Charity Registration No. 1150906

Company Registration No. 08261096 (England and Wales)

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)

TRUSTEES' REPORT AND UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2026

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Helen Rodgers (Chair) Chris Jay (Vice-Chair) Charlotte Linington Justin Sainsbury (Resigned 26 January 2026) Sharon Gearing Jemma Paterson
Charity number	1150906
Company number	08261096
Registered office	Dove Lodge Community Resources Centre 49 Beach Road Littlehampton West Sussex BN17 5JG
Independent examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Bankers	Lloyds TSB Bank PLC South Street Worthing West Sussex BN11 3AU

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
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REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2026

The trustees are delighted to present our annual report for the period April 2025 to March 2026.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, our Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance & Management

In 2013 Reaching Families changed from being an unincorporated charity (The Parent & Family Care Foundation) and became Reaching Families, a charitable company limited by guarantee governed by Memorandum and Articles of Association. The new organisation was registered with Companies House on the 15th February 2013 and registered with the Charity Commission on the 20th February 2013. The trustees who are also the directors of the company who served during 2025-26 were as follows:

Helen Rodgers (Chair)
Chris Jay (Vice Chair)
Charlotte Linington
Justin Sainsbury (Resigned 26th January 2026)
Sharon Gearing
Jemma Paterson

Trustees are recruited based on their skill, knowledge and experience of working in our field and/or their experience of charity management and governance. It is the policy of the trustees to maximise representation of parent-carers and/or people with lived experience of disability on our board of trustees wherever possible (two of our current board are parent-carers whilst two have lived experience of disability).

The trustees meet as a minimum on a bi-monthly basis to discuss matters relating to organizational strategy, operational management, policy, administration, financial management and fundraising. Day-to-day management of the charity is delegated to a part-time Director and a part-time Operations Director who are responsible for delivery of our services, staff management, fundraising & communications, evaluation, financial management, project development & business planning and external relations.

Public Benefit

The trustees have had due regard to the charity commission guidance on public benefit in deciding what activities it carries out.

Principal Risks & Uncertainties

Trustees and staff carry out regular risk assessments that affect both the operational delivery of our work and the longer-term sustainability of our service delivery. The principal risk to the organisation's sustainability is funding. From our inception the charity has pursued a policy of spreading financial risk by developing a diverse financial model that leverages funding from a wide variety of sources including the National Lottery Community Fund, charitable trusts and foundations, community fundraising, earned income and grant aid from NHS Sussex and West Sussex County Council.

Remuneration Policy

All of our staff work part time and are therefore paid on a pro-rata basis. Their salaries are based on market rates and reviewed annually.

Objectives & Activities

The charity's objects are (i) to relieve the needs of disabled people, particularly, but not exclusively, children, young people, their parents, carers and families (ii) to further any other such purposes deemed charitable by the law of England and Wales as the trustees shall from time to time decide. These objects are captured more succinctly in our mission statement: "to empower, inform and support parents and families of children and young people with special educational needs and disabilities in West Sussex."

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2026

Review of the Year

Whilst we continue to support record numbers of SEND families in West Sussex, 2025/26 was a challenging year in operational terms, in particular as a result of staff sickness and absence. It is an enormous testament to the operational management of the organisation and the flexibility and determination of our team that we were able to deliver at such a high level in such trying circumstances.

Highlights of the year include publishing the latest edition of our parent-carer guide, Making Sense of It All. Now in its 7th edition the book has been distributed to over 25,000 families across West Sussex. We also reached a landmark with our Facebook group this year when we approved our 10,000th member, making the group one of the largest of its kind in the UK. Elsewhere, we recruited a second benefits advisor which has increased the capacity and sustainability of our Benefits Advice Service.

Operational Performance

	2024/25	2025/26	(+/- %)
Parent Guide	2,523	2,648	5%
Factsheets	11,788	11,145	-5%
Training	1,209	1,307	8%
Benefits Advice Service	279	318	14%
Befriending	72	52	-27%
Umbrella Support Group	306	307	-
NDP Navigation Service	549	424	-23%
Short term case work	600	687	14%
Facebook Groups	1,246	991	-20%

Outcomes

Whilst we are very happy that engagement in our service is so high, we also recognise the only true measure of our success is the benefit of our services to parents and families. We therefore work towards specific outcomes we aim to meet and through parent feedback and consultation, calculate our success in parents achieving these outcomes. Our results for 2025/26 are as follows: -

- 88% of parents have an improved knowledge of SEND and where to access support
- 88% of parents have improved skill and self confidence in supporting their child with SEND
- 85% of families who used our benefits advice service have improved financial wellbeing
- 73% of parents report having improved wellbeing and resilience
- 75% of parents have improved connections with other parent-carers
- £2.9 million raised in successful claims for Carers Allowance, Disability Living Allowance (DLA) and Personal Independence Payment (PIP)

Information Resources

We published a new edition of our highly popular parent-carer guide, Making Sense of It All in May 2025. Now in its 7th edition, the book has been distributed to over 25,000 parents since it was first published in 2013, and remains the most popular information resource for parents in West Sussex.

