Company registration number: 07764753
Charity registration number: 1147632

THE MOVING ON PROJECT
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2026

Eclipse Accountancy Ltd
Chartered Accountants
Fareham Innovation Centre
Merlin House
4 Meteor Way, Lee-on-the-Solent
Hampshire
PO13 9FU

The Moving On Project
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The Moving On Project
Reference and Administrative Details
For The Year Ended 31 March 2026

Trustees	Matthew Clarke Sarah Hudson (resigned 01/08/2025) Jessica Crosby Ashleigh Domblides Stuart McBride Rachelle Lia Lisa Gagliani (appointed 23/10/2025)
Company Secretary	Ashleigh Domblides
Charity Number	1147632
Company Number	07764753
Registered Office	163 West Street Fareham Hampshire PO16 0EF
Independent Examiner	Eclipse Accountancy Ltd Eclipse Accountancy Ltd Chartered Accountants Fareham Innovation Centre Merlin House 4 Meteor Way, Lee-on-the-Solent Hampshire PO13 9FU

The Moving On Project
Company No. 07764753
Trustees' Report For The Year Ended 31 March 2026

The trustees present their report and the financial statements for the year ended 31 March 2026.

Objectives and Activities

Aims and Objectives

The charity's objects are to relieve sickness and to promote and preserve good health and education by the provision of counselling and support services for young people and their families across South East Hampshire including Fareham, Gosport and Havant Borough Councils and within the boundaries of the city of Portsmouth. The charity helps young people aged 11 to 25.

Our vision for The Moving on Project is to improve the emotional health and wellbeing of young people aged between 11 and 25 in South-East Hampshire, Fareham and Gosport in order that they can achieve their full potential.

Our mission at The Moving on Project is to provide quality, confidential counselling which is actionable and sustainable to support the young people in the Fareham, Gosport and Portsmouth community move forward to their future.

We pride ourselves on our values at The Moving on Project and these are at the heart of everything we do.

Integrity
We deliver the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions, whilst maintaining confidentiality.

Safety
We prioritise the safety of our clients, our counsellors and our volunteers always.

Community
We want to have a positive impact on our community. For years our community has protected and looked out for one another. At a time when we are becoming less connected, the power of the community has never been more important.

We have created a simple message that potential Trustees can get behind to give the strategic desired outcome.
T - Target more funding
H - Help more clients
R - Reach out to our community
I - Inspire young people
V - Value our counsellors and staff
E - Ensure longevity of the charity

The charity achieves its objectives by:
• Offering one-to-one counselling and group work for young people aged from 11 to 25
• Working with children and young people within GP's surgeries, secondary schools and colleges
• Offering private counselling to parents of young people

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and Performance

Main Achievements

In the period between 1 April 2025 and 31March 2026, we provided 1,631 sessions of counselling for young people, helping 384 young people in our designated area. With 2,906 contacts through signposting, parental engagement, and professional referrals.

Material Strategic Changes

No material strategic changes occurred in this period. Strategic changes from the previous period have been completed. With the charities office location having been completed and IT Service provider having transitioned successfully.

Financial Review

Reserves Policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three- and six-month’s expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity reserves and savings have grown to a point the charity needs to look at either:

A) Better utilising its funds in the charities mission
B) Diversification of its savings and unrestricted income across new banking mechanism

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied those systems are in place to mitigate exposure to the major risks.

Structure, Governance and Management

Material Strategic Changes

The charity is a company limited by guarantee and has no share capital. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association.

The Moving on Project is committed to having a diverse and active Trustee board. The Trustee recruitment, selection and induction process that The Moving on Project uses seeks to follow the Charity Commission document.

There is currently a vacancy in the Trustee board as we are looking for a Treasurer. This remains the chase as with previous years a number of Trustees have resigned at the end of their tenure and the charity is looking for replacements.

