Company registration number: 07588144

Charity registration number: 1146410

Nottingham Central Womens Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2026

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Nottingham Central Womens Aid

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Nottingham Central Womens Aid

Reference and Administrative Details

Trustees	Amanda Hanson Janet Hylton Nicki Wilkinson Jane Wawszczak Leila Henry Brenda Serrant Phillipa Lloyd
Senior Management Team	Sam Bowles, Chief Executive Officer
Charity Registration Number	1146410
Company Registration Number	07588144
Registered Office	27 - 31 Carlton Road Nottingham NG3 2DG
Independent Examiner	Eva Stevens, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL
Bankers	Co-operative Bank 1 Balloon Street Manchester M60 4EJ NatWest 250 Bishopsgate London EC2M 4AA Triodos Bank Deanery Road Bristol BS1 5AS Unity Trust Bank plc 4 Brindleyplace Birmingham B1 2JB Lloyds Bank Plc 25 Gresham Street London EC2V 7HN

Nottingham Central Womens Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2026.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Amanda Hanson
	Janet Hylton
	Nicki Wilkinson
	Jane Wawszczak
	Leila Henry
	Erin Skelton (resigned 11 November 2025)
	Brenda Serrant
	Phillipa Lloyd (appointed 5 February 2026)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 17 March 2011. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

Trustees are appointed in accordance with the Articles of Association. Recruitment methods include:
• Public advertising via the charity website.
• Voluntary sector recruitment platforms (e.g. Do-It).
• Networking and professional referrals.
• Expressions of interest arising from engagement events.
Appointments are approved by the Board following informal interview and suitability assessment.

Objectives and activities

Objects and aims

To promote the protection of women and children who have suffered from or are exposed to domestic violence and abuse by such means as are charitable (but without prejudice to the generality of the foregoing) the prevention and protection of mental and physical health, the relief of need and promotion of research and education concerning domestic violence and the publication of the useful results.

Nottingham Central Womens Aid

Trustees' Report

Objectives, strategies and activities

Aims and purpose
The charity exists to provide safe accommodation, support services, advocacy, and recovery programmes, for women and children experiencing domestic abuse. The organisation aims to reduce harm, support recovery, and promote long-term independence and wellbeing.

Main activities
The charity delivers:
• Temporary Refuge and dispersed safe accommodation
• Trauma-informed advocacy and support services
• Community-based recovery and empowerment programmes
• Training and education for professionals across statutory and voluntary sectors to promote research and education concerning domestic abuse, such as the Steps to Freedom programme, Own My Life and the publication of results of research to inform better future services
• Prevention, awareness-raising, and partnership work

How activities achieve our aims
Our services address immediate safety needs, reduce risk of further harm, support emotional and practical recovery, and improve long-term outcomes for survivors and their children.

We are based in Nottingham city and take referrals from across the country supporting women and children to find safety. This includes families who have been through our resettlement service and then are further subjected to post separation abuse, coercive control, stalking and harassment and those who are going through prolonged court cases both criminal and family cases. We are a specialist service supporting families who face multiple disadvantage in order to gain the best outcomes for vulnerable Women and children.

To provide advice, support and practical help to any woman who seeks it whether or not she is a resident of the refuge. Nottingham Central Women's Aid will operate usually but not exclusively in the area of Nottingham City.

Public benefit

Creating Safety and Stability for Women and Children in Crisis
Our crisis accommodation and emergency support services offer immediate safety for women and children escaping domestic abuse. By providing secure refuge, safety planning, practical assistance and emotional support, we:
• protect individuals at risk of Domestic Abuse.
• reduce homelessness and family breakdown.
• reduce pressure on police, health and social care services.
• contribute to safer, more resilient communities.
These services are provided free of charge, ensuring that safety is never dependent on ability to pay.

