REGISTERED CHARITY NUMBER: 1155235

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2026

FOR

TIME TO TALK WEST BERKSHIRE

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

TIME TO TALK WEST BERKSHIRE

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For The Year Ended 31 March 2026

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TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES
For The Year Ended 31 March 2026

The trustees present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Vision, Mission and Values

Charity Number 1155235

Registered Office: Broadway House, 4-8 The Broadway, Newbury, Berkshire, RG14 1BA

Our Vision
A West Berkshire where all young people feel empowered and have the same opportunity to reach their full potential and grow up to be actively engaged in society as happy, confident and achieving adults.

Our Mission
Is to provide an emotional and psychological well-being support service for young people aged 11-25 and parents. This is delivered through quality-controlled counselling, a supported online programme and community outreach activities. Clients should be connected to West Berkshire. This service is free at the point of delivery and helps our clients deal with their specific challenges in a sustainable and confidential way.

Our Values

Listening	-	We listen
Respect	-	We treat everyone with respect
Trustworthy	-	We behave in a manner that makes us worthy of your trust
Caring	-	We care about our clients, our colleagues and our service
Quality	-	We continuously ensure our service is of the highest quality

Public benefit
In order to be able to make the required Public Benefit Statement within this Report, the Trustees considered the charity's performance and achievements against the objectives and activities set out within the CIO and the priorities set during the Annual Strategic Review.

The Trustees consider that the charity has met the Public Benefit challenge required of all charities.

ACHIEVEMENTS AND PERFORMANCE

In the year under review, Time to Talk West Berkshire has supported 1010 young people and parents. 855 young people in counselling, 70 parents in counselling and a total of 85 people using our Supported Online Programme. The number of young people on the waiting list has varied, but across the year the average number has been 115, with an average waiting time of 10.5 weeks before being seen for regular weekly sessions. This wait time is significantly lower than some statutory services in the Berkshire area where wait times can be longer.

Initial assessment of clients will determine a "CORE Score" - This produces a calculation between 0 and 40, where 40 is the highest score possible and indicates the greatest level of distress. A person presenting as mentally healthy would be likely to have a score in the region of 0-12. We then measure the CORE scores during and at the end of counselling, in this way we can see the amount that the CORE score reduces, indicating a reduction in distress for that young person.

The average score for our clients at the start of counselling sessions was 19.1 and the average score for our clients at the end of counselling was 12.9. The average reduction in CORE score was 6.28 because of support from Time to Talk West Berkshire. This indicates that counselling is having a significant positive impact on the majority of young people

100% of young people referred to our service are contacted within 2 weeks. On average, there was a 2.1 week wait for assessment.

TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES
For The Year Ended 31 March 2026

FINANCIAL REVIEW
Key Strategic Priorities set by the charity during our Annual Strategic Review, were:

- To produce an annual fundraising plan and budget in line with the strategy and pre-determined projects/deliverables
- Secure 6-9 months non-core funding reserves as per Charity Commission guidelines
- YOY improvement in employee engagement scores
- Sustaining our accredited status

Funds fall into two categories:

- Unrestricted (in that they can be used for any purpose that the Trustees deem will fit with the Charitable Objects), and
- Restricted (in that they have been granted by Funders for specific purposes).

The Charity Service Director maintains financial records which are presented to the Trustees monthly so that the Trustees can determine that the charity has sufficient unrestricted and restricted Funds to discharge its liabilities at any point throughout the year.

Our principal grant funding sources for the year were from The National Lottery, NHS Berkshire West CCG Partnership Development Fund (PDF), the Public Health Fund (PHF) and Greenham Trust. Other funding sources included our Counselling Service Level Agreements with 12 local schools.

Grant income total for this year was £197,748 including £62,975 from the National Lottery. We also received a total of £67,450 in contract payments from the NHS PDF fund (statutory) and West Berks PHF fund (statutory), and accepted donations totalling £80,953 including funds from our Big Give campaign, online donations and events. We have received some multiple grants from funders during this financial year, including the Greenham Trust. Funding from our current National Lottery 3-Year Grant comes to an end in 2027.

Time to Talk West Berkshire has a Reserves Policy which is reviewed annually in April or whenever there are significant changes in staff hours or numbers. Reserves must be held for the following reasons:

- To meet contractual liabilities should the organisation have to close
- To ensure that it can continue to provide a stable and quality service to those in need
- To ensure that all Restricted Funding is spent in line with the Funding Agreement signed with the Funder (this is a legal requirement)

Over and above the reserves required to ensure the completion of specifically funded projects, Time to Talk West Berkshire aims to have Reserves to cover six months' running costs (nine months if possible) built up from Unrestricted (earned) income. We currently have six months' reserves, although there has been an increase in the services provided which has resulted in additional running costs required. The reserves policy is currently being rebased to include these additional requirements.

Each month the Charity Service Director presents the Financial Status and forward projections of the charity's financial position to the Trustees so that the Trustees are reassured that the charity is operating on a sound financial basis.

Annually, as part of the review of service we survey staff regarding employee engagement, the results show a year on year improvement.

We remain up to date with our BACP accreditation.

TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES
For The Year Ended 31 March 2026

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document
The charity is controlled by its governing document, a Constitution and is a Charitable Incorporated Organisation.

Time to Talk West Berkshire (T2TWB) was formally registered as a CIO (Charitable Incorporated Organisation) on 17th December 2013, but it has actually been in existence for over 30 years. The charity was originally established in 1986 by the then Newbury District Council, as the Newbury Youth Counselling & Advisory Service. With the issues and concerns that young people were bringing to NYCAS, it became apparent that the provision of counselling was the essential cornerstone of the service and a much-needed form of support for young people.

Within three years it became 14:21 Time to Talk and was registered as a charity in November 1989. Over time, confusion had arisen about the name of the charity. During 2013, the Trustees, stakeholders and the confusion of major funders, led to a decision that the charity should adopt a more appropriate name. Around the same time, new legislation introduced by the Charities Act of 2006, allowed smaller charities to amend their constitution and become a CIO. The Trustees in post at the time of the new constitution became Trustees of the new CIO.
The objects of the CIO

For the public benefit, to advance health by promoting the emotional and psychological wellbeing of young people aged 11 - 25 and parents resident, in education, training, working or registered with a GP in West Berkshire, including, but not exclusively, by establishing, maintaining and developing a service to provide counselling, a supported online programme, community outreach activities, information, advice and other support and to promote awareness of, and do such other things as may combat, the underlying causes of the need for such counselling and related activities.

In the year under review the Trustees of the CIO have remained as follows (all are still in post unless otherwise shown):

- Geoff Hogg (Chair)
- Catie Colston
- Amanda Hatcher
- Tracey Leeson
- Rosemary Lilley
- Jack Marriott
- James Maunder
- Elizabeth O'Keefe
- Georgina Punter
- Paul Stratton

Trustees are recruited for the skills that they can bring to the charity and the Board of Trustees. There is a recruitment process in place including our Trustee Code of Practice and Trustees are introduced to the work of the charity by attending Operations and Trustees meetings. The Trustees have designated roles and responsibilities to ensure all aspects of the charity requirements will be addressed.

The Trustees are responsible for the management of the risks faced by the organisation, with detailed considerations of the risks delegated to the Charity Service Director, Clinical Director and Deputy Clinical Lead. Risks are identified, assessed, entered into a risk register as approved by the Trustees and controls established throughout the year. A formal review of the charity's risk management processes is undertaken on an annual basis. Through the risk management processes established, the Trustees are satisfied that any major risks identified have been adequately mitigated where necessary.

The Trustees confirm that they have complied with the requirements of S 17 of the Charities Act 2011 to have due regard to any public benefit guidance published by the Charity Commission for England Wales.
Trustees undergo an orientation meeting to brief them on their obligations under Charity law and are provided with The Charity Commission Guide to being a Trustee, along with the Charity's governing constitutional documents. New Trustees will then meet key employees and other Trustees. Trustees are encouraged to complete Trustee training sessions provided by ICAEW and these are an agenda item at Trustee meetings whereby the sessions are discussed for compliance and ongoing understanding.

TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES
For The Year Ended 31 March 2026

STRUCTURE, GOVERNANCE AND MANAGEMENT
The charity has eight part time members of staff:

- Davina Nicholson - Clinical Director - whose role is to provide clinical leadership and direction to T2TWB's counsellors and supervisors. She is responsible for the management of the clinical practice and quality of services and also represents T2TWB with local stakeholders and partners to develop and sustain these relationships. She deals with the allocation of clients to counsellors and heads up the safeguarding team.
- Maria Travis - Charity Service Director - (joined in Dec 25) whose broad role includes day to day running of the service, management of finances, budgeting and applications for grants and other funding opportunities, reporting to funders, line managing the ops team.
- Kate Adams - Deputy Clinical Lead - This role is to line manage a team of counsellors, oversee the outreach and schools counselling services; she is part of the safeguarding team and reports to and deputises for Davina the Clinical Director.
- Donna Innes - Assistant Clinical Lead - This role is to oversee onboarding for new counsellors, line manage a team of counsellors, lead on training and development of the counselling team, is part of the safeguarding team, and reports to and deputises for the Clinical Director.
- Clare Lunn - CRM Administrator and Assistant Service Manager - Clare's role is to manage our CRM system for events, marketing and communications.
- Judy Matthews - Administrator (Allocations) - Judy is responsible for our client journey; from the moment a young person is added to the waiting list until they finish their counselling with us.
- Jackie Oliver - Administrator (Assessments and Schools Counselling) - Jackie manages the referrals process, books client assessments, manages the school provision administration and helps with the day-to-day admin tasks involved in the counselling service.
- Tia Bartlett - Supported Online Programme Lead - Tia is responsible for running the SOP team and the implementation of our digital support programme in the community.

The service is delivered by approximately 36 Counsellors. Some work on a voluntary basis and some on a part paid and part voluntary basis.

Currently the counselling service operates in Broadway House and in the following schools across West Berkshire under a Service Level Agreement with the Headteacher of each school:

- The Downs School
- Little Heath School
- Willink School
- John O'Gaunt School
- Mary Hare School
- Calcot Primary School
- Theale Green Primary School
- Trinity School
- St Bartlomew's School
- Park House School
- Brookfields School
- Engaging Potential

An Outreach service is also operational at Thatcham Family Hub, and Hungerford and Lambourn GP surgeries as a result of grants secured to support clients in rural areas.

The charity has one contract worker who works on fundraising one day per week, and five contract workers who provide the Supervision function for our Counsellor Volunteers in addition to the Clinical Director (necessary to meet the criteria of the BACP). We have six contract workers who act as Assessors. As well as being paid contractors for this aspect of our service, they are also volunteer counsellors in their own right.

We have a team of 10 trained SOP volunteer supporters.

TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES
For The Year Ended 31 March 2026

REFERENCE AND ADMINISTRATIVE DETAILS
Registered Charity number
1155235

Principal address
Broadway House
4 - 8 The Broadway
Newbury
Berkshire
RG14 1BA

Trustees
Elizabeth O'Keeffe
Georgina Punter
Paul Stratton
Tracey Leeson
Amanda Hatcher
Jack Marriott
Geoff Hogg
Rosemary Lilley
James Maunder
Catie Colston

Independent Examiner
Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

CONCLUSION
Our stated aims for the year were to expand the work we do with young people in schools and with parents of young children, as well as manage the increased demand for our existing counselling and supported online services. These aims have largely been met we continue to have counsellors in all but one of West Berkshire's secondary schools and have experienced a request to increase the hours in some schools; we have seen a 23.5% increase in total number of clients supported and have seen the number of parents counselled increase by 71%. Growth has continued largely to be funded by generous grants from the National Lottery and Greenham Trust, both of whom have appreciated the quality and value of the services we deliver.

We plan to sustain our services this year, but our National Lottery funding comes to an end in 2027, and we are working on a new application to build on our funds for 2027 onwards.

A key initiative to raise our profile in the West Berkshire area is the second of our Mental Wellbeing Conferences on Tuesday, 10th November 26. This event brings together a range of people in West Berkshire who work with young people to share good practice and demonstrate our leadership in this field. All of this work is only possible due to the talent and enthusiasm of our staff, trustees and supporters. I thank them all for their amazing efforts.

Approved by order of the board of trustees on 16 September 2026 and signed on its behalf by:



Geoff Hogg - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TIME TO TALK WEST BERKSHIRE

Independent examiner's report to the trustees of Time to Talk West Berkshire
I report to the charity trustees on my examination of the accounts of Time to Talk West Berkshire (the Trust) for the year ended 31 March 2026.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R M L Taylor FCCA

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

Date: 16 September 2026

TIME TO TALK WEST BERKSHIRE

STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 March 2026

	Notes	Unrestricted funds £	Restricted funds £	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	150,795	246,045	396,840	411,540
Investment income	3	3,028	-	3,028	4,234
Total		153,823	246,045	399,868	415,774
EXPENDITURE ON					
Other	4	165,192	291,387	456,579	377,651
NET INCOME/(EXPENDITURE)	4	(11,369)	(45,342)	(56,711)	38,123
RECONCILIATION OF FUNDS					
Total funds brought forward	4	249,619	78,584	328,203	290,080
TOTAL FUNDS CARRIED FORWARD	4	238,250	33,242	271,492	328,203

The notes form part of these financial statements

TIME TO TALK WEST BERKSHIRE

BALANCE SHEET
31 March 2026

	Notes	Unrestricted funds £	Restricted funds £	2026 Total funds £	2025 Total funds £
FIXED ASSETS					
Tangible assets	9	1,198	-	1,198	1,898
CURRENT ASSETS					
Debtors	10	15,364	-	15,364	19,283
Cash at bank		232,440	33,242	265,682	321,349
		247,804	33,242	281,046	340,632
CREDITORS					
Amounts falling due within one year	11	(10,752)	-	(10,752)	(14,327)
NET CURRENT ASSETS		237,052	33,242	270,294	326,305
TOTAL ASSETS LESS CURRENT LIABILITIES		238,250	33,242	271,492	328,203
NET ASSETS		238,250	33,242	271,492	328,203
FUNDS	12				
Unrestricted funds				238,250	249,619
Restricted funds				33,242	78,584
TOTAL FUNDS				271,492	328,203

The financial statements were approved by the Board of Trustees and authorised for issue on 16 September 2026 and were signed on its behalf by:

Geoff Hogg - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 March 2026

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Gift Aid

Gift aid is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. The charity has two unrestricted funds, General and Outreach. These can be used at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. The restricted funds are detailed below:

Good Exchange/Greenham Trust	- Funding for various projects across the charity
NHS Wokingham CCG (PDF Fund)	- Charity core costs
Public Health Fund	- Charity core costs
Parent Project	- Parent related project
Eating Disorder	- Funding earmarked for Disorder Eating Project
National Lottery Fund	- Charity core costs
James Cowper	- Funding for workshops
West Berkshire Community Fund	- Funding for additional counselling
Berkshire Community Foundation	- Funding for Deputy Clinical Lead extra hours
Ms Lawrence Trust	- Funding for youth counselling
West Berkshire Council Public Health Fund	- Charity core costs
Outreach	- Funding for additional counselling in schools

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NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2026

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2026	2025
	£	£
Donations	80,953	94,209
Gift aid	-	2,293
Contract payments	67,450	42,570
Grants received	197,978	237,604
Outreach	50,459	34,864
	396,840	411,540

3. INVESTMENT INCOME

	2026	2025
	£	£
Deposit account interest	3,028	4,234

4. OTHER

	2026	2025
	£	£
Staff costs	195,446	164,980
Rent	5,706	5,462
Insurance	2,051	1,669
Office expenses	3,697	2,066
Telephone & IT	39,646	37,221
DBS checks	1,264	1,876
Event fees	24,288	23,424
Contracted services	144,504	105,989
Subscriptions	483	1,045
Supervision	11,018	14,158
Training	1,017	2,852
Travel - Broadway House	15,165	12,233
Travel - Schools	91	270
Advertising & Marketing	3,077	963
Professional & legal fees	5,216	428
Support costs	3,910	3,015
	456,579	377,651

continued...

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2026

5. INDEPENDENT EXAMINERS' REMUNERATION

	2026	2025
	£	£
Independent examiners' remuneration	1,705	1,625
Independent examiners' remuneration - Non IE	1,295	811
	3,000	2,436

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

7. STAFF COSTS

	2026	2025
	£	£
Wages and salaries	180,868	154,191
Social security costs	10,619	7,491
Other pension costs	3,959	3,298
	195,446	164,980

The average monthly number of employees during the year was as follows:

	2026	2025
Part time	8	7

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	181,743	229,797	411,540
Investment income	4,234	-	4,234
Total	185,977	229,797	415,774
EXPENDITURE ON			
Other	180,501	197,150	377,651
NET INCOME	5,476	32,647	38,123

continued...

