PROPS NORTH EAST

(A company limited by guarantee)

REPORT AND GROUP FINANCIAL STATEMENTS

For the year ended 31 March 2026

Charity number **1146582**

Company number **07902767**

PROPS NORTH EAST
(A company limited by guarantee)

TRUSTEES' ANNUAL REPORT
For the year ended 31 March 2026

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2026, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Summary by Denise Wilkins, Chair:

PROPS North East continues to provide support to individuals and families suffering the impact of a loved-one's addiction, and works closely with Newcastle City council and North Tyneside councils. We constantly work to develop a strategic and focused approach in our trading model for the years ahead.

This year we are reporting income of £615,703 and expenditure of £558,090. This is an increase of £118,639 and £66,863 respectively and this has resulted in a surplus of £57,613 (2025: £5,837) for the year and an increase in our free reserves.

The support offered to carers in Newcastle and North Tyneside extends to children as young as five and families affected by gambling addiction, where there are also drug or alcohol problems. PROPS was again successful in securing funding in Newcastle and North Tyneside with the Home Office and Public Health under the Drug and Alcohol Treatment and Recovery Grant (DATRIG), an annually awarded grant following the success of the Project Adder and the findings and recommendations from Dame Carol Black's independent review of drugs: prevention, treatment and recovery.

DATRIG Supplementary Substance Misuse Treatment Recovery Grant is a national strategy to support improvements in the quality and capacity of drug and alcohol treatment and recovery services. Newcastle City and North Tyneside Councils recognise family and carers in this funding stream and PROPS collaborates closely with the Police, Local Authorities, and treatment providers to co-produce and deliver care plans for families, considering local need with a focus on a whole-system response with enhanced partnership working.

This, and our ongoing grant funding from Newcastle City Council and North Tyneside Council, allow us to further focus on our long-term strategic plan with greater financial stability.

During a difficult economic climate our Charity has adapted its services and continues to communicate via various online social platforms, offering virtual spaces as well as face-to-face meetings or groups in the community, providing connections for families whose needs are paramount.

I would like to express gratitude to my fellow trustees, the dedicated staff team, and all our invaluable volunteers who continue to demonstrate exceptional commitment and fortitude.

Denise Wilkins
Chair of Trustees



Our People

Trustees and Directors

Denise Wilkins - Chair of Trustees and Director (Reappointed 27th November 2025)
Lynne Griffin - Trustee and Director
Susan Sinton - Trustee and Director (Reappointed 27th November 2025)
Alastair Mitchell - Treasurer and Director (Reappointed 27th November 2025)
Ben Broadhead - Trustee and Director
Carole Dodd - Trustee and Director
Amy Scott - Trustee and Director
Jamie Elliott - Trustee and Director (Appointed October 2025)

Staff Team

Helen Thompson – Chief Executive
Sandy Lambrou – Finance Manager
Sandra Adams – Service Manager
Annette Walby – Team Leader
Daniel Brocksopp – Young Persons Intervention Lead
Diane Breen – Administration Officer
Claire Hagelburg – Volunteer Coordinator
Tracey Hawkins Hobson– Family Intervention Worker
Peter Casson - Family Intervention Worker
Emma Fenwick - Family Intervention Worker
Elizabeth Holden - Family Intervention Worker
Grace Gouldthorp - Young Persons Intervention Worker
Fatema Rahman - Community Connector
Casey Lumsden - Young Persons Intervention Worker (Appointed May 2025)
Ellie Hawkins - Family Intervention Worker (Appointed July 2025)
Joanne McTeer – Recovery Connector (Appointed January 2026)

Volunteers

Sarah Cope
Sharon Straker
Cecilia Hudson-Molinaro
Dolly Hobby
Natalie Harvey
Jo James
Sarah Hazel
Wendy Steel
Lesley Wood
Lynne Johnston
Reece Calvert
Muriel Goulding
Joanne McTeer
Casey Lumsden
Carole Dodd
Louise Webster
Kelly Hooley
Jodie Black
Ella Bage
David Neal

Changes to staff team

Megan Capp – Whole Family Worker – resigned April 2025

Purpose and aims

The purpose of the Charity as set out in the objects contained in the company's Memorandum and Articles of Association is:

"To relieve needs of carers and whole families affected by substance misuse, by providing them with, information, education and training, and other forms of support, and to raise public awareness of people's drug and alcohol dependence and their associated behaviour, with the overall aim of promoting sustainable whole family recovery."