Training

In the absence of specialist services able to provide parents with expert advice, more and more are turning to training to gain the knowledge and skills they need to support their child with SEND.

As a result demand for our training workshops continues to be sky high. Sadly, whilst we delivered training to over 1,300 parents in 2025/26, more than 3,000 could not get a space on their preferred workshops. As a result we continue to do our best to fundraise for the expansion of our training programme and find accessible alternatives to our online delivery.

Benefits Advice Service

Over 90% of the 300 plus families we supported through the Benefits Advice Service in 2025/26 were either first time applicants or from vulnerable households. We helped them raise over £2.9 million in claims for Carers Allowance, DLA and PIP.

In order to make the project more accessible and reach parents in their own communities we also launched a Benefits Advice Roadshow which we are delivering in partnership with a number of other SEND charities and parent groups.

Befriending

Unfortunately, staff absences impacted the capacity of our befriending project this year and resulted in a lower than normal number of parent-carers supported (52).

However, our team of dedicated volunteer befrienders have as always worked incredibly hard supporting parent-carers and being a listening ear at such a crucial point in the parent's journey, we remain enormously grateful to them. As we have said so often before, the project would literally not be possible without them.

Umbrellas Support Groups

Our network of seven Umbrellas support groups reach the length and breadth of West Sussex and even include an online group for parents who find meeting in person more difficult.

Over 300 parents attended our groups this year, each in their own way making connections with other like-minded parents, whilst benefiting from information and advice from our outreach workers, ND Navigation workers and other visiting organisations.

ND Navigation Service

With an average wait time of two years before children and young people in West Sussex are assessed for ADHD and Autism, our ND Navigation Service is a vital lifeline in helping these families still access support.

Over 80% of the families we supported this year were waiting on assessment. We helped them in a variety of ways - in providing information tailored to their needs, accessing our training workshops, matching them with a volunteer befriender and crucially, helping them connect with other parents with a similar life experience.

In 2026 we also launched an ND Navigation Roadshow to make the project more accessible to parents in their local communities.

Short Term Case Work

It is a telling signal of the crisis in SEND services that a record number of parents approached our team for short term case work support this year, 687 in total. We receive no additional funding for this element of our work, but the general policy of the trustees is not to turn families away and where we are suitably qualified to help, we will.

Over the course of the year we supported families with a range of issues including family finances, emotionally based school avoidance, carer wellbeing and transitioning to adult life.

Facebook

Ever since the covid pandemic, social media has become the place parent-carers meet the most. This is particular true of Facebook.

This year we reached an extraordinary milestone when we approved the 10,000th member of our Facebook group, making it one of the largest of its kind in the country. Whether its peer advice on DLA & PIP, how to get an EHCP, home education, recommending services or simply connecting with other parents, more than 50% of parent-carers in West Sussex are now connecting with each other in our group.

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2026

Fundraising

We were grateful to Bascule Charitable Trust (£75,000) and Garfield Weston Foundation (£40,000) for their continued support of our work. We were also humbled by an unexpected legacy of £14,000, an enormously generous gift of almost incalculable value to a small charity like ours.

Financial Summary and Review

Total income: £215,913
Expenditure on Charitable Activities: £302,837

Income was lower than expenditure during the year owing to a number of funds already held in restricted reserves and carried forward into this year. Both NHS Sussex and West Sussex County Council restructured our grant agreements during 2025/26 and in the process extended the period of those agreements from one year to two. Unfortunately, neither grant has increased in value whilst demand for our work continues to rise.

Expenditure rose by almost 21% from the previous year largely as a result of staff recruitment and publishing a new edition of our parent-carer guide, Making Sense of It All.

