Trustees' Annual Report

Lions MMA (Walsall) – Registered charity 1155346

Period: 1 January 2025 to 31 December 2025

Section A – Reference and administration details

Charity name
Lions MMA (Walsall)

Other names charity is known by
Lions MMA

Registered charity number
1155346

Charity's principal address
2-3 Walsall Road, Willenhall, WV13 2EH

Charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not whole year	Person entitled to appoint
1	Mr Inderpal Singh Khalsa	Chair		
2	Mr Harpreet Singh Moore	Trustee		
3	Mr Ipinderjit Singh Bhandal	Trustee		
4	Mr Subeagh Singh Khalsa	Trustee		

Other trustees (e.g. custodian trustees)
None.

Names and addresses of advisers (optional)
Independent examiner: Sukhjiwan Singh.

Chief executive or senior staff (optional)
None. The charity is run by its trustees and volunteers.

Section B – Structure, governance and management

Type of governing document
Constitution of a Charitable Incorporated Organisation – Foundation Model, dated 15 January 2016.

How the charity is constituted
Charitable Incorporated Organisation (CIO).

Trustee selection methods
Trustees are appointed by the existing trustees at the Annual General Meeting (AGM), which is held once a year. There have been no changes to the trustees since 2020.

Additional governance issues (optional, but recommended)

Organisational structure and wider network: The charity is managed by its board of four trustees. Decisions are made by majority vote of the trustees; if the vote is split, the Chair has the deciding vote. In the UK, activities are run from Willenhall by both coaches and volunteers. In Punjab, India, programmes are delivered directly by the charity in five schools, with the trustees attending and overseeing the work in person.

Induction and training: New trustees are appointed at the AGM, which is held once a year. All new trustees are required to have a full DBS check and to complete safeguarding training. First aid training is optional.

Related parties: No trustee receives any payment or expenses from the charity. Inderpal Singh Khalsa and Subeagh Singh Khalsa are brothers. There are no other family relationships between the trustees.

Risk management: The trustees have considered the main risks facing the charity. These are: the safety and welfare of children and young people in contact sports; injuries during classes and competitions; transferring and controlling funds taken to Punjab; and reliance on donations for most of the charity's income. The charity manages these risks through a safeguarding policy, DBS checks for coaches, public liability insurance, qualified coaches and first aid at events, written records of every transfer to Punjab, and regular reports from the Punjab team.

Section C – Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote community participation in healthy recreation, in particular by providing or assisting in the provision of facilities and opportunities for engaging in martial arts.

To advance such other purposes that are charitable under the laws of England and Wales, for the public benefit, as the trustees may from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects

During 2025 the charity delivered a programme of sport-based activities designed to promote healthy recreation, keep young people active and away from drugs and alcohol, and build discipline and confidence. Work took place in the United Kingdom and in Punjab, India.

Activities in the UK

- Weekly wrestling and boxing classes for children and adults. Participants pay a small fee of around £2.50 per session, set only to cover the cost of coaches, with a lower rate for students who attend more than one class per week. Any income from fees above the cost of coaches is used for equipment and building costs. Families who are unable to afford the fee are offered places at a reduced rate or free of charge, so that cost is not a barrier to taking part.
- An annual wrestling and boxing competition, held in June 2025 at The Khalsa Academy, Wolverhampton, with over 150 participants from clubs across the UK. The event gives participants a goal to train towards and a positive, disciplined environment in which to compete.

Activities in Punjab, India

- Drug and alcohol programme: the charity's main work in Punjab focuses on preventing drug and alcohol misuse among young people.
- Daily boxing classes across five schools, with over 250 students taking part each day. All classes are free, and all equipment and uniform is provided free of charge to every child. These clubs are funded from the money the charity spends in Punjab.