Vision

To be the best at supporting and empowering young people, adults and whole families affected by substance misuse to live healthy, fulfilling, and independent lives.

Ensuring the work delivers our aims

PROPS reviews its aims, objectives, and activities each year and updates both the strategic development and operational delivery plans accordingly. The review looks at achievements and outcomes of the work and evaluates the success of each key activity and the benefits brought to the groups of people and communities we serve. It also looks at the barriers, challenges and failures experienced to ensure our services are effective and fit for purpose – and that the aims, objectives and activities remain focussed on the stated purpose. The Charity has referred to the guidance contained in the Charity Commission's guidance on Public Benefit when reviewing our aims and objectives, and in planning future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives.

The focus of our work

The main objectives and activities for the year were to maintain a consistent level of high-quality service delivery and continue to strengthen the systems and infrastructure of the Charity to provide the foundations for long term sustainability of our work, which involves:

- support to adults caring for a family member
- support to children, young people and adults affected by substance misuse
- support to individuals to address the problems caused by their own substance misuse
- championing the voices of the communities we serve across the issues that impact upon their lives

How our activities deliver public benefit

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives and in planning future activities. The charitable objectives are also set out to provide a clear and demonstrable public benefit. All our charitable activities focus on reducing the harm caused to carers and whole families affected by substance misuse. By providing these activities they further our charitable purpose for the public benefit.

Who used and benefitted from our services?

The funding we currently receive supports primarily the residents in Newcastle and North Tyneside.

The North East still has some of the worst health harms in the UK, with the highest rates of drug related deaths and alcohol related mortality and poverty. The region has felt some of the harshest impacts of austerity through cuts to local authority funding. PROPS works with families from every socioeconomic background and sees higher referral rates from areas with high levels of social deprivation. All services are provided free of charge to families. In 2025 work has continued to develop a framework to better understand the impact on families affected by someone else's addiction and longer-term trauma felt by younger people who witness addiction. Our work helps us to improve outcomes for those who use our services and increase accessibility across communities.

Achievements

The main areas of charitable activity are the provision of a range of evidence-based interventions tailored to the bespoke needs of people and families. We deliver support programmes that keep families and carers safe and achieve self-directed outcomes based on their expressed needs and wishes. These activities and the achievements are described below.

Support we provide for adults caring for a substance user:

Our work to promote recovery is underpinned three main principles:

- to reduce the positive reinforcements of using drugs and/or alcohol
- to enhance life circumstances, social networks, and family relationships
- to give adults a voice in the social issues that impact upon their lives

This work is underpinned by:

- providing direct support to adults caring for a family member who misuses substances, with our assessment and care planning process ensuring we can reduce stress and isolation in the lives of affected others and improve their health and wellbeing.
- working with children and young people to help them to better understand their situation to reduce levels worry and anxiety and increase their likelihood of achieving their own aspirations.
- improving relationships between substance users and affected others within families by offering them skills and education to manage their situation.
- increasing a whole family's motivation to support substance users to access and sustain recovery.
- supporting and reducing drug and alcohol misuse which may contribute to less re-offending behaviour using evidence-based models and increasing the substance user's motivation to sustain long term change.
- helping to prevent the number of children and young people from entering the Children's Social Care system, through employing Early Help Assessments (EHA) to provide additional support when identified.

Support we Provide for Children/Young People Affected by a Substance User:

PROPS offers a unique service to young people aged 5-18 affected by parental or familial substance misuse in Newcastle and North Tyneside.

Our work with young people is underpinned by three main principles:

- Young people affected by substance misuse should be safe
- Young people affected by substance misuse should achieve their potential
- Young people affected by substance misuse should have a voice

This work:

- provides direct support to children/young people impacted by a family member who misuses substances, using an assessment and care planning process that ensures we reduce stress and isolation in the lives of affected others and improve their health and wellbeing.
- delivers the Young Persons' programme within a safe space to enable self-exploration, helping young people overcome their challenges and empowering them to increase confidence and build resilience.
- delivers a Whole-Family Programme to help each member of the family understand the fears, anxieties and actions of other family members, helping to maintain a strong family dynamic and reducing family breakdown.
- gives young people a voice through partnership work, advocacy, and mediation within the family.
- helps to prevent the number of children and young people from entering the Children's Social Care system, through employing Early Help Assessments (EHA) as a means of providing additional support when identified.

