Trustees' Annual Report for the period								
	Period start date				Period end date			
From	1st	April	2025	To	31st	March	2026	

Section A Reference and administration details

Charity name	Emily's Star
Other names charity is known by	
Registered charity number (if any)	1152520
Charity's principal address	8 Wimborne Crescent
	Westcroft
	Milton Keynes
	Postcode MK4 4DE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Katie Mainwaring			
2	Kathryn York			
3	Pamela Ifould			
4	Ellie Maxwell			
5	Alana Heslam			
6	Mairead Curtis		01.04.2025 – 01.09.2026	
7				
8				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Katie Mainwaring

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed – June 2013 (no amendments)
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by Katie Mainwaring

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1 -The relief of sickness & the preservation & protection of good health of children with life limiting & life threatening illnesses in particular but not exclusively through the provision of funding & such other support as the trustees may determine.
2- To advance the education of the general public in all areas relating to Trisomy 18.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We have provided over 7569 boxes & 3704 Mini Packs to Neonatal units within the UK for premature & underweight babies. Alongside restocking of a snack station on the Neonatal Unit allowing parents to access free snacks whilst their baby is in the Unit.
We also sponsored the vCreate App which is a secure video messaging app capturing early milestones, photos & Videos.

We have provided over 600 sensory boxes for children receiving a diagnosis with a life limiting & life threatening illnesses.

We have granted wishes for memory making for children (0-25 years old) with a life limiting & life threatening illnesses. We provide vouchers for families who have prolonger hospital stays.

We offer a shop in our office full of household items & toiletries for our registered families to access FOC.

We have actively raised awareness of Trisomy 18 through various ways; Facebook, awareness video's, merchandise & leaflets.

We have supported families through bereavement.

We provide support directly to 5 wards at MKUH.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Our work remains deeply rooted in our community, with around 80% of everything we do taking place right here in our home of Milton Keynes. From supporting local families with children with complex needs to providing vital hospital support at MKUH, our focus is always on meeting families where they need us most.

We are proud to currently support over 100 registered families, offering a wide range of practical and emotional support. Over the past year, we have delivered more than 30 one-to-one support sessions, carried out 48 home visits, and hosted 20 home school group sessions, ensuring families feel connected and supported.

Our hospital work continues to be a lifeline, with 37 visits to families during hospital stays. In addition, we have invested £15,314.50 into supporting Milton Keynes University Hospital. This includes the provision of 119 neonatal boxes, a weekly snack station stocked in the neonatal unit parents' kitchen, and toiletries donated to Ward 21b, Children's Wards 4 & 5, and the labour ward. We have also supplied items to support breastfeeding, baby massage, and bedding for both the neonatal unit and labour ward, alongside sensitive bereavement support items such as white baby clothing and inkless print kits.

Beyond this, we have facilitated over 10 dedicated teen and young adult meet-ups, creating safe spaces for peer connection. Regular activities such as our 40+ Tuesday Club sessions and 22 group events — from Lego Clubs to pantos and parties — help bring joy, routine, and community to families' lives.

We have also granted 13 wishes at a cost of £3,220, creating special moments for families when they need them most. In addition, we provided over £1,400 in ad hoc support, including vouchers for hospital stays, and saw 378 visits to our free family shop, helping to ease financial pressures.

Together, these numbers reflect more than just activity — they represent meaningful, consistent support that makes a real difference to families

across Milton Keynes.

In 2025, our Mini Packs initiative has continued to deliver meaningful, nationwide impact, supporting 138 hospitals across the UK with a total of 1,338 packs distributed—not including the additional, ongoing support we provide to Milton Keynes.

This year's data highlights both the breadth and depth of our reach. We have supported hospitals in every region, from those receiving a single pack—such as Aberdeen Royal Infirmary, Arrowe Park Hospital and Ninewells Hospital—to high-demand units receiving significantly larger volumes, reflecting both need and strong partnerships.

