REGISTERED COMPANY NUMBER: 08330138 (England and Wales)
REGISTERED CHARITY NUMBER: 1154255

NORTH EAST WELLBEING

TRUSTEES' REPORT
AND
UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2025

NORTH EAST WELLBEING

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NORTH EAST WELLBEING

Report of the Trustees

For the Year Ended 31 December 2025

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 December 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic or Ireland (FRS 102) (effective 1 January 2019).

Objectives and Activities

North East Wellbeing (NEW) objectives are to advance and promote education with a view to improving and enhancing the emotional wellbeing and mental health of children, young people who are experiencing emotional, mental or physical distress and / or ill health in the school enviroment.

Public benefit

The activities set out in this report have been undertaken to further the Charity's charitable purposes for the public benefit. The trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission, the trustees have paid due regard to this guidance in deciding what activities the charity should undertake.

Achievement and Performance

Charitable activities

In 2025 North East Wellbeing aimed to move beyond the pilots of preceding years and establish as a cost-recovery delivery organisation in the field of children and young people with vulnerabilities. The difficulty in securing grant-funding and the investment needed in employment infrastructure meant that this was always going to be a year of tight margins. In 2025 we increased our revenue to £330,218 (£267,969 in 2024), taking on projects with looked-after children and permanently excluded children, as well as the work outdoors providing therapeutic support for children with difficulties making the transition to secondary school. We worked with community organisations on Teesside, developing place-based theories of change, and used this expertise to support a NHS multi-disciplinary neighbourhood team. We also completed a systematic review of integrated practice for the Children and Young Persons Network. These pieces of work, all strategically important to our development plan, were expensive to deliver and the margins extremely tight. Adding to the situation was an NHS overpayment of £26,000 on the balance sheet in 2023 & 2024 that was repaid in 2025. With the support of the Trustees we drew on our strategic reserves to bring this work to completion. The overspend of (£18,646) allows us to position ourselves for 2027.

The governance review completed in September 2025 guided by the Charity Governance Code will see a refresh of the Board of Trustees in 2026 and the roll-out of the succession plan will see an increase in senior executive capacity in 2027.

NORTH EAST WELLBEING

Report of the Trustees

For the Year Ended 31 December 2025

Financial position

North East Wellbeing turnover was £330,218 (2024: £267,969), expenses for the year was £348,864 (2024:£252,940) showing a deficit of £18,646 (2024 surplus of 15,029), Charity funds decreased from £76,427 in 2024 to £57,781.

Reserves Policy

NEW is committed to maintaining reserves to the value of three months operating costs.
The reserves held at 31 December 2025 were £57,781 (2024: £76,427), of which £0 are restricted and £57,781 are unrestricted.

Structure, Governance and Management

Governing document

The Charitable Company is controlled by its governing document, which was established under a Memorandum of Association which sets out its objects and powers and is governed under its Articles of Association.

The Charitable Company is limited by guarantee, as defined by the Companies Act 2006.

Chairty constitution

NEW is a charitable company limited by guarantee, incorporated on 13 December 2012, and registered as a charity on 18 October 2013.

In the event of the Charitable Company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of new Trustees.

Trustees shall serve in office for up to three terms of three years. At the end of each three-year term in office, a Trustee shall offer themselves for retirement and may be reappointed by his fellow Trustees if they deem such reappointment to be in the best interests of the Charity. Although there is no legal requirement to define the term of office for trustees, North East Wellbeing suggests a nine-year term limit in accordance with the Charity Governance Code. Exception can be made, but are subject to rigorous review. Notwithstanding anything in these Articles, the Company may by ordinary resolution at a General Meeting of which special notice has been given in accordance with the Act remove any Trustee before the expiration of his period of office.

NORTH EAST WELLBEING

Report of the Trustees

For the Year Ended 31 December 2025

Reference and Administrative Details

Registered company number
08330138

Registered charity number
1154255

Registered office address
39a Hencotes
Hexham
Northumberland
NE46 2EW

Trustees
N Blackburn
J Davidson
S McTimoney
M Brown
P Ryan

Chief Executive Officer
T Quibell

Independent Examiner
Jamie Lamb
Total Tax Solutions Ltd
2 Peel Court
24 Cuthberts Way
Darlington
County Durham
DL1 1GB

Approved by order of the board of trustees on
and signed on its behalf by:

S. McTimoney
Chair of Trustees

Independent Examiner's Report of the Trustees of

North East Wellbeing

Independent examiner's report to the trustees of North East Wellbeing

I report to the charity trustees on my examination of the accounts of North East Wellbeing for the year ended 31 December 2025

Responsibilities and basis of report

As the charity trustees of the Company (and also its Directors for the purposes of company law) , you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In conducting my examination, I have followed the Directions given by the Charity Commission under section 145(5)/(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 the independent Examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Accounting Technicians, which is one of the listed professional bodies.