Delivering Specialist, Trauma Informed Support
Our team provides expert, trauma informed support tailored to the needs of survivors. This includes advocacy, therapeutic support, help navigating legal and housing systems, and long term recovery planning. This work:
• improves mental health and emotional wellbeing.
• supports women and children to regain independence and confidence.
• reduces the long term social and economic impact of domestic abuse.
Our support is accessible to all women and children who need it, regardless of background or circumstance.

Trustees' Report

Strengthening Communities Through Women's Programmes
We have expanded our community based programmes to offer more opportunities for women to connect, heal and thrive. These programmes:
• reduce isolation and build peer support networks.
• promote empowerment, resilience and long term recovery.
• help survivors re establish their place in the community.
These activities are open, inclusive and designed to meet women where they are.

Raising Standards Through Professional Training
Our training for professionals across health, education, social care, housing and criminal justice sectors helps create a more informed and responsive system. By equipping practitioners with specialist knowledge, we:
• improve early identification of domestic abuse.
• strengthen safeguarding and multi agency working.
• ensure survivors receive consistent, high quality support.
This work benefits the wider public by improving the safety and wellbeing of families across the region.

Prevention, Awareness and Advocacy
We actively engage in awareness raising, community education and partnership work to challenge stigma and promote early help. This contributes to:
• greater public understanding of domestic abuse.
• earlier intervention and reduced harm.
• safer, more informed communities.
Our prevention work benefits not only survivors but the wider public by addressing the root causes of abuse.

Ensuring Fair, Inclusive and Accessible Services
In line with Charity Commission guidance, our services are designed to be accessible to all women and children who need them. We do not charge for core support and work proactively to remove barriers, including cultural, language and practical barriers. Our commitment to equality ensures that public benefit is delivered fairly and without discrimination.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Nottingham Central Womens Aid

Trustees' Report

Achievements and performance

During the past year, the charity has continued to deliver all core services while progressing several key strategic objectives and entering a period of significant growth. As noted in the original report, “we have directly supported 229 adults and 70 children across all our services”, reflecting both the scale and impact of our work.

Service Delivery and Beneficiary Support
Across our refuge, dispersed accommodation, and community programmes, demand has remained high. A substantial proportion of women accessing refuge presented with complex needs, including physical health issues-“70.37%…had physical health needs”-and mental health challenges, with more than half disclosing mental health concerns and “18.5%…disclosed suicidal ideation”. All were supported through trauma informed assessments, safety planning, and access to specialist services.
We also provided extensive support around benefits, financial stability, and immigration, including women with no recourse to public funds. Over 60% of women received assistance with criminal and civil justice processes, including court support, reporting to police, and securing injunctions.
Housing need remains a critical issue, with “over 92% of the women…facing homelessness because of the perpetrator of domestic abuse”. Our dispersed accommodation model continues to alleviate pressure by offering safe, community based housing options.

Programme Development and Innovation
This year saw the launch and expansion of several flagship programmes:
• Steps to Freedom, co designed with survivors, officially launched in July 2025 and provides a structured recovery pathway focused on confidence building, trauma processing, and independence.
• Own Your Zone, developed as a follow on empowerment programme, supports women to rebuild confidence, reconnect with their strengths, and establish personal boundaries. As described, the programme emphasises empowerment rather than confrontation, helping women feel “more grounded, and more in control of their own bodies and environments.”
Both programmes have been strengthened through survivor collaboration, grounding practices, and relaxation techniques. Steps to Freedom has now achieved CPD accreditation, and facilitator training has been delivered across multiple partner organisations.

Ambassadors and Community Leadership,
We welcomed two new charity ambassadors:
• Nicky Brindley MBE, recognised for pioneering specialist domestic abuse roles within Job Centres and for her leadership in the J9 Initiative, which trains frontline staff to recognise and respond to domestic abuse.
• Charmaine Daley, a well known community leader whose work in women’s health, fitness, and wellbeing aligns strongly with our mission.
Their advocacy has significantly increased our visibility and strengthened community engagement.

