Harrow Foodbank
Together with Trussell

HARROW FOODBANK

Charity Registration No. 1154292

Annual Report and Financial Statements

for the year ended 31 March 2025

Harrow Foodbank
Together with Trussell

Charity name:
HARROW FOODBANK

Charity registration number:
1154292

Registered office and principal address:
Harrow Foodbank
Unit H2
Phoenix Business Centre
Rosslyn Crescent
HARROW
HA1 2SP

Trustees:
Brendan Timelin – Chair
Adegboyega (Rob) Ogundere – Chair
Nahid Boethe –Trustee
Justine Lara Waywell –Trustee
Rachelle Goldberg –Trustee
Kishor Dattini – Trustee

Bankers:
Lloyds Bank Plc 286-288 Station Road Harrow HA1 2EB

Independent Examiner / Auditor:
Reema Patel ACCA

Harrow Foodbank
Together with Trussell

Trustees' Annual Report

for the year ended 31 March 2025

Structure, Governance and Management

Governing document

Harrow Foodbank is a Charitable Incorporated Organisation whose only voting members are its charity trustees. The trustees adopted a constitution on 9 September 2013 in accordance with the "foundation model" published by the Charity Commission. The Harrow Foodbank achieved registered charitable status on 21 October 2013 and its registered charity number is 1154292.

Recruitment and appointment of trustees

The charity is managed by a board of trustees selected because they strongly endorse the charitable objectives of the organisation and support its Christian ethos. When selecting trustees, the charity aims to ensure there is a broad range of relevant skills, while also aiming to reflect a geographical spread across Harrow, particularly the areas of deprivation in Harrow. Trustees are appointed after interviews with existing trustees and formal visits to the organisation, to ensure they understand its vision and values. The Trustees meet half termly (every 6 weeks) to review performance and monitor the achievement of objectives.

Related parties and relationships with other organisations

The Harrow Foodbank is affiliated to the Trussell Trust - we are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK. The Trussell Trust support a UK-wide network of more than 1,300 food bank centres and together we provide emergency food and support to people locked in poverty in the UK, providing a minimum of three days' emergency food and support to people in crisis.

Risk management

The Trustees have adopted a range of policy documents that are intended to manage and minimise risk. These include policies covering Health & Safety, Safeguarding, Lone Workers and Data Protection. The Trussell Trust carries out a annual / biannual Governance Health Check to ensure that everything meets its recommended standards.

Objectives and Activities

Objectives of the charity

The Harrow Foodbank has as its objective the prevention or relief of poverty in Harrow and surrounding areas in particular, but not exclusively, by providing emergency food supplies to individuals in need and to charities or other organisations working to prevent or relieve poverty.

Aims and public benefit

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning activities for the year.

Our aims are to alleviate poverty through the provision of food parcels to those in crisis, in partnership with local care agencies who refer clients in crisis to us. By signposting people to care agencies, advice services and other support agencies we aim to seek resolutions to their

immediate crisis, which is causing their need to use the Foodbank. Anyone in need can be referred to the Foodbank, regardless of race or creed.

Main activities and programmes

This was our 12th year of operation. Our key objectives remain to be in a position to provide emergency food and support for people in crisis in Harrow. In order to continue our operation our key objectives include ensuring that we have sufficient funds for the running costs of the charity, including: rent, salaries, insurance, van running costs, utility bills and other operating costs. Moreover, ensuring that we have sufficient resources and volunteers to help run the charity. Further objectives alongside the above include: continuously developing and implementing robust processes for food distribution and redistribution and increasing organisational sustainability.

Financial Review

Financial position

The charity recorded total income of £126,864 for the year ended 31 March 2025 (2024: £131,756), a modest reduction of 4% on the prior year. The decrease was driven primarily by a fall in donations from £113,274 to £80,242, partially offset by a significant increase in grant income from £10,340 to £34,500 and a rise in investment income from £6,592 to £10,222 as interest rates remained favourable.

Total expenditure fell to £94,602 (2024: £96,808), resulting in a net surplus for the year of £35,440 (2024: £34,948). The surplus is attributable almost entirely to the £34,500 of restricted grant income received during the year, which remained unspent at the year end and is held within restricted funds.

Unrestricted funds generated a modest surplus of £940 (2024: £34,948), reflecting the tighter income position on donations being broadly matched by a reduction in overall costs. The largest areas of expenditure continue to be salaries (£48,652) and warehouse rent and service charges (£28,883), which together represent around 85% of total costs.

Total funds at 31 March 2025 stood at £298,237 (2024: £265,975), of which £39,165 (2024: £4,665) is held in restricted funds and £259,072 (2024: £261,310) in unrestricted funds.

Principal funding sources

The charity is funded primarily through donations from individuals and local organisations, supplemented by grant income and investment returns on cash balances. During the year the charity received £34,500 in restricted grant funding. The trustees are grateful to all donors and grant-makers who supported the charity's work during the year.

Reserves policy

The trustees have adopted a reserves policy that requires the charity to maintain free reserves sufficient to cover three years' operating costs. This level has been set to match the charity's remaining lease obligation on the warehouse from which it operates, ensuring that the charity could meet its contractual commitments in the event of a sudden and unexpected loss of income.

At 31 March 2025, unrestricted free reserves stood at £259,072. Based on current expenditure levels, this comfortably satisfies the three-year threshold and the trustees are satisfied that the reserves policy target has been met.

Going concern

The trustees have considered whether there are material uncertainties in relation to the charity's ability to continue as a going concern. After reviewing the charity's financial position, income forecasts and expenditure commitments, the trustees are of the opinion that the charity has adequate resources to continue in operational existence for the foreseeable future.

Harrow Foodbank
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Statement of Trustees' Responsibilities

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the charity's constitution. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Harrow Foodbank
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Independent Examiner's Report

to the trustees of HARROW FOODBANK

Independent examiner's report to the trustees

I report to the charity trustees on my examination of the accounts of [CHARITY NAME] (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income did not exceed £250,000 your examiner is not required to have a professional qualification and since the gross income did not exceed £1 million I report only to whether in my opinion the accounts are consistent with the books of account. I have not undertaken a full audit or review of the accounts.

In the course of my examination, no material matters have come to my attention that gives me cause to believe that in any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- the accounts did not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Reema Patel

Reema Patel

ACCA

Date:

18/06/2026

Harrow Foodbank
Together with Trussell

Statement of Financial Activities

for the year ended 31 March 2025 (incorporating an income and expenditure account)

		Unrestricted Funds £	Restricted Funds £	Total 2025 £	Unrestricted Funds £	Restricted Funds £	Total 2024 £
Incoming resources							
Voluntary income							
Donations	Note 2	80,242	-	80,242	113,274		113,274
Grants	Note 3	-	34,500	34,500	-	10,340	10,340
Activities for generating funds							
Fundraising events		1,900		1,900	1,550		1,550
Investment income		10,222		10,222	6,592		6,592
Incoming resources before donated goods		**92,364**	**34,500**	**126,864**	**121,416**	**10,340**	**131,756**
Donated goods	Note 4			-			-
Total incoming resources		**92,364**	**34,500**	**126,864**	**121,416**	**10,340**	**131,756**
Resources expended							
Salaries and National Insurance		(48,652)		(48,652)	(36,892)	(10,340)	(47,232)
Warehouse rent & service charges		(28,883)		(28,883)	(31,298)		(31,298)
Waste collection		(682)		(682)	(1,018)		(1,018)
Rates		-		-	-		-
Sundries		(258)	-	(258)	(225)	-	(225)
Publicity and signage		(128)		(128)	(241)		(241)
Printing and stationery		(1,493)	-	(1,493)	(1,052)	-	(1,052)
Telephones		(1,953)		(1,953)	(2,052)		(2,052)
Transport		(1,328)	-	(1,328)	(1,661)	-	(1,661)
Insurance		(3,502)		(3,502)	(2,949)		(2,949)
Pest control charges		(288)		(288)	(288)		(288)
Small equipment & consumables		(488)		(488)	(757)		(757)
Bank charges		-		-	-		-
Other expenditure		(803)		(803)	(857)		(857)
Depreciation	Note 4	(1,589)		(1,589)	(2,484)		(2,484)
Resources expended before cost of distributed food		**(90,047)**	-	**(90,047)**	**(81,774)**	**(10,340)**	**(92,114)**
Food distributed		(4,555)		(4,555)	(4,694)		(4,694)
Total resources expended		**(94,602)**	-	**(94,602)**	**(86,468)**	**(10,340)**	**(96,808)**
Net incoming resources before other recognised gains/(losses)		**(2,238)**	**34,500**	**32,262**	**34,948**	-	**34,948**
Transfer between funds							-
Net movement in funds		**(2,238)**	**34,500**	**32,262**	**34,948**	-	**34,948**
Reconciliation of Funds							
Total funds brought forward		261,310	4,665	265,975	226,362	4,665	231,027
Total funds carried forward		**259,072**	**39,165**	**298,237**	**261,310**	**4,665**	**265,975**