This was in line with the charity strategy and the charity has rotated its Board of Trustees in 2026 to ensure new perspectives and experience are brought into the board more introduce a more mature governance framework as the charity grows.

The board of Trustees also review its articles of association and ensured alignment into how it conducts its general meetings and annual meeting.

The Moving on Project's Board of Trustees ultimately make all decisions on behalf of the charity. They meet regularly to discuss aspects of the charity's work, make decisions and monitor the delivery of outsourcing agreements.

Other Information

Chairmans Statement

It is my privilege, on behalf of the Board of Trustees, to present the charity's annual statement for this financial period.

This has been a year of significant growth, both in the reach of our work and in the complexity of the needs we are able to meet. Alongside our general counselling provision, the charity has risen to the challenge of supporting more complex cases. Including young people caught up in knife and gang culture. This is demanding, specialist work that add material pressure to the charity operations. Especially in regard to safeguarding, staff training and counselling requirements.

We have also continued to provide specialist counselling for young people with learning difficulties, including autism, ensuring that some of the most vulnerable members of our community receive support tailored to their needs.

The standing of the charity within the local community has never been higher. We are now the first point of contact for many local GPs across the Solent catchment area, who refer patients to us on a regular basis. This trust, placed in us by local healthcare professionals, is a testament to the quality and reputation of our service.

I am pleased to report that grant funding has been highly successful during this period, and the charity is in excellent financial health. This secure footing allows us to plan with confidence and to continue investing in the services our community relies upon.

It is also a moment of immense pride to report that The Moving On Project has partnered with the Royal Navy and the Armed Forces Covenant Fund Trust as part of the Safe Harbour Project. We are deeply proud of our service personnel, and we look forward to supporting the mission of the Royal Navy and the Armed Forces Covenant in whatever way we can. None of this would be possible without the commitment of our staff, volunteers, funders, and partners. On behalf of the Board, I extend my sincere thanks to everyone who has contributed to another remarkable year.

Matthew Clarke
Chairman of the Board

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:



Matthew Clarke (Sep 17, 2026, 12:19pm)

Matthew Clarke

Trustee
15th September 2026

The Moving On Project
Independent Examiner's Report to the Trustees of The Moving On Project
For The Year Ended 31 March 2026

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2026.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anouska James

Anouska James (Sep 14, 2026, 4:14pm)

Eclipse Accountancy Ltd

15th September 2026
Fareham Innovation Centre
Merlin House
4 Meteor Way, Lee-on-the-Solent
Hampshire
PO13 9FU

The Moving On Project
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2026

	Notes	Unrestricted funds	Restricted funds	2026 Total funds	2025 Total funds
		£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	**3**	8,201	108,300	116,501	109,684
Charitable activities:					
Private Counselling		12,299	-	12,299	12,940
Other trading activities	**4**	54,821	-	54,821	39,984
Investments	**5**	1,053	-	1,053	1,267
		76,374	108,300	184,674	163,875
EXPENDITURE ON:					
Raising funds	**7**	(68,648)	(69,724)	(138,372)	(130,961)
Charitable activities:	**7**				
Private Counselling		-	(2,800)	(2,800)	(3,360)
		(68,648)	(72,524)	(141,172)	(134,321)
NET INCOME		7,726	35,776	43,502	29,554
Transfers between funds	**15**	82,099	(82,099)	-	-
NET MOVEMENT IN FUNDS		89,825	(46,323)	43,502	29,554
RECONCILIATION OF FUNDS:					
Total funds brought forward		63,666	78,652	142,318	112,764
TOTAL FUNDS CARRIED FORWARD	**15**	153,491	32,329	185,820	142,318

The notes on pages 10 to 15 form part of these financial statements.