Accommodation Expansion
A major milestone was the purchase of our own property, Rose House, providing three high quality, self contained units including an accessible ground floor flat. As stated, “the first family has already moved in and is enjoying the high standard of accommodation.”
We also secured the contract to operate **Amber House Refuge**, a 10 unit specialist service previously managed by MTVH. Five staff will transfer to us via TUPE in April 2026, increasing our workforce by 50% and requiring a structured approach to embedding organisational culture, training, and supervision across four sites.

Quality, Governance, and Accreditation
In December 2025, we achieved the Women’s Aid National Quality Standard Accreditation, receiving two commendations for exceptional practice, including “evidence of service going above and beyond regarding the welfare of a hearing impaired service user” and our sector leading partnership with the DWP.
This rigorous assessment confirms our commitment to safeguarding, equality, service quality, and continuous improvement. Board stability has remained strong, with additional expertise recruited in HR to support organisational growth.
We also achieved Cyber Essentials Plus certification for the third consecutive year.

Communications, Fundraising, and Financial Sustainability
We launched a new website in December 2025, improving accessibility and enabling online sales of our programme journals. A refreshed newsletter design further supports engagement.
Income has increased across all areas, supported by new partnerships and recognition as the chosen charity for several organisations, including Nottingham Panthers and the Lord Mayor’s Charity. We continue to diversify income streams and maintain healthy reserves within policy guidelines.
However, the wider funding environment remains challenging, with many services reducing face to face provision. This increases the importance of raising awareness, so women know how to access support.

Community Engagement and Events
In March 2026, we delivered **Her Story, Her Freedom**, a highly successful International Women’s Day exhibition in partnership with Bash Creative Studio. The event featured a “Wall of Hope,” described as “a living art installation that grows with each contribution”, and received overwhelmingly positive feedback from attendees, volunteers, and stakeholders.
Peer support groups have continued to thrive, and expand, offering creative activities and informal networks that help women maintain stability during and after formal support.

Outcomes Achieved
Key outcomes include:
• **Safety & Stability**: Increased access to refuge and dispersed accommodation, with early intervention and tailored support.
• **Emotional & Practical Recovery**: Women reported improved confidence, mental health, and independence, supported by trauma informed programmes and practical assistance.
• **Long Term Impact:** Strengthened resilience, improved coping strategies, and reduced risk of repeat victimisation.
• **Sustained Engagement**: High participation levels across services, supported by flexible, person centred approaches.
• **Sector Leadership**: CPD accreditation, programme expansion, and cross organisation training delivery.

Financial review

During the year, the charity continued to strengthen its financial position, enabling us to broaden and enhance the support we provide to women and children experiencing domestic abuse. A significant achievement was the successful completion of the long planned property purchase, costing £290,000, alongside further investment in renovation, security and mobilisation to ensure the building is safe, trauma informed and fully operational. This new property now represents a valuable asset for the charity and directly supports our ability to meet our charitable aims by increasing capacity and diversifying the accommodation and services we are able to offer.

Our stable financial footing has also allowed us to enhance our wider offer. We have expanded our community based programmes for women, providing more opportunities for recovery, empowerment and long term resilience. In addition, we have extended our training provision for professionals, helping to strengthen local understanding of domestic abuse, improve multi agency responses and ensure survivors receive informed, consistent support across the system.

Looking ahead, we are well positioned to bring all new and existing services into full alignment with our established standards of specialist, trauma informed practice. Over the coming year, we will continue to embed learning across the organisation, refine our service delivery, and ensure that our work remains responsive to the needs of the women and children we support. This strong foundation also enables us to focus on developing our next business plan, ensuring sustainable growth and continued progress towards our long term strategic goals.
The charity continues to operate in a challenging funding environment, with inflationary pressures and time-limited funding streams requiring careful financial planning and diversification of income sources.

Principal risks and uncertainties

The charity continues to monitor financial risks closely to ensure long term sustainability and resilience. A key risk is the potential for refuge accommodation to operate below capacity for an extended period, which would negatively affect income levels and reduce our ability to recover core operating costs. We mitigate this by maintaining strong referral pathways, active partnership working, and flexible support models that help ensure consistent occupancy.

