HELEN BAMBER FOUNDATION
strength to fly



ANNUAL REPORT AND ACCOUNTS

2025

I am here because of you.



A NOTE OF GRATITUDE

"I want to express my heartfelt gratitude for all the support and care you have given me throughout our time together. Every word from you, delivered with love, precision, and professionalism, has had an incredible impact on me. I am here because of you.

Thank you for your endless patience, for listening to me even when I've cried, when I didn't want to speak, and even when my body wanted to run away. Your support has been a safe space where I would face my traumas.

I am deeply grateful for your care, respect and the strength you have given me to keep moving forward.

Because of your care I have a job, a house to live, to provide for myself, to be free to walk, to be me.

Because of you I am here. Your words made my life easier. You have made me feel truly seen, understood and stronger, facing my challenges.

I have a lot to say, but I don't want to overwhelm you. I just want to say THANK YOU.

With love."

A client of the Helen Bamber Foundation

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Kabir's story

In 2014, Kabir* was imprisoned in Egypt. He was arrested for his work in the media, which placed him at a heightened risk of state scrutiny and repression. In prison he was tortured for several months and witnessed the killing of a colleague. After his release, he fled as a political refugee.

As a result of his trauma, he lives with significant physical and mental health difficulties and has been diagnosed with complex Post Traumatic Stress Disorder (PTSD). During Kabir's imprisonment, he was routinely taken out of bed by his captors and tortured. Now hearing any noise in the middle of the night causes sleeplessness, nightmares and flashbacks.

After claiming asylum in the UK, Kabir was placed in Home Office asylum accommodation where sharing rooms with strangers was common. For Kabir, whose trauma was triggered by noises and hearing other people at night, the environment became an inescapable prison.

"...he was routinely taken out of bed by his captors and tortured."



He raised his concerns repeatedly with housemates and the accommodation provider, but nothing changed. The impact on his mental health was so profound that he often spent up to 18 hours a day outside to avoid returning to his shared room. As the colder winter months set in, Kabir found himself increasingly isolated, with no sense of community or support around him. His distress intensified and he experienced suicidal thoughts, so his legal aid solicitor referred him to the Helen Bamber Foundation (HBF) for specialist support.

Once Kabir became our client, we acted urgently. We provided specialist medical evidence to the Home Office, securing his move into safer, individual housing. The impact was immediate: his anxiety reduced, his sleep improved, and he was better able to engage in support. Alongside housing advocacy, we provided long term therapeutic care to help Kabir process his trauma and rebuild stability and self worth.

In 2020, Kabir's asylum claim was refused, which was a major setback. Despite the uncertainty and stress this caused, HBF supported him during his appeal while continuing his therapeutic care. During this time, Kabir demonstrated extraordinary perseverance. His asylum appeal was eventually successful and with HBF's Community and Integration team, Kabir explored his goals and began to reimagine a future not defined by his trauma.

"Kabir is now studying for a Master s in Media Studies at a leading London university."

Drawing on his background in media in Egypt, he applied to multiple universities over four years. After facing repeated rejections, he achieved a significant breakthrough: an offer for a Master's degree, alongside a highly competitive scholarship.

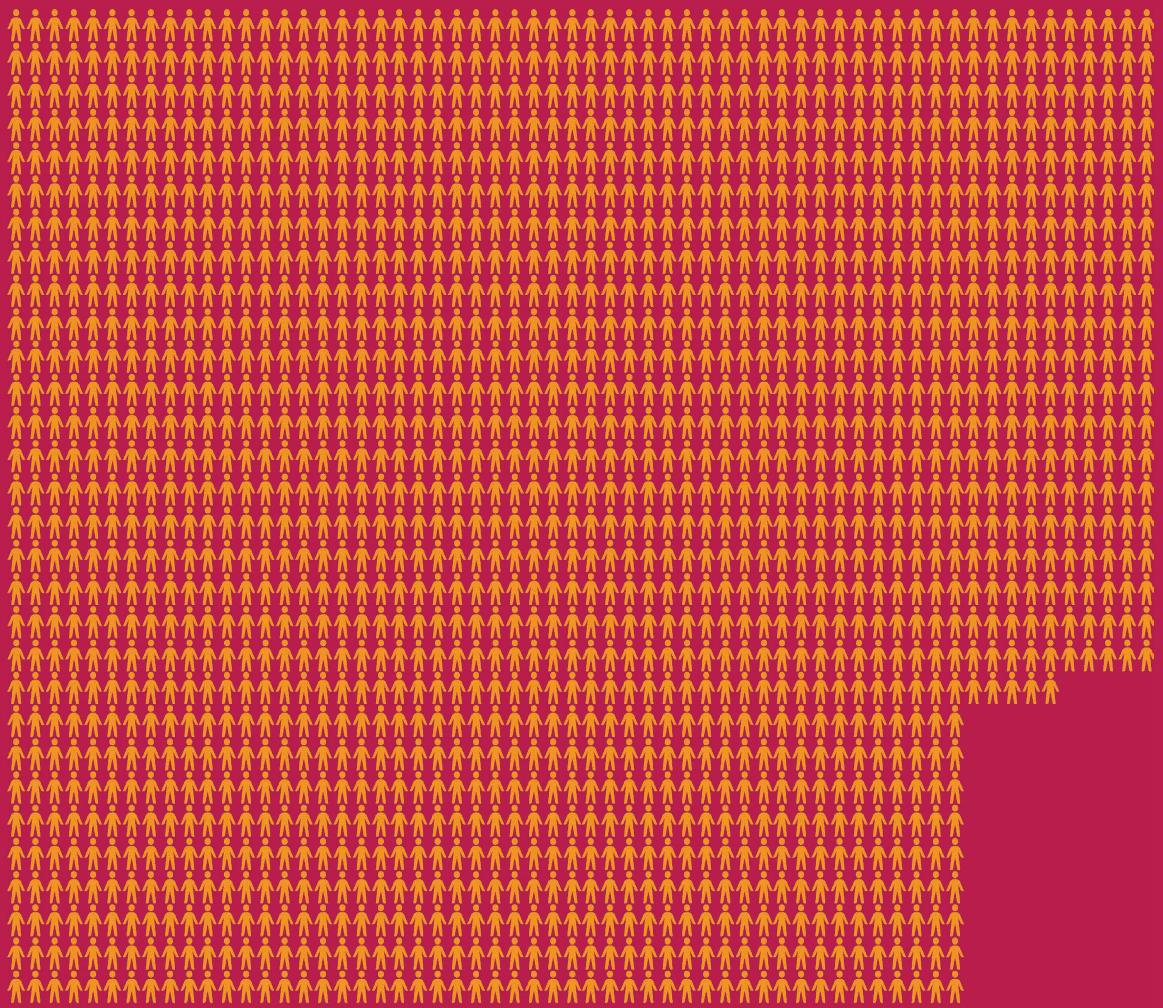
Kabir is now studying for a Master's in Media Studies at a leading London university. At the start of his programme, he was anxious and self-conscious. We supported him to access university wellbeing services and facilitated communication with academic staff to ensure appropriate adjustments and understanding were in place. Kabir has since settled into university life, achieving high marks and contributing actively to HBF community, volunteering his skills and encouraging other survivors to consider higher education as a pathway forward. His journey shows the resilience of survivors and the life changing impact of sustained and holistic support.

* All names and identifying details of our clients have been changed in this report.

HIGHLIGHTS OF 2025

In 2025, we supported **1705 survivors** of trafficking and torture,

stateless people, and unaccompanied young children **fleeing violence and persecution**





421

survivors accessed holistic care to support their recovery, with a further **251** family members benefiting as a result



297

people received expert immigration advice at Asylum Aid ensuring long-term safety and wellbeing



148

clients of Helen Bamber Foundation and Asylum Aid were granted protection



89%

of survivors who completed our trauma-focused therapy reported improvement in symptoms of depression



187

survivors accessed specialist medical support for urgent health needs



352

survivors were supported to secure safe housing and welfare stability



219

survivors built confidence and social connections through community activities



97%

of survivors surveyed said they felt safer after being supported by us, including from re-exploitation



255

external charity staff trained in trauma-informed care



50+

NHS therapists trained in Narrative Exposure Therapy



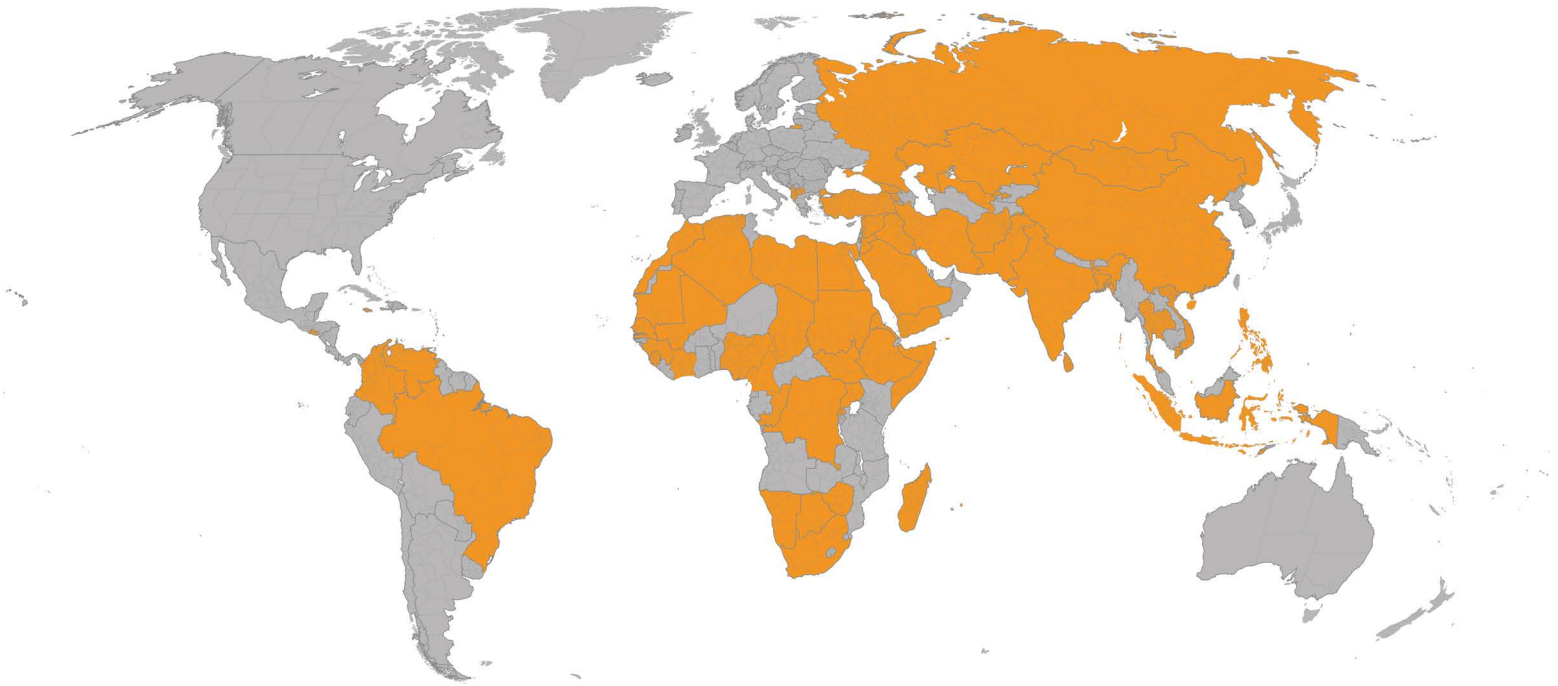
98%

of clients said that the Helen Bamber Trauma Centre is a place where they can feel safe and can relax



87.5%

of clients who graduated from our services in 2025 showed improved overall functioning compared with when they joined us



OUR GLOBAL IMPACT

We support men, women, children, and families from around the world who are seeking protection in the UK.

