REGISTERED COMPANY NUMBER: 08287687 (England and Wales)
REGISTERED CHARITY NUMBER: 1154989

REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

FOR

FAVERSHAM COUNSELLING SERVICE LIMITED

FAVERSHAM COUNSELLING SERVICE LIMITED

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For the year ended 31 March 2026

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FAVERSHAM COUNSELLING SERVICE LIMITED

REPORT OF THE TRUSTEES
For the year ended 31 March 2026

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year 1 April 2025 to 31 March 2026. This report is also the directors' report. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

VISION, OBJECTIVES AND MAIN ACTIVITIES

a. Vision

Faversham Counselling Service's (FCS) vision was to ensure that those requiring talking therapies could access them at the time of need in Faversham and the surrounding areas.

b. Objectives

In setting objectives and planning for activities, the Trustees have considered general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Our mission

Our mission was to enable easy access to NICE-approved Talking Therapies across Kent and Medway.

We aimed to:

- Develop FCS to ensure that we are one of Kent's leading charities for counselling and psychological therapies, including accreditation by the BACP (British Association for Counselling and Psychotherapy)
- Provide NICE-approved, evidenced based talking therapies

Our values

Our work was guided and informed by our commitment to:

- Working with those that come to us for therapy
- Listening to our clients by continuously working with client feedback, enabling opinions to be heard and improving outcomes for patients
- Striving towards true inclusiveness
- Working in partnership, so that we can support our clients fully
- Improving access to high quality Talking Therapies

Realising our vision

Our strategic goals were:

1. Excellence in service
2. Excellence in psychological therapy
3. Excellence in client recovery
4. Removing stigma

c. Main Activities

FCS ceased delivering NHS Talking Therapies following the transfer of services to a new provider in April 2024. We then focused on providing high-quality talking therapies and support to private, corporate, and subsidised clients. This allowed us to continue to deliver accessible mental health services in line with our charitable objectives remaining responsive to the needs of our communities. We ceased all activity in December 2025 in a planned process ensuring all clients could be transferred in an appropriate manner whilst meeting our liabilities.

d. Activities for Achieving Objectives

FCS started 30 years ago as a charity based in Faversham. In that time, it grew and, whilst it remained within Faversham, the catchment area for our work was throughout Kent.

FCS was an accredited service provider under the British Association for Counselling and Psychotherapy (BACP) Service Accreditation Scheme. The Trustees were confident in the standards set by the organisation and remained committed to improving the services delivered to clients. The Trustees believed that it was better to close than to compromise the quality of service provided to match the financial reality that the loss of the NHS contract had created.

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution

The charity is controlled by its governing document, the articles of association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a not-for-profit organisation and a Registered Charity (No. 1154989). The charitable company was incorporated on 9 November 2012.

The principal objects of the charity are set out on page 1 of the Trustees' Report. There have been no changes in the objectives since the last annual report.

b. Methods of appointment or election of Trustees

New Trustees are elected and co-opted by the Board of Trustees under the terms of the Articles of Association.

c. Policies Adopted for the Induction and Training of Trustees

All new Trustees are provided with an induction upon election. Training needs are kept under review by the Trustees and carried out as required.

d. Organisational Structure and Decision Making

The charity was organised in such a way that the Trustees met regularly to manage its affairs, whilst day-to-day responsibility was delegated to the Acting Chief Executive Officer and the management team.

The Board of Trustees held formal meetings attended by members of the FCS Senior Management Team which included the CEO (resigned 9 May 2025) Clinical Director (acting CEO from 10 May 2025), and Head of Finance. During the accounting period, the remaining staff were made redundant, although some continued to attend meetings on occasion as required, in a voluntary capacity.

e. Arrangements for setting pay and remuneration

Historically, as an NHS provider, clinical and support staff salaries were aligned with NHS Agenda for Change pay bands. Remuneration for the management team was set below equivalent NHS roles to reflect both the charity's operational scale and its charitable status.

Within the charity's current service provision, we are required to consider our available budget. For new posts or amendments, advice from our HR consultant and internal trustee review is sought to ensure compensation remains fair and appropriate.

ACHIEVEMENTS AND PERFORMANCE

a. Financial Performance

During the year to 31 March 2026, income decreased to £78,590 (2025: £163,123) whilst expenditure decreased to £213,643 (2025: £352,429). The overall deficit for the period was £135,053 (2025: deficit of £189,306) being a planned deficit to exit.

