Trustees' Annual Report for the period

	Period start date				Period end date		
From	1st	January	2025	To	31st	December	2025

Section A Reference and administration details

Charity name	Buddha Metta Society
Other names charity is known by	
Registered charity number (if any)	1154796
Charity's principal address	Flat 36 Ryland House 16-18 Edge Lane MANCHESTER M21 9JP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ken Garrod	Chair		
2	Martin Bersik	Treasurer		
3	Christopher Simpson Jones	Secretary		
4	Sheila Taylor			
5	Anthony Malcolm Halter			
6				
7	Jeremy MacLaren Bruce			
8				
9	Zarine Katrak			
10				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Independent Examiner	Tax Driven Accountants	12 Hibel Rd, Macclesfield SK10 2AB

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	**Constitution**
How the charity is constituted (eg. trust, association, company)	**Trust**
Trustee selection methods (eg. appointed by, elected by)	**Appointed by existing Trustee majority vote**

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the understanding of the general public in the Buddhist religion by:

- providing opportunities for them to spend time with experienced and ordained representatives from the Thai Forest Tradition Monastic Sangha
- arranging pilgrimages to significant world Buddhist sites for anyone interested in Buddhism, accompanied by experienced guides and teachers
- supporting the work of the Buddhist monk Luangpoh Sudhiro who has been ordained for over 30 years in the Thai forest tradition to teach and host pilgrimages
- providing information to the general public in relation to the Buddhism
- providing services to BMS community such as, morning chanting and meditation sessions, every Friday "living in the Dhamma" sessions and monthly newsletter.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity has a number of regular donors who give money to support the work of Theravadin Thai Forest tradition monk Chaowaphit Sudhiro (Luangpoh).

The charity also invites Luangpoh to the UK and provides transport and accommodation for him during his stay. He tries to visit everyone that invites him and he spends time at various places including Buddhist temples around the country.

The BMS invited Luangpoh Sudhiro, Phra Ajahn Sammai & Mae Chee to the UK from April to June 2025. During this time, Luangpor Sudhiro visited several places and gave talks at Chithurts, several places in Scotland, Manchester and the House of Buddhists Society of Manchester, Sheila's house, Congleton - Peter Foster Place, Cambridge and in several places in Leeds, including the University of Leeds.

It also arranges annual pilgrimages to Thailand which includes an international conference and provides opportunities for people to experience living simply as the monks and nuns. It also provides the opportunity to ordain as a Buddhist monk in Thailand. The money raised from these also contributes to the charity's objectives.

The BMS will continue to provide free help with English teaching in Thailand and members of the charity will return to Thailand in January 2026.
The Buddha Metta Society runs a weekly online Dhamma discussion group open to everyone. It is facilitated by trustees and Luangpoh Sudhiro.
The charity now provides morning chanting and meditation sessions 7 days a week from 7am-8am. These sessions are open to anyone, regardless of faith or any other method of discrimination and are often attended by Luangpoh. The sessions are sometimes followed by a Dhamma discussion or Q&A.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The charity continues to raise funds in the UK by:

a) running two residential retreats attended by over 40 people

b) renting accommodation in Scotland for four months enabled over 50 people through multiple visits to spend time with Luangpoh Sudhiro, other monks and nuns.

c) this period ended with a well-attended ceremony. All these events were generously supported with money and food

d) the Charity has enabled the formation of a SCIO with the aim of setting up a permanent Monastery in Scotland.

In Thailand

Luangpoh has continued to sponsor students with our donations, both ordained and lay at Mahamakut Buddhist University Khon Kaen, offering some less privileged young people to be educated at a higher level than they might otherwise have been able.

The donations have also been used to support the establishment and ongoing development of three temples, Baan Sammuang, Phu Kaat and Wat Pah Kanjanabhisek

The charity donations continue to provide school socks for all the children at the primary school in Baan Sammuang.