Our clients are from a wide range of backgrounds, with the most common countries of origin being Albania, Nigeria, Eritrea, the Democratic Republic of the Congo (DRC), Iran, Afghanistan, Turkey, Vietnam, Ethiopia, and Pakistan.

In an increasingly complex global climate marked by ongoing conflicts, wars and crisis, **we provided comprehensive, holistic care to survivors from 70 countries in 2025.**

WHO WE ARE

The Helen Bamber Foundation and Asylum Aid, together forming the Helen Bamber Foundation Group, provide life-changing care for some of the most vulnerable people seeking protection in the UK, including survivors of trafficking, torture and other forms of human cruelty, who have experienced profound and long-lasting trauma.

We deliver evidence-based support, offering both practical assistance and hope, so they can rebuild their lives and feel less alone.





WHAT WE DO

Providing vital support for people to rebuild their lives

At the heart of the Group is a shared mission to ensure those who have faced extreme violence and persecution are safe, can recover, and can rebuild their lives with dignity. HBF delivers direct support through a combination of therapeutic, medical, casework and legal services to support recovery from trauma. Asylum Aid provides specialist legal advice and representation to people with complex asylum cases, including survivors of trafficking and torture, children, and stateless people. Asylum Aid also hosts the Migrants' Law Project, which supports young people to secure family reunion for younger siblings fleeing violence.

Building capacity through partnerships and training

Our combined expertise as a Group provides a unique insight into the experiences of people seeking safety in the UK. This enables us to drive practice change in public services, including the NHS, and to better support partner organisations and frontline teams. By improving efficiency, we help ensure resources are directed where they are most needed. Through training and knowledge-sharing, we raise standards of care across the asylum and immigration sector and support faster recovery for survivors.

Advocating for better, fairer systems

Recognising that recovery depends on a just and inclusive environment, we also drive systemic change through policy and media advocacy and strategic legal work, grounded in the lived experiences of survivors.

Together we are innovative, ambitious and compassionate.

A message from our CEO and chair of trustees

Over the past year, the doctors, clinical psychologists, lawyers and caseworkers across the Helen Bamber Foundation Group have stood alongside our clients as they rebuilt their lives with safety, dignity and hope in the UK. Together, we have supported 1705 survivors of trafficking and torture, stateless people and unaccompanied young children fleeing violence and persecution in 2025. At a time marked by an increasingly difficult global climate, it has been both deeply humbling and inspiring to witness the resilience of the people we serve.

This year has also brought immense challenges. For the second summer in a row, people seeking protection in the UK were subjected to violence outside asylum hotels, and extremely hostile and dehumanising rhetoric from politicians and parts of the media. This has a significant impact on our clients, many too afraid to leave their rooms for therapy appointments, legal meetings, or even daily life.

This climate of fear was intensified by government announcements introducing further asylum reforms that jeopardised stability for survivors. Among the most damaging was the suspension of refugee family reunion, causing profound distress for people who had often waited desperately for years to reunite with loved ones.

In the face of these challenges, our staff and volunteers showed extraordinary courage and compassion. Together, they worked tirelessly to keep our clients safe during periods of heightened tensions, supported many to submit last minute family reunion applications, and continued to challenge harmful policies and narratives. We are immensely proud of our team and volunteers, and we are continually inspired by the strength and determination of the survivors we support.

As the challenges facing survivors grow, the need for specialist organisations like ours has never been greater. Demand for specialist services is rising, while the sector remains stretched and under-resourced. Too many organisations lack the expertise to support survivors of torture, trafficking and exploitation, leaving vulnerable people without the psychological, medical, legal and practical support needed for recovery. Without intervention, survivors remain trapped in destitution, isolation and fear, making them vulnerable to re-exploitation.

In 2025, one of our key priorities was to grow access to trauma-informed support through training, partnership and advocacy. Drawing on over 20 years of expertise, we delivered training to statutory agencies including police forces, NHS practitioners and frontline support organisations in our Helen Bamber Foundation Group Trauma Centre.

Through our strategic partnerships, training and evidence-led advocacy — and informed by the lived experience of the survivors we support — we continue to drive systemic change.

"we want to thank our dedicated partners and supporters for your unwavering commitment to standing with survivors of trafficking and torture."

On behalf of our organisation and our clients, we want to thank our dedicated partners and supporters for your unwavering commitment to standing with survivors of trafficking and torture. We are proud to share the impact of our work in this report, and we look forward to continuing this vital work together.

Thank you,

Alison Pickup, CEO, and
Adam Epstein, Chair of Trustees







LED BY SURVIVORS, FOR SURVIVORS



Central to our work is ensuring that advocacy for better care and justice systems is grounded in the lived experiences of our clients.

Through a range of initiatives, we ensure that survivors are at the heart of our advocacy, decision-making about their own futures, research and campaigning for change.

Empowering survivors to drive policy changes and develop their advocacy skills

Over the past year, HBF's Ambassadors for Change programme, a survivor-led advocacy and leadership initiative, continued to advocate for quality, free legal advice. The Ambassadors contributed lived-experience evidence to briefings and government consultations, including on access to justice and the legal aid complaints procedure, speaking in parliament and delivering workshops for people in the asylum system.

They also independently submitted evidence to the UN Special Rapporteur on Torture, feeding into a ground-breaking UN charter on the rights of torture victims. Ambassadors developed policy, writing, and media skills, gaining confidence to engage with journalists and share their stories more widely.



Ambassadors for Change

Championing the voices of survivors in the media

We amplified survivor voices through national media, highlighting the impact of asylum accommodation on mental health, including BBC Radio 4's All in the Mind (features an interview with one of our clients on their lived experience and extensively cites HBF's joint research with the University of Hertfordshire), The Observer, BBC Newsnight (including photographs of asylum hotels taken by HBF's clients), and The i Paper.



Co-producing research with survivors

We have developed a pioneering research model led jointly by people with lived experience and academic experts. Survivors and researchers work as equal team members, shaping every stage, from defining the question to planning, data collection, analysis and dissemination. This approach ensures our evidence is relevant, grounded, and truly reflects survivor perspectives.

WE TRANSFORMED LIVES THROUGH OUR SERVICES





GAINING STABILITY

We help survivors leave harmful situations, secure a safe home, and obtain immigration status and support. A strong foundation for recovery.

BUILDING COMMUNITIES

We enable people to rebuild independence through connection, education and essential life skills like English, digital, and financial management.

HEALING FROM TRAUMA

We support survivors to cope with trauma, rebuild confidence, and address disabilities so they can take back control of their lives.

Our multidisciplinary team works together to provide comprehensive long-term care for survivors, standing alongside them for as long as they need.

Our doctors, clinical psychologists, lawyers, counter-trafficking specialist and caseworkers deliver trauma-informed therapies, legal representation, and personalised support to help survivors feel safe from re-victimisation, recover from trauma, access secure housing, employment, and education, and build supportive communities.

HEALING THROUGH THERAPEUTIC AND MEDICAL CARE

Our trauma-focused therapy resulted in significant mental health improvements

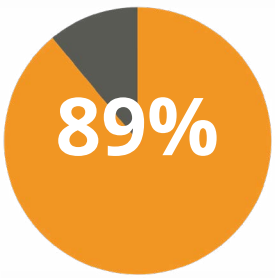
Survivors of trafficking, torture and extreme violence have endured profound degradation and harm and pain, often leaving them with acute mental health conditions such as complex post-traumatic stress disorder, anxiety, painful flashbacks and suicidal thoughts. Our specialist therapy team helps survivors to safely process and integrate their experiences and memories, supporting clients to regain stability and move towards lives full of meaning, connection and creativity.

The support we offer is evidence-led and effective.

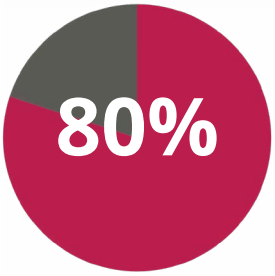
Among those who completed our trauma-focused therapy:



100% showed improvement in symptoms of post-traumatic stress disorder (PTSD)



89% experienced a reduction in symptoms of depression



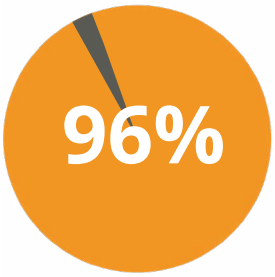
80% improved in overall functioning



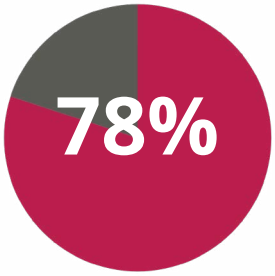
Our doctors helped survivors with pain management and recovery

Untreated medical needs, such as neurological or respiratory conditions, fractures, and life-changing injuries, hinder trauma recovery and leave survivors suffering in silence. Our doctors help clients overcome barriers to care, including difficulties discussing past experiences due to shame and trauma. In close partnership with the NHS, we advocate for interpreters, longer appointments, and trauma-informed care to ensure symptoms are properly understood.

This support has led to meaningful outcomes:



96% of surveyed clients reported that the medical team helped them better understand their health symptoms



78% of clients and their GPs felt well supported to manage their health concerns

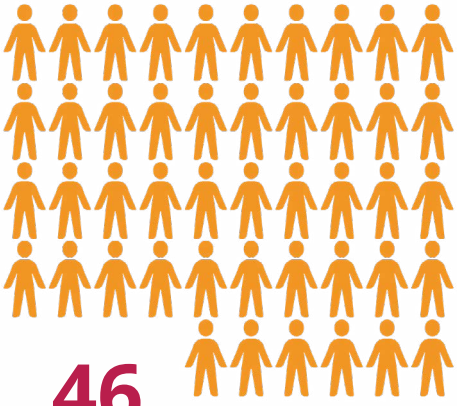
SECURING VITAL PROTECTION

Our expert legal team secured stable immigration status for our clients

Our research shows trauma-focused therapy is most effective when survivors are not living in fear of removal, making secure immigration status essential. With asylum claims often complex and lengthy amid a shortage of legal aid, we use our specialist expertise to help clients secure leave to remain in the UK and rebuild their lives safely.

With fewer than 200 survivors of trafficking granted VTS leave nationally in 2024, our clients represent a significant proportion of all such grants, highlighting the impact of our multidisciplinary approach.

In 2025:



46 **HBF clients were granted protection status**



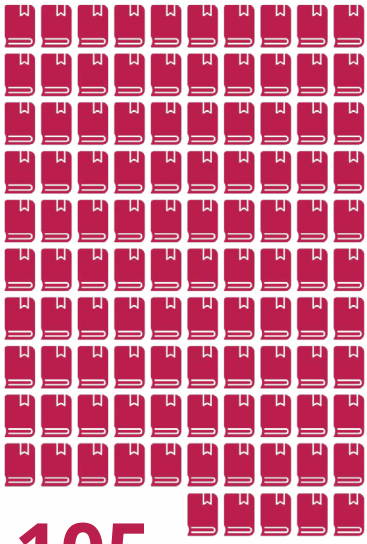
+17 **A further 17 were granted 'VTS leave'***

*permission to stay as confirmed survivors of trafficking - in 13 cases directly through evidence provided by our counter-trafficking, legal, and medical teams.



Our medical and legal teams worked together to deliver crucial evidence for asylum claims

A strong example of our multidisciplinary teams working together to provide holistic support is the production of Medico-Legal Reports. These reports document the long-term physical and psychological impacts of traumatic experiences and are used as evidence in complex claims for international protection in the UK, where they can play a critical role in influencing decisions.



105

In 2025, our doctors and legal team produced 105 such reports for survivors.