The majority of the deficit for the period relates to the movement in unrestricted funds of £133,414 (2025: deficit of £187,810), the balance being the movement of £1,639 (2025: £1,496) on restricted funds.

The balance of funds carried forward is £nil (2025: £135,053). Our reserves allowed us to continue to provide high quality services in line with NICE and BACP registration offering. The balance of funds being nil, there is no plan to continue the charity which, having met all of its liabilities, will follow the formal process to closure.

b. Review of Charitable Activities

FCS was committed to meeting the needs of the community and, during the period of activity, provided high-quality services to its clients.

Accreditation & Expertise:
Existing levels of accreditation for the service were maintained, with FCS maintaining its corporate accreditation with the British Association for Counselling and Psychotherapy (BACP) and requiring individuals (regardless of modality) to have achieved the required level of accreditation specific to their modalities and in accordance with the relevant accrediting body.

This was demonstrated by the fully trained workforce of therapists working under the BACP Service Accreditation Scheme and its Ethical Guidelines for Good Working Practice, as well as the BABCP (British Association for Behavioural and Cognitive Psychotherapies), UKCP and other recognised accreditation bodies.

Clinical guidance, risk management and supervision remained important priorities throughout the trading period, with the Clinical Director responsible for overseeing and providing the majority of these services.

Specific Treatment Offers & Revenue Creating Activities:
We retained a small core of therapists and contracted certain modalities to accredited sessional staff as an extension to our skills pool where it was considered this would be better for the client. This also allowed us to expand our scope and offering to corporates where we hoped that work could be found to help produce surplus to support the charitable offerings.

Outcomes and Efficacy of Treatment

FCS offered treatment to individuals who self-referred and also provided group and individual treatments to other organisations.

Nearly 1000 sessions were delivered in the period with just over 150 individual clients accessing the service. The session numbers were 53% FCS clients, 34% Livewell contract clients, with the balance of 13% being clients whose services were provided to other organisations.

No complaints in the period arose from either the clients or from the organisations which contracted us. Our largest contracted work was Livewell group for Porchlight. FCS achieved the KPIs required by the contract with no operational or clinical issues raised.

FINANCIAL REVIEW

a. Going Concern

As outlined in the previous year's financial statements, the Trustees concluded that maintaining the high clinical standards expected by the charity was not sustainable within the available budget. A plan was therefore implemented to cease trading in an orderly manner whilst fulfilling the charity's financial obligations to the best of its knowledge.

Following consultation with staff and clients, all client work ceased on 5 December 2025, with appropriate onward arrangements made for all clients. The charity fully met its obligations to staff and it continues its formal process to exit with excellence.

b. Reserves Policy

FCS's decision to cease trading resulted in a reserve policy of zero, the plan being to expend all funds prior to formal closure.

At the year end, the charity held total funds of £nil (2025: £135,053) of which unrestricted general funds were £nil (2025: £133,414). Restricted funds are £nil (2025: £1,639).

Total free reserves of the charity, being general funds less the net book value of fixed assets, amount to £nil (2025: £131,324).

c. Financial risk management objectives and policies

Following the transfer of the NHS contract, the Trustees and management were unable to secure sufficient funding or establish a sustainable, self-supporting business model. The Trustees believe that the charity has met all its financial liabilities and distributed its remaining funds to appropriate charities. There is always a risk that something has been overlooked but no further liabilities are expected.

The Trustees have overall responsibility for the system of internal control, whilst the day-to-day management is delegated to the Acting CEO and the Senior Management Team. Relevant controls were designed by senior management to allow effective and efficient operations, including financial reporting and compliance with laws and regulations. The Trustees acknowledge that such a system is designed to manage rather than eliminate the risk of failure to achieve business objectives and can only provide reasonable and not absolute assurance against material misstatement or loss.

There were regular reviews and updates of policies and procedures, and appropriate legal or professional advice is sought and followed as appropriate. Any significant exceptions from approved policies and procedures are reported to the Trustees.

PLANS FOR THE FUTURE

The decision was made that maintaining the high clinical standards we would expect was not sustainable within the budget constraints. The planned closure, which was intended to fulfil the organisation's financial obligations, resulted in all client work ceasing on 5 December 2025 and staff being made redundant.

Particular care was taken to ensure that clients were kept informed during the closure process with additional signposting and support given to ensure there was no sudden interruption in treatment. Following the fulfilment of all outstanding commitments, the remaining balance of funds was donated to two of the larger charities with which we had worked in partnership, to support the continuation of relevant services. The Porchlight Livewell Project & the Kent Neuro Therapy Centre continue to provide support in line with our charitable objectives.