Championing the voices of the communities we serve

PROPS was founded by Scotswood Women's Drug Support Group using principles of social action and community organising. This has continued through our robust partnerships and attendance at local and regional forums, alongside empowering affected others to have a voice of their own.

Financial review

Considerable progress continues to be made in strengthening the governance and operations and financial health of the Charity. We have reviewed our strategic plan to strengthen our infrastructure.

This year we are reporting income of £615,703 and expenditure of £558,090. This is an increase of £118,639 and £66,863 respectively and this has resulted in a surplus of £57,613 (2025: £5,837) for the year and an increase in our free reserves.

Trustees and managers continue to review and regularly monitor progress against the strategic, operational, and financial plans through trustee and finance meetings.

Principal funding sources

The Trustees are grateful to the following for funding the work of PROPS during the period:

- Newcastle City Council – Public Health and the Department of Health and Social Care drug and alcohol treatment and recovery improvement grant (DATRIG)
- North Tyneside Council - Public Health and the Department of Health and Social Care drug and alcohol treatment and recovery improvement grant (DATRIG)
- Community Foundation Tyne and Wear
- The Star Fund

We would also like to thank people who have made personal donations to the Charity over this year. These contributions allow us to make essential purchases for our services and provide much valued respite events and activities for adults and young people.

Investment policy

The strategic aims and development of the Charity specify that the trustees ensure the best use of reserves over the long-term, showing due diligence and an agreed level of risk averseness. The investment objective is to create a balance between capital growth and income, which, over the long run, will have the aim of maintaining the real value of any assets.

The charity does not currently hold any investments other than bank deposits.

Pay policy for key management personnel

The board, who give their time freely with no trustee receiving remuneration during the year, have considered who the Key Management Personnel (KMP) of the charitable company are, as noted in the reference and administration section. Together with the board, these KMP are those in charge of directing and controlling, running, and operating the activities of the charitable company on a day-to-day basis. The pay of the KMP is reviewed annually.

The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with budget and forecast information, ensuring that the charitable company.

Reserves policy and going concern

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charitable company to hold an appropriate level of free reserves, those reserves not invested in tangible fixed assets, excluding long term liabilities, or restricted for a particular purpose.

This exercise considered both the normal requirements for working capital and the loss of income of a hypothetical but reasonable reduction in the scale of operations. Resulting from this, the trustees considered it would be appropriate to hold the equivalent of at least three to four months' payroll costs/expenditure, which would equate to approximately £120k - £160k, in a designated fund within total free reserves.

At the year end, total free reserves (both general unrestricted and designated unrestricted funds not invested in tangible fixed assets) were £274,034 (2025: £218,178), an increase of £55,856. As we head into 2026/2027, we are forecasting a modest increase in free reserves at the end of the next financial year.

The trustees will continue to budget future surpluses and diversify income generation activities to provide improved organisational sustainability.

Reserves may be utilised to maintain capacity within the charity and to finance essential infrastructure projects.

The need for PROPS' services continues to grow and therefore the demand on future income and reserves will increase, hence the charity continues to require future funding and the ongoing support of its funding partners.

The financial statements have been prepared on a going concern basis. The trustees have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. With the current resources available, the trustees have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

Plans for Future Periods

Following our organisational review, trustees are committed to continuing to invest time in strategic development. PROPS board members are from a range of backgrounds which provides a variety of support and understanding from areas including Public Health, Finance, Human Resources, Business, Legal and Education, as well as 'lived experience' of supporting a family member who has an addiction.

We started the year with strong foundations to respond to the challenging external environment, underscored by a continuing cost of living crisis, that continues to affect our service users. PROPS has adapted and continues to adapt to ensure the service continues to collaborate with partners to manage any future social change we encounter.

Because of increasing the accessibility of our services and becoming more digital, we have assessed and will continue to regularly revise our cyber security processes to ensure the charity and the community data remains secure.

We are an accredited member of the Living Wage Foundation and will continue to support our employees with a fair hourly rate of pay.

As a charity we feel we have a social responsibility to support action to tackle the climate crisis. We continue to focus on reducing our carbon footprint and as a member of Forest Carbon we continue to offset our carbon footprint to support the increase in woodland cover in the UK. Since becoming a member of the Carbon Club in June 2021 we have captured a total of 50 tonnes of CO2, helping to plant approximately 200 trees covering 0.1 hectares.