Asylum Aid secured protection for survivors with complex cases

Asylum Aid is part of the Helen Bamber Foundation Group, alongside the Migrants' Law Project, strengthening our collective impact through complementary expertise in legal representation, policy, and survivor support.

For over 35 years, Asylum Aid has supported survivors of trafficking and torture, stateless people, unaccompanied young people, and families separated through war and conflict, taking on cases that are considered too complex or lengthy within the legal aid system. We combine high quality legal work with a trauma informed approach, recognising the impact of human cruelty, displacement and systemic injustice on our clients' ability to navigate the asylum process.

ASYLUM AID
protection from persecution

85 of Asylum Aid's clients were granted protection in the UK, an increase of 70% from last year

In 2025, Asylum Aid supported:



48
children under 18



98
survivors of torture, trafficking, or modern slavery



97
young people aged 18–25



25
stateless clients



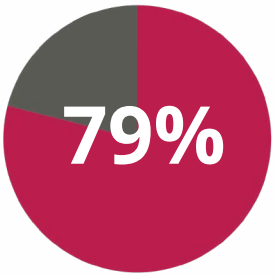
151
adults

REBUILDING LIVES WITH DIGNITY, SAFETY AND COMMUNITY

We prevented homelessness and destitution

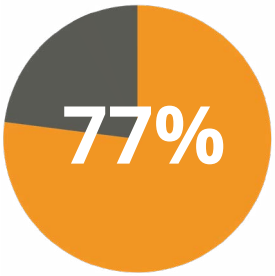
Access to safe, appropriate, and stable accommodation is essential for long-term recovery from trauma. However, many of our clients face significant barriers to securing suitable housing. Some are placed in unsuitable environments, such as dilapidated and squalid asylum hotels, while others remain at risk of homelessness.

In response, we delivered urgent and time-critical support, resolving 156 issues of homelessness, evictions, unstable or unsuitable accommodation, and difficulties with affording accommodation. Of these issues, 79% were resolved in 3 months or fewer, and on average all issues were resolved in 64 days overall.



79% of issues were resolved in 3 months or fewer

We also intervened 287 times to resolve issues that put clients at risk of destitution, ensuring access to statutory support and the means to live with dignity. This included asylum support, benefit applications after refugee status, debt recovery, challenging incorrect decisions, and financial support following family reunion. Of these, 77% were resolved within three months of our intervention, with an average resolution time of 64 days.



77% of issues were resolved within three months of our intervention



Music workshop with our community group in the Trauma Centre.

We helped survivors break the cycle of exploitation

Survivors of trafficking have often experienced profound betrayals of trust. Many remain in precarious circumstances and are at ongoing risk of re-exploitation, including returning to abusive relationships. Alongside ensuring access to safe environments, stable housing, and supportive communities, we deliver targeted interventions to reduce the risk of further harm. This includes comprehensive risk assessments to understand clients' risk from others, including of re-trafficking and re-exploitation. Three officers from the Metropolitan Police Service provided personalised advice and support to clients who wished to address identified risks.

In 2025, we protected 182 clients from re-victimisation and 97% survivors said they felt safer after being supported by us, preventing them from being re-exploited.

We built communities so survivors can feel less alone

Rebuilding trust in others and in society is a vital step in recovery. Developing a sense of community, alongside forming friendships and supportive networks, is central to this process and complements the therapy and rehabilitation services we provide. Through programmes such as our Creative Arts and Skills Programme (CASP), as well as activities including yoga, textiles, music and English classes, we support clients to connect with others and build meaningful relationships. We also offer tailored support to help clients access education, employment and training opportunities, including securing college bursaries, laptops, bicycles and wider social integration activities.

In 2025, 219 clients built confidence, friendships, and supportive networks through our community and integration services.

The Trauma Centre is at the heart of this support

The Helen Bamber Foundation Trauma Centre has been instrumental in enabling this vital work since opening in 2024. It now brings together specialist teams supporting survivors of trafficking and torture in one dedicated space.

98%

of clients said that the Helen Bamber Trauma Centre is a place where they can feel safe and can relax.

By integrating clinical care, community activities, and professional learning, the centre helps people rebuild safety, connection and hope. Its thoughtfully designed environment enables more survivors to access the support they need to begin recovery.

The Trauma Centre has been a hub for asylum and immigration charities, where we have hosted grassroots and lived experience led organisations to strengthen collaboration. In 2025, we were pleased to host Refugee Legal Support (RLS), a small team providing vital legal advice and casework to people seeking sanctuary in the UK and across Europe. We are incredibly grateful for the support of the corporate partners, trusts, and individual donors who made our move to the Trauma Centre possible.

"These are the best rooms I've ever worked in.

They are intentionally designed to promote a deep sense of safety. Clients have told us it's the first time they've felt secure enough to share experiences they've never spoken about before. That trust is the gateway to meaningful therapeutic work."

- A Helen Bamber Foundation psychotherapist







GRADUATION
BUILDING THE STRENGTH TO MOVE FORWARD

At HBF, we know that regaining independence is a vital step in survivors' recovery.

Clients begin the "graduation" process only when they have completed therapy, secured stable housing, obtained legal status, had their physical needs met, and are ready to work or engage in education to rebuild their lives.

In 2025, 70 clients graduated from HBF services having regained the strength to thrive independently. This is only possible through sustained and holistic support.

We continue to provide tailored support until we are confident that survivors are stable and able to move forward independently, which also enables us to extend support to others at the beginning of their journey.

87.5% clients who graduated in 2025 reported a clinical improvement in overall functioning when compared to when they first joined HBF.

Gauri's story

"Gauri's journey shows that recovery is possible. With the right support, survivors can move beyond crisis and rebuild their lives."

Gauri, a survivor of trafficking and torture from Sri Lanka, was referred to HBF in 2020 after being hospitalised with severe injuries inflicted by her traffickers. Living with long-term disabilities and complex PTSD, she struggled to trust anyone and was deeply distressed when we first met her.

Gauri was on the brink of hopelessness, suffering from anxiety, intrusive thoughts, and panic attacks. Our team provided holistic support to address her recovery. Trauma-focused therapy helped her begin processing her experiences and, over time, she shared the deepest cause of her trauma: separation from her son after being trafficked. We supported a family reunion application and helped Gauri reunite with her son. This was transformational for Gauri's mental health, with her son safely in the UK she could truly begin to rebuild her life.

Alongside her therapy, our legal experts progressed Gauri's asylum claim, our housing and welfare specialists secured safe accommodation, and our medical advisors helped her access essential medicine for her disabilities.

Last year, Gauri was granted refugee status, and we helped her successfully apply for college and part-time work as a nurse. With her confidence rebuilt, a steady income, and hope for the future, Gauri graduated from our services. She has since shared the news that her son has passed his exams and will attend a selective grammar school.

Gauri's journey shows that recovery is possible. With the right support, survivors can move beyond crisis and rebuild their lives.





EMPOWERING AND STRENGTHENING OUR PARTNERS TO DELIVER TRAUMA-INFORMED CARE



At HBF Group, we place strong emphasis on partnerships and collaboration to extend our reach and create lasting change.

By working alongside other charities and training professionals, we strengthen their ability to support survivors in a trauma-informed way. This approach helps build confidence and capacity across the sector, enabling many more survivors to access safe and effective support both in the UK and internationally.

In 2025, we continued to expand our impact by strengthening partnerships and building capacity across the sector.

Partnering with specialist charities to increase access to therapeutic support

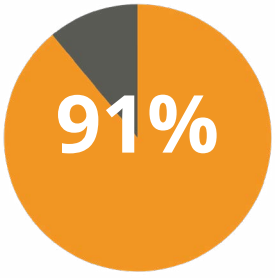
In 2025, our partnerships with Young Roots and Hummingbird, supporting young people seeking protection in the UK, were particularly vital. Rising hostility towards asylum seekers has increased anxiety and isolation, making access to safe, trauma-informed care more important than ever.

Our long-standing partnership with Young Roots entered its sixth year, with our therapy team supporting 119 children and young people seeking protection in 2025. For the first time, we combined this with a drop-in advice service delivered by specialist case-workers from Asylum Aid, **supporting 39 young people unable to obtain legal aid with specialist legal advice.**

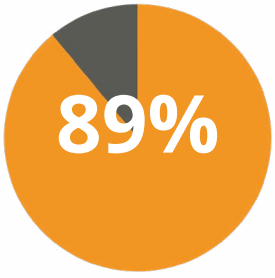
Through Hummingbird, **we addressed critical gaps in support for 19 unaccompanied asylum-seeking children and young people on the south-east coast.**

Among those who completed our trauma-focused therapy with Young Roots, 89% showed improvement in symptoms of post-traumatic stress disorder (PTSD), 91% improved in over-all functioning, and 89% experienced a reduction in symptoms of depression.

We also expanded our partnership with the British Red Cross, delivering individual trauma-focused therapy for 20 people fleeing conflict, trafficking, and torture in areas with limited specialist provision. Alongside direct support, this partnership strengthens local healthcare networks and builds capacity through trauma-informed training.



Improved in overall functioning



Showed improvement in symptoms of post-traumatic stress disorder

Experienced a reduction in symptoms of depression

Providing transformational legal advice with our partner charities

Through our partnership with Refugee and Migrant Justice (RMJ), we supported survivors facing complex challenges, including poor health, exploitation, and insecure immigration status, to move out of homelessness. By helping to regularise their immigration status, we enabled access to housing, financial support, healthcare, and employment.

In 2025, we supported 44 survivors experiencing or at risk of street homelessness.

In partnership with Westminster City Council, our Welfare Advice Services Partnership (WASP) team delivered high-quality, multilingual advice to migrant communities in Westminster.

We supported 682 clients on benefits, immigration, housing, and wider welfare issues.

Closing the legal advice gap

Limited in-person advice in asylum dispersal areas has left 63% of people without access to a lawyer. Through partnerships across England and Wales, we are expanding access to high-quality legal advice and representation for survivors. By working collaboratively, we reach areas with little or no legal aid provision, ensuring those most at risk receive the support they need.



In 2025, we worked with 13 organisations, delivering training on modern slavery, supporting unaccompanied children, and assisting survivors of torture.

Developing talent to expand access to justice

We invest in developing legal talent to take on complex asylum cases and help expand access to justice in 'advice deserts' in the UK. Asylum Aid's flagship Compass programme, alongside the Justice First Fellowship delivered in partnership with the LEF, plays a key role in achieving this.

The Compass programme, delivered with the Justice Together Initiative, builds the capacity and confidence of immigration advisers through training, supervision, and peer support. In 2025, the programme successfully completed its third cohort. We also welcomed a new Justice First Fellow, offering a two-year training contract within our asylum team.



BRINGING AN END TO HARMFUL SYSTEMS



As human rights advocates, we use our expertise, research, and frontline experience to amplify the voices of survivors and drive lasting change.

Using our authoritative clinical and legal expertise and evidence from direct work with survivors, we influence policy, collaborate with partners, and empower survivors to campaign for the rights they deserve. Where advocacy alone is not enough, we initiate or support strategic litigation to uphold and defend survivors' rights, bringing about systemic change.

We defended the right to seek protection

In 2025, the Labour government repealed the Safety of Rwanda Act 2024 (SORA) and most of the Illegal Migration Act 2023, removing measures that would have denied people fleeing war, persecution, and human rights abuses the right to seek asylum and have their claims heard fairly. This marked a major victory for survivors and organisations, including HBF and Asylum Aid, who had campaigned against these harmful laws. The repeal of SORA was a direct outcome of litigation brought by Asylum Aid.

Despite this progress, the government continued to pursue deterrence policies and did not expand safe routes to the UK. We documented the impact of these policies on survivors and campaigned against them, publishing timely research on the psychological effects of placing barriers to refugee family reunion.

