PUDSEY WELLBEING CHARITY

Charitable Incorporated Organisation: 1153331

Trustees' Annual Report
&
Financial Statements

1 April 2025 - 31 March 2026

TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
For the year from 1 April 2025 to 31 March 2026

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TRUSTEES' ANNUAL REPORT
For the year from 1 April 2025 to 31 March 2026

The Trustees present their annual report and financial statements for the year ended 31 March 2026, along with the independent examiner's report.

Reference and administration details

The charity is registered as Pudsey Wellbeing Charity and has also been known as "Pudsey Wellbeing Centre" and "Love Pudsey". It was formerly registered as Robin Lane Health and Wellbeing Charity.

The charity was registered with the Charity Commission on 9 August 2013: number 1153331.

The principal office and operating address of the charity was

to	19 December 2025	23 Robin Lane, Pudsey, West Yorkshire LS28 7BR
to	31 March 2026	c/o 1 Teasel View, Pudsey LS28 8RB
from	1 April 2026	St Andrews Church, Robin Lane, Pudsey LS28 7BR

The following charity trustees served during the financial year and up to the date of approval of the Trustees' Annual Report

Jill Huggins	*Chairperson*	
Dennis Gibbons	*Vice-Chair*	
Patricia Trenaman	*Treasurer*	
John Middleton		
Anita Kaur Panesar		
Eleanor Scougall		
Ian Cocking		*Resigned February 2026*
Philip Goodfellow		*Resigned February 2026*
Cllr. Trish Smith		*Retired November 2025*

Staff employed by the charity during 2025-26 were as follows:

Rachel Bradley	Charity Co-ordinator	*Resigned January 2026*
Sophie Beau Reynolds	Charity Co-ordinator	

Structure, governance and management

The charity is a charitable incorporated organisation (CIO) formed on 9 August 2013, governed by a foundation model constitution adopted on 27 July 2013, amended on 18 July 2017 and again on 14 February 2019 when the charity's name was changed to Pudsey Wellbeing Charity.

The charity's only voting members are its charity trustees. It is managed by a committee of at least 7 and no more than 12 trustees, of which between 6 and 10 are appointed by the trustees at a properly convened meeting; these trustees serve for three years but may seek re-appointment for a further period. The constitution provides for a further two trustees to be nominated by Robin Lane Medical Centre but this opportunity has not been taken up since 2019.

At the AGM in November 2025, trustees unanimously agreed that the Association CIO model is more suited to our needs than the current Foundation model. A new constitution has been prepared and is being submitted to the Charity Commission for approval early in the next financial year.

With the unfortunate loss of 3 trustees in November and February, the charity is currently operating below our stated minimum but is seeking to recruit new trustees.

Although the lease on our building was due to run until June 2027, written notice to vacate the premises by 2 January 2026 was received on 2 July 2025, the stated reason being that the nominal rent is no longer financially viable. It has not been easy to find suitable alternative premises but by the time we moved out on 19 December 2025 we had started lease negotiations with St Andrew's Methodist Church, Pudsey. At the time of writing, negotiations are close to a conclusion and from 1 April 2026, we are able to make use of the premises on a temporary licence basis.

From January – March, the majority of our groups were able to continue meeting, using short term room hires and wherever else we can find for meetings and administration.

Objectives and activities

The current objectives of the charity are:

- to advance health in Pudsey, both physical and mental, by providing a range of health related activities and interventions to enable people to live longer and healthier lives that are full and meaningful.
- to promote for the benefit of the inhabitants of Pudsey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.

Within the new proposed constitution, the objectives of the charity have been updated and will be adopted, subject to permission being granted by the Charity Commission.

The main activities undertaken for the public benefit in relation to these objects are:

- facilitating a range of free, volunteer led activities and groups to meet within the centre
- supporting volunteering within a friendly and supportive group whilst sharing creativity, skills and/or life experiences
- hosting other providers offering services compatible with the objects of the charity
- offering opportunities for the local community to take part in, and influence the development of, a range of wellbeing initiatives and activities.

Public benefit

Trustees are aware of the guidance contained in the Charity Commission's general guidance on public benefit and have taken account of it when reviewing our aims and objectives and planning our future activities.

The people of Pudsey and surrounding areas benefit from having a welcoming and friendly social space within which to gather in groups pursuing a variety of interests and activities, most of which are facilitated by volunteers from the local community. The benefits include (but not exclusively) opportunities for social interaction and the reduction of isolation; provision of physically healthy activities and support; improvements in mental health through engagement with others and involvement in stimulating activities.

All money raised at our events and from charity fundraising is used to provide free activities for the benefit of the local community.

Achievements and performance: 2025-26

With funding in place for staffing and activity costs in 2025-2026 the charity has been able to continue with its service provision, supporting our volunteers and running groups for our community.

Open Door and Welcome Space

We continued with the designated Welcome Space in our centre, supported by an unrestricted grant of £650 from Leeds City Council. We provided a much-needed space for locals to meet, especially during the colder winter months (especially important in the context of the energy crisis), and make friends and connections in a safe, non-judgmental environment.

Open every weekday morning, we ensured that our space was welcoming to all, offering a fully inclusive and accessible meeting space with complimentary hot drinks and snacks and all delivered by our wonderful volunteers. The very generous donations we receive from users are a clear indication of how much The Open Door is appreciated. In early December 2026 we closed our Welcome Space in preparation for our relocation from Pudsey Wellbeing Centre and were unable to re-open for the remainder of the financial year. At the time of writing, plans are being made for a re-launch in June 2026.

Pudsey Youth Café

Exclusively for young people aged 11-17, the group ran every Wednesday evening until December 2025 and was a safe space in Pudsey where young people could enjoy a positive social experience. It was delivered in partnership with Leeds City Council Youth Services who provided a youth worker, with funding from Leeds City Council for activities and refreshments. Our contribution was providing the venue and, through The Brelms Trust grant, paying for the services of a second youth worker.

In addition to their usual activities, our young people joined in enthusiastically with the following activities which were recorded on our social media and in the centre:

- At Easter, the group decorated the Welcome Space with Easter baskets and egg bunting.
- A yoga class for the group in July was delivered by our volunteer qualified Yoga tutor. With over 50 years experience, Martin got the group involved in the activity after they requested this. It was a great opportunity for the young people to be involved in a physical activity.
- In September a scarecrow was made by the youth group to represent David Attenborough in the wildlife themed Scarecrow Festival.
- In October the group visited the Climbing Depot for a 2-hour climbing session. This was funded by Pudsey Pacers who generously donated towards a youth activity.

Numbers of attendees increased significantly across spring and summer compared with the last financial year. Increased publicity via social media and advertisement in the local area helped to increase numbers. In June 2025 we saw 22 young people visit one session which is the highest recorded attendance since the group first began. Group numbers have increased from an average of 8-14 earlier in the year.

We logged 433 attendances over the financial year, an increase in 121 from the previous year. This is a surprising amount of growth given that the Youth Cafe ceased running in December 2025 and so didn't run for more than a quarter of the financial year. If it had continued, this figure would have increased. It was a matter of deep regret that we were unable to find a way of continuing this offering in our new venue, which is also home to another Youth Service funded group.

Our Groups

In 2025-2026, we had a variety of groups running regularly at the centre, including:

- 17 led by our volunteers
- 9 provided by community groups/charities that contribute to community wellbeing (space offered on a donation basis)
- 3 sessions compatible with our wellbeing agenda but provided by private businesses for which attendance is charged (our space was charged at an hourly rate).

On average during the year, groups at the centre were attended by approximately 135 service users per week. This average fell during the last quarter of the year. Our groups moved from Pudsey Wellbeing Centre to a temporary space at Pudsey Masonic Hall. Some groups didn't run and those that did were more limited in their attendees. Average service users per week before December 2025 was 184 individuals.

The positivity we have received in feedback is evidence that our groups continue to provide a safe, welcoming environment for our service users.

Active Volunteers

The volunteer-led approach to our services gives our charity a wealth of experience and connections within our community. We currently have a team of 38 volunteers. 12 who donate their time in The Open Door, another 18 volunteer group leaders and 8 others who attend and regularly help at group sessions. Many of our Trustees are also involved in our volunteer led groups, volunteer in The Open Door and/or volunteer their time at Fetes and Events.

All of our volunteer-led activity groups have come from ideas that service users within the local community have come to us with and we are keen to encourage more. This year we started:

- a volunteer led Paper Craft Club
- a monthly drop in for IT Support, as requested on feedback forms from visitors to our welcome space.
- a monthly 'Parent's Pit Stop' group for parents and their children to unwind
- A volunteer-led introduction to British Sign Language course free for attendees.

Marketing and PR

We are reviewing our marketing and website so that it is clearer and easier to find information about which groups are running and when. We also took part in the following events.

In April 2025	we hosted a Saturday coffee morning to raise awareness of The Open Door and invite new users into our Welcome Space.
In May	we had a stall at Pudsey Carnival to represent the charity and spread awareness. Funds were raised through a small tombola and book sale.
In September	we joined in with other local businesses and charities and took part in Pudsey Scarecrow Festival and were on the trail map.
In January 2026	we ran a second Saturday coffee morning in Pudsey House - a great fundraiser and chance to raise awareness of where our new location would be, as well as a lovely chance for our volunteers to get together after a long Christmas break.

Partnerships and Collaboration

We work closely with the local community and other charities in the area. We attend the local community anchor network when it runs and have attended all Welcome Space focus groups to which we were invited.

We share our groups and events calendar on our social media and publish this on our website. Our monthly newsletter includes our What's On Guide and is sent to all users that have subscribed. Our social media is followed by other local charities and groups who share our posts alongside NHS workers and members of the West Leeds Primary Care Network. We are keen to try and establish some links with local care homes and any suitable local businesses.

Financial review

Despite this financial year being one of radical change and disruption, we have been able to maintain a reasonable financial position, with receipts of £71,591, only down slightly on the previous year (£76,702) and expenses slightly up at £56,628 (from £56,066).

The year ended with a net annual surplus of £14,964 and a carry forward balance of £67,340.
As always, we are very appreciative of the generous support we receive from our funders and donors, without whom we could not exist.

However, the coming financial year will see substantial increases in costs and significant changes to the sources of income that the charity enjoys. In particular, we are moving from a generous peppercorn rent plus utilities, to a more commercial annual rent that is inclusive of utilities and services. In addition, the charity has lost income from sub-letting office space and, by 31 March 2026, both the major grants sustaining the charity came to an end.

The priority for the next financial year will be to secure new income through grant applications, increasing gift-aided donations and enhanced fund-raising.

Designated and Unrestricted funds

No funds were designated during the course of the year.

One unrestricted grant of £650 was received from Leeds Safe (Warm) Spaces, the amount received reflecting our reduced capacity to deliver the service from mid-December through to the end of March 2026. We expect to be back in full operation again in the coming winter.
Other donations and contributions came from individuals, and until December, from the external voluntary groups that met in our premises and from letting out one of our ground floor rooms to the local Primary Care Network.

The level of contributions coming directly from members of our groups and the many users of Open Door has been maintained, with the latter continuing to be recorded as unrestricted fundraising revenue. Their generosity and support is very much appreciated.

Restricted funds
Continuing grant funding from the National Lottery Reaching Communities England Fund and The Brelms Trust provided us with much needed stability until the end of March 2026. Both grants have been fully spent and replacement sources of funding are currently being sought.

With the permission of the National Lottery, an underspend of £2,078 was carried forward into the current reporting year; it later became apparent that there were discrepancies between the Lottery's records and our own and a transfer of £540 into unrestricted funding was required to make the correction. The grant was used for staffing costs, training & DBS checks, removals & storage, and temporary room hire for group meetings whilst we were without a permanent base.

The Brelms Trust grant was used again for group materials & activities, facilitation fees and provisions.

One casualty of our loss of premises in December 2025 was the Youth Cafe. After consultation with Leeds City Council Youth Service, we were unable to find a way of continuing this service beyond that date. A reduced and final grant claim of £2,183 was submitted and received in February 2026.

The restricted donation of £500 for the Youth Café from Pudsey Pacers, which was carried forward from December 2024, funded a climbing session for the young people. The remaining £220 will be used in accordance with the wishes of Pudsey Pacers.

An unrestricted grant of £5,000 was secured from the Sir George Martin Trust in February 2026, for use in funding the first month costs of our new premises.

We also benefitted from the National Insurance Employment Allowance, amounting to £3,344.

Reserves Policy
In order to safeguard the charity from unexpected drops in income and other difficulties as well as to enable us to take advantage of any opportunities that present themselves, trustees have raised the policy of aspiring to build and maintain reserves from 3-6 to 6-9 month's running costs. Based on predicted costs for the next financial year, the desired level of reserves should be between £28,485 and £42,728. Fortuitously, these amounts were exceeded with free reserves of £62,119 being held at the year end which fortunately, in this time of substantial change, is more than the top amount we aspire to. Our aim now is to maintain reserves within the desired range through the next year.

The trustees have assessed the charity's ability to continue for 12 months from the date that the accounts are approved and are confident that the charity will be able to meet its liabilities as they fall due.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees.

Signature _____

Full name Jill Huggins

Position Chairperson Date 24 August 2026

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS
For the year from 1 April 2025 to 31 March 2026

Report to the trustees of Pudsey Wellbeing Charity Charitable Incorporated Organisation (the 'CIO')

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2026, which are set out on pages 11 to 14.

Responsibilities and basis of report
As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of the examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: …… Name: Simon Bostrom, FCIE

02.09.2026

West Yorkshire Community Accountancy Service CIO
Stringer House
34 Lupton Street
Leeds
LS10 2QW

STATEMENT of RECEIPTS & PAYMENTS
For the year from 1 April 2025 to 31 March 2026

	Unrestricted funds	Restricted funds	Total funds 2025-26	Last year 2024-25
RECEIPTS	£	£	£	£
Room rent & hire	10,525	-	10,252	18,272
Donations	1,094	-	1,094	470
Fundraising & events	4,672	-	4,672	7,272
Groups	3,242	-	3,242	3,603
Grants	650	51,408	52,058	47,085
Total receipts	**20,183**	**51,408**	**71,591**	**76,702**
PAYMENTS				
Staff costs	-	33,934	33,934	32,222
Premises	5,812	-	5,812	8,638
Equipment	63	-	63	739
Charity costs	1,958	1,164	3,122	3,526
Group costs	652	7,475	8,128	9,549
Fundraising & PR	608	-	608	1,253
Volunteer costs	161	-	161	139
Removals & storage	1,762	1,217	2,979	-
Temporary room hire	585	1,235	1,820	-
Total payments	11,602	45,026	56,628	**56,067**
Net receipts / (payments)	**8,581**	**6,382**	**14,963**	**20,635**
Transfers between funds	541	-541	**-**	-
Net movement in funds after transfers	9,122	5,841	14,963	20,636
Cash fund balances brought forward	52,997	(621)	52,376	31,740
Cash funds balances carried forward	**62,119**	**5,220**	**67,339**	**52,376**

PUDSEY WELLBEING CHARITY Charitable Incorporated Organisation : 1153331

STATEMENT OF ASSETS &LIABILITIES
As of 31 March 2026

2026	2026 Unrestricted	2026 Restricted	2025 Total	Total
Cash funds	£	£	£	£
Cash at bank	62,119	5,220	67,339	52,376
Total cash funds (reconciled)	62,119	5,220	67,339	52,376

Other Assets
None

Liabilities	£
Independent Examination	680

The financial statements were approved by the Trustees and signed on their behalf by

Signature _____

Full name Jill Huggins

Position Chairperson

Date 24 August 2026

NOTES TO THE ACCOUNTS
For the year from 1 April 2025 to 31 March 2026

1 Accounting policies

Basis of accounting
The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.
There has been no change to the accounting policies since last year.
No changes have been made to the accounts for previous years.

Taxation
As a registered charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the asset cost or expense to which it relates.

Fund accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
Restricted funds are subject to restriction on their expenditure imposed by the donor or through the terms of an appeal.
Designated funds are unrestricted funds earmarked by the trustees for particular purposes.
Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

2 Grants and donations received

	2026 Unrestricted funds	2026 Restricted funds	2026 Total funds	2025 Total Funds
National Lottery Reaching Communities	-	35,000	35,000	35,000
The Brelms Trust	-	6,000	6,000	6,000
Leeds Youth Activity Fund (for 2024-25)	-	3,224	3,224	4,095
" " " " (for 2025-26)	-	2,184	2,184	-
Leeds Safe (Warm) Spaces	650	-	650	900
Sir George Martin Trust	-	5,000	5,000	-
Yorkshire Building Society	-	-	-	500
Pudsey Pacers	-	-	-	500
Leeds CC MICE	-	-	-	90
West Riding Masonic Charities Ltd	-	-	-	4,681
Other donations	1,094	-	1,094	470
	1,744	51,408	53,152	47,555

3 Restricted funds

Fund name	Purpose of restriction

National Lottery Reaching Communities	For staff salaries & costs; training & DBS checks; with permission to use underspend for removal & storage costs; temporary room hire for groups
Youth Activity Fund	For youth café refreshments, materials, equipment, activities, paid retrospectively. Service closed in December 2025.
The Brelms Trust	For group & volunteer costs, and some running costs
Pudsey Pacers	For physical/outdoor activities undertaken by the Youth Café

	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
National Lottery Reaching Communities	2,078	35,000	36,537	(541)	-
Youth Activity Fund	(3,224)	5,408	2,184	-	-
The Brelms Trust	-	6,000	6,000	-	-
Pudsey Pacers donation	500	-	280	-	220
Leeds CC MICE fund	25	-	25	-	-
Sir George Martin Trust	-	5,000	-	-	5,000
				-	-
Totals	(621)	51,408	(45,026)	(541)	5,220

4 Designated funds

There were none

5 Donations from trustees and related parties

The total aggregate value of unconditional donations to the charity from 2 trustees was £370 (2025: £370)

6 Trustee remuneration and benefits

No trustee received any remuneration, benefits or expenses during this or the previous year.

7 Related party transactions

There were no related party transactions during this year or the previous year.