Reserves Policy

It is the policy of the trustees to hold the equivalent of three months running costs in unrestricted reserves calculated on the basis of forecasted expenditure for the following financial year (2026/27: £334,055). This requires us to hold £83,513. By the year end our unrestricted reserves stood at £137,846. As per our usual policy we are therefore carrying forward the balance of £54,333 and treating it as income for the following financial year.

Our reserves are designed to enable us to manage an orderly closing of the charity if necessary or to provide financial contingency in other circumstances, for example, between major grants. The reserves will be used for the following specific purposes:

- Any redundancy payments due to employees
- Support to employees in finding alternative employment
- Terminating service contracts such as office rent and equipment
- Accountancy, audit and other professional costs
- Short term contingency costs between major grants

The majority of our restricted reserves of £63,488 are made up of funding from the National Lottery Community Fund to develop our Benefits Advice Service over the period 2024-27.

Next Steps

2026/27 will be a momentous year for Reaching Families as we celebrate our 18th birthday, a huge landmark for any small grassroots organisation. We will be marking the year with celebrations and launching our first ever public fundraising appeal, which we hope will be the start of building an individual and community donor base.

Next year will also be one of consolidation. In financial terms the organisation has grown by over 140% in the last five years and in the process developed two major new services – our Benefits Advice Service and ND Navigation Service. Such growth is testing on the infrastructure of a small organisation like ours and the trustees therefore recognize that a period of consolidation is needed before any further growth or development.

Signed on behalf of the board on 22/09/2026

H. Rodgers

Helen Rodgers
Chair

REACHING FAMILIES LIMITED

(LIMITED BY GUARANTEE)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF REACHING FAMILIES LIMITED

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2026.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities,
   applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

TC Group

Mr Mark Cummins FCCA FCIE
TC Group
The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated: 1 October 2026

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2026

	Note	Unrestricted funds £	Restricted funds £	Total 2026 £	Total 2025 £
Income from:					
Donations and grants	3	**59,896**	**151,080**	**210,976**	336,326
Charitable activities	4	**1,146**	**-**	**1,146**	1,384
Investment Income	5	**3,791**	**-**	**3,791**	4,187
Total income		**64,833**	**151,080**	**215,913**	341,897
Expenditure on:					
Charitable activities	6	**14,188**	**288,649**	**302,837**	250,582
Total expenditure		**14,188**	**288,649**	**302,837**	250,582
Net income for the year/ Net movement in funds		**50,645**	**(137,569)**	**(86,924)**	91,315
Fund balances at 1 April 2025		87,201	201,057	288,258	196,943
Fund balances at 31 March 2026		**137,846**	**63,488**	**201,334**	288,258

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006. All income and expenditure derives from continuing activities.

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
BALANCE SHEET

AS AT 31 MARCH 2026

	Notes	2026 £	2026 £	2025 £	2025 £
Fixed assets					
Tangible assets	11		-		298
Current assets					
Stock	12	1,627		-	
Debtors	13	65,604		63,778	
Cash at bank and in hand		138,233		230,113	
		205,464		293,891	
Creditors: amounts falling due within one year	14	(4,130)		(5,931)	
Net current assets			201,334		287,960
Total assets less current liabilities			201,334		288,258
Income funds					
Restricted funds	16		63,488		201,057
Unrestricted funds			137,846		87,201
	17		201,334		288,258

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2026. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its incoming resources and application of resources, including its income and expenditure, for the financial period in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The accounts were approved by the Board on 22/09/2026

H. Rodgers

Helen Rodgers – Chair

Company Registration No. 08261096
Charity Registration No. 1150906

The notes on pages 8-16 form part of the Financial Statements

REACHING FAMILIES LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2026

1 Statutory information

The charity is a company limited by guarantee registered in England and Wales. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered office and other statutory information can be found on the legal and administrative information page of these accounts.

2 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Reaching Families Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s). There are no material uncertainties about Reaching Families Limited's ability to continue as a going concern. The charity's presentation currency is Pound Sterling.

2.2 Income

Income is included in the Statement of Financial Activities when the charity is legally entitled to the income, the amount can be quantified with reasonable accuracy and there is certainty over the receipt of the income. The following specific policies are applied to particular categories of income:

Grants and donations are recognised on an accrual basis, accounted for in relation to the period that they relate.

Investment income and other income is accounted for when received.

2.3 Expenditure

Expenditure is recognised on an accruals basis. The charity is not registered for VAT and accordingly expenditure is shown gross of VAT.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination fees. These costs are included within support costs.