We will continue to focus on generating unrestricted income to allow the charity to remain agile in responding to the needs of those we serve in a climate of even greater uncertainty.

This year we have registered with Fundraising Regulator which enables donors to recognise that we are committed to legal, open, honest and respectful fundraising, and funds are raised in line with the Code of Fundraising Practice - the UK's charitable fundraising standards.

There appears to be growing acknowledgment of the value of 'charity' fuelled by the sector-wide response to meeting the needs of the most vulnerable citizens in our country. There has been a rise in government spending to support the recovery of communities. PROPS has been recognised by the Newcastle City Council and North Tyneside Council commissioning streams as being an integral part of this programme.

Looking to the future, we will continue to work with current and potential new partners in developing innovative solutions to complex problems. We will continue to explore new opportunities and develop new initiatives, ensuring that those who use our services have excellent experiences of our work.

The Charity will focus on:

- strengthening organisational infrastructure and systems
- maintaining existing contracts with Newcastle City Council and North Tyneside Council
- developing new partnership responses and approaches
- developing and expanding the reach of our specialist services
- expanding our team of volunteers
- improving the communication and marketing our offer to all stakeholders
- expanding our skills services for young people and whole families
- exploring sustainable income streams
- increasing the mix of products and services offered by trading subsidiary Positive Practice Partnership Ltd.

Reference and administrative details of the Charity, its trustees and advisors

Charity Name	PROPS North East		
Registered Charity Number	1146582	Company Number	07902767
Registered Office and operational address	Linskill Centre Linskill Terrace North Shields England NE30 2AY		
Trustees	Denise Wilkins	Chair of Trustees (Reappointed 27th November 2025)	
	Alastair Mitchell	Treasurer (Reappointed 27th November 2025)	

Trustees continued	Lynne Griffin	Trustee
	Susan Sinton	Trustee (Reappointed 27th November 2025)
	Benjamin Broadhead	Trustee
	Carole Dodd	Trustee
	Amy Scott	Trustee
	Jamie Elliott	Trustee (Appointed October 2025)
Chief Executive	Helen Thompson	Appointed September 2022
Independent Examiner	Jim Dodds FCIE 33 The Glebe Morpeth Northumberland NE61 6HW	
Bankers	Unity Trust Bank Nine Brindley place Birmingham B1 2HB	
	Lloyds Bank plc 25 Gresham Street London EC2V 7HN	

Structure, governance and management

Governing Document

PROPS North East is a charitable company limited by guarantee. Established as Scotswood Women's Drug Support Group in 1997, Newcastle PROPS was registered as a charity in 1999 and incorporated as PROPS North East on 12th January 2012. The company was established under a Memorandum and Articles of Association which established the objects and powers of the charitable company and is governed under its articles of association. In the event of the company being wound up members are required to contribute an amount of £1.00.

Appointment of trustees

As set out in the Memorandum and Articles of Association the board shall consist of no more than 12 trustees and no less than 1. At each Annual General Meeting one third of the longest serving trustees retire by rotation from office. A retiring trustee is eligible for re-election.

In the event of any skills being lost through retirement or resignation, suitable individuals are approached to offer themselves for appointment to the Board. All Trustees give their time

voluntarily and received no benefits from the charity. No Trustees claimed expenses during the year.

In accordance with the Charity Governance Code (2025) to enable board renewal PROPS has a fixed term of no more than nine years unless evidence of exceptional reasons for trustees.

Trustee induction and training

New trustees are invited to meet with the Chair and Chief Executive to familiarise themselves with the Charity and the context in which it operates. This covers:

- the obligations of trustees
- the main documents which set out the operational framework for the Trust
- resourcing and the current financial position
- future plans and objectives
- risks facing the Charity.

Trustees also receive an induction pack of internal information together with publications from the Charity Commission. The Chief Executive organises opportunities for the trustees to become familiar with the work of the Charity by meeting with those who use the services of the Charity, attending groups and training and for meeting staff and volunteers. Trustees are also invited to attend issue specific focus groups or projects.

Organisation

The board of trustees has responsibility for the strategic direction and policy of the charity. Frequency of full meetings has been reviewed for effectiveness, and the board will continue to meet monthly. Trustees have also established subgroups for financial governance and income generation that meet in addition to and report into ordinary meetings.

