:

- To continue delivering high-quality, specialist rehabilitation
- To strengthen our partnerships and referral pathways
- To ensure long-term sustainability while meeting growing demand

Reserves Policy

The trustees have determined that the charity should aim to maintain free reserves equivalent to at least 6 months of operating expenditure. For the year 2025/26 this was £234k.

A Final Word

This year has shown what is possible when passion, purpose, and people come together.

While there is more to do, we move forward with confidence, committed to adapting what we do to ensure that can continue to advocate for those affected by brain injury, ensuring they are not overlooked.

The financial side will always be one of our greatest challenges, but we remain fully committed to finding ways to sustain and grow our impact for those who rely on us.

We know the difference we are making every day in the lives of those we support.

We are eager to extend the hand of support and rehabilitation to more people who need to rebuild their life.

We appreciate your interest and support in our vital work.

.....

Michelle Koukoullis
Chief Executive Officer / Operations and Client Services

Date: 21st August 2026

OXFORD HEAD INJURY SERVICES

CHIEF EXECUTIVE OFFICER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2026

Our Vision
A society where everyone affected by brain injury, included carers, are able to access specialist, long term rehabilitation and support that restores hope, maximises recovery and empowers them to rebuild their life.

Our Mission
Oxford Head Injury Services provides specialist person-centred rehabilitation and support, which enables people affected by brain injury across Oxfordshire to make meaningful improvements in their physical strenght, cognitive recovery, emotional wellbeing, independence, and sense of belonging.

Our Values
- We put people first.
- We focus on tangible improvement.
- We encourage self-belief.
- We are compassionate and kind.
- We are trustworthy.
- We value partnership.
- We work to the highest standards.

Our structure
From April 2025 Oxford Head Injury Services appointed a joint CEO Operations and Client Services and extra support was provided by the Chair (unpaid) and an interim fundraising manager until October 2025 when Michelle Koukoullis was appointed CEO. The appointment of a Marketing and Communications Manager was made in April 2025. The recruitment process for a permanent fundraising manager began in the spring and an appointment made in April 2026. The appointment of a part time Office Manager was planned for summer 2026.

The charity is overseen by a Board of Trustees, who are responsible for ensuring strong governance, financial oversight, and strategic direction. Trustees are recruited and appointed in line with the charity's governing document, following an open recruitment process to ensure a diversity of skills, knowledge, and lived experience. The Board meets formally 10 times per year, with additional sub-committee or working group meetings as required. Trustees also maintain close contact with the CEO between meetings to ensure they are fully engaged and informed.

The staff team are supported through regular supervision, training, and team meetings to ensure services remain safe, professional, and person-centred.



Oxford Head Injury Services

Restoring hope after brain injury

Impact Report 2025-2026

Registered charity: 1156538

WHO WE ARE

About us

Oxford Head Injury Services is a charity that supports people affected by acquired brain injury across Oxfordshire. Acquired brain injury could result from stroke, haemorrhage, trauma, tumour, illness or infection. We provide specialist, person-centred rehabilitation and support that enables people with brain injury across Oxfordshire to improve their physical strength, cognitive recovery, emotional wellbeing, independence and sense of belonging.

We are working towards a future where everyone affected by brain injury can access the long-term support they need to restore hope, maximise recovery and rebuild their life.



Our Activity and Rehabilitation Centre (ARC), is a key facility to provide services and has a specialist gym, a café, a kitchen and offers wide range of professional therapies and stimulating activities, including cooking, art and music. We regularly host carer events, and facilitate social support and a sense of community.

Our Services

- Activity & Rehabilitation Centre (ARC)
- Acquired Brain Injury Navigators
- Accessible gym & neuro personal training
- Neuro physiotherapy, occupational therapy, speech & language therapy & other specialist rehabilitation therapies
- Practical support, signposting, advocacy and advice
- One-to-one support and care plans
- Community outreach
- Carer support, respite & events

> I would be lost without OHIS. My thanks to all who do so much to make us whole again and develop new interests and activities.
>
> **SERVICE USER**

Registered charity: 1156538

OUR COMMUNITY

Who we support



Each year, it is estimated that over 4,000 people across Oxfordshire are affected by acquired brain injury. It can happen suddenly to anyone, regardless of age, gender or socio-economic background. Its effects can be complex, wide-ranging and different for every person.

