Norwich Stroke Survivors' Club

Accounts for the year ended 31 March 2026

Registered Charity Number : 1154574

Norwich Stroke Survivors' Club

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for the year ended 31 March 2026

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Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	April	2025	**To**	31	March	2026

Section A Reference and administration details

Charity name	Norwich Stroke Survivors Club
Other names charity is known by	
Registered charity number (if any)	1154574
Charity's principal address	6 Seppings Way
	Thorpe End
	Norwich
	Postcode NR13 5DF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Orr	Chair		
2	Carole Limmer	Treasurer		
3	Michael Lovelock	Secretary	Resigned 16/09/2025	
4	Nicola Croft	Secretary	Appointed 16/09/2025	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Independent Examiner	Scrutton Bland Limited	15 Palace Street, Norwich, Norfolk, NR3 1RT

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed as circumstances dictate and are elected by members at the AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document	To Promote the physical and mental health of survivors of strokes, both clot and haemorrhage type, through the provision of support, education and practical advice from other stoke survivors.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The main activities of the club to provide social and physical support to stroke survivors are largely undertaken and carried out at weekly term time meetings, where members get to;

- take part in various social activities
- use the services of a physiotherapist, speech therapist, yoga and exercise tutors
- get support and friendship as a stroke survivor together with their families and friends

The club arranges subsidised transport to help those who live within the city limits attend.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Chairmans Report

The past year has seen us following normal activities, and we are grateful for the services of Christian Simonsen as Physiotherapist, Neill Coull as Speech Therapist, Sophie Crosley as Exercise Tutor and Caroline Williams as Yoga Tutor. Neill Coull has run successful singing sessions at the start of his visits, and several members have joined his Aphasia Choir. All members are encouraged to make use of the physiotherapy and speech therapy sessions. You would have to pay a lot more for such services elsewhere!

We have welcomed several new members. We had a very enjoyable summer outing to Thrigby Hall.

I am pleased to report that members have completed the detail forms. This enables us to maintain accurate records.

I am very grateful for all the hard work Carole Limmer has put into preparing the accounts for audit by a professional accounting firm. I am also very grateful for Nicola Croft's giving second approval to payments made through our online banking account. I have also received excellent support from the rest of the Committee.

Remember our motto: "We aim to take the "Dis" out of Disability."

Section E Financial review

Brief statement of the charity's policy on reserves	Funds are held at a reasonable level to cover the costs of running the arranged meetings and continuation of the club
Details of any funds materially in deficit	Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	David Orr	
Full name(s)	David Orr	
Position (eg Secretary, Chair, etc)	Chair	

Date 13 AUG 2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Norwich Stroke Survivors' Club	1154574

Receipts and payments accounts

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For the period from	1 April 2025	To	31 March 2026

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership	2,204	-	-	2,204	1,940
Donations	790	-	-	790	5,252
Contributions re transport	732	-	-	732	650
Contributions re trips & meals	1,469	-	-	1,469	842
Fundraising	522	-	-	522	336
Bank interest	-	-	-	-	95
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	5,717	-	-	5,717	9,115
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,717	-	-	5,717	9,115
A3 Payments					
Meeting costs	1,458	-	-	1,458	1,650
Door to Door	1,105	-	-	1,105	972
Physio & exercise	2,150	-	-	2,150	1,780
Trips & meals	2,645	-	-	2,645	1,020
Administration	311	-	-	311	-
Bank and card fees	37	-	-	37	23
Accountancy - Independent examination	-	-	-	-	480
	-	-	-	-	-
Sub total	7,706	-	-	7,706	5,925
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	7,706	-	-	7,706	5,925
Net of receipts/(payments)	(1,989)	-	-	(1,989)	3,190
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,987	-	-	16,987	13,797
Cash funds this year end	14,998	-	-	14,998	16,987

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Current account	8,448	-	-
	Deposit account	6,550	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	14,998	-	-
		OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

	Signature	Print Name	Date of approval
Chairman	David Orr	David Orr	13-8-26

Independent Examiner's Report to the Trustees of
Norwich Stroke Survivors' Club
Charity registration number: 1154574

Independent examiner's report to the trustees of the Norwich Stroke Survivors' Club
I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2026 as set out on pages 6 to 7

Responsibilities and basis of report
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with the accounting records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Johnstone FCA
Argents Chartered Accountants
15 Palace Street
NORWICH
Norfolk
NR3 1RT

Date: 19/08/2026