I have completed my examination and can confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 Accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act: or

2 The accounts do not accord with those records; or

3 The accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is no matter considered as part of an independent examination; or

4 The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jamie Lamb - Total Tax Solutions Ltd
Association of Accounting Technicians
2 Peel Court
24 Cuthberts Way
Darlington
County Durham
DL1 1GB

NORTH EAST WELLBEING

Statement of Financial Activities

For the Year Ended 31 December 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Income and endowments from:					
Charitable activities	3	329,150	-	329,150	264,433
Investment income	4	1,068	-	1,068	3,536
Total		330,218	-	330,218	267,969
Resources expended on:					
Charitable activities	5	346,245	2,619	348,864	252,940
		346,245	2,619	348,864	252,940
Net income		(16,027)	(2,619)	(18,646)	15,029
Reconciliation of funds:					
Total funds brought forward		73,808	2,619	76,427	61,398
Total funds carried forward		57,781	-	57,781	76,427

NORTH EAST WELLBEING

Balance Sheet

As at 31 December 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Fixed assets					
Tangible Assets	9	1,306	-	1,306	2,048
Current assets					
Debtors	10	14,117	-	14,117	16,705
Cash at bank		51,615	-	51,615	87,812
Total current assets		65,732	-	65,732	104,517
Creditors: amounts falling due within one year:	11	(9,257)	-	(9,257)	(30,138)
Net Assets		57,781	-	57,781	76,427
Funds					
Unrestricted funds	12			57,781	73,808
Restricted funds				-	2,619
Total funds				57,781	76,427

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2025

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2025 in accordance with Section 476 of the Companies Act.

The Trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Section 386 and 387 of the Companies Act 2006; and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

NORTH EAST WELLBEING

Balance Sheet

As at 31 December 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small company's regime.

The financial statements were approved by the Board of Trustees on 24th March 2026 and were signed on its behalf by:

S. McTimoney - Chair of Trustees

1 Statutory Information

North East Wellbeing is a charitable company limited by guarantee registered in England and Wales. The company and charity registered numbers and registered office can be found on page 3.

2 Accounting Policies

Basis of preparing the financial statements

The financial statement of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Proactive applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the Uk and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 ' The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

- Computer equipment - 20% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted fund can only be used for particular restricted purposes within the objects of the charity and restriction as specified by the donor or when funds are raised for particular restricted purposes.

3 Income from charitable activities

	Unrestricted £	Restricted £	2025 Total Funds £	2024 Total Funds £
Grant income	-		-	60,343
Other income	329,150		329,150	235,940
	329,150	-	329,150	296,283

4 Income from investments

	Unrestricted £	Restricted £	2025 Total Funds £	2024 Total Funds £
Interest received	1,068	-	1,068	3,536
	1,068	-	1,068	3,536

5 Expenditure on charitable activities

	Unrestricted £	Restricted £	2025 Total Funds £	2024 Total Funds £
Direct costs	267,499	2,619	270,118	193,521
Support costs (see note 6)	78,746	-	78,746	59,419
	346,245	2,619	348,864	252,940

6 Expenditure on charitable activities

	Unrestricted £	Restricted £	2025 Total Funds £	2024 Total Funds £
Management costs	71,889	-	71,889	56,131
Depreciation	742	-	742	2,448
Accounts fees	5,615	-	5,615	340
Independent examination fee	500	-	500	500
	78,746	-	78,746	59,419

Notes to the Financial Statements

For the Year Ended 31 December 2025

7 Trustees remuneration and benefits

There were no Trustees' expenses, remuneration or other benefits for the year ending 31 December 2025 nor for the year ended 31 December 2024.

8 Staff costs

The average monthly number of employees during the year was:

	2025	2024
Average	9	-

Employment costs	2025 £	2024 £
Wages and salaries	96,608	-

There were no employees whose annual remuneration was more than £60,000.

9 Tangible fixed assets

	Computer equipment £
Cost	
At 1 January 2025	12,242
Additions	-
At 31 December 2025	12,242
Depreciation	
At 1 January 2025	10,194
Charge for the year	742
At 31 December 2025	10,936
Net book value	
At 31 December 2025	1,306
At 31 December 2024	2,048

Notes to the Financial Statements
For the Year Ended 31 December 2025

10 Debtors

	2025	2024
	£	£
Trade debtors	14,117	16,705

11 Creditors

	2025	2024
	£	£
Trade creditors	19	-
Other creditors	8,398	29,298
Accruals and deferred income	840	840
	9,257	30,138

12 Movement in funds

Current year:	Funds at 01/01/2025	Income	Expenditure	Funds at 31/12/2025
Unrestricted:				
- General	73,808	330,218	(346,245)	57,781
Restricted:				
- Zone West	2,619	-	(2,619)	-
	76,427	330,218	(348,864)	57,781

Previous year:	Funds at 01/01/2024	Income	Expenditure	Funds at 31/12/2024
Unrestricted:				
- General	30,398	256,469	(213,059)	73,808
Restricted:				
- Zone West	31,000	11,500	(39,881)	2,619
	61,398	267,969	(252,940)	76,427

Movement on individual funds are shown above. The purpose of each fund is as follows:

Unrestricted general fund

These funds represent unrestricted resources available for general work of the charity.

Restricted funds

Zone West - To fund costs incurred to join and link community resources to release talent and potential in children.