This work underpinned our report, "I don't have family, I'm not breathing and I'm not alive", and now supports litigation brought by Migrants' Law Project, part of Asylum Aid, challenging the government's pause on family reunion.

Within the asylum system, we worked closely with the Home Office to promote trauma-informed practices, securing improvements in asylum interviews, including clearer guidance and better recognition of disclosure, distress, and PTSD.

We successfully challenged the wrongful treatment of child refugees as adults

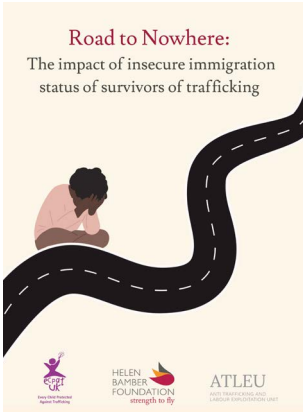
Our sustained campaign against the Home Office's use of visual age assessments to treat children seeking asylum as adults has driven significant change. As a result of our advocacy, the government improved training for border officials, strengthened guidance on children at risk of prosecution, committed to better monitoring, and abandoned the use of 'scientific methods' of age assessment.

For the third year running, we collected and published groundbreaking data exposing the ongoing safeguarding failure of hundreds of children being wrongly placed in adult asylum accommodation, immigration detention or prison. We coordinated sector-wide action as co-chair of the Refugee and Migrant Children's Consortium.

Our evidence was widely cited by parliamentarians during debates on the Border Security, Asylum and Immigration Bill, by the Joint Committee on Human Rights, and informed the Independent Chief Inspector of Borders and Immigration's inspection of age assessments. We also played a key role in successful litigation challenging the criminalisation of children treated as adults.

We secured safety and stability for survivors

Secure immigration status is essential for survivors of trafficking to recover and rebuild their lives, yet it is often denied. Through new research and evidence, we continued to show the need for recognised survivors to be granted leave to remain. This evidence was used in successful legal challenges and shaped the government's review of the National Referral Mechanism.



Following our successful challenge to short-notice evictions of refugees, we welcomed a one-year pilot extending the 'move-on' period to 56 days, giving newly recognised refugees more time to secure housing and income before asylum support ends.

We also exposed the harm caused by housing survivors in hotels and large sites. Our 2025 research on the mental health impact of hotel accommodation was widely cited in the media, Parliament, and by the Home Affairs Select Committee. Sustained advocacy contributed to the closure of the Bibby Stockholm barge and Napier Barracks, improvements at RAF Wethersfield, and a reduction in hotel use. We continue to call for an end to all large-site accommodation.

In 2025, we brought a joint legal challenge with Freedom from Torture against changes to the Allocation of Asylum Accommodation policy, presenting evidence that these changes would increase the number of survivors placed in unsuitable and harmful housing.

We promoted survivor rights globally

We work with major international bodies, including UN Treaty Bodies, UN Special Rapporteurs, the Council of Europe, the Organisation for Security and Co-operation in Europe (OSCE), and global coalitions, to protect the rights of survivors of torture, trafficking, and other extreme human cruelty, support the development of international standards, and share best practice.

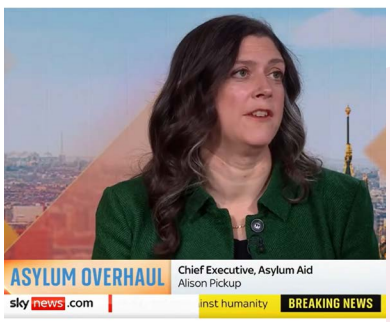
In 2025, HBF joined La Strada International and participated in its NGO platform in Warsaw, sharing expertise on trauma-informed care and National Referral Mechanisms (the framework for identifying and supporting survivors of trafficking) across Europe. We also provided written and oral evidence to the Council of Europe Parliamentary Committee on Migration, Refugees and Displaced Persons on large-site housing, leave for survivors of trafficking, and age assessments.



We defended the rights of survivors through national media advocacy

We amplified the voices and experiences of survivors across national media to advocate for the rights and protection of refugees and people seeking asylum. Our media engagement highlighted critical issues including the damaging impact of asylum accommodation on mental health, the wrongful treatment of child refugees as adults, and the consequences of suspending refugee family reunion.

Our CEO Alison Pickup spoke publicly on the implications of the UK Government's new asylum measures, including in an interview with Sky News. She warned that these policies would harm, rather than deter, people seeking safety, undermining mental health, recovery, and social integration for those recognised as needing protection.







OUR PEOPLE

The quality and impact of our work are made possible by the commitment, professionalism and expertise of our staff and volunteers. Their dedication enables us to deliver specialist, trauma-informed services to survivors with complex and urgent needs.

In 2025, the Helen Bamber Foundation Group employed an average of 84 staff, including 57 at HBF and 27 at Asylum Aid.

Management and governance

HBF and Asylum Aid are independent charities operating within a shared group structure designed to maximise impact, efficiency and accountability. By sharing core operational functions, including executive leadership, finance, HR, volunteer management, facilities and fundraising, we reduce duplication and ensure that funding is directed as effectively as possible towards frontline services.

The HBF Board of Trustees, chaired by Adam Epstein, alongside the Board of Asylum Aid, provided strong strategic oversight throughout 2025, supporting organisational resilience, good governance and sustainable growth.

Asylum Aid has nine Trustees, two of whom also serve on the HBF Board, ensuring strong strategic alignment, robust governance and independent oversight. This structure supports collaboration while safeguarding each charity's independence and mission.

To further ensure clarity and impact, HBF and Asylum Aid do not share clients. Day to day leadership is provided by the Managing Executives through a Group Management Team comprising the Chief Executive, Executive Directors, Directors and Heads of Teams. Governance is strengthened through three committees:

- Finance and Fundraising Committee (HBF Group)
- People and Governance Committee (HBF Group)
- Clinical Governance and Safeguarding Committee (HBF only)



We are grateful to our wonderful volunteers

Volunteers are central to our ability to deliver high quality services and achieve meaningful impact.

In 2025, we were supported by 57 volunteers at HBF and five at Asylum Aid, who contributed a wide range of specialist skills across the HBF Group.

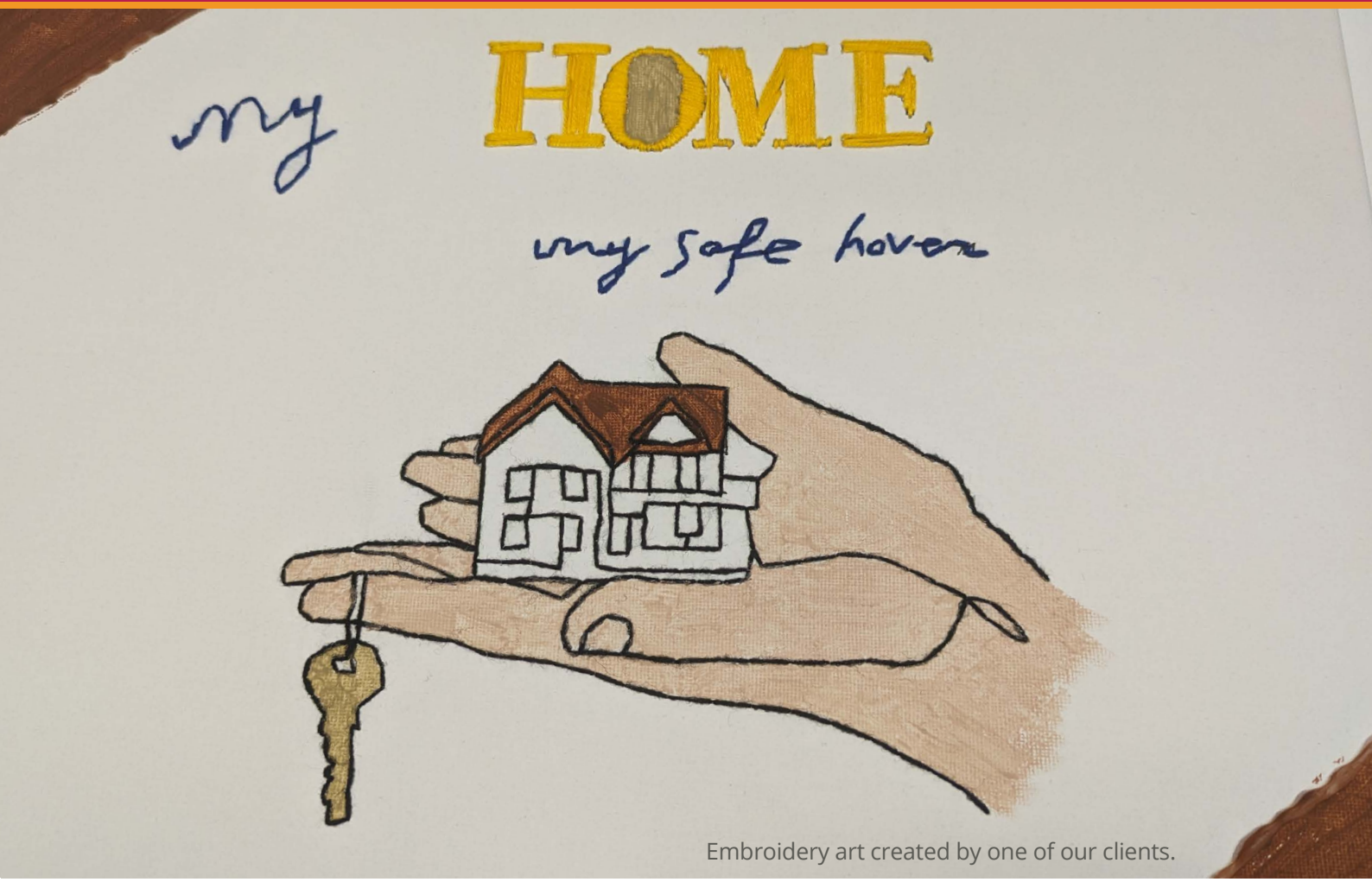
These included medicine, psychotherapy, law, education, illustration, yoga and administration, with volunteers working across multiple departments to strengthen our services.

Our volunteers play a critical role in improving outcomes for survivors. In 2025, volunteers supported 318 clients at HBF, significantly extending our capacity and enabling survivors to access specialist support that would otherwise be unavailable. At Asylum Aid, we are grateful to the support of our pro bono partners, with whose support we delivered complex, long-term casework for our stateless clients. Volunteers also provided vital support to Asylum Aid's legal casework and its welfare advice team.

"I've volunteered with HBF in two roles, supporting both the Community and Integration Team and the Referrals Team.

I'll never forget a survivor I hadn't seen for some time who thanked me for helping him enrol in English classes. That support made such a difference, this year he's going to college, with the dream of becoming a nurse.

I genuinely don't think you would regret volunteering here. It's a warm, caring place where people truly make an impact. If you want to be part of something special, this is the place to be."



Embroidery art created by one of our clients.

Together, we will continue to transform lives

Building on the progress we have made throughout 2025, we are committed to reach more survivors and strengthen the support we provide. Over the past year, we have expanded our services significantly, supporting more individuals and families than ever before. At the same time, the challenges faced by survivors continue to grow in both scale and complexity, increasing the demand for specialist, trauma-informed care.

This year also marked our first full year operating from the Trauma Centre, an important milestone in our development. The Centre has enabled us to broaden our services and deepen the support available to survivors, and in the year ahead we will continue to maximise its potential to deliver life-changing care to those who need it most.

A key priority for the coming year is the introduction of family-focused support for our clients. Through our pioneering Trauma Centre, we are uniquely positioned to combine dedicated childcare provision with our expert holistic services, helping parents engage more fully in therapy, legal support, and recovery.

We know from our work that many survivors face significant barriers to accessing support because of childcare responsibilities. By addressing these challenges directly, we aim to strengthen families, protect children, and help break the cycle of intergenerational trauma.

As global conflicts continue to rise and displacement increases worldwide, we are also acutely aware that many survivors are still left without access to the support they need. In response, we will continue to expand our international partnerships, working collaboratively with organisations and communities across the world to ensure more survivors can access safety, protection, and the opportunity to build brighter, more secure futures.

Alongside this work, we will continue to challenge the government's asylum reforms and policies that contribute to the hostile environment faced by many survivors seeking safety in the UK. We remain committed to advocating fiercely for a more compassionate, fair, and just asylum system, one that upholds dignity, protects human rights, and ensures survivors are met with support rather than barriers.

None of this work would be possible without the generosity, solidarity, and commitment of our supporters, partners, funders, and volunteers. Your belief in our mission enables survivors to access safety, healing, and hope for the future. As we look ahead, we are deeply grateful for your continued support and partnership in helping us create lasting change.

FINANCIAL REVIEW

FINANCIAL FRAMEWORK

Our policies relating to reserves and the need to generate an annual operating surplus provide a financial framework within which the Helen Bamber Foundation Group seeks to function.

SUMMARY OF RESULTS

In 2025 the activities of the Helen Bamber Foundation resulted in a group surplus of £225,057, and total funds increased to £3,187,081. Helen Bamber Foundation (Charity) achieved a surplus of £118,882 and Asylum Aid achieved an unconsolidated surplus of £106,174.

A financial aim for 2025 for Helen Bamber Foundation was to start to rebuild reserves after a decision had been made in 2024 to invest part of the free reserves balance into the building and kitting out of a new dedicated Trauma Centre.

Free reserves increased from £759K to £829K in 2025. This apparently modest improvement doesn't reflect the full success of 2025 in rebuilding usable reserves. Restricted funds have also increased from £281k, to £423K. The increase in restricted funds was an increase in funds dedicated to budgeted 2026 partnership projects, costs that would otherwise have had to be met out of general funds. Taking this into consideration freely expendable reserves have increased by £213K (28%).

The trustees' annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

FINANCIAL PERFORMANCE AND POSITION

The key focus for 2026 was starting to effectively use the new dedicated Trauma Centre to meet the needs of our clients to the fullest extent possible.

Income and expenditure reduced in 2026 because 2025 results were increased significantly by income and expenditure related to the Trauma Centre building project.

A budget showing a surplus has been set for 2026, designed to continue the rebuilding of free reserves.

RESERVES

Total reserves are split between restricted funds and unrestricted funds. In the accounts funds are shown as restricted to ensure donors, wishes are clear when the charity is reporting and performing long term planning and risk assessment. The charity held £423K of restricted funds at the end of 2025.

The remaining balance is made up of unrestricted funds of £2.8 million. To support the understanding of readers of the accounts about the usefulness and availability of the unrestricted funds the trustees have allocated elements of unrestricted funds to a number of designated funds.

DESIGNATED FUNDS

Work In Progress Designated Fund

Asylum Aid holds a balance of Work-In-Progress fees, this financial asset represents the value of billable hours on cases that have not concluded. These funds are set aside in a designated fund because the timing of the receipt of these funds cannot be accurately estimated.

The Work-In-Progress funds are only receivable when the case is concluded. Due to the nature of the legal work undertaken by Asylum Aid it can take years for cases to conclude.

As the timing of the receipt of these funds cannot be relied upon this financial asset cannot be incorporated into long term planning and risk mitigation. As in effect this is not a usable financial asset, it is appropriate that it is set aside in a designated fund.

Work-In-Progress assets of £1.3 million were included in the accounts at the end of the 2025 financial year.

Fixed Asset Designated Funds

Fixed assets are long term assets and are not available to be freely spent. The charity holds two Fixed Asset Designated funds. Firstly, a fund equal to the value of fixed assets on the balance sheet. The second fixed asset fund represents the value of the deferred benefit from the period of reduced rent at the beginning of the lease for the new Building.

Free Reserves

Total funds less restricted and designated funds represent a balance of liquid funds that the charity feel are available to support long term planning and risk mitigation. This balance is free reserves, and trustees have set a target level of free reserves that the charity should aim to hold of the equivalent to 3-6 months expenditure. This target level of reserves is kept under review by the trustees. It has been set to provide the charity with sufficient funds to accommodate potential cost of identified risks, without being excessive.

The expenditure used as the basis for the calculation of the target level of free reserves should be total expenditure after removing movements in designated funds and costs that are to be met out of restricted funds

At the end of December 2025 Helen Bamber Foundation ended the year with unrestricted general funds of £829K representing 2.6 months' cover. This level of free reserves is below the 3-6 months target but is within the levels agreed by trustees while we re-build reserves.

The Board are committed to growing reserves to between 3 and 6 months over the next two years. We have a strong, committed and diversified donor base, and a long-term history of successful fundraising from both existing and new donors. This, along with strong financial governance, which dictates our expenditure, means that we are confident that we are able to deliver against the goal of growing reserves.

RISKS

The significant risks to which HBF Group is exposed, as identified by the trustees, have been reviewed and systems have been established to mitigate these risks. Among the risks identified, the most significant are considered to be:

- The need to rebuild our reserves following the significant investment in the Capital Project.
- The challenge of the delays in receipt of Legal Aid funding due to delays in decision making and therefore closure of cases.
- The increasingly inhumane

environment facing our client group and corresponding ineffectiveness of the asylum system, which results in a higher likelihood of an increase in the complexity of needs and higher demand for our services.
- The uncertain funding environment for human rights globally that may impact on funding in the UK.
- Potential loss of key staff members impacting charitable activities and fundraising.
- The increasing struggle that junior members of the team have in finding affordable housing in London due to increasing rents and the impact of the cost-of-living rises.
- Moral injury and risk of burnout to staff resulting from our work with clients with complex needs, and hostile operating environment including increasing far right activity in the UK and international conflicts and oppression.

These risks are mitigated in part through close operational monitoring and prioritisation of the reserves policy as well as the oversight of the Finance and Fundraising Committee, and the People and Governance Committee.

SUBSEQUENT EVENTS REVIEW

In the early months of 2026, Helen Bamber Foundation Group have been operating close to budget within both income and expenditure. In May 2026, the Helen Bamber Foundation and Freedom from Torture won their legal challenge against Home Office changes, introduced in February 2024, that removed protections allowing survivors of torture, trafficking, and serious violence to avoid sharing rooms with strangers in asylum accommodation. The High Court ruled the government acted unlawfully by failing to consult these expert organisations before making the changes and by not assessing the serious risks of harm that the policy shift posed to vulnerable survivors.

Asylum Aid's legal casework continues to be a balanced mix of direct representation of individuals who are asylum seekers, refugees and survivors of torture and modern slavery, and strategic litigation with Asylum Aid representing other NGOs as claimants as well as being the Claimant ourselves in cases challenging recent changes to immigration and asylum law.

In early 2026 Asylum Aid was one of 25 organisations successfully awarded a Transformational Grant from City Bridge Foundation, a flexible grant of £450,000 over 5 years. The grant is to help develop Asylum Aid's lived experience engagement and remain accountable to the communities they serve through participatory decision-making processes and other mechanism that ensure lived experience meaningfully informs leadership and strategy.

Taking into account the budget, financial performance and the reserves held at the year-end by the Helen Bamber Foundation Group, the trustees consider it reasonable to expect that the Group has adequate resources to continue operating for the foreseeable future. Accordingly, the trustees continue to adopt the 'going concern' basis in preparing the accounts. The trustees and senior management have increased the regularity of financial forecasts in both the short and medium term. We continue to strengthen our financial processes and systems so we can monitor financial risk, and where required, take appropriate management action.

RELATED PARTIES AND RELATIONSHIPS WITH OTHER ORGANISATIONS

There were management charges of £164,035 relating to HBF staff costs recharged to AA in 2025 (2024: £116,743).

There were no donations from related parties which were outside the normal course of business and no restricted donations from related parties. The total amount of donations received in 2025 from Trustees or parties related to them was £60,000 (2024: £75,000).

SUMMARY RESULTS OF THE SUBSIDIARY (ASYLUM AID)

Asylum Aid had a successful year in 2025, which ended in a surplus of £106,174 (£620,274 in 2024).

Total Funds as of 31st December 2025 were £1,784,537 (2024: £1,678,363) which consist of unrestricted free reserves of £379,397 (2024: £408,759). This represents the equivalent of three months of unrestricted expenditure, and restricted reserves of £225,018 (2024: £261,017). The casework Work-In-Progress (WIP) designated fund £1,267,877 (2024: £1,066,760) described above is excluded from Asylum Aid's unrestricted free reserves as it is an illiquid asset.

REMUNERATION POLICY

The Helen Bamber Foundation Group is committed to a Remuneration Policy which offers fair pay to attract and keep appropriately qualified staff members to lead, manage, support and deliver our work in line with HBFG'S vision and mission, consistent with our stated charitable objectives.

In determining pay for all staff members we will endeavour to meet the Association of Chief Executives of Voluntary Organisations (ACEVO) Principles of Good Pay within the charity sector:

- Transparency - being open about how pay is set.
- Proportionality - being fair and consistent.
- Performance - ensuring the salary paid works for both your organisation and the beneficiaries you serve.
- Recruitment and retention – our aim is to set pay around the median level for comparable posts in the voluntary sector, subject to HBFG's financial position.
- Process – ensuring that the principles of good pay are supported by appropriate procedures and policies which are non-discriminatory, just and equitable in the evaluation of jobs and their remuneration.
- London Living Wage – meeting our obligations as a London Living Wage employer.
- Equity, Diversity and Inclusion – recognising and valuing the contributions of all staff members and designing our reward structures to support an inclusive culture where everyone has the opportunity to thrive and progress.

HBFG operates on full cost recovery principles; hence our overall pay reviews are informed not only by market rates and cost of living but affordability too. The policy applies to all staff, including HBFG's Management Team.

FUNDRAISING

HBF Group's fundraising team produces an annual Income Generation Strategy against which performance is regularly

monitored by senior management and trustees. In 2025, HBF continued to adapt to the challenging fundraising environment, and successfully raised £3,716,694 thanks to the generosity of our supporters.

HBF Group's fundraising approach reflects the principles published on the HBF's website www.helenbamber.org. The charity's fundraising programme is delivered using internal resources and in 2025 we did not use external professional fundraisers, nor did we use commercial participators. HBF Group does not generate merchandise for fundraising purposes.

HBF Group is registered with the Fundraising Regulator. Registration represents a commitment to the highest standards of practice and ensures that all fundraising activity is open, legal and fair. As a registered participant, HBF Group commits to the Board's Codes of Fundraising Practice, which is the standard set for fundraisers in the UK. Registered participants also commit to abide by its Fundraising Promise, which is based on five key pledges that reflect the core values of respect, honesty, accountability and transparency. HBF Group is strongly committed to recognised sector standards and is actively working to protect vulnerable people and other members of the public from behaviour which:

- Is an unreasonable intrusion on a person's privacy.
- Is unreasonably persistent.
- Places undue pressure on a person to give money or other property.

HBF Group has received no complaints in regard to its fundraising activities in 2025.

PUBLIC BENEFIT

In setting HBF Group's objectives and planning its activities, the Board of Trustees has given careful consideration to the Charity Commission's general guidance on public benefit. In particular, the Board of Trustees considers how planned activities will contribute to the aims and objectives that have been set.

The Helen Bamber Foundation Group has been established to help the following, people who:

- are seeking asylum or other forms of protection in the UK;
- have already been granted refugee status, humanitarian protection or other forms of protection status by UK immigration authorities;
- have insecure immigration status or are stateless;
- are vulnerable by reason of their experience of torture, trafficking, hostilities, genocides or other atrocities or human cruelty,
- are vulnerable to destitution, exploitation, abuse, trafficking or other forms of human cruelty including but not limited to those outside their country of origin; and
- are the dependants of those mentioned above.

The public benefit we provide is to benefit the above individuals through:

- relieving their conditions of need, hardship or distress;
- preserving and protecting their physical and mental health;
- advancing their education and training so as to advance them in life and assist them to adapt within a new community;

- advancing public education about the position of and issues relating to the Beneficiaries, including gross violations of human rights, torture, atrocities and other forms of human cruelty and their effect on persons who suffer them;
- assisting them in such other exclusively charitable ways as the Charity determines from time to time.

STATEMENT OF TRUSTEES, RESPONSIBILITIES

The trustees of the Helen Bamber Foundation (who are also directors for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). This report includes information contained in Asylum Aid's annual report; it is the trustees of Asylum Aid who are responsible for preparing their annual report and the financial statements contained therein.

Company law requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP).
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and group and hence for taking reasonable steps for the prevention and detection of fraud and otherirregularities. In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees of the Helen Bamber Foundation are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £10 to the assets of the Helen Bamber Foundation in the event of winding up. The total number of such guarantees at 31 December 2025 was nine (2024: eight).

The trustees are members of the Helen Bamber Foundation but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

AUDITOR

Sayer Vincent LLP was re-appointed as the charitable company's auditor during the year and has expressed its willingness to continue in that capacity.

The trustees' annual report has been approved by the trustees on 16 July and signed on their behalf by

John Scampion, Treasurer

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF HELEN BAMBER FOUNDATION

Opinion

We have audited the financial statements of Helen Bamber Foundation (the 'parent charitable company') and its subsidiary (the 'group') for the year ended 31 December 2025 which comprise the consolidated statement of financial activities, the group and parent charitable company balance sheets, the consolidated statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the group's and of the parent charitable company's affairs as of 31 December 2025 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- Have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the group financial statements section of our report. We are independent of the group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on Helen Bamber Foundation's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the trustees' annual report, other than the group financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the group financial statements does not cover the other information, and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the group financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the group financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' annual report for the financial year for which the financial statements are prepared is consistent with the financial statements
- The trustees' annual report has been prepared in accordance with applicable legal requirements

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the group and the parent charitable company and their environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and Charities Act 2011 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- The parent charitable company financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the parent charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and the parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed auditor under the Companies Act 2006 and section 151 of the Charites Act 2011 and report in accordance with those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's and group's policies and procedures relating to:
- Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.

- We obtained an understanding of the legal and regulatory framework that the group operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the group from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Joanna Pittman
(Senior statutory auditor)

19 August 2026

for and on behalf of Sayer Vincent LLP,
Statutory Auditor
110 Golden Lane, LONDON, EC1Y 0TG

Sayer Vincent LLP is eligible to act as auditor in terms of section 1212 of the Companies Act 2006

REFERENCE AND ADMINISTRATIVE DETAILS

FOUNDER

Helen Bamber OBE (1925 — 2014)

PRESIDENT

Emma Thompson DBE

TRUSTEES OF HELEN BAMBER FOUNDATION

Adam Epstein – Chair of HBF
Elizabeth Mottershaw
John Scampion
Nancy McCartney
Nina Kowalska
Olivia Curno
Samantha Peter
Maime Mafusi
Rehab Jameel
Phillippa Kaufmann
(appointed 11 December 2025)
Victoria Gray
(appointed 11 December 2025)
Lucy Siegle
(appointed 11 December 2025)
Bronwyn Friedlander
(appointed 11 December 2025)

TRUSTEES OF ASYLUM AID

Elizabeth Mottershaw – Chair
Sir Nicolas Bratza
Kat Lorenz
Yehia Nasr
Constantine Partasides
(resigned Jan 2025)
John Scampion – Treasurer
Ruth Tanner
Shahd Mousalli
(appointed November 2025)
Novide Refahi
(appointed November 2025)

MANAGEMENT EXECUTIVES 2025

Kerry Smith – CEO (until June 2025)
Alison Pickup – CEO (from August 2025)

HELEN BAMBER FOUNDATION CHARITY NUMBER 1149652

HELEN BAMBER FOUNDATION COMPANY NUMBER 08186281

ASYLUM AID CHARITY NUMBER 328729

ASYLUM AID COMPANY NUMBER 02513874

REGISTERED OFFICE AND OPERATIONAL ADDRESS

26 Westland Place, London N1 7JH

AUDITOR

Sayer Vincent LLP Chartered Accountants & Statutory Auditors 110 Golden Lane London EC1Y 0TG

HBF GROUP BANKERS

Coutts & Co 440
The Strand London WC2R 0QS

ASYLUM AID BANKERS

Co-Operative Bank
1 Balloon Street, Manchester, M4 4BE

Consolidated statement of financial activities
(incorporating an income and expenditure account)

for the Helen Bamber Foundation Group (comprising the Helen Bamber Foundation and Asylum Aid)

For the year ended 31 December 2025.

				2025			2024
		Unrestricted	Restricted	**Total**	Unrestricted	Restricted	Total
	Note	£	£	**£**	£	£	£
Income from:							
Donations and legacies	2a	2,338,118	1,378,576	**3,716,694**	2,529,453	1,765,669	4,295,122
Charitable activities	2b	843,585	74,808	**918,393**	1,136,234	251,104	1,387,338
Bank Interest		4,257	-	**4,257**	77,716	-	77,716
Other Income		18,532	-	**18,532**	11,079	-	11,079
Total income		3,204,492	1,453,384	**4,657,876**	3,754,481	2,016,773	5,771,255
Expenditure on:							
Raising funds	3	567,448	-	**567,448**	430,226	-	430,226
Charitable activities							
Legal protection	3	1,511,774	567,622	**2,079,396**	1,584,615	854,541	2,439,156
Therapy and casework	3	95,872	624,898	**720,770**	303,193	162,109	465,302
Community integration	3	34,676	143,401	**178,077**	106,606	86,623	193,229
Counter trafficking	3	476,615	-	**476,615**	585,140	-	585,140
Research, policy and dissemination	3	368,513	42,000	**410,513**	284,710	54,000	338,710
Other - capital appeal		-	-	**-**	-	371,490	371,490
Total expenditure		3,054,898	1,377,921	**4,432,819**	3,294,490	1,528,763	4,823,253
Net income for the year before transfers	4	149,594	75,463	**225,057**	459,992	488,010	948,002
Transfers between funds		(66,624)	66,624	**-**	538,689	(538,689)	-
Net movement in funds		82,970	142,087	**225,057**	998,681	(50,679)	948,002
Reconciliation of funds:							
Total funds brought forward		2,681,068	280,955	**2,962,024**	1,682,389	331,633	2,014,022
Total funds carried forward		2,764,038	423,042	**3,187,081**	2,681,068	280,955	2,962,024

Balance sheet

As at 31 December 2025.

			The Group		The Charity Helen Bamber Foundation	
			2025	2024	**2025**	2024
		Note	**£**	£	**£**	£
Fixed assets:						
Tangible assets		8	**1,050,639**	1,111,790	**1,034,750**	1,088,082
			1,050,639	1,111,790	**1,034,750**	1,088,082
Current assets:						
Debtors		11	**552,773**	549,002	**422,287**	496,264
Casework-in-progress			**1,267,877**	1,066,760	**-**	-
Cash at bank and in hand			**1,565,954**	1,428,598	**891,099**	427,067
			3,386,604	3,044,360	**1,313,386**	923,331
Liabilities:						
Creditors: amounts falling due within one year		12a	**(624,703)**	(721,432)	**(423,779)**	(313,232)
Net current assets			**2,761,901**	2,322,928	**889,607**	610,099
Creditors: amounts falling due in more than one year		12b	**(625,459)**	(472,694)	**(521,817)**	(414,521)
Total net assets			**3,187,081**	2,962,024	**1,402,540**	1,283,660
Funds:		15a				
Restricted funds			**423,042**	280,955	**198,023**	19,938
Designated Funds						
Fixed asset funds:	Value of Fixed Assets		**1,050,639**	1,088,083	**1,034,750**	1,088,083
	Value of deffered rent free period		**(383,864)**	(232,694)	**(280,222)**	(174,521)
			666,775	855,389	**754,528**	913,562
Other designated funds	Value of Case-work-in-Progress		**1,267,877**	1,066,760	**-**	-
Unrestricted funds			**829,387**	758,920	**449,989**	350,160
Total funds			**3,187,081**	2,962,024	**1,402,540**	1,283,660

Company Number – 08186281

Net movement in funds for the parent charity was a gain of £118,182 (2024 gain of £327,728).

Approved by the trustees on 16 July and signed on their behalf by

John Scampion, Treasurer

Statement of cash flows

For the year ended 31 December 2025.

		2025		2024
	£	£	£	£
Cash flows from operating activities				
Net income for the year and net movement in funds	**225,057**		948,001	
(as per the statement of financial activities)				
Depreciation charges	**103,593**		54,853	
Increase in Work in Progress	**(201,116)**		(280,387)	
Increase in debtors	**(3,771)**		(583,520)	
Increase (Decrease) in creditors	**56,038**		345,142	
Net cash provided by operating activities		**179,801**		484,089
Cash flows from investing activities:				
Purchase of fixed assets	**(42,444)**		(1,130,606)	
Net cash (used in) investing activities		**(42,444)**		(1,130,606)
Cash flows from financing activities:				
Cash flow from new borrowing	**-**		240,000	
Net cash provided by financing activities		**-**		240,000
Change in cash and cash equivalents in the year		**137,357**		(406,517)
Cash and cash equivalents at the beginning of the year		**1,428,598**		1,835,115
Cash and cash equivalents at the end of the year		**1,565,954**		1,428,598

Analysis of cash and cash equivalents and of net debt

	At 1 January 2025	Cash flows	Other non-cash changes	At 31 December 2025
	£	£	£	£
Cash at bank and in hand	1,428,598	137,357	-	1,565,954
Total cash and cash equivalents	1,428,598	137,357	-	1,565,954

Notes to the financial statements

for the Helen Bamber Foundation Group (comprising the Helen Bamber Foundation and Asylum Aid)

1 Accounting policies

a) Statutory information

Helen Bamber Foundation is a charitable company limited by guarantee and is incorporated in the United Kingdom.

The registered office address is 26 - 30 Westland Place, London, N1 7JH.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

These financial statements consolidate the results of the charity and its subsidiary Asylum Aid on a line by line basis. Transactions and balances between the charity and its subsidiary have been eliminated from the consolidated financial statements. Balances between the two entities are disclosed in the notes of the charity's balance sheet. A separate statement of financial activities, or income and expenditure account, for the charity itself is not presented because the charity has taken advantage of the exemptions afforded by section 408 of the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

As of July 2023, the activities of the Migrant Law Project (MLP) were transferred to the Helen Bamber Foundation group subsidiary, Asylum Aid from Islington Law Centre. The transfer included staff working on the project, £200,000 in unrestricted funds to fund the next two years of the project, unspent restricted project funding allocated to the project, and work in progress on project files totalling approximately a further £200,000.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including

expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant ac counting policy below.

c) Reporting period

The financial statements cover the year to 31 December 2025.

d) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

e) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

f) Recognition of income

Recognition of income takes place in accordance with applicable accounting policies and results are presented in accordance with the SORP. All incoming resources are included in the Statement of financial activities when the charity has entitlement to the income, it is probable that the income will be received and that the amount can be measured reliably. Grants and donations are recorded in the period in which they are received or the charity is entitled to the income.

Donations receivable for the general purposes of the charity are credited to Unrestricted funds and donations tied to a particular purpose are credited to Restricted funds.

Revenue grants are credited to the Statement of Financial Activities when received or receivable, whichever is earlier. Where unconditional entitlement to grants receivable is dependent on fulfilment of conditions within the charity's control, the incoming resources are recognised when there is sufficient evidence that conditions will be met. Where there is uncertainty as to whether the charity can meet such conditions, the incoming resource is deferred. When funding received is designated by the donor to

be used in a specific future period, income is deferred.

Income from medico legal reports is recognised when the report has been completed and submitted to the customer and an invoice has been raised.

Contractual income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Work in Progress is valued at the average hourly rate paid by the Legal Aid Agency. Provision is made where necessary for irrecoverable amount of work in progress.

All other income, such as training fees, is recognised in the period in which the charity is entitled to receipt and the amount can be measured with reasonable probability. Legacies are included when there is reasonable probability of receipt, amount and timing.

Where income is received in advance of its recognition, it is deferred and included in creditors. Where entitlement occurs before income is received, the income is accrued and included in debtors.

g) Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as in come when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

h) Recognition of expenditure

All expenditure is accounted for on an accruals basis in the period to which the cost relates and has been classified under headings that aggregate all costs related to the category. Resources expended include attributable VAT which cannot be recovered. Where costs cannot be directly attributable to particular activities, they have been allocated on a basis consistent with the

use of the resources. Overheads, salaries and governance costs are allocated between the activity headings on the basis of attributable employment cost, and an element of judgement is involved. Costs of raising funds are those costs, including fundraising expenditures, incurred by the charity to obtain funds. Support costs are those costs incurred which are not directly an output of the charitable activity. Governance costs are those incurred in connection with enabling the charity to comply with external regulation, constitutional and statutory requirements and in providing support to the Trustees in the discharge of their statutory duties.

i) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £250. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use. Major components are treated as a separate asset where they have significantly different patterns of consumption of economic benefits and are depreciated separately over its useful life.

Tangible fixed assets are stated at cost less accumulated depreciation. Only individual assets costing £250 or more and not forming part of a larger project are capitalised. This level is periodically reviewed, along with the need for a formal impairment review.

Provision is made for depreciation of fixed assets, at rates calculated to write off the cost, less the estimated residual value, of each asset over its expected useful life. Leasehold improvements are depreciated over the remainder of the lease and other fixed assets over 4 years.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Recognition of liabilities and constructive liabilities

Liabilities, including constructive obligations, are recognised at the point at which the charity is deemed to have entered into a binding commitment. Provisions are recognised when there is a present legal or constructive obligation as a result of a past event, it is probable that a transfer of economic benefit will be required to settle the obligation, and a reliable estimate can be made of the obligation.

l) Leases

Rental costs under operating leases are charged to expenditure as incurred. Lease incentives received by the charity are released on a straight line basis to the Statement of Financial Activities over the period until the first break clause or, in the case of leases already existing, until the rent review.

m) **Pensions**

The charity contributes to a stakeholder pension scheme on behalf of its staff, and the cost is recognised as incurred.

n) **Taxation status**

As a charity, Helen Bamber Foundation is exempt from taxation of income and gains falling within Section 505 of the Taxes Act 1988 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent these are applied charitably. No tax charge has arisen in the year.

o) **Funds**

The charity's financial statements are a consolidation of individual funds. These divide into two distinct categories: unrestricted and restricted.

Unrestricted funds

The use of these funds has not been restricted to a particular purpose by the donor. The unrestricted funds comprise the General fund and Designated funds.

General fund

The General fund is the working fund of the charity. It is not tied or designated as are the other funds for use for a particular or defined purpose. The General fund has to provide for the net deficit of any activities that have inadequate income of their own and for the general administration of the charity. It also provides working capital for operations and helps to provide resources to ensure that the charity is able to continue with its obligations in the event of a shortfall in income or unexpected upturn in expenditure. The current target level for the unrestricted general fund is between three and six months of the higher of projected gross income or gross expenditure for the next financial year.

Designated funds

Designated funds are those which have been allocated by the charity for particular purposes. The Fixed Asset reserve represents the net book value of the investment by the General fund in fixed assets.

Restricted funds

These are income funds tied to particular purposes. They include gifts made to the charity to be used in accordance with the wishes of the donors. Until funds are expended, they are placed on deposit or held in cash.

p) Debtors

Trade and other debtors are recognised at the settlement amount due, after provision for doubtful debts.

2a. Income from donations

Current year

	Unrestricted	Restricted	2025 Total
	£	£	£
Income from			
Donations - trusts and foundations	1,199,084	1,003,530	2,202,614
Donations - individuals	634,277	6,302	640,579
Donations - corporate	390,732	155,000	545,732
Donations - legacies	20,000	-	20,000
Other	94,025	213,744	307,769
	2,338,118	1,378,576	3,716,694

The "other" donations comprise income from community fundraising.

Prior year

	Unrestricted	Restricted	2024 Total
	£	£	£
Donations - trusts and foundations	1,304,503	1,124,139	2,428,642
Donations - individuals	316,887	-	316,887
Donations - corporate	537,281	413,999	951,280
Donations - legacies	424,538	-	424,538
Other	9,244	164,531	173,775
	2,592,453	1,702,669	4,295,122

2b. Income from charitable activities

Current year

	Unrestricted	Restricted	2025 Total
	£	£	£
Legal Services			
Statutry funding towards Asylum cases	566,130	61,141	627,271
Medical Legal Reports	129,103	-	129,103
Other legal services	136,275	13,667	149,942
	831,508	74,808	906,316
Training Services	12,078	-	12,078
	12,078	-	12,078
Total Income From Charitable Activities	**843,585**	**74,808**	**918,393**

Prior Year

	Unrestricted	Restricted	Total
	£	£	£
Legal Services			
Statutry funding towards Asylum cases	866,069	-	866,069
Medical Legal Reports	145,420	-	145,420
Migrant Law Project	-	251,104	251,104
Other legal services	124,745	-	124,745
Total Income From Charitable Activities	**1,136,234**	**251,104**	**1,387,338**

3a. Analysis of expenditure

Current year

	Charitable activities								
	Cost of raising funds	Legal protection	Therapy and casework	Community and Integration	Counter Trafficking	Research, policy and dissemination	Support and Governance costs	**2025**	2024
	£	£	£	£	£	£	£	**£**	£
Staff costs (Note 5)	304,862	1,368,144	378,199	107,832	314,693	270,159	289,219	**3,033,109**	2,803,087
Direct costs	92,798	199,785	118,606	14,911	13,823	12,796	51,367	**504,086**	622,169
Premises costs	-	-	-	-	-	-	459,741	**459,741**	754,171
Office costs	-	-	-	-	-	-	210,700	**210,700**	236,129
Audit	-	-	-	-	-	-	27,830	**27,830**	21,170
Irrecoverable VAT	-	-	-	-	-	-	85,126	**85,126**	310,742
Depreciation	-	-	-	-	-	-	103,593	**103,593**	54,853
Movement on doubtful debt provision	-	-	-	-	-	-	8,634	**8,634**	20,932
	397,660	1,567,929	496,805	122,743	328,516	282,955	1,236,211	**4,432,819**	4,823,254
Support and Governance costs allocation	169,788	511,467	223,965	55,334	148,099	127,559	(1,236,211)	**-**	
Total Expenditure 2025	567,448	2,079,396	720,770	178,077	476,615	410,513	-	**4,432,819**	
Total Expenditure 2024	430,226	2,810,646	465,302	193,229	585,140	338,710	-		4,823,254

Governance costs are included above under audit fees and trustees' expenses.

3b. Analysis of expenditure

Prior year

	Charitable activities							
	Cost of raising funds	Legal protection	Therapy and casework	Community and Integration	Counter Trafficking	Research, policy and dissemination	Support and Governance costs	**2025**
	£	£	£	£	£	£	£	**£**
Staff costs (Note 5)	256,614	1,397,686	256,906	96,265	365,842	192,838	236,936	**2,803,087**
Direct costs	27,779	460,238	50,673	31,465	20,954	31,060	-	**622,169**
Premises costs	-	-	-	-	-	-	754,171	**754,171**
Office costs	-	-	-	-	-	-	236,129	**236,129**
Audit	-	-	-	-	-	-	21,170	**21,170**
Irrecoverable VAT	-	-	-	-	-	-	310,742	**310,742**
Depreciation	-	-	-	-	-	-	54,853	**54,853**
Movement on doubtful debt provision	-	-	-	-	-	-	20,932	**20,932**
	284,393	1,857,924	307,579	127,731	386,796	223,898	1,634,934	**4,823,254**
Support and Governance costs allocation	145,833	952,722	157,723	65,499	198,344	114,812	(1,634,934)	**-**
Total Expenditure 2024	430,226	2,810,646	465,302	193,229	585,140	338,710	-	**4,823,254**

Governance costs are included above under audit fees and trustees' expenses.

4. Net income for the year before transfers

		2025	2024
		£	£
Depreciation		**103,593**	54,853
Operating lease rentals:			
	Property	**114,160**	116,834
Auditor's remuneration (excluding VAT):			
	Audit of Helen Bamber Foundation	**13,000**	12,800
	Over provision in prior year	**-**	(2,180)
	Audit of Asylum Aid	**9,800**	9,400
	Asylum Aid Corporation Tax Fees	**-**	1,150

5. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:	2025	2024
	£	£
Salaries and wages	**2,593,043**	2,429,282
Social security costs	**296,540**	228,697
Employer's contribution to defined contribution pension schemes	**95,552**	89,847
Interim staffing costs	**47,974**	46,916
Redundancy costs	**-**	17,300
	3,033,109	2,822,303

No employees earned between £60k-£70k or £70k-£80k (2024: one employee £70k-£80k). Two employees earned between £80k and £90k (2024: 2)

The total employee benefits including pension contributions of the key management personnel were £249,835 (2024: £381,877).

The Trustees were not paid or in receipt of any other benefits from employment with the charity in the year (2024: £nil). No Trustee received payment for professional or other services supplied to the charity (2024: £nil).

2 Trustees claimed expenses of £1,137 in the year for the reimbursement of travel expenses (2024: £nil).

6. Staff numbers

The average number of employees based on the average headcount employed during the year was as follows:	**2025**	2024
	No.	No.
Fundraising	**5.0**	5.0
Charitable activity	**64.0**	65.0
Support	**8.0**	6.0
Governance	**3.0**	3.0
	80.0	79.0

7. Related party transactions

There were management charges of £164,035 relating to HBF staff costs recharged to AA in 2025 (2024: £116,743).

There were no donations from related parties which were outside the normal course of business and no restricted donations from related parties. The total amount of donations received in 2025 from Trustees or parties related to them was £60,000 (2024: £75,000).

8. Tangible fixed assets

The group	Leasehold Improvement	Fixtures and fittings	ICT and medical equipment	**Total**
Cost	£		**£**	
At the start of the year	1,044,533	36,096	163,639	**1,244,268**
Additions in year	32,140	-	10,304	**42,444**
Disposals in year	-	(1,812)	(55,215)	**(57,027)**
At the end of the year	1,076,673	34,284	118,330	**1,229,287**
Depreciation				
At the start of the year	34,063	7,935	90,480	**132,478**
Charge for the year	69,636	7,576	26,381	**103,593**
Eliminated on disposal	-	(1,812)	(55,215)	**(57,027)**
At the end of the year	103,698	13,699	61,251	**178,648**
Net book value				
At the end of the year	972,975	20,585	57,080	**1,050,639**
At the start of the year	1,010,470	28,161	73,159	**1,111,790**

All of the above assets are used for charitable purposes.

The charity **Helen Bamber Foundation**	Leasehold Improvement	Fixtures and fittings	ICT and medical equipment	**Total**
Cost				
At the start of the year	1,044,533	36,096	130,810	**1,211,439**
Additions in year	32,140	-	10,304	**42,444**
Disposals in year	-	(1,812)	(55,215)	**(57,027)**
At the end of the year	1,076,673	34,284	85,502	**1,196,459**
Depreciation				
At the start of the year	34,062	7,935	81,360	**123,357**
Charge for the year	69,636	7,576	18,562	**95,774**
Eliminated on disposal	-	(1,812)	(55,215)	**(57,027)**
At the end of the year	103,698	13,699	44,312	**161,709**
Net book value				
At the end of the year	972,975	20,585	41,190	**1,034,750**
At the start of the year	1,010,471	28,161	49,450	**1,088,082**

All of the above assets are used for charitable purposes.

9. Subsidiary undertaking - Asylum Aid

The charity controls the subsidiary, Asylum Aid, a company registered in England. The company number is 2513874 and charity number is 328729. The registered office address is that of the parent company. It is a subsidiary of the Helen Bamber Foundation (parent company) as the parent company board have majority control of Asylum Aid.

The subsidiary is used for the primary purpose of providing legal representation and access to justice for refugees and those seeking asylum. All activities have been consolidated on a line by line basis in the statement of financial activities.

A summary of the results of the subsidiary is shown below:

Income from:

			2025	2024
	Restricted	Unrestricted	**£**	£
Donations and legacies				
Charitable activities	452,480	456,816	**909,296**	1,224,457
Bank Interest	702,405	74,807	**777,213**	1,013,539
Other Income	17	-	**17**	-
	2,922	-	**2,922**	370,081
Total Income	**1,157,824**	**531,623**	**1,689,448**	2,608,077
Expenditure on:				
Raising funds	77,474	-	**77,474**	69,983
Charitable Activities	938,178	567,622	**1,505,800**	1,584,822
Total expenditure	**1,015,652**	**567,622**	**1,583,274**	1,654,805
Net income for the year	**142,173**	**(35,999)**	**106,174**	620,274
Total funds brought forward	1,417,346	261,017	**1,678,363**	1,058,089
Total funds carried forward	**1,559,519**	**225,018**	**1,784,537**	1,678,363

Subsidiary Analysis of net assets between funds (current year)

	General unrestricted	Designated	Restricted	**Total funds**
	£	£	£	**£**
Tangible fixed assets	-	15,889	-	**15,889**
Net current assets	379,399	1,267,877	225,018	**1,872,294**
Creditors: Amoutns falling due in more than one year	-	(103,646)	-	**(103,646)**
Net Assets at 31 December 2025	379,399	1,180,120	225,018	**1,784,537**

Subsidiary Analysis of net assets between funds (prior year)

	General unrestricted	Designated	Restricted	**Total funds**
	£	£	£	**£**
Tangible fixed assets	23,708	-	-	**23,708**
Net current assets	385,051	1,066,761	261,017	**1,712,828**
Creditors: Amoutns falling due in more than one year	-	(58,174)	-	**(58,174)**
Net Assets at 31 December 2024	408,759	1,066,761	261,017	**1,678,363**

10. Parent charity - Helen Bamber Foundation

The parent charity's gross income and the results for the year are disclosed as follows:

	2025	2024
	£	£
Gross income	**2,968,428**	3,496,175
Result for the year	**118,882**	327,728

11. Debtors

	The group		**The charity Helen Bamber Foundation**	
	2025	2024	**2025**	2024
	£	£	**£**	£
Trade debtors	**204,974**	180,039	**121,177**	112,518
Amounts due from group undertakings	**-**	-	**-**	54,090
Prepayments & other debtors	**164,299**	186,171	**145,110**	164,364
Accrued income	**183,500**	182,792	**156,000**	165,292
	552,773	549,002	**422,287**	496,264

12a. Creditors: amounts falling due within one year

	The group		**The charity Helen Bamber Foundation**	
	2025	2024	**2025**	2024
	£	£	**£**	£
Trade creditors	**99,791**	189,293	**32,771**	84,998
Taxation and social security	**132,642**	129,249	**80,942**	80,944
Amounts due to group undertakings	**-**	-	**90,979**	-
Accruals	**182,413**	78,107	**117,358**	53,887
Deferred income (note 13)	**70,425**	240,283	**70,425**	93,403
Other creditors	**139,432**	84,500	**31,304**	-
	624,703	721,432	**423,779**	313,232

12b. Creditors: amounts falling due in more than one year

	The group		The charity Helen Bamber Foundation	
	2025	2024	**2025**	2024
	£	£	**£**	£
Loans	**241,595**	240,000	**241,595**	181,827
Defferred rent free period	**383,864**	232,694	**280,222**	232,694
	625,459	472,694	**521,817**	414,521

13. Deferred income

Deferred income comprises of comprises grants received from corporates and trusts and foundations in the current year which relate to a future period. 2024 deferred income also included MLP income which was subject to a two year agreement.

	The group		The charity Helen Bamber Foundation	
	2025	2024	**2025**	2024
	£	£	**£**	£
Balance at the beginning of the year	**240,283**	331,514	**93,403**	12,903
Amount released to income in the year	**(240,283)**	(204,236)	**(93,403)**	(12,903)
Amount deferred in the year	**70,425**	113,005	**70,425**	93,403
Balance at the end of the year	**70,425**	240,283	**70,425**	93,403

14a. Analysis of group net assets between funds (current year)

	General unrestricted	Designated funds	Restricted funds	**Total funds**
	£	£	£	**£**
Tangible fixed assets	-	1,050,639	-	**1,050,639**
Net current assets	829,387	1,267,877	423,042	**2,520,306**
Creditors: Amounts falling due in more than one year	-	(383,864)	-	**(383,864)**
Net assets at the end of the year	**829,387**	**1,934,652**	**423,042**	**3,187,081**

14b. Analysis of group net assets between funds (prior year)

	General unrestricted	Designated funds	Restricted funds	**Total funds**
	£	£	£	**£**
Tangible fixed assets	23,708	1,088,082	-	**1,111,790**
Net current assets	975,212	1,066,761	280,955	**2,322,928**
Creditors: Amounts falling due in more than one year	(240,000)	(232,694)	-	**(472,694)**
Net assets at the end of the year	**758,920**	**1,922,149**	**280,955**	**2,962,024**

15a. Movements in group funds (current year)

	At 1 January 2025	Income & gains	Expenditure & losses	Transfers	**At 31 December 2025**
	£	£	£	£	**£**
Restricted funds:					
Legal protection	156,954	537,136	567,622	104,063	**230,531**
Therapy and casework	124,001	700,458	624,898	(12,939)	**186,622**
Community integration	-	148,790	143,401	500	**5,889**
Research, policy and dissem-ination	-	42,000	42,000	-	**-**
Counter Trafficking	-	-			**-**
New Premises Capital Appeal	-	25,000	-	(25,000)	**-**
General	-	-	-	-	**-**
Total restricted funds	**280,955**	**1,453,384**	**1,377,921**	**66,624**	**423,042**
Unrestricted funds:					
Designated funds					
Fixed Asset Funds					
Fixed asset fund	49,451	-	103,593	1,104,781	**1,050,639**
Rent Free Period Fund	(232,694)	-	151,170	-	**(383,864)**
New Premise Fund	1,038,632	-	-	(1,038,632)	**-**
	855,389	-	254,763	66,149	**666,775**
Designated Casework-in-Progress	**1,066,760**	**201,117**	**-**	**-**	**1,267,877**
Total designated funds	1,922,149	201,117	254,763	66,149	**1,934,652**
General funds	**758,920**	**3,003,375**	**2,800,135**	**(132,773)**	**829,387**
Total unrestricted funds	**2,681,069**	**3,204,492**	**3,054,898**	**(66,624)**	**2,764,039**
Total funds	**2,962,024**	**4,657,876**	**4,432,819**	**-**	**3,187,081**

The narrative to explain the purpose of each fund is given at the foot of the note below.

15b. Movements in group funds (prior year)

	At 1 January 2024 £	Income & gains £	Expenditure & losses £	Transfers £	**At 31 December 2024 £**
Restricted funds:					
Legal protection	292,746	655,749	791,541	-	**156,954**
Therapy and casework	30,000	256,110	162,109	-	**124,001**
Community integration	8,888	77,735	86,623	-	**-**
Research, policy and dissemination	-	54,000	54,000	-	**-**
Counter Trafficking	-	910,179	371,490	(538,689)	**-**
General	-	63,000	63,000	-	**-**
Total restricted funds	331,634	2,016,773	1,528,763	(538,689)	**280,955**
Unrestricted funds:					
Designated fixed asset fund	22,853	40,302	13,274	(430)	**49,451**
Designated Casework-in-Progress	483,240	583,520	-	-	**1,066,760**
Designated Fund - Rent Free Period	-	-	232,694	-	**(232,694)**
Designated- New Premise Fund	218,616	280,897	-	539,119	**1,038,632**
Total designated funds	724,709	904,719	245,968	538,689	**1,922,149**
General funds	957,680	2,849,763	3,048,522	-	**758,921**
Total unrestricted funds	1,682,389	3,754,482	3,294,490	538,689	**2,681,070**
Total funds	2,014,023	5,771,255	4,823,253	-	**2,962,025**

Purposes of restricted funds

Legal protection

The restricted funds for protection work are to fund legal protection and advocacy support work; providing refugee and asylum seeking clients with a fair chance at seeking justice against the perpetrators of the interpersonal violence they experienced, international protection from the government and appropriate welfare support and housing provision. This includes legal staff salaries, client travel and interpreter costs and any other associated costs of administrating and providing legal protection and advocacy support to clients.

Therapy and casework

The restricted funds for therapy and casework are to fund our therapeutic care for survivors of gross human rights violations, helping individuals and families to overcome the psychological impact of interpersonal violence and achieve sustained recovery from acute trauma symptoms, Complex Post-Traumatic Stress Disorder and other resultant mental health issues. This includes clinical staff salaries, client travel and interpreter costs and associated costs of administrating referrals for our services and providing tailored support and counselling for clients.

Community integration

The restricted funds for community integration are to assist clients to become valued members of society and combine work from different areas. Mind and body work are to fund therapies which use the mutual influence of body on mind, and mind on body to facilitate healing and recovery from trauma. The programme includes acupuncture, cranio-sacral therapy, hakomi and internal family systems, movement, pilates, yoga (including pre- and post-natal), massage, breathing training and osteopathy. The restricted funds are for clinical staff salaries, equipment, volunteer costs and client travel.

The restricted funds for social wellbeing work are to fund the Creative arts programme, which includes language and skills classes and artistic and social groups for clients of the Foundation, to break isolation and aid recovery. This includes the costs of materials, client travel, volunteer expenses and the salary of the coordinating staff member.

Research, policy and dissemination

These restricted funds are to fund work on research, policy and dissemination.

Counter Trafficking

The restricted funds for counter trafficking are to enable the foundation to fund a model of integrated care for victims of human trafficking. This includes clinical staff salaries, client travel and interpreter costs and associated costs of administering referrals for our services and providing tailored support and counselling for clients.

New Premises Capital Appeal

These restricted funds are to fund work on the new premises from which the charity will operate.

Purposes of designated funds

Fixed assets fund

A designated fund has been established to represent the net book value of the charity's fixed assets.

Casework in progress fund

Value of work in progress relating to legal cases at the year-end as this is a relatively illiquid asset.

Rent Free Period Fund

This fund represents the value of the rent free period which incurred at the start of the lease. The cost of the lease is shown on a straight line basis in expenditure for the life of the lease, and this designated fund will be released on an annual basis.

New Premise fund

A designated fund was set aside in 2023 for ongoing expenditure relating to the Trauma Centre and office premises, and from 2024 represents the net book value of those assets.

16. Operating lease commitments payable as a lessee

The group's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Property	
	2025	2024
	£	£
Less than one year	**303,020**	129,092
Two to five years	**1,515,099**	1,721,500
Over five years	**707,046**	1,252,000
	2,525,165	3,102,592


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