Our current service users:

In 2025/26 the average age of our service users was 60, with ages ranging from 22 to 89. The gender split was approximately 70% male to 30% female.

22 YEARS OLD (YOUNGEST)

60 YEARS OLD (AVERAGE AGE)

89 YEARS OLD (OLDEST)

Brain injury is complex:

In 2025/26, we supported or received referrals from people living with the effects of a wide range of acquired brain injury.

Stroke (46%)
Traumatic brain injury (TBI) from road traffic accident (9%)
TBI from falls or work related accidents (11%)
Cardiac arrest (8%)
Tumour (6%)

Service users have also experienced sports injuries, trauma at birth, aneurysm, subarachnoid haemorrhage (SAH), encephalitis, hydrocephalus, epilepsy, cerebral palsy.

Understanding the challenges our service users face:

Our service users experience a wide range of visible and invisible challenges after brain injury. These may affect their thinking, communication, movement, emotions, confidence, relationships and day-to-day independence. Common challenges include:

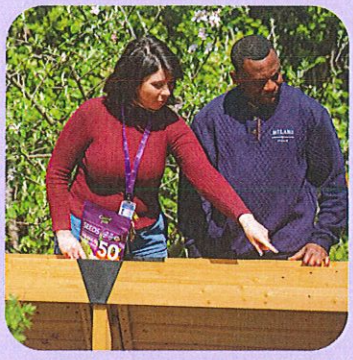
- Decreased mobility and physical functioning
- Cognitive fatigue
- Memory and attention difficulties
- Sensory changes
- Communication challenges
- Epilepsy and seizure disorders
- Reduced confidence, independence and participation in daily activities

> “The feeling I get that I am really cared about, liked and loved by the staff and the other members makes a massive difference to my life.”
>
> SERVICE USER

Registered charity: 1156538

WE DELIVERED

Rehabilitation and Community Support



Brain injury can happen suddenly. Recovery is often complex and unpredictable, with no two people affected in the same way. A wide range of personalised support is often needed to maximise recovery.

Located in Kennington, Oxfordshire, our Activity & Rehabilitation Centre (ARC) provides long-term, holistic rehabilitation and community support through qualified staff and therapists. Support is tailored to each person's needs, goals and stage of recovery, with coordinated therapeutic and rehabilitation activities **designed to support cognitive, physical, emotional and social wellbeing**, helping individuals achieve the best possible outcomes over time.

We also provide support on hospital wards to help people navigate life after brain injury and directly in the community for those living in more remote areas of Oxfordshire or experiencing mobility challenges.

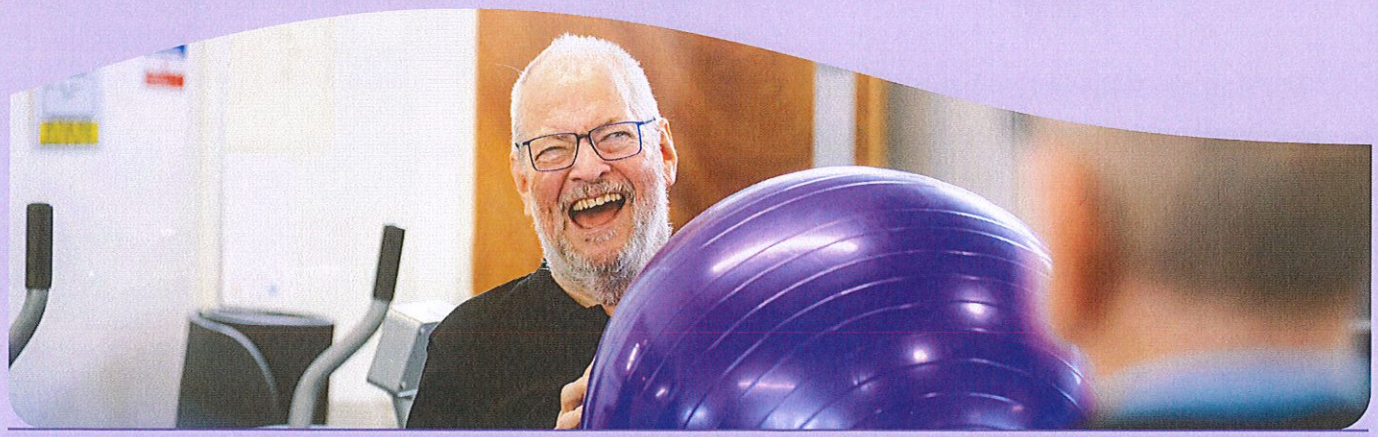
In 2025/2026, we delivered:

