Company Registration No. 08727717
Charity Number 1155389

# PURE INSIGHT 1628

## A COMPANY LIMITED BY GUARANTEE

## TRUSTEES' REPORT AND FINANCIAL STATEMENTS

## For the year ended 31 March 2026

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

**Financial Statements**
**Year ended 31 March 2026**

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**CONTENTS** **Page**


| | |
|---|---|
| Members of the Board and Professional Advisers | 1 |
| Trustees' Annual Report | 2 - 8 |
| Independent Auditors' Report | 9 - 12 |
| Statement of Financial Activities | 13 |
| Balance Sheet | 14 |
| Statement of Cash Flows | 15 |
| Notes to the Financial Statements | 16-30 |

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Members of the Board and professional advisors

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|---|---|
| **Registered Charity Name** | Pure Insight 1628 |
| **Company Registration Number** | 08727717 |
| **Charity Number** | 1155389 |
| **Registered Office** | Galleon House<br>Newby Road<br>Hazel Grove<br>Stockport<br>Cheshire<br>SK7 5DA |
| **Board of Trustees** | Mrs S L Watkin<br>Mrs J Bagchi<br>Ms L Rogers<br>Mr S Ankers<br>Mr A Allman<br>Mr M A Hope<br>Mr M G Raynor |
| **Auditors** | Mitchell Charlesworth (Audit) Limited<br>Registered Auditor<br>3rd Floor<br>44 Peter Street<br>Manchester<br>M2 5GP |
| **Bankers** | Co-operative Bank plc<br>St Peters Square<br>Stockport<br>SK1 1NX |

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Trustees' Annual Report
## Year ended 31 March 2026

The trustees are pleased to present their annual trustees' report together with the financial statements of the charity for the year ended 31 March 2026 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

**Objectives and activities**

The charity's purpose is specifically restricted to the relief and assistance of children and young people in need including (without limiting the foregoing) by providing support, activities or advice which develop their capacity, skills, capabilities and economic and emotional wellbeing in such a way that they are better able to identify and help meet their needs and to participate more fully in society.

**Trustee Reflections**

I often find myself reflecting on what matters most in life, in work, and in the world around us. For me, the answer always comes back to relationships. They are at the heart of who we are, the connections we seek, the bonds that help us feel seen, valued, and supported. Relationships help us learn, grow, and reflect.

At Pure Insight, relationships come first. They are central to everything we do as a charity, and we are deeply mindful of how we nurture them with our staff, volunteers, and, most importantly, the young people we support. Tragically, we know that many care-experienced young people have very few stable relationships in their lives. That is why our core mission of matching volunteers from the community with care-experienced young people as mentors is so important. These connections help young people build networks, confidence, and a sense of belonging.

It is incredibly heartening to hear stories of the relationships that develop through Pure Insight. With mentors and young people sharing hobbies, enjoying Sunday dinners together, attending football matches, and celebrating birthdays and Christmases side by side. These moments may seem simple, but they are profoundly meaningful. They create the consistency, trust, and care that every young person deserves.

It is also encouraging to see that Children's Minister Josh MacAlister recognises the importance of relationships in helping care leavers thrive. We hope his understanding of the challenges faced by this vulnerable group will lead to both meaningful legislative change and much-needed financial support. During National Care Leavers Month in 2025, he said:

*"The disadvantage faced by the care-experienced community is one of the greatest social justice issues of our time. Ensuring that those who grow up in the care of the state have a shot at a good life is a collective obligation, and for too long, we have been found wanting when it comes to ensuring that the obligation is met."*

We sincerely hope these words lead to lasting action, and that we can work together to give care leavers the opportunities and support they deserve.

Collective collaboration is one of Pure Insight's greatest strengths. We work closely with corporate parents, local authorities, and many other charities to support young people within their communities. But sustaining this vital work in a challenging financial climate is difficult. Not only for us but for many charities doing exceptional work across the sector. We hope the government will take meaningful steps to address profiteering in parts of children's social care, an issue that places enormous pressure on local authorities. In a fairer system, those resources could be redirected towards approaches that truly improve young people's lives.

Over the past year, we have also been incredibly proud of our PAC project. Co-production sits at the heart of this work and reflects our belief that young people should help shape the services and solutions that affect them. Through the project, we will gain valuable insight into youth violence, while the young people involved will develop new skills, gain meaningful work experience, and build lasting connections.

I remain optimistic that we are at a moment when the experiences and needs of care-experienced young people are receiving greater recognition. More attention is being given to the inequalities they face, and there are encouraging signs that additional support and investment may follow.

As another year draws to a close, Pure Insight can once again look back with pride on having supported hundreds of young people. As a Board of Trustees, we are immensely proud of every young person we work with, and deeply grateful for the dedication of our volunteers and staff, whose compassion and commitment help young people thrive and build their futures.

Sam Ankers (Pure Insight Trustee)

Pure Insight delivers a range of projects providing practical and emotional support to young people who have left or are about to leave statutory care alongside Local Authorities in the North West. Our projects address a range of serious issues including homelessness, loneliness and isolation, poor mental/physical health, exploitation, adverse childhood experiences and lack of opportunities. We provide opportunities for young care leavers to develop skills, confidence, talents and support networks in the local community. Our approach is strength based and collaborative, creating opportunities for care experienced young people to thrive by creating pathways to connection, belonging and purpose. We focus on stage, not age, so care-experienced young people can return for support up to the age of 28 when they are ready to make changes in their lives or there are opportunities to join our volunteer and staff team.

Our current service offers include long-term community mentoring programmes, intensive support for care experienced young parents, peer support groups, outdoor group wellbeing activities, volunteering and training. We also deliver bespoke employment support and targeted trauma informed mental health provisions and collaborate with other specialist providers to get better outcomes for young care leavers. We follow trauma informed principles of safety, trust, choice, collaboration and empowerment.

Our 'Experts by Experience' group and Influencing activity amplifies young people's voices on a local, regional and national level, improving service provisions, systems, and informing commissioning and policy makers. We involve our young people in everything we do from recruitment and training to the design and delivery of projects.

At the heart of our trauma-informed organisation are honest, trusting relationships that define everything we do. When a young person joins us, we start by offering them a safe space to share their experiences, hopes, and challenges. We listen to what's important to them, what's happened or is happening in their lives, and the unique skills and talents they possess. Our strength-based approach, supported by practical tools, helps young people identify their aspirations and set achievable goals. Together, we break these goals into manageable steps, determine the support and resources needed, and clarify their role in this journey towards living their best life.

Pure Insight understands that care experienced young people's journey to adulthood is a gradual process, encompassing challenges like securing stable housing, pursuing education or employment, overcoming mental health challenges and adverse childhood experiences, and developing crucial life skills, and we emphasise the importance of long-term support. Short-term support may provide immediate relief, but sustained collaboration is essential for addressing underlying issues, developing independence, and ensuring that care leavers have the resources, networks and skills needed to navigate the complexities of adult life successfully.

Our recruitment process prioritises our core values of ▪ Integrity ▪ Belonging ▪ Courage alongside the diverse skills and knowledge required to provide a wraparound offer, seeking individuals who are resilient, passionate, and empathetic. We look for people who can walk alongside others to find sensible, sustainable solutions. We are proud to have a growing team of dedicated, skilled, kind-hearted individuals who understand the needs of our young people and many who generously volunteer their time.

**Public benefit statement**

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees are clear that the purposes of Pure Insight 1628 are carried out for public benefit. They have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the purpose and objectives and when planning future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

**Achievements and performance**

Annually we support over 600 young people leaving care (aged 16 – 28), and over 150 of their children through whole family support in the Greater Manchester and Cheshire regions.

A significant and growing proportion of the young people we support face complex issues, increased vulnerabilities, high risks and barriers to accessing traditional services. They require assertive outreach support, delivered over the longer term - which many services are unable to provide.

The work we deliver through targeted outreach projects, leads to outcomes including:

- Decrease in levels of reported loneliness and isolation through developing support networks, friendships and belonging to a group
- Improved mental health - with more skills and knowledge to self-manage mental health/emotional distress.
- Improved access to mental health support - through outreach emotional wellbeing services and trauma informed counselling
- Improved self-efficacy and ability/capacity to live independently
- Increase in young people maintaining a tenancy and a reduction in tenancy issues/evictions and homelessness
- Improved parenting skills and a reduction in care experienced parents experiencing crisis or having children taken into care
- Increase in securing and sustaining education, employment, training and volunteering
- Increased take-up of positive activities and a reduction in anti-social and offending behaviour
- Increased economic wellbeing as a result of securing the right financial support, tackling debt, and reducing sanctions
- Decrease in reported levels of substance use and other unhealthy coping strategies.

Our Impact Report April 2025 – March 2026 is included after page 30.

**Finance Review**

Financial year 2025/26 saw a fourth year of continued growth for Pure Insight, with total income increasing by 32% to £1.55m, reflecting both the continued development of our services and the trust placed in us by funders and local authority partners.

Most of our income continues to come through grants and contracts for specific pieces of work. Grant and donation income increased significantly in the year, from around £1.10m to £1.46m, as we built on existing relationships and secured funding for both ongoing and new areas of delivery. Unrestricted income also grew strongly, giving the charity greater flexibility and helping to strengthen our overall financial resilience.

Expenditure on charitable activities also increased, from £1.10m to £1.35m, in line with the growth in our work. As would be expected in a relationship-based charity, staffing remains our largest area of expenditure, with costs rising from £878k to £1.06m as we expanded our team and continued to respond to growing need. Other costs, including client related support, office and IT costs, also increased as our services developed and our reach continued to grow.

We achieved a surplus for the year of £204k (cf £76k in 2024/25), leading to an increase in total funds from £691k to £895k as at year end. Cash balances also increased, from £687k to £928k, leaving the charity in a stronger position to manage cash flow, meet commitments and invest carefully in the infrastructure needed to support high-quality delivery.

While this is a positive position, the trustees remain mindful that a substantial proportion of our income is restricted and must be applied to specific services and projects. We also continue to operate in a challenging funding environment, where long-term financial certainty across the sector cannot be taken for granted.

**Reserves policy**

The trustees believe it is important to maintain reserves at a level that provides stability, protects the continuity of our services and allows the charity to manage changes in income or expenditure responsibly. Our aim is to hold reserves equivalent to between three and six months of normal operating expenditure.

At the end of the year, unrestricted reserves stood at £576k. The trustees consider this to be an appropriate level in light of the charity's continued growth, the uncertainty that can exist within grant and contract funding, and the need to ensure that support for young people can continue through periods of change.

**Investment powers and policy**

Currently, available funds are held in two bank accounts. However, as the charity continues to grow and remain profitable, it is anticipated that funds will need to be potentially spread across a range of other suitable financial institutions in order to reduce financial risk and to seek the best return for the money held on deposit.

**Risk Management**

The Executive Management Team review major risks to which the charity is exposed. These reviews will be updated at least annually. Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the charity. The contracts and service level agreements with the charity's partners provide for regular review of the quality of service delivered. Quality standards have been established that meet or exceed the contractual commitments.

**Plans for the future**

Over the next 18 months, Pure Insight plans to strengthen its organisational foundations while expanding opportunities for care-experienced young people to thrive and move towards confident, independent adulthood.

Key priorities include continued investment in our organisational infrastructure so that we remain stable, resilient and well placed for future growth. This will include improving the way impact is demonstrated, while also broadening and diversifying the charity's funding base to support innovation and long-term sustainability.

A further priority is the development of young people-led services, including the launch of the Change Champions Academy. This programme is intended to help young people build skills, confidence and leadership capacity, while ensuring that those contributing as 'Experts by Experience' are properly recognised and fairly paid for their time and insight. It is also expected to create meaningful paid opportunities and support longer-term employment pathways for young people.

The charity also intends to advance youth-led action through the continued development of our Peer Action Collective (PAC), moving from research into delivery and action. This next phase will support young people to lead social action projects, explore key themes in greater depth, and ensure that their insights contribute to tangible change across our services and systems.

**Structure, governance and management**

Pure Insight 1628 is a company limited by guarantee. It was incorporated on 10 October 2013 and registered as a charity on 20 January 2014. The company has been established under its Memorandum of Association which defines the objects and powers of the charitable company and is governed under its Articles of Association.

In the event of the company being wound up, its members are required to contribute an amount of £1 each.

Directors and Trustees

The trustees, who are also the directors for the purpose of company law, who served during the year and up to the date of signature of the financial statements were:

Mrs S L Watkin
Mrs J Bagchi
Ms L Rogers
Mr D Zucker (Resigned 11 March 2026)
Mr S Ankers
Mr A Allman
Mr M Raynor (Appointed 1 April 2026)
Mr M Hope (Appointed 1 April 2026)

**Key management personnel: Principal staff**

Chief Executive Officer (CEO): Mr J Heaton Jennings

**Appointment and reappointment of Trustees**

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years, after which they must be re-elected at the Annual General Meeting.

**Trustee induction and training**

Existing trustees are already familiar with the practical work of the charity and have received a detailed induction.

Additionally, new trustees, when invited to join the board, are provided information to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the trustees
- The main documents which set out the operational framework for the charity including the Memorandum and Articles of Association
- Resourcing and the current financial position as set out in the latest published accounts.

An induction pack has also been prepared drawing information from the various Charity Commission publications signposted through the Commission's guide 'the Essential Trustee' as a follow up to these sessions. This is distributed to all new trustees along with the Memorandum and Articles of Association and the latest financial statements. Feedback from the trustees following their induction has been very positive.

**Governance**

An extensive range of business and caring skills are well represented on the Board and a full range of trustee skills has been sought in order to manage the operations of the charity to best effect. Pure Insight has a board who meet every two months and who are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of interests and professional backgrounds relevant to the work of the charity.

A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the CEO along with other members of the Management Team. They are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. The CEO also has responsibility for the day-to-day operational management of the company, individual supervision of the management team and also ensuring that the team continues to develop their skills and working practices in line with good practice.

**Statement of Trustees' responsibilities**

The trustees, who are also directors of Pure Insight 1628 for the purpose of company law, are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Auditors**

A resolution proposing that Mitchell Charlesworth (Audit) Limited be re-appointed will be put at a General Meeting.

**Statement as to disclosure to our auditors**
In so far as the trustees are aware at the time of approving our trustees' annual report:

- There is no relevant information, being information needed by the auditor in connection with preparing their report, of which the company's auditors are unaware; and

- The trustees, having made enquiries of fellow directors and the auditor that they ought to have individually taken, have each taken all steps that they are obliged to take as a director in order to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**Signed by order of the Trustees**

Alan Allman

**Mr A Allman**
**Trustee**

**Dated:** 30/07/2026

## Independent Auditor's Report to the Members of Pure Insight 1628
## Year ended 31 March 2026

### Opinion

We have audited the financial statements of Pure Insight 1628 for the year ended 31 March 2026 which comprise of the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2026, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended.
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## Independent Auditor's Report To the Members of Pure Insight 1628
## Year ended 31 March 2026

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report.
- the charitable company has not kept adequate accounting records;
- the financial statements are not in agreement with the accounting records and returns;
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Details of the extent to which the audit was considered capable of detecting irregularities, including fraud and non-compliance with laws and regulations are set out below.

**Extent to which the audit was considered capable of detecting irregularities, including fraud**

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

**Identifying and assessing potential risks related to irregularities**

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with the laws and regulations, we considered the following:

- the nature of the sector, control environment and business performance.
- results of our enquiries of management about their own identification and assessment of the risks of irregularities.
- any matters we identified having obtained and reviewed the charity's documentation of their policies and procedures relating to the identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance. Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud and the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations.
- the matters discussed among the audit engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud in relation to the timing of the recognition of income. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override and we identified risk in relation to the posting of unusual journals and the manipulation of accounting estimates.

We also obtained an understanding of the legal and regulatory frameworks that the charity operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included Safeguarding, Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK (FRS 102), and the Companies Act 2006.

In addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. These included Data Protection Regulations.

**Audit response to risks identified**

As a result of performing the above, we identified the recognition of revenue as the key audit matter related to the potential risk of fraud.

In addition to the above, our procedures to respond to risks identified included the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with relevant laws and regulations described above as having a direct effect on the financial statements;
- enquiring of management and members of the board concerning actual and potential litigation and claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of meetings of those charged with governance and reviewing correspondence with relevant authorities where matters identified were significant; and
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Mitchell Charlesworth

30/07/2026

**Alison Buckley (Senior Statutory Auditor)**
**For and on behalf of Mitchell Charlesworth (Audit) Limited**

**Statutory Auditor**

3rd Floor
44 Peter Street
Manchester
M2 5GP

Mitchell Charlesworth (Audit) Limited is eligible to act as auditor in terms of section 1212 of the Companies Act 2006.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Statement of Financial Activities (including income and expenditure account)
## Year ended 31 March 2026

| | Note | Unrestricted Funds 2026 £ | Restricted Funds 2026 £ | Total Funds 2026 £ | Unrestricted Funds 2025 £ | Restricted Funds 2025 £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|---|
| **Income** | | | | | | | |
| Donations and legacies | 2 | **67,328** | **-** | **67,328** | 22,405 | - | 22,405 |
| Grants and donations | 3 | **148,397** | **1,306,796** | **1,455,193** | 1,754 | 1,102,018 | 1,103,772 |
| Other trading income | 4 | **190** | **500** | **690** | 23,529 | - | 23,529 |
| Investments | 5 | **26,088** | **-** | **26,088** | 24,178 | - | 24,178 |
| **Total income** | | **242,003** | **1,307,296** | **1,549,299** | 71,866 | 1,102,018 | 1,173,884 |
| **Expenditure** | | | | | | | |
| Charitable activities | 6 | **66,915** | **1,278,438** | **1,345,353** | 1,754 | 1,096,220 | 1,097,974 |
| **Net incoming/(outgoing) resources before transfers** | | **175,088** | **28,858** | **203,946** | 70,112 | 5,798 | 75,910 |
| Transfers between funds | | **-** | **-** | **-** | - | - | - |
| **Net movement of funds for the year** | | **175,088** | **28,858** | **203,946** | 70,112 | 5,798 | 75,910 |
| ***Reconciliation of funds*** | | | | | | | |
| Total funds brought forward | | **400,918** | **289,759** | **690,677** | 330,806 | 283,961 | 614,767 |
| Total funds carried forward | | **576,006** | **318,617** | **894,623** | 400,918 | 289,759 | 690,677 |

The Statement of Financial Activities includes all gains and losses in the year and all income and expenditure derive from continuing activities.

The notes on pages 16 - 30 form part of these financial statements.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Balance sheet
## as at 31 March 2026

| | Notes | 2026 £ | 2026 £ | 2025 £ | 2025 £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 10 | | **64,046** | | 34,880 |
| **Current assets** | | | | | |
| Debtors | 11 | **126,169** | | 118,950 | |
| Cash at bank and in hand | | **928,458** | | 687,478 | |
| | | **1,054,627** | | 806,428 | |
| **Creditors: Amounts falling due within one year** | 12 | **(224,050)** | | (150,631) | |
| Net current assets | | | **830,577** | | 655,797 |
| **Total assets less current liabilities** | | | **894,623** | | 690,677 |
| **Income funds** | | | | | |
| Unrestricted income funds | | | **576,006** | | 400,918 |
| Restricted income funds | 14 | | **318,617** | | 289,759 |
| **Total funds** | | | **894,623** | | 690,677 |

For the year ended 31 March 2026 the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies but as this company is a charity, it is subject to audit under section 144 of the Charities Act 2011.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of section 386 of the Act with respect to accounting records and for the preparation of accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**These financial statements were approved by the trustees on** 30/07/2026 **and are signed on their behalf by:**

Mark Hope

**Mr M Hope – Trustee**

Alan Allman

**Mr A Allman - Trustee**

**Company Registration No. 08727717**

The notes on pages 16 - 30 form part of these financial statements.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Statement of Cash Flows
## For the year ended 31 March 2026

| | Notes | 2026<br>£ | 2025<br>£ |
|---|---|---|---|
| **Cash generated by operating activities** | 19 | **257,918** | 92,010 |
| **Cash flows from investing activities:** | | | |
| Dividends, interest, and rents from investments | | **26,088** | 24,178 |
| Purchase of tangible fixed assets | | **(43,026)** | (21,624) |
| **Cash generated by/(used in) investing activities** | | **(16,938)** | 2,554 |
| Increase/(decrease) in cash and cash equivalents in the year | | **240,980** | 94,564 |
| Cash and cash equivalents at the beginning of the year | | **687,478** | 592,914 |
| **Cash and cash equivalents at the end of the year** | | **928,458** | 687,478 |

## 1. Accounting policies

### Charity information

Pure Insight 1628 is a private company limited by guarantee and incorporated in England and Wales. The registered office is Galleon House, Newby Road, Hazel Grove, Stockport, Greater Manchester, SK7 5DA.

### Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

These financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

### Going concern

The trustees continue to evaluate the charity's ability to continue to provide services for the foreseeable future, this includes discussions with the charity's stakeholders, where appropriate, and a review of trading forecasts for a period of 12 months from the date of approval of these accounts.

The charity continues to meet its financial obligations as they fall due and based on their consideration of all relevant information the trustees have a reasonable expectation that the charity will be able to continue as a going concern. Thus, the trustees are satisfied to continue to adopt the going concern basis of accounting in the preparation of the financial statements.

### Charitable funds

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are funds which have been allocated or designated for specific purposes by the charity out of unrestricted funds.

Restricted funds are subject to specific restrictive conditions imposed by the donor or by the purpose of the contract/monies received.

**1. Accounting policies (Continued)**

**Income**

Income is the amount derived from the provision of goods/services and stated after trade discounts, other sales taxes, and VAT where applicable.

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred. Grants are deferred to future periods only when this is specified by the funder or other preconditions of the fund are not yet met.

Investment income is recognised on a receivable basis.

**Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds are the direct and indirect costs of raising funds for charitable purposes, including applying for grants.
- Charitable activities include expenditure associated with the provision of services at the visitor centres and include both the direct costs and support costs relating to these activities.
- Support costs include central functions and have been allocated to activity cost categories directly where identifiable or on an estimation of time spent on the relevant projects.
- Other expenditure represents those items not falling into any other heading.

**Tangible fixed assets**

All fixed assets are initially recorded at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of the asset, less its estimated residual value, over their useful lives on the following basis:

| | | |
|---|---|---|
| Fixtures and fittings | - | 25% of cost |
| Motor vehicles | - | 25% of cost |

The gains or losses arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset and is recognised in net income/(expenditure) for the year.

**Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1. Accounting policies (Continued)**

**Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's Balance Sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discontinued at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less, if not, they are presented as non-current liabilities. Trade Creditors are recognised initially at transaction prices and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**Pensions**

From August 2017 the charity has operated an auto enrolment defined contribution scheme for all eligible employees in line with current legislation.

**Change in accounting estimates**

*Depreciation*

The company has revised its depreciation rate applied for tangible fixed assets from 33.33% per annum to 25% per annum, reflecting an updated assessment of the useful economic lives.

| 2. | **Donations and legacies** | **Unrestricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|
| | Donations and legacies | **67,328** | **67,328** | 22,405 | 22,405 |

| 3. | **Grants and donations** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|---|
| | Awards for All | - | - | - | - | 20,000 | 20,000 |
| | CCF Grant Cheshire Comm | - | - | - | - | 2,000 | 2,000 |
| | Cheshire East Flourish | - | - | - | - | 10,000 | 10,000 |
| | Cheshire East Council Mentor Programme | - | - | - | - | 10,000 | 10,000 |
| | Steve Morgan Foundation | - | **1,500** | **1,500** | - | 18,000 | 18,000 |
| | Cheshire East Council | - | **67,500** | **67,500** | - | 67,500 | 67,500 |
| | Salford MBC | - | **106,667** | **106,667** | - | 79,999 | 79,999 |
| | The Henry Smith Charity | - | **60,000** | **60,000** | - | 60,000 | 60,000 |
| | Stockport MBC | - | **101,893** | **101,893** | - | 95,895 | 95,895 |
| | The National Lottery Community Fund | - | **76,267** | **76,267** | - | 74,575 | 74,575 |
| | CENF - Mental Health | - | - | - | - | 15,000 | 15,000 |
| | Spark Foundation | - | - | - | - | 1,000 | 1,000 |
| | Warrington Contract | - | **84,000** | **84,000** | - | 84,000 | 84,000 |
| | CC Foundation Warrington | - | **30,000** | **30,000** | - | 30,000 | 30,000 |
| | CCF Fund it Forwards | - | - | - | - | 15,750 | 15,750 |
| | The Rayne Foundation | - | **40,000** | **40,000** | - | - | - |
| | Children in Need | - | **40,000** | **40,000** | - | 40,000 | 40,000 |
| | Paul Hamlyn Foundation | - | **50,000** | **50,000** | - | 50,000 | 50,000 |
| | The Welland Trust | - | - | - | - | 40,000 | 40,000 |
| | Masonic Charitable Foundation | - | **16,600** | **16,600** | - | 16,700 | 16,700 |
| | Amazon | - | - | - | 1,754 | - | 1,754 |
| | The Julia & Hans Rausing Trust | - | **39,800** | **39,800** | - | 5,000 | 5,000 |
| | Liverpool Foundation | - | - | - | - | 15,000 | 15,000 |
| | Dulverton Trust | - | - | - | - | 35,000 | 35,000 |
| | DFE Funding | - | **226,831** | **226,831** | - | 316,599 | 316,599 |
| | Segleman Trust | **40,171** | - | **40,171** | - | - | - |
| | Swire Charitable Trust | **30,000** | - | **30,000** | - | - | - |
| | CCF Match Fund Donor | - | - | - | - | - | - |
| | Charles Heywood Foundation | **25,000** | - | **25,000** | - | - | - |
| | KPMG | **25,000** | - | **25,000** | - | - | - |
| | Leathersellers Foundation | **23,200** | - | **23,200** | - | - | - |
| | Rotary Congleton | **5,026** | - | **5,026** | - | - | - |
| | AB Charitable Trust | - | **25,000** | **25,000** | - | - | - |
| | Bentley Life Chances/CCF Fund | - | **20,000** | **20,000** | - | - | - |
| | CCF – UK Community Foundation | - | **60,000** | **60,000** | - | - | - |

| 3. | **Grants and donations (continued)** | | | | | | |
|---|---|---|---|---|---|---|---|
| | CCF Bentley Crisis Fund 2026 (CE) | **-** | **2,000** | **2,000** | - | - | - |
| | Charles Platter Trust | **-** | **12,500** | **12,500** | - | - | - |
| | Community Foundations for Lancashire and Merseyside | **-** | **15,000** | **15,000** | - | - | - |
| | Garfield Western Foundation | **-** | **35,000** | **35,000** | - | - | - |
| | GM Police Prevention (ARIS) | **-** | **16,000** | **16,000** | - | - | - |
| | Halton Contract | **-** | **80,000** | **80,000** | - | - | - |
| | John Lewis Foundation | **-** | **2,250** | **2,250** | - | - | - |
| | Youth Endowment PAC Programme | **-** | **97,988** | **97,988** | - | - | - |
| | | **148,397** | **1,306,796** | **1,455,193** | 1,754 | 1,102,018 | 1,103,772 |

| 4. | **Other trading income** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|
| | Earned income and reimbursements | **190** | **500** | **690** | 23,529 | 23,529 |
| | Profits on sales of fixed assets | **-** | **-** | **-** | - | - |

| 5. | **Investments** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|
| | Interest receivable | **26,088** | **-** | **26,088** | 24,178 | 24,178 |

| 6. **Charitable activities** | **Total 2026** | Total 2025 |
|---|---|---|
| **Client services** | **£** | £ |
| Staff costs | **1,056,587** | 877,569 |
| Depreciation and impairment | **13,860** | 10,117 |
| Client related costs | **133,324** | 105,049 |
| Healthcare | **75** | 660 |
| IT costs | **19,594** | 11,586 |
| Office expenses | **90,311** | 71,246 |
| Training costs | **24,613** | 15,602 |
| | **1,338,364** | 1,091,829 |
| Share of governance costs (see note 7) | **6,989** | 6,145 |
| | **1,345,353** | 1,097,974 |

Expenditure on charitable activities was £1,345,353 (2025: £1,097,974) of which £66,915 (2025: £1,754) was unrestricted and £1,278,438 (2025: £1,096,220) was restricted.

| 7. **Support costs** | **Support Costs** | **Governance Costs** | **2026** | Support Costs | Governance Costs | 2025 |
|---|---|---|---|---|---|---|
| | **£** | **£** | **£** | £ | £ | £ |
| Audit fees | **-** | **2,650** | **2,650** | - | 3,150 | 3,150 |
| Accountancy fees | **-** | **4,339** | **4,339** | - | 2,995 | 2,995 |
| Analysed between charitable activities | **-** | **6,989** | **6,989** | - | 6,145 | 6,145 |

**8. Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

## 9. Employees

| | 2026 | 2025 |
|---|---|---|
| | **No** | No |
| The average monthly number of employees during the year was: | | |
| Charitable activities | **34** | 32 |

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Wages and salaries | **926,135** | 789,883 |
| Social security costs | **100,182** | 61,544 |
| Other Pension costs | **30,270** | 26,142 |
| | **1,056,587** | 877,569 |

No employees had emoluments in excess of £60,000 during this or the prior year.

No charity trustees received any emoluments, expense reimbursements or payment for professional or other services during the year. The key management personnel of the charity comprise the trustees and the Charity Founder. The total employee benefits of the key management personnel are £76,764 (2025: £65,989).

## 10. Tangible fixed assets

| | Fixtures and Fittings | Motor Vehicles | Total |
|---|---|---|---|
| | **£** | **£** | **£** |
| **Cost** | | | |
| At 1 April 2025 | 50,701 | 19,549 | 70,250 |
| Additions | 8,226 | 34,800 | 43,026 |
| Disposals | (15,594) | - | (15,594) |
| **At 31 March 2026** | **43,333** | **54,349** | **97,682** |
| **Depreciation and impairment** | | | |
| At 1 April 2025 | 25,845 | 9,525 | 35,370 |
| Charge for the year | 9,182 | 4,678 | 13,860 |
| On disposal | (15,594) | - | (15,594) |
| **At 31 March 2026** | **19,433** | **14,203** | **33,636** |
| **Net book value** | | | |
| **At 31 March 2026** | **23,900** | **40,146** | **64,046** |
| At 31 March 2025 | 24,856 | 10,024 | 34,880 |

**11. Debtors**

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| **Amounts falling due within one year:** | | |
| Prepayments and accrued income | **3,223** | 15,583 |
| Trade debtors | **122,946** | 103,367 |
| | **126,169** | 118,950 |

**12. Creditors: amounts falling due within one year**

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Other taxation and social security | **25,557** | 22,435 |
| Deferred income (Note 13) | **132,500** | 111,420 |
| Trade creditors | **44,566** | 1,481 |
| Accruals | **13,246** | 10,954 |
| Other creditors | **8,181** | 4,341 |
| | **224,050** | 150,631 |

**13. Deferred Income**

Deferred income includes £132,500 (2025: £111,420) which has been received in advance on time restricted contracts.

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Balance brought forward | **111,420** | 39,420 |
| Utilised in year | **(33,920)** | - |
| Added in year | **55,000** | 72,000 |
| | **132,500** | 111,420 |

**14. Analysis of charitable funds - current year**

**Analysis of unrestricted fund movements**

| | Balance at 1 April 2025 | **Incoming resources** | **Resources expended** | **Transfers** | **Balance at 31 March 2026** |
|---|---|---|---|---|---|
| | £ | **£** | **£** | **£** | **£** |
| **Total general funds** | 400,918 | **242,003** | **(66,915)** | **-** | **576,006** |

**14. Analysis of charitable funds - current year (continued)**

The income funds of the charity include restricted funds comprising the following balances of donations and grants held on trust for specific purposes.

