Charity number: 1148287
Company number: 07911058

Lifeline Help

Trustees' report and financial statements

for the year ended 31 January 2026

Lifeline Help

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Legal and administrative information

Charity number	1148287
Company registration number	07911058
Business address	4 Keasdon Avenue Manchester M22 9AP
Registered office	4 Keasdon Avenue Manchester M22 9AP
Trustees	Mohamed Boatiwirat Adel Marei
Secretary	Adel Marei
Accountants	Nabaile Young UK LTd 334 Slade Lane Manchester M19 2BL

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Report of the trustees
for the year ended 31 January 2026

The trustees present their report and the financial statements for the year ended 31 January 2026. The trustees who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management
Lifeline Help is registered with the Charity Commission for England and Wales under charity number 1148287. The charity is governed by its constitution adopted in 2012 and article of association 2026. The trustees are responsible for their overall management and operation.

Objectives and activities
Lifeline Help is a non-profit charity established to help people in need. Its work focuses on practical healthcare, education and livelihood support that enables communities to become more self-sufficient.

The charity has concentrated on supplying medical equipment and essential medicines to impoverished areas, with a particular focus on Libya. It aims to support remote district general hospitals and tertiary hospitals across the country. Its activities include funding repairs to medical machinery and equipment, supplying emergency medicines and anesthetic drugs, and providing food, medical aid and disaster relief during emergencies.

Achievements and performance

Orphan sponsorship:
The Orphan Sponsorship Program provides financial support to children in three cities in Libya. Payments are made monthly or annually to the child's mother or guardian to help meet essential needs, including food, shelter, clothing, education and healthcare.

The program supported 129 orphaned children in 2025-26. The charity aims to expand support.

A total of LYD 439804 was distributed through the program during the reported year.

Housing support
The charity continued work on a second house in Tripoli to provide a secure home for a woman and her five children. The project forms part of its support for families affected by conflict and natural disasters, helping them rebuild their lives.

Medical support :
The charity distributed anti-hypertensive, diabetes medicines with a reported value of £60,000 over a twelve-month period. This support aimed to improve access to essential treatment and prevent serious complications.

Financial review
The chairman, honorary officers and executive committee have reviewed the reserves of the charity. Their policy is. continues to be that enough funds should be held to meet operating costs of the " Lifeline Help. "

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other

On behalf of the board

Adel Marei
Secretary

Lifeline Help

Independent examiner's report to the trustees on the unaudited financial statements of Lifeline Help.

I report on the accounts of Lifeline Help for the year ended 31 January 2026 set out on pages 2 to 8.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts, you consider that the audit requirement of section 43(2) of the Charities Act 1993 (the Act), as amended by section 28 of the Charities Act 2006 does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 43(3)(a) of the Act, as amended; to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the Act, as amended; and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep proper accounting records in accordance with section 41 of the Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent examiner

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Statement of financial activities

For the year ended 31 January 2026

	Notes	Unrestricted funds £	2026 Total £	2025 Total £
Incoming resources				
Incoming resources from generating funds:				
Voluntary income	2	84,637	84,637	76,116
Total incoming resources		84,637	84,637	76,116
Resources expended				
Accountancy fees		300	300	300
Other office expenses		1,380	1,380	1,134
Funds to hospital		59,331	59,331	70,481
Food and Shelter		-	-	25,000
Total resources expended		61,011	61,011	96,915
Total funds brought forward		68,557	68,557	89,356
Total funds carried forward		92,184	92,184	68,557

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 7 to 8 form an integral part of these financial statements.

Lifeline Help

Balance sheet
as at 31 January 2026

	Notes	2026 £	2026 £	2025 £	2025 £
Current assets					
Cash at bank and in hand		94,104		71,621	
		94,104		71,621	
Creditors: amounts falling due within one year	4	(1,920)		(3,064)	
Net current assets			92,184		68,557
Net assets			92,184		68,557
Funds	5				
Unrestricted income funds			92,184		68,557
Total funds			92,184		68,557

The financial statements were approved by the trustees on and signed on its behalf by

Mohamed Boatiwirat
Trustee

The notes on pages 7 to 8 form an integral part of these financial statements.

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Charities Act 1993.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

1.4. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

2. Voluntary income

	Unrestricted funds £	2026 Total £	2025 Total £
Donations	84,637	84,637	76,116
	84,637	84,637	76,116

3. Employees

Employment costs

No salaries or wages have been paid to employees, including the trustees, during the year.

Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2026 Number	2025 Number
	5	5

4. Creditors: amounts falling due within one year

	2026 £	2025 £
Trade creditors	-	1,144
Accruals and deferred income	1,920	1,920
	1,920	3,064

5. Analysis of net assets between funds

	Total funds £
Fund balances at 31 January 2026 as represented by:	
	-

6. Unrestricted funds

	At 01 February 2025 £	Incoming resources £	Outgoing resources £	At 31 January 2026 £
General Fund	68,557	84,637	(61,010)	92,184

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The following pages do not form part of the statutory accounts.

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Detailed statement of financial activities

For the year ended 31 January 2026

		2026		2025
	£	£	£	£
Incoming resources				
Incoming resources from generating funds:				
Voluntary income				
Donations		84,637		76,116
		84,637		76,116
Total incoming resources from generating funds		84,637		76,116
Total incoming resources		84,637		76,116
Resources expended				
Costs of generating funds:				
Cost of generating voluntary income				
Donations				
Bank Charges	1,139		1,064	
		1,139		1,064
Subscriptions				
Subscription - Office expenses - Other	241		69	
		241		69
Total cost of generating voluntary income		1,380		1,133
Fundraising trading:				
cost of goods sold and other costs				
Total costs of generating funds		1,380		1,133

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Detailed statement of financial activities

For the year ended 31 January 2026

		2026 £		2025 £
Charitable activities				
Activity 1				
Activities undertaken directly				
Funds to hospital	59,331		70,481	
Food and Shelter	-		25,000	
		59,331		95,481
Activity 1 total expenditure		59,331		95,481
Total charitable activity expenditure		59,331		95,481
Governance costs				
Activities undertaken directly				
Professional - Accountancy fees	300		300	
Office expenses - Other	(1)		1	
		299		301
Total governance costs		299		301
Net incoming/(outgoing) resources for the year		23,627		(20,799)