The trustees appoint the Chief Executive to manage the day-to-day operations. To facilitate effective operations the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery.

Risk management

The trustees have a risk management strategy that comprises:

- a bi-annual review of the risks the charity may face.
- the implementation and review of a formal risk mapping system and procedures to mitigate identified risks.
- the implementation of systems and procedures designed to minimise any potential impact on the Trust should they materialise.

Due to uncertainty in the economic climate and to mitigate significant external risks to funding organisation undertakes an annual strategic review. Each year the Charity produces updated the Business and Action Plans which are fully consulted with trustees, management and staff teams and reviewed against progress quarterly. They are very much working documents which recognise the need for diversification, development and expansion of the Charity's core business. A key

element in the management of financial risk is the setting of a Reserves Policy and its regular review by trustees.

Statement of trustees' responsibilities

The trustees (who are also the directors of PROPS North East for company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

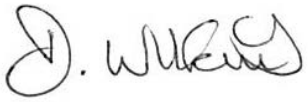
- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Jim Dodds has been re-appointed as independent examiner for the ensuing year ending 31 March 2027.

Approved by the Board on : 17/06/2026 and signed on their behalf by:



Denise Wilkins (Chair of Trustees)

PROPS NORTH EAST

A company limited by guarantee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2026

I report on the financial statements of PROPS North East for the year ended 31 March 2026, which are set out on pages 13 to 25

Respective responsibilities of trustees and examiner

The trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for the year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Association of Charity Independent Examiners.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jim Dodds FCIE
33 The Glebe
Morpeth
Northumberland
NE61 6HW
Date: 25/06/2026

PROPS NORTH EAST
A company limited by guarantee

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING THE INCOME & EXPENDITURE ACCOUNT)
For the year ended 31 March 2026

	Notes	General Unrestricted Funds £	Designated Unrestricted Funds £	Restricted Funds £	**Total 2026 £**	Total 2025 £
Income:						
Donations and legacies	7	12,660	-	-	**12,660**	4,210
Income from charitable activities:						
Grants and contracts	8	582,221	-	12,500	**594,721**	485,896
Other trading activities:						
Subsidiary income	9	1,937	-	-	**1,937**	3,745
Investment income	10	6,385	-	-	**6,385**	3,213
Total income		603,203	-	12,500	**615,703**	497,064
Expenditure						
Costs of raising funds	11	5,856	-	-	**5,856**	3,093
Expenditure on charitable activities:						
Operation of the charity	12	539,734	-	12,500	**552,234**	488,134
Total expenditure		545,590	-	12,500	**558,090**	491,227
Net income/(expenditure)		57,613	-	-	**57,613**	5,837
Transfers between funds		(40,000)	40,000	-	**-**	-
Net income/(expenditure) and net movement of funds		17,613	40,000	-	**57,613**	5,837
Reconciliation of funds						
Total funds brought forward		120,235	100,000	-	**220,235**	214,398
Total funds carried forward		137,848	140,000	-	**277,848**	220,235

The Statement of Financial Activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities

The notes on pages 16 to 25 form an integral part of these accounts.

PROPS NORTH EAST
A company limited by guarantee
Company number 07902767

CONSOLIDATED BALANCE SHEET
As at 31 March 2026

	Notes	Group		Charity	
		2026	2025	2026	2025
		£	£	£	£
Fixed assets					
Tangible assets	21	3,814	2,057	3,814	2,057
Investments		-	-	1	1
Total Fixed Assets		**3,814**	**2,057**	**3,815**	**2,058**
Current assets					
Debtors and prepayments	23	9,712	7,417	9,712	7,417
Cash at bank and in hand		313,760	268,211	313,460	267,936
Total Current Assets		**323,472**	**275,628**	**323,172**	**275,353**
Liabilities					
Creditors falling due within one year	24	**(49,438)**	**(57,450)**	**(49,139)**	**(57,176)**
Net Current Assets		**274,034**	**218,178**	**274,033**	**218,177**
Total assets less current liabilities		**277,848**	**220,235**	**277,848**	**220,235**
Net Assets		**277,848**	**220,235**	**277,848**	**220,235**
The funds of the charity					
Restricted income funds		-	-	-	-
General unrestricted income funds		137,848	120,235	137,848	120,235
Designated unrestricted income funds		140,000	100,000	140,000	100,000
Total charity funds		**277,848**	**220,235**	**277,848**	**220,235**

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 16 to 25 form an integral part of these accounts.