**Analysis of restricted fund movements**

| | Balance at 1 April 2025 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2026 £ |
|---|---|---|---|---|---|
| Steve Morgan Foundation | - | **1,500** | **(1,500)** | **-** | **-** |
| Masonic Charitable Foundation | 2,783 | **16,600** | **(15,000)** | **-** | **4,383** |
| Salford MBC | 13,332 | **106,667** | **(93,332)** | **-** | **26,667** |
| The Henry Smith Charity | 30,000 | **60,000** | **(60,000)** | **-** | **30,000** |
| The National Lottery Community Fund | 20,450 | **76,267** | **(77,438)** | **-** | **19,279** |
| Stockport MBC | - | **101,893** | **(99,837)** | **-** | **2,056** |
| Warrington BC | 18,000 | **-** | **(18,000)** | **-** | **-** |
| Cheshire Community Foundation Warrington | 7,500 | **30,000** | **(26,000)** | **-** | **11,500** |
| Rayne Foundation | - | **40,000** | **(40,000)** | **-** | **-** |
| Albert Gubay Charitable Foundation | 35,830 | **-** | **(20,830)** | **-** | **15,000** |
| Paul Hamlyn Foundation | 29,167 | **50,000** | **(45,000)** | **-** | **34,167** |
| Cheshire East Council Mentor Programme | 10,000 | **-** | **(10,000)** | **-** | **-** |
| CENF – Mental Health | 1,630 | **-** | **(1,630)** | **-** | **-** |
| CCF Fund IT Forwards | 5,250 | **-** | **(5,250)** | **-** | **-** |
| Julia & Hans Rausing Trust | - | **39,800** | **(4,800)** | **-** | **35,000** |
| Welland Trust | 40,000 | **-** | **(40,000)** | **-** | **-** |
| Warrington Contract | 21,000 | **84,000** | **(99,000)** | **-** | **6,000** |
| Cheshire East Council | 16,875 | **67,500** | **(67,500)** | **-** | **16,875** |
| Children in Need | - | **40,000** | **(37,000)** | **-** | **3,000** |
| Dulverton Trust | 31,275 | **-** | **(31,275)** | **-** | **-** |
| Awards for All | 6,667 | **-** | **(6,667)** | **-** | **-** |
| DFE Funding | - | **226,831** | **(226,831)** | **-** | **-** |
| Garfield Western Foundation | - | **35,000** | **(15,000)** | **-** | **20,000** |
| Charles Plater Trust | - | **12,500** | **(12,500)** | **-** | **-** |
| John Lewis Foundation | - | **2,250** | **-** | **-** | **2,250** |
| Halton Contract | - | **80,000** | **(80,000)** | **-** | **-** |
| AB Charitable Trust | - | **25,000** | **(25,000)** | **-** | **-** |
| Youth Endowment PAC Programme | - | **97,988** | **(94,048)** | **-** | **3,940** |
| Community Foundations for Lancashire and Merseyside | - | **15,000** | **(15,000)** | **-** | **-** |
| GM Police Prevention (ARIS) | - | **16,000** | **(7,500)** | **-** | **8,500** |
| Lapland Foundation | - | **500** | **(500)** | **-** | **-** |
| CCF Bentley Crises Fund 2026 (CE) | - | **2,000** | **(2,000)** | **-** | **-** |

| | | | | | |
|---|---|---|---|---|---|
| CCF – UK community Foundation | - | **60,000** | **-** | **-** | **60,000** |
| Bentley Life Chances/CCF Fund | - | **20,000** | **-** | **-** | **20,000** |
| **Total restricted funds** | 289,759 | **1,307,296** | **(1,278,438)** | **-** | **318,617** |

**14. Analysis of charitable funds - current year (continued)**

| | |
|---|---|
| **Swire Charitable Trust** | Core funding supporting sustainability and growth. |
| **Garfield Western Foundation** | Core funding supporting sustainability and growth. |
| **Charles Plater Trust** | Supporting delivery of services in Greater Manchester. |
| **John Lewis Foundation** | Contributing to Salford projects and activities. |
| **Cheshire East Council** | Supporting mentoring in Cheshire East. |
| **CCF Fund IT Forwards** | Funding supporting our Mentoring Programme in Crewe. |
| **Cheshire East Council Mentor Programme** | Supporting mentoring in Cheshire East. |
| **CENF - Mental Health** | Supporting mental health provision in Cheshire East. |
| **Albert Gubay Charitable Foundation** | To support the delivery of our Mental Health Services for care leavers in Warrington and Cheshire East. |
| **Cheshire Community Foundation Warrington Fund** | Supporting services for care leavers in Warrington. |
| **Warrington Contract** | To provide mentoring and psychological wellbeing services to care leavers in Warrington. |
| **Warrington BC** | Local Authority contract to match fund Mentoring and Mental Health Services for care leavers in Warrington. |
| **The National Lottery Community Fund** | Match funding our Mentoring Programme in Warrington and supporting our Care Experienced Parents Service in Warrington and Cheshire East. |
| **Masonic Charitable Foundation** | Supporting the delivery of our specialist services for Care Experienced Parents and their children in Stockport. |
| **The Henry Smith Charity** | This fund is supporting the delivery of our Psychological Wellbeing Service in Stockport. |
| **Salford MBC** | Local Authority contract to provide Mentoring and Mental Health support to Salford Care Leavers. |
| **Awards For All** | Our project will build social connections between care leavers from 16-18 year olds by developing an existing peer support activity program. |
| **The Welland Trust** | Funding to specifically provide an Employment Service to care leavers in Stockport and Salford. |

**14. Analysis of charitable funds - current year (continued)**

| | |
|---|---|
| **Steve Morgan Foundation** | A project based in Crewe providing a service to Care Leavers in that area. |
| **Dulverton Trust** | Enabling us to extend our reach to more care experienced young people and allowing care experience young people to thrive. |
| **Halton Contract** | Local Authority contract to provide Mentoring and Psychological Wellbeing services to care leavers in Halton. |
| **Stockport MBC** | Local Authority contract to provide Mentoring Services to care leavers in Stockport. |
| **Children in Need** | Supporting provision for 16-18 year olds care experienced young people. |
| **DFE Funding** | Supporting mentoring provision for care leavers in Cheshire East, Warrington and the development of a new service in Halton. |
| **AB Charitable Trust** | Funding supporting mentoring and psychological wellbeing services. |
| **Rayne Foundation** | Supporting our Psychological Wellbeing Service in Cheshire East. |
| **Youth Endownment PAC Programme** | Funding to deliver a peer research and social action project over two years alongside national partners. |
| **Julia & Hans Rausing Trust** | Funding to support our core activities primarily focused in Cheshire East. |
| **CCF Bentley Crisis Fund 2026 (CE)** | Funding to provide small crisis funds to care leavers in Cheshire East. |
| **Paul Hamlyn Foundation** | Core funding to support our growth, sustainability and sharing best practice nationally. |
| **CCF - UK Community Foundation** | Funding supporting services across Cheshire East. |
| **Bentley Life Chances/CCF Fund** | Funding supporting mentoring in Cheshire East. |

**14. Analysis of charitable funds – Prior year**

**Analysis of unrestricted fund movements**

| | Balance at 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2025 £ |
|---|---|---|---|---|---|
| **Total general funds** | 330,806 | 71,866 | (1,754) | - | 400,918 |

**14. Analysis of charitable funds – prior year (continued)**

The income funds of the charity include restricted funds comprising the following balances of donations and grants held on trust for specific purposes.

**Analysis of restricted fund movements**

| | Balance at 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2025 £ |
|---|---|---|---|---|---|
| Christmas Activities | 2,137 | - | (2,137) | - | - |
| Steve Morgan Foundation | 1,500 | 18,000 | (19,500) | - | - |
| St James Place | - | 10,000 | (10,000) | - | - |
| Masonic Charitable Foundation | 2,889 | 16,700 | (16,806) | - | 2,783 |
| Salford MBC | 4,545 | 79,999 | (71,212) | - | 13,332 |
| The Henry Smith Charity | 34,750 | 60,000 | (64,750) | - | 30,000 |
| Stockport Local Fund | 277 | - | (277) | - | - |
| National Lottery | 8,663 | 74,575 | (62,788) | - | 20,450 |
| Spark Foundation | - | 1,000 | (1,000) | - | - |
| Stockport MBC | 10,520 | 95,895 | (106,415) | - | - |
| Warrington BC | 18,000 | - | - | - | 18,000 |
| Cheshire Community Foundation Warrington | 7,500 | 30,000 | (30,000) | - | 7,500 |
| Rayne Foundation | 8,333 | - | (8,333) | - | - |
| Albert Gubay Charitable Foundation | 87,500 | - | (51,670) | - | 35,830 |
| Paul Hamlyn Foundation | 3,000 | 50,000 | (23,833) | - | 29,167 |
| CEF Bentley | - | 10,000 | - | - | 10,000 |
| CCF Hardship Grant CE | - | 15,000 | (13,370) | | 1,630 |
| CCF Fund It Forwards | 5,000 | 15,750 | (15,500) | - | 5,250 |
| Cheshire East Living Team | 100 | - | (100) | - | - |
| Julia & Hans Rausing Trust | - | 5,000 | (5,000) | - | - |
| SUYCT – Shine a Light | 4,136 | - | (4,136) | - | - |
| Vinci Foundation | 5,000 | - | (5,000) | - | - |
| Welland Trust | 34,001 | 40,000 | (34,001) | - | 40,000 |
| CWP NHS Foundation Trust | - | 84,000 | (63,000) | - | 21,000 |
| Cheshire East Council | 16,875 | 67,500 | (67,500) | - | 16,875 |
| Co-op Community Funding | - | 40,000 | (40,000) | - | - |
| Edward Gosling | 9,235 | - | (9,235) | - | - |
| CCF Match Fund Donor | 20,000 | - | (20,000) | - | - |
| Liverpool One Foundation | - | 15,000 | (15,000) | - | - |
| Dulverton Trust | - | 35,000 | (3,725) | - | 31,275 |
| Awards for All | - | 20,000 | (13,333) | - | 6,667 |
| Cheshire Community CCF Grant | - | 2,000 | (2,000) | - | - |
| DFE Funding | - | 316,599 | (316,599) | - | - |
| **Total restricted funds** | 283,961 | 1,102,018 | (1,096,220) | - | 289,759 |

**15. Analysis of net assets between funds - current year**

| Fund balances at 31 March 2026 are represented by: | Restricted Funds £ | Unrestricted Funds £ | Total Funds 2026 £ |
|---|---|---|---|
| Tangible assets | **64,046** | **-** | **64,046** |
| Current assets | **254,571** | **576,006** | **830,577** |
| **Net assets** | **318,617** | **576,006** | **894,623** |

**Analysis of net assets between funds - prior year**

| Fund balances on 31 March 2025 are represented by: | Restricted Funds £ | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|
| Tangible assets | 34,880 | - | 34,880 |
| Current assets | 254,879 | 400,918 | 655,797 |
| **Net assets** | 289,759 | 400,918 | 690,677 |

**16. Operating lease commitments**

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases as follows:

| | 2026 £ | 2025 £ |
|---|---|---|
| Due within one year | 1,068 | 1,068 |
| Due within two to five years | 2,403 | 3,471 |
| | 3,471 | 4,539 |

**17. Related party transactions**

During the year the charity has not entered into any transactions with related parties:

**18. Control**

The company is controlled by its Board of Trustees. There is no one person with overall control.

| **19. Reconciliation of net movement in funds to net cash flow from operating activities** | **2026 £** | 2025 £ |
|---|---|---|
| Net income for the year | **203,946** | 75,910 |
| **Adjustments for:** | | |
| Depreciation charge | **13,860** | 10,117 |
| Dividends, interest and rents from investments | **(26,088)** | (24,178) |
| Decrease/(increase) in debtors | **(7,219)** | (61,062) |
| Increase/(decrease) in creditors | **73,419** | 91,223 |
| (Profit)/loss on disposal of tangible assets | **-** | - |
| **Net cash generated/(used in) operating activities** | **257,918** | 92,010 |

PURE INSIGHT
connecting care leavers

**Impact Report**
April 2025- March 2026



# Supporting young people to thrive

# Contents


| | |
|---|---|
| Message from CEO | Page 3 |
| Mission, Vision and Values | Page 4 |
| Our Support and Services | Page 5 |
| Challenges in the Spotlight | Page 6 |
| Achievements and Highlights | Page 9 |
| Mentoring | Page 10 |
| Care-Experienced Young Parents | Page 12 |
| Mental Heath and Emotional Wellbeing | Page 14 |
| Education, Employment and Training (EET) | Page 16 |
| Meet Lotte | Page 18 |
| Peer Support and Wellbeing Activities | Page 19 |
| Change Champions and Influencing | Page 21 |
| Peer Action Collective | Page 23 |
| Business and Community Partnerships | Page 25 |
| Meet Sam | Page 27 |
| Volunteer Impact | Page 28 |
| Future Plans | Page 30 |
| Funder Thanks | Page 31 |








# Message from CEO

Reflecting on this past year, it has been a remarkable one for Pure Insight, filling me with a deep sense of pride and gratitude. Witnessing what we have achieved, the wide-ranging positive impact for young people and leading such a passionate and committed team of staff and volunteers, is a privilege.



We have made strides forward over the last 12 months as the organisation has continued to grow and develop, focusing on strengthening the foundations that will carry us forward.

One of the many significant projects we have been working on is the launch of the Peer Action Collective (PAC) programme. We're the first national partner to focus specifically on care-experience in relation to youth violence and crime, and we've ensured care-experienced young people are front and centre of the work, recruiting them into paid research and social action roles. Their experiences will directly shape the actions and solutions that follow.

Our partnership work has also continued to grow. From co-developing a local offer for care-experienced parents in Stockport, to contributing to regional strategy through the regional Cheshire and Merseyside Corporate Parenting Group, we know that by working together, we can go further and create more meaningful change for the young people we support.

From an internal perspective, we have focused heavily on our investment in data and impact. With the introduction of a new CRM system and a new dedicated Data and Impact Lead, we've improved how we explain the difference our work makes and can evidence this more effectively. We can identify more patterns across our services, respond to emerging needs, and use real-time insights to guide decisions. While this work is still ongoing, we're already seeing the benefits, leading to the freeing up of team time and building a stronger evidence base to support both our own learning and the wider sector.

We have also strengthened our internal team with new leadership roles, an expanded team across Halton, Warrington and Cheshire East, and two new trustees. These changes ensure we are well placed to meet future demand while maintaining the quality of our support.

Looking ahead, our focus is on building even stronger foundations, enabling us to better support the next generation of young people leaving care. This includes solidifying our infrastructure, developing the next phase of our Peer Action Collective work, and launching a new Change Champions Academy - read more about these later in the report.

I would like to thank every young person who places their trust in us. Your experiences and insights are at the heart of everything we do. I now look forward to the next phase, and to seeing even more young people feel understood and supported, gaining the confidence and determination to shape their own futures.

With my warmest wishes,

Sarah Sturmey

**CHIEF EXECUTIVE OFFICER,**
**PURE INISGHT.**

**Key areas of progress for the year**

**INVESTMENT IN DATA AND IMPACT**

**NEW PARTNERSHIPS AND PROGRAMMES**

**EXPANDED TEAM**

# Mission, Vision, and Values

## OUR MISSION

Our mission is to support care-experienced young people to thrive as they step into adulthood. We empower them to achieve their goals, build the skills and confidence needed for independent living, form lasting and dependable connections in our communities and speak up about what matters to them most.

## OUR VISION

A world where care-experienced young people feel they truly belong - living full lives on their own terms, and sharing their strengths, talents and voices within our communities



## OUR CORE VALUES

### INTEGRITY

We build trust by being reliable, responsible and transparent. When we face difficult situations, we are honest, authentic and open so we can hold ourselves, others and the systems around us accountable and drive change.

### BELONGING

We create communities where everyone feels heard, included, safe and connected. Everyone should know that they matter and feel part of something bigger. People with lived experience of care are at the heart of everything we do, and we work together to co-create our provision.

### ASPIRATION

We inspire young people to dream big and shape their own future, on their terms. We help them to create lasting connections and achieve their goals. As we walk alongside young people we give encouragement, care and respect for their unique circumstances.

### TENACITY

We approach every situation with curiosity, kindness and an open mind, so that we can understand the core issues and learn from the people and situations we encounter. We listen without assumptions. We seek out new ways to work and develop innovative solutions and take action that brings lasting change.

# Our Support and Services

## PRACTICAL SUPPORT

**The move to living alone can feel sudden and isolating for many care leavers.** We help young people to develop their practical life skills, including managing money, maintaining a home, and supporting their health and wellbeing. We also help resolve complex or crisis situations, such as those involving housing or the criminal justice system, acting as advocates at appointments, and assisting them to access specialist support.

## MENTAL HEALTH AND EMOTIONAL SUPPORT

**By providing specialist wellbeing workers, counsellors, and trained mentors, we offer a safe space for young people** to share their story, heal, develop emotional regulation skills, coping strategies, and support networks. Our team is highly trained and supports people who have experienced trauma and are living with mental health issues. Our young people can talk to us about anything, and receive advice, guidance and therapy tailored to them.

## FOR YOUNG PARENTS

**Becoming a parent can feel overwhelming, especially without a strong support network.** Through our specialist programme, we work with care-experienced parents aged 28 and under and their children, including young parents whose children are in the care system. Our team provides one to one intensive wrap around support for young families to nurture parenting skills and confidence, enabling the family to flourish as a unit.

## EDUCATION, EMPLOYMENT AND TRAINING (EET)

**Young people are supported by specialist employment coaches** to help them identify strengths and aspirations, develop skills, and become job ready. Employment coaches support local companies to create pathways to work and remove barriers to employment, offering bespoke training to ensure sustainable long-term employment for young people and employers alike.

## WE SUPPORT YOUNG PEOPLE TO SPEAK UP ABOUT THE ISSUES THAT MATTER MOST

**Through our youth advisory group, Change Champions, young people can speak up to directly influence decision makers** and help improve local and national services for all care leavers.

Change Champions shape everything we do. They review and co-design our services, to make sure we are meeting real needs as well as taking part in interviewing and training staff, volunteers and external partners.

## WE CREATE CONNECTIONS IN OUR COMMUNITY

**By being part of Pure Insight, young people can build their own community that they can count on,** through the good times and the bad. Alongside our staff team we have a dedicated and growing network of volunteers to help foster connections in the community. Young people can be matched with a local volunteer mentor or benefit from group mentorship activity. Our highly trained mentors support young people in working towards personal goals, dedicating two to three hours a week for at least two years. Many mentoring relationships grow into lasting, meaningful connections.

## OUR PEER SUPPORT ACTIVITIES

**We help young people find a sense of belonging and connection** through shared experiences. Every young person at Pure Insight can access a free programme of activities that offer fun, friendship, and personal growth.

# Challenges in the Spotlight

## Imagine turning 18 and facing the world alone,

abruptly cut off from support, and suddenly managing a flat, a budget, trying to get a job, cooking for yourself, with few independent living skills and no family support. All while coming to terms with childhood trauma, neglect and abuse. It is a uniquely difficult starting point.

The Department for Education's (DfE's) evidence to the Committee said: *"Care leavers have some of the worst long-term life outcomes in society across health, housing, education and employment."*



### INDEPENDENT LIVING SKILLS

82% care leavers struggle to afford food, 64% face rising debt, and 31% are at risk of homelessness. *(Barnardo's 2023)*

**Impact: 78% of young people improved their independent living skills and 67% improved their ability to manage money.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**44%**

identified a lack of independent living skills



***"When I came out of care, I was so lost. I didn't know how to pay bills and wondered if I was ever going to get anywhere. Then you guys came along and helped me sort all that out, helped me to have faith in myself. I genuinely wouldn't be here without you, thank you."*** *Lily, aged 20*

**OUR IMPACT TO OUR YOUNG PEOPLE**

**78%**

improvement in their independent living skills

### LONELINESS AND ISOLATION

Two-thirds (67%) of care leavers reported feeling lonely at some point in the last few weeks; of those 22% recorded they had 'always/often' felt lonely - twice the number of young people aged 16 to 24 in the general population who report this (10%). *(Coram Voice 2020)*

**Impact: 87% experienced a reduction in loneliness or isolation as a result of our support.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**65%**

told us they were lonely or isolated



***"I am glad that I have actually started to socialise because I have started to make some really good friends through Pure Insight. Friends that I never thought I needed...ever since I started coming out to events that you throw. I just wanted to say thanks."*** *Ella, 19 years old.*

**OUR IMPACT TO OUR YOUNG PEOPLE**

**87%**

Experienced a reduction in loneliness

## HOUSING

A third of care leavers become homeless within two years of leaving care *(Department for Education)* 25% of the homeless population are care experienced (UK Parliament)

**Impact: 71% made progress in their ability to manage their tenancies, with 23% maintaining stable levels (preventing escalation).**



***"Each day takes me closer to the independence that I'm definitely capable of. I'm excited to start off my new beginnings and to explore so many things"***
*Ish, 20 years old.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**25%**

chose housing as an area they need help with

**OUR IMPACT TO OUR YOUNG PEOPLE**

**71%**

made progress in their ability to manage tenancies

## EMPLOYMENT, EDUCATION AND TRAINING (EET)

Care leavers are almost three times as likely to be not in Education, Employment or Training *(Department for Education, 2023)*

**Impact 82% of these young people improved their EET outcomes.**



***"Because I am not with my parents and I feel the lack of my father and I don't really know what education and the right thing is, but you are the best teachers and I imitate you. I feel that this is the right thing to do. I think I am finally seeing the good again."***
*Kyra is making steps toward education, supported by her Mentor Coordinator, volunteer mentor, and PA.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**35%**

wanted to focus on EET

**OUR IMPACT TO OUR YOUNG PEOPLE**

**82%**

improved their EET outcomes

## PARENTING

Care-experienced young people are approximately 2.5 times more likely to become parents as teenagers compared to their peers, with about 22% of female care leavers having a child before turning 20. These parents face high risks of isolation, financial hardship, and disproportionately experience, or are at risk of, having their own children removed. *(Barnardo's 2022)*

**Impact: 84% of parents showed improvement across parenting outcomes.**



***"My biggest takeaway has been knowing I had a weekly safe space, outside of all the drama and conflict and family dynamics, where I could freely name what was coming up and know it would be held safely."*** *Sammi.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**NEARLY 25%**

are young parents

**OUR IMPACT TO OUR YOUNG PEOPLE**

**84%**

showed improvement across parenting outcomes

## MENTAL HEALTH

Research found that 46% of care leavers had been identified as having a mental health concern. Of those, 65% were receiving no service and just 9% were on a waiting list for NHS support. *(Barnardo's 2024)*

**Impact: 77% of these young people improved their mental health outcomes through our mentoring service and 85% of young people receiving mental health support showed an overall improvement in their wellbeing outcomes.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**69%**

identified mental health as an area to work on

**OUR IMPACT TO OUR YOUNG PEOPLE**

**77%**

improved their mental health outcomes



***"She has drastically impacted my life in the best way possible. She genuinely understands what I'm going through and has been a huge source of comfort and validation"***

*Karly, speaking about our mental health worker.*

## EXPLOITATION AND OFFENDING

By the age of 24, more than half of care-experienced young people have a criminal conviction *(Office for National Statistics, 2022)*. Almost 25% of the adult prison population has previously been in care (*Independent Review of Social Care 2021).* **Impact: 84% of these young people reduced survival and coping behaviours contributing to risk or offending.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**30%**

experienced exploitation or offending

**OUR IMPACT TO OUR YOUNG PEOPLE**

**84%**

reduced behaviours contributing to offending



***"If it weren't for Pure Insight, I don't know where I'd be. Well, I do and it wouldn't be good."***

*Jack, reflecting on his past history of offending and the support provided.*

# Achievements and Highlights

**603** CARE-EXPERIENCED YOUNG PEOPLE SUPPORTED

**145** OF THEIR CHILDREN

**748** INDIVIDUALS IN TOTAL

**10%** INCREASE FROM THE PREVIOUS YEAR

**92%** YOUNG PEOPLE ENGAGING WITH OUR SUPPORT SHOWED OVERALL IMPROVEMENT ACROSS KEY AREAS OF THEIR LIVES

## MENTORING

**369** young people benefited from our mentoring programme, achieving a range of positive outcomes, including:

**98%** increasing/ maintained social networks and relationships scores

**95%** increasing/ maintained independent living skills

## VOLUNTEERS

**104** new volunteers recruited

**22,268** hours volunteered

valued at **£445,360**

## MENTAL HEALTH

**254** young people benefited from our mental health support and **80** from our counselling offer

**91%** increased/maintained scores feeling in control of emotions and ability to cope

**92%** increased/maintained scores understanding of self/history/diagnosis

**92%** increased/maintained scores understanding healthy relationships and improved relationships

## PEER SUPPORT AND GROUP WELLBEING ACTIVITIES

**255** young people have joined our group wellbeing and peer support activities

**93%** increased/maintained levels of belonging and contribution

## YOUNG PARENTS SERVICES

**139** parents supported

**145** of their children supported

**92%** young parents increased their parenting skills and knowledge

## PARTICIPATION

**17%** increase in participation of young people influencing regional and national services

**142** young people engaged in our participation and influencing work

## EMPLOYMENT, EDUCATION & TRAINING

**72%**

young people progressed in purposeful use of their time through employment, education and training



# Mentoring

**Our community-based mentoring programme has been recognised as best practice for supporting care experienced young people.** We recruit and train local volunteers who are carefully matched with young people to provide two to three hours of weekly support over a minimum of two years. Mentors help build practical life skills, from managing money and homes to health and wellbeing, while also providing emotional support and advocacy.



For young people facing complex challenges including criminal exploitation, mental health issues, or young parenthood, we offer intensive support. Through a strength-based approach, mentors help young people identify aspirations, build confidence and support networks. For many isolated young people, these relationships are transformative, creating connection, purpose and belonging.



## Meet Saffie

**When we met Saffie at 19 years old, she was facing many challenges: a lost job, threatened eviction, outstanding debts, and a violent home life. She was unable to access many services, assessed as high risk, having missed appointments and displaying volatile behaviour with service staff, as well as being deeply untrusting of agencies - behaviour stemming from trauma and frustration, but perceived by some as disrespect.**

Pure Insight's mentor coordinator took a trust-first approach, focusing initially on practical, tangible help rather than pushing straight into sensitive issues like domestic abuse and trauma. This decision proved critical. Within just four weeks, Saffie's tenancy was renewed after her mentor coordinator advocated on her behalf with the housing association. A repayment plan was secured for her rent arrears, and a clear path forward was established for her catalogue debt.

The mentor coordinator introduced tools and techniques to help Saffie manage her emotions. Previously, feeling that everyone was against her had triggered a fight-or-flight response, with emotions quickly reaching breaking point. There was a marked shift, Saffie remained calm and found it easier to navigate processes she had previously found overwhelming. Saffie was matched with a volunteer mentor, Liz, who has been able to help Saffie manage a budget, teach her some cooking skills, and has encouraged Saffie to develop friendships at the Pure Insight drop-in café.

As trust grew, Saffie began sharing about the domestic abuse she was experiencing and was supported to start thinking through what a healthy relationship might look like. This opened the door to safety planning conversations, though she is not yet ready to leave her partner.

Saffie's own words capture the impact:

> ***Thank you for coming with me to these stressful meetings, and for being such a supportive person I can count on.***

# Highlights This Year

### CO-ORDINATED MENTORING TEAMS FOR COMPLEX SITUATIONS

**For young people facing the highest levels of risk and vulnerability, we can co-ordinate a team of two to five volunteer mentors alongside team support. When statutory or specialist services are unavailable or insufficient, this wrap-around approach fills the gap.**

When one young person was released from prison on a bank holiday weekend, a notoriously high-risk window with no services open, we mobilised a team of volunteers across the entire weekend. One took him for a meal, another for football, a third brought him along to his workplace, a bike workshop. Together they kept him safe, occupied, and connected until statutory support could be put in place.

> ***Really impressed with the support that Pure Insight can offer. I hope that this young person appreciates you and your staff.***
> *Martin Conway, probation services.*

**369**

**YOUNG PEOPLE RECEIVED SUPPORT FROM OUR MENTORING PROGRAMME**

**93%**

**OF YOUNG PEOPLE SHOWED AN OVERALL IMPROVEMENT ACROSS THE OUTCOMES THEY WERE ASSESSED ON**

| | |
|---|---|
| **98%** | **INCREASED/MAINTAINED SOCIAL NETWORKS & RELATIONSHIPS** |
| **95%** | **INCREASED/MAINTAINED INDEPENDENT LIVING SKILLS** |
| **84%** | **INCREASED/MAINTAINED THEIR ABILITY TO MANAGE THEIR TENANCIES** |
| **94%** | **INCREASED/MAINTAINED MONEY MANAGEMENT SKILLS** |
| **95%** | **INCREASED/MAINTAINED REDUCTION OF BEHAVIOURS CONTRIBUTING TO RISK OR OFFENDING** |

# Care-Experienced Young Parents



**For care-experienced young people, parenthood arrives alongside the challenges of leaving care and building independent lives. Many are still making sense of difficult childhoods, raising families without traditional support networks, and many struggling to trust statutory services.**

Their own painful histories can hinder them from being the parent they aspire to be, and without the skill, confidence or support, isolation and self-doubt can quickly take hold. This is where our specialist family support coordinators and our trained volunteer mentors step in, providing intensive, tailored one-to-one practical and emotional support to meet the unique needs of each young family.



## Meet Kaden

**Kaden was referred to Pure Insight at just 18, on release from a custodial sentence and finding his feet under probation's supervision. He had been let down so many times that he struggled to trust professionals, often disengaging when he felt unheard. Contact with his young child had broken down during his time in custody.**

Kaden desperately wanted to be a present and active parent but had limited experience, little confidence, and no clear pathway to get there. He was motivated, but frustration, vulnerability and lack of support were significant barriers.

Our team quickly identified that communication style was key, adapting our approach by providing information in smaller chunks, recapping key points and always following through on commitments, all of which made an immediate difference to his engagement. Our team supported him to understand how his own care experience has affected his parenting, helped him to access legal advice, and supported him to develop the skills and confidence needed to be a good father.

We matched Kaden with Paula, a trained Pure Insight mentor, who worked patiently to build his confidence while introducing activities and community settings that supported bonding and provided the stimulation needed for his child's development. With this structured approach she guided Kaden in how to respond to his child and nurture their bond. What had once felt uncertain gradually became something natural and joyful, and fun. His child's progress was tangible, visibly relaxing, responding to Kaden's voice, and showing the earliest signs of secure attachment.

Kaden has since completed a parenting course, has improved his communication, and returned to part-time work.

# Highlights This Year

### ENHANCED IMPACT MEASUREMENT

We have developed detailed criteria to better measure and demonstrate the difference our work makes to young families.

### NEW PARENT TRAINING PROGRAMME

We have launched a series of practical workshops for young parents, including first aid training and self-care, equipping them with skills and confidence for everyday family life.

### DEDICATED ONLINE COMMUNITY SUPPORT

Our closed WhatsApp groups have created a lively, supportive community where parents can access peer support, staff and volunteer advice, and local information. From accident prevention tips and baby sleep advice, to donated items and specialist signposting, these groups help us to meet needs collectively and ensure no parent feels alone.

**139**

**YOUNG PARENTS, AND 145 OF THEIR CHILDREN, RECEIVED WRAP AROUND FAMILY SUPPORT**

**34**

**YOUNG WOMEN SUPPORTED THROUGH PREGNANCY TO PREPARE PRACTICALLY AND EMOTIONALLY TO BE A PARENT**

**93%** IMPROVED/MAINTAINED THEIR CONFIDENCE AND ABILITY TO PARENT

**85%** IMPROVED/MAINTAINED HEALTHY RELATIONSHIPS

**90%** IMPROVED/MAINTAINED THEIR ABILITY TO ENSURE HOME ENVIRONMENTS ARE ORGANISED, STABLE AND SAFE

**83%** IMPROVED/MAINTAINED THEIR ABILITY TO ASK FOR AND ACCEPT HELP

**90%** IMPROVED/MAINTAINED FINANCIAL SITUATIONS

**91%** IMPROVED/MAINTAINED EMOTIONAL WELLBEING OF PARENT AND CHILDREN

**90%** IMPROVED/MAINTAINED PHYSICAL WELLBEING OF PARENT AND CHILDREN

# Mental Health and Emotional Wellbeing



**We work with young people across the spectrum of need, from early intervention through to severe mental illness.** With intensive, long-term outreach work, our specialist wellbeing workers and counsellors provide a safe space for young people to share their story, heal, receive guidance, interventions and therapy tailored just for them.

We help young people understand their experiences of trauma, develop emotional regulation skills and coping strategies, build support networks and resilience, and work towards independent, fulfilling lives.



## Lara's story

**Unaccompanied minors seeking asylum are cared for in the care system. Lara was referred to Pure Insight for help with her mental health. As a victim of trafficking, Lara had experienced considerable trauma. A psychological wellbeing assessment identified several areas of focus, including intrusive memories, low mood, emotional dysregulation, social isolation, and significant anxiety surrounding her immigration status. She was not eating or sleeping properly.**

Diagnosed with PTSD, Lara struggled to process the traumatic loss of her family and home while trying to make sense of the injustice of her situation. She was isolated, rarely leaving home, and lacked connection with peers or purposeful activity.

Our mental health worker built a strong, trusting therapeutic relationship at Lara's pace. Brain spotting was used to help process traumatic experiences - particularly effective when English is not someone's first language, as it allows processing without verbal translation. Space was created for Lara to share painful feelings, cry, and be heard without judgement.

Practical support ran alongside therapeutic work. A letter to the Home Office confirming Lara's engagement with our services proved pivotal in securing her leave to remain in the UK. For the first time in years, Lara had safety and certainty. She said: "This is the best news of my life. I feel like I am flying. You have saved my life."

Lara is now enrolled in college and building toward a career. She has become more self-aware, recognising when feelings of distress start to build and has gained skills and healthy coping strategies. She now has a greater sense of control over her life and how she responds.

Lara said:

***"This is the best news of my life. I feel like I am flying. You have saved my life.***

# Highlights This Year

**254**

YOUNG PEOPLE BENEFITED FROM OUR MENTAL HEALTH SUPPORT

**80**

YOUNG PEOPLE BENEFITED FROM OUR COUNSELLING OFFER

**96%** IMPROVED/MAINTAINED UNDERSTANDING HOW EMOTIONS AFFECT YOU DAY TO DAY

**91%** IMPROVED/MAINTAINED FEELING IN CONTROL OF EMOTIONS AND ABILITY TO COPE

**91%** IMPROVED UNDERSTANDING OF HOW TO PROTECT EMOTIONAL SAFETY AND STABILITY

**92%** IMPROVED/MAINTAINED UNDERSTANDING OF SELF, JOURNEY AND DIAGNOSIS

**86%** IMPROVED/MAINTAINED IMPROVEMENTS IN PHYSICAL HEALTH

**92%** IMPROVED/MAINTAINED UNDERSTANDING OF HEALTHY RELATIONSHIPS RESULTING IN IMPROVED RELATIONSHIPS

# Employment, Education and Training

**Many care-experienced young people face complex challenges that make finding and keeping jobs harder.** They are nearly three times more likely to be out of education, employment, or training (NEET) than their peers.



Through our Employment, Education and Training (EET) service we help them to secure work, education and training by providing personalised support to help build confidence and develop skills. Our work with local employers, delivering trauma-informed training, helps create more inclusive environments for care leavers while opening new opportunities for them.

## Meet Mani

**Mani was 19 and stacking shelves when he met Pure Insight. He worked hard but felt undervalued by his manager. Mani dreamed of a meaningful career but was stuck in a cycle of prioritising short-term gains, often starting courses but not completing them. He lacked English and maths qualifications and struggled with debts and difficult relationships.**

Our employment coach offered him unwavering support over 18 months. He worked closely with his manager to build a deeper understanding of Mani's experiences in the care system, introducing trauma informed practices that transformed their working relationship and helped Mani sustain his role. Coupled with budgeting exercises and steady encouragement, our employment coach helped Mani clear his debts and focus on longer-term goals.

When a traineeship opportunity came up with the local council's Parks Team, our coach supported Mani through the application process, while a volunteer mentor provided weekly guidance, helping him build workplace relationships and develop his skills. Mani has now secured a horticultural apprenticeship within the Parks Team and is working towards his English and maths qualifications.

The anxious, defeated teenager has become a confident young man who regularly attends Pure Insight Café Nights and outdoor activities, building a sense of community rather than hiding from it.

**72%**

**YOUNG PEOPLE PROGRESSED INTO EMPLOYMENT, EDUCATION AND TRAINING**

**48**

**CARE LEAVERS ACHIEVED LONG TERM PAID EMPLOYMENT**

# Success Snapshots



**MACAULEY**

has secured a job as a barista

**SASKI**

is studying counselling at level 2, aiming to work in a young person's charity supporting those who have experienced trauma

**LIV**

has secured an apprenticeship with Virtual Schools

**MICAYA**

has started a teaching assistant role

**LANA**

is volunteering in a leisure centre, supporting gymnastics and creative play for children with learning needs

**KIERAN**

is studying drama

**ESMEE**

is volunteering in a charity shop

# Meet Lotte

Lotte experienced a deeply traumatic childhood. Losing her mother at a young age and watching her father turn to drugs and alcohol to cope, was devastating and ultimately led to her being taken into care.

When we first met Lotte at 19, she was incredibly isolated, smoking a lot of cannabis, and most critically, had severely restricted contact with her young daughter Amelie, who was being cared for by her sister. Lotte is now 23.



We matched Lotte with a volunteer mentor, Beth, who built trust gradually and explored how best to support her to develop friendships with her peers. Beth began taking her on walks and trips to the garden centre, where Lotte found a great sense of peace, particularly watching the birds along the river nearby. What started as structured support grew into a genuine and lasting friendship; this year they even travelled to London together for a show. This relationship has given Lotte the emotional support and companionship she had rarely experienced and directly strengthened her confidence and resilience across every other area of her life.

Our education, employment and training coach supported Lotte to enrol in her first college course in health and wellbeing. She went on to sign up for a nursing course, and last year successfully secured a training role at the local hospital following CV writing and interview prep support from our team.

Lotte has benefited from the support of our trauma-informed counsellor, whose input proved transformative. She focused on lifestyle improvements, better sleep, regular exercise, and greater financial stability. Lotte's anxiety has reduced significantly. She also stopped smoking cannabis entirely, recognising its negative impact on both her mental health and her chances of rebuilding contact with Amelie.

Parenting support was the most complex and emotionally demanding area of our work together. Lotte's relationship with her sister was strained, so Pure Insight's parenting worker began supervising monthly visits, supporting the sisters to build a positive relationship. We sourced a family law solicitor, pursued mediation, and supported Lotte through two court hearings, attending every key meeting along the way. Professionals assessed Lotte's parenting skills positively throughout the process. This year, the final court order brought life-changing news: Lotte now has regular weekly contact with Amelie, including overnight stays.

## THREE YEARS ON

Lotte has accessed a breadth of wraparound support from us, including mentoring, EET coaching, counselling, and parenting support. Each strand has reinforced the others. However, as professionals consistently noted throughout the process, the most important factor was Lotte herself: her resilience, composure, and unwavering commitment to her daughter.

# Peer Support and Wellbeing Activities

**Loneliness is one of the biggest challenges young people leaving care must face.** Without friendship and a support network, many are drawn to risky situations and harmful relationships - a pattern rooted in the instability and trauma of their childhood.

Our peer support activities offer a healthier alternative: genuine belonging, connection, fun and the adventure of trying something new alongside people who understand their experience.



### THIS YEAR'S HIGHLIGHTS

Alongside regular café nights, bike rides, walks, football, and outdoor pursuits, including abseiling and kayaking, this year we introduced ice skating, a multi-sport session and fishing. The new fishing activity was instigated by one of our young people, who reached out to a local community group. We then supported him in bringing the trip together. We are proud to share responsibility in organising group activities with young people, providing opportunities to develop real leadership skills within a community that backs them.

For some young people, attending an activity means overcoming significant barriers, including anxiety around public transport, meeting new people, or simply trying something unfamiliar. We support young people through all of this, gently building the confidence to travel independently, arrive on time, make plans, and set boundaries.

## JT's Story

**When we first met JT, he wouldn't leave his flat. Years of broken trust with professionals had left him deeply reluctant to engage, and it took months of patient relationship building before he felt comfortable enough to step outside.**

We started in small ways, supporting him with cooking on a budget and finding out what he loved. Despite our best efforts, JT remained resistant to more intensive support, declining a volunteer mentor and our mental health and emotional wellbeing service. We respected his pace and went at the speed he felt comfortable with. The breakthrough came in a simple discovery: he loved fresh air, walking, cycling and anything outdoors.

Through our outdoor activity programme, JT found his confidence. He now attends most activities and suggests new places to explore on bike rides. He is also planning to climb a mountain next year with his newfound friends. From someone who wouldn't open his door, JT has become someone others can rely on. He is thriving.



## Kye's Story

**When we first met Kye, he was facing a criminal damage charge and had a history of offending. We supported him through the legal process and gradually introduced him to activities that gave him a positive focus.**

The activities were a lifeline, helping him stay out of trouble and their impact has been lasting. He rarely misses our fortnightly café, valuing the structure, purpose, and boundaries they provide. He regularly supports our activity co-ordinator to move furniture donated from the community, sharing that this has ***"a real, positive effect on his mental health and wellbeing".*** Kye has now held down a job for several years, and has found a real passion for cycling, going out regularly with a local club and building a community around him.

> ***I am grateful for so many amazing, beautiful, funny, and creative people. People like you guys make me realise the world isn't as bad as I thought it was, I was just hanging around with the wrong people.*** **Layla**

**163**

**YOUNG PEOPLE HAVE ENJOYED SOCIAL CONNECTION, A MEAL AND FUN ACTIVITIES AT OUR CAFE NIGHTS**

**255**

**YOUNG PEOPLE HAVE JOINED IN WITH GROUP WELLBEING ACTIVITIES**

**98%** **INCREASED/MAINTAINED SOCIAL NETWORKS AND RELATIONSHIPS**

# Change Champions and Influencing

**Care-experienced young people are passionate and motivated to take a meaningful role in shaping their own and other care-experienced young people's futures, addressing the huge health, social and economic inequalities they face.**



Through co-design, consultation, and a dedicated youth advisory group, Change Champions, they directly shape how services are designed and delivered, locally and nationally. They interview and train staff, influence policy, and ensure that decision makers are driving real change. This year alone, we have worked with: housing providers to develop a resource for staff supporting care leavers into new tenancies; shared best practice models at the North West Association of Directors of Children's Services; and co-produced a local parent services offer in partnership with Stockport Council.

## PLANNING ENDINGS

Relationships ending can be particularly difficult moments in a care leaver's life due to previous experiences of loss through abrupt or unplanned endings. Our Change Champions led the design of a "Planned Endings" training programme, delivered to 176 staff at Warrington Borough Council. The training explored the emotional impact of endings, barriers to positive endings, appropriate boundaries, and fostering a trauma-informed approach, with a core message that endings need to be acknowledged and planned for from the very start of a relationship.

***"Endings start at the beginning"*** **Jasper, 22**

The response has been overwhelmingly positive, with many reflecting that they had not previously considered how endings could affect the young people they support and leaving with a commitment to do things differently.

> ***At a staff engagement event, we spent the afternoon with care-experienced young people. They led a fantastic session. We're all divas and I've learnt a new word, 'slay'! Thanks for your invaluable work.***
>
> **Sharon Cooper, Director of Children's Services, Warrington.**

## HOW DO WE INCORPORATE TRAUMA INFORMED APPROACHES TO ENDINGS



# Change Champions and Influencing

## STRENGTHENING SAFEGUARDING

The transition to adulthood is not a single moment: it is a journey, and for many care leavers, it is one of the most vulnerable periods of their lives. Without the right support in place, young people can be exploited, and the warning signs can go unnoticed. Too often, safeguarding systems are designed with children in mind and simply stop at 18, leaving young adults in a dangerous gap. We are working to close that gap. Alongside local authorities across Cheshire and Greater Manchester, we are strengthening transitional and contextual safeguarding for care leavers.

In Warrington, we have co-developed exploitation screening tools and clear escalation pathways that have already led to faster interventions, stronger multi-agency coordination, and better protection for young adults navigating the critical move toward independence.

## DRIVING AN EQUITABLE OFFER

No care leaver's success in life should depend on where they happen to live. This year we joined the newly established strategic Regional Corporate Parenting Group for Cheshire and Merseyside - a significant opportunity to bring frontline insight and lived experience directly into regional decisions. Alongside strategic leads from statutory services across the nine local authority areas, we will advocate for an improved and equitable offer, tackling significant variations in support that care leavers currently experience across the region. We will also create meaningful co-production opportunities ensuring young people's voices shape the plans that affect them most.

## ANNUAL YOUNG PERSON'S CONSULTATION DAY

In November, we consulted with care-experienced young people about their priorities, they told us clearly: they want more practical support with independent living skills, someone to guide and model skills alongside them, and more help finding education, employment, and training pathways. They also want more opportunities to have their say in local decision making.



The data behind their voices is striking. 63% said they struggle with managing money, 88% with relationships, and 69% with loneliness and isolation - a combination that significantly increases vulnerability and the risk of exploitation.

Their priorities are shaping our strategic plans, ensuring that our work is driven by what young people need. Our plans to grow our participation and influencing work is a key aspect of this.

**142**

**YOUNG PEOPLE INFLUENCED LOCAL, REGIONAL AND NATIONAL SERVICES**

**91%**

**YOUNG PEOPLE REPORTED IMPROVEMENTS ON FEELING IN CONTROL OR HEARD AROUND THE CHOICES THEY CAN MAKE**

# Peer Action Collective

**The Peer Action Collective (PAC) project is a two-year research project formed to deep-dive into how care-experience influences and impacts peer violence. We conduct research via focus groups, one-to-one interviews and surveys, reaching 650 people across the North West to support the design and delivery of social action that addresses the root causes.**



Funded by the Youth Endowment Fund and the #iwill Fund (a joint investment between the National Lottery Community Fund and the Department for Culture, Media and Sport), we were selected as a delivery partner due to Pure Insight's deep understanding of care-experienced young people.

Peer-led research opens conversations that traditional models often miss, reaching young people who have been less likely to engage with services, but whose experiences are critical to understanding risk, vulnerability and resilience.

We have recruited a small team of care-experienced Young People into the roles of PAC Leads. Each stage from designing the direction of the research, and creating meaningful and lasting social change from the findings is led by these care-experienced young people. Supported by two specialist staff, our team of PAC leads are turning their lived experience into professional expertise, and amplifying the voices of 650 care experienced young people aged 16-25.

Our PAC leads chose to explore how relationships with peers, professionals and systems influence their experiences of violence during this time.

All the PAC leads felt that forming the first research project around understanding the impact of positive and negative relationships, was important to them. Jade, who is passionate about making sure neurodiversity and mental health are always considered, says "exploring relationships is really important because the people around young people in care or care leavers, such as peers and professionals, can have a huge impact on their lives. When those relationships aren't understanding, especially around individual needs, neurodiversity or mental health, it can lead to isolation, conflict and sometimes peer violence."

By the end of the programme, Pure Insight will have a clearer understanding of how care experience intersects with youth violence, and a set of evidence based, actionable recommendations that have the potential to influence support systems on a bigger scale. This is just one way that we are driving meaningful, lasting change.

Proudly supporting youth social action #iwill

Department for Culture, Media & Sport

COMMUNITY FUND

YOUTH ENDOWMENT FUND

## Peer Action Collective

Alongside this, the young people leading the work gain valuable skills, confidence and paid experience, supporting their own progression into education, employment and leadership, which has made a huge difference to Sophie, a PAC lead:

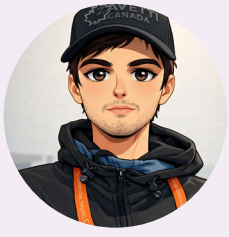


***Since I started working with the PAC team, I have gained a range of new skills and developed more confidence and resilience...and time keeping! Ownership of work to bring back to the team makes me feel accomplished, and I was able to participate in creating research questions and activities to bring to our interviews. I'm passionate about creating change, and this project has helped to give me a sense of meaning.***

Our team has a broad range of experiences, making sure our scope is wide. Mike, PAC lead, has brought his understanding of the impact that both unhappy, and happy foster placements can have on young people – something that has frequently emerged during interview and focus groups, where he has also played a key role as an interviewer.

This work is deeply personal for all our PAC leads, including Cameron. His experiences of residential care, violence, and gang exploitation, drove him to join us and use this to help other young people and professionals recognise the early signs of grooming.

Cameron is driven by a mission to ensure no young person has to navigate complex risks without stable, informed support.



***It's important to me that people feel heard and listened to especially those in need of help.***

Voices like Cameron's are shaping not just what we find out, but what we do next. This project doesn't just tease out the insights: it will directly inform youth-led social action, ensuring that evidence is translated into effective action. This includes developing targeted interventions, influencing local service design, and feeding directly into policy and commissioning conversations. By embedding lived experience throughout, the programme aims to improve both the relevance and effectiveness of responses to youth violence.

We've learned a great deal about how relationships have an impact on children and young peoples' interactions with statutory services, those there to care for them, and with each other and the vulnerabilities to violence that can open up. The PAC team are using both their knowledge and wider programme participants' ideas to plan for social action activities starting Summer 2026. From training and speaking directly with children and young people, to podcasts, speeches, conferences, books and guides, and TikTok content, there's plenty of great ideas and a busy time ahead!

***The PAC team are using both their knowledge and wider programme participants' ideas to plan for social action activities starting Summer 2026.***

# Business and Community Partnerships

**This year, we have seen a wonderful and growing wave of support from businesses and community partners, all united by a shared belief in helping young people thrive.**

## Bromley's Solicitors

**Bromley's Solicitors became our first ever Charity of the Year partner.** Their staff embraced a full year of fundraising, from Easter picnic lunches and a festive Christmas market to an office tombola. As the first business to choose us in this way, they have set a wonderful precedent, opening doors to wider awareness about the very real challenges young people face when leaving the care system.

> ***We wanted to help give something back to those young people. Pure Insight is so closely aligned with our values as childcare solicitors, their commitment to working with and empowering young people transitioning out of care is amazing.***
> **Felicity Drinkwater, Managing Associate and Solicitor.**

## TADW Architects

**TADW Architects have been steadfast partners for three consecutive years, donating DIY vouchers that help our young people turn a house into a home.**

> ***Pure Insight's vital work with young care leavers at risk of homelessness deeply resonates with our values. We're proud to help make that possible.*** **Mark Harrison, Director.**

## Comfy Quilts

**We are also thankful to Comfy Quilts, whose generous donation meant every young person received an Oodie to keep them warm through the colder months.**

> ***Hi, I just wanted to thank you for dropping off the presents. It's been a bit tough this month, but I really appreciate the Oodie.*** **Kyra**



## Romiley Golf Club

**Building on this momentum, Romiley Golf Club also chose us as their charity partner this year.** They raised funds through a fashion show, an evening with footballer Bruce Grobbelaar, golf days, lunches, raffles and fines for rogue golf balls that stray into their pond. They have opened doors to fresh networks and supporters along the way. They have raised a fantastic £6,000.

> ***We wanted to support a local charity, and recognised the impact Pure Insight have on the lives of vulnerable young people when they need it the most, when they come out of the care system and are unsure of where to turn to.***
> **Steven Horne, Captain.**

## Red Rose Packaging

**We are grateful for the continued loyalty of Red Rose Packaging, a founding business Champion, whose ongoing generosity has meant so much.**

> ***Great to contribute to the work this fantastic charity does.*** **Stuart Clark, Director.**

This year also brought an exciting milestone: we secured our first ever major donor gift of £10,000 - a remarkable vote of confidence in the work we do.

Together, these businesses and individuals reflect a growing community of people who believe in what Pure Insight does - and want to be a part of it.

# Business and Community Partnerships

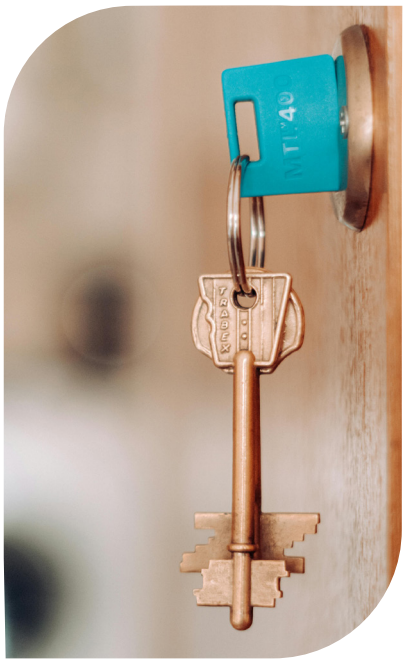
## A LEAP OF COURAGE FOR CARE LEAVERS

This year we launched our first large-scale fundraising event, and we set our sights high. A team of eighteen staff, volunteers, and local council workers, united by a shared commitment to supporting care leavers, took on the challenge of a tandem skydive. Understanding the obstacles young people face as they step into adulthood, they pushed themselves far beyond their comfort zones, leaping from 13,000 feet to raise vital funds.



*Together they achieved a remarkable total of* ***£17,300***

> ***I'm incredibly proud to have raised £1,000 for such a fantastic charity. As a team leader in the Leaving Care team, I see first-hand the difference their work makes, and I'm so grateful for the generosity of those who donated. The jump itself was equal parts absolutely terrifying and amazing!***
>
> **Elizabeth Dodd**



## A HOME BUILT BY COMMUNITY

When Lexi was referred to Pure Insight she was facing eviction, isolated, and without benefits due to an administrative error. With nowhere else to go, she was on the brink of sleeping in a hut on a nearby allotment.

We didn't just help Lexi find a new home, we helped the community furnish it.

Volunteer mentor Dan mobilised support through our volunteer network, gathering donations while helping Lexi secure a new home and complete the necessary paperwork.

When Lexi received the keys to her one bedroom flat, she wasn't alone. A team of volunteers arrived alongside her, hanging curtains, clearing rubbish, putting up pictures, tidying the garden, and making the space feel like home. The community had donated bedding, kitchen equipment, towels, furniture, and curtains, while a small grant funded a new washing machine and cooker. A donated bike gave Lexi the freedom to get to the shops and see friends independently, reducing the isolation she had felt.

Lexi now has a flat that feels safe and like her own.

**137** *This year, 137 young people were supported similarly by our growing network of volunteers who help foster connections in the local community.*

# Meet Sam

We began working with Sam when he was 18 years old. Sam is autistic and faced challenges with Opposition Defiant Disorder (ODD) and ADHD with both affecting his executive functioning and ability to follow instruction.



His offending pattern involved drinking in social situations where he struggled to communicate, leading to verbal aggression and assault charges. His probation order was for assaulting his cousin during a period when they were living together where Sam's communication difficulties led to him lashing out. At that time, Sam had poor relationships with both his cousin and mother, the only family in his life.

### MENTORING AND MENTAL HEALTH SUPPORT

Our mentoring co-ordinator supported Sam to manage probation appointments and make the most of their support and routines.

He also received support from our mental health practitioner. The therapeutic work focused on friendships, healthy connections and identifying triggers, which helped him see his challenges in a different way. A key goal was breaking the cycle of behaviours leading to involvement with the criminal justice system, by helping him recognise patterns between alcohol use and getting into trouble. Sam learnt to recognise when he was feeling anxious, overwhelmed or threatened by understanding his body's fight and flight system. He learnt tools and techniques to spot early warning signs in his body leading to more extreme reactions, over time learning how to divert himself away from situations.

Sam successfully completed probation and has had no police contact for over a year. He now has a strong relationship with his cousin and has rebuilt his relationship with his mother. He has developed self-awareness around triggers and chooses not to drink, recognising the connection between alcohol and offending. He is managing his medication and managing his tenancy. Sam is doing incredibly well with increased acceptance and understanding of himself.

**His probation officer reflected on the great progress Sam has made, saying about our mentoring co-ordinator :**

> ***"It was a pleasure to see someone so motivated and passionate. It was evident how much you go the extra mile trying to support him and the professional rapport you have with him is a testament to your hard work - if only there were more people in the world like you!***

# Volunteer Impact

**Our volunteer mentors play a vital role in supporting care leavers to build stability, confidence and lead fulfilling lives. They provide a reliable presence, often filling a gap for young people who may never have had someone consistently there for them and help develop connections in the community.**



Mike Raynor's volunteer mentor journey highlights the depth and value of these relationships for both mentor and mentee.

Growing up, Mike took on the role of a young carer, taking responsibility for looking after a sick parent during what should have been a carefree childhood. The experience of navigating adult pressures alone never left him. When Mike came across the Pure Insight advert in early 2024, it resonated immediately. He joined the charity as a volunteer mentor, completed our mentoring training and was quickly matched with a young person. That relationship has now spanned almost two years.

**Mike explains:**

> ***At the start, she was quite isolated and facing several challenges. It took time to build trust, but a key part of the role is just being there.***

Over time, the consistency of that presence has made a tangible difference. The young person has completed a college course and is now actively pursuing a career in the care sector. She has also developed more stable relationships, particularly in the last six months, and is in a more positive place emotionally.

> ***She's much more settled and focused now. It's not about fixing everything overnight, but about being alongside someone as they work things out.***

Mentoring is not without its challenges. As Mike reflects, progress is not always linear and **"the role is to guide, not to take over."**

Using his skills and experience, Mike has also supported other young people. In one instance, he provided support with GCSE maths, enabling a young person to pass their exam and progress to the next stage of their training.

These stories reflect the wider impact of our mentoring approach. Success is not always measured through traditional milestones, and it rarely announces itself in the ways you might expect, but rather in preventing crisis, building resilience, and creating the foundations for independence.

This year, Mike has also taken on a new role as a trustee at Pure Insight, bringing his professional skills to support the organisation's development and long-term planning.

Through the dedication of volunteer mentors like Mike, we provide consistent, trusted relationships that enable care leavers to move forward into adulthood with confidence, and, very importantly, with a smile.

> ***As a mentor, sometimes you're stopping things from getting worse and that in itself is hugely important.***

## VOLUNTEER TRAINING PROGRAMME

**Developing understanding and knowledge around:**

- **Adolescence and the teenage brain**
- **Care-experienced young people's exposure to discrimination**
- **Mental health**
- **Impacts of trauma**
- **Attachment theory**
- **Structured tools to help empower young people**
- **Resilience and recovery**
- **Mentoring approaches**
- **Safeguarding**
- **Boundaries**



> *The training was interesting, insightful, thought-provoking, sometimes emotional with plenty of opportunities for discussion. I really enjoyed it and it gave a good foundation for the role.* **Jackie, new mentor**

**104**
**NEW VOLUNTEERS**

**217**
**TOTAL VOLUNTEERS**

**VOLUNTEERS HAVE DEDICATED**

**22,268 HOURS**

**VALUED AT**

**£445,360**

# Future Plans

**Over the next 18 months, we'll focus on strengthening our foundations while expanding opportunities for care-experienced young people to thrive, supporting them to grow into confident, independent adults.**




### STRENGTHENING FOUNDATIONS

We're continuing the development of our organisational infrastructure to ensure we remain a stable, resilient organisation, demonstrating our impact clearly and diversifying our funding base. This groundwork will support our future growth and innovation.

### DEVELOPING YOUNG PEOPLE-LED SERVICES

A key priority is the launch of our Change Champions Academy: a structured programme designed to support young people to build skills, confidence and leadership. We need to make sure young people are recognised and paid fairly for their contributions as experts by experience. This programme will open meaningful, paid opportunities while also supporting longer-term employment pathways.

### ADVANCING YOUTH-LED ACTION

We'll continue to develop our Peer Action Collective (PAC), moving from research into action. This next phase will support young people to lead social action projects and explore key themes in greater depth, ensuring their insights translate into tangible change across services and systems.

### STRENGTHENING FOUNDATIONS

We're continuing the development of our organisational infrastructure to ensure we remain a stable, resilient organisation, demonstrating our impact clearly and diversifying our funding base. This groundwork will support our future growth and innovation.

**+500** **CARE LEAVERS WILL BE REACHED VIA PAC**

> ***I feel really excited that my experiences will help drive change for others, it is so important our voices and ideas are heard loudly.*** **Finlay, age 19.**

# Thanks to our Funders

**Our work is made possible through the generous support of the following funders:**



PURE INSIGHT
connecting care leavers



# Thank you

**CONTACT US:**

Info@pure-insight.org.uk
www.pure-insight.org.uk

Company Registration No. 08727717
Charity Number 1155389

# PURE INSIGHT 1628

## A COMPANY LIMITED BY GUARANTEE

## TRUSTEES' REPORT AND FINANCIAL STATEMENTS

## For the year ended 31 March 2026

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

**Financial Statements**
**Year ended 31 March 2026**

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**CONTENTS** **Page**


| | |
|---|---|
| Members of the Board and Professional Advisers | 1 |
| Trustees' Annual Report | 2 - 8 |
| Independent Auditors' Report | 9 - 12 |
| Statement of Financial Activities | 13 |
| Balance Sheet | 14 |
| Statement of Cash Flows | 15 |
| Notes to the Financial Statements | 16-30 |

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Members of the Board and professional advisors

| | |
|---|---|
| **Registered Charity Name** | Pure Insight 1628 |
| **Company Registration Number** | 08727717 |
| **Charity Number** | 1155389 |
| **Registered Office** | Galleon House<br>Newby Road<br>Hazel Grove<br>Stockport<br>Cheshire<br>SK7 5DA |
| **Board of Trustees** | Mrs S L Watkin<br>Mrs J Bagchi<br>Ms L Rogers<br>Mr S Ankers<br>Mr A Allman<br>Mr M A Hope<br>Mr M G Raynor |
| **Auditors** | Mitchell Charlesworth (Audit) Limited<br>Registered Auditor<br>3rd Floor<br>44 Peter Street<br>Manchester<br>M2 5GP |
| **Bankers** | Co-operative Bank plc<br>St Peters Square<br>Stockport<br>SK1 1NX |

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Trustees' Annual Report
## Year ended 31 March 2026

The trustees are pleased to present their annual trustees' report together with the financial statements of the charity for the year ended 31 March 2026 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

**Objectives and activities**

The charity's purpose is specifically restricted to the relief and assistance of children and young people in need including (without limiting the foregoing) by providing support, activities or advice which develop their capacity, skills, capabilities and economic and emotional wellbeing in such a way that they are better able to identify and help meet their needs and to participate more fully in society.

**Trustee Reflections**

I often find myself reflecting on what matters most in life, in work, and in the world around us. For me, the answer always comes back to relationships. They are at the heart of who we are, the connections we seek, the bonds that help us feel seen, valued, and supported. Relationships help us learn, grow, and reflect.

At Pure Insight, relationships come first. They are central to everything we do as a charity, and we are deeply mindful of how we nurture them with our staff, volunteers, and, most importantly, the young people we support. Tragically, we know that many care-experienced young people have very few stable relationships in their lives. That is why our core mission of matching volunteers from the community with care-experienced young people as mentors is so important. These connections help young people build networks, confidence, and a sense of belonging.

It is incredibly heartening to hear stories of the relationships that develop through Pure Insight. With mentors and young people sharing hobbies, enjoying Sunday dinners together, attending football matches, and celebrating birthdays and Christmases side by side. These moments may seem simple, but they are profoundly meaningful. They create the consistency, trust, and care that every young person deserves.

It is also encouraging to see that Children's Minister Josh MacAlister recognises the importance of relationships in helping care leavers thrive. We hope his understanding of the challenges faced by this vulnerable group will lead to both meaningful legislative change and much-needed financial support. During National Care Leavers Month in 2025, he said:

*"The disadvantage faced by the care-experienced community is one of the greatest social justice issues of our time. Ensuring that those who grow up in the care of the state have a shot at a good life is a collective obligation, and for too long, we have been found wanting when it comes to ensuring that the obligation is met."*

We sincerely hope these words lead to lasting action, and that we can work together to give care leavers the opportunities and support they deserve.

Collective collaboration is one of Pure Insight's greatest strengths. We work closely with corporate parents, local authorities, and many other charities to support young people within their communities. But sustaining this vital work in a challenging financial climate is difficult. Not only for us but for many charities doing exceptional work across the sector. We hope the government will take meaningful steps to address profiteering in parts of children's social care, an issue that places enormous pressure on local authorities. In a fairer system, those resources could be redirected towards approaches that truly improve young people's lives.

Over the past year, we have also been incredibly proud of our PAC project. Co-production sits at the heart of this work and reflects our belief that young people should help shape the services and solutions that affect them. Through the project, we will gain valuable insight into youth violence, while the young people involved will develop new skills, gain meaningful work experience, and build lasting connections.

I remain optimistic that we are at a moment when the experiences and needs of care-experienced young people are receiving greater recognition. More attention is being given to the inequalities they face, and there are encouraging signs that additional support and investment may follow.

As another year draws to a close, Pure Insight can once again look back with pride on having supported hundreds of young people. As a Board of Trustees, we are immensely proud of every young person we work with, and deeply grateful for the dedication of our volunteers and staff, whose compassion and commitment help young people thrive and build their futures.

Sam Ankers (Pure Insight Trustee)

Pure Insight delivers a range of projects providing practical and emotional support to young people who have left or are about to leave statutory care alongside Local Authorities in the North West. Our projects address a range of serious issues including homelessness, loneliness and isolation, poor mental/physical health, exploitation, adverse childhood experiences and lack of opportunities. We provide opportunities for young care leavers to develop skills, confidence, talents and support networks in the local community. Our approach is strength based and collaborative, creating opportunities for care experienced young people to thrive by creating pathways to connection, belonging and purpose. We focus on stage, not age, so care-experienced young people can return for support up to the age of 28 when they are ready to make changes in their lives or there are opportunities to join our volunteer and staff team.

Our current service offers include long-term community mentoring programmes, intensive support for care experienced young parents, peer support groups, outdoor group wellbeing activities, volunteering and training. We also deliver bespoke employment support and targeted trauma informed mental health provisions and collaborate with other specialist providers to get better outcomes for young care leavers. We follow trauma informed principles of safety, trust, choice, collaboration and empowerment.

Our 'Experts by Experience' group and Influencing activity amplifies young people's voices on a local, regional and national level, improving service provisions, systems, and informing commissioning and policy makers. We involve our young people in everything we do from recruitment and training to the design and delivery of projects.

At the heart of our trauma-informed organisation are honest, trusting relationships that define everything we do. When a young person joins us, we start by offering them a safe space to share their experiences, hopes, and challenges. We listen to what's important to them, what's happened or is happening in their lives, and the unique skills and talents they possess. Our strength-based approach, supported by practical tools, helps young people identify their aspirations and set achievable goals. Together, we break these goals into manageable steps, determine the support and resources needed, and clarify their role in this journey towards living their best life.

Pure Insight understands that care experienced young people's journey to adulthood is a gradual process, encompassing challenges like securing stable housing, pursuing education or employment, overcoming mental health challenges and adverse childhood experiences, and developing crucial life skills, and we emphasise the importance of long-term support. Short-term support may provide immediate relief, but sustained collaboration is essential for addressing underlying issues, developing independence, and ensuring that care leavers have the resources, networks and skills needed to navigate the complexities of adult life successfully.

Our recruitment process prioritises our core values of ▪ Integrity ▪ Belonging ▪ Courage alongside the diverse skills and knowledge required to provide a wraparound offer, seeking individuals who are resilient, passionate, and empathetic. We look for people who can walk alongside others to find sensible, sustainable solutions. We are proud to have a growing team of dedicated, skilled, kind-hearted individuals who understand the needs of our young people and many who generously volunteer their time.

**Public benefit statement**

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees are clear that the purposes of Pure Insight 1628 are carried out for public benefit. They have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the purpose and objectives and when planning future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

**Achievements and performance**

Annually we support over 600 young people leaving care (aged 16 – 28), and over 150 of their children through whole family support in the Greater Manchester and Cheshire regions.

A significant and growing proportion of the young people we support face complex issues, increased vulnerabilities, high risks and barriers to accessing traditional services. They require assertive outreach support, delivered over the longer term - which many services are unable to provide.

The work we deliver through targeted outreach projects, leads to outcomes including:

- Decrease in levels of reported loneliness and isolation through developing support networks, friendships and belonging to a group
- Improved mental health - with more skills and knowledge to self-manage mental health/emotional distress.
- Improved access to mental health support - through outreach emotional wellbeing services and trauma informed counselling
- Improved self-efficacy and ability/capacity to live independently
- Increase in young people maintaining a tenancy and a reduction in tenancy issues/evictions and homelessness
- Improved parenting skills and a reduction in care experienced parents experiencing crisis or having children taken into care
- Increase in securing and sustaining education, employment, training and volunteering
- Increased take-up of positive activities and a reduction in anti-social and offending behaviour
- Increased economic wellbeing as a result of securing the right financial support, tackling debt, and reducing sanctions
- Decrease in reported levels of substance use and other unhealthy coping strategies.

Our Impact Report April 2025 – March 2026 is included after page 30.

**Finance Review**

Financial year 2025/26 saw a fourth year of continued growth for Pure Insight, with total income increasing by 32% to £1.55m, reflecting both the continued development of our services and the trust placed in us by funders and local authority partners.

Most of our income continues to come through grants and contracts for specific pieces of work. Grant and donation income increased significantly in the year, from around £1.10m to £1.46m, as we built on existing relationships and secured funding for both ongoing and new areas of delivery. Unrestricted income also grew strongly, giving the charity greater flexibility and helping to strengthen our overall financial resilience.

Expenditure on charitable activities also increased, from £1.10m to £1.35m, in line with the growth in our work. As would be expected in a relationship-based charity, staffing remains our largest area of expenditure, with costs rising from £878k to £1.06m as we expanded our team and continued to respond to growing need. Other costs, including client related support, office and IT costs, also increased as our services developed and our reach continued to grow.

We achieved a surplus for the year of £204k (cf £76k in 2024/25), leading to an increase in total funds from £691k to £895k as at year end. Cash balances also increased, from £687k to £928k, leaving the charity in a stronger position to manage cash flow, meet commitments and invest carefully in the infrastructure needed to support high-quality delivery.

While this is a positive position, the trustees remain mindful that a substantial proportion of our income is restricted and must be applied to specific services and projects. We also continue to operate in a challenging funding environment, where long-term financial certainty across the sector cannot be taken for granted.

**Reserves policy**

The trustees believe it is important to maintain reserves at a level that provides stability, protects the continuity of our services and allows the charity to manage changes in income or expenditure responsibly. Our aim is to hold reserves equivalent to between three and six months of normal operating expenditure.

At the end of the year, unrestricted reserves stood at £576k. The trustees consider this to be an appropriate level in light of the charity's continued growth, the uncertainty that can exist within grant and contract funding, and the need to ensure that support for young people can continue through periods of change.

**Investment powers and policy**

Currently, available funds are held in two bank accounts. However, as the charity continues to grow and remain profitable, it is anticipated that funds will need to be potentially spread across a range of other suitable financial institutions in order to reduce financial risk and to seek the best return for the money held on deposit.

**Risk Management**

The Executive Management Team review major risks to which the charity is exposed. These reviews will be updated at least annually. Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the charity. The contracts and service level agreements with the charity's partners provide for regular review of the quality of service delivered. Quality standards have been established that meet or exceed the contractual commitments.

**Plans for the future**

Over the next 18 months, Pure Insight plans to strengthen its organisational foundations while expanding opportunities for care-experienced young people to thrive and move towards confident, independent adulthood.

Key priorities include continued investment in our organisational infrastructure so that we remain stable, resilient and well placed for future growth. This will include improving the way impact is demonstrated, while also broadening and diversifying the charity's funding base to support innovation and long-term sustainability.

A further priority is the development of young people-led services, including the launch of the Change Champions Academy. This programme is intended to help young people build skills, confidence and leadership capacity, while ensuring that those contributing as 'Experts by Experience' are properly recognised and fairly paid for their time and insight. It is also expected to create meaningful paid opportunities and support longer-term employment pathways for young people.

The charity also intends to advance youth-led action through the continued development of our Peer Action Collective (PAC), moving from research into delivery and action. This next phase will support young people to lead social action projects, explore key themes in greater depth, and ensure that their insights contribute to tangible change across our services and systems.