This is the final set of accounts prior to the formal company closure and subsequent removal from the charity register.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08287687 (England and Wales)

Registered Charity number
1154989

Registered office
The Alexander Centre
17 Preston Street
Faversham
Kent
ME13 8NZ

Trustees
Kate Walker
Guy Addington
David Williams
Brigid Ferarrio (resigned 5 December 2025)

Directors
Kate Walker
Guy Addington
David Williams
Brigid Ferarrio (resigned 5 December 2025)

Chief Executive Officer
Michelle Ford (resigned 9 May 2025)
Paul Moon (Acting CEO from 10 May 2025 to 5 December 2025)

Independent Examiners
Hilden Park Accountants Limited
Chartered Accountants & Statutory Auditors
Hilden Park House
79 Tonbridge Road
Hildenborough
Kent
TN11 9BH

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also the directors of Faversham Counselling Service Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the Trustees approved by order of the Board of Trustees, as the company directors, on 12 October 2026 and signed on the Board's behalf by:

Chair – Kate Walker

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FAVERSHAM COUNSELLING SERVICE LIMITED

Independent examiner's report to the trustees of Faversham Counselling Service Limited

I report to the charity trustees on my examination of the accounts of Faversham Counselling Service Limited (the charitable company) for the year ended 31 March 2026.

Responsibilities and basis of report
As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

1. accounting records were not kept in respect of the charitable company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

As stated in note 1 of the financial statements, the charitable company ceased trading on 5 December 2025. As such the financial statements have been prepared on a basis other than the going concern basis.

I have no other concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Chewter FCA

Hilden Park Accountants Limited
Hilden Park House
79 Tonbridge Road
Hildenborough
Tonbridge
Kent
TN11 9BH

Date: 6 November 2026

FAVERSHAM COUNSELLING SERVICE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)
For the year ended 31 March 2026

	Note	Unrestricted Funds		Restricted Funds		Total Funds	
		31/03/26	31/03/25	**31/03/26**	31/03/25	**31/03/26**	31/03/25
		£	£	**£**	£	**£**	£
Income from:							
Donations and legacies	**2**	**521**	463	**-**	16,472	**521**	16,935
Charitable activities	**3**	**76,986**	136,420	**-**	5,000	**76,986**	141,420
Investments	**4**	**1,083**	4,768	**-**	-	**1,083**	4,768
Total income		**78,590**	141,651	**-**	21,472	**78,590**	163,123
Expenditure on:							
Charitable activities	**5**	**212,004**	329,461	**1,639**	22,968	**213,643**	352,429
Total expenditure		**212,004**	329,461	**1,639**	22,968	**213,643**	352,429
Gain/(loss) on investments		**-**	-	**-**	-	**-**	-
Net income/(expenditure)		**(133,414)**	(187,810)	**(1,639)**	(1,496)	**(135,053)**	(189,306)
Transfers between funds		**-**	-	**-**	-	-	-
Net movement in funds	**14**	**(133,414)**	(187,810)	**(1,639)**	(1,496)	**(135,053)**	(189,306)
Reconciliation of funds:							
Total funds brought forward		**133,414**	321,224	**1,639**	3,135	**135,053**	324,359
Total funds carried forward		**-**	133,414	**-**	1,639	**-**	135,053

The notes form part of these financial statements

FAVERSHAM COUNSELLING SERVICE LIMITED - REGISTERED NUMBER 08287687

BALANCE SHEET
For the year ended 31 March 2026

	Note	Unrestricted Funds		Restricted Funds		Total Funds	
		31/03/26	31/03/25	**31/03/26**	31/03/25	**31/03/26**	31/03/25
		£	£	**£**	£	**£**	£
FIXED ASSETS							
Tangible assets	**11**	-	2,093	-	-	-	2,093
		-	2,093	-	-	-	2,093
CURRENT ASSETS							
Debtors	**12**	-	8,239	-	-	-	8,239
Cash at bank and in hand		-	138,860	-	1,639	-	140,499
		-	147,099	-	1,639	-	148,738
CREDITORS							
Amounts falling due within one year	**13**	-	(15,778)	-	-	-	(15,778)
NET CURRENT ASSETS		-	131,321	-	1,639	-	132,960
TOTAL ASSETS LESS CURRENT LIABILITIES		-	133,414	-	1,639	-	135,053
NET ASSETS		-	133,414	-	1,639	-	135,053
FUNDS	**14**						
Unrestricted funds		-	133,414	-	-	-	133,414
Restricted funds		-	-	-	1,639	-	1,639
TOTAL FUNDS		-	133,414	-	1,639	-	135,053

For the year ending 31 March 2026 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 October 2026 and were signed on its behalf by:

Chair – Kate Walker

The notes form part of these financial statements

FAVERSHAM COUNSELLING SERVICE LIMITED

CASH FLOW STATEMENT
For the year ended 31 March 2026

	Notes	**Year Ended 31.03.26** **£**	Year Ended 31.03.25 £
Cash flows used in operating activities			
Cash generated from operations	**A**	**(142,255)**	(201,888)
Net cash used in operating activities		**(142,255)**	(201,888)
Cash flows from investing activities			
Purchase of tangible fixed assets		-	-
Proceeds from sale of tangible fixed assets		673	2,200
Proceeds from sale of fixed asset investments		-	-
Interest received		1,083	4,768
Net cash from investing activities		**1,756**	6,968
Change in cash and cash equivalents in the reporting period		**(140,499)**	(194,920)
Cash and cash equivalents at the beginning of the reporting period		**140,499**	335,419
Cash and cash equivalents at the end of the reporting period		**-**	140,499

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT
For the year ended 31 March 2026

A. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Year ended 31/03/2026	Year ended 31/03/2025
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	**(135,053)**	(189,306)
Adjustments for:		
Depreciation charges	**1,552**	10,679
Interest received	**(1,083)**	(4,768)
(Gain) / loss on disposal of fixed assets	**(132)**	190
Decrease in debtors	**8,239**	29,364
Decrease in creditors	**(15,778)**	(48,047)
Net cash used in operations	**(142,255)**	(201,888)

B. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/04/2025	**Cash flow**	**At 31/03/2026**
	£	£	**£**
Net cash			
Cash at bank and in hand	140,499	**(140,499)**	**-**
Total	140,499	**(140,499)**	**-**

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
Faversham Counselling Service Limited is a private charitable company limited by guarantee registered in England and Wales. In the event of the charity being wound up the liability to members in respect of the guarantee is limited. The address of the registered office is given in the charity information on page 7 of the report of the Trustees. The nature of the charity's operations and principal activities is the provision of professional counselling.

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

The financial statements are presented in pounds sterling and rounded to the nearest pound.

At the Board meeting held in July 2025, it was resolved to prepare for closure to ensure that, in the absence of new contracts or grants, the organisation would retain adequate resources to meet all outstanding liabilities. The charity ceased activity on 5 December 2025 and prior to year end disposed of all of its assets and settled all known outstanding liabilities and affairs. The financial statements have therefore been prepared on a basis other than that of the going concern basis showing a zero balance sheet.

Income
Income from donations and grants is included in income when the charity is entitled to the funds, the receipt is probable, and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer letter is made in writing, unless the grant contract includes terms and conditions outside of the charity’s control which must be met before the charity is entitled to the funds. Where such conditions exist, the income is deferred until those periods.

When donors specify that donations and grants are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in income of restricted funds when receivable.

Investment income is included when receivable and the amount can be measured reliably by the company, this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

Expenditure
Expenditure is recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be estimated reliably.

The charity has only one charitable activity to which direct and support costs are allocated. Staff costs are allocated between direct and support costs on the basis of the staff members’ job roles.

Support costs are those functions that assist the work of the charity but do not directly relate to the charitable activities and include governance costs.

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits
The company operates a defined contribution pension scheme. Contributions payable to the schemes are charged to the Statement of Financial Activities in the period to which they relate.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for the particular purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Tangible fixed assets
Tangible fixed assets are stated at cost less depreciation. Individual assets costing £200 or more are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer equipment	Straight line over 3 years

Financial instruments
The charity only has financial instruments which qualify as basic financial instruments. Short term basic financial instruments are initially recognised at transaction value and subsequently at amortised cost
.

Leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the period of the lease.

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted Funds		Restricted Funds		Total Funds	
	31/03/2026	31/03/2025	**31/03/2026**	31/03/2025	**31/03/2026**	31/03/2025
	£	£	**£**	£	**£**	£
Kent Community Foundation	**-**	-	**-**	5,000	**-**	5,000
The Joy Seed Fund	**-**	-	**-**	9,982	**-**	9,982
Swale Borough Council	**-**	-	**-**	350	**-**	350
Other donations	**521**	463	**-**	1,140	**521**	1,603
Total	**521**	463	**-**	16,472	**521**	16,935

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds		Restricted Funds		Total Funds	
	31/03/2026	31/03/2025	**31/03/2026**	31/03/2025	**31/03/2026**	31/03/2025
	£	£	**£**	£	**£**	£
Other income	**76,986**	136,420	**-**	5,000	**76,986**	141,420
Total	**76,986**	136,420	**-**	5,000	**76,986**	141,420

4. INVESTMENT INCOME

	Unrestricted Funds		Restricted Funds		Total Funds	
	31/03/2026	31/03/2025	**31/03/2026**	31/03/2025	**31/03/2026**	31/03/2025
	£	£	**£**	£	**£**	£
Investment income	**1,083**	4,768	**-**	**-**	**1,083**	4,768
Total	**1,083**	4,768	**-**	**-**	**1,083**	4,768

5. ANALYSIS OF CHARITABLE EXPENDITURE

UNRESTRICTED FUNDS

	Direct costs (Note 6)		Support Costs (Note 7)		Total	
	31/03/2026	31/03/2025	**31/03/2026**	31/03/2025	**31/03/2026**	31/03/2025
	£	£	**£**	£	**£**	£
Counselling services	**74,598**	98,747	**137,406**	230,714	**212,004**	329,461
Total	**74,598**	98,747	**137,406**	230,714	**212,004**	329,461

5. ANALYSIS OF CHARITABLE EXPENDITURE

RESTRICTED FUNDS

	Direct costs (Note 6)		Support Costs (Note 7)		Total	
	31/03/2026	31/03/2025	**31/03/2026**	31/03/2025	**31/03/2026**	31/03/2025
	£	£	**£**	£	**£**	£
Counselling services	**-**	18,467	**1,639**	4,501	**1,639**	22,968
Total	**-**	18,467	**1,639**	4,501	**1,639**	22,968

6. ANALYSIS OF DIRECT COSTS

	Total Funds	
	31/03/2026	31/03/2025
	£	£
Staff costs	**69,778**	103,802
Therapy costs	**2,284**	7,858
Room hire	**2,536**	5,554
Total	**74,598**	117,214

7. ANALYSIS OF SUPPORT COSTS

	Total Funds	
	31/03/2026	31/03/2025
	£	£
Staff costs	**106,005**	195,393
Other staff costs	**1,820**	591
Depreciation	**1,552**	10,679
Profit on sale of tangible fixed assets	**(132)**	190
Insurance	**5,606**	3,423
Telephone	**699**	659
Postage and stationery	**2**	85
Advertising	**2,001**	3,513
Other costs	**-**	104
Travel	**44**	244
IT expenses	**6,113**	12,341
Accountancy and bookkeeping	**1,073**	1,016
Legal and professional fees	**-**	304
Consultants	**1,534**	2,575
Repairs and maintenance	**-**	19
Cleaning	**1**	33
Subscriptions	**482**	789
Bad debts	**185**	195
Bank charges	**20**	62
Governance costs	**3,000**	3,000
Donations	**9,040**	-
Total	**139,045**	235,215

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no Trustees' remuneration or other benefits for the year ended 31 March 2026 nor the year ended 31 March 2025.

Trustees' expenses
There were no Trustees' expenses paid for the year ended 31 March 2026 nor the year ended 31 March 2025.

9. NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS

Net income/(expenditure) and net movement in funds is stated after charging/(crediting):

	Year ended 31/03/2026	Year ended 31/03/2025
	£	£
Depreciation	**1,552**	10,679
Auditors' remuneration for audit services	**-**	-
Auditors' remuneration for non-audit services	**-**	-
Independent examination fee	**3,000**	3,000
Independent examiners' accountancy fees	**1,073**	1,016
Profit on disposal of fixed assets	**(132)**	190
Operating lease rentals	**768**	1,152

10. STAFF COSTS AND REMUNERATION OF KEY PERSONNEL

	Year ended 31/03/2026	Year ended 31/03/2025
	£	£
Wages and salaries	**163,792**	266,634
Social security costs	**8,853**	27,067
Other pension costs	**3,138**	5,494
	175,783	299,195

The average monthly number of employees during the year was as follows:

Year ended 31/03/2026	Year ended 31/03/2025
6	8

The total employment benefits including employer pension contributions of the key management personnel was £65,925 (2025: £79,435)

No employee received emoluments in excess of £60,000 (2025: 1 employee in excess of £60,000)