These financial statements were approved by the Board on: 17/06/2026

and are signed on its behalf by: Denise Wilkins
Chair



PROPS NORTH EAST
A company limited by guarantee

GROUP STATEMENT OF CASH FLOWS
For the year ended 31 March 2026

	Notes	2026 £	2025 £
Cash flows from operating activities			
Net movement in funds		57,613	5,837
Depreciation		889	2,855
Investment income		(6,385)	(3,213)
Increase in trade receivables		(2,295)	(2,593)
Decrease in trade payables		(8,012)	35,398
Cash generated from operations		**41,810**	**38,284**
Cash flow from investing activities			
Purchase of property, plant and equipment		(2,646)	(1,980)
Interest received		6,385	3,213
Net cash used in investing activities		**3,739**	**1,233**
Increase in cash and cash equivalents		**45,549**	39,517
Cash and cash equivalents at start of year		**268,211**	228,694
Cash and cash equivalents at end of year		**313,760**	**268,211**

The notes on pages 16 to 25 form an integral part of these accounts.

1 Accounting Policies

The principle accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011

PROPS North East meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliably.

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether ‘capital’ grants or ‘revenue’ grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance or provision of other specified service is deferred until the criteria of income recognition are met.

3.4 **Volunteer help**

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.5 **Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

3.6 **Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charities' work or for specific projects being undertaken by the charity.

4 **Expenditure and liabilities**

4.1 **Liability recognition**

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty

4.2 **Charitable activities**

Expenditure on charitable activities includes the costs of providing support and other therapeutic activities to carers undertaken to further the purposes of the charity and their associated support costs.

4.3 **Governance and support costs**

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 **Irrecoverable VAT**

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 **Creditors**

The charity has creditors which are measured at settlement amounts less any trade discounts

5 **Assets**

5.1 **Tangible fixed assets for use by the charity**

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Office and computer equipment	Straight line over four years
Equipment	Straight line over four years

6 **The summary financial performance of the charity alone is:**

	Total 2026 £	Total 2025 £
Income	**613,766**	493,319
Gift aid from trading subsidiary	**1,201**	1,985
	614,967	495,304
Expenditure on charitable activities	**557,354**	489,467
Net income/(expenditure)	**57,613**	5,837
Total funds brought forward	**220,235**	214,398
Total funds carried forward	**277,848**	220,235
Represented by:		
General unrestricted income funds	**137,848**	120,235
Designated unrestricted income funds	**140,000**	100,000
Restricted income funds	**-**	-
	277,848	220,235

Analysis of income

	General Unrestricted Funds £	Designated Unrestricted Funds £	Restricted Funds £	**Total 2026 £**	Total 2025 £
7 **Income from donations and legacies**					
Donations	3,394	-	-	**3,394**	1,498
Fund raising	9,266	-	-	**9,266**	2,712
	12,660	-	-	**12,660**	4,210

Analysis of income continued

		General Unrestricted Funds £	Designated Unrestricted Funds £	Restricted Funds £	**Total 2026 £**	Total 2025 £
8	**Income from charitable activities**					
	Income from contracts					
	Newcastle City Council - Public Health Services - Carers Support	216,000	-	-	**216,000**	205,805
	Newcastle City Council SSMTRG	-	-	-	**-**	96,923
	Newcastle City Council DATRIG	158,844	-	-	**158,844**	-
	Vita Health Group	34,500	-	-	**34,500**	34,500
	North Tyneside Council	113,000	-	-	**113,000**	125,400
	North Tyneside Council DATRIG	45,150	-	-	**45,150**	-
	Income from grants					
	North Tyneside Council	-	-	-	**-**	1,000
	Community Foundation - The Star Fund	1,500	-	-	**1,500**	1,000
	Community Foundation John Bell	-	-	8,250	**8,250**	10,000
	Community Foundation Joseph Brough Charitable Trust	-	-	4,250	**4,250**	5,000
	Other small grants	-	-	-	**-**	814
	Other income	13,227	-	-	**13,227**	5,454
		582,221	-	12,500	**594,721**	485,896
9	**Income from other trading activities**					
	Trading subsidiary turnover	1,937	-	-	**1,937**	3,745
		1,937	-	-	**1,937**	3,745
10	**Investment income**					
	Bank interest	6,385	-	-	**6,385**	3,213
		6,385	-	-	**6,385**	3,213

Income was £615,703 (2025: £497,064) of which £603,203 was unrestricted or designated (2025: £482,064) and £12,500 was restricted (2025: £15,000).

Analysis of expenditure

	General Unrestricted Funds £	Designated Unrestricted Funds £	Restricted Funds £	**Total 2026 £**	Total 2025 £
11 **Costs of raising funds**					
Trading subsidiary costs					
Staff costs	436	-	-	**436**	1,760
Overheads	300	-	-	**300**	-
Other fundraising costs	5,120	-	-	**5,120**	1,333
	5,856	-	-	**5,856**	3,093
12 **Charitable activities**					
Client activities	17,816	-	4,119	**21,935**	31,849
Staff salaries	431,571	-	8,207	**439,778**	376,470
Other staff costs	2,474	-	-	**2,474**	2,287
Staff travel & meetings	5,264	-	-	**5,264**	5,380
Training costs	3,016	-	-	**3,016**	759
Volunteer expenses	986	-	-	**986**	1,233
Premises costs	13,307	-	-	**13,307**	12,637
Office costs	31,811	-	174	**31,985**	26,070
Promotion and publicity	10,784	-	-	**10,784**	7,647
Professional fees	19,375	-	-	**19,375**	18,406
Bank charges	366	-	-	**366**	291
Depreciation	889	-	-	**889**	2,855
Governance costs					
Independent examiners fees	2,075	-	-	**2,075**	2,250
	539,734	**-**	12,500	**552,234**	488,134

Expenditure on charitable activities was £552,234 (2025: £491,227) of which £539,734 was unrestricted or designated (2025: £470,588) and £12,500 was restricted (2025: £20,639).

13 **Net income/(expenditure) for the year**

This is stated after charging :	**2026 £**	2025 £
Depreciation	**889**	2,855
Independent examiner's fees for reporting on the accounts	**2,075**	1,975
Other accountancy services provided by the examiner	**300**	275
	3,264	5,105

14 Analysis of staff costs and the cost of key management personnel

	2026	2025
	£	£
Gross wages, salaries and benefits in kind	**366,608**	324,643
Employer's National Insurance costs	**44,849**	28,883
Employer's pension costs	**28,757**	24,704
	440,214	378,230

No employee received remuneration above £60,000 (2025: nil).

The key management personnel of the charity, comprise the trustees and the Chief Executive. The total employee benefits of the key management personnel of the charity were £58,557 (2025: £48,243).

15 Staff Numbers

The average monthly head count was 14 staff (2025: 15 staff) and the average monthly number of full-time equivalent employees during the year were as follows:

		2026	2025
		Number	Number
The parts of the charity in which the employees work	Support staff	**8.0**	9.5
	Management / admin staff	**3.5**	3.5
		11.5	13.0

16 Transactions with trustees

The charity trustees were not paid any other benefits from employment with the charity in the year (2025: £nil). No charity trustee received payment for professional or other services supplied to the charity. (2025: £nil).

17 Trustees' expenses

No trustee expenses have been incurred in the year (2025: £nil).

18 Transaction(s) with related parties

No trustee or other person related to the charity had any personal interest in any contract or other transactions entered into by the charity, including guarantees, during the year (2025: nil).

19 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £28,757 (2025: £24,704) There was £3,860 outstanding as at 31 March 2026 (2025: £nil).

20 **Corporation Taxation**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

21 **Tangible fixed assets**	**Charity** Office & Computer Equipment £	**Subsidiary** Equipment £	**Group** Total £
Cost			
Balance brought forward	28,760	-	**28,760**
Additions	2,646	-	**2,646**
Disposals	-	-	**-**
Balance carried forward	31,406	-	**31,406**
Depreciation			
Balance brought forward	26,703	-	**26,703**
Depreciation charge for year	889	-	**889**
Disposals	-	-	**-**
Balance carried forward	27,592	-	**27,592**
Net book value			
Brought forward	2,057	-	**2,057**
Carried forward	**3,814**	**-**	**3,814**

22 **Fixed asset investment**

	Group		**Charity**	
	2026 £	2025 £	**2026** £	2025 £
Investment in subsidiary company	**-**	-	**1**	1

The charitable company owns one £1 ordinary share, 100% of the voting capital of the Positive Practice Partnership Ltd a company incorporated and registered in England and Wales (Company number 08487355). To provide training, accreditation and supervision in evidenced based interventions to staff working with adults affected by a family members substance misuse and pays all of its profits to the charity under the Gift Aid scheme. A summary of the trading results and balance sheet for the year ended 31 March 2026 is shown below.