Several of our contracted services and grant funded programmes are time limited and due to end within the coming years. While this is a normal part of the funding landscape, it presents a financial risk if replacement income is not secured. To address this, we are proactively identifying future funding opportunities, expanding our business development activity, and continuing to diversify income streams—including increasing regular donations, subscriptions, and corporate partnerships—to strengthen financial stability.

We remain mindful that wider economic conditions, including inflation, rising fuel costs, and global instability, can impact both operational expenditure and fundraising performance. A downturn in the economy may reduce donor capacity and increase costs across the organisation. To mitigate this, we continue to broaden our funding base and maintain prudent financial planning and reserves in line with policy.

Ensuring adequate insurance cover is essential to protect the charity from financial loss in the event of a claim. We therefore review our insurance arrangements annually to ensure they remain comprehensive, appropriate, and aligned with the scale of our operations.

Fraud remains a universal risk for all organisations. To safeguard the charity’s assets, we maintain robust financial controls, including a clear financial management policy, separation of duties, defined authorisation levels, and regular oversight by senior management and trustees.

Policy on reserves

The trustees maintain a reserves policy to ensure financial stability, manage risk, and provide continuity of services in the event of funding delays or service disruption.
At the year end:

Total funds: £828,933

Restricted funds: £15,727

Unrestricted funds: £813,206

Designated funds: £209,497

Free reserves: £0.00

The target reserves level is set at 50%–70% of annual expenditure, held as unrestricted reserves. Based on next year’s projected expenditure—including the new Amber service—50% equates to £400,866.16. This exceeds the amount currently available in unrestricted funds, but this shortfall was anticipated due to the planned service development.

The trustees review reserves annually and consider current levels above/below/in line with target. Where applicable, plans are in place to adjust reserves through budget planning and income diversification.

Plans for future periods

Aims and key objectives for future periods

The charity is entering a period of significant growth and integration following expansion of accommodation and services, a major focus will be bringing all new services into full alignment with our established high standards of specialist, trauma informed support for women and children. With the TUPE transfer of staff and the increase in accommodation across four sites, we will prioritise embedding organisational culture, addressing training gaps, and ensuring consistency of service practice across the whole team. This includes rolling out learning from our recent Women's Aid National Quality Standard Accreditation, which highlighted areas of excellence such as "strong advocacy" and our "standout" partnership model with the DWP.

We will also continue to share and embed best practice from our programme development, including Steps to Freedom and Own Your Zone, ensuring that all staff-legacy and newly transferred-are equipped to deliver high quality, survivor centred support.

Finally, we will initiate development of our next five year business plan, ensuring that strategic decisions are guided by the needs, voices, and lived experiences of the women and children we support. As stated in the report, our commitment remains to provide services that are "safe, effective, and centred on the needs of our community", and this principle will continue to shape our future direction

The trustees wish to acknowledge the contribution of staff, volunteers, funders, and partners whose support has been essential in delivering services throughout the year.

Statement of Responsibilities

The trustees (who are also the directors of Nottingham Central Womens Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Nottingham Central Womens Aid

Trustees' Report

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement
This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 8.08.26 and signed on its behalf by:

A.Hanson
.....
Amanda Hanson
Trustee

Nottingham Central Womens Aid

Independent Examiner's Report to the trustees of Nottingham Central Womens Aid ('the Company')

Independent examiner's report to the trustees of Nottingham Central Womens Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2026.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Public Finance and Accountancy (CIPFA), which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E Stevens
.....
Eva Stevens, BSc, CPFA, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 20.08.26