2.4 Tangible fixed assets and depreciation

The decision to include items within fixed assets is assessed on a case by case basis; there is no set value below which assets are not capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Fixtures, fittings & equipment	3 years straight line

2.5 Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of opening the deposit or similar account.

2.7 Funds

Unrestricted funds are donations and other income receivable or generated for the objects of the charity. Restricted funds are funds provided for a specific purpose that must be spent in line with the funder's requirements.

2.8 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised.

The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

2.9 Creditors and provisions

Creditors and provisions are recognised where the group has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

3 Income from donations and grants

	Unrestricted funds	Restricted funds	Total 2026	Total 2025
Restricted funds	£	£	£	£
Bascule Charitable Trust - Benefits Advice	-	**15,000**	**15,000**	15,000
Bascule Charitable Trust – Information Resources	-	-	-	10,000
Bascule Charitable Trust – Peer Projects	-	**50,000**	**50,000**	-
Cuckfield Mayors Fund - Burgess Hill Umbrellas	-	-	-	300
Ernest Kleinwort - Training	-	-	-	3,500
NHS – Peer Projects	-	**61,080**	**61,080**	-
NHS Sussex NDP Family Advice & Navigation Service	-	**23,000**	**23,000**	98,500
The Grocers Charity - Benefits Advice Service	-	-	-	3,750
National Lottery Community Fund - E-learning Project	-	-	-	20,000
National Lottery Community Fund - Benefits Advice Service	-	-	-	88,377
Shanly Foundation - Umbrellas Support Groups	-	-	-	2,000
Tesco Golden Grants - Horsham Umbrellas	-	-	-	5,000
Tesco Littlehampton & Pulborough - Benefits	-	**2,000**	**2,000**	-
Tesco Stronger Starts - Burgess Hill	-	-	-	887
Tesco Stronger Starts - Chichester	-	-	-	500
Total restricted funds	-	**151,080**	**151,080**	247,814
Unrestricted funds				
Durrington Cycle Project	**2,500**	-	**2,500**	-
Garfield Weston	**40,000**	-	**40,000**	-
Legacy donation	**14,000**	-	**14,000**	-
Misc Income	**2,311**	-	**2,311**	-
NHS Sussex/WSCC	-	-	-	61,080
The Downs Crematorium Brighton	-	-	-	5,000
The Edwin James Orchestra	**1,085**	-	**1,085**	-
The Hopper Trust	-	-	-	10,000
The February Foundation	-	-	-	3,000
The Broyst Foundation	-	-	-	1,000
The Michael Cornish Charitable Trust	-	-	-	1,000
Legal & General via CAF	-	-	-	2,750
Co-op Local Community Fund	-	-	-	1,116
Other	-	-	-	3,566
Total unrestricted funds	**59,896**	-	**59,896**	88,512
Total income from donations and grants	**59,896**	**151,080**	**210,976**	336,326

4 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2026 £	Total 2025 £
Postage & packaging income	319	-	319	264
Training income	600	-	600	1,120
Gift aid	227	-	227	-
	1,146	-	1,146	1,384

5 Investment Income

	Unrestricted funds £	Restricted funds £	Total 2026 £	Total 2025 £
Interest Income	3,791	-	3,791	4,187
Total investment income	3,791	-	3,791	4,187

6 Expenditure

	Staff costs £	Depreciation £	Other Costs £	Total 2026 £	Total 2025 £
Charitable activities					
Furtherance of Charity's objectives:					
Activities undertaken directly	246,521	-	48,131	294,652	242,801
Support costs	4,550	298	3,337	8,185	7,781
Total expenditure	251,071	298	51,468	302,837	250,582

7 Support costs

	Total 2026 £	Total 2025 £
Furtherance of Charity's objectives		
Insurance	506	488
Administrative salaries	4,550	3,758
Depreciation	298	763
Governance costs	2,831	2,772
	8,185	7,781

Governance costs relate to independent examiners' fees, accounting costs and costs relating to trustee meetings

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or reimbursement of expenses during the year or the prior year. No trustee invoiced for services provided (2025: none).

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2026	2025
	Number	Number
Charitable activities	**15**	14

Employment costs	**2026**	2025
	£	£
Wages and salaries	**232,504**	206,375
Employers National Insurance	**13,305**	7,190
Pensions Costs	**5,262**	4,623
	251,071	218,188

The average number of staff disclosed above all work part time. The average full time equivalent number of staff for the year totalled 8.3 (2025: 7.6).