Our most supported hospital in 2025 was Heartlands Hospital, which received 57 Mini Packs, closely followed by Bradford Royal Infirmary (55 packs) and Lincoln County Hospital (53 packs). These figures demonstrate where demand has been greatest and where our support is making a particularly concentrated impact.

Regionally, the Midlands and North of England stand out as the most supported areas, with multiple hospitals receiving high volumes of packs. This includes sites such as Hull Royal Infirmary (39 packs), Burnley General Hospital (39 packs) and East Surrey Hospital (36 packs), alongside several others receiving 30+ packs. This clustering highlights both population need and the strength of our engagement with services in these regions.

At the same time, our ability to reach a wide range of hospitals—many receiving between 1–10 packs—demonstrates our commitment to ensuring equitable support across the entire UK, regardless of size or location.

Overall, the distribution of 1,338 Mini Packs across 138 hospitals represents more than just numbers—it reflects a growing national footprint, trusted partnerships with healthcare teams, and a continued commitment to ensuring that every family facing difficult circumstances receives vital support when they need it most.

Section D Achievements and performance

Brief statement of the charity's policy on reserves	Emily's Star maintains financial reserves to safeguard the charity's long-term sustainability and ensure continuity of its charitable activities. Reserves provide a buffer against unexpected costs, temporary reductions in income, and support strategic opportunities that further the charity's objectives. The Trustees have agreed to maintain unrestricted reserves at **5% of annual operating costs or a minimum of £5,000**, whichever is greater. This target is reviewed annually to ensure it remains appropriate to the charity's financial position and level of risk. Any use of reserves must be approved by the Board of Trustees and will only be made where it supports the charity's financial resilience, legal obligations, or strategic aims. The level of reserves and this policy are reviewed annually and reported in the charity's annual accounts to ensure transparency and good financial governance.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	Our principal sources of funding are; 1. **Individual Donations** 2. **Corporate Sponsorships and Donations** 3. **Grants from Foundations and Government** 4. **Fundraising Events** 5. **Online Fundraising**

Section F Other optional information

We updated our main tag line in 2024 to –

We provide essential support, resources, and opportunities for premature babies and children & young adults with life limiting conditions in Milton Keynes alongside raising awareness of Trisomy18

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	KM
Full name(s)	Katie Mainwaring
Position (eg Secretary, Chair, etc)	Trustee
Date	22nd July 2026

Signature(s)	K. M. York.
Full name(s)	Kathryn York
Position (eg Secretary, Chair, etc)	Trustee
Date	4th August 2026

Signature(s)	P Ifould
Full name(s)	Pamela Ifould
Position (eg Secretary, Chair, etc)	Trustee
Date	1st September 2026

Signature(s)	EMax
Full name(s)	Ellie Maxwell
Position (eg Secretary, Chair, etc)	Trustee
Date	13/08/26

Signature(s)	
Full name(s)	Alana Heslam
Position (eg Secretary, Chair, etc)	Trustee
Date	22.07.26

EMILY'S STAR

FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 MARCH 2026

CHARITY NO. 1152520

CONTENTS OF THE REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD 1 APRIL 2025 TO 31 MARCH 2026

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4 Report of the independent examiner

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6 Balance Sheet

7-8 Notes to the report and financial statements

LEGAL AND ADMINISTRATIVE INFORMATION
FOR THE PERIOD 1 APRIL 2025 TO 31 MARCH 2026

Trustees:	Katie Mainwaring Alana Heslam Ellie Rosa Maxwell Kathryn Margaret York Pamela Rosemary Ifould
Principle office:	8 Wimborne Crescent Westcroft Milton Keynes Buckinghamshire MK4 4DE
Registered number:	1152520
Independent examiner:	Gemma Ffowcs-Williams FCCA Chilli Accounting Ltd 60 KIlpin Green Newport Pagnell MK16 9LY

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF EMILY'S STAR FOR THE PERIOD 1 APRIL 2025 TO 31 MARCH 2026

I report on the accounts of the charity for the year ended 31 March 2026 which are set out on pages 5-8.

Respective responsibilities of the trustees and the independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charities Commission. An examination includes the review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures within the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gemma Ffowcs-Williams FCCA
Chilli Accounting Ltd
60 Kilpin Green
Newport Pagnell
Buckinghamshire
MK16 9LY

Date ……19/8/2026……

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 1 APRIL 2025 TO 31 MARCH 2026

	Note	Unrestricted funds	Restricted funds	**Total funds 2026**	Total funds 2025
Incoming resources		£	£	**£**	£
Voluntary Receipts	**4**	128,527	-	**128,527**	97,571
Activities for generating funds	**5**	287	-	**287**	362
Charitable activities	**6**	19,829	-	**19,829**	14,152
Total		**148,643**	**-**	**148,643**	112,085
Resources expended					
Costs of generating voluntary income		19,845	-	**19,845**	17,589
Costs of charitable activities		64,650	-	**64,650**	45,965
Fundraising costs (trading activities)		227	-	**227**	1,314
Governance costs		58,758	-	**58,758**	52,428
Total		**143,480**	-	**143,480**	117,295
Net income / (expenditure)		**5,163**	-	**5,163**	(5,211)

BALANCE SHEET
FOR THE PERIOD 1 APRIL 2025 TO 31 MARCH 2026

	Note	Unrestricted funds	Restricted funds	**Total funds 2026**	Total funds 2025
Current Assets		£	£	**£**	£
Bank account		35,012		**35,012**	31,109
PayPal account		710		**710**	(29)
Cash account		467		**467**	843
Debtors		-		**-**	-
Total current assets		36,189	-	**36,189**	31,924
Creditors due within one year	**7**	(1,275)	-	**(1,275)**	(2,173)
Total Assets less Current Liabilities		**34,916**	**-**	**34,916**	**29,751**
Funds of the Charity					
Unrestricted funds - Current Year		5,163	-	5,163	(5,211)
Unrestricted funds - Retained		29,752	-	29,752	34,963
Total Funds		**34,916**	**-**	**34,916**	**29,752**

Approved by the trustees on …… and signed on their behalf by;

Katie Mainwaring
Trustee

NOTES TO THE REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD 1 APRIL 2025 TO 31 MARCH 2026

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with;

- Financial Reporting Standard for Smaller Entities (effective April 2008)
- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005); and
- the Charities Act 2011.

2. TAXATION

The charity is exempt from corporation tax.

3. REMUNERATION OF TRUSTEES AND BENEFITS

Remuneration paid to trustees in the year amounted to £24,333 for the year ended 31 March 2026 (2025; £23,426) However, it should be noted that the trustee receiving remuneration is also CEO. The remuneration therefore relates to their role as CEO rather than their role as a trustee. There are policies in place to ensure these two roles are treated separately.

4. VOLUNTARY INCOME

	Unrestricted funds	Restricted funds	**Total funds 2026**
	£	£	£
Donations	128,527		128,527
Total Donations	**128,527**	**-**	**128,527**

NOTES TO THE REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD 1 APRIL 2025 TO 31 MARCH 2026

5. ACTIVITIES FOR GENERAL FUNDING

	Unrestricted funds	Restricted funds	**Total funds 2026**
	£	£	£
Content Income	204		0
On-Line Shop	83		83
Total Donations	**287**	**-**	**83**

6. CHARITABLE DONATIONS

	Unrestricted funds	Restricted funds	**Total funds 2026**
	£	£	£
Bonus ball lottery	2,776	-	2,776
Fundraising events	17,053	-	17,053
Total Charitable Activities	19,829	-	19,829

7. CREDITORS

	£
Accounts Payable	1,275
Total Creditors	**1,275**