As stated elsewhere, the charity encourages and supports the ordination of monks and nuns and a number of westerners have travelled to Thailand to do so. This year 3 young men from the UK ordained as Buddhist monks under Luangpoh's guidance, joining another young man from the UK who has now been a monk for over 6 years.

The Thai tradition allows temporary as well as long term ordinations and it is up to the individual to decide whether to remain in robes or leave at any time.

The ordination of westerners into the Thai tradition not only helps the individual concerned through physical discipline and self-reflection reducing stress and increasing mental strength; but also provides encouragement for the Thai people who witness the event and are extremely happy to be involved and have their faith strengthened.

Trustees and members are in regular contact and new trustees will take over the management of the charity in 2026 to inject new ideas and energy into the charity as well as provide a well-earned rest for the current ones.

Section D Achievements and performance

Section E Financial review

Brief statement of the charity's policy on reserves	**Depending on the future annual income, the BMS will need to reserve an amount to pay for an independent examination as the charity's income exceeded the 25K limit after which an examination is required.** **All remaining donations will be forwarded to continue to support the causes in Thailand and the UK. No member of the BMS benefits from any donations made.**
Details of any funds materially in deficit	**N/A**

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal source of funds is via individual donations made. Some of these are regular donors, some donate to support particular causes arising through the charity and some are due to events held by the charity.

Two members of the charity continue to host an annual weekend "Living in Dhamma" retreat at Hill Cottage Retreat Centre in Wales and donations made are forwarded to support Luangpoh.

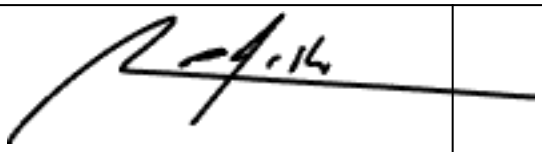
The BMS will continue to offer advice and support in travelling to Thailand and spending time at a monastery, living in a simple and often monastic-style way. It is also possible for people to ordain, either temporarily or long-term and through these kinds of events, people often feel it right to donate.

Section FOther optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Martin Bersik	
Position (eg Secretary, Chair, etc)		

Date 02 November 2026

Buddha Metta Society

BUDDHA METTA SOCIETY
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2025

Buddha Metta Society
Profit and Loss Account
For The Year Ended 31 December 2025

	2025		2024	
	£	£	£	£
Turnover				
Sales		51,758		57,635
Cost of Sales				
Subcontractor costs	48,717		40,430	
		48,717		**40,430**
GROSS PROFIT		**3,041**		**17,205**
Expenditure				
Accountancy fees	613		510	
Professional fees	3,716		16,540	
		4,329		17,050
NET LOSS		**(1,288)**		**155**

Buddha Metta Society
Balance Sheet
As At 31 December 2025

	Notes	2025 £	2025 £	2024 £	2024 £
CURRENT ASSETS					
Cash at bank and in hand		50		725	
CURRENT LIABILITIES					
Other creditors		1,183		570	
NET CURRENT ASSETS (LIABILITIES)			**(1,133)**		**155**
TOTAL ASSETS LESS CURRENT LIABILITIES			**(1,133)**		**155**
NET ASSETS			**(1,133)**		**155**
CAPITAL ACCOUNT					
Balance at 1 January 2025			155		-
Profit/(Loss) for the period/year			(1,288)		155
Balance Carried Forward			**(1,133)**		**155**

Buddha Metta Society
Notes to the Accounts
For The Year Ended 31 December 2025

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1. Accounting Policy
These unaudited accounts have been completed in accordance with UK Generally Accepted Accounting Practice guidelines and provides sufficient and relevant information to enable completion of a tax return.

Buddha Metta Society
Independent Examiners Report
For The Year Ended 31 December 2025

Independent Examiners Report
For The Year Ended 31 December 2025

We report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2025

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

It is our responsibility to:

i Examine the accounts under section 145 of the 2011 Act.

ii To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act: and

iii To state whether matters have come to my attention.

We have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed

.....

Tax Driven Accountants
Unit 4, Ffordd Richard Davies
St Asaph
LL17 0LJ