11. TANGIBLE FIXED ASSETS

	Computer equipment £	Totals £
COST		
At 1 April 2025	**15,300**	**15,300**
Disposals	**(15,300)**	**(15,300)**
At 31 March 2026	**-**	**-**
DEPRECIATION		
At 1 April 2025	**13,207**	**13,207**
Charge for period	**1,552**	**1,552**
Eliminated on disposal	**(14,759)**	**(14,759)**
At 31 March 2026	**-**	**-**
NET BOOK VALUE		
At 31 March 2026	**-**	**-**
At 31 March 2025	2,093	2,093

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Trade debtors	**-**	5,297
Prepayments	**-**	2,942
	-	8,239

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Trade creditors	**-**	3,955
Social security and other taxes	**-**	6,899
Other creditors	**-**	1,074
Accruals	**-**	3,850
	-	15,778

14. MOVEMENT IN FUNDS

	At 01/04/2025	Net movement in funds	At 31/03/2026
	£	£	£
Unrestricted funds			
General fund	133,414	**(133,414)**	**-**
Restricted funds	1,639	**(1,639)**	**-**
TOTAL FUNDS	135,053	**(135,053)**	**-**

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended /transfers	Gains and losses	Movement in funds
	£	£	£	£
Unrestricted funds				
General fund	**78,590**	**(212,004)**	**-**	**(133,414)**
Restricted funds				
Kent Community Foundation	**-**	**(1,639)**	**-**	**(1,639)**
	-	**(1,639)**	**-**	**(1,639)**
TOTAL FUNDS	**78,590**	**(213,643)**	**-**	**(135,053)**

14. MOVEMENT IN FUNDS (continued)

Comparatives for movement in funds

	At 01/04/2024 £	Net movement in funds £	At 31/03/2025 £
Unrestricted funds			
General fund	321,224	(187,810)	133,414
Restricted funds			
Outreach Worker and Graduate Psychologist salary support	3,135	(1,496)	1,639
TOTAL FUNDS	324,359	(189,306)	135,053

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended /transfers £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	141,651	(329,461)	-	(187,810)
Restricted funds				
Carers' Support East Kent	-	(615)	-	(615)
PCIT – Parkinson's	-	(2,520)	-	(2,520)
NIHR Applied Research	5,000	(5,000)	-	-
Kent Community Foundation	5,000	(3,361)	-	1,639
Swale Borough Council	350	(350)	-	-
The Joy Seed Fund	9,982	(9,982)	-	-
Penny Theatre Fundraising Event donations	1,140	(1,140)	-	-
	21,472	(22,968)	-	(1,496)
TOTAL FUNDS	163,123	(352,429)	-	(189,306)

15. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes.

	Movement in funds				
	Balance at 1 April 2025 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2026 £
Carers' Support East Kent	-	-	-	-	-
PCIT – Parkinson's	-	-	-	-	-
NIHR Applied Research	-	-	-	-	-
Kent Community Foundation	1,639	-	**(1,639)**	-	-
Swale Borough Council	-	-	-	-	-
The Joy Seed Fund	-	-	-	-	-
Penny Theatre Fundraising Event donations	-	-	-	-	-
	1,639	-	**(1,639)**	-	-

Carers' Support East Kent – Sessional treatment funding specifically to provide treatment to carers who are referred by Carers' Support.

PCIT – Parkinson's - Sessional treatment funding specifically to provide treatment to members who are referred by PCIT.

NIHR Applied Research Collaboration – A grant received from an NHS hosted initiative carrying out research across Kent Surrey and Sussex. It enabled an investigation and report on how young people want to be consulted when it comes to their mental health in a context to encourage 14-16 year olds to seek help when needed.

Kent Community Foundation – Funding received to assist with reestablishing our services for adults struggling with mental health issues post NHS contract withdrawal.

Swale Borough Council – A members grant received to fund drop in group sessions held in a supported housing community assisting the over-55's with mental health strategies.

The Joy Seed Fund – Funding was received for projects providing 6 week mental health support programs for groups both online and in person at Sheerness and Sittingbourne.

Penny Theatre Fundraising Event - A music event held at the Penny Theatre where venue, bands and staff time were given free of charge to raise money to support treatment. Donations were received in advance as well as from those attending on the day and from a raffle run with gifts received from local business.

16. RELATED PARTY TRANSACTIONS

There were no related party transactions for the year ended 31 March 2026 or the year ended 31 March 2025.

17. PENSION COMMITMENTS

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £Nil (2025: £1,074).