Better Action for Families CIO

Charity number 1154286

Annual Report and Financial Statements

for the year ended 31 March 2026

Better Action for Families CIO

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for the year ended 31 March 2026

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Prepared by West Yorkshire Community Accountancy Service CIO

Better Action for Families CIO

Trustees' report for the year ended 31 March 2026

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Sofa Riaz	Chair	Appointed 19 January 2026 Resigned 7 June 2026
Paul Broadbent	Treasurer	
Jackie Hartley		
Kausar Iqbal		
Yvonne Ugarte		
Leanne Benson		
Kelly Hartley		Resigned 12 June 2026
Christopher Charlton		
Joanne Lay		Resigned 21 November 2025
John Ruddette		
Rebecca Dagless		Appointed 28 October 2025
Edson Masunda		

Charity number 1154286 Registered in England and Wales

Registered and principal address
Beeston Village Community Centre
Beeston Park Place
Leeds
LS11 8DQ

Bankers
Virgin Money
86A Queen Street
Morley
Leeds
LS27 9BU

Independent examiner
Chalitha Herath FCCA
West Yorkshire Community Accountancy Service CIO
Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) association formed on 21 October 2013 and is governed by a constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Objectives and activities

The charity's objects

The objects of the CIO are for the public benefit:

(1) The advancement of health

(2) The advancement of education

(3) The relief of those in need because of youth, age, ill-health, disability, financial hardship or other disadvantage in particular through targeted and inclusive action for the improvement of the lives of people with learning disabilities and their families and carers.

(4) The provision of facilities for recreation or leisure time occupation in the interests of social welfare to persons who have need of those facilities by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances and to their families and carers.

The charity's main activities

Better Action for Families (BAFF) run several groups in the community that support parent/carers, people with learning disabilities, their families and the wider community. The groups consist of a Monday social evening, two allotment sessions, family fun, chair based exercise, dancercise and an educational walking group. Our main priority is to focus on an inclusive service that will benefit everyone, while improving the lives of people with learning disabilities and their families in Leeds, through targeted and inclusive action. BAFF are commissioned to deliver three services for Leeds City Council. Facilitate the Carers Reference Group that feed back to the Learning Disability Partnership Board. Manage the ‘As One’ project working with families of adults with learning disabilities to promote inclusion in the community. Asset Based Community Development facilitators to work on people’s skills and assets to develop the community.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission’s general guidance on public benefit.

Achievements and performance

Over the past year, BAFF marked six years of work on the ABCD project, supporting the community by identifying people’s skills and helping to set up local groups.

Carers from BAFF represented the carers’ reference group at Leeds Council’s disability takeover event at Leeds Civic Hall.

BAFF won several awards at the Middleton Produce Show for fruit and vegetables grown on the allotment.

BAFF organised several seaside trips during the summer holidays and a Christmas trip to Sundown. These outings supported isolated families with caring responsibilities who have very little money or support, and they are a lifeline for many.

We also enjoyed our annual pantomime at our local church in Beeston, which was attended by more than 50 BAFF members.

BAFF also held its annual general meeting, where a video was shown featuring people with learning disabilities discussing different faiths in the community. Dan Cohen and the Lord Mayor of Leeds praised the organisation’s highlights and achievements over the past year, despite the many challenges it faced.

Financial review

The net receipts for the year were £5,561, including net payments of £626 on unrestricted funds and net receipts of £6,187 on restricted funds, after transfers.

Reserves policy

The charity's free reserves, at the year end were £12,554.

The charity will maintain a minimum of £2,000 in free reserves to cover unforeseen expenses and, if necessary, cover the costs of closing the charity in an orderly way. The trustees consider this level of reserves to be appropriate for the charity's current size and activities.

Approved by the board of trustees on 04/09/2026

Yvonne Ugarte (Trustee)

Better Action for Families CIO

Independent examiner's report to the trustees of Better Action for Families CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2026, which are set out on pages 6 to 10.