**Structure, governance and management**

Pure Insight 1628 is a company limited by guarantee. It was incorporated on 10 October 2013 and registered as a charity on 20 January 2014. The company has been established under its Memorandum of Association which defines the objects and powers of the charitable company and is governed under its Articles of Association.

In the event of the company being wound up, its members are required to contribute an amount of £1 each.

Directors and Trustees

The trustees, who are also the directors for the purpose of company law, who served during the year and up to the date of signature of the financial statements were:

Mrs S L Watkin
Mrs J Bagchi
Ms L Rogers
Mr D Zucker (Resigned 11 March 2026)
Mr S Ankers
Mr A Allman
Mr M Raynor (Appointed 1 April 2026)
Mr M Hope (Appointed 1 April 2026)

**Key management personnel: Principal staff**

Chief Executive Officer (CEO): Mr J Heaton Jennings

**Appointment and reappointment of Trustees**

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years, after which they must be re-elected at the Annual General Meeting.

**Trustee induction and training**

Existing trustees are already familiar with the practical work of the charity and have received a detailed induction.

Additionally, new trustees, when invited to join the board, are provided information to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the trustees
- The main documents which set out the operational framework for the charity including the Memorandum and Articles of Association
- Resourcing and the current financial position as set out in the latest published accounts.

An induction pack has also been prepared drawing information from the various Charity Commission publications signposted through the Commission's guide 'the Essential Trustee' as a follow up to these sessions. This is distributed to all new trustees along with the Memorandum and Articles of Association and the latest financial statements. Feedback from the trustees following their induction has been very positive.

**Governance**

An extensive range of business and caring skills are well represented on the Board and a full range of trustee skills has been sought in order to manage the operations of the charity to best effect. Pure Insight has a board who meet every two months and who are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of interests and professional backgrounds relevant to the work of the charity.

A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the CEO along with other members of the Management Team. They are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. The CEO also has responsibility for the day-to-day operational management of the company, individual supervision of the management team and also ensuring that the team continues to develop their skills and working practices in line with good practice.

**Statement of Trustees' responsibilities**

The trustees, who are also directors of Pure Insight 1628 for the purpose of company law, are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Auditors**

A resolution proposing that Mitchell Charlesworth (Audit) Limited be re-appointed will be put at a General Meeting.

**Statement as to disclosure to our auditors**
In so far as the trustees are aware at the time of approving our trustees' annual report:

- There is no relevant information, being information needed by the auditor in connection with preparing their report, of which the company's auditors are unaware; and

- The trustees, having made enquiries of fellow directors and the auditor that they ought to have individually taken, have each taken all steps that they are obliged to take as a director in order to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**Signed by order of the Trustees**

Alan Allman

**Mr A Allman**
**Trustee**

**Dated:** 30/07/2026

## Independent Auditor's Report to the Members of Pure Insight 1628
## Year ended 31 March 2026

### Opinion

We have audited the financial statements of Pure Insight 1628 for the year ended 31 March 2026 which comprise of the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2026, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended.
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## Independent Auditor's Report To the Members of Pure Insight 1628
## Year ended 31 March 2026

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report.
- the charitable company has not kept adequate accounting records;
- the financial statements are not in agreement with the accounting records and returns;
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Details of the extent to which the audit was considered capable of detecting irregularities, including fraud and non-compliance with laws and regulations are set out below.

**Extent to which the audit was considered capable of detecting irregularities, including fraud**

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

**Identifying and assessing potential risks related to irregularities**

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with the laws and regulations, we considered the following:

- the nature of the sector, control environment and business performance.
- results of our enquiries of management about their own identification and assessment of the risks of irregularities.
- any matters we identified having obtained and reviewed the charity's documentation of their policies and procedures relating to the identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance. Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud and the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations.
- the matters discussed among the audit engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud in relation to the timing of the recognition of income. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override and we identified risk in relation to the posting of unusual journals and the manipulation of accounting estimates.

We also obtained an understanding of the legal and regulatory frameworks that the charity operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included Safeguarding, Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK (FRS 102), and the Companies Act 2006.

In addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. These included Data Protection Regulations.

**Audit response to risks identified**

As a result of performing the above, we identified the recognition of revenue as the key audit matter related to the potential risk of fraud.

In addition to the above, our procedures to respond to risks identified included the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with relevant laws and regulations described above as having a direct effect on the financial statements;
- enquiring of management and members of the board concerning actual and potential litigation and claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of meetings of those charged with governance and reviewing correspondence with relevant authorities where matters identified were significant; and
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Mitchell Charlesworth

30/07/2026

**Alison Buckley (Senior Statutory Auditor)**
**For and on behalf of Mitchell Charlesworth (Audit) Limited**

**Statutory Auditor**

3rd Floor
44 Peter Street
Manchester
M2 5GP

Mitchell Charlesworth (Audit) Limited is eligible to act as auditor in terms of section 1212 of the Companies Act 2006.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Statement of Financial Activities (including income and expenditure account)
## Year ended 31 March 2026

| | Note | Unrestricted Funds 2026 £ | Restricted Funds 2026 £ | Total Funds 2026 £ | Unrestricted Funds 2025 £ | Restricted Funds 2025 £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|---|
| **Income** | | | | | | | |
| Donations and legacies | 2 | **67,328** | **-** | **67,328** | 22,405 | - | 22,405 |
| Grants and donations | 3 | **148,397** | **1,306,796** | **1,455,193** | 1,754 | 1,102,018 | 1,103,772 |
| Other trading income | 4 | **190** | **500** | **690** | 23,529 | - | 23,529 |
| Investments | 5 | **26,088** | **-** | **26,088** | 24,178 | - | 24,178 |
| **Total income** | | **242,003** | **1,307,296** | **1,549,299** | 71,866 | 1,102,018 | 1,173,884 |
| **Expenditure** | | | | | | | |
| Charitable activities | 6 | **66,915** | **1,278,438** | **1,345,353** | 1,754 | 1,096,220 | 1,097,974 |
| **Net incoming/(outgoing) resources before transfers** | | **175,088** | **28,858** | **203,946** | 70,112 | 5,798 | 75,910 |
| Transfers between funds | | **-** | **-** | **-** | - | - | - |
| **Net movement of funds for the year** | | **175,088** | **28,858** | **203,946** | 70,112 | 5,798 | 75,910 |
| ***Reconciliation of funds*** | | | | | | | |
| Total funds brought forward | | **400,918** | **289,759** | **690,677** | 330,806 | 283,961 | 614,767 |
| Total funds carried forward | | **576,006** | **318,617** | **894,623** | 400,918 | 289,759 | 690,677 |

The Statement of Financial Activities includes all gains and losses in the year and all income and expenditure derive from continuing activities.

The notes on pages 16 - 30 form part of these financial statements.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Balance sheet
## as at 31 March 2026

| | Notes | 2026 £ | 2026 £ | 2025 £ | 2025 £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 10 | | **64,046** | | 34,880 |
| **Current assets** | | | | | |
| Debtors | 11 | **126,169** | | 118,950 | |
| Cash at bank and in hand | | **928,458** | | 687,478 | |
| | | **1,054,627** | | 806,428 | |
| **Creditors: Amounts falling due within one year** | 12 | **(224,050)** | | (150,631) | |
| Net current assets | | | **830,577** | | 655,797 |
| **Total assets less current liabilities** | | | **894,623** | | 690,677 |
| **Income funds** | | | | | |
| Unrestricted income funds | | | **576,006** | | 400,918 |
| Restricted income funds | 14 | | **318,617** | | 289,759 |
| **Total funds** | | | **894,623** | | 690,677 |

For the year ended 31 March 2026 the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies but as this company is a charity, it is subject to audit under section 144 of the Charities Act 2011.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of section 386 of the Act with respect to accounting records and for the preparation of accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**These financial statements were approved by the trustees on** 30/07/2026 **and are signed on their behalf by:**

Mark Hope

**Mr M Hope – Trustee**

Alan Allman

**Mr A Allman - Trustee**

**Company Registration No. 08727717**

The notes on pages 16 - 30 form part of these financial statements.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Statement of Cash Flows
## For the year ended 31 March 2026

| | Notes | 2026<br>£ | 2025<br>£ |
|---|---|---|---|
| **Cash generated by operating activities** | 19 | **257,918** | 92,010 |
| **Cash flows from investing activities:** | | | |
| Dividends, interest, and rents from investments | | **26,088** | 24,178 |
| Purchase of tangible fixed assets | | **(43,026)** | (21,624) |
| **Cash generated by/(used in) investing activities** | | **(16,938)** | 2,554 |
| Increase/(decrease) in cash and cash equivalents in the year | | **240,980** | 94,564 |
| Cash and cash equivalents at the beginning of the year | | **687,478** | 592,914 |
| **Cash and cash equivalents at the end of the year** | | **928,458** | 687,478 |

## 1. Accounting policies

### Charity information

Pure Insight 1628 is a private company limited by guarantee and incorporated in England and Wales. The registered office is Galleon House, Newby Road, Hazel Grove, Stockport, Greater Manchester, SK7 5DA.

### Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

These financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

### Going concern

The trustees continue to evaluate the charity's ability to continue to provide services for the foreseeable future, this includes discussions with the charity's stakeholders, where appropriate, and a review of trading forecasts for a period of 12 months from the date of approval of these accounts.

The charity continues to meet its financial obligations as they fall due and based on their consideration of all relevant information the trustees have a reasonable expectation that the charity will be able to continue as a going concern. Thus, the trustees are satisfied to continue to adopt the going concern basis of accounting in the preparation of the financial statements.

### Charitable funds

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are funds which have been allocated or designated for specific purposes by the charity out of unrestricted funds.

Restricted funds are subject to specific restrictive conditions imposed by the donor or by the purpose of the contract/monies received.

**1. Accounting policies (Continued)**

**Income**

Income is the amount derived from the provision of goods/services and stated after trade discounts, other sales taxes, and VAT where applicable.

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred. Grants are deferred to future periods only when this is specified by the funder or other preconditions of the fund are not yet met.

Investment income is recognised on a receivable basis.

**Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds are the direct and indirect costs of raising funds for charitable purposes, including applying for grants.
- Charitable activities include expenditure associated with the provision of services at the visitor centres and include both the direct costs and support costs relating to these activities.
- Support costs include central functions and have been allocated to activity cost categories directly where identifiable or on an estimation of time spent on the relevant projects.
- Other expenditure represents those items not falling into any other heading.

**Tangible fixed assets**

All fixed assets are initially recorded at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of the asset, less its estimated residual value, over their useful lives on the following basis:

| | | |
|---|---|---|
| Fixtures and fittings | - | 25% of cost |
| Motor vehicles | - | 25% of cost |

The gains or losses arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset and is recognised in net income/(expenditure) for the year.

**Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1. Accounting policies (Continued)**

**Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's Balance Sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discontinued at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less, if not, they are presented as non-current liabilities. Trade Creditors are recognised initially at transaction prices and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**Pensions**

From August 2017 the charity has operated an auto enrolment defined contribution scheme for all eligible employees in line with current legislation.

**Change in accounting estimates**

*Depreciation*

The company has revised its depreciation rate applied for tangible fixed assets from 33.33% per annum to 25% per annum, reflecting an updated assessment of the useful economic lives.

| 2. | **Donations and legacies** | **Unrestricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|
| | Donations and legacies | **67,328** | **67,328** | 22,405 | 22,405 |

| 3. | **Grants and donations** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|---|
| | Awards for All | - | - | - | - | 20,000 | 20,000 |
| | CCF Grant Cheshire Comm | - | - | - | - | 2,000 | 2,000 |
| | Cheshire East Flourish | - | - | - | - | 10,000 | 10,000 |
| | Cheshire East Council Mentor Programme | - | - | - | - | 10,000 | 10,000 |
| | Steve Morgan Foundation | - | **1,500** | **1,500** | - | 18,000 | 18,000 |
| | Cheshire East Council | - | **67,500** | **67,500** | - | 67,500 | 67,500 |
| | Salford MBC | - | **106,667** | **106,667** | - | 79,999 | 79,999 |
| | The Henry Smith Charity | - | **60,000** | **60,000** | - | 60,000 | 60,000 |
| | Stockport MBC | - | **101,893** | **101,893** | - | 95,895 | 95,895 |
| | The National Lottery Community Fund | - | **76,267** | **76,267** | - | 74,575 | 74,575 |
| | CENF - Mental Health | - | - | - | - | 15,000 | 15,000 |
| | Spark Foundation | - | - | - | - | 1,000 | 1,000 |
| | Warrington Contract | - | **84,000** | **84,000** | - | 84,000 | 84,000 |
| | CC Foundation Warrington | - | **30,000** | **30,000** | - | 30,000 | 30,000 |
| | CCF Fund it Forwards | - | - | - | - | 15,750 | 15,750 |
| | The Rayne Foundation | - | **40,000** | **40,000** | - | - | - |
| | Children in Need | - | **40,000** | **40,000** | - | 40,000 | 40,000 |
| | Paul Hamlyn Foundation | - | **50,000** | **50,000** | - | 50,000 | 50,000 |
| | The Welland Trust | - | - | - | - | 40,000 | 40,000 |
| | Masonic Charitable Foundation | - | **16,600** | **16,600** | - | 16,700 | 16,700 |
| | Amazon | - | - | - | 1,754 | - | 1,754 |
| | The Julia & Hans Rausing Trust | - | **39,800** | **39,800** | - | 5,000 | 5,000 |
| | Liverpool Foundation | - | - | - | - | 15,000 | 15,000 |
| | Dulverton Trust | - | - | - | - | 35,000 | 35,000 |
| | DFE Funding | - | **226,831** | **226,831** | - | 316,599 | 316,599 |
| | Segleman Trust | **40,171** | - | **40,171** | - | - | - |
| | Swire Charitable Trust | **30,000** | - | **30,000** | - | - | - |
| | CCF Match Fund Donor | - | - | - | - | - | - |
| | Charles Heywood Foundation | **25,000** | - | **25,000** | - | - | - |
| | KPMG | **25,000** | - | **25,000** | - | - | - |
| | Leathersellers Foundation | **23,200** | - | **23,200** | - | - | - |
| | Rotary Congleton | **5,026** | - | **5,026** | - | - | - |
| | AB Charitable Trust | - | **25,000** | **25,000** | - | - | - |
| | Bentley Life Chances/CCF Fund | - | **20,000** | **20,000** | - | - | - |
| | CCF – UK Community Foundation | - | **60,000** | **60,000** | - | - | - |

| 3. | **Grants and donations (continued)** | | | | | | |
|---|---|---|---|---|---|---|---|
| | CCF Bentley Crisis Fund 2026 (CE) | **-** | **2,000** | **2,000** | - | - | - |
| | Charles Platter Trust | **-** | **12,500** | **12,500** | - | - | - |
| | Community Foundations for Lancashire and Merseyside | **-** | **15,000** | **15,000** | - | - | - |
| | Garfield Western Foundation | **-** | **35,000** | **35,000** | - | - | - |
| | GM Police Prevention (ARIS) | **-** | **16,000** | **16,000** | - | - | - |
| | Halton Contract | **-** | **80,000** | **80,000** | - | - | - |
| | John Lewis Foundation | **-** | **2,250** | **2,250** | - | - | - |
| | Youth Endowment PAC Programme | **-** | **97,988** | **97,988** | - | - | - |
| | | **148,397** | **1,306,796** | **1,455,193** | 1,754 | 1,102,018 | 1,103,772 |

| 4. | **Other trading income** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|
| | Earned income and reimbursements | **190** | **500** | **690** | 23,529 | 23,529 |
| | Profits on sales of fixed assets | **-** | **-** | **-** | - | - |

| 5. | **Investments** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|
| | Interest receivable | **26,088** | **-** | **26,088** | 24,178 | 24,178 |

| 6. **Charitable activities** | **Total 2026** | Total 2025 |
|---|---|---|
| **Client services** | **£** | £ |
| Staff costs | **1,056,587** | 877,569 |
| Depreciation and impairment | **13,860** | 10,117 |
| Client related costs | **133,324** | 105,049 |
| Healthcare | **75** | 660 |
| IT costs | **19,594** | 11,586 |
| Office expenses | **90,311** | 71,246 |
| Training costs | **24,613** | 15,602 |
| | **1,338,364** | 1,091,829 |
| Share of governance costs (see note 7) | **6,989** | 6,145 |
| | **1,345,353** | 1,097,974 |

Expenditure on charitable activities was £1,345,353 (2025: £1,097,974) of which £66,915 (2025: £1,754) was unrestricted and £1,278,438 (2025: £1,096,220) was restricted.

| 7. **Support costs** | **Support Costs** | **Governance Costs** | **2026** | Support Costs | Governance Costs | 2025 |
|---|---|---|---|---|---|---|
| | **£** | **£** | **£** | £ | £ | £ |
| Audit fees | **-** | **2,650** | **2,650** | - | 3,150 | 3,150 |
| Accountancy fees | **-** | **4,339** | **4,339** | - | 2,995 | 2,995 |
| Analysed between charitable activities | **-** | **6,989** | **6,989** | - | 6,145 | 6,145 |

**8. Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

## 9. Employees

| | 2026 | 2025 |
|---|---|---|
| | **No** | No |
| The average monthly number of employees during the year was: | | |
| Charitable activities | **34** | 32 |

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Wages and salaries | **926,135** | 789,883 |
| Social security costs | **100,182** | 61,544 |
| Other Pension costs | **30,270** | 26,142 |
| | **1,056,587** | 877,569 |

No employees had emoluments in excess of £60,000 during this or the prior year.

No charity trustees received any emoluments, expense reimbursements or payment for professional or other services during the year. The key management personnel of the charity comprise the trustees and the Charity Founder. The total employee benefits of the key management personnel are £76,764 (2025: £65,989).

## 10. Tangible fixed assets

| | Fixtures and Fittings | Motor Vehicles | Total |
|---|---|---|---|
| | **£** | **£** | **£** |
| **Cost** | | | |
| At 1 April 2025 | 50,701 | 19,549 | 70,250 |
| Additions | 8,226 | 34,800 | 43,026 |
| Disposals | (15,594) | - | (15,594) |
| **At 31 March 2026** | **43,333** | **54,349** | **97,682** |
| **Depreciation and impairment** | | | |
| At 1 April 2025 | 25,845 | 9,525 | 35,370 |
| Charge for the year | 9,182 | 4,678 | 13,860 |
| On disposal | (15,594) | - | (15,594) |
| **At 31 March 2026** | **19,433** | **14,203** | **33,636** |
| **Net book value** | | | |
| **At 31 March 2026** | **23,900** | **40,146** | **64,046** |
| At 31 March 2025 | 24,856 | 10,024 | 34,880 |

**11. Debtors**

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| **Amounts falling due within one year:** | | |
| Prepayments and accrued income | **3,223** | 15,583 |
| Trade debtors | **122,946** | 103,367 |
| | **126,169** | 118,950 |

**12. Creditors: amounts falling due within one year**

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Other taxation and social security | **25,557** | 22,435 |
| Deferred income (Note 13) | **132,500** | 111,420 |
| Trade creditors | **44,566** | 1,481 |
| Accruals | **13,246** | 10,954 |
| Other creditors | **8,181** | 4,341 |
| | **224,050** | 150,631 |

**13. Deferred Income**

Deferred income includes £132,500 (2025: £111,420) which has been received in advance on time restricted contracts.

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Balance brought forward | **111,420** | 39,420 |
| Utilised in year | **(33,920)** | - |
| Added in year | **55,000** | 72,000 |
| | **132,500** | 111,420 |

**14. Analysis of charitable funds - current year**

**Analysis of unrestricted fund movements**

| | Balance at 1 April 2025 | **Incoming resources** | **Resources expended** | **Transfers** | **Balance at 31 March 2026** |
|---|---|---|---|---|---|
| | £ | **£** | **£** | **£** | **£** |
| **Total general funds** | 400,918 | **242,003** | **(66,915)** | **-** | **576,006** |

**14. Analysis of charitable funds - current year (continued)**

The income funds of the charity include restricted funds comprising the following balances of donations and grants held on trust for specific purposes.

**Analysis of restricted fund movements**

| | Balance at 1 April 2025 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2026 £ |
|---|---|---|---|---|---|
| Steve Morgan Foundation | - | **1,500** | **(1,500)** | **-** | **-** |
| Masonic Charitable Foundation | 2,783 | **16,600** | **(15,000)** | **-** | **4,383** |
| Salford MBC | 13,332 | **106,667** | **(93,332)** | **-** | **26,667** |
| The Henry Smith Charity | 30,000 | **60,000** | **(60,000)** | **-** | **30,000** |
| The National Lottery Community Fund | 20,450 | **76,267** | **(77,438)** | **-** | **19,279** |
| Stockport MBC | - | **101,893** | **(99,837)** | **-** | **2,056** |
| Warrington BC | 18,000 | **-** | **(18,000)** | **-** | **-** |
| Cheshire Community Foundation Warrington | 7,500 | **30,000** | **(26,000)** | **-** | **11,500** |
| Rayne Foundation | - | **40,000** | **(40,000)** | **-** | **-** |
| Albert Gubay Charitable Foundation | 35,830 | **-** | **(20,830)** | **-** | **15,000** |
| Paul Hamlyn Foundation | 29,167 | **50,000** | **(45,000)** | **-** | **34,167** |
| Cheshire East Council Mentor Programme | 10,000 | **-** | **(10,000)** | **-** | **-** |
| CENF – Mental Health | 1,630 | **-** | **(1,630)** | **-** | **-** |
| CCF Fund IT Forwards | 5,250 | **-** | **(5,250)** | **-** | **-** |
| Julia & Hans Rausing Trust | - | **39,800** | **(4,800)** | **-** | **35,000** |
| Welland Trust | 40,000 | **-** | **(40,000)** | **-** | **-** |
| Warrington Contract | 21,000 | **84,000** | **(99,000)** | **-** | **6,000** |
| Cheshire East Council | 16,875 | **67,500** | **(67,500)** | **-** | **16,875** |
| Children in Need | - | **40,000** | **(37,000)** | **-** | **3,000** |
| Dulverton Trust | 31,275 | **-** | **(31,275)** | **-** | **-** |
| Awards for All | 6,667 | **-** | **(6,667)** | **-** | **-** |
| DFE Funding | - | **226,831** | **(226,831)** | **-** | **-** |
| Garfield Western Foundation | - | **35,000** | **(15,000)** | **-** | **20,000** |
| Charles Plater Trust | - | **12,500** | **(12,500)** | **-** | **-** |
| John Lewis Foundation | - | **2,250** | **-** | **-** | **2,250** |
| Halton Contract | - | **80,000** | **(80,000)** | **-** | **-** |
| AB Charitable Trust | - | **25,000** | **(25,000)** | **-** | **-** |
| Youth Endowment PAC Programme | - | **97,988** | **(94,048)** | **-** | **3,940** |
| Community Foundations for Lancashire and Merseyside | - | **15,000** | **(15,000)** | **-** | **-** |
| GM Police Prevention (ARIS) | - | **16,000** | **(7,500)** | **-** | **8,500** |
| Lapland Foundation | - | **500** | **(500)** | **-** | **-** |
| CCF Bentley Crises Fund 2026 (CE) | - | **2,000** | **(2,000)** | **-** | **-** |

| | | | | | |
|---|---|---|---|---|---|
| CCF – UK community Foundation | - | **60,000** | **-** | **-** | **60,000** |
| Bentley Life Chances/CCF Fund | - | **20,000** | **-** | **-** | **20,000** |
| **Total restricted funds** | 289,759 | **1,307,296** | **(1,278,438)** | **-** | **318,617** |

**14. Analysis of charitable funds - current year (continued)**

| | |
|---|---|
| **Swire Charitable Trust** | Core funding supporting sustainability and growth. |
| **Garfield Western Foundation** | Core funding supporting sustainability and growth. |
| **Charles Plater Trust** | Supporting delivery of services in Greater Manchester. |
| **John Lewis Foundation** | Contributing to Salford projects and activities. |
| **Cheshire East Council** | Supporting mentoring in Cheshire East. |
| **CCF Fund IT Forwards** | Funding supporting our Mentoring Programme in Crewe. |
| **Cheshire East Council Mentor Programme** | Supporting mentoring in Cheshire East. |
| **CENF - Mental Health** | Supporting mental health provision in Cheshire East. |
| **Albert Gubay Charitable Foundation** | To support the delivery of our Mental Health Services for care leavers in Warrington and Cheshire East. |
| **Cheshire Community Foundation Warrington Fund** | Supporting services for care leavers in Warrington. |
| **Warrington Contract** | To provide mentoring and psychological wellbeing services to care leavers in Warrington. |
| **Warrington BC** | Local Authority contract to match fund Mentoring and Mental Health Services for care leavers in Warrington. |
| **The National Lottery Community Fund** | Match funding our Mentoring Programme in Warrington and supporting our Care Experienced Parents Service in Warrington and Cheshire East. |
| **Masonic Charitable Foundation** | Supporting the delivery of our specialist services for Care Experienced Parents and their children in Stockport. |
| **The Henry Smith Charity** | This fund is supporting the delivery of our Psychological Wellbeing Service in Stockport. |
| **Salford MBC** | Local Authority contract to provide Mentoring and Mental Health support to Salford Care Leavers. |
| **Awards For All** | Our project will build social connections between care leavers from 16-18 year olds by developing an existing peer support activity program. |
| **The Welland Trust** | Funding to specifically provide an Employment Service to care leavers in Stockport and Salford. |

**14. Analysis of charitable funds - current year (continued)**

| | |
|---|---|
| **Steve Morgan Foundation** | A project based in Crewe providing a service to Care Leavers in that area. |
| **Dulverton Trust** | Enabling us to extend our reach to more care experienced young people and allowing care experience young people to thrive. |
| **Halton Contract** | Local Authority contract to provide Mentoring and Psychological Wellbeing services to care leavers in Halton. |
| **Stockport MBC** | Local Authority contract to provide Mentoring Services to care leavers in Stockport. |
| **Children in Need** | Supporting provision for 16-18 year olds care experienced young people. |
| **DFE Funding** | Supporting mentoring provision for care leavers in Cheshire East, Warrington and the development of a new service in Halton. |
| **AB Charitable Trust** | Funding supporting mentoring and psychological wellbeing services. |
| **Rayne Foundation** | Supporting our Psychological Wellbeing Service in Cheshire East. |
| **Youth Endownment PAC Programme** | Funding to deliver a peer research and social action project over two years alongside national partners. |
| **Julia & Hans Rausing Trust** | Funding to support our core activities primarily focused in Cheshire East. |
| **CCF Bentley Crisis Fund 2026 (CE)** | Funding to provide small crisis funds to care leavers in Cheshire East. |
| **Paul Hamlyn Foundation** | Core funding to support our growth, sustainability and sharing best practice nationally. |
| **CCF - UK Community Foundation** | Funding supporting services across Cheshire East. |
| **Bentley Life Chances/CCF Fund** | Funding supporting mentoring in Cheshire East. |

**14. Analysis of charitable funds – Prior year**

**Analysis of unrestricted fund movements**

| | Balance at 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2025 £ |
|---|---|---|---|---|---|
| **Total general funds** | 330,806 | 71,866 | (1,754) | - | 400,918 |

**14. Analysis of charitable funds – prior year (continued)**

The income funds of the charity include restricted funds comprising the following balances of donations and grants held on trust for specific purposes.

**Analysis of restricted fund movements**

| | Balance at 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2025 £ |
|---|---|---|---|---|---|
| Christmas Activities | 2,137 | - | (2,137) | - | - |
| Steve Morgan Foundation | 1,500 | 18,000 | (19,500) | - | - |
| St James Place | - | 10,000 | (10,000) | - | - |
| Masonic Charitable Foundation | 2,889 | 16,700 | (16,806) | - | 2,783 |
| Salford MBC | 4,545 | 79,999 | (71,212) | - | 13,332 |
| The Henry Smith Charity | 34,750 | 60,000 | (64,750) | - | 30,000 |
| Stockport Local Fund | 277 | - | (277) | - | - |
| National Lottery | 8,663 | 74,575 | (62,788) | - | 20,450 |
| Spark Foundation | - | 1,000 | (1,000) | - | - |
| Stockport MBC | 10,520 | 95,895 | (106,415) | - | - |
| Warrington BC | 18,000 | - | - | - | 18,000 |
| Cheshire Community Foundation Warrington | 7,500 | 30,000 | (30,000) | - | 7,500 |
| Rayne Foundation | 8,333 | - | (8,333) | - | - |
| Albert Gubay Charitable Foundation | 87,500 | - | (51,670) | - | 35,830 |
| Paul Hamlyn Foundation | 3,000 | 50,000 | (23,833) | - | 29,167 |
| CEF Bentley | - | 10,000 | - | - | 10,000 |
| CCF Hardship Grant CE | - | 15,000 | (13,370) | | 1,630 |
| CCF Fund It Forwards | 5,000 | 15,750 | (15,500) | - | 5,250 |
| Cheshire East Living Team | 100 | - | (100) | - | - |
| Julia & Hans Rausing Trust | - | 5,000 | (5,000) | - | - |
| SUYCT – Shine a Light | 4,136 | - | (4,136) | - | - |
| Vinci Foundation | 5,000 | - | (5,000) | - | - |
| Welland Trust | 34,001 | 40,000 | (34,001) | - | 40,000 |
| CWP NHS Foundation Trust | - | 84,000 | (63,000) | - | 21,000 |
| Cheshire East Council | 16,875 | 67,500 | (67,500) | - | 16,875 |
| Co-op Community Funding | - | 40,000 | (40,000) | - | - |
| Edward Gosling | 9,235 | - | (9,235) | - | - |
| CCF Match Fund Donor | 20,000 | - | (20,000) | - | - |
| Liverpool One Foundation | - | 15,000 | (15,000) | - | - |
| Dulverton Trust | - | 35,000 | (3,725) | - | 31,275 |
| Awards for All | - | 20,000 | (13,333) | - | 6,667 |
| Cheshire Community CCF Grant | - | 2,000 | (2,000) | - | - |
| DFE Funding | - | 316,599 | (316,599) | - | - |
| **Total restricted funds** | 283,961 | 1,102,018 | (1,096,220) | - | 289,759 |

**15. Analysis of net assets between funds - current year**

| Fund balances at 31 March 2026 are represented by: | Restricted Funds £ | Unrestricted Funds £ | Total Funds 2026 £ |
|---|---|---|---|
| Tangible assets | **64,046** | **-** | **64,046** |
| Current assets | **254,571** | **576,006** | **830,577** |
| **Net assets** | **318,617** | **576,006** | **894,623** |

**Analysis of net assets between funds - prior year**

| Fund balances on 31 March 2025 are represented by: | Restricted Funds £ | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|
| Tangible assets | 34,880 | - | 34,880 |
| Current assets | 254,879 | 400,918 | 655,797 |
| **Net assets** | 289,759 | 400,918 | 690,677 |

**16. Operating lease commitments**

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases as follows:

| | 2026 £ | 2025 £ |
|---|---|---|
| Due within one year | 1,068 | 1,068 |
| Due within two to five years | 2,403 | 3,471 |
| | 3,471 | 4,539 |

**17. Related party transactions**

During the year the charity has not entered into any transactions with related parties:

**18. Control**

The company is controlled by its Board of Trustees. There is no one person with overall control.

| **19. Reconciliation of net movement in funds to net cash flow from operating activities** | **2026 £** | 2025 £ |
|---|---|---|
| Net income for the year | **203,946** | 75,910 |
| **Adjustments for:** | | |
| Depreciation charge | **13,860** | 10,117 |
| Dividends, interest and rents from investments | **(26,088)** | (24,178) |
| Decrease/(increase) in debtors | **(7,219)** | (61,062) |
| Increase/(decrease) in creditors | **73,419** | 91,223 |
| (Profit)/loss on disposal of tangible assets | **-** | - |
| **Net cash generated/(used in) operating activities** | **257,918** | 92,010 |

PURE INSIGHT
connecting care leavers

**Impact Report**
April 2025- March 2026



# Supporting young people to thrive

# Contents


| | |
|---|---|
| Message from CEO | Page 3 |
| Mission, Vision and Values | Page 4 |
| Our Support and Services | Page 5 |
| Challenges in the Spotlight | Page 6 |
| Achievements and Highlights | Page 9 |
| Mentoring | Page 10 |
| Care-Experienced Young Parents | Page 12 |
| Mental Heath and Emotional Wellbeing | Page 14 |
| Education, Employment and Training (EET) | Page 16 |
| Meet Lotte | Page 18 |
| Peer Support and Wellbeing Activities | Page 19 |
| Change Champions and Influencing | Page 21 |
| Peer Action Collective | Page 23 |
| Business and Community Partnerships | Page 25 |
| Meet Sam | Page 27 |
| Volunteer Impact | Page 28 |
| Future Plans | Page 30 |
| Funder Thanks | Page 31 |








# Message from CEO

Reflecting on this past year, it has been a remarkable one for Pure Insight, filling me with a deep sense of pride and gratitude. Witnessing what we have achieved, the wide-ranging positive impact for young people and leading such a passionate and committed team of staff and volunteers, is a privilege.



We have made strides forward over the last 12 months as the organisation has continued to grow and develop, focusing on strengthening the foundations that will carry us forward.

One of the many significant projects we have been working on is the launch of the Peer Action Collective (PAC) programme. We're the first national partner to focus specifically on care-experience in relation to youth violence and crime, and we've ensured care-experienced young people are front and centre of the work, recruiting them into paid research and social action roles. Their experiences will directly shape the actions and solutions that follow.

Our partnership work has also continued to grow. From co-developing a local offer for care-experienced parents in Stockport, to contributing to regional strategy through the regional Cheshire and Merseyside Corporate Parenting Group, we know that by working together, we can go further and create more meaningful change for the young people we support.

From an internal perspective, we have focused heavily on our investment in data and impact. With the introduction of a new CRM system and a new dedicated Data and Impact Lead, we've improved how we explain the difference our work makes and can evidence this more effectively. We can identify more patterns across our services, respond to emerging needs, and use real-time insights to guide decisions. While this work is still ongoing, we're already seeing the benefits, leading to the freeing up of team time and building a stronger evidence base to support both our own learning and the wider sector.

We have also strengthened our internal team with new leadership roles, an expanded team across Halton, Warrington and Cheshire East, and two new trustees. These changes ensure we are well placed to meet future demand while maintaining the quality of our support.

Looking ahead, our focus is on building even stronger foundations, enabling us to better support the next generation of young people leaving care. This includes solidifying our infrastructure, developing the next phase of our Peer Action Collective work, and launching a new Change Champions Academy - read more about these later in the report.

I would like to thank every young person who places their trust in us. Your experiences and insights are at the heart of everything we do. I now look forward to the next phase, and to seeing even more young people feel understood and supported, gaining the confidence and determination to shape their own futures.

With my warmest wishes,

Sarah Sturmey

**CHIEF EXECUTIVE OFFICER,**
**PURE INISGHT.**

**Key areas of progress for the year**

**INVESTMENT IN DATA AND IMPACT**

**NEW PARTNERSHIPS AND PROGRAMMES**

**EXPANDED TEAM**

# Mission, Vision, and Values

## OUR MISSION

Our mission is to support care-experienced young people to thrive as they step into adulthood. We empower them to achieve their goals, build the skills and confidence needed for independent living, form lasting and dependable connections in our communities and speak up about what matters to them most.

## OUR VISION

A world where care-experienced young people feel they truly belong - living full lives on their own terms, and sharing their strengths, talents and voices within our communities



## OUR CORE VALUES

### INTEGRITY

We build trust by being reliable, responsible and transparent. When we face difficult situations, we are honest, authentic and open so we can hold ourselves, others and the systems around us accountable and drive change.

### BELONGING

We create communities where everyone feels heard, included, safe and connected. Everyone should know that they matter and feel part of something bigger. People with lived experience of care are at the heart of everything we do, and we work together to co-create our provision.

### ASPIRATION

We inspire young people to dream big and shape their own future, on their terms. We help them to create lasting connections and achieve their goals. As we walk alongside young people we give encouragement, care and respect for their unique circumstances.

### TENACITY

We approach every situation with curiosity, kindness and an open mind, so that we can understand the core issues and learn from the people and situations we encounter. We listen without assumptions. We seek out new ways to work and develop innovative solutions and take action that brings lasting change.

# Our Support and Services

## PRACTICAL SUPPORT

**The move to living alone can feel sudden and isolating for many care leavers.** We help young people to develop their practical life skills, including managing money, maintaining a home, and supporting their health and wellbeing. We also help resolve complex or crisis situations, such as those involving housing or the criminal justice system, acting as advocates at appointments, and assisting them to access specialist support.

## MENTAL HEALTH AND EMOTIONAL SUPPORT

**By providing specialist wellbeing workers, counsellors, and trained mentors, we offer a safe space for young people** to share their story, heal, develop emotional regulation skills, coping strategies, and support networks. Our team is highly trained and supports people who have experienced trauma and are living with mental health issues. Our young people can talk to us about anything, and receive advice, guidance and therapy tailored to them.

## FOR YOUNG PARENTS

**Becoming a parent can feel overwhelming, especially without a strong support network.** Through our specialist programme, we work with care-experienced parents aged 28 and under and their children, including young parents whose children are in the care system. Our team provides one to one intensive wrap around support for young families to nurture parenting skills and confidence, enabling the family to flourish as a unit.

## EDUCATION, EMPLOYMENT AND TRAINING (EET)

**Young people are supported by specialist employment coaches** to help them identify strengths and aspirations, develop skills, and become job ready. Employment coaches support local companies to create pathways to work and remove barriers to employment, offering bespoke training to ensure sustainable long-term employment for young people and employers alike.

## WE SUPPORT YOUNG PEOPLE TO SPEAK UP ABOUT THE ISSUES THAT MATTER MOST

**Through our youth advisory group, Change Champions, young people can speak up to directly influence decision makers** and help improve local and national services for all care leavers.

Change Champions shape everything we do. They review and co-design our services, to make sure we are meeting real needs as well as taking part in interviewing and training staff, volunteers and external partners.

## WE CREATE CONNECTIONS IN OUR COMMUNITY

**By being part of Pure Insight, young people can build their own community that they can count on,** through the good times and the bad. Alongside our staff team we have a dedicated and growing network of volunteers to help foster connections in the community. Young people can be matched with a local volunteer mentor or benefit from group mentorship activity. Our highly trained mentors support young people in working towards personal goals, dedicating two to three hours a week for at least two years. Many mentoring relationships grow into lasting, meaningful connections.

## OUR PEER SUPPORT ACTIVITIES

**We help young people find a sense of belonging and connection** through shared experiences. Every young person at Pure Insight can access a free programme of activities that offer fun, friendship, and personal growth.

# Challenges in the Spotlight

## Imagine turning 18 and facing the world alone,

abruptly cut off from support, and suddenly managing a flat, a budget, trying to get a job, cooking for yourself, with few independent living skills and no family support. All while coming to terms with childhood trauma, neglect and abuse. It is a uniquely difficult starting point.

The Department for Education's (DfE's) evidence to the Committee said: *"Care leavers have some of the worst long-term life outcomes in society across health, housing, education and employment."*



### INDEPENDENT LIVING SKILLS

82% care leavers struggle to afford food, 64% face rising debt, and 31% are at risk of homelessness. *(Barnardo's 2023)*

**Impact: 78% of young people improved their independent living skills and 67% improved their ability to manage money.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**44%**

identified a lack of independent living skills



***"When I came out of care, I was so lost. I didn't know how to pay bills and wondered if I was ever going to get anywhere. Then you guys came along and helped me sort all that out, helped me to have faith in myself. I genuinely wouldn't be here without you, thank you."*** *Lily, aged 20*

**OUR IMPACT TO OUR YOUNG PEOPLE**

**78%**

improvement in their independent living skills

### LONELINESS AND ISOLATION

Two-thirds (67%) of care leavers reported feeling lonely at some point in the last few weeks; of those 22% recorded they had 'always/often' felt lonely - twice the number of young people aged 16 to 24 in the general population who report this (10%). *(Coram Voice 2020)*

**Impact: 87% experienced a reduction in loneliness or isolation as a result of our support.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**65%**

told us they were lonely or isolated



***"I am glad that I have actually started to socialise because I have started to make some really good friends through Pure Insight. Friends that I never thought I needed...ever since I started coming out to events that you throw. I just wanted to say thanks."*** *Ella, 19 years old.*

**OUR IMPACT TO OUR YOUNG PEOPLE**

**87%**

Experienced a reduction in loneliness

## HOUSING

A third of care leavers become homeless within two years of leaving care *(Department for Education)* 25% of the homeless population are care experienced (UK Parliament)

**Impact: 71% made progress in their ability to manage their tenancies, with 23% maintaining stable levels (preventing escalation).**



***"Each day takes me closer to the independence that I'm definitely capable of. I'm excited to start off my new beginnings and to explore so many things"***
*Ish, 20 years old.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**25%**

chose housing as an area they need help with

**OUR IMPACT TO OUR YOUNG PEOPLE**

**71%**

made progress in their ability to manage tenancies

## EMPLOYMENT, EDUCATION AND TRAINING (EET)

Care leavers are almost three times as likely to be not in Education, Employment or Training *(Department for Education, 2023)*

**Impact 82% of these young people improved their EET outcomes.**



***"Because I am not with my parents and I feel the lack of my father and I don't really know what education and the right thing is, but you are the best teachers and I imitate you. I feel that this is the right thing to do. I think I am finally seeing the good again."***
*Kyra is making steps toward education, supported by her Mentor Coordinator, volunteer mentor, and PA.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**35%**

wanted to focus on EET

**OUR IMPACT TO OUR YOUNG PEOPLE**

**82%**

improved their EET outcomes

## PARENTING

Care-experienced young people are approximately 2.5 times more likely to become parents as teenagers compared to their peers, with about 22% of female care leavers having a child before turning 20. These parents face high risks of isolation, financial hardship, and disproportionately experience, or are at risk of, having their own children removed. *(Barnardo's 2022)*

**Impact: 84% of parents showed improvement across parenting outcomes.**



***"My biggest takeaway has been knowing I had a weekly safe space, outside of all the drama and conflict and family dynamics, where I could freely name what was coming up and know it would be held safely."*** *Sammi.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**NEARLY 25%**

are young parents

**OUR IMPACT TO OUR YOUNG PEOPLE**

**84%**

showed improvement across parenting outcomes

## MENTAL HEALTH

Research found that 46% of care leavers had been identified as having a mental health concern. Of those, 65% were receiving no service and just 9% were on a waiting list for NHS support. *(Barnardo's 2024)*

**Impact: 77% of these young people improved their mental health outcomes through our mentoring service and 85% of young people receiving mental health support showed an overall improvement in their wellbeing outcomes.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**69%**

identified mental health as an area to work on

**OUR IMPACT TO OUR YOUNG PEOPLE**

**77%**

improved their mental health outcomes



***"She has drastically impacted my life in the best way possible. She genuinely understands what I'm going through and has been a huge source of comfort and validation"***

*Karly, speaking about our mental health worker.*

## EXPLOITATION AND OFFENDING

By the age of 24, more than half of care-experienced young people have a criminal conviction *(Office for National Statistics, 2022)*. Almost 25% of the adult prison population has previously been in care (*Independent Review of Social Care 2021).* **Impact: 84% of these young people reduced survival and coping behaviours contributing to risk or offending.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**30%**

experienced exploitation or offending

**OUR IMPACT TO OUR YOUNG PEOPLE**

**84%**

reduced behaviours contributing to offending



***"If it weren't for Pure Insight, I don't know where I'd be. Well, I do and it wouldn't be good."***

*Jack, reflecting on his past history of offending and the support provided.*

# Achievements and Highlights

**603** CARE-EXPERIENCED YOUNG PEOPLE SUPPORTED

**145** OF THEIR CHILDREN

**748** INDIVIDUALS IN TOTAL

**10%** INCREASE FROM THE PREVIOUS YEAR

**92%** YOUNG PEOPLE ENGAGING WITH OUR SUPPORT SHOWED OVERALL IMPROVEMENT ACROSS KEY AREAS OF THEIR LIVES

## MENTORING

**369** young people benefited from our mentoring programme, achieving a range of positive outcomes, including:

**98%** increasing/ maintained social networks and relationships scores

**95%** increasing/ maintained independent living skills

## VOLUNTEERS

**104** new volunteers recruited

**22,268** hours volunteered

valued at **£445,360**

## MENTAL HEALTH

**254** young people benefited from our mental health support and **80** from our counselling offer

**91%** increased/maintained scores feeling in control of emotions and ability to cope

**92%** increased/maintained scores understanding of self/history/diagnosis

**92%** increased/maintained scores understanding healthy relationships and improved relationships

## PEER SUPPORT AND GROUP WELLBEING ACTIVITIES

**255** young people have joined our group wellbeing and peer support activities

**93%** increased/maintained levels of belonging and contribution

## YOUNG PARENTS SERVICES

**139** parents supported

**145** of their children supported

**92%** young parents increased their parenting skills and knowledge

## PARTICIPATION

**17%** increase in participation of young people influencing regional and national services

**142** young people engaged in our participation and influencing work

## EMPLOYMENT, EDUCATION & TRAINING

**72%**

young people progressed in purposeful use of their time through employment, education and training



# Mentoring

**Our community-based mentoring programme has been recognised as best practice for supporting care experienced young people.** We recruit and train local volunteers who are carefully matched with young people to provide two to three hours of weekly support over a minimum of two years. Mentors help build practical life skills, from managing money and homes to health and wellbeing, while also providing emotional support and advocacy.



For young people facing complex challenges including criminal exploitation, mental health issues, or young parenthood, we offer intensive support. Through a strength-based approach, mentors help young people identify aspirations, build confidence and support networks. For many isolated young people, these relationships are transformative, creating connection, purpose and belonging.



## Meet Saffie

**When we met Saffie at 19 years old, she was facing many challenges: a lost job, threatened eviction, outstanding debts, and a violent home life. She was unable to access many services, assessed as high risk, having missed appointments and displaying volatile behaviour with service staff, as well as being deeply untrusting of agencies - behaviour stemming from trauma and frustration, but perceived by some as disrespect.**

Pure Insight's mentor coordinator took a trust-first approach, focusing initially on practical, tangible help rather than pushing straight into sensitive issues like domestic abuse and trauma. This decision proved critical. Within just four weeks, Saffie's tenancy was renewed after her mentor coordinator advocated on her behalf with the housing association. A repayment plan was secured for her rent arrears, and a clear path forward was established for her catalogue debt.

The mentor coordinator introduced tools and techniques to help Saffie manage her emotions. Previously, feeling that everyone was against her had triggered a fight-or-flight response, with emotions quickly reaching breaking point. There was a marked shift, Saffie remained calm and found it easier to navigate processes she had previously found overwhelming. Saffie was matched with a volunteer mentor, Liz, who has been able to help Saffie manage a budget, teach her some cooking skills, and has encouraged Saffie to develop friendships at the Pure Insight drop-in café.

As trust grew, Saffie began sharing about the domestic abuse she was experiencing and was supported to start thinking through what a healthy relationship might look like. This opened the door to safety planning conversations, though she is not yet ready to leave her partner.

Saffie's own words capture the impact:

> ***Thank you for coming with me to these stressful meetings, and for being such a supportive person I can count on.***

# Highlights This Year

### CO-ORDINATED MENTORING TEAMS FOR COMPLEX SITUATIONS

**For young people facing the highest levels of risk and vulnerability, we can co-ordinate a team of two to five volunteer mentors alongside team support. When statutory or specialist services are unavailable or insufficient, this wrap-around approach fills the gap.**

When one young person was released from prison on a bank holiday weekend, a notoriously high-risk window with no services open, we mobilised a team of volunteers across the entire weekend. One took him for a meal, another for football, a third brought him along to his workplace, a bike workshop. Together they kept him safe, occupied, and connected until statutory support could be put in place.

> ***Really impressed with the support that Pure Insight can offer. I hope that this young person appreciates you and your staff.***
> *Martin Conway, probation services.*

**369**

**YOUNG PEOPLE RECEIVED SUPPORT FROM OUR MENTORING PROGRAMME**

**93%**

**OF YOUNG PEOPLE SHOWED AN OVERALL IMPROVEMENT ACROSS THE OUTCOMES THEY WERE ASSESSED ON**

| | |
|---|---|
| **98%** | **INCREASED/MAINTAINED SOCIAL NETWORKS & RELATIONSHIPS** |
| **95%** | **INCREASED/MAINTAINED INDEPENDENT LIVING SKILLS** |
| **84%** | **INCREASED/MAINTAINED THEIR ABILITY TO MANAGE THEIR TENANCIES** |
| **94%** | **INCREASED/MAINTAINED MONEY MANAGEMENT SKILLS** |
| **95%** | **INCREASED/MAINTAINED REDUCTION OF BEHAVIOURS CONTRIBUTING TO RISK OR OFFENDING** |

# Care-Experienced Young Parents



**For care-experienced young people, parenthood arrives alongside the challenges of leaving care and building independent lives. Many are still making sense of difficult childhoods, raising families without traditional support networks, and many struggling to trust statutory services.**

Their own painful histories can hinder them from being the parent they aspire to be, and without the skill, confidence or support, isolation and self-doubt can quickly take hold. This is where our specialist family support coordinators and our trained volunteer mentors step in, providing intensive, tailored one-to-one practical and emotional support to meet the unique needs of each young family.



## Meet Kaden

**Kaden was referred to Pure Insight at just 18, on release from a custodial sentence and finding his feet under probation's supervision. He had been let down so many times that he struggled to trust professionals, often disengaging when he felt unheard. Contact with his young child had broken down during his time in custody.**

Kaden desperately wanted to be a present and active parent but had limited experience, little confidence, and no clear pathway to get there. He was motivated, but frustration, vulnerability and lack of support were significant barriers.

Our team quickly identified that communication style was key, adapting our approach by providing information in smaller chunks, recapping key points and always following through on commitments, all of which made an immediate difference to his engagement. Our team supported him to understand how his own care experience has affected his parenting, helped him to access legal advice, and supported him to develop the skills and confidence needed to be a good father.

We matched Kaden with Paula, a trained Pure Insight mentor, who worked patiently to build his confidence while introducing activities and community settings that supported bonding and provided the stimulation needed for his child's development. With this structured approach she guided Kaden in how to respond to his child and nurture their bond. What had once felt uncertain gradually became something natural and joyful, and fun. His child's progress was tangible, visibly relaxing, responding to Kaden's voice, and showing the earliest signs of secure attachment.

Kaden has since completed a parenting course, has improved his communication, and returned to part-time work.

# Highlights This Year

### ENHANCED IMPACT MEASUREMENT

We have developed detailed criteria to better measure and demonstrate the difference our work makes to young families.

### NEW PARENT TRAINING PROGRAMME

We have launched a series of practical workshops for young parents, including first aid training and self-care, equipping them with skills and confidence for everyday family life.

### DEDICATED ONLINE COMMUNITY SUPPORT

Our closed WhatsApp groups have created a lively, supportive community where parents can access peer support, staff and volunteer advice, and local information. From accident prevention tips and baby sleep advice, to donated items and specialist signposting, these groups help us to meet needs collectively and ensure no parent feels alone.

**139**

**YOUNG PARENTS, AND 145 OF THEIR CHILDREN, RECEIVED WRAP AROUND FAMILY SUPPORT**

**34**

**YOUNG WOMEN SUPPORTED THROUGH PREGNANCY TO PREPARE PRACTICALLY AND EMOTIONALLY TO BE A PARENT**

**93%** IMPROVED/MAINTAINED THEIR CONFIDENCE AND ABILITY TO PARENT

**85%** IMPROVED/MAINTAINED HEALTHY RELATIONSHIPS

**90%** IMPROVED/MAINTAINED THEIR ABILITY TO ENSURE HOME ENVIRONMENTS ARE ORGANISED, STABLE AND SAFE

**83%** IMPROVED/MAINTAINED THEIR ABILITY TO ASK FOR AND ACCEPT HELP

**90%** IMPROVED/MAINTAINED FINANCIAL SITUATIONS

**91%** IMPROVED/MAINTAINED EMOTIONAL WELLBEING OF PARENT AND CHILDREN

**90%** IMPROVED/MAINTAINED PHYSICAL WELLBEING OF PARENT AND CHILDREN

# Mental Health and Emotional Wellbeing



**We work with young people across the spectrum of need, from early intervention through to severe mental illness.** With intensive, long-term outreach work, our specialist wellbeing workers and counsellors provide a safe space for young people to share their story, heal, receive guidance, interventions and therapy tailored just for them.

We help young people understand their experiences of trauma, develop emotional regulation skills and coping strategies, build support networks and resilience, and work towards independent, fulfilling lives.



## Lara's story

**Unaccompanied minors seeking asylum are cared for in the care system. Lara was referred to Pure Insight for help with her mental health. As a victim of trafficking, Lara had experienced considerable trauma. A psychological wellbeing assessment identified several areas of focus, including intrusive memories, low mood, emotional dysregulation, social isolation, and significant anxiety surrounding her immigration status. She was not eating or sleeping properly.**

Diagnosed with PTSD, Lara struggled to process the traumatic loss of her family and home while trying to make sense of the injustice of her situation. She was isolated, rarely leaving home, and lacked connection with peers or purposeful activity.

Our mental health worker built a strong, trusting therapeutic relationship at Lara's pace. Brain spotting was used to help process traumatic experiences - particularly effective when English is not someone's first language, as it allows processing without verbal translation. Space was created for Lara to share painful feelings, cry, and be heard without judgement.

Practical support ran alongside therapeutic work. A letter to the Home Office confirming Lara's engagement with our services proved pivotal in securing her leave to remain in the UK. For the first time in years, Lara had safety and certainty. She said: "This is the best news of my life. I feel like I am flying. You have saved my life."

Lara is now enrolled in college and building toward a career. She has become more self-aware, recognising when feelings of distress start to build and has gained skills and healthy coping strategies. She now has a greater sense of control over her life and how she responds.

Lara said:

***"This is the best news of my life. I feel like I am flying. You have saved my life.***

# Highlights This Year

**254**

YOUNG PEOPLE BENEFITED FROM OUR MENTAL HEALTH SUPPORT

**80**

YOUNG PEOPLE BENEFITED FROM OUR COUNSELLING OFFER

**96%** IMPROVED/MAINTAINED UNDERSTANDING HOW EMOTIONS AFFECT YOU DAY TO DAY

**91%** IMPROVED/MAINTAINED FEELING IN CONTROL OF EMOTIONS AND ABILITY TO COPE

**91%** IMPROVED UNDERSTANDING OF HOW TO PROTECT EMOTIONAL SAFETY AND STABILITY

**92%** IMPROVED/MAINTAINED UNDERSTANDING OF SELF, JOURNEY AND DIAGNOSIS

**86%** IMPROVED/MAINTAINED IMPROVEMENTS IN PHYSICAL HEALTH

**92%** IMPROVED/MAINTAINED UNDERSTANDING OF HEALTHY RELATIONSHIPS RESULTING IN IMPROVED RELATIONSHIPS

# Employment, Education and Training

**Many care-experienced young people face complex challenges that make finding and keeping jobs harder.** They are nearly three times more likely to be out of education, employment, or training (NEET) than their peers.



Through our Employment, Education and Training (EET) service we help them to secure work, education and training by providing personalised support to help build confidence and develop skills. Our work with local employers, delivering trauma-informed training, helps create more inclusive environments for care leavers while opening new opportunities for them.

## Meet Mani

**Mani was 19 and stacking shelves when he met Pure Insight. He worked hard but felt undervalued by his manager. Mani dreamed of a meaningful career but was stuck in a cycle of prioritising short-term gains, often starting courses but not completing them. He lacked English and maths qualifications and struggled with debts and difficult relationships.**

Our employment coach offered him unwavering support over 18 months. He worked closely with his manager to build a deeper understanding of Mani's experiences in the care system, introducing trauma informed practices that transformed their working relationship and helped Mani sustain his role. Coupled with budgeting exercises and steady encouragement, our employment coach helped Mani clear his debts and focus on longer-term goals.

When a traineeship opportunity came up with the local council's Parks Team, our coach supported Mani through the application process, while a volunteer mentor provided weekly guidance, helping him build workplace relationships and develop his skills. Mani has now secured a horticultural apprenticeship within the Parks Team and is working towards his English and maths qualifications.

The anxious, defeated teenager has become a confident young man who regularly attends Pure Insight Café Nights and outdoor activities, building a sense of community rather than hiding from it.

**72%**

**YOUNG PEOPLE PROGRESSED INTO EMPLOYMENT, EDUCATION AND TRAINING**

**48**

**CARE LEAVERS ACHIEVED LONG TERM PAID EMPLOYMENT**

# Success Snapshots



**MACAULEY**

has secured a job as a barista

**SASKI**

is studying counselling at level 2, aiming to work in a young person's charity supporting those who have experienced trauma

**LIV**

has secured an apprenticeship with Virtual Schools

**MICAYA**

has started a teaching assistant role

**LANA**

is volunteering in a leisure centre, supporting gymnastics and creative play for children with learning needs

**KIERAN**

is studying drama

**ESMEE**

is volunteering in a charity shop

# Meet Lotte

Lotte experienced a deeply traumatic childhood. Losing her mother at a young age and watching her father turn to drugs and alcohol to cope, was devastating and ultimately led to her being taken into care.

When we first met Lotte at 19, she was incredibly isolated, smoking a lot of cannabis, and most critically, had severely restricted contact with her young daughter Amelie, who was being cared for by her sister. Lotte is now 23.



We matched Lotte with a volunteer mentor, Beth, who built trust gradually and explored how best to support her to develop friendships with her peers. Beth began taking her on walks and trips to the garden centre, where Lotte found a great sense of peace, particularly watching the birds along the river nearby. What started as structured support grew into a genuine and lasting friendship; this year they even travelled to London together for a show. This relationship has given Lotte the emotional support and companionship she had rarely experienced and directly strengthened her confidence and resilience across every other area of her life.

Our education, employment and training coach supported Lotte to enrol in her first college course in health and wellbeing. She went on to sign up for a nursing course, and last year successfully secured a training role at the local hospital following CV writing and interview prep support from our team.

Lotte has benefited from the support of our trauma-informed counsellor, whose input proved transformative. She focused on lifestyle improvements, better sleep, regular exercise, and greater financial stability. Lotte's anxiety has reduced significantly. She also stopped smoking cannabis entirely, recognising its negative impact on both her mental health and her chances of rebuilding contact with Amelie.

Parenting support was the most complex and emotionally demanding area of our work together. Lotte's relationship with her sister was strained, so Pure Insight's parenting worker began supervising monthly visits, supporting the sisters to build a positive relationship. We sourced a family law solicitor, pursued mediation, and supported Lotte through two court hearings, attending every key meeting along the way. Professionals assessed Lotte's parenting skills positively throughout the process. This year, the final court order brought life-changing news: Lotte now has regular weekly contact with Amelie, including overnight stays.

## THREE YEARS ON

Lotte has accessed a breadth of wraparound support from us, including mentoring, EET coaching, counselling, and parenting support. Each strand has reinforced the others. However, as professionals consistently noted throughout the process, the most important factor was Lotte herself: her resilience, composure, and unwavering commitment to her daughter.

# Peer Support and Wellbeing Activities

**Loneliness is one of the biggest challenges young people leaving care must face.** Without friendship and a support network, many are drawn to risky situations and harmful relationships - a pattern rooted in the instability and trauma of their childhood.

Our peer support activities offer a healthier alternative: genuine belonging, connection, fun and the adventure of trying something new alongside people who understand their experience.



### THIS YEAR'S HIGHLIGHTS

Alongside regular café nights, bike rides, walks, football, and outdoor pursuits, including abseiling and kayaking, this year we introduced ice skating, a multi-sport session and fishing. The new fishing activity was instigated by one of our young people, who reached out to a local community group. We then supported him in bringing the trip together. We are proud to share responsibility in organising group activities with young people, providing opportunities to develop real leadership skills within a community that backs them.

For some young people, attending an activity means overcoming significant barriers, including anxiety around public transport, meeting new people, or simply trying something unfamiliar. We support young people through all of this, gently building the confidence to travel independently, arrive on time, make plans, and set boundaries.

## JT's Story

**When we first met JT, he wouldn't leave his flat. Years of broken trust with professionals had left him deeply reluctant to engage, and it took months of patient relationship building before he felt comfortable enough to step outside.**

We started in small ways, supporting him with cooking on a budget and finding out what he loved. Despite our best efforts, JT remained resistant to more intensive support, declining a volunteer mentor and our mental health and emotional wellbeing service. We respected his pace and went at the speed he felt comfortable with. The breakthrough came in a simple discovery: he loved fresh air, walking, cycling and anything outdoors.

Through our outdoor activity programme, JT found his confidence. He now attends most activities and suggests new places to explore on bike rides. He is also planning to climb a mountain next year with his newfound friends. From someone who wouldn't open his door, JT has become someone others can rely on. He is thriving.



## Kye's Story

**When we first met Kye, he was facing a criminal damage charge and had a history of offending. We supported him through the legal process and gradually introduced him to activities that gave him a positive focus.**

The activities were a lifeline, helping him stay out of trouble and their impact has been lasting. He rarely misses our fortnightly café, valuing the structure, purpose, and boundaries they provide. He regularly supports our activity co-ordinator to move furniture donated from the community, sharing that this has ***"a real, positive effect on his mental health and wellbeing".*** Kye has now held down a job for several years, and has found a real passion for cycling, going out regularly with a local club and building a community around him.

> ***I am grateful for so many amazing, beautiful, funny, and creative people. People like you guys make me realise the world isn't as bad as I thought it was, I was just hanging around with the wrong people.*** **Layla**

**163**

**YOUNG PEOPLE HAVE ENJOYED SOCIAL CONNECTION, A MEAL AND FUN ACTIVITIES AT OUR CAFE NIGHTS**

**255**

**YOUNG PEOPLE HAVE JOINED IN WITH GROUP WELLBEING ACTIVITIES**

**98%** **INCREASED/MAINTAINED SOCIAL NETWORKS AND RELATIONSHIPS**

# Change Champions and Influencing

**Care-experienced young people are passionate and motivated to take a meaningful role in shaping their own and other care-experienced young people's futures, addressing the huge health, social and economic inequalities they face.**



Through co-design, consultation, and a dedicated youth advisory group, Change Champions, they directly shape how services are designed and delivered, locally and nationally. They interview and train staff, influence policy, and ensure that decision makers are driving real change. This year alone, we have worked with: housing providers to develop a resource for staff supporting care leavers into new tenancies; shared best practice models at the North West Association of Directors of Children's Services; and co-produced a local parent services offer in partnership with Stockport Council.

## PLANNING ENDINGS

Relationships ending can be particularly difficult moments in a care leaver's life due to previous experiences of loss through abrupt or unplanned endings. Our Change Champions led the design of a "Planned Endings" training programme, delivered to 176 staff at Warrington Borough Council. The training explored the emotional impact of endings, barriers to positive endings, appropriate boundaries, and fostering a trauma-informed approach, with a core message that endings need to be acknowledged and planned for from the very start of a relationship.

***"Endings start at the beginning"*** **Jasper, 22**

The response has been overwhelmingly positive, with many reflecting that they had not previously considered how endings could affect the young people they support and leaving with a commitment to do things differently.

> ***At a staff engagement event, we spent the afternoon with care-experienced young people. They led a fantastic session. We're all divas and I've learnt a new word, 'slay'! Thanks for your invaluable work.***
>
> **Sharon Cooper, Director of Children's Services, Warrington.**

## HOW DO WE INCORPORATE TRAUMA INFORMED APPROACHES TO ENDINGS



# Change Champions and Influencing

## STRENGTHENING SAFEGUARDING

The transition to adulthood is not a single moment: it is a journey, and for many care leavers, it is one of the most vulnerable periods of their lives. Without the right support in place, young people can be exploited, and the warning signs can go unnoticed. Too often, safeguarding systems are designed with children in mind and simply stop at 18, leaving young adults in a dangerous gap. We are working to close that gap. Alongside local authorities across Cheshire and Greater Manchester, we are strengthening transitional and contextual safeguarding for care leavers.

In Warrington, we have co-developed exploitation screening tools and clear escalation pathways that have already led to faster interventions, stronger multi-agency coordination, and better protection for young adults navigating the critical move toward independence.

## DRIVING AN EQUITABLE OFFER

No care leaver's success in life should depend on where they happen to live. This year we joined the newly established strategic Regional Corporate Parenting Group for Cheshire and Merseyside - a significant opportunity to bring frontline insight and lived experience directly into regional decisions. Alongside strategic leads from statutory services across the nine local authority areas, we will advocate for an improved and equitable offer, tackling significant variations in support that care leavers currently experience across the region. We will also create meaningful co-production opportunities ensuring young people's voices shape the plans that affect them most.

## ANNUAL YOUNG PERSON'S CONSULTATION DAY

In November, we consulted with care-experienced young people about their priorities, they told us clearly: they want more practical support with independent living skills, someone to guide and model skills alongside them, and more help finding education, employment, and training pathways. They also want more opportunities to have their say in local decision making.



The data behind their voices is striking. 63% said they struggle with managing money, 88% with relationships, and 69% with loneliness and isolation - a combination that significantly increases vulnerability and the risk of exploitation.

Their priorities are shaping our strategic plans, ensuring that our work is driven by what young people need. Our plans to grow our participation and influencing work is a key aspect of this.

**142**

**YOUNG PEOPLE INFLUENCED LOCAL, REGIONAL AND NATIONAL SERVICES**

**91%**

**YOUNG PEOPLE REPORTED IMPROVEMENTS ON FEELING IN CONTROL OR HEARD AROUND THE CHOICES THEY CAN MAKE**

# Peer Action Collective

**The Peer Action Collective (PAC) project is a two-year research project formed to deep-dive into how care-experience influences and impacts peer violence. We conduct research via focus groups, one-to-one interviews and surveys, reaching 650 people across the North West to support the design and delivery of social action that addresses the root causes.**



Funded by the Youth Endowment Fund and the #iwill Fund (a joint investment between the National Lottery Community Fund and the Department for Culture, Media and Sport), we were selected as a delivery partner due to Pure Insight's deep understanding of care-experienced young people.

Peer-led research opens conversations that traditional models often miss, reaching young people who have been less likely to engage with services, but whose experiences are critical to understanding risk, vulnerability and resilience.

We have recruited a small team of care-experienced Young People into the roles of PAC Leads. Each stage from designing the direction of the research, and creating meaningful and lasting social change from the findings is led by these care-experienced young people. Supported by two specialist staff, our team of PAC leads are turning their lived experience into professional expertise, and amplifying the voices of 650 care experienced young people aged 16-25.

Our PAC leads chose to explore how relationships with peers, professionals and systems influence their experiences of violence during this time.

All the PAC leads felt that forming the first research project around understanding the impact of positive and negative relationships, was important to them. Jade, who is passionate about making sure neurodiversity and mental health are always considered, says "exploring relationships is really important because the people around young people in care or care leavers, such as peers and professionals, can have a huge impact on their lives. When those relationships aren't understanding, especially around individual needs, neurodiversity or mental health, it can lead to isolation, conflict and sometimes peer violence."

By the end of the programme, Pure Insight will have a clearer understanding of how care experience intersects with youth violence, and a set of evidence based, actionable recommendations that have the potential to influence support systems on a bigger scale. This is just one way that we are driving meaningful, lasting change.

Proudly supporting youth social action #iwill

Department for Culture, Media & Sport

COMMUNITY FUND

YOUTH ENDOWMENT FUND

## Peer Action Collective

Alongside this, the young people leading the work gain valuable skills, confidence and paid experience, supporting their own progression into education, employment and leadership, which has made a huge difference to Sophie, a PAC lead:

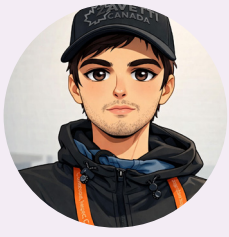


***Since I started working with the PAC team, I have gained a range of new skills and developed more confidence and resilience...and time keeping! Ownership of work to bring back to the team makes me feel accomplished, and I was able to participate in creating research questions and activities to bring to our interviews. I'm passionate about creating change, and this project has helped to give me a sense of meaning.***

Our team has a broad range of experiences, making sure our scope is wide. Mike, PAC lead, has brought his understanding of the impact that both unhappy, and happy foster placements can have on young people – something that has frequently emerged during interview and focus groups, where he has also played a key role as an interviewer.

This work is deeply personal for all our PAC leads, including Cameron. His experiences of residential care, violence, and gang exploitation, drove him to join us and use this to help other young people and professionals recognise the early signs of grooming.

Cameron is driven by a mission to ensure no young person has to navigate complex risks without stable, informed support.



***It's important to me that people feel heard and listened to especially those in need of help.***

Voices like Cameron's are shaping not just what we find out, but what we do next. This project doesn't just tease out the insights: it will directly inform youth-led social action, ensuring that evidence is translated into effective action. This includes developing targeted interventions, influencing local service design, and feeding directly into policy and commissioning conversations. By embedding lived experience throughout, the programme aims to improve both the relevance and effectiveness of responses to youth violence.

We've learned a great deal about how relationships have an impact on children and young peoples' interactions with statutory services, those there to care for them, and with each other and the vulnerabilities to violence that can open up. The PAC team are using both their knowledge and wider programme participants' ideas to plan for social action activities starting Summer 2026. From training and speaking directly with children and young people, to podcasts, speeches, conferences, books and guides, and TikTok content, there's plenty of great ideas and a busy time ahead!

***The PAC team are using both their knowledge and wider programme participants' ideas to plan for social action activities starting Summer 2026.***

# Business and Community Partnerships

**This year, we have seen a wonderful and growing wave of support from businesses and community partners, all united by a shared belief in helping young people thrive.**

## Bromley's Solicitors

**Bromley's Solicitors became our first ever Charity of the Year partner.** Their staff embraced a full year of fundraising, from Easter picnic lunches and a festive Christmas market to an office tombola. As the first business to choose us in this way, they have set a wonderful precedent, opening doors to wider awareness about the very real challenges young people face when leaving the care system.

> ***We wanted to help give something back to those young people. Pure Insight is so closely aligned with our values as childcare solicitors, their commitment to working with and empowering young people transitioning out of care is amazing.***
> **Felicity Drinkwater, Managing Associate and Solicitor.**

## TADW Architects

**TADW Architects have been steadfast partners for three consecutive years, donating DIY vouchers that help our young people turn a house into a home.**

> ***Pure Insight's vital work with young care leavers at risk of homelessness deeply resonates with our values. We're proud to help make that possible.*** **Mark Harrison, Director.**

## Comfy Quilts

**We are also thankful to Comfy Quilts, whose generous donation meant every young person received an Oodie to keep them warm through the colder months.**

> ***Hi, I just wanted to thank you for dropping off the presents. It's been a bit tough this month, but I really appreciate the Oodie.*** **Kyra**



## Romiley Golf Club

**Building on this momentum, Romiley Golf Club also chose us as their charity partner this year.** They raised funds through a fashion show, an evening with footballer Bruce Grobbelaar, golf days, lunches, raffles and fines for rogue golf balls that stray into their pond. They have opened doors to fresh networks and supporters along the way. They have raised a fantastic £6,000.

> ***We wanted to support a local charity, and recognised the impact Pure Insight have on the lives of vulnerable young people when they need it the most, when they come out of the care system and are unsure of where to turn to.***
> **Steven Horne, Captain.**

## Red Rose Packaging

**We are grateful for the continued loyalty of Red Rose Packaging, a founding business Champion, whose ongoing generosity has meant so much.**

> ***Great to contribute to the work this fantastic charity does.*** **Stuart Clark, Director.**

This year also brought an exciting milestone: we secured our first ever major donor gift of £10,000 - a remarkable vote of confidence in the work we do.

Together, these businesses and individuals reflect a growing community of people who believe in what Pure Insight does - and want to be a part of it.

# Business and Community Partnerships

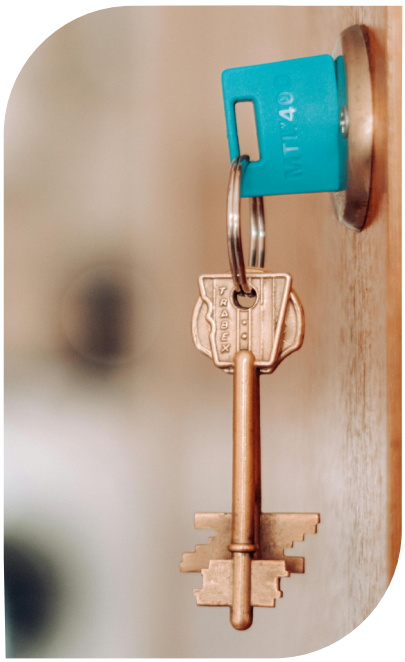
## A LEAP OF COURAGE FOR CARE LEAVERS

This year we launched our first large-scale fundraising event, and we set our sights high. A team of eighteen staff, volunteers, and local council workers, united by a shared commitment to supporting care leavers, took on the challenge of a tandem skydive. Understanding the obstacles young people face as they step into adulthood, they pushed themselves far beyond their comfort zones, leaping from 13,000 feet to raise vital funds.



*Together they achieved a remarkable total of* ***£17,300***

> ***I'm incredibly proud to have raised £1,000 for such a fantastic charity. As a team leader in the Leaving Care team, I see first-hand the difference their work makes, and I'm so grateful for the generosity of those who donated. The jump itself was equal parts absolutely terrifying and amazing!***
>
> **Elizabeth Dodd**



## A HOME BUILT BY COMMUNITY

When Lexi was referred to Pure Insight she was facing eviction, isolated, and without benefits due to an administrative error. With nowhere else to go, she was on the brink of sleeping in a hut on a nearby allotment.

We didn't just help Lexi find a new home, we helped the community furnish it.

Volunteer mentor Dan mobilised support through our volunteer network, gathering donations while helping Lexi secure a new home and complete the necessary paperwork.

When Lexi received the keys to her one bedroom flat, she wasn't alone. A team of volunteers arrived alongside her, hanging curtains, clearing rubbish, putting up pictures, tidying the garden, and making the space feel like home. The community had donated bedding, kitchen equipment, towels, furniture, and curtains, while a small grant funded a new washing machine and cooker. A donated bike gave Lexi the freedom to get to the shops and see friends independently, reducing the isolation she had felt.

Lexi now has a flat that feels safe and like her own.

**137** *This year, 137 young people were supported similarly by our growing network of volunteers who help foster connections in the local community.*

# Meet Sam

We began working with Sam when he was 18 years old. Sam is autistic and faced challenges with Opposition Defiant Disorder (ODD) and ADHD with both affecting his executive functioning and ability to follow instruction.



His offending pattern involved drinking in social situations where he struggled to communicate, leading to verbal aggression and assault charges. His probation order was for assaulting his cousin during a period when they were living together where Sam's communication difficulties led to him lashing out. At that time, Sam had poor relationships with both his cousin and mother, the only family in his life.

### MENTORING AND MENTAL HEALTH SUPPORT

Our mentoring co-ordinator supported Sam to manage probation appointments and make the most of their support and routines.

He also received support from our mental health practitioner. The therapeutic work focused on friendships, healthy connections and identifying triggers, which helped him see his challenges in a different way. A key goal was breaking the cycle of behaviours leading to involvement with the criminal justice system, by helping him recognise patterns between alcohol use and getting into trouble. Sam learnt to recognise when he was feeling anxious, overwhelmed or threatened by understanding his body's fight and flight system. He learnt tools and techniques to spot early warning signs in his body leading to more extreme reactions, over time learning how to divert himself away from situations.

Sam successfully completed probation and has had no police contact for over a year. He now has a strong relationship with his cousin and has rebuilt his relationship with his mother. He has developed self-awareness around triggers and chooses not to drink, recognising the connection between alcohol and offending. He is managing his medication and managing his tenancy. Sam is doing incredibly well with increased acceptance and understanding of himself.

**His probation officer reflected on the great progress Sam has made, saying about our mentoring co-ordinator :**

> ***"It was a pleasure to see someone so motivated and passionate. It was evident how much you go the extra mile trying to support him and the professional rapport you have with him is a testament to your hard work - if only there were more people in the world like you!***

# Volunteer Impact

**Our volunteer mentors play a vital role in supporting care leavers to build stability, confidence and lead fulfilling lives. They provide a reliable presence, often filling a gap for young people who may never have had someone consistently there for them and help develop connections in the community.**



Mike Raynor's volunteer mentor journey highlights the depth and value of these relationships for both mentor and mentee.

Growing up, Mike took on the role of a young carer, taking responsibility for looking after a sick parent during what should have been a carefree childhood. The experience of navigating adult pressures alone never left him. When Mike came across the Pure Insight advert in early 2024, it resonated immediately. He joined the charity as a volunteer mentor, completed our mentoring training and was quickly matched with a young person. That relationship has now spanned almost two years.

**Mike explains:**

> ***At the start, she was quite isolated and facing several challenges. It took time to build trust, but a key part of the role is just being there.***

Over time, the consistency of that presence has made a tangible difference. The young person has completed a college course and is now actively pursuing a career in the care sector. She has also developed more stable relationships, particularly in the last six months, and is in a more positive place emotionally.

> ***She's much more settled and focused now. It's not about fixing everything overnight, but about being alongside someone as they work things out.***

Mentoring is not without its challenges. As Mike reflects, progress is not always linear and **"the role is to guide, not to take over."**

Using his skills and experience, Mike has also supported other young people. In one instance, he provided support with GCSE maths, enabling a young person to pass their exam and progress to the next stage of their training.

These stories reflect the wider impact of our mentoring approach. Success is not always measured through traditional milestones, and it rarely announces itself in the ways you might expect, but rather in preventing crisis, building resilience, and creating the foundations for independence.

This year, Mike has also taken on a new role as a trustee at Pure Insight, bringing his professional skills to support the organisation's development and long-term planning.

Through the dedication of volunteer mentors like Mike, we provide consistent, trusted relationships that enable care leavers to move forward into adulthood with confidence, and, very importantly, with a smile.

> ***As a mentor, sometimes you're stopping things from getting worse and that in itself is hugely important.***

## VOLUNTEER TRAINING PROGRAMME

**Developing understanding and knowledge around:**

- **Adolescence and the teenage brain**
- **Care-experienced young people's exposure to discrimination**
- **Mental health**
- **Impacts of trauma**
- **Attachment theory**
- **Structured tools to help empower young people**
- **Resilience and recovery**
- **Mentoring approaches**
- **Safeguarding**
- **Boundaries**



> *The training was interesting, insightful, thought-provoking, sometimes emotional with plenty of opportunities for discussion. I really enjoyed it and it gave a good foundation for the role.* **Jackie, new mentor**

**104**
**NEW VOLUNTEERS**

**217**
**TOTAL VOLUNTEERS**

**VOLUNTEERS HAVE DEDICATED**

**22,268 HOURS**

**VALUED AT**

**£445,360**

# Future Plans

**Over the next 18 months, we'll focus on strengthening our foundations while expanding opportunities for care-experienced young people to thrive, supporting them to grow into confident, independent adults.**




### STRENGTHENING FOUNDATIONS

We're continuing the development of our organisational infrastructure to ensure we remain a stable, resilient organisation, demonstrating our impact clearly and diversifying our funding base. This groundwork will support our future growth and innovation.

### DEVELOPING YOUNG PEOPLE-LED SERVICES

A key priority is the launch of our Change Champions Academy: a structured programme designed to support young people to build skills, confidence and leadership. We need to make sure young people are recognised and paid fairly for their contributions as experts by experience. This programme will open meaningful, paid opportunities while also supporting longer-term employment pathways.

### ADVANCING YOUTH-LED ACTION

We'll continue to develop our Peer Action Collective (PAC), moving from research into action. This next phase will support young people to lead social action projects and explore key themes in greater depth, ensuring their insights translate into tangible change across services and systems.

### STRENGTHENING FOUNDATIONS

We're continuing the development of our organisational infrastructure to ensure we remain a stable, resilient organisation, demonstrating our impact clearly and diversifying our funding base. This groundwork will support our future growth and innovation.

**+500** **CARE LEAVERS WILL BE REACHED VIA PAC**

> ***I feel really excited that my experiences will help drive change for others, it is so important our voices and ideas are heard loudly.*** **Finlay, age 19.**

# Thanks to our Funders

**Our work is made possible through the generous support of the following funders:**



PURE INSIGHT
connecting care leavers



# Thank you

**CONTACT US:**

Info@pure-insight.org.uk
www.pure-insight.org.uk

Company Registration No. 08727717
Charity Number 1155389

# PURE INSIGHT 1628

## A COMPANY LIMITED BY GUARANTEE

## TRUSTEES' REPORT AND FINANCIAL STATEMENTS

## For the year ended 31 March 2026

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

**Financial Statements**
**Year ended 31 March 2026**

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**CONTENTS** **Page**


| | |
|---|---|
| Members of the Board and Professional Advisers | 1 |
| Trustees' Annual Report | 2 - 8 |
| Independent Auditors' Report | 9 - 12 |
| Statement of Financial Activities | 13 |
| Balance Sheet | 14 |
| Statement of Cash Flows | 15 |
| Notes to the Financial Statements | 16-30 |

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Members of the Board and professional advisors

| | |
|---|---|
| **Registered Charity Name** | Pure Insight 1628 |
| **Company Registration Number** | 08727717 |
| **Charity Number** | 1155389 |
| **Registered Office** | Galleon House<br>Newby Road<br>Hazel Grove<br>Stockport<br>Cheshire<br>SK7 5DA |
| **Board of Trustees** | Mrs S L Watkin<br>Mrs J Bagchi<br>Ms L Rogers<br>Mr S Ankers<br>Mr A Allman<br>Mr M A Hope<br>Mr M G Raynor |
| **Auditors** | Mitchell Charlesworth (Audit) Limited<br>Registered Auditor<br>3rd Floor<br>44 Peter Street<br>Manchester<br>M2 5GP |
| **Bankers** | Co-operative Bank plc<br>St Peters Square<br>Stockport<br>SK1 1NX |

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Trustees' Annual Report
## Year ended 31 March 2026

The trustees are pleased to present their annual trustees' report together with the financial statements of the charity for the year ended 31 March 2026 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

**Objectives and activities**

The charity's purpose is specifically restricted to the relief and assistance of children and young people in need including (without limiting the foregoing) by providing support, activities or advice which develop their capacity, skills, capabilities and economic and emotional wellbeing in such a way that they are better able to identify and help meet their needs and to participate more fully in society.

**Trustee Reflections**

I often find myself reflecting on what matters most in life, in work, and in the world around us. For me, the answer always comes back to relationships. They are at the heart of who we are, the connections we seek, the bonds that help us feel seen, valued, and supported. Relationships help us learn, grow, and reflect.

At Pure Insight, relationships come first. They are central to everything we do as a charity, and we are deeply mindful of how we nurture them with our staff, volunteers, and, most importantly, the young people we support. Tragically, we know that many care-experienced young people have very few stable relationships in their lives. That is why our core mission of matching volunteers from the community with care-experienced young people as mentors is so important. These connections help young people build networks, confidence, and a sense of belonging.

It is incredibly heartening to hear stories of the relationships that develop through Pure Insight. With mentors and young people sharing hobbies, enjoying Sunday dinners together, attending football matches, and celebrating birthdays and Christmases side by side. These moments may seem simple, but they are profoundly meaningful. They create the consistency, trust, and care that every young person deserves.

It is also encouraging to see that Children's Minister Josh MacAlister recognises the importance of relationships in helping care leavers thrive. We hope his understanding of the challenges faced by this vulnerable group will lead to both meaningful legislative change and much-needed financial support. During National Care Leavers Month in 2025, he said:

*"The disadvantage faced by the care-experienced community is one of the greatest social justice issues of our time. Ensuring that those who grow up in the care of the state have a shot at a good life is a collective obligation, and for too long, we have been found wanting when it comes to ensuring that the obligation is met."*

We sincerely hope these words lead to lasting action, and that we can work together to give care leavers the opportunities and support they deserve.

Collective collaboration is one of Pure Insight's greatest strengths. We work closely with corporate parents, local authorities, and many other charities to support young people within their communities. But sustaining this vital work in a challenging financial climate is difficult. Not only for us but for many charities doing exceptional work across the sector. We hope the government will take meaningful steps to address profiteering in parts of children's social care, an issue that places enormous pressure on local authorities. In a fairer system, those resources could be redirected towards approaches that truly improve young people's lives.

Over the past year, we have also been incredibly proud of our PAC project. Co-production sits at the heart of this work and reflects our belief that young people should help shape the services and solutions that affect them. Through the project, we will gain valuable insight into youth violence, while the young people involved will develop new skills, gain meaningful work experience, and build lasting connections.

I remain optimistic that we are at a moment when the experiences and needs of care-experienced young people are receiving greater recognition. More attention is being given to the inequalities they face, and there are encouraging signs that additional support and investment may follow.

As another year draws to a close, Pure Insight can once again look back with pride on having supported hundreds of young people. As a Board of Trustees, we are immensely proud of every young person we work with, and deeply grateful for the dedication of our volunteers and staff, whose compassion and commitment help young people thrive and build their futures.

Sam Ankers (Pure Insight Trustee)

Pure Insight delivers a range of projects providing practical and emotional support to young people who have left or are about to leave statutory care alongside Local Authorities in the North West. Our projects address a range of serious issues including homelessness, loneliness and isolation, poor mental/physical health, exploitation, adverse childhood experiences and lack of opportunities. We provide opportunities for young care leavers to develop skills, confidence, talents and support networks in the local community. Our approach is strength based and collaborative, creating opportunities for care experienced young people to thrive by creating pathways to connection, belonging and purpose. We focus on stage, not age, so care-experienced young people can return for support up to the age of 28 when they are ready to make changes in their lives or there are opportunities to join our volunteer and staff team.

Our current service offers include long-term community mentoring programmes, intensive support for care experienced young parents, peer support groups, outdoor group wellbeing activities, volunteering and training. We also deliver bespoke employment support and targeted trauma informed mental health provisions and collaborate with other specialist providers to get better outcomes for young care leavers. We follow trauma informed principles of safety, trust, choice, collaboration and empowerment.

Our 'Experts by Experience' group and Influencing activity amplifies young people's voices on a local, regional and national level, improving service provisions, systems, and informing commissioning and policy makers. We involve our young people in everything we do from recruitment and training to the design and delivery of projects.

At the heart of our trauma-informed organisation are honest, trusting relationships that define everything we do. When a young person joins us, we start by offering them a safe space to share their experiences, hopes, and challenges. We listen to what's important to them, what's happened or is happening in their lives, and the unique skills and talents they possess. Our strength-based approach, supported by practical tools, helps young people identify their aspirations and set achievable goals. Together, we break these goals into manageable steps, determine the support and resources needed, and clarify their role in this journey towards living their best life.

Pure Insight understands that care experienced young people's journey to adulthood is a gradual process, encompassing challenges like securing stable housing, pursuing education or employment, overcoming mental health challenges and adverse childhood experiences, and developing crucial life skills, and we emphasise the importance of long-term support. Short-term support may provide immediate relief, but sustained collaboration is essential for addressing underlying issues, developing independence, and ensuring that care leavers have the resources, networks and skills needed to navigate the complexities of adult life successfully.

Our recruitment process prioritises our core values of ▪ Integrity ▪ Belonging ▪ Courage alongside the diverse skills and knowledge required to provide a wraparound offer, seeking individuals who are resilient, passionate, and empathetic. We look for people who can walk alongside others to find sensible, sustainable solutions. We are proud to have a growing team of dedicated, skilled, kind-hearted individuals who understand the needs of our young people and many who generously volunteer their time.

**Public benefit statement**

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees are clear that the purposes of Pure Insight 1628 are carried out for public benefit. They have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the purpose and objectives and when planning future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

**Achievements and performance**

Annually we support over 600 young people leaving care (aged 16 – 28), and over 150 of their children through whole family support in the Greater Manchester and Cheshire regions.

A significant and growing proportion of the young people we support face complex issues, increased vulnerabilities, high risks and barriers to accessing traditional services. They require assertive outreach support, delivered over the longer term - which many services are unable to provide.

The work we deliver through targeted outreach projects, leads to outcomes including:

- Decrease in levels of reported loneliness and isolation through developing support networks, friendships and belonging to a group
- Improved mental health - with more skills and knowledge to self-manage mental health/emotional distress.
- Improved access to mental health support - through outreach emotional wellbeing services and trauma informed counselling
- Improved self-efficacy and ability/capacity to live independently
- Increase in young people maintaining a tenancy and a reduction in tenancy issues/evictions and homelessness
- Improved parenting skills and a reduction in care experienced parents experiencing crisis or having children taken into care
- Increase in securing and sustaining education, employment, training and volunteering
- Increased take-up of positive activities and a reduction in anti-social and offending behaviour
- Increased economic wellbeing as a result of securing the right financial support, tackling debt, and reducing sanctions
- Decrease in reported levels of substance use and other unhealthy coping strategies.

Our Impact Report April 2025 – March 2026 is included after page 30.

**Finance Review**

Financial year 2025/26 saw a fourth year of continued growth for Pure Insight, with total income increasing by 32% to £1.55m, reflecting both the continued development of our services and the trust placed in us by funders and local authority partners.

Most of our income continues to come through grants and contracts for specific pieces of work. Grant and donation income increased significantly in the year, from around £1.10m to £1.46m, as we built on existing relationships and secured funding for both ongoing and new areas of delivery. Unrestricted income also grew strongly, giving the charity greater flexibility and helping to strengthen our overall financial resilience.

Expenditure on charitable activities also increased, from £1.10m to £1.35m, in line with the growth in our work. As would be expected in a relationship-based charity, staffing remains our largest area of expenditure, with costs rising from £878k to £1.06m as we expanded our team and continued to respond to growing need. Other costs, including client related support, office and IT costs, also increased as our services developed and our reach continued to grow.

We achieved a surplus for the year of £204k (cf £76k in 2024/25), leading to an increase in total funds from £691k to £895k as at year end. Cash balances also increased, from £687k to £928k, leaving the charity in a stronger position to manage cash flow, meet commitments and invest carefully in the infrastructure needed to support high-quality delivery.

While this is a positive position, the trustees remain mindful that a substantial proportion of our income is restricted and must be applied to specific services and projects. We also continue to operate in a challenging funding environment, where long-term financial certainty across the sector cannot be taken for granted.

**Reserves policy**

The trustees believe it is important to maintain reserves at a level that provides stability, protects the continuity of our services and allows the charity to manage changes in income or expenditure responsibly. Our aim is to hold reserves equivalent to between three and six months of normal operating expenditure.

At the end of the year, unrestricted reserves stood at £576k. The trustees consider this to be an appropriate level in light of the charity's continued growth, the uncertainty that can exist within grant and contract funding, and the need to ensure that support for young people can continue through periods of change.

**Investment powers and policy**

Currently, available funds are held in two bank accounts. However, as the charity continues to grow and remain profitable, it is anticipated that funds will need to be potentially spread across a range of other suitable financial institutions in order to reduce financial risk and to seek the best return for the money held on deposit.

**Risk Management**

The Executive Management Team review major risks to which the charity is exposed. These reviews will be updated at least annually. Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the charity. The contracts and service level agreements with the charity's partners provide for regular review of the quality of service delivered. Quality standards have been established that meet or exceed the contractual commitments.

**Plans for the future**

Over the next 18 months, Pure Insight plans to strengthen its organisational foundations while expanding opportunities for care-experienced young people to thrive and move towards confident, independent adulthood.

Key priorities include continued investment in our organisational infrastructure so that we remain stable, resilient and well placed for future growth. This will include improving the way impact is demonstrated, while also broadening and diversifying the charity's funding base to support innovation and long-term sustainability.

A further priority is the development of young people-led services, including the launch of the Change Champions Academy. This programme is intended to help young people build skills, confidence and leadership capacity, while ensuring that those contributing as 'Experts by Experience' are properly recognised and fairly paid for their time and insight. It is also expected to create meaningful paid opportunities and support longer-term employment pathways for young people.

The charity also intends to advance youth-led action through the continued development of our Peer Action Collective (PAC), moving from research into delivery and action. This next phase will support young people to lead social action projects, explore key themes in greater depth, and ensure that their insights contribute to tangible change across our services and systems.

**Structure, governance and management**

Pure Insight 1628 is a company limited by guarantee. It was incorporated on 10 October 2013 and registered as a charity on 20 January 2014. The company has been established under its Memorandum of Association which defines the objects and powers of the charitable company and is governed under its Articles of Association.

In the event of the company being wound up, its members are required to contribute an amount of £1 each.

Directors and Trustees

The trustees, who are also the directors for the purpose of company law, who served during the year and up to the date of signature of the financial statements were:

Mrs S L Watkin
Mrs J Bagchi
Ms L Rogers
Mr D Zucker (Resigned 11 March 2026)
Mr S Ankers
Mr A Allman
Mr M Raynor (Appointed 1 April 2026)
Mr M Hope (Appointed 1 April 2026)

**Key management personnel: Principal staff**

Chief Executive Officer (CEO): Mr J Heaton Jennings

**Appointment and reappointment of Trustees**

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years, after which they must be re-elected at the Annual General Meeting.

**Trustee induction and training**

Existing trustees are already familiar with the practical work of the charity and have received a detailed induction.

Additionally, new trustees, when invited to join the board, are provided information to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the trustees
- The main documents which set out the operational framework for the charity including the Memorandum and Articles of Association
- Resourcing and the current financial position as set out in the latest published accounts.

An induction pack has also been prepared drawing information from the various Charity Commission publications signposted through the Commission's guide 'the Essential Trustee' as a follow up to these sessions. This is distributed to all new trustees along with the Memorandum and Articles of Association and the latest financial statements. Feedback from the trustees following their induction has been very positive.

**Governance**

An extensive range of business and caring skills are well represented on the Board and a full range of trustee skills has been sought in order to manage the operations of the charity to best effect. Pure Insight has a board who meet every two months and who are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of interests and professional backgrounds relevant to the work of the charity.

A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the CEO along with other members of the Management Team. They are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. The CEO also has responsibility for the day-to-day operational management of the company, individual supervision of the management team and also ensuring that the team continues to develop their skills and working practices in line with good practice.

**Statement of Trustees' responsibilities**

The trustees, who are also directors of Pure Insight 1628 for the purpose of company law, are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Auditors**

A resolution proposing that Mitchell Charlesworth (Audit) Limited be re-appointed will be put at a General Meeting.

**Statement as to disclosure to our auditors**
In so far as the trustees are aware at the time of approving our trustees' annual report:

- There is no relevant information, being information needed by the auditor in connection with preparing their report, of which the company's auditors are unaware; and

- The trustees, having made enquiries of fellow directors and the auditor that they ought to have individually taken, have each taken all steps that they are obliged to take as a director in order to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**Signed by order of the Trustees**

Alan Allman

**Mr A Allman**
**Trustee**

**Dated:** 30/07/2026

## Independent Auditor's Report to the Members of Pure Insight 1628
## Year ended 31 March 2026

### Opinion

We have audited the financial statements of Pure Insight 1628 for the year ended 31 March 2026 which comprise of the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2026, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended.
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## Independent Auditor's Report To the Members of Pure Insight 1628
## Year ended 31 March 2026

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report.
- the charitable company has not kept adequate accounting records;
- the financial statements are not in agreement with the accounting records and returns;
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Details of the extent to which the audit was considered capable of detecting irregularities, including fraud and non-compliance with laws and regulations are set out below.

**Extent to which the audit was considered capable of detecting irregularities, including fraud**

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

**Identifying and assessing potential risks related to irregularities**

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with the laws and regulations, we considered the following:

- the nature of the sector, control environment and business performance.
- results of our enquiries of management about their own identification and assessment of the risks of irregularities.
- any matters we identified having obtained and reviewed the charity's documentation of their policies and procedures relating to the identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance. Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud and the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations.
- the matters discussed among the audit engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud in relation to the timing of the recognition of income. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override and we identified risk in relation to the posting of unusual journals and the manipulation of accounting estimates.

We also obtained an understanding of the legal and regulatory frameworks that the charity operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included Safeguarding, Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK (FRS 102), and the Companies Act 2006.

In addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. These included Data Protection Regulations.

**Audit response to risks identified**

As a result of performing the above, we identified the recognition of revenue as the key audit matter related to the potential risk of fraud.

In addition to the above, our procedures to respond to risks identified included the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with relevant laws and regulations described above as having a direct effect on the financial statements;
- enquiring of management and members of the board concerning actual and potential litigation and claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of meetings of those charged with governance and reviewing correspondence with relevant authorities where matters identified were significant; and
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Mitchell Charlesworth

30/07/2026

**Alison Buckley (Senior Statutory Auditor)**
**For and on behalf of Mitchell Charlesworth (Audit) Limited**

**Statutory Auditor**

3rd Floor
44 Peter Street
Manchester
M2 5GP

Mitchell Charlesworth (Audit) Limited is eligible to act as auditor in terms of section 1212 of the Companies Act 2006.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Statement of Financial Activities (including income and expenditure account)
## Year ended 31 March 2026

| | Note | Unrestricted Funds 2026 £ | Restricted Funds 2026 £ | Total Funds 2026 £ | Unrestricted Funds 2025 £ | Restricted Funds 2025 £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|---|
| **Income** | | | | | | | |
| Donations and legacies | 2 | **67,328** | **-** | **67,328** | 22,405 | - | 22,405 |
| Grants and donations | 3 | **148,397** | **1,306,796** | **1,455,193** | 1,754 | 1,102,018 | 1,103,772 |
| Other trading income | 4 | **190** | **500** | **690** | 23,529 | - | 23,529 |
| Investments | 5 | **26,088** | **-** | **26,088** | 24,178 | - | 24,178 |
| **Total income** | | **242,003** | **1,307,296** | **1,549,299** | 71,866 | 1,102,018 | 1,173,884 |
| **Expenditure** | | | | | | | |
| Charitable activities | 6 | **66,915** | **1,278,438** | **1,345,353** | 1,754 | 1,096,220 | 1,097,974 |
| **Net incoming/(outgoing) resources before transfers** | | **175,088** | **28,858** | **203,946** | 70,112 | 5,798 | 75,910 |
| Transfers between funds | | **-** | **-** | **-** | - | - | - |
| **Net movement of funds for the year** | | **175,088** | **28,858** | **203,946** | 70,112 | 5,798 | 75,910 |
| ***Reconciliation of funds*** | | | | | | | |
| Total funds brought forward | | **400,918** | **289,759** | **690,677** | 330,806 | 283,961 | 614,767 |
| Total funds carried forward | | **576,006** | **318,617** | **894,623** | 400,918 | 289,759 | 690,677 |

The Statement of Financial Activities includes all gains and losses in the year and all income and expenditure derive from continuing activities.

The notes on pages 16 - 30 form part of these financial statements.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Balance sheet
## as at 31 March 2026

| | Notes | 2026 £ | 2026 £ | 2025 £ | 2025 £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 10 | | **64,046** | | 34,880 |
| **Current assets** | | | | | |
| Debtors | 11 | **126,169** | | 118,950 | |
| Cash at bank and in hand | | **928,458** | | 687,478 | |
| | | **1,054,627** | | 806,428 | |
| **Creditors: Amounts falling due within one year** | 12 | **(224,050)** | | (150,631) | |
| Net current assets | | | **830,577** | | 655,797 |
| **Total assets less current liabilities** | | | **894,623** | | 690,677 |
| **Income funds** | | | | | |
| Unrestricted income funds | | | **576,006** | | 400,918 |
| Restricted income funds | 14 | | **318,617** | | 289,759 |
| **Total funds** | | | **894,623** | | 690,677 |

For the year ended 31 March 2026 the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies but as this company is a charity, it is subject to audit under section 144 of the Charities Act 2011.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of section 386 of the Act with respect to accounting records and for the preparation of accounts. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**These financial statements were approved by the trustees on** 30/07/2026 **and are signed on their behalf by:**

Mark Hope

**Mr M Hope – Trustee**

Alan Allman

**Mr A Allman - Trustee**

**Company Registration No. 08727717**

The notes on pages 16 - 30 form part of these financial statements.

# PURE INSIGHT 1628
# A COMPANY LIMITED BY GUARANTEE

## Statement of Cash Flows
## For the year ended 31 March 2026

| | Notes | 2026<br>£ | 2025<br>£ |
|---|---|---|---|
| **Cash generated by operating activities** | 19 | **257,918** | 92,010 |
| **Cash flows from investing activities:** | | | |
| Dividends, interest, and rents from investments | | **26,088** | 24,178 |
| Purchase of tangible fixed assets | | **(43,026)** | (21,624) |
| **Cash generated by/(used in) investing activities** | | **(16,938)** | 2,554 |
| Increase/(decrease) in cash and cash equivalents in the year | | **240,980** | 94,564 |
| Cash and cash equivalents at the beginning of the year | | **687,478** | 592,914 |
| **Cash and cash equivalents at the end of the year** | | **928,458** | 687,478 |

## 1. Accounting policies

### Charity information

Pure Insight 1628 is a private company limited by guarantee and incorporated in England and Wales. The registered office is Galleon House, Newby Road, Hazel Grove, Stockport, Greater Manchester, SK7 5DA.

### Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

These financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

### Going concern

The trustees continue to evaluate the charity's ability to continue to provide services for the foreseeable future, this includes discussions with the charity's stakeholders, where appropriate, and a review of trading forecasts for a period of 12 months from the date of approval of these accounts.

The charity continues to meet its financial obligations as they fall due and based on their consideration of all relevant information the trustees have a reasonable expectation that the charity will be able to continue as a going concern. Thus, the trustees are satisfied to continue to adopt the going concern basis of accounting in the preparation of the financial statements.

### Charitable funds

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are funds which have been allocated or designated for specific purposes by the charity out of unrestricted funds.

Restricted funds are subject to specific restrictive conditions imposed by the donor or by the purpose of the contract/monies received.

**1. Accounting policies (Continued)**

**Income**

Income is the amount derived from the provision of goods/services and stated after trade discounts, other sales taxes, and VAT where applicable.

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred. Grants are deferred to future periods only when this is specified by the funder or other preconditions of the fund are not yet met.

Investment income is recognised on a receivable basis.

**Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds are the direct and indirect costs of raising funds for charitable purposes, including applying for grants.
- Charitable activities include expenditure associated with the provision of services at the visitor centres and include both the direct costs and support costs relating to these activities.
- Support costs include central functions and have been allocated to activity cost categories directly where identifiable or on an estimation of time spent on the relevant projects.
- Other expenditure represents those items not falling into any other heading.

**Tangible fixed assets**

All fixed assets are initially recorded at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of the asset, less its estimated residual value, over their useful lives on the following basis:

| | | |
|---|---|---|
| Fixtures and fittings | - | 25% of cost |
| Motor vehicles | - | 25% of cost |

The gains or losses arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset and is recognised in net income/(expenditure) for the year.

**Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1. Accounting policies (Continued)**

**Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's Balance Sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discontinued at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less, if not, they are presented as non-current liabilities. Trade Creditors are recognised initially at transaction prices and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**Pensions**

From August 2017 the charity has operated an auto enrolment defined contribution scheme for all eligible employees in line with current legislation.

**Change in accounting estimates**

*Depreciation*

The company has revised its depreciation rate applied for tangible fixed assets from 33.33% per annum to 25% per annum, reflecting an updated assessment of the useful economic lives.

| 2. | **Donations and legacies** | **Unrestricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|
| | Donations and legacies | **67,328** | **67,328** | 22,405 | 22,405 |

| 3. | **Grants and donations** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|---|
| | Awards for All | - | - | - | - | 20,000 | 20,000 |
| | CCF Grant Cheshire Comm | - | - | - | - | 2,000 | 2,000 |
| | Cheshire East Flourish | - | - | - | - | 10,000 | 10,000 |
| | Cheshire East Council Mentor Programme | - | - | - | - | 10,000 | 10,000 |
| | Steve Morgan Foundation | - | **1,500** | **1,500** | - | 18,000 | 18,000 |
| | Cheshire East Council | - | **67,500** | **67,500** | - | 67,500 | 67,500 |
| | Salford MBC | - | **106,667** | **106,667** | - | 79,999 | 79,999 |
| | The Henry Smith Charity | - | **60,000** | **60,000** | - | 60,000 | 60,000 |
| | Stockport MBC | - | **101,893** | **101,893** | - | 95,895 | 95,895 |
| | The National Lottery Community Fund | - | **76,267** | **76,267** | - | 74,575 | 74,575 |
| | CENF - Mental Health | - | - | - | - | 15,000 | 15,000 |
| | Spark Foundation | - | - | - | - | 1,000 | 1,000 |
| | Warrington Contract | - | **84,000** | **84,000** | - | 84,000 | 84,000 |
| | CC Foundation Warrington | - | **30,000** | **30,000** | - | 30,000 | 30,000 |
| | CCF Fund it Forwards | - | - | - | - | 15,750 | 15,750 |
| | The Rayne Foundation | - | **40,000** | **40,000** | - | - | - |
| | Children in Need | - | **40,000** | **40,000** | - | 40,000 | 40,000 |
| | Paul Hamlyn Foundation | - | **50,000** | **50,000** | - | 50,000 | 50,000 |
| | The Welland Trust | - | - | - | - | 40,000 | 40,000 |
| | Masonic Charitable Foundation | - | **16,600** | **16,600** | - | 16,700 | 16,700 |
| | Amazon | - | - | - | 1,754 | - | 1,754 |
| | The Julia & Hans Rausing Trust | - | **39,800** | **39,800** | - | 5,000 | 5,000 |
| | Liverpool Foundation | - | - | - | - | 15,000 | 15,000 |
| | Dulverton Trust | - | - | - | - | 35,000 | 35,000 |
| | DFE Funding | - | **226,831** | **226,831** | - | 316,599 | 316,599 |
| | Segleman Trust | **40,171** | - | **40,171** | - | - | - |
| | Swire Charitable Trust | **30,000** | - | **30,000** | - | - | - |
| | CCF Match Fund Donor | - | - | - | - | - | - |
| | Charles Heywood Foundation | **25,000** | - | **25,000** | - | - | - |
| | KPMG | **25,000** | - | **25,000** | - | - | - |
| | Leathersellers Foundation | **23,200** | - | **23,200** | - | - | - |
| | Rotary Congleton | **5,026** | - | **5,026** | - | - | - |
| | AB Charitable Trust | - | **25,000** | **25,000** | - | - | - |
| | Bentley Life Chances/CCF Fund | - | **20,000** | **20,000** | - | - | - |
| | CCF – UK Community Foundation | - | **60,000** | **60,000** | - | - | - |

| 3. | **Grants and donations (continued)** | | | | | | |
|---|---|---|---|---|---|---|---|
| | CCF Bentley Crisis Fund 2026 (CE) | **-** | **2,000** | **2,000** | - | - | - |
| | Charles Platter Trust | **-** | **12,500** | **12,500** | - | - | - |
| | Community Foundations for Lancashire and Merseyside | **-** | **15,000** | **15,000** | - | - | - |
| | Garfield Western Foundation | **-** | **35,000** | **35,000** | - | - | - |
| | GM Police Prevention (ARIS) | **-** | **16,000** | **16,000** | - | - | - |
| | Halton Contract | **-** | **80,000** | **80,000** | - | - | - |
| | John Lewis Foundation | **-** | **2,250** | **2,250** | - | - | - |
| | Youth Endowment PAC Programme | **-** | **97,988** | **97,988** | - | - | - |
| | | **148,397** | **1,306,796** | **1,455,193** | 1,754 | 1,102,018 | 1,103,772 |

| 4. | **Other trading income** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|
| | Earned income and reimbursements | **190** | **500** | **690** | 23,529 | 23,529 |
| | Profits on sales of fixed assets | **-** | **-** | **-** | - | - |

| 5. | **Investments** | **Unrestricted Funds £** | **Restricted Funds £** | **Total Funds 2026 £** | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|---|---|---|
| | Interest receivable | **26,088** | **-** | **26,088** | 24,178 | 24,178 |

| 6. **Charitable activities** | **Total 2026** | Total 2025 |
|---|---|---|
| **Client services** | **£** | £ |
| Staff costs | **1,056,587** | 877,569 |
| Depreciation and impairment | **13,860** | 10,117 |
| Client related costs | **133,324** | 105,049 |
| Healthcare | **75** | 660 |
| IT costs | **19,594** | 11,586 |
| Office expenses | **90,311** | 71,246 |
| Training costs | **24,613** | 15,602 |
| | **1,338,364** | 1,091,829 |
| Share of governance costs (see note 7) | **6,989** | 6,145 |
| | **1,345,353** | 1,097,974 |

Expenditure on charitable activities was £1,345,353 (2025: £1,097,974) of which £66,915 (2025: £1,754) was unrestricted and £1,278,438 (2025: £1,096,220) was restricted.

| 7. **Support costs** | **Support Costs** | **Governance Costs** | **2026** | Support Costs | Governance Costs | 2025 |
|---|---|---|---|---|---|---|
| | **£** | **£** | **£** | £ | £ | £ |
| Audit fees | **-** | **2,650** | **2,650** | - | 3,150 | 3,150 |
| Accountancy fees | **-** | **4,339** | **4,339** | - | 2,995 | 2,995 |
| Analysed between charitable activities | **-** | **6,989** | **6,989** | - | 6,145 | 6,145 |

**8. Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

## 9. Employees

| | 2026 | 2025 |
|---|---|---|
| | **No** | No |
| The average monthly number of employees during the year was: | | |
| Charitable activities | **34** | 32 |

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Wages and salaries | **926,135** | 789,883 |
| Social security costs | **100,182** | 61,544 |
| Other Pension costs | **30,270** | 26,142 |
| | **1,056,587** | 877,569 |

No employees had emoluments in excess of £60,000 during this or the prior year.

No charity trustees received any emoluments, expense reimbursements or payment for professional or other services during the year. The key management personnel of the charity comprise the trustees and the Charity Founder. The total employee benefits of the key management personnel are £76,764 (2025: £65,989).

## 10. Tangible fixed assets

| | Fixtures and Fittings | Motor Vehicles | Total |
|---|---|---|---|
| | **£** | **£** | **£** |
| **Cost** | | | |
| At 1 April 2025 | 50,701 | 19,549 | 70,250 |
| Additions | 8,226 | 34,800 | 43,026 |
| Disposals | (15,594) | - | (15,594) |
| **At 31 March 2026** | **43,333** | **54,349** | **97,682** |
| **Depreciation and impairment** | | | |
| At 1 April 2025 | 25,845 | 9,525 | 35,370 |
| Charge for the year | 9,182 | 4,678 | 13,860 |
| On disposal | (15,594) | - | (15,594) |
| **At 31 March 2026** | **19,433** | **14,203** | **33,636** |
| **Net book value** | | | |
| **At 31 March 2026** | **23,900** | **40,146** | **64,046** |
| At 31 March 2025 | 24,856 | 10,024 | 34,880 |

**11. Debtors**

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| **Amounts falling due within one year:** | | |
| Prepayments and accrued income | **3,223** | 15,583 |
| Trade debtors | **122,946** | 103,367 |
| | **126,169** | 118,950 |

**12. Creditors: amounts falling due within one year**

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Other taxation and social security | **25,557** | 22,435 |
| Deferred income (Note 13) | **132,500** | 111,420 |
| Trade creditors | **44,566** | 1,481 |
| Accruals | **13,246** | 10,954 |
| Other creditors | **8,181** | 4,341 |
| | **224,050** | 150,631 |

**13. Deferred Income**

Deferred income includes £132,500 (2025: £111,420) which has been received in advance on time restricted contracts.

| | 2026 | 2025 |
|---|---|---|
| | **£** | £ |
| Balance brought forward | **111,420** | 39,420 |
| Utilised in year | **(33,920)** | - |
| Added in year | **55,000** | 72,000 |
| | **132,500** | 111,420 |

**14. Analysis of charitable funds - current year**

**Analysis of unrestricted fund movements**

| | Balance at 1 April 2025 | **Incoming resources** | **Resources expended** | **Transfers** | **Balance at 31 March 2026** |
|---|---|---|---|---|---|
| | £ | **£** | **£** | **£** | **£** |
| **Total general funds** | 400,918 | **242,003** | **(66,915)** | **-** | **576,006** |

**14. Analysis of charitable funds - current year (continued)**

The income funds of the charity include restricted funds comprising the following balances of donations and grants held on trust for specific purposes.

**Analysis of restricted fund movements**

| | Balance at 1 April 2025 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2026 £ |
|---|---|---|---|---|---|
| Steve Morgan Foundation | - | **1,500** | **(1,500)** | **-** | **-** |
| Masonic Charitable Foundation | 2,783 | **16,600** | **(15,000)** | **-** | **4,383** |
| Salford MBC | 13,332 | **106,667** | **(93,332)** | **-** | **26,667** |
| The Henry Smith Charity | 30,000 | **60,000** | **(60,000)** | **-** | **30,000** |
| The National Lottery Community Fund | 20,450 | **76,267** | **(77,438)** | **-** | **19,279** |
| Stockport MBC | - | **101,893** | **(99,837)** | **-** | **2,056** |
| Warrington BC | 18,000 | **-** | **(18,000)** | **-** | **-** |
| Cheshire Community Foundation Warrington | 7,500 | **30,000** | **(26,000)** | **-** | **11,500** |
| Rayne Foundation | - | **40,000** | **(40,000)** | **-** | **-** |
| Albert Gubay Charitable Foundation | 35,830 | **-** | **(20,830)** | **-** | **15,000** |
| Paul Hamlyn Foundation | 29,167 | **50,000** | **(45,000)** | **-** | **34,167** |
| Cheshire East Council Mentor Programme | 10,000 | **-** | **(10,000)** | **-** | **-** |
| CENF – Mental Health | 1,630 | **-** | **(1,630)** | **-** | **-** |
| CCF Fund IT Forwards | 5,250 | **-** | **(5,250)** | **-** | **-** |
| Julia & Hans Rausing Trust | - | **39,800** | **(4,800)** | **-** | **35,000** |
| Welland Trust | 40,000 | **-** | **(40,000)** | **-** | **-** |
| Warrington Contract | 21,000 | **84,000** | **(99,000)** | **-** | **6,000** |
| Cheshire East Council | 16,875 | **67,500** | **(67,500)** | **-** | **16,875** |
| Children in Need | - | **40,000** | **(37,000)** | **-** | **3,000** |
| Dulverton Trust | 31,275 | **-** | **(31,275)** | **-** | **-** |
| Awards for All | 6,667 | **-** | **(6,667)** | **-** | **-** |
| DFE Funding | - | **226,831** | **(226,831)** | **-** | **-** |
| Garfield Western Foundation | - | **35,000** | **(15,000)** | **-** | **20,000** |
| Charles Plater Trust | - | **12,500** | **(12,500)** | **-** | **-** |
| John Lewis Foundation | - | **2,250** | **-** | **-** | **2,250** |
| Halton Contract | - | **80,000** | **(80,000)** | **-** | **-** |
| AB Charitable Trust | - | **25,000** | **(25,000)** | **-** | **-** |
| Youth Endowment PAC Programme | - | **97,988** | **(94,048)** | **-** | **3,940** |
| Community Foundations for Lancashire and Merseyside | - | **15,000** | **(15,000)** | **-** | **-** |
| GM Police Prevention (ARIS) | - | **16,000** | **(7,500)** | **-** | **8,500** |
| Lapland Foundation | - | **500** | **(500)** | **-** | **-** |
| CCF Bentley Crises Fund 2026 (CE) | - | **2,000** | **(2,000)** | **-** | **-** |

| | | | | | |
|---|---|---|---|---|---|
| CCF – UK community Foundation | - | **60,000** | **-** | **-** | **60,000** |
| Bentley Life Chances/CCF Fund | - | **20,000** | **-** | **-** | **20,000** |
| **Total restricted funds** | 289,759 | **1,307,296** | **(1,278,438)** | **-** | **318,617** |

**14. Analysis of charitable funds - current year (continued)**

| | |
|---|---|
| **Swire Charitable Trust** | Core funding supporting sustainability and growth. |
| **Garfield Western Foundation** | Core funding supporting sustainability and growth. |
| **Charles Plater Trust** | Supporting delivery of services in Greater Manchester. |
| **John Lewis Foundation** | Contributing to Salford projects and activities. |
| **Cheshire East Council** | Supporting mentoring in Cheshire East. |
| **CCF Fund IT Forwards** | Funding supporting our Mentoring Programme in Crewe. |
| **Cheshire East Council Mentor Programme** | Supporting mentoring in Cheshire East. |
| **CENF - Mental Health** | Supporting mental health provision in Cheshire East. |
| **Albert Gubay Charitable Foundation** | To support the delivery of our Mental Health Services for care leavers in Warrington and Cheshire East. |
| **Cheshire Community Foundation Warrington Fund** | Supporting services for care leavers in Warrington. |
| **Warrington Contract** | To provide mentoring and psychological wellbeing services to care leavers in Warrington. |
| **Warrington BC** | Local Authority contract to match fund Mentoring and Mental Health Services for care leavers in Warrington. |
| **The National Lottery Community Fund** | Match funding our Mentoring Programme in Warrington and supporting our Care Experienced Parents Service in Warrington and Cheshire East. |
| **Masonic Charitable Foundation** | Supporting the delivery of our specialist services for Care Experienced Parents and their children in Stockport. |
| **The Henry Smith Charity** | This fund is supporting the delivery of our Psychological Wellbeing Service in Stockport. |
| **Salford MBC** | Local Authority contract to provide Mentoring and Mental Health support to Salford Care Leavers. |
| **Awards For All** | Our project will build social connections between care leavers from 16-18 year olds by developing an existing peer support activity program. |
| **The Welland Trust** | Funding to specifically provide an Employment Service to care leavers in Stockport and Salford. |

**14. Analysis of charitable funds - current year (continued)**

| | |
|---|---|
| **Steve Morgan Foundation** | A project based in Crewe providing a service to Care Leavers in that area. |
| **Dulverton Trust** | Enabling us to extend our reach to more care experienced young people and allowing care experience young people to thrive. |
| **Halton Contract** | Local Authority contract to provide Mentoring and Psychological Wellbeing services to care leavers in Halton. |
| **Stockport MBC** | Local Authority contract to provide Mentoring Services to care leavers in Stockport. |
| **Children in Need** | Supporting provision for 16-18 year olds care experienced young people. |
| **DFE Funding** | Supporting mentoring provision for care leavers in Cheshire East, Warrington and the development of a new service in Halton. |
| **AB Charitable Trust** | Funding supporting mentoring and psychological wellbeing services. |
| **Rayne Foundation** | Supporting our Psychological Wellbeing Service in Cheshire East. |
| **Youth Endownment PAC Programme** | Funding to deliver a peer research and social action project over two years alongside national partners. |
| **Julia & Hans Rausing Trust** | Funding to support our core activities primarily focused in Cheshire East. |
| **CCF Bentley Crisis Fund 2026 (CE)** | Funding to provide small crisis funds to care leavers in Cheshire East. |
| **Paul Hamlyn Foundation** | Core funding to support our growth, sustainability and sharing best practice nationally. |
| **CCF - UK Community Foundation** | Funding supporting services across Cheshire East. |
| **Bentley Life Chances/CCF Fund** | Funding supporting mentoring in Cheshire East. |

**14. Analysis of charitable funds – Prior year**

**Analysis of unrestricted fund movements**

| | Balance at 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2025 £ |
|---|---|---|---|---|---|
| **Total general funds** | 330,806 | 71,866 | (1,754) | - | 400,918 |

**14. Analysis of charitable funds – prior year (continued)**

The income funds of the charity include restricted funds comprising the following balances of donations and grants held on trust for specific purposes.

**Analysis of restricted fund movements**

| | Balance at 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 31 March 2025 £ |
|---|---|---|---|---|---|
| Christmas Activities | 2,137 | - | (2,137) | - | - |
| Steve Morgan Foundation | 1,500 | 18,000 | (19,500) | - | - |
| St James Place | - | 10,000 | (10,000) | - | - |
| Masonic Charitable Foundation | 2,889 | 16,700 | (16,806) | - | 2,783 |
| Salford MBC | 4,545 | 79,999 | (71,212) | - | 13,332 |
| The Henry Smith Charity | 34,750 | 60,000 | (64,750) | - | 30,000 |
| Stockport Local Fund | 277 | - | (277) | - | - |
| National Lottery | 8,663 | 74,575 | (62,788) | - | 20,450 |
| Spark Foundation | - | 1,000 | (1,000) | - | - |
| Stockport MBC | 10,520 | 95,895 | (106,415) | - | - |
| Warrington BC | 18,000 | - | - | - | 18,000 |
| Cheshire Community Foundation Warrington | 7,500 | 30,000 | (30,000) | - | 7,500 |
| Rayne Foundation | 8,333 | - | (8,333) | - | - |
| Albert Gubay Charitable Foundation | 87,500 | - | (51,670) | - | 35,830 |
| Paul Hamlyn Foundation | 3,000 | 50,000 | (23,833) | - | 29,167 |
| CEF Bentley | - | 10,000 | - | - | 10,000 |
| CCF Hardship Grant CE | - | 15,000 | (13,370) | | 1,630 |
| CCF Fund It Forwards | 5,000 | 15,750 | (15,500) | - | 5,250 |
| Cheshire East Living Team | 100 | - | (100) | - | - |
| Julia & Hans Rausing Trust | - | 5,000 | (5,000) | - | - |
| SUYCT – Shine a Light | 4,136 | - | (4,136) | - | - |
| Vinci Foundation | 5,000 | - | (5,000) | - | - |
| Welland Trust | 34,001 | 40,000 | (34,001) | - | 40,000 |
| CWP NHS Foundation Trust | - | 84,000 | (63,000) | - | 21,000 |
| Cheshire East Council | 16,875 | 67,500 | (67,500) | - | 16,875 |
| Co-op Community Funding | - | 40,000 | (40,000) | - | - |
| Edward Gosling | 9,235 | - | (9,235) | - | - |
| CCF Match Fund Donor | 20,000 | - | (20,000) | - | - |
| Liverpool One Foundation | - | 15,000 | (15,000) | - | - |
| Dulverton Trust | - | 35,000 | (3,725) | - | 31,275 |
| Awards for All | - | 20,000 | (13,333) | - | 6,667 |
| Cheshire Community CCF Grant | - | 2,000 | (2,000) | - | - |
| DFE Funding | - | 316,599 | (316,599) | - | - |
| **Total restricted funds** | 283,961 | 1,102,018 | (1,096,220) | - | 289,759 |

**15. Analysis of net assets between funds - current year**

| Fund balances at 31 March 2026 are represented by: | Restricted Funds £ | Unrestricted Funds £ | Total Funds 2026 £ |
|---|---|---|---|
| Tangible assets | **64,046** | **-** | **64,046** |
| Current assets | **254,571** | **576,006** | **830,577** |
| **Net assets** | **318,617** | **576,006** | **894,623** |

**Analysis of net assets between funds - prior year**

| Fund balances on 31 March 2025 are represented by: | Restricted Funds £ | Unrestricted Funds £ | Total Funds 2025 £ |
|---|---|---|---|
| Tangible assets | 34,880 | - | 34,880 |
| Current assets | 254,879 | 400,918 | 655,797 |
| **Net assets** | 289,759 | 400,918 | 690,677 |

**16. Operating lease commitments**

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases as follows:

| | 2026 £ | 2025 £ |
|---|---|---|
| Due within one year | 1,068 | 1,068 |
| Due within two to five years | 2,403 | 3,471 |
| | 3,471 | 4,539 |

**17. Related party transactions**

During the year the charity has not entered into any transactions with related parties:

**18. Control**

The company is controlled by its Board of Trustees. There is no one person with overall control.

| **19. Reconciliation of net movement in funds to net cash flow from operating activities** | **2026 £** | 2025 £ |
|---|---|---|
| Net income for the year | **203,946** | 75,910 |
| **Adjustments for:** | | |
| Depreciation charge | **13,860** | 10,117 |
| Dividends, interest and rents from investments | **(26,088)** | (24,178) |
| Decrease/(increase) in debtors | **(7,219)** | (61,062) |
| Increase/(decrease) in creditors | **73,419** | 91,223 |
| (Profit)/loss on disposal of tangible assets | **-** | - |
| **Net cash generated/(used in) operating activities** | **257,918** | 92,010 |

PURE INSIGHT
connecting care leavers

**Impact Report**
April 2025- March 2026



# Supporting young people to thrive

# Contents


| | |
|---|---|
| Message from CEO | Page 3 |
| Mission, Vision and Values | Page 4 |
| Our Support and Services | Page 5 |
| Challenges in the Spotlight | Page 6 |
| Achievements and Highlights | Page 9 |
| Mentoring | Page 10 |
| Care-Experienced Young Parents | Page 12 |
| Mental Heath and Emotional Wellbeing | Page 14 |
| Education, Employment and Training (EET) | Page 16 |
| Meet Lotte | Page 18 |
| Peer Support and Wellbeing Activities | Page 19 |
| Change Champions and Influencing | Page 21 |
| Peer Action Collective | Page 23 |
| Business and Community Partnerships | Page 25 |
| Meet Sam | Page 27 |
| Volunteer Impact | Page 28 |
| Future Plans | Page 30 |
| Funder Thanks | Page 31 |








# Message from CEO

Reflecting on this past year, it has been a remarkable one for Pure Insight, filling me with a deep sense of pride and gratitude. Witnessing what we have achieved, the wide-ranging positive impact for young people and leading such a passionate and committed team of staff and volunteers, is a privilege.



We have made strides forward over the last 12 months as the organisation has continued to grow and develop, focusing on strengthening the foundations that will carry us forward.

One of the many significant projects we have been working on is the launch of the Peer Action Collective (PAC) programme. We're the first national partner to focus specifically on care-experience in relation to youth violence and crime, and we've ensured care-experienced young people are front and centre of the work, recruiting them into paid research and social action roles. Their experiences will directly shape the actions and solutions that follow.

Our partnership work has also continued to grow. From co-developing a local offer for care-experienced parents in Stockport, to contributing to regional strategy through the regional Cheshire and Merseyside Corporate Parenting Group, we know that by working together, we can go further and create more meaningful change for the young people we support.

From an internal perspective, we have focused heavily on our investment in data and impact. With the introduction of a new CRM system and a new dedicated Data and Impact Lead, we've improved how we explain the difference our work makes and can evidence this more effectively. We can identify more patterns across our services, respond to emerging needs, and use real-time insights to guide decisions. While this work is still ongoing, we're already seeing the benefits, leading to the freeing up of team time and building a stronger evidence base to support both our own learning and the wider sector.

We have also strengthened our internal team with new leadership roles, an expanded team across Halton, Warrington and Cheshire East, and two new trustees. These changes ensure we are well placed to meet future demand while maintaining the quality of our support.

Looking ahead, our focus is on building even stronger foundations, enabling us to better support the next generation of young people leaving care. This includes solidifying our infrastructure, developing the next phase of our Peer Action Collective work, and launching a new Change Champions Academy - read more about these later in the report.

I would like to thank every young person who places their trust in us. Your experiences and insights are at the heart of everything we do. I now look forward to the next phase, and to seeing even more young people feel understood and supported, gaining the confidence and determination to shape their own futures.

With my warmest wishes,

Sarah Sturmey

**CHIEF EXECUTIVE OFFICER,**
**PURE INISGHT.**

**Key areas of progress for the year**

**INVESTMENT IN DATA AND IMPACT**

**NEW PARTNERSHIPS AND PROGRAMMES**

**EXPANDED TEAM**

# Mission, Vision, and Values

## OUR MISSION

Our mission is to support care-experienced young people to thrive as they step into adulthood. We empower them to achieve their goals, build the skills and confidence needed for independent living, form lasting and dependable connections in our communities and speak up about what matters to them most.

## OUR VISION

A world where care-experienced young people feel they truly belong - living full lives on their own terms, and sharing their strengths, talents and voices within our communities



## OUR CORE VALUES

### INTEGRITY

We build trust by being reliable, responsible and transparent. When we face difficult situations, we are honest, authentic and open so we can hold ourselves, others and the systems around us accountable and drive change.

### BELONGING

We create communities where everyone feels heard, included, safe and connected. Everyone should know that they matter and feel part of something bigger. People with lived experience of care are at the heart of everything we do, and we work together to co-create our provision.

### ASPIRATION

We inspire young people to dream big and shape their own future, on their terms. We help them to create lasting connections and achieve their goals. As we walk alongside young people we give encouragement, care and respect for their unique circumstances.

### TENACITY

We approach every situation with curiosity, kindness and an open mind, so that we can understand the core issues and learn from the people and situations we encounter. We listen without assumptions. We seek out new ways to work and develop innovative solutions and take action that brings lasting change.

# Our Support and Services

## PRACTICAL SUPPORT

**The move to living alone can feel sudden and isolating for many care leavers.** We help young people to develop their practical life skills, including managing money, maintaining a home, and supporting their health and wellbeing. We also help resolve complex or crisis situations, such as those involving housing or the criminal justice system, acting as advocates at appointments, and assisting them to access specialist support.

## MENTAL HEALTH AND EMOTIONAL SUPPORT

**By providing specialist wellbeing workers, counsellors, and trained mentors, we offer a safe space for young people** to share their story, heal, develop emotional regulation skills, coping strategies, and support networks. Our team is highly trained and supports people who have experienced trauma and are living with mental health issues. Our young people can talk to us about anything, and receive advice, guidance and therapy tailored to them.

## FOR YOUNG PARENTS

**Becoming a parent can feel overwhelming, especially without a strong support network.** Through our specialist programme, we work with care-experienced parents aged 28 and under and their children, including young parents whose children are in the care system. Our team provides one to one intensive wrap around support for young families to nurture parenting skills and confidence, enabling the family to flourish as a unit.

## EDUCATION, EMPLOYMENT AND TRAINING (EET)

**Young people are supported by specialist employment coaches** to help them identify strengths and aspirations, develop skills, and become job ready. Employment coaches support local companies to create pathways to work and remove barriers to employment, offering bespoke training to ensure sustainable long-term employment for young people and employers alike.

## WE SUPPORT YOUNG PEOPLE TO SPEAK UP ABOUT THE ISSUES THAT MATTER MOST

**Through our youth advisory group, Change Champions, young people can speak up to directly influence decision makers** and help improve local and national services for all care leavers.

Change Champions shape everything we do. They review and co-design our services, to make sure we are meeting real needs as well as taking part in interviewing and training staff, volunteers and external partners.

## WE CREATE CONNECTIONS IN OUR COMMUNITY

**By being part of Pure Insight, young people can build their own community that they can count on,** through the good times and the bad. Alongside our staff team we have a dedicated and growing network of volunteers to help foster connections in the community. Young people can be matched with a local volunteer mentor or benefit from group mentorship activity. Our highly trained mentors support young people in working towards personal goals, dedicating two to three hours a week for at least two years. Many mentoring relationships grow into lasting, meaningful connections.

## OUR PEER SUPPORT ACTIVITIES

**We help young people find a sense of belonging and connection** through shared experiences. Every young person at Pure Insight can access a free programme of activities that offer fun, friendship, and personal growth.

# Challenges in the Spotlight

## Imagine turning 18 and facing the world alone,

abruptly cut off from support, and suddenly managing a flat, a budget, trying to get a job, cooking for yourself, with few independent living skills and no family support. All while coming to terms with childhood trauma, neglect and abuse. It is a uniquely difficult starting point.

The Department for Education's (DfE's) evidence to the Committee said: *"Care leavers have some of the worst long-term life outcomes in society across health, housing, education and employment."*



### INDEPENDENT LIVING SKILLS

82% care leavers struggle to afford food, 64% face rising debt, and 31% are at risk of homelessness. *(Barnardo's 2023)*

**Impact: 78% of young people improved their independent living skills and 67% improved their ability to manage money.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**44%**

identified a lack of independent living skills



***"When I came out of care, I was so lost. I didn't know how to pay bills and wondered if I was ever going to get anywhere. Then you guys came along and helped me sort all that out, helped me to have faith in myself. I genuinely wouldn't be here without you, thank you."*** *Lily, aged 20*

**OUR IMPACT TO OUR YOUNG PEOPLE**

**78%**

improvement in their independent living skills

### LONELINESS AND ISOLATION

Two-thirds (67%) of care leavers reported feeling lonely at some point in the last few weeks; of those 22% recorded they had 'always/often' felt lonely - twice the number of young people aged 16 to 24 in the general population who report this (10%). *(Coram Voice 2020)*

**Impact: 87% experienced a reduction in loneliness or isolation as a result of our support.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**65%**

told us they were lonely or isolated



***"I am glad that I have actually started to socialise because I have started to make some really good friends through Pure Insight. Friends that I never thought I needed...ever since I started coming out to events that you throw. I just wanted to say thanks."*** *Ella, 19 years old.*

**OUR IMPACT TO OUR YOUNG PEOPLE**

**87%**

Experienced a reduction in loneliness

## HOUSING

A third of care leavers become homeless within two years of leaving care *(Department for Education)* 25% of the homeless population are care experienced (UK Parliament)

**Impact: 71% made progress in their ability to manage their tenancies, with 23% maintaining stable levels (preventing escalation).**



***"Each day takes me closer to the independence that I'm definitely capable of. I'm excited to start off my new beginnings and to explore so many things"***
*Ish, 20 years old.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**25%**

chose housing as an area they need help with

**OUR IMPACT TO OUR YOUNG PEOPLE**

**71%**

made progress in their ability to manage tenancies

## EMPLOYMENT, EDUCATION AND TRAINING (EET)

Care leavers are almost three times as likely to be not in Education, Employment or Training *(Department for Education, 2023)*

**Impact 82% of these young people improved their EET outcomes.**



***"Because I am not with my parents and I feel the lack of my father and I don't really know what education and the right thing is, but you are the best teachers and I imitate you. I feel that this is the right thing to do. I think I am finally seeing the good again."***
*Kyra is making steps toward education, supported by her Mentor Coordinator, volunteer mentor, and PA.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**35%**

wanted to focus on EET

**OUR IMPACT TO OUR YOUNG PEOPLE**

**82%**

improved their EET outcomes

## PARENTING

Care-experienced young people are approximately 2.5 times more likely to become parents as teenagers compared to their peers, with about 22% of female care leavers having a child before turning 20. These parents face high risks of isolation, financial hardship, and disproportionately experience, or are at risk of, having their own children removed. *(Barnardo's 2022)*

**Impact: 84% of parents showed improvement across parenting outcomes.**



***"My biggest takeaway has been knowing I had a weekly safe space, outside of all the drama and conflict and family dynamics, where I could freely name what was coming up and know it would be held safely."*** *Sammi.*

**CHALLENGE TO OUR YOUNG PEOPLE**

**NEARLY 25%**

are young parents

**OUR IMPACT TO OUR YOUNG PEOPLE**

**84%**

showed improvement across parenting outcomes

## MENTAL HEALTH

Research found that 46% of care leavers had been identified as having a mental health concern. Of those, 65% were receiving no service and just 9% were on a waiting list for NHS support. *(Barnardo's 2024)*

**Impact: 77% of these young people improved their mental health outcomes through our mentoring service and 85% of young people receiving mental health support showed an overall improvement in their wellbeing outcomes.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**69%**

identified mental health as an area to work on

**OUR IMPACT TO OUR YOUNG PEOPLE**

**77%**

improved their mental health outcomes



***"She has drastically impacted my life in the best way possible. She genuinely understands what I'm going through and has been a huge source of comfort and validation"***

*Karly, speaking about our mental health worker.*

## EXPLOITATION AND OFFENDING

By the age of 24, more than half of care-experienced young people have a criminal conviction *(Office for National Statistics, 2022)*. Almost 25% of the adult prison population has previously been in care (*Independent Review of Social Care 2021).* **Impact: 84% of these young people reduced survival and coping behaviours contributing to risk or offending.**

**CHALLENGE TO OUR YOUNG PEOPLE**

**30%**

experienced exploitation or offending

**OUR IMPACT TO OUR YOUNG PEOPLE**

**84%**

reduced behaviours contributing to offending



***"If it weren't for Pure Insight, I don't know where I'd be. Well, I do and it wouldn't be good."***

*Jack, reflecting on his past history of offending and the support provided.*

# Achievements and Highlights

**603** CARE-EXPERIENCED YOUNG PEOPLE SUPPORTED

**145** OF THEIR CHILDREN

**748** INDIVIDUALS IN TOTAL

**10%** INCREASE FROM THE PREVIOUS YEAR

**92%** YOUNG PEOPLE ENGAGING WITH OUR SUPPORT SHOWED OVERALL IMPROVEMENT ACROSS KEY AREAS OF THEIR LIVES

## MENTORING

**369** young people benefited from our mentoring programme, achieving a range of positive outcomes, including:

**98%** increasing/ maintained social networks and relationships scores

**95%** increasing/ maintained independent living skills

## VOLUNTEERS

**104** new volunteers recruited

**22,268** hours volunteered

valued at **£445,360**

## MENTAL HEALTH

**254** young people benefited from our mental health support and **80** from our counselling offer

**91%** increased/maintained scores feeling in control of emotions and ability to cope

**92%** increased/maintained scores understanding of self/history/diagnosis

**92%** increased/maintained scores understanding healthy relationships and improved relationships

## PEER SUPPORT AND GROUP WELLBEING ACTIVITIES

**255** young people have joined our group wellbeing and peer support activities

**93%** increased/maintained levels of belonging and contribution

## YOUNG PARENTS SERVICES

**139** parents supported

**145** of their children supported

**92%** young parents increased their parenting skills and knowledge

## PARTICIPATION

**17%** increase in participation of young people influencing regional and national services

**142** young people engaged in our participation and influencing work

## EMPLOYMENT, EDUCATION & TRAINING

**72%**

young people progressed in purposeful use of their time through employment, education and training



# Mentoring

**Our community-based mentoring programme has been recognised as best practice for supporting care experienced young people.** We recruit and train local volunteers who are carefully matched with young people to provide two to three hours of weekly support over a minimum of two years. Mentors help build practical life skills, from managing money and homes to health and wellbeing, while also providing emotional support and advocacy.



For young people facing complex challenges including criminal exploitation, mental health issues, or young parenthood, we offer intensive support. Through a strength-based approach, mentors help young people identify aspirations, build confidence and support networks. For many isolated young people, these relationships are transformative, creating connection, purpose and belonging.