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2026

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	244,143	45,937	290,080
TOTAL FUNDS CARRIED FORWARD	249,619	78,584	328,203

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2025 and 31 March 2026	410	2,519	2,929
DEPRECIATION			
At 1 April 2025	385	646	1,031
Charge for year	18	682	700
At 31 March 2026	403	1,328	1,731
NET BOOK VALUE			
At 31 March 2026	7	1,191	1,198
At 31 March 2025	25	1,873	1,898

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Trade debtors	-	5,270
Prepayments	15,364	14,013
	15,364	19,283

continued...

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Taxation and social security	3,727	2,510
Other creditors	7,025	11,817
	10,752	14,327

12. MOVEMENT IN FUNDS

	At 1.4.25	Net movement in funds	At 31.3.26
	£	£	£
Unrestricted funds			
General	245,691	(23,738)	221,953
Outreach	3,928	12,369	16,297
	249,619	(11,369)	238,250
Restricted funds			
Good Exchange - Core	18,127	(18,127)	-
Eating Disorder	7,000	-	7,000
National Lottery Fund	48,577	(28,743)	19,834
James Cowper - Workshops	4,880	-	4,880
Ms Lawrence Trust - Youth Club	-	1,528	1,528
	78,584	(45,342)	33,242
TOTAL FUNDS	328,203	(56,711)	271,492

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General	103,364	(127,102)	(23,738)
Outreach	50,459	(38,090)	12,369
	153,823	(165,192)	(11,369)
Restricted funds			
Good Exchange - Core	51,116	(69,243)	(18,127)
NHS Wokingham CCG (PDF Fund)	31,000	(31,000)	-
Public Health Fund	36,450	(36,450)	-
National Lottery Fund	125,951	(154,694)	(28,743)
Ms Lawrence Trust - Youth Club	1,528	-	1,528
	246,045	(291,387)	(45,342)
TOTAL FUNDS	399,868	(456,579)	(56,711)

continued...

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2026

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds	244,143	5,476	249,619
Restricted funds			
Good Exchange - Core	25,814	(7,687)	18,127
Parent project	6,743	(6,743)	-
Eating Disorder	7,000	-	7,000
National Lottery Fund	-	48,577	48,577
James Cowper - Workshops	4,880	-	4,880
West Berkshire Community Fund	1,500	(1,500)	-
	45,937	32,647	78,584
TOTAL FUNDS	290,080	38,123	328,203

Comparative net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	185,977	(180,501)	5,476
Restricted funds			
Good Exchange - Core	58,738	(66,425)	(7,687)
NHS Wokingham CCG (PDF Fund)	30,420	(30,420)	-
Public Health Fund	12,150	(12,150)	-
Berkshire Community Foundation	6,100	(6,100)	-
Parent project	2	(6,745)	(6,743)
National Lottery Fund	122,387	(73,810)	48,577
West Berkshire Community Fund	-	(1,500)	(1,500)
	229,797	(197,150)	32,647
TOTAL FUNDS	415,774	(377,651)	38,123

continued...

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2026

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.24	Net movement in funds	At 31.3.26
	£	£	£
Unrestricted funds	244,143	(5,893)	238,250
Restricted funds			
Good Exchange - Core	25,814	(25,814)	-
Parent project	6,743	(6,743)	-
Eating Disorder	7,000	-	7,000
National Lottery Fund	-	19,834	19,834
James Cowper - Workshops	4,880	-	4,880
West Berkshire Community Fund	1,500	(1,500)	-
Ms Lawrence Trust - Youth Club	-	1,528	1,528
	45,937	(12,695)	33,242
TOTAL FUNDS	290,080	(18,588)	271,492

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds	339,800	(345,693)	(5,893)
Restricted funds			
Good Exchange - Core	109,854	(135,668)	(25,814)
NHS Wokingham CCG (PDF Fund)	61,420	(61,420)	-
Public Health Fund	48,600	(48,600)	-
Berkshire Community Foundation	6,100	(6,100)	-
Parent project	2	(6,745)	(6,743)
National Lottery Fund	248,338	(228,504)	19,834
West Berkshire Community Fund	-	(1,500)	(1,500)
Ms Lawrence Trust - Youth Club	1,528	-	1,528
	475,842	(488,537)	(12,695)
TOTAL FUNDS	815,642	(834,230)	(18,588)

continued...

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.