There were no employees whose annual remuneration was £60,000 or more (2025: none). The Key Personnel of the charity comprised the director and the operations director whose emoluments totalled £58,630 (2025: £49,101).

10 Comparative funds – Statement of Financial Activities for the year ended 31 March 2025

	Unrestricted funds £	Restricted funds £	Total 2025 £
Income			
Donations & grants	88,512	247,814	336,326
Charitable activities	1,384	-	1,384
Investment Income	4,187	-	4,187
Total income	94,083	247,814	341,897
Expenditure			
Charitable activities			
Furtherance of Charity's objectives	110,777	139,805	250,582
Total expenditure	110,777	139,805	250,582
Net income/(expenditure) for the year/ Net movement in funds	(16,694)	108,009	91,315
Fund balances at 1 April 2024	103,895	93,048	196,943
Fund balances at 31 March 2025	87,201	201,057	288,258

FOR THE YEAR ENDED 31 MARCH 2026

11 Tangible fixed assets

	Fixtures, fittings & equipment
	£
Cost	
At 1 April 2025	6,334
At 31 March 2026	**6,334**
Depreciation	
At 1 April 2025	6,036
Charge for the year	298
At 31 March 2026	**6,334**
Net book value	
At 31 March 2026	-
At 31 March 2025	298

12 Stock

	Total 2026	Total 2025
	£	£
Stock of books	**1,627**	-

13 Debtors

	2026	2025
	£	£
Trade debtors	**49,795**	61,912
Other debtors	**14,324**	324
Prepayments and accrued income	**1,485**	1,542
	65,604	63,778

14 Creditors: amounts falling due within one year

	2026	2025
	£	£
Trade creditors	**301**	2,247
Accruals and other creditors	**3,829**	2,776
Pension payable	**-**	908
	4,130	5,931

15 Control

The charity is under the control of the board of Trustees.

16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2025	Incoming resources	Resources expended	Balance at 31 March 2026
	£	£	£	£
Bascule Charitable Trust – Peer Projects	-	50,000	(50,000)	-
Bascule Charitable Trust - Benefit Advice Service	1,250	15,000	(16,125)	125
Ernest Kleinwort - Training	3,500	-	(3,500)	-
National Lottery Community Fund - Benefits Advice Service	61,690	-	(21,950)	39,740
National Lottery Community Fund - E-Learning Project	19,771	-	(8,852)	10,919
NHS Sussex - ND Navigation Service	112,070	23,000	(125,187)	9,883
NHS – Peer Projects	-	61,080	(59,426)	1,654
Tesco Golden Grants - Horsham Umbrellas	2,630	-	(2,630)	-
Tesco Littlehampton & Pulborough - Benefits	-	2,000	(833)	1,167
Tesco Stronger Starts - Burgess Hill	146	-	(146)	-
	201,057	151,080	(288,649)	63,488

Bascule Charitable Trust (Peer Projects) – towards delivery of peer to peer services (befriending and Umbrellas support groups).

Bascule Charitable Trust (Benefit Advice Service) – towards development and delivery of our benefits advice service.

Ernest Kleinwort Charitable Trust (Training) – towards the delivery of training workshops.

National Lottery Community Fund (Benefits Advice Service) – towards development and delivery of our benefits advice service.

National Lottery Community Fund (E-learning project) – towards development of e-learning training modules.

NHS Sussex (ND Navigation Service) – towards development and delivery of our ND Navigation Service.

NHS Sussex (Peer Projects) – towards delivery of peer to peer services (befriending and Umbrellas support groups).

Tesco Golden Grants – towards delivery of our Umbrellas support group in Horsham.

Tesco Stronger Starts – towards delivery of our benefits advice service.

Tesco Stronger Starts – towards delivery of our Umbrellas support group in Burgess Hill

17 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total 2026
	£	£	£
Fund balances at 31 March 2026 are represented by:			
Current assets	**141,976**	**63,488**	**205,464**
Creditors: amounts falling due within one year	**(4,130)**	**-**	**(4,130)**
	137,846	**63,488**	**201,334**

	Unrestricted funds	Restricted funds	Total 2025
	£	£	£
Fund balances at 31 March 2025 are represented by:			
Tangible fixed assets	**298**	**-**	**298**
Current assets	**92,834**	**201,057**	**293,891**
Creditors: amounts falling due within one year	**(5,931)**	**-**	**(5,931)**
	87,201	**201,057**	**288,258**

18 Related party transactions

There were no related party transactions other than the employment of key management personnel as disclosed at note 9.