Profit and loss account	**2026** £	2025 £
Turnover	**1,937**	3,745
Cost of sales	**-**	-
Administration costs	**(736)**	(1,760)
Other operating income	**-**	-
Taxation	**-**	-
Donation to parent charity	**(1,201)**	(1,985)
Net profit	**-**	-

22 **Fixed asset investment** continued

Balance sheet	**2026**	2025
	£	£
Fixed assets	**-**	-
Current assets	1,186	276
Creditors amounts falling due within one year	(1,185)	(275)
	1	1
Called up share capital	**1**	1
Profit and loss account	**-**	-
	1	1

23 **Debtors and prepayments (receivable within 1 year)**

	Group		**Charity**	
	2026	**2025**	**2026**	**2025**
	£	**£**	**£**	**£**
Trade debtors	6,635	-	5,750	-
Prepayments	2,942	3,485	2,942	3,485
Accrued income	-	2,875	-	2,875
Other debtors	135	1,057	135	1,057
Amounts due from subsidiary undertakings	-	-	885	-
	9,712	**7,417**	**9,712**	**7,417**

24 **Creditors and accruals (payable within 1 year)**

	Group		**Charity**	
	2026	**2025**	**2026**	**2025**
	£	**£**	**£**	**£**
Trade creditors	736	903	737	904
Payroll taxation	16,617	6,697	16,617	6,697
Other creditors	3,860	-	3,860	-
Accruals				
Independent examination of accounts	2,375	2,250	2,075	1,975
Deferred Income	25,850	47,600	25,850	47,600
	49,438	**57,450**	**49,139**	**57,176**

25 **Deferred income**

Deferred income comprises of advance payment from contracts and grant providers.

	2026
	£
Balance brought forward	**47,600**
Amount released to income earned from charitable activities	**(47,600)**
Amount deferred in year	**25,850**
Balance carried forward	**25,850**

26 **Analysis of charitable funds**

Analysis of movements in unrestricted funds

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
General unrestricted fund	120,235	603,203	(545,590)	(40,000)	**137,848**
Totals	**120,235**	**603,203**	**(545,590)**	**(40,000)**	**137,848**

Purpose of unrestricted funds

General unrestricted fund — The 'free reserves' after allowing for designated funds.

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Designated reserves fund	100,000	-	-	40,000	**140,000**
Totals	**100,000**	**-**	**-**	**40,000**	**140,000**

Purpose of designated funds

Designated reserves fund — To cover three to four months running costs including potential close down costs.

Transfers between funds	Reason for Transfer	Amount £
Between general unrestricted funds and designated funds	The Trustees have agreed to increase the designated reserves fund to cover three to four months running costs.	**40,000**

Analysis of movement in restricted funds

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Restricted funds					
Community Foundation John Bell	-	8,250	(8,250)	-	**-**
Community Foundation Joseph Brough Charitable Trust	-	4,250	(4,250)	-	**-**
Totals	**-**	**12,500**	**(12,500)**	**-**	**-**

26 **Analysis of charitable funds** continued

Purpose of restricted funds
Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

Community Foundation John Bell	Family Intervention Worker targeting support for black and ethnic minority, LGBT and Muslim people with substance misuse problems.
Community Foundation Joseph Brough Charitable Trust	Family Intervention Worker targeting support for black and ethnic minority, LGBT and Muslim people with substance misuse problems.

27 **Analysis of net assets between funds**

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	**Total 2026 £**	**Total 2025 £**
Tangible fixed assets	3,814	-	-	**3,814**	**2,057**
Cash at bank and in hand	173,760	140,000	-	**313,760**	**268,211**
Other net current assets	9,712	-	-	**9,712**	**7,417**
Creditors falling due within one year	(49,438)	-	-	**(49,438)**	**(57,450)**
	137,848	140,000	-	**277,848**	**220,235**