Charity registration number: 1148061

Hounslow Seniors Trust Association

Annual Report and Financial Statements

for the Year Ended 31 January 2026

Hounslow Seniors Trust Association

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Hounslow Seniors Trust Association

Reference and Administrative Details

Trustees	Lalani Weerasinghe Rhobena West Michael Brennan Paul Franklin Elizabeth Maureen Yakoubi Susan Elizabeth Wijeyesinghe
Charity Registration Number	1148061
Principal Office	53a Church Path Chiswick London W4 5BL
Independent Examiner	Bissell & Brown Birmingham Ltd 12 Portman Rd Kings Heath Birmingham B13 0SL

Hounslow Seniors Trust Association

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 January 2026.

Objectives and activities

Objects and aims

Charitable objects
To promote for the benefit of older people resident in Greater London (hereinafter referred to " as the area of benefit") without distinction of gender, sexual orientation, race, disability or political, religious or other opinions by associating together the said people and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare and leisure time occupation with the object of improving the conditions of life for said people.

Hounslow Seniors Trust Association's work has made a difference to its beneficiaries and has provided wider benefits to society as a whole, by:

• Tackling the isolation and loneliness experienced by many older people in Hounslow and surrounding West London Boroughs.
• Improving older people's mental and physical health and wellbeing.
• Increasing older people's confidence and self-esteem.
• Increasing the number of activities for older people.
• Enabling older people to learn new skills.
• Helping older people understand and get the most out of new technology.
• Creating exciting volunteering opportunities for older people.

Objectives, strategies and activities

During the year under review The Trust organised Hounslow Older People's Festival. This was the 31st annual month-long festival. The festival included many events, social gatherings, learning opportunities, trips, healthy lifestyle and arts activities. The Trust also provided a range of participatory health, wellbeing and creative projects for older people throughout the year.
Hounslow Seniors Trust produced 4 editions of What's On for Older People in Hounslow. This publication, produced in written format, provided an overview of activities for older residents of Hounslow. Older people and professionals working with them, told us it is very useful to have lots of information about local groups, activities and interesting events in one place.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

31 January 2026 financial review includes Hounslow Seniors Trust's third year of funding from The National Lottery Community Fund. The grant of £56,173 enabled the Trust to continue successful aspects of our work such as Hounslow Older People's Festival and introduce new activities, events and workshops that were identified through a consultation exercise with older residents of Hounslow.

31 January 2026 financial review includes the Trust's third year of funding from City Bridge Foundation. The £10,000 grant enabled the Trust to deliver 4 sets of visual arts workshops during the year and mount an exhibition of the artistic work produced. All activities were free, so nobody was excluded on economic grounds.

During the year under review the Trust also received £5,705 in donations and £4,922 from Box Office returns.

The Trust's income was spent on activities undertaken to further public benefit.

Policy on reserves

The reserve levels will be £4000, or sufficient to cover 4 months operating costs, whichever is the greater.
Reserves will be made up of donations and other unrestricted income.
Hounslow Seniors Trust Association's Trustees will monitor the reserve levels quarterly to ensure the levels meet need.

Principal funding sources

Information on fundraising practices:

The new Code of Fundraising Practice came into effect on 1 November 2025.
The fundraising approach taken by Hounslow Seniors Trust Association, or by anyone acting. on its behalf, complies with the Code of Fundraising Practice.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Lalani Weerasinghe
	Rhobena West
	Michael Brennan
	Paul Franklin
	Elizabeth Maureen Yakoubi
	Susan Elizabeth Wijeyesinghe
	Tara Mulcahy (resigned 22 October 2025)
	Christine Talbott (deceased 5 April 2025)

Structure, governance and management

Nature of governing document

The charity was registered 11 July 2012 using a constitution adopted 20 Sept 2010 as amended on 20 Feb 2012.

The annual report was approved by the trustees of the charity on ..... and signed on its behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on ..... and signed on its behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Independent Examiner's Report to the trustees of Hounslow Seniors Trust Association

I report to the trustees on my examination of the accounts of Hounslow Seniors Trust Association for the year ended 31 January 2026.

Responsibilities and basis of report

As the charity trustees of Hounslow Seniors Trust Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Hounslow Seniors Trust Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Hounslow Seniors Trust Association as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
B Matthews FCA
Bissell & Brown Birmingham Ltd, Chartered Accountants

12 Portman Rd
Kings Heath
Birmingham
B13 0SL

Date:.....

Hounslow Seniors Trust Association

Statement of Financial Activities for the Year Ended 31 January 2026

	Note	Unrestricted £	Restricted £	Total 2026 £	Total 2025 £
Income and Endowments from:					
Donations and legacies		5,705	-	5,705	7,794
Charitable activities		4,922	66,173	71,095	68,741
Total Income		10,627	66,173	76,800	76,535
Expenditure on:					
Charitable activities		(10,125)	(65,767)	(75,892)	(73,982)
Total Expenditure		(10,125)	(65,767)	(75,892)	(73,982)
Net movement in funds		502	406	908	2,553
Reconciliation of funds					
Total funds brought forward		4,614	24,660	29,274	27,174
Total funds carried forward	10	5,116	25,066	30,182	29,727

All of the charity's activities derive from continuing operations during the above two periods.

Hounslow Seniors Trust Association

(Registration number: 1148061)
Balance Sheet as at 31 January 2026

	Note	2026 £	2025 £
Current assets			
Debtors	7	4,922	455
Cash at bank and in hand	8	29,380	29,826
		34,302	30,281
Creditors: Amounts falling due within one year	9	(4,120)	(554)
Net assets		30,182	29,727
Funds of the charity:			
Restricted income funds			
Restricted funds		25,066	24,495
Unrestricted income funds			
Unrestricted funds		5,116	5,232
Total funds	10	30,182	29,727

The financial statements on pages 7 to 12 were approved by the trustees, and authorised for issue on ..... and signed on their behalf by:

.....
Lalani Weerasinghe
Trustee

1 Accounting policies

Statement of compliance
The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation
Hounslow Seniors Trust Association meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern
The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset’s use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs
These include the costs attributable to the charity’s compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total funds £
Donations and legacies;		
Donations from individuals	5,705	5,705
Total for 2026	5,705	5,705
Total for 2025	7,794	7,794

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2026 £
City Bridge Trust	-	10,000	10,000
National Lottery	-	56,173	56,173
The Musical Musem	4,921	-	4,921
	4,921	66,173	71,094

4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2026 £	Total 2025 £

	Unrestricted funds General £	Restricted funds £	Total 2026 £	Total 2025 £
Development & projects costs	874	30,417	31,291	-
Events costs	354	16,175	16,529	22,655
Artist fees	5,498	11,443	16,941	8,626
Print & design	-	3,060	3,060	452
Management fees	3,544	-	3,544	36,942
Insurance	(240)	240	-	442
Accountancy	23	552	575	579
Sundry	-	795	795	421
Evaluation	-	1,560	1,560	-
Travel costs	-	1,289	1,289	752
Bank charge	72	-	72	117
Post & stat	-	236	236	2,995
	10,125	65,767	75,892	73,981

5 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

7 Debtors

	2026 £	2025 £
Prepayments	-	455
Other debtors	4,922	-
	4,922	455

8 Cash and cash equivalents

	2026 £	2025 £
Cash at bank	29,380	29,826

9 Creditors: amounts falling due within one year

	2026 £	2025 £
Other creditors	1	2
Accruals	4,119	552
	4,120	554

10 Funds

	Balance at 1 February 2025 £	Incoming resources £	Resources expended £	Balance at 31 January 2026 £
Unrestricted funds				
General				
General funds	4,614	10,627	(10,125)	5,116
Restricted funds				
National Lottery	22,402	56,173	(56,119)	22,456
City Bridge Trust	2,258	10,000	(9,648)	2,610
Total restricted funds	24,660	66,173	(65,767)	25,066
Total funds	29,274	76,800	(75,892)	30,182