The Moving On Project
Comparative Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2026

	Notes	Unrestricted funds	Restricted funds	2025 Total funds
		£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	**3**	12,789	96,895	109,684
Charitable activities:				
Private Counselling		12,940	-	12,940
Other trading activities	**4**	39,984	-	39,984
Investments	**5**	1,267	-	1,267
		66,980	96,895	163,875
EXPENDITURE ON:				
Raising funds	**7**	(74,851)	(56,110)	(130,961)
Charitable activities:	**7**			
Private Counselling		(800)	(2,560)	(3,360)
		(75,651)	(58,670)	(134,321)
NET INCOME/(EXPENDITURE)		(8,671)	38,225	29,554
NET MOVEMENT IN FUNDS		(8,671)	38,225	29,554
RECONCILIATION OF FUNDS:				
Total funds brought forward		72,337	40,427	112,764
TOTAL FUNDS CARRIED FORWARD	**15**	63,666	78,652	142,318

The notes on pages 10 to 15 form part of these financial statements.

The Moving On Project
Balance Sheet
As At 31 March 2026

	Notes	Unrestricted funds	Restricted funds	2026 Total funds	2025 Total funds
		£	£	£	£
FIXED ASSETS					
Tangible Assets	**11**	1,858	-	1,858	-
		1,858	-	1,858	-
CURRENT ASSETS					
Debtors	**12**	14,170	-	14,170	10,046
Cash at bank and in hand		146,508	32,329	178,837	141,451
		160,678	32,329	193,007	151,497
Creditors: Amounts Falling Due Within One Year	**13**	(9,045)	-	(9,045)	(9,179)
NET CURRENT ASSETS (LIABILITIES)		151,633	32,329	183,962	142,318
TOTAL ASSETS LESS CURRENT LIABILITIES		153,491	32,329	185,820	142,318
NET ASSETS		153,491	32,329	185,820	142,318
FUNDS OF THE CHARITY					
Restricted Funds				32,329	78,652
Unrestricted Funds				153,491	63,666
TOTAL FUNDS	**15**			185,820	142,318

For the year ending 31 March 2026 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

Matthew Clarke

Matthew Clarke (Sep 17, 2026, 12:19pm)

Matthew Clarke

Trustee
15th September 2026

The notes on pages 10 to 15 form part of these financial statements.

The Moving On Project
Cash Flow Statement
For The Year Ended 31 March 2026

	Notes	2026 £	2025 £
Cash flows from operating activities			
Net cash generated from operations	**1**	38,301	33,860
Net cash generated from operating activities		38,301	33,860
Cash flows from investing activities			
Purchase of tangible assets		(1,968)	-
Interest received		1,053	1,268
Net cash (used in)/generated from investing activities		(915)	1,268
Increase in cash and cash equivalents		37,386	35,128
Cash and cash equivalents at beginning of year	**2**	141,451	106,323
Cash and cash equivalents at end of year	**2**	178,837	141,451

The Moving On Project
Notes to the Cash Flow Statement
For The Year Ended 31 March 2026

1. **Reconciliation of income to cash generated from operations**

	2026	2025
	£	£
Net income	43,502	29,554
Adjustments for:		
Interest income	(1,053)	(1,267)
Depreciation of tangible assets	110	-
Movements in working capital:		
(Increase)/decrease in trade and other debtors	(4,124)	1,553
(Decrease)/increase in trade and other creditors	(134)	4,020
Net cash generated from operations	38,301	33,860

2. **Cash and cash equivalents**

Cash and cash equivalents, as stated in the Statement of Cash Flows, relates to the following items in the Balance Sheet:

	2026	2025
	£	£
Cash at bank and in hand	178,837	141,451

3. **Analysis of changes in net funds**

	As at 1 April 2025	Cash flows	As at 31 March 2026
	£	£	£
Cash at bank and in hand	141,451	37,386	178,837

1. General Information

The Moving On Project is a company limited by guarantee, incorporated in England & Wales, registered number 07764753 and registered charity number 1147632. The registered office is 163 West Street, Fareham, Hampshire, PO16 0EF.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% straight Line
Computer Equipment	33.33% straight line

2.3. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	Unrestricted funds	Restricted funds	2026 Total funds
	£	£	£
Donations and gifts	8,201	108,300	116,501

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Donations and gifts	12,789	96,895	109,684

4. Income from Other Trading Activities

	2026 Unrestricted funds	2025 Unrestricted funds
	£	£
Income from other trading activities	54,821	39,984

5. Investment Income

	2026 Unrestricted funds	2025 Unrestricted funds
	£	£
Bank interest receivable	1,053	1,267

6. **Net Income/(Expenditure)**

The net income is stated after charging/(crediting):

	2026	2025
	£	£
Bad debts	145	-
Depreciation of tangible fixed assets - owned	110	-

7. **Analysis of Expenditure**

	2026 Support costs (see note 8)
	£
Raising funds	138,372
Private Counselling	2,800
	141,172

	2025 Support costs (see note 8)
	£
Raising funds	130,961
Private Counselling	3,360
	134,321

8. **Support Costs**

	Raising funds	Private Counselling	2026 Total
	£	£	£
Employee costs	106,958	2,800	109,758
Premises expenses	3,792	-	3,792
General administration	25,592	-	25,592
Depreciation	110	-	110
Governance costs	1,920	-	1,920
	138,372	2,800	141,172

	Raising funds	Private Counselling	2025 Total
	£	£	£
Employee costs	103,125	3,360	106,485
Premises expenses	3,125	-	3,125
General administration	22,791	-	22,791
Governance costs	1,920	-	1,920
	130,961	3,360	134,321

9. Staff Costs

Staff costs were as follows:

	2026	2025
	£	£
Wages and salaries	102,170	96,268
Social security costs	-	1,717
Other pension costs	813	715
	102,983	98,700

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

10. Average Number of Employees

Average number of employees during the year was: 7 (2025: 9)

11. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 1 April 2025	745	2,083	2,828
Additions	-	1,968	1,968
As at 31 March 2026	745	4,051	4,796
Depreciation			
As at 1 April 2025	745	2,083	2,828
Provided during the period	-	110	110
As at 31 March 2026	745	2,193	2,938
Net Book Value			
As at 31 March 2026	-	1,858	1,858
As at 1 April 2025	-	-	-

12. **Debtors**

	2026	2025
	£	£
Due within one year		
Trade debtors	-	10,046
Other debtors	14,170	-
	14,170	10,046

13. **Creditors: Amounts Falling Due Within One Year**

	2026	2025
	£	£
Trade creditors	5,636	5,309
Other creditors	177	128
Taxation and social security	1,312	1,822
Accruals and deferred income	1,920	1,920
	9,045	9,179

14. **Pension Commitments**

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £813 (2025: £715).

At the balance sheet date contributions of £176 (2025: £0) were due to the fund and are included in creditors.

15. **Movement in Funds**

	As at 1 April 2025	Income	Expenditure	Transfers	As at 31 March 2026
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	63,666	76,374	(68,648)	82,099	153,491
Restricted funds					
Restricted Funds	78,652	108,300	(72,524)	(82,099)	32,329
Total funds	142,318	184,674	(141,172)	-	185,820

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	72,337	66,980	(75,651)	63,666
Restricted funds				
Restricted Funds	40,427	96,895	(58,670)	78,652
Total funds	112,764	163,875	(134,321)	142,318

Transfer between funds

During the year, £82,099 has been reclassified from restricted funds to unrestricted funds. This adjustment reflects expenditure relating to restricted funding which had been incurred in previous periods but had not previously been reflected against the relevant restricted fund balances.

The adjustment represents a transfer between funds only and does not constitute additional income or expenditure, nor does it affect the total funds of the charity.

16. **Transactions with Trustees**

No trustee expenses have been incurred.

17. **Related Party Disclosures**

There are no related party transactions.

18. **Company limited by guarantee**

The company is limited by guarantee and has no share capital; thus no single party controls the company.