Responsibilities and basis of report
As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Chalitha Herath FCCA

10/09/2026

West Yorkshire Community Accountancy Service CIO
Stringer House
34 Lupton Street
Leeds
LS10 2QW

Better Action for Families CIO

Receipts and payments account
for the year ended 31 March 2026

	Notes	2026 Unrestricted funds £	2026 Restricted funds £	2026 Total funds £	2025 Total funds £
Receipts					
Grants and donations	(2)	1,173	46,970	48,143	41,472
Other income		20	-	20	34
Total receipts		1,193	46,970	48,163	41,506
Payments					
Staff costs		1,579	10,887	12,466	34,175
Hall and facility hire		-	3,676	3,676	3,690
Insurance		-	270	270	270
Equipment and materials		83	348	431	799
Activity costs and resources		536	5,061	5,597	7,628
Travel and transport		-	8,219	8,219	8,390
Refreshments		-	479	479	690
Telephone		121	-	121	142
Exercise classes		-	3,675	3,675	6,905
Household support		-	4,500	4,500	-
Ingredients		-	1,104	1,104	1,253
Independent examination		-	720	720	660
Volunteer expenses		-	26	26	79
Small Sparks		-	250	250	2,950
Facilitator		-	555	555	735
Office and other expenses		-	513	513	1,672
Total payments		2,319	40,283	42,602	70,038
Net receipts / (payments)		(1,126)	6,687	5,561	(28,532)
Transfers between funds		500	(500)	-	-
Net movement in funds		(626)	6,187	5,561	(28,532)
Fund balances brought forward		13,180	20,634	33,814	62,346
Fund balances carried forward	(3)	12,554	26,821	39,375	33,814

Better Action for Families CIO

Statement of assets and liabilities

as at 31 March 2026

	2026 Unrestricted £	2026 Restricted £	2026 Total £	2025 Total £
Cash funds				
Cash at bank	12,365	26,821	39,186	33,724
Cash in hand	189	-	189	90
Total cash funds	12,554	26,821	39,375	33,814

Liabilities	2026 £
Accruals	742
	742

The financial statements were approved by the board of trustees on 04/09/2026

Yvonne Ugarte (Trustee)

Better Action for Families CIO
Notes to the accounts
for the year ended 31 March 2026

1 Accounting policies

Basis of accounting
The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.
There has been no change to the accounting policies since last year.
No changes have been made to the accounts for previous years.

Taxation
As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Better Action for Families CIO
Notes to the accounts continued
for the year ended 31 March 2026

2 Grants and donations	2026 Unrestricted funds £	2026 Restricted funds £	2026 Total funds £	2025 Total funds £
Barchester's Charitable Foundation	-	1,000	1,000	-
Leeds City Council (LCC)	-	21,000	21,000	16,000
The National Lottery	-	19,970	19,970	19,940
Wades Charity	-	5,000	5,000	-
Forum Central (Household Support Fund)	-	-	-	5,000
Other donations	1,173	-	1,173	532
	1,173	46,970	48,143	41,472

3 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
LCC Adult Social Care	5,505	10,000	6,259	-	9,246
LCC Carers Reference Fund	10,354	6,000	9,998	-	6,356
Cycling UK	993	-	993	-	-
My Future Project	545	-	545	-	-
Wades fund	-	5,000	5,000	-	-
Barchester fund	-	1,000	1,000	-	-
LCC Household Fund	-	5,000	4,500	(500)	-
NL - Awards for All England	1,494	19,970	10,495	-	10,969
ABCD	1,243	-	1,243	-	-
LCC - ABCD Small Sparks	500	-	250	-	250
	20,634	46,970	40,283	(500)	26,821

Fund name	Purpose of restriction
LCC Adult Social Care	Adult Social Care funding towards the managers salary, rent, insurance and other running costs.
LCC Carers Reference Fund	To facilitate the carers reference group for Leeds.
Cycling UK	To purchase cycles and other equipment to deliver group cycling sessions.
My Future Project	To deliver sessions with adults with learning disabilities on skills and strengths for future job workshops.
Wades fund	Towards the weekly groups running costs and transport for the summer
Barchester fund	Towards exercise classes, the walking group and transport for the walking group.
LCC Household Fund	To provide vouchers for food, clothing, bedding etc due to cost-of-living crisis. The transfer relates to the reallocation of 10% management fees to unrestricted funds.
NL - Awards for All England	To hire an instructor and a support worker to run family fun and walking groups in the local community. Also for refreshments, transport, pantomime tickets, insurance and AGM.
ABCD	For the Asset Based Community Development project.
LCC - ABCD Small Sparks	To make small awards to residents to allow them to organise local activities.

4 Related party transactions

Trustee expenses
During the year 1 trustees were paid a total of £8 in respect of travel (previous year: Nil).

Trustee remuneration and benefits
No trustee received any remuneration or benefit during this or the previous year.