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Balance Sheet

as at 31 March 2025

		31-Mar-25 £		31-Mar-24 £	
Fixed assets					
Tangible assets	**Note 4**		6,358		7,947
Current assets					
Stock and work in progress					
Debtors	**Note 5**	5,000		5,000	
(Short term) investments		230,000		185,000	
Cash at bank and in hand		59,376		70,525	
Total current assets		**294,376**		**260,525**	
Liabilities					
Creditors: amounts falling due within one year	**Note 6**	0		0	
Net current assets			**294,376**		**260,525**
Net assets			**300,734**		**268,472**
Funds of the charity					
Unrestricted funds	**Note 7**		259,072		261,310
Restricted income funds	**Note 7**		39,165		4,665
Total funds			**298,237**		**265,975**

Approved by the trustees and signed on their behalf by:

Signed: .....

Name: BRENDAN E TIMLIN

Notes to the Financial Statements

for the year ended 31 March 2025

Note 1 — Accounting Policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Charities SORP (FRS 102) — Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The financial statements have been prepared on a going concern basis.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations and grants

Donations are recognised when received. Grants are recognised in the period to which they relate. Where grants are subject to conditions that have not been met, they are deferred until those conditions are satisfied.

Donated goods

Donated food is recognised at an estimated fair value when received. Where donated goods cannot be reliably valued they are not included in these financial statements; details are given in Note 4.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount can be measured reliably.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of assets over their estimated useful lives as follows:

Motor vehicles: 20% reducing balance

Equipment and fixtures: 20% reducing balance

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the charity's objectives. Restricted funds are subject to specific conditions imposed by donors or grant-makers. Designated funds are unrestricted funds earmarked by the trustees for specific purposes.

Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments.

Debtors

Debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Note 2 — Voluntary Income - Donations

	Total 2025	Total 2024
	£	£
Donations from individuals	13,080	13,354
Donations from churches and other faith groups	4,102	7,335
Donations from schools	-	41
Donations at supermarket collections	-	-
Donations Via give as you live	33,558	42,321
Corporate donations	29,502	50,223
	80,242	**113,274**

Note 3 — Voluntary Income - Grants

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
City Bridge Trust		34,500.00	34,500.00	10,340.00
	-	**34,500.00**	**34,500.00**	**10,340.00**

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Note 4 — Fixed Assets

	Fixtures, fittings & equipment	Motor vehicle	Total 2025
	£		£
Cost as at 1st Apr 2024	6,067	19,404	25,471
Additions during the year	0	0	0
Cost as at 31st Mar 2025	**£6,067**	**£19,404**	**£25,471**
Depreciation			
Accumulated Depreciation 01/04/2024	6,067	11,457	17,524
Charge for year		1,589	1,589
Accumulated Depreciation 31/03/2025	**£6,067**	**£13,046**	**£19,113**
Net Book value 31/03/2024	£0	£7,947	£7,947
Net Book value 31/03/2025	**£0**	**£6,358**	**£6,358**

Note 5 — Debtors

	31-Mar-25	31-Mar-24
	£	£
Rent Deposit (renewed lease / deposit increase)	5,000	5,000
Rent in advance	-	
Total	**5,000**	**5,000**

Note 6 — Creditors

	31-Mar-25	31-Mar-24
	£	£
	-	-
Total	-	-

Note 7 — Reserves

	Balances brought forward	Transfers	Incoming resources	Resources expended	Balances carried forward
	£	£	£	£	£
Unrestricted Funds					
Designated for warehouse works					0
Unrestricted	**261,310**		92,364	94,602	448,276
	261,310	**0**	**92,364**	**94,602**	**448,276**
Restricted Funds					
Grants for specified purposes	**4,665**		34,500	0	39,165
Total	**265,975**	**0**	**126,864**	**94,602**	**487,441**

Note 8 — Related Party Transactions

No trustee received any remuneration or benefit in kind during the year (2024: nil).

Note 9 — Independent Examiner's Remuneration

The independent examiner's fee for the year was £nil (2024: £nil). No other services were provided by the independent examiner.

Note 10 — Taxation

The charity is exempt from corporation tax on its charitable activities under section 467 of the Corporation Tax Act 2010. No tax charge arises for the year.

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees

Charity Name: HARROW FOODBANK

On accounts for the year ended: 31 MARCH 2025

Charity no (if any): 1154292

Set out on pages: (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete* [ ] *if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: Regu -

Date: 18/06/2026

Name: REGMA PATEL

Relevant professional qualification(s) or body: ACCA

(if any):	
Address:	

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.	