Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	January	2025	To	31	December	2025

Section A Reference and administration details

Charity name The Centre for Islam and Medicine

Other names charity is known by CIM

Registered charity number (if any) 1154937

Charity's principal address

International House
36-38 Cornhill
London
Postcode EC3V 3NG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sahira Dar			
2	Safwaan Hafez			
3	Sabia Rehman			
4	Saif Quader			
5				
6				
7				
8				
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11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	The Centre for Islam and Medicine (CIM) is governed by a constitution which has been in place since 2013.
How the charity is constituted (eg. trust, association, company)	The CIM is a Charitable Incorporated Organisation (CIO).
Trustee selection methods (eg. appointed by, elected by)	Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity trustees are responsible for the general oversight, control and management of the charity.

The trustees give their time freely and receive no remuneration or other financial benefits for their services as trustees.

The trustees meet as a body on a quarterly basis and are responsible for all significant decisions taken in relation to running the charity.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document	In accordance with the constitution, the object of the CIM is, to advance education among the public in the subject of Islamic medical ethics in particular but not exclusively by working with healthcare professionals to assist them to identify and address the ethical needs of Muslim patients. The charity operates in England and Wales.
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)	During 2025, the Centre for Islam and Medicine (CIM) advanced public understanding of contemporary medical ethics from Islamic scholarly and clinical perspectives. The charity's activities focused on education, research, the development of practical guidance and facilitating dialogue between Islamic scholars, healthcare professionals and the wider community. Working collaboratively with the British Islamic Medical Association (BIMA), Imperial College London and specialist milk banking professionals, CIM contributed to the publication of guidance on donor breast milk and milk kinship. Available in English and Arabic, the guidance supports Muslim parents and healthcare professionals in navigating religious and clinical considerations, promoting informed decision-making. CIM also supported scholarly discussions on organ donation, bringing together Islamic scholars and healthcare professionals to explore differing religious perspectives and their implications for clinical practice. In November 2025, CIM collaborated in organising an interdisciplinary medical ethics event in Preston, bringing together scholars, clinicians, chaplains and students to discuss contemporary healthcare challenges and promote shared learning. These activities provided public benefit by improving access to reliable information, supporting informed healthcare decisions and strengthening understanding between religious communities and healthcare providers. **The trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit in exercising their duties and planning the charity's activities.**

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

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Summary of the main achievements of the charity during the year

During 2025, the Centre for Islam and Medicine (CIM) made significant progress in advancing education, scholarly engagement and practical guidance on contemporary Islamic medical ethics.

CIM continued to strengthen collaboration between Islamic scholars, healthcare professionals, chaplains and academics, facilitating informed discussions on contemporary medical ethics. These engagements promoted greater understanding of Islamic ethical perspectives and their application to clinical practice, supporting healthcare professionals and Muslim patients in navigating complex healthcare decisions.

Key achievements included:

Donor Breast Milk Guidance (February 2025): In collaboration with the British Islamic Medical Association (BIMA), Imperial College London and specialist milk banking professionals, CIM developed and published *Donor Breastmilk and Milk Kinship: A Guide for Muslim Parents*. Published in English and Arabic, the guidance addresses important Islamic considerations, including milk kinship, donor traceability and informed parental choice. This represented an important contribution towards bridging Islamic scholarship and neonatal healthcare practice.

Organ Donation Scholarly Roundtables (June–July 2025): CIM supported scholarly discussions convened by BIMA, bringing together Islamic scholars and healthcare professionals to examine organ donation from religious, ethical and clinical perspectives. Led by Zubair Butt, the discussions explored Islamic jurisprudential considerations and differing scholarly interpretations, establishing a foundation for further engagement on this important subject.

Islamic Medical Ethics Conference, Preston (5 November 2025): CIM collaborated with Fulwood Doctors Community and BIMA to organise an interdisciplinary event exploring contemporary challenges in Islamic medical ethics. The event brought together Islamic scholars, healthcare professionals, Muslim chaplains and students, encouraging constructive dialogue, shared learning and greater collaboration between Islamic scholarship and modern healthcare.

Collectively, these achievements strengthened CIM's contribution to Islamic medical ethics education, expanded collaboration between scholars and healthcare professionals, and supported the development of accessible, evidence-informed guidance for Muslim communities and healthcare practitioners.

Section D	Achievements and performance

Section E Financial review

Brief statement of the charity's policy on reserves	During the period, the charity did not have any unrestricted or designated funds. All funds were non-designated or general funds. The charity aims to hold enough funds to meet three months' operating costs of the charity. This is monitored through a six-month cash flow forecast which is updated monthly. The cash flow forecast is prepared by the Treasurer and reviewed by the remaining trustees during the quarterly trustee board meetings.
Details of any funds materially in deficit	There are no funds in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	The charity's principal source of funds is public donations. The charity continues to review its current financial position and explore additional funding sources to allow it to continue the level of activity necessary to deliver its aims.

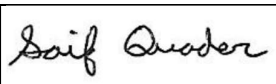
Section F Other optional information

N/A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sahira Dar	Saif Quader
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	31 October 2026	31 October 2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
The Centre for Islam and Medicine	1154937

Receipts and payments accounts

CC16a

For the period from	01-Jan-25	To	31-Dec-25

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Income from donations (inc. gift aid) and tickets	2,597	-	-	2,597	703
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
***Sub total** (Gross income for AR)*	2,597	-	-	2,597	703
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,597	-	-	2,597	703
A3 Payments					
Professional services	-	-	-	-	100
IT expenses	-	-	-	-	657
Other operating expenses	35	-	-	35	60
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	35	-	-	35	817
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	35	-	-	35	817
Net of receipts/(payments)	2,562	-	-	2,562	- 115
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,369	-	-	3,369	3,484
Cash funds this year end	5,931	-	-	5,931	3,369

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	HSBC Bank Account	5,931	-	-
		-	-	-
		-	-	-
	Total cash funds	5,931	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Saif Quader	SAIF QUADER	31-Oct-26
	Sahira Dar	SAHIRA DAR	31-Oct-26