- Two professional boxing competitions were hosted in the Tarn Taran district of Punjab, in April and October 2025, each with 15 bouts, showcasing local and national talent. The competitions give students a visible pathway and a goal to work towards. This encourages more young people to join the charity's clubs, stay away from drugs and alcohol, and lead healthier lives.
- The Punjab State amateur boxing competition was held on 24 and 25 April 2025 in the Tarn Taran district, with over 100 participants. There was no entry fee, and prizes were awarded to the gold, silver and two bronze medal winners in each weight category. The competition encourages more young people to join the charity's clubs, stay away from drugs and alcohol, and lead healthier lives. No trustee or volunteer received any financial gain from the competitions, and no travel costs or other expenses were reimbursed to trustees or volunteers. Spectators could attend free of charge.
- Two residential education camps were held at Tarn Taran Sahib, in April and October 2025, with around 1,000 students at each camp (over 2,000 in total), aged 10 to 17. The camps focused on drug and alcohol prevention, sport, and mental and spiritual strength. The camps were completely free to attend: accommodation, food, all other necessities and transport to and from the camp sites were provided at no cost to participants. The costs of the camps were met from a combination of sources: the charity contributed towards them from the £15,000 spent on its Punjab projects, the accommodation and food were provided by an organisation in India, and some other costs were paid directly by individual donors in Punjab. The costs paid by others were not paid through the charity and are not included in its accounts. The trustees were responsible for the payments made by the charity, and receipts for these have been recorded and kept.
- Preparations were made for Justo Diaz Castro, a professional boxing coach from Cuba, to be based in Punjab for 12 months from 2026. The flight was purchased in 2025 (£991), but the coach travels in 2026, so the coaching itself will be reported in next year's report. Justo Diaz Castro has over 40 years of coaching experience, holds an AIBA 2 Star coaching qualification, has been voted coach of the year several times, and has trained Olympic gold medallists. The coach will upskill the charity's local coaches through continuing professional development (CPD) and will provide high-quality coaching so that students can progress to a higher standard. The coach's accommodation and living costs will be covered by donations to the charity, and an individual donor has agreed to fund these costs.

Values

The charity's work is inspired by Sikh values of discipline, service to others and community welfare. All of the charity's activities are open to everyone, regardless of religion, background or belief.

Safeguarding

Because the charity works with children and young people, the trustees are responsible for their safety and welfare. All trustees and UK volunteers have full DBS checks, and the UK coaches are qualified England Boxing and British Wrestling Association coaches. No serious incidents needed to be reported to the Charity Commission during 2025. The charity has a safeguarding policy and a dedicated safeguarding lead, covering its work in both the UK and Punjab.

Overseas work

In 2025 the charity spent a total of £15,000 on its Punjab projects: the boxing clubs, the competitions and events, and the residential camps. Cash was withdrawn from the charity's UK bank account and taken to Punjab by the trustees when they travelled to attend the programmes. The trustees make these payments themselves, in person, and receipts for every payment are recorded and kept.

The charity's spending in Punjab was supported by contributions from others. Some of the costs of the projects were paid directly by individual donors in Punjab, and the accommodation

and food for the residential camps were provided by an organisation in India. These costs were paid by the donors and that organisation directly. No money was passed to or through the charity, so they are not included in the charity's receipts and payments accounts. The charity does not make grants or send funds to any partner organisation.

Public benefit statement

The trustees confirm that they have read and had due regard to the guidance issued by the Charity Commission on public benefit. They are satisfied that the charity's activities provide a clear benefit to the public by promoting participation in healthy recreation and helping young people avoid drugs and alcohol, and that access is not restricted in an unreasonable way.

Additional details of objectives and activities (optional)

Volunteers: 10 volunteers helped with classes and events in the UK. For the Punjab projects, 20 volunteers travelled from the UK to attend the programmes and camps, joined by a further 100 volunteers from Punjab.

Grant-making: The charity does not make grants to other organisations. The charity's own payments in Punjab are made directly by the trustees. Some costs were met directly by donors and by an organisation in India, without any funds passing through the charity.

Section D – Achievements and performance

Summary of the main achievements of the charity during the year

In the UK, the charity ran weekly wrestling and boxing classes with around 100 regular members. The charity invested £6,661 in equipment and building maintenance at its UK gym to improve the quality and safety of training.

The annual wrestling and boxing competition, held in June 2025 at The Khalsa Academy, Wolverhampton, brought together over 150 participants from across the UK. Medals were provided to all participants, and the gold, silver and two bronze places were given special recognition.

In Punjab, the charity delivered daily boxing classes across five schools, reaching over 250 students each day. The charity spent £15,000 on its Punjab boxing clubs, competitions and events, and residential camps. The camps were also supported by direct contributions from donors and by accommodation and food provided by an organisation in India.

Two free residential education camps were held at Tarn Taran Sahib in April and October 2025, with around 1,000 students aged 10 to 17 at each camp (over 2,000 in total). Accommodation, food, other necessities and transport were all provided at no cost. The camps taught young people about the dangers of drugs and alcohol and built physical, mental and spiritual strength.

The charity hosted two professional boxing competitions in the Tarn Taran district of Punjab, in April and October 2025, each with 15 bouts and boxers from across India. The charity also held the Punjab State amateur boxing competition on 24 and 25 April 2025, with over 100 participants and no entry fee. These events gave students a clear pathway and goal to aim for, encouraging more young people to join the charity's clubs and choose a healthy lifestyle over drugs and alcohol.

Section E – Financial review

Brief statement of the charity's policy on reserves

At 31 December 2025 the charity held cash funds of £42,208 (2024: £10,197), made up of £27,562 held as restricted funds for Punjab projects and £14,646 of unrestricted funds. The trustees' policy is to hold reserves of around 18 months of planned annual expenditure so that the charity can continue its classes and meet its commitments in the UK and Punjab if income

falls. Reserves increased during the year because donations grew, and the trustees are using this to expand the charity's projects in Punjab, planning more clubs, events and programmes. The trustees will review the level of reserves each year.

Details of any funds materially in deficit

None. All funds are in surplus.

Further financial review details (optional)

Income: Total income for the year was £60,502 (2024: £41,453). Donations were £57,553 (95% of income) and class fees were £2,949 (5%). Donations came from individuals and companies who support the charity's work. £43,553 of the donations were restricted by the donor to Punjab projects; the remaining £14,000 of donations and the £2,949 of class fees were unrestricted.

Expenditure: Total expenditure was £28,491. This was spent as follows:

Payments	Amount
Punjab projects (boxing clubs, competitions and events, camps, training coaches)	£15,991
Gym equipment / building maintenance (UK gym)	£6,661
Competitions / events (UK annual competition)	£2,409
Coaches' payments	£2,053
Club merchandise	£1,050
Website	£264
Online purchases	£63
Total	**£28,491**

The £15,000 spent on Punjab covered the Punjab projects: the boxing clubs, the competitions and events, and the residential camps. The charity's £15,000 was supplemented by costs paid directly by others, which are not included in these accounts. A further £991 was paid in 2025 for the flight of a coach who travels to Punjab in 2026. Together, the Punjab project payments (£15,991) account for 56% of expenditure. The £6,661 spent on gym equipment and building maintenance (23%) was for the charity's UK gym, improving the facilities and safety of training for UK members. The £2,409 spent on competitions and events was for the UK annual competition.

Net income for the year was £32,011, increasing cash funds from £10,197 to £42,208.

Investment policy: The charity holds its funds as cash at the bank and has no investments.

Basis of accounts: The accounts are prepared as receipts and payments accounts. The independent examiner is Sukhjiwan Singh.

Section F – Other optional information

Plans for 2026: Justo Diaz Castro, an experienced professional coach from Cuba, will be based in Punjab for 12 months to develop the charity's coaches and raise the standard of coaching for students. The flight for this was purchased in 2025.

Section G – Declaration

The trustees declare that they have approved the trustees' report above.

	Trustee 1	Trustee 2
Signature	I S Khalsa	H S Moore
Full name	Inderpal Singh Khalsa	Harpreet Singh Moore
Position	Chair	Trustee
Date	28/09/2026	28/09/2026

Independent Examiner's Report

Lions MMA (Walsall) | Registered charity number 1155346

For the year ended 31 December 2025

Independent examiner's report to the trustees of Lions MMA (Walsall)

I report to the trustees on my examination of the accounts of Lions MMA (Walsall) (the charity) for the year ended 31 December 2025.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination.

No matters came to my attention during the examination that would give me reasonable cause to believe that the charity had failed to maintain proper accounting records, as required by section 130 of the Charities Act 2011.

No matters came to my attention that would give me reasonable cause to believe that, in any material respect, the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Independent examiner

Name	**Sukhjiwan Singh**
Address	17 Ferndale Road Essington WV11 2JG
Signature	
Date	26 October 2026



Charity Name	No (if any)
Lions MMA (Walsall)	1155346

Receipts and payments accounts

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For the period from	Period start date	To	Period end date
	1-Jan-25		31-Dec-25

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	14,000	43,553	-	57,553	41,453
Class Fees	2,949	-	-	2,949	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	16,949	43,553	-	60,502	41,453
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	16,949	43,553	-	60,502	41,453
A3 Payments					
Club Merchandise	1,050	-	-	1,050	-
Coaches Payments	2,053	-	-	2,053	-
Competitions/Events	2,409	-	-	2,409	1,160
Gym Equipment/Building Maintenance	6,661	-	-	6,661	3,379
Online Purchases (Amazon)	63	-	-	63	-
Punjab Project - Cash	-	15,991	-	15,991	30,777
Website	264	-	-	264	455
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	12,500	15,991	-	28,491	35,771
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	12,500	15,991	-	28,491	35,771
Net of receipts/(payments)	4,449	27,562	-	32,011	5,682
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,197	-	-	10,197	4,515
Cash funds this year end	14,646	27,562	-	42,208	10,197

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Cash funds in Bank Account	14,646	27,562	-
		-	-	-
		-	-	-
	Total cash funds	**14,646**	**27,562**	**-**
	(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
I S Khalsa	INDERPAL SINGH KHALSA	28/09/2026
H S Moore	HARPREET SINGH MOORE	28/09/2026