## Meet Saffie

**When we met Saffie at 19 years old, she was facing many challenges: a lost job, threatened eviction, outstanding debts, and a violent home life. She was unable to access many services, assessed as high risk, having missed appointments and displaying volatile behaviour with service staff, as well as being deeply untrusting of agencies - behaviour stemming from trauma and frustration, but perceived by some as disrespect.**

Pure Insight's mentor coordinator took a trust-first approach, focusing initially on practical, tangible help rather than pushing straight into sensitive issues like domestic abuse and trauma. This decision proved critical. Within just four weeks, Saffie's tenancy was renewed after her mentor coordinator advocated on her behalf with the housing association. A repayment plan was secured for her rent arrears, and a clear path forward was established for her catalogue debt.

The mentor coordinator introduced tools and techniques to help Saffie manage her emotions. Previously, feeling that everyone was against her had triggered a fight-or-flight response, with emotions quickly reaching breaking point. There was a marked shift, Saffie remained calm and found it easier to navigate processes she had previously found overwhelming. Saffie was matched with a volunteer mentor, Liz, who has been able to help Saffie manage a budget, teach her some cooking skills, and has encouraged Saffie to develop friendships at the Pure Insight drop-in café.

As trust grew, Saffie began sharing about the domestic abuse she was experiencing and was supported to start thinking through what a healthy relationship might look like. This opened the door to safety planning conversations, though she is not yet ready to leave her partner.

Saffie's own words capture the impact:

> ***Thank you for coming with me to these stressful meetings, and for being such a supportive person I can count on.***

# Highlights This Year

### CO-ORDINATED MENTORING TEAMS FOR COMPLEX SITUATIONS

**For young people facing the highest levels of risk and vulnerability, we can co-ordinate a team of two to five volunteer mentors alongside team support. When statutory or specialist services are unavailable or insufficient, this wrap-around approach fills the gap.**

When one young person was released from prison on a bank holiday weekend, a notoriously high-risk window with no services open, we mobilised a team of volunteers across the entire weekend. One took him for a meal, another for football, a third brought him along to his workplace, a bike workshop. Together they kept him safe, occupied, and connected until statutory support could be put in place.

> ***Really impressed with the support that Pure Insight can offer. I hope that this young person appreciates you and your staff.***
> *Martin Conway, probation services.*

**369**

**YOUNG PEOPLE RECEIVED SUPPORT FROM OUR MENTORING PROGRAMME**

**93%**

**OF YOUNG PEOPLE SHOWED AN OVERALL IMPROVEMENT ACROSS THE OUTCOMES THEY WERE ASSESSED ON**

| | |
|---|---|
| **98%** | **INCREASED/MAINTAINED SOCIAL NETWORKS & RELATIONSHIPS** |
| **95%** | **INCREASED/MAINTAINED INDEPENDENT LIVING SKILLS** |
| **84%** | **INCREASED/MAINTAINED THEIR ABILITY TO MANAGE THEIR TENANCIES** |
| **94%** | **INCREASED/MAINTAINED MONEY MANAGEMENT SKILLS** |
| **95%** | **INCREASED/MAINTAINED REDUCTION OF BEHAVIOURS CONTRIBUTING TO RISK OR OFFENDING** |

# Care-Experienced Young Parents



**For care-experienced young people, parenthood arrives alongside the challenges of leaving care and building independent lives. Many are still making sense of difficult childhoods, raising families without traditional support networks, and many struggling to trust statutory services.**

Their own painful histories can hinder them from being the parent they aspire to be, and without the skill, confidence or support, isolation and self-doubt can quickly take hold. This is where our specialist family support coordinators and our trained volunteer mentors step in, providing intensive, tailored one-to-one practical and emotional support to meet the unique needs of each young family.



## Meet Kaden

**Kaden was referred to Pure Insight at just 18, on release from a custodial sentence and finding his feet under probation's supervision. He had been let down so many times that he struggled to trust professionals, often disengaging when he felt unheard. Contact with his young child had broken down during his time in custody.**

Kaden desperately wanted to be a present and active parent but had limited experience, little confidence, and no clear pathway to get there. He was motivated, but frustration, vulnerability and lack of support were significant barriers.

Our team quickly identified that communication style was key, adapting our approach by providing information in smaller chunks, recapping key points and always following through on commitments, all of which made an immediate difference to his engagement. Our team supported him to understand how his own care experience has affected his parenting, helped him to access legal advice, and supported him to develop the skills and confidence needed to be a good father.

We matched Kaden with Paula, a trained Pure Insight mentor, who worked patiently to build his confidence while introducing activities and community settings that supported bonding and provided the stimulation needed for his child's development. With this structured approach she guided Kaden in how to respond to his child and nurture their bond. What had once felt uncertain gradually became something natural and joyful, and fun. His child's progress was tangible, visibly relaxing, responding to Kaden's voice, and showing the earliest signs of secure attachment.

Kaden has since completed a parenting course, has improved his communication, and returned to part-time work.

# Highlights This Year

### ENHANCED IMPACT MEASUREMENT

We have developed detailed criteria to better measure and demonstrate the difference our work makes to young families.

### NEW PARENT TRAINING PROGRAMME

We have launched a series of practical workshops for young parents, including first aid training and self-care, equipping them with skills and confidence for everyday family life.

### DEDICATED ONLINE COMMUNITY SUPPORT

Our closed WhatsApp groups have created a lively, supportive community where parents can access peer support, staff and volunteer advice, and local information. From accident prevention tips and baby sleep advice, to donated items and specialist signposting, these groups help us to meet needs collectively and ensure no parent feels alone.

**139**

**YOUNG PARENTS, AND 145 OF THEIR CHILDREN, RECEIVED WRAP AROUND FAMILY SUPPORT**

**34**

**YOUNG WOMEN SUPPORTED THROUGH PREGNANCY TO PREPARE PRACTICALLY AND EMOTIONALLY TO BE A PARENT**

**93%** IMPROVED/MAINTAINED THEIR CONFIDENCE AND ABILITY TO PARENT

**85%** IMPROVED/MAINTAINED HEALTHY RELATIONSHIPS

**90%** IMPROVED/MAINTAINED THEIR ABILITY TO ENSURE HOME ENVIRONMENTS ARE ORGANISED, STABLE AND SAFE

**83%** IMPROVED/MAINTAINED THEIR ABILITY TO ASK FOR AND ACCEPT HELP

**90%** IMPROVED/MAINTAINED FINANCIAL SITUATIONS

**91%** IMPROVED/MAINTAINED EMOTIONAL WELLBEING OF PARENT AND CHILDREN

**90%** IMPROVED/MAINTAINED PHYSICAL WELLBEING OF PARENT AND CHILDREN

# Mental Health and Emotional Wellbeing



**We work with young people across the spectrum of need, from early intervention through to severe mental illness.** With intensive, long-term outreach work, our specialist wellbeing workers and counsellors provide a safe space for young people to share their story, heal, receive guidance, interventions and therapy tailored just for them.

We help young people understand their experiences of trauma, develop emotional regulation skills and coping strategies, build support networks and resilience, and work towards independent, fulfilling lives.



## Lara's story

**Unaccompanied minors seeking asylum are cared for in the care system. Lara was referred to Pure Insight for help with her mental health. As a victim of trafficking, Lara had experienced considerable trauma. A psychological wellbeing assessment identified several areas of focus, including intrusive memories, low mood, emotional dysregulation, social isolation, and significant anxiety surrounding her immigration status. She was not eating or sleeping properly.**

Diagnosed with PTSD, Lara struggled to process the traumatic loss of her family and home while trying to make sense of the injustice of her situation. She was isolated, rarely leaving home, and lacked connection with peers or purposeful activity.

Our mental health worker built a strong, trusting therapeutic relationship at Lara's pace. Brain spotting was used to help process traumatic experiences - particularly effective when English is not someone's first language, as it allows processing without verbal translation. Space was created for Lara to share painful feelings, cry, and be heard without judgement.

Practical support ran alongside therapeutic work. A letter to the Home Office confirming Lara's engagement with our services proved pivotal in securing her leave to remain in the UK. For the first time in years, Lara had safety and certainty. She said: "This is the best news of my life. I feel like I am flying. You have saved my life."

Lara is now enrolled in college and building toward a career. She has become more self-aware, recognising when feelings of distress start to build and has gained skills and healthy coping strategies. She now has a greater sense of control over her life and how she responds.

Lara said:

***"This is the best news of my life. I feel like I am flying. You have saved my life.***

# Highlights This Year

**254**

YOUNG PEOPLE BENEFITED FROM OUR MENTAL HEALTH SUPPORT

**80**

YOUNG PEOPLE BENEFITED FROM OUR COUNSELLING OFFER

**96%** IMPROVED/MAINTAINED UNDERSTANDING HOW EMOTIONS AFFECT YOU DAY TO DAY

**91%** IMPROVED/MAINTAINED FEELING IN CONTROL OF EMOTIONS AND ABILITY TO COPE

**91%** IMPROVED UNDERSTANDING OF HOW TO PROTECT EMOTIONAL SAFETY AND STABILITY

**92%** IMPROVED/MAINTAINED UNDERSTANDING OF SELF, JOURNEY AND DIAGNOSIS

**86%** IMPROVED/MAINTAINED IMPROVEMENTS IN PHYSICAL HEALTH

**92%** IMPROVED/MAINTAINED UNDERSTANDING OF HEALTHY RELATIONSHIPS RESULTING IN IMPROVED RELATIONSHIPS

# Employment, Education and Training

**Many care-experienced young people face complex challenges that make finding and keeping jobs harder.** They are nearly three times more likely to be out of education, employment, or training (NEET) than their peers.



Through our Employment, Education and Training (EET) service we help them to secure work, education and training by providing personalised support to help build confidence and develop skills. Our work with local employers, delivering trauma-informed training, helps create more inclusive environments for care leavers while opening new opportunities for them.

## Meet Mani

**Mani was 19 and stacking shelves when he met Pure Insight. He worked hard but felt undervalued by his manager. Mani dreamed of a meaningful career but was stuck in a cycle of prioritising short-term gains, often starting courses but not completing them. He lacked English and maths qualifications and struggled with debts and difficult relationships.**

Our employment coach offered him unwavering support over 18 months. He worked closely with his manager to build a deeper understanding of Mani's experiences in the care system, introducing trauma informed practices that transformed their working relationship and helped Mani sustain his role. Coupled with budgeting exercises and steady encouragement, our employment coach helped Mani clear his debts and focus on longer-term goals.

When a traineeship opportunity came up with the local council's Parks Team, our coach supported Mani through the application process, while a volunteer mentor provided weekly guidance, helping him build workplace relationships and develop his skills. Mani has now secured a horticultural apprenticeship within the Parks Team and is working towards his English and maths qualifications.

The anxious, defeated teenager has become a confident young man who regularly attends Pure Insight Café Nights and outdoor activities, building a sense of community rather than hiding from it.

**72%**

**YOUNG PEOPLE PROGRESSED INTO EMPLOYMENT, EDUCATION AND TRAINING**

**48**

**CARE LEAVERS ACHIEVED LONG TERM PAID EMPLOYMENT**

# Success Snapshots



**MACAULEY**

has secured a job as a barista

**SASKI**

is studying counselling at level 2, aiming to work in a young person's charity supporting those who have experienced trauma

**LIV**

has secured an apprenticeship with Virtual Schools

**MICAYA**

has started a teaching assistant role

**LANA**

is volunteering in a leisure centre, supporting gymnastics and creative play for children with learning needs

**KIERAN**

is studying drama

**ESMEE**

is volunteering in a charity shop

# Meet Lotte

Lotte experienced a deeply traumatic childhood. Losing her mother at a young age and watching her father turn to drugs and alcohol to cope, was devastating and ultimately led to her being taken into care.

When we first met Lotte at 19, she was incredibly isolated, smoking a lot of cannabis, and most critically, had severely restricted contact with her young daughter Amelie, who was being cared for by her sister. Lotte is now 23.



We matched Lotte with a volunteer mentor, Beth, who built trust gradually and explored how best to support her to develop friendships with her peers. Beth began taking her on walks and trips to the garden centre, where Lotte found a great sense of peace, particularly watching the birds along the river nearby. What started as structured support grew into a genuine and lasting friendship; this year they even travelled to London together for a show. This relationship has given Lotte the emotional support and companionship she had rarely experienced and directly strengthened her confidence and resilience across every other area of her life.

Our education, employment and training coach supported Lotte to enrol in her first college course in health and wellbeing. She went on to sign up for a nursing course, and last year successfully secured a training role at the local hospital following CV writing and interview prep support from our team.

Lotte has benefited from the support of our trauma-informed counsellor, whose input proved transformative. She focused on lifestyle improvements, better sleep, regular exercise, and greater financial stability. Lotte's anxiety has reduced significantly. She also stopped smoking cannabis entirely, recognising its negative impact on both her mental health and her chances of rebuilding contact with Amelie.

Parenting support was the most complex and emotionally demanding area of our work together. Lotte's relationship with her sister was strained, so Pure Insight's parenting worker began supervising monthly visits, supporting the sisters to build a positive relationship. We sourced a family law solicitor, pursued mediation, and supported Lotte through two court hearings, attending every key meeting along the way. Professionals assessed Lotte's parenting skills positively throughout the process. This year, the final court order brought life-changing news: Lotte now has regular weekly contact with Amelie, including overnight stays.

## THREE YEARS ON

Lotte has accessed a breadth of wraparound support from us, including mentoring, EET coaching, counselling, and parenting support. Each strand has reinforced the others. However, as professionals consistently noted throughout the process, the most important factor was Lotte herself: her resilience, composure, and unwavering commitment to her daughter.

# Peer Support and Wellbeing Activities

**Loneliness is one of the biggest challenges young people leaving care must face.** Without friendship and a support network, many are drawn to risky situations and harmful relationships - a pattern rooted in the instability and trauma of their childhood.

Our peer support activities offer a healthier alternative: genuine belonging, connection, fun and the adventure of trying something new alongside people who understand their experience.



### THIS YEAR'S HIGHLIGHTS

Alongside regular café nights, bike rides, walks, football, and outdoor pursuits, including abseiling and kayaking, this year we introduced ice skating, a multi-sport session and fishing. The new fishing activity was instigated by one of our young people, who reached out to a local community group. We then supported him in bringing the trip together. We are proud to share responsibility in organising group activities with young people, providing opportunities to develop real leadership skills within a community that backs them.

For some young people, attending an activity means overcoming significant barriers, including anxiety around public transport, meeting new people, or simply trying something unfamiliar. We support young people through all of this, gently building the confidence to travel independently, arrive on time, make plans, and set boundaries.

## JT's Story

**When we first met JT, he wouldn't leave his flat. Years of broken trust with professionals had left him deeply reluctant to engage, and it took months of patient relationship building before he felt comfortable enough to step outside.**

We started in small ways, supporting him with cooking on a budget and finding out what he loved. Despite our best efforts, JT remained resistant to more intensive support, declining a volunteer mentor and our mental health and emotional wellbeing service. We respected his pace and went at the speed he felt comfortable with. The breakthrough came in a simple discovery: he loved fresh air, walking, cycling and anything outdoors.

Through our outdoor activity programme, JT found his confidence. He now attends most activities and suggests new places to explore on bike rides. He is also planning to climb a mountain next year with his newfound friends. From someone who wouldn't open his door, JT has become someone others can rely on. He is thriving.



## Kye's Story

**When we first met Kye, he was facing a criminal damage charge and had a history of offending. We supported him through the legal process and gradually introduced him to activities that gave him a positive focus.**

The activities were a lifeline, helping him stay out of trouble and their impact has been lasting. He rarely misses our fortnightly café, valuing the structure, purpose, and boundaries they provide. He regularly supports our activity co-ordinator to move furniture donated from the community, sharing that this has ***"a real, positive effect on his mental health and wellbeing".*** Kye has now held down a job for several years, and has found a real passion for cycling, going out regularly with a local club and building a community around him.

> ***I am grateful for so many amazing, beautiful, funny, and creative people. People like you guys make me realise the world isn't as bad as I thought it was, I was just hanging around with the wrong people.*** **Layla**

**163**

**YOUNG PEOPLE HAVE ENJOYED SOCIAL CONNECTION, A MEAL AND FUN ACTIVITIES AT OUR CAFE NIGHTS**

**255**

**YOUNG PEOPLE HAVE JOINED IN WITH GROUP WELLBEING ACTIVITIES**

**98%** **INCREASED/MAINTAINED SOCIAL NETWORKS AND RELATIONSHIPS**

# Change Champions and Influencing

**Care-experienced young people are passionate and motivated to take a meaningful role in shaping their own and other care-experienced young people's futures, addressing the huge health, social and economic inequalities they face.**



Through co-design, consultation, and a dedicated youth advisory group, Change Champions, they directly shape how services are designed and delivered, locally and nationally. They interview and train staff, influence policy, and ensure that decision makers are driving real change. This year alone, we have worked with: housing providers to develop a resource for staff supporting care leavers into new tenancies; shared best practice models at the North West Association of Directors of Children's Services; and co-produced a local parent services offer in partnership with Stockport Council.

## PLANNING ENDINGS

Relationships ending can be particularly difficult moments in a care leaver's life due to previous experiences of loss through abrupt or unplanned endings. Our Change Champions led the design of a "Planned Endings" training programme, delivered to 176 staff at Warrington Borough Council. The training explored the emotional impact of endings, barriers to positive endings, appropriate boundaries, and fostering a trauma-informed approach, with a core message that endings need to be acknowledged and planned for from the very start of a relationship.

***"Endings start at the beginning"*** **Jasper, 22**

The response has been overwhelmingly positive, with many reflecting that they had not previously considered how endings could affect the young people they support and leaving with a commitment to do things differently.

> ***At a staff engagement event, we spent the afternoon with care-experienced young people. They led a fantastic session. We're all divas and I've learnt a new word, 'slay'! Thanks for your invaluable work.***
>
> **Sharon Cooper, Director of Children's Services, Warrington.**

## HOW DO WE INCORPORATE TRAUMA INFORMED APPROACHES TO ENDINGS



# Change Champions and Influencing

## STRENGTHENING SAFEGUARDING

The transition to adulthood is not a single moment: it is a journey, and for many care leavers, it is one of the most vulnerable periods of their lives. Without the right support in place, young people can be exploited, and the warning signs can go unnoticed. Too often, safeguarding systems are designed with children in mind and simply stop at 18, leaving young adults in a dangerous gap. We are working to close that gap. Alongside local authorities across Cheshire and Greater Manchester, we are strengthening transitional and contextual safeguarding for care leavers.

In Warrington, we have co-developed exploitation screening tools and clear escalation pathways that have already led to faster interventions, stronger multi-agency coordination, and better protection for young adults navigating the critical move toward independence.

## DRIVING AN EQUITABLE OFFER

No care leaver's success in life should depend on where they happen to live. This year we joined the newly established strategic Regional Corporate Parenting Group for Cheshire and Merseyside - a significant opportunity to bring frontline insight and lived experience directly into regional decisions. Alongside strategic leads from statutory services across the nine local authority areas, we will advocate for an improved and equitable offer, tackling significant variations in support that care leavers currently experience across the region. We will also create meaningful co-production opportunities ensuring young people's voices shape the plans that affect them most.

## ANNUAL YOUNG PERSON'S CONSULTATION DAY

In November, we consulted with care-experienced young people about their priorities, they told us clearly: they want more practical support with independent living skills, someone to guide and model skills alongside them, and more help finding education, employment, and training pathways. They also want more opportunities to have their say in local decision making.



The data behind their voices is striking. 63% said they struggle with managing money, 88% with relationships, and 69% with loneliness and isolation - a combination that significantly increases vulnerability and the risk of exploitation.

Their priorities are shaping our strategic plans, ensuring that our work is driven by what young people need. Our plans to grow our participation and influencing work is a key aspect of this.

**142**

**YOUNG PEOPLE INFLUENCED LOCAL, REGIONAL AND NATIONAL SERVICES**

**91%**

**YOUNG PEOPLE REPORTED IMPROVEMENTS ON FEELING IN CONTROL OR HEARD AROUND THE CHOICES THEY CAN MAKE**

# Peer Action Collective

**The Peer Action Collective (PAC) project is a two-year research project formed to deep-dive into how care-experience influences and impacts peer violence. We conduct research via focus groups, one-to-one interviews and surveys, reaching 650 people across the North West to support the design and delivery of social action that addresses the root causes.**



Funded by the Youth Endowment Fund and the #iwill Fund (a joint investment between the National Lottery Community Fund and the Department for Culture, Media and Sport), we were selected as a delivery partner due to Pure Insight's deep understanding of care-experienced young people.

Peer-led research opens conversations that traditional models often miss, reaching young people who have been less likely to engage with services, but whose experiences are critical to understanding risk, vulnerability and resilience.

We have recruited a small team of care-experienced Young People into the roles of PAC Leads. Each stage from designing the direction of the research, and creating meaningful and lasting social change from the findings is led by these care-experienced young people. Supported by two specialist staff, our team of PAC leads are turning their lived experience into professional expertise, and amplifying the voices of 650 care experienced young people aged 16-25.

Our PAC leads chose to explore how relationships with peers, professionals and systems influence their experiences of violence during this time.

All the PAC leads felt that forming the first research project around understanding the impact of positive and negative relationships, was important to them. Jade, who is passionate about making sure neurodiversity and mental health are always considered, says "exploring relationships is really important because the people around young people in care or care leavers, such as peers and professionals, can have a huge impact on their lives. When those relationships aren't understanding, especially around individual needs, neurodiversity or mental health, it can lead to isolation, conflict and sometimes peer violence."

By the end of the programme, Pure Insight will have a clearer understanding of how care experience intersects with youth violence, and a set of evidence based, actionable recommendations that have the potential to influence support systems on a bigger scale. This is just one way that we are driving meaningful, lasting change.

Proudly supporting youth social action #iwill

Department for Culture, Media & Sport

COMMUNITY FUND

YOUTH ENDOWMENT FUND

## Peer Action Collective

Alongside this, the young people leading the work gain valuable skills, confidence and paid experience, supporting their own progression into education, employment and leadership, which has made a huge difference to Sophie, a PAC lead:

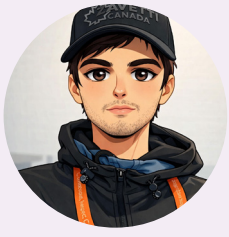


***Since I started working with the PAC team, I have gained a range of new skills and developed more confidence and resilience...and time keeping! Ownership of work to bring back to the team makes me feel accomplished, and I was able to participate in creating research questions and activities to bring to our interviews. I'm passionate about creating change, and this project has helped to give me a sense of meaning.***

Our team has a broad range of experiences, making sure our scope is wide. Mike, PAC lead, has brought his understanding of the impact that both unhappy, and happy foster placements can have on young people – something that has frequently emerged during interview and focus groups, where he has also played a key role as an interviewer.

This work is deeply personal for all our PAC leads, including Cameron. His experiences of residential care, violence, and gang exploitation, drove him to join us and use this to help other young people and professionals recognise the early signs of grooming.

Cameron is driven by a mission to ensure no young person has to navigate complex risks without stable, informed support.



***It's important to me that people feel heard and listened to especially those in need of help.***

Voices like Cameron's are shaping not just what we find out, but what we do next. This project doesn't just tease out the insights: it will directly inform youth-led social action, ensuring that evidence is translated into effective action. This includes developing targeted interventions, influencing local service design, and feeding directly into policy and commissioning conversations. By embedding lived experience throughout, the programme aims to improve both the relevance and effectiveness of responses to youth violence.

We've learned a great deal about how relationships have an impact on children and young peoples' interactions with statutory services, those there to care for them, and with each other and the vulnerabilities to violence that can open up. The PAC team are using both their knowledge and wider programme participants' ideas to plan for social action activities starting Summer 2026. From training and speaking directly with children and young people, to podcasts, speeches, conferences, books and guides, and TikTok content, there's plenty of great ideas and a busy time ahead!

***The PAC team are using both their knowledge and wider programme participants' ideas to plan for social action activities starting Summer 2026.***

# Business and Community Partnerships

**This year, we have seen a wonderful and growing wave of support from businesses and community partners, all united by a shared belief in helping young people thrive.**

## Bromley's Solicitors

**Bromley's Solicitors became our first ever Charity of the Year partner.** Their staff embraced a full year of fundraising, from Easter picnic lunches and a festive Christmas market to an office tombola. As the first business to choose us in this way, they have set a wonderful precedent, opening doors to wider awareness about the very real challenges young people face when leaving the care system.

> ***We wanted to help give something back to those young people. Pure Insight is so closely aligned with our values as childcare solicitors, their commitment to working with and empowering young people transitioning out of care is amazing.***
> **Felicity Drinkwater, Managing Associate and Solicitor.**

## TADW Architects

**TADW Architects have been steadfast partners for three consecutive years, donating DIY vouchers that help our young people turn a house into a home.**

> ***Pure Insight's vital work with young care leavers at risk of homelessness deeply resonates with our values. We're proud to help make that possible.*** **Mark Harrison, Director.**

## Comfy Quilts

**We are also thankful to Comfy Quilts, whose generous donation meant every young person received an Oodie to keep them warm through the colder months.**

> ***Hi, I just wanted to thank you for dropping off the presents. It's been a bit tough this month, but I really appreciate the Oodie.*** **Kyra**



## Romiley Golf Club

**Building on this momentum, Romiley Golf Club also chose us as their charity partner this year.** They raised funds through a fashion show, an evening with footballer Bruce Grobbelaar, golf days, lunches, raffles and fines for rogue golf balls that stray into their pond. They have opened doors to fresh networks and supporters along the way. They have raised a fantastic £6,000.

> ***We wanted to support a local charity, and recognised the impact Pure Insight have on the lives of vulnerable young people when they need it the most, when they come out of the care system and are unsure of where to turn to.***
> **Steven Horne, Captain.**

## Red Rose Packaging

**We are grateful for the continued loyalty of Red Rose Packaging, a founding business Champion, whose ongoing generosity has meant so much.**

> ***Great to contribute to the work this fantastic charity does.*** **Stuart Clark, Director.**

This year also brought an exciting milestone: we secured our first ever major donor gift of £10,000 - a remarkable vote of confidence in the work we do.

Together, these businesses and individuals reflect a growing community of people who believe in what Pure Insight does - and want to be a part of it.

# Business and Community Partnerships

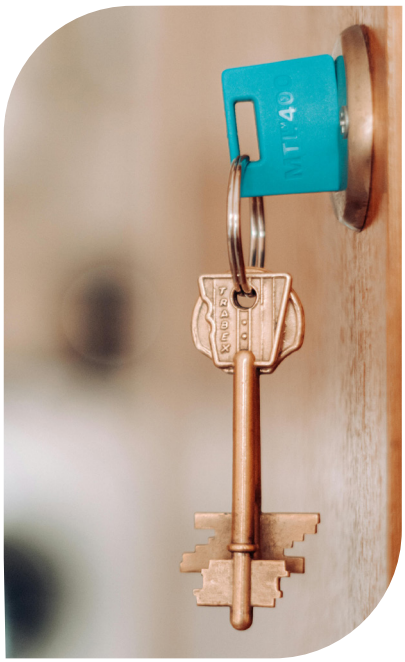
## A LEAP OF COURAGE FOR CARE LEAVERS

This year we launched our first large-scale fundraising event, and we set our sights high. A team of eighteen staff, volunteers, and local council workers, united by a shared commitment to supporting care leavers, took on the challenge of a tandem skydive. Understanding the obstacles young people face as they step into adulthood, they pushed themselves far beyond their comfort zones, leaping from 13,000 feet to raise vital funds.



*Together they achieved a remarkable total of* ***£17,300***

> ***I'm incredibly proud to have raised £1,000 for such a fantastic charity. As a team leader in the Leaving Care team, I see first-hand the difference their work makes, and I'm so grateful for the generosity of those who donated. The jump itself was equal parts absolutely terrifying and amazing!***
>
> **Elizabeth Dodd**



## A HOME BUILT BY COMMUNITY

When Lexi was referred to Pure Insight she was facing eviction, isolated, and without benefits due to an administrative error. With nowhere else to go, she was on the brink of sleeping in a hut on a nearby allotment.

We didn't just help Lexi find a new home, we helped the community furnish it.

Volunteer mentor Dan mobilised support through our volunteer network, gathering donations while helping Lexi secure a new home and complete the necessary paperwork.

When Lexi received the keys to her one bedroom flat, she wasn't alone. A team of volunteers arrived alongside her, hanging curtains, clearing rubbish, putting up pictures, tidying the garden, and making the space feel like home. The community had donated bedding, kitchen equipment, towels, furniture, and curtains, while a small grant funded a new washing machine and cooker. A donated bike gave Lexi the freedom to get to the shops and see friends independently, reducing the isolation she had felt.

Lexi now has a flat that feels safe and like her own.

**137** *This year, 137 young people were supported similarly by our growing network of volunteers who help foster connections in the local community.*

# Meet Sam

We began working with Sam when he was 18 years old. Sam is autistic and faced challenges with Opposition Defiant Disorder (ODD) and ADHD with both affecting his executive functioning and ability to follow instruction.



His offending pattern involved drinking in social situations where he struggled to communicate, leading to verbal aggression and assault charges. His probation order was for assaulting his cousin during a period when they were living together where Sam's communication difficulties led to him lashing out. At that time, Sam had poor relationships with both his cousin and mother, the only family in his life.

### MENTORING AND MENTAL HEALTH SUPPORT

Our mentoring co-ordinator supported Sam to manage probation appointments and make the most of their support and routines.

He also received support from our mental health practitioner. The therapeutic work focused on friendships, healthy connections and identifying triggers, which helped him see his challenges in a different way. A key goal was breaking the cycle of behaviours leading to involvement with the criminal justice system, by helping him recognise patterns between alcohol use and getting into trouble. Sam learnt to recognise when he was feeling anxious, overwhelmed or threatened by understanding his body's fight and flight system. He learnt tools and techniques to spot early warning signs in his body leading to more extreme reactions, over time learning how to divert himself away from situations.

Sam successfully completed probation and has had no police contact for over a year. He now has a strong relationship with his cousin and has rebuilt his relationship with his mother. He has developed self-awareness around triggers and chooses not to drink, recognising the connection between alcohol and offending. He is managing his medication and managing his tenancy. Sam is doing incredibly well with increased acceptance and understanding of himself.

**His probation officer reflected on the great progress Sam has made, saying about our mentoring co-ordinator :**

> ***"It was a pleasure to see someone so motivated and passionate. It was evident how much you go the extra mile trying to support him and the professional rapport you have with him is a testament to your hard work - if only there were more people in the world like you!***

# Volunteer Impact

**Our volunteer mentors play a vital role in supporting care leavers to build stability, confidence and lead fulfilling lives. They provide a reliable presence, often filling a gap for young people who may never have had someone consistently there for them and help develop connections in the community.**



Mike Raynor's volunteer mentor journey highlights the depth and value of these relationships for both mentor and mentee.

Growing up, Mike took on the role of a young carer, taking responsibility for looking after a sick parent during what should have been a carefree childhood. The experience of navigating adult pressures alone never left him. When Mike came across the Pure Insight advert in early 2024, it resonated immediately. He joined the charity as a volunteer mentor, completed our mentoring training and was quickly matched with a young person. That relationship has now spanned almost two years.

**Mike explains:**

> ***At the start, she was quite isolated and facing several challenges. It took time to build trust, but a key part of the role is just being there.***

Over time, the consistency of that presence has made a tangible difference. The young person has completed a college course and is now actively pursuing a career in the care sector. She has also developed more stable relationships, particularly in the last six months, and is in a more positive place emotionally.

> ***She's much more settled and focused now. It's not about fixing everything overnight, but about being alongside someone as they work things out.***

Mentoring is not without its challenges. As Mike reflects, progress is not always linear and **"the role is to guide, not to take over."**

Using his skills and experience, Mike has also supported other young people. In one instance, he provided support with GCSE maths, enabling a young person to pass their exam and progress to the next stage of their training.

These stories reflect the wider impact of our mentoring approach. Success is not always measured through traditional milestones, and it rarely announces itself in the ways you might expect, but rather in preventing crisis, building resilience, and creating the foundations for independence.

This year, Mike has also taken on a new role as a trustee at Pure Insight, bringing his professional skills to support the organisation's development and long-term planning.

Through the dedication of volunteer mentors like Mike, we provide consistent, trusted relationships that enable care leavers to move forward into adulthood with confidence, and, very importantly, with a smile.

> ***As a mentor, sometimes you're stopping things from getting worse and that in itself is hugely important.***

## VOLUNTEER TRAINING PROGRAMME

**Developing understanding and knowledge around:**

- **Adolescence and the teenage brain**
- **Care-experienced young people's exposure to discrimination**
- **Mental health**
- **Impacts of trauma**
- **Attachment theory**
- **Structured tools to help empower young people**
- **Resilience and recovery**
- **Mentoring approaches**
- **Safeguarding**
- **Boundaries**



> *The training was interesting, insightful, thought-provoking, sometimes emotional with plenty of opportunities for discussion. I really enjoyed it and it gave a good foundation for the role.* **Jackie, new mentor**

**104**
**NEW VOLUNTEERS**

**217**
**TOTAL VOLUNTEERS**

**VOLUNTEERS HAVE DEDICATED**

**22,268 HOURS**

**VALUED AT**

**£445,360**

# Future Plans

**Over the next 18 months, we'll focus on strengthening our foundations while expanding opportunities for care-experienced young people to thrive, supporting them to grow into confident, independent adults.**




### STRENGTHENING FOUNDATIONS

We're continuing the development of our organisational infrastructure to ensure we remain a stable, resilient organisation, demonstrating our impact clearly and diversifying our funding base. This groundwork will support our future growth and innovation.

### DEVELOPING YOUNG PEOPLE-LED SERVICES

A key priority is the launch of our Change Champions Academy: a structured programme designed to support young people to build skills, confidence and leadership. We need to make sure young people are recognised and paid fairly for their contributions as experts by experience. This programme will open meaningful, paid opportunities while also supporting longer-term employment pathways.

### ADVANCING YOUTH-LED ACTION

We'll continue to develop our Peer Action Collective (PAC), moving from research into action. This next phase will support young people to lead social action projects and explore key themes in greater depth, ensuring their insights translate into tangible change across services and systems.

### STRENGTHENING FOUNDATIONS

We're continuing the development of our organisational infrastructure to ensure we remain a stable, resilient organisation, demonstrating our impact clearly and diversifying our funding base. This groundwork will support our future growth and innovation.

**+500** **CARE LEAVERS WILL BE REACHED VIA PAC**

> ***I feel really excited that my experiences will help drive change for others, it is so important our voices and ideas are heard loudly.*** **Finlay, age 19.**

# Thanks to our Funders

**Our work is made possible through the generous support of the following funders:**



PURE INSIGHT
connecting care leavers



# Thank you

**CONTACT US:**

Info@pure-insight.org.uk
www.pure-insight.org.uk