6,665 + HOURS OF SUPPORT TO **198** PEOPLE

ensuring people and their carers can access the depth, continuity and quality of support they need to rebuild their lives after brain injury.

INCLUDING:

- Activity and Community
- Rehabilitation: specialist therapies and gym
- Acquired brain injury navigation
- Carer support



Registered charity: 1156538

Activity and Community Support

We delivered

4,445

HOURS

of service user sessions at our Activity & Rehabilitation Centre (ARC) and across Oxfordshire.

40+

different activities were enjoyed.

We enjoyed a variety of activities throughout the year:

Adapted sports • Curling • Table cricket • Mini golf • Gardening • Seated yoga • Seated dance • Cyclability • Word games • Board games • Puzzles • Quizzes • Interactive games • Painting • Creative writing • Singing • Afternoon tea • Weekly farm trips • Therapeutic cooking • Theatre outings and more...

All activities are designed to support **cognitive, physical, emotional** and **social** recovery, while giving service users opportunities to take part in things they enjoy to reduce isolation, build confidence and feel part of a supportive community.










> My day at OHIS is the highlight of the week. So many friends, and the staff and volunteers are marvellous. They fill our time with fun, activities and friendship.
>
> **SERVICE USER**

Registered charity: 1156538

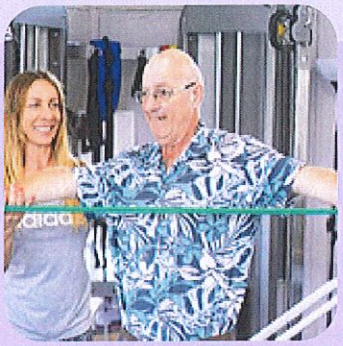
Activity and Community Support

We delivered

728.5

HOURS

of one-to-one support in people's homes and community.



Patrick's Story

Patrick experienced a stroke in 2018 which caused right-side weakness, aphasia and hemianopia. Our Acquired Brain Injury Navigator, Sharon, transformed his rehabilitation journey by developing a rehabilitation plan tailored to his interests and personal goals.

When Sharon and Patrick first met, Patrick found speech and mobility difficult. Conversations were hard and walking was challenging so he found himself staying in more and more. Through weekly, one-to-one support with Sharon at his home and in the community, his speech and confidence began to improve. Sharon included trips to the local library to practice speech through reading Patrick's favourite books. She also walked with him in familiar places, local to his home so he could build his confidence. While working with Patrick, Sharon also identified a need for and helped source a shoe plinth, a simple but effective aid, that helped his mobility and balance.

Through his determination and consistent hard work, Patrick read his first book since his stroke. Very meaningfully, Patrick and Sharon recently visited the library where the author of Patrick's favourite books, Simon Mason, was doing a talk. Patrick was able to tell him he had learnt to read again after his stroke using his books, an emotional and heart-warming moment.

Patrick continues to attend our Activity & Rehabilitation Centre where he takes part in physiotherapy, personal training and activities with confidence as recovery continues. In Patrick's own words:

> Sharon has changed my life – I wouldn't go anywhere before she started to support me. I could barely put words together when we started, and now I feel part of my local community again. Walking properly has made such a difference. I've made friends and my family can't believe the improvements in my speech - I can't imagine what my life would have been like without Sharon.

Registered charity: 1156538

Rehabilitation: specialist therapies and gym

We delivered

1,176+

HOURS
of specialist therapies at our Activity & Rehabilitation Centre.

In **less than 12 months** of having physiotherapy at Oxford Head Injury Services, **2 service users were able to transition from using a wheelchair to walking** outside their home.

380
HOURS
of neuro physiotherapy support in partnership with ONPhysio

644
HOURS
of neuro-personal training support

85.2
HOURS
of speech & language therapy (SALT)

NEW SERVICE

> Working together [with the neuro personal trainers and the wider team] means that rehabilitation is not a standalone activity but is increasingly woven into the fabric of daily life at the centre – supporting mobility, confidence, and participation in a way that feels natural and meaningful for service users.
>
> **ONPHYSIO**

OTHER SPECIALIST THERAPIES DELIVERED:

Occupational therapy • Art therapy • Music therapy



We introduced a new sensory room funded by Play2Give

< 1 WEEK RESPONSIVE SERVICES MODEL ENABLES **QUICK ACCESS TO SPECIALIST THERAPIES**

Registered charity: 1156538

Acquired brain injury navigation





We delivered

592+

HOURS

of acquired brain injury navigation, supporting people and families as they begin to adjust to life after brain injury, both on hospital wards or following hospital discharge.

Dan's Story

Dan experienced a stroke at 49 which left him with right-sided weakness, dense weakness in his upper right arm, aphasia and apraxia. After hospital discharge, he moved in with his parents for support.

His Mum later referred him to Oxford Head Injury Services where we carried out an initial home visit. At this time, Dan was understandably in a very low mood, avoiding eye contact and speaking at a one-word level.

With the encouragement of ABI Navigator, Sharon, Dan began to attend one-to-one gym sessions at our Activity & Rehabilitation Centre and one-to-one support sessions with Sharon. Working closely with his Speech & Language Therapist (SALT) and Occupational Therapist, Sharon built a care plan around Dan's interests helping rebuild his confidence and self-esteem.

> When I first came I was shy, lacking confidence and quiet. I've relearnt and rebuilt some life skills, and things I used to be able to do, I can do again.
>
> **SERVICE USER**



Registered charity: 1156538

Carer support

AFTERNOONS FOR CARERS

We provided monthly afternoons for carers offering guidance, support and an opportunity for carers to share experiences.

CARERS EVENT

We provided a special afternoon for carers featuring a discussion on mental health with Oxford Head Injury Services' Chair, Jane Balinski who has lived experience of caring for a loved-one with an acquired brain injury.



Supporting Carers: Amy and Laurence's Story

When Amy's epilepsy became more severe, life changed quickly for both her and her husband, Laurence. As Amy stopped working and Laurence became her full-time carer, they found themselves navigating uncertainty and isolation.

Oxford Head Injury Services gave Amy a safe, welcoming place to rebuild confidence, friendships and purpose, and gave Laurence reassurance, understanding and space to breathe.

"I could talk to people who got it," he says.

Knowing Amy was supported allowed Laurence to manage daily life, take time for himself and eventually return to work. Today, he uses his lived experience to support other families as one of our Rehabilitation Coordinators.



WHAT OUR SERVICE USERS TELL US

Feedback from our community

We are committed to listening to our service users and continually improving the support we provide.

This year, we gathered direct feedback through an anonymous survey alongside ongoing care-plan reviews and outcome monitoring. The results reflect both the ongoing impact of acquired brain injury and the **importance of long-term support**, with **75%** of our service users continuing to access services at Oxford Head Injury Services for over two years.



A positive difference

100% OF SERVICE USERS reported that Oxford Head Injury Services has made a positive difference in their life.

CONFIDENCE AND INDEPENDENCE

Greater Confidence

100% of service users reported feeling more confident since receiving support from Oxford Head Injury Services.

More Independent

82% of service users reported feeling more independent in daily life since receiving support from Oxford Head Injury Services.

EMOTIONAL WELLBEING

Safe and Supported

100% of service users reported feeling safe and supported at Oxford Head Injury Services.

Improved Wellbeing

100% of service users reported that their overall wellbeing has improved since receiving support from Oxford Head Injury Services.

More hopeful

71% of service users reported feeling more hopeful since receiving support from Oxford Head Injury Services.

WHAT OUR SERVICE USERS TELL US

Feedback from our community

COMMUNITY AND CONNECTION

Less Isolated

89% of service users reported feeling less isolated and more connected to others since receiving support from Oxford Head Injury Services.

SKILLS AND PROGRESS

Tailored Support

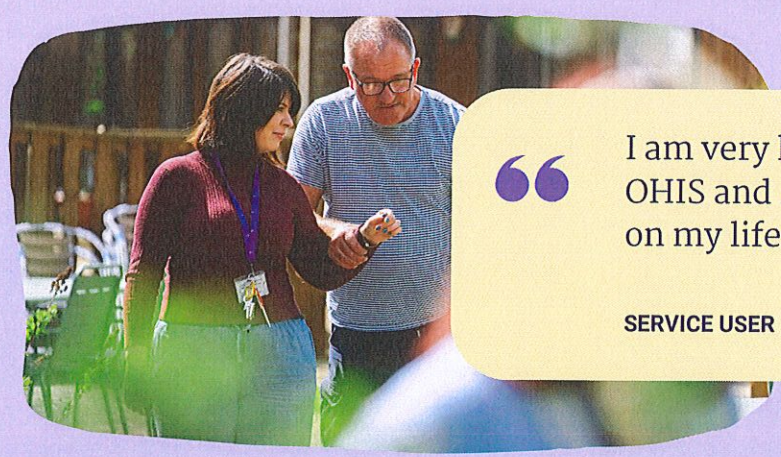
93% of service users reported that the support they receive feels tailored to their specific needs and they feel involved in decisions about their support.

Learning New Skills

91% of service users reported that they had learnt a new skill that helps them in daily life.

Progress towards goals

71% of service users felt they had made 'quite a lot' or 'a lot' of progress towards their goals since working with Oxford Head Injury Services.



> I am very happy with things that happen at OHIS and it has become a major influence on my life and abilities.
>
> **SERVICE USER**

FROM OUR SERVICE USERS

Working towards personal goals

SPECIALIST THERAPIES AND PHYSICAL HEALTH

Improved Strength and Fitness

81% of service users found their **strength, fitness or movement** had improved "quite a lot" or "a lot" through work in our gym over the last 6 months.

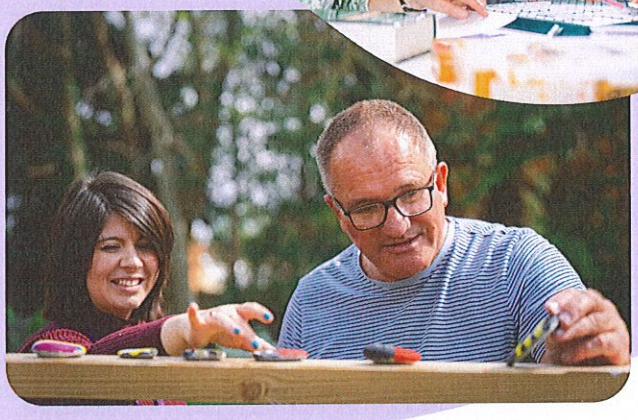
Supported Recovery

95% of service users believe **therapies** and **rehabilitation activities** have helped their recovery since receiving support from Oxford Head Injury Services.

Improved Movement

88% of service users found **physiotherapy** helpful in improving how they move over the last 6 months.





OTHER AREAS OF IMPROVEMENT INCLUDE:

- confidence
- stamina
- cooking
- conversation
- exercise

SERVICE EXPERIENCE

100% of service users would recommend Oxford Head Injury Services to others.

"The enthusiasm and dedication of the staff is remarkable and not something I have come across anywhere else

SERVICE USER

Registered charity: 1156538

OXFORD HEAD INJURY SERVICES

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF OXFORD HEAD INJURY SERVICES

I report to the trustees on my examination of the financial statements of Oxford Head Injury Services (the charity) for the year ended 31 March 2026.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of The institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
2 the financial statements do not accord with those records; or
3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Gary Pready FCA
Gravita Audit Oxford LLP
First Floor, Park Central
40-41 Park End Street
Oxford
OX1 1JD
Date: 21st AUGUST 2026

OXFORD HEAD INJURY SERVICES

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Income and endowments from:							
Donations and legacies	3	30,775	9,800	40,575	17,231	30,691	47,922
Charitable activities	4	390,439	-	390,439	331,020	-	331,020
Other trading activities	5	25,605	-	25,605	8,908	-	8,908
Investments	6	18,759	-	18,759	19,499	-	19,499
Other income	7	-	-	-	60	-	60
Total income		465,578	9,800	475,378	376,718	30,691	407,409
Expenditure on:							
Raising funds	9	12,066	-	12,066	22,694	-	22,694
Charitable activities	8	436,637	19,782	456,419	551,622	7,305	558,927
Total expenditure		448,703	19,782	468,485	574,316	7,305	581,621
Net income/(expenditure) and movement in funds		16,875	(9,982)	6,893	(197,598)	23,386	(174,212)
Reconciliation of funds:							
Fund balances at 1 April 2025		492,528	284,333	776,861	690,126	260,947	951,073
Fund balances at 31 March 2026		509,403	274,351	783,754	492,528	284,333	776,861

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

OXFORD HEAD INJURY SERVICES

BALANCE SHEET

AS AT 31 MARCH 2026

	Notes	2026 £	2026 £	2025 £	2025 £
Fixed assets					
Tangible assets	14		237,132		275,822
Current assets					
Debtors	15	52,737		26,119	
Cash at bank and in hand		517,152		510,294	
		569,889		536,413	
Creditors: amounts falling due within one year	16	(23,267)		(35,374)	
Net current assets			546,622		501,039
Total assets less current liabilities			783,754		776,861
The funds of the charity					
Restricted income funds	18		274,351		284,333
Unrestricted funds	19		509,403		492,528
			783,754		776,861

The financial statements were approved by the trustees on 21st AUGUST 2026

J Balinski

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J Balinski

Trustee

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

1 Accounting policies

Charity information

Oxford Head Injury Services is a charitable incorporated organisation incorporated in England and Wales.

The registered office is 4 Bagley Wood Road, Kennington, Oxford, OX1 5PL.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold Property	15 years
Equipment	4 years
Fixtures and fittings	4 years
Motor vehicles	4 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies **(Continued)**

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Critical judgements

Fixed asset depreciation

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives. Calculation of depreciation requires judgements to be made, which include the useful economic lives of fixed assets held. Depreciation for the year was calculated to be £39,569 (2024: £40,457).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

3 Income from donations and legacies

	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Donations and gifts	30,775	-	30,775	17,231	-	17,231
Grants received	-	9,800	9,800	-	30,691	30,691
	30,775	9,800	40,575	17,231	30,691	47,922

4 Income from charitable activities

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Charitable activities		
Direct services	340,439	281,020
Oxfordshire Acquired Injury Support Service (OASS)	50,000	50,000
	390,439	331,020

5 Income from other trading activities

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Fundraising events	25,605	8,908

6 Income from investments

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Bank interest receivable	18,759	19,499

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

7 Other income

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Net gain on disposal of tangible fixed assets	-	60

8 Expenditure on charitable activities

	Restricted funds 2026 £	Unrestricted funds 2026 £	Total 2026 £	Restricted funds 2025 £	Unrestricted funds 2025 £	Total 2025 £
Direct costs						
Staff costs	-	143,563	143,563	-	125,572	125,572
Direct charitable activity	19,782	-	19,782	7,305	-	7,305
External services hired	-	65,310	65,310	-	69,865	69,865
	19,782	208,873	228,655	7,305	195,437	202,742
Share of support and governance costs (see note 10)						
Support	-	215,962	215,962	-	344,359	344,359
Governance	-	11,802	11,802	-	11,826	11,826
	19,782	436,637	456,419	7,305	551,622	558,927
Analysis by fund						
Unrestricted funds	-	436,637	436,637	-	551,622	551,622
Restricted funds	19,782	-	19,782	7,305	-	7,305
	19,782	436,637	456,419	7,305	551,622	558,927

9 Expenditure on raising funds

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Fundraising and publicity		
Other fundraising costs	12,066	22,694

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

10 Support costs allocated to activities

	2026	2025
	£	£
Staff costs	128,182	235,489
Depreciation	39,569	40,066
Management and administration	29,121	54,370
Overheads	19,090	14,434
Governance costs	11,802	11,826
	227,764	356,185
Analysed between:		
Unrestricted funds	227,764	356,185

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

	2026	2025
	Number	Number
	12	12

Employment costs	2026	2025
	£	£
Wages and salaries	235,773	330,791
Social security costs	30,960	27,028
Other pension costs	5,012	3,242
	271,745	361,061

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2026	2025
	Number	Number
£60,001 - £70,000	1	-
£70,001 - £80,000	-	1

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

14 Tangible fixed assets

	Freehold Property	Equipment	Fixtures and fittings	Motor vehicles	Total
	£	£	£	£	£
Cost					
At 1 April 2025	570,453	21,439	66,468	10,088	668,448
Additions	-	879	-	-	879
At 31 March 2026	570,453	22,318	66,468	10,088	669,327
Depreciation and impairment					
At 1 April 2025	296,565	20,341	65,632	10,088	392,626
Depreciation charged in the year	38,030	738	801	-	39,569
At 31 March 2026	334,595	21,079	66,433	10,088	432,195
Carrying amount					
At 31 March 2026	235,858	1,239	35	-	237,132
At 31 March 2025	273,888	1,098	836	-	275,822

15 Debtors

Amounts falling due within one year:	2026 £	2025 £
Trade debtors	51,127	22,994
Other debtors	421	421
Prepayments and accrued income	1,189	2,704
	52,737	26,119

16 Creditors: amounts falling due within one year

	2026 £	2025 £
Other taxation and social security	5,791	6,158
Trade creditors	11,633	24,095
Other creditors	2,087	1,365
Accruals and deferred income	3,756	3,756
	23,267	35,374

17 Retirement benefit schemes

Defined contribution schemes	2026 £	2025 £
Charge to profit or loss in respect of defined contribution schemes	5,012	3,242

17 Retirement benefit schemes **(Continued)**

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2025 £	Incoming resources £	Resources expended £	At 31 March 2026 £
Big Lottery Fund	282,513	9,800	(19,782)	272,531
Social Lunches Grant	1,820	-	-	1,820
	284,333	9,800	(19,782)	274,351

Previous year:	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
Big Lottery Fund	259,127	30,691	(7,305)	282,513
Social Lunches Grant	1,820	-	-	1,820
	260,947	30,691	(7,305)	284,333

OASS - The Big Lottery Fund paid for ABI navigation.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2025 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2026 £
Fixed asset designated fund	275,822	-	(38,690)	-	237,132
Six months' salary costs	180,531	-	-	-	180,531
Six months' running costs	106,628	-	-	-	106,628
General funds	(70,453)	465,578	(410,013)	-	(14,888)
	492,528	465,578	(448,703)	-	509,403

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

19 **Unrestricted funds** (Continued)

Previous year:	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Fixed asset designated fund	314,847	-	(40,066)	1,041	275,822
Six months' salary costs	141,162	-	-	39,369	180,531
Six months' running costs	101,555	-	-	5,073	106,628
General funds	132,562	376,718	(534,250)	(45,483)	(70,453)
	690,126	376,718	(574,316)	-	492,528

The fixed asset designated fund represents the carrying value of tangible fixed assets and therefore are not available funds to spend for the charity. Six months' salary and running costs are set aside in designated funds.

20 **Analysis of net assets between funds**

	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £
At 31 March 2026:			
Tangible assets	237,132	-	237,132
Current assets/(liabilities)	272,271	274,351	546,622
	509,403	274,351	783,754

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	275,822	-	275,822
Current assets/(liabilities)	216,706	284,333	501,039
	492,528	284,333	776,861

We currently hold approximately 12 months of reserves against a minimum policy of 6 month's salaries and running costs. The board is content that this is not excessive for a number of reasons; Firstly, we carefully use the funds to generate significant levels of income, last year this was £21k and it was the difference between a pre depreciation surplus and loss, until we are less reliant on this, it is a very useful source of income. Secondly, we are only one year clear of having run significant deficits and given the current fundraising environment and the investment needed to bring in that income, we do not feel it would be prudent to be holding reserves at or close to the minimum levels. A number of brain injury charities have folded recently and the economic and political environment remains unstable, especially for local authorities. Thirdly, we are already actively looking at options for use of these funds in the near future if we can maintain or improve on our recent results over the coming year.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

21 Related party transactions

There were no disclosable related party transactions during the year (2025 - none).