Nottingham Central Womens Aid

Statement of Financial Activities for the Year Ended 31 March 2026 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2026 £	Total 2025 £
Income and Endowments from:					
Donations and legacies	2	121,059	-	121,059	68,830
Charitable activities	3	132,254	293,237	425,491	382,927
Investment income	4	3,063	-	3,063	4,043
Total Income		256,376	293,237	549,613	455,800
Expenditure on:					
Charitable activities	6	(123,992)	(309,563)	(433,555)	(317,861)
Total Expenditure		(123,992)	(309,563)	(433,555)	(317,861)
Net income/(expenditure)		132,384	(16,326)	116,058	137,939
Transfers between funds		1,398	(1,398)	-	-
Net movement in funds		133,782	(17,724)	116,058	137,939
Reconciliation of funds					
Total funds brought forward		679,424	33,451	712,875	574,936
Total funds carried forward	16	813,206	15,727	828,933	712,875

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

Nottingham Central Womens Aid

Statement of Financial Activities for the Year Ended 31 March 2026 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Income and Endowments from:				
Donations and legacies	2	68,830	-	68,830
Charitable activities	3	117,949	264,978	382,927
Investment income	4	4,043	-	4,043
Total income		190,822	264,978	455,800
Expenditure on:				
Charitable activities	6	(62,609)	(255,252)	(317,861)
Total expenditure		(62,609)	(255,252)	(317,861)
Net income		128,213	9,726	137,939
Net movement in funds		128,213	9,726	137,939
Reconciliation of funds				
Total funds brought forward		551,211	23,725	574,936
Total funds carried forward	16	679,424	33,451	712,875

The notes on pages 15 to 25 form an integral part of these financial statements.

Nottingham Central Womens Aid

(Registration number: 07588144)
Balance Sheet as at 31 March 2026

	Note	2026 £	2025 £
Fixed assets			
Tangible assets	11	295,441	6,929
Current assets			
Debtors	12	2,516	3,467
Cash at bank and in hand	13	538,147	709,416
		540,663	712,883
Creditors: Amounts falling due within one year	14	(7,171)	(6,937)
Net current assets		533,492	705,946
Net assets		828,933	712,875
Funds of the charity:			
Restricted income funds			
Restricted funds		15,727	33,451
Unrestricted income funds			
Unrestricted funds		813,206	679,424
Total funds	16	828,933	712,875

For the financial year ending 31 March 2026 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 12 to 25 were approved by the trustees, and authorised for issue on 8.08.26 and signed on their behalf by:

J. Wawszczak
Jane Wawszczak
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Nottingham Central Womens Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% on a straight line basis
Furniture & equipment	10.0% on a straight line basis
Land & buildings	1% on a straight line basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds		Total	Total
	Designated	General	2026	2025
	£	£	£	£
Donations and legacies;				
Donations from companies, trusts and similar proceeds	29,000	64,461	93,461	54,542
Donations from individuals	-	27,598	27,598	14,288
	29,000	92,059	121,059	68,830

3 Income from charitable activities

	Unrestricted funds	Restricted	Total	Total
	General	funds	2026	2025
	£	£	£	£
Housing benefit & rental income	108,999	-	108,999	117,564
Grants & donations	-	293,237	293,237	264,978
Laundry & payphone income	106	-	106	385
Misct income	170	-	170	-
Rent income	2,282	-	2,282	-
Housing property management support	10,381	-	10,381	-
Business Development	525	-	525	-
Charity Shop Sales	282	-	282	-
Service charges	9,509	-	9,509	-
	132,254	293,237	425,491	382,927

4 Investment income

	Unrestricted funds General £	Total 2026 £	Total 2025 £
Interest receivable and similar income;			
Interest receivable on bank deposits	3,063	3,063	4,043

5 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Lloyds Bank Foundation	25,000	-	25,000
Leathersellers	27,500	-	27,500
BBC Children in Need	-	30,696	30,696
Nottingham City Council	9,000	165,525	174,525
J N Derbyshire	-	4,000	4,000
The National Lottery Community Fund	-	75,016	75,016
Toyota	1,961	-	1,961
The Neighbourly Foundation	-	1,500	1,500
Warburtons	10,000	-	10,000
Westfield Health	-	2,000	2,000
Nottingham Soroptomist Trust	-	3,500	3,500
Nottinghamshire Police and Crime Commissioner	-	5,000	5,000
The Jones 1986 Charitable Trust	-	4,000	4,000
P. Thornhill	20,000	-	20,000
The Lady Hind Trust	-	2,000	2,000
Sundry donations	27,598	-	27,598
	121,059	293,237	414,296

6 Expenditure on charitable activities

	Unrestricted funds		Restricted funds	Total 2026	Total 2025
	Designated £	General £	£	£	£
Activities & workshops	-	62	5,687	5,749	3,862
Advertising & marketing	-	864	421	1,285	445
Cleaning	-	314	857	1,171	1,134
Depreciation	-	6,796	-	6,796	2,702
Bank charges	-	507	-	507	4
Staff training	96	864	6,296	7,256	-
Equipment purchases	32,047	-	15,378	47,425	3,049
Telephone & IT	72	5,490	7,011	12,573	-
Fundraising costs	-	806	-	806	69
Dues & subscriptions	-	2,470	2,732	5,202	-
Governance, supervision & recruitment	-	-	-	-	566
Refreshments, gifts & hospitality	-	191	7,420	7,611	1,530
Resource materials	-	-	2,801	2,801	8
Health & safety	-	888	3,136	4,024	6,462
Insurance	-	3,187	303	3,490	3,910
Legal & professional	-	3,311	7,088	10,399	11,020
Office expenses	16	-	2,189	2,205	1,025
Payroll service	-	1,509	-	1,509	1,235
Publications & subscriptions	-	-	-	-	1,537
Rent, rates & room hire	-	10,226	11,454	21,680	16,291
Repairs & maintenance	-	9,744	831	10,575	2,242
Residents food & emergencies	-	138	129	267	4,486
Sundry expenditure	-	148	-	148	-
Telephone, internet & postage	-	-	-	-	9,590
Training	-	-	-	-	3,371
Travel, meetings & refreshments	-	746	264	1,010	536
Utilities	-	7,491	7,022	14,513	9,204
Volunteer expenses	-	215	177	392	155
Wages, NI & pensions	3,918	31,822	223,035	258,775	233,428
Staff expense	-	54	43	97	-
Postage & delivery	-	-	649	649	-
Donations given & Gifts	-	-	4,640	4,640	-
	36,149	87,843	309,563	433,555	317,861

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2026 £	2025 £
Depreciation of fixed assets	6,796	2,702

8 Staff costs

The aggregate payroll costs were as follows:

	2026 £	2025 £
Staff costs during the year were:		
Wages and salaries	217,077	210,894
Social security costs	27,522	11,519
Pension costs	14,176	11,015
	258,775	233,428

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2026 No	2025 No
Average number of employees	12	11

11 (2025 - 9) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £14,176 (2025 - £11,015).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £36,621 (2025 - £25,683).

9 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2026 £	2025 £
Independent examination	955	900
Other financial services	899	2,340
	1,854	3,240

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

11 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2025	-	14,002	10,775	24,777
Additions	290,000	2,429	2,880	295,309
At 31 March 2026	290,000	16,431	13,655	320,086
Depreciation				
At 1 April 2025	-	10,996	6,853	17,849
Charge for the year	2,900	814	3,082	6,796
At 31 March 2026	2,900	11,810	9,935	24,645
Net book value				
At 31 March 2026	287,100	4,621	3,720	295,441
At 31 March 2025	-	3,006	3,922	6,928

12 Debtors

	2026 £	2025 £
Prepayments	2,516	3,467

13 Cash and cash equivalents

	2026 £	2025 £
Cash on hand	524	373
Cash at bank	537,623	709,043
	538,147	709,416

14 Creditors: amounts falling due within one year

	2026 £	2025 £
Other taxation and social security	5,856	5,459
Other creditors	1,315	1,478
	7,171	6,937

15 3rd party funds

	Opening balances £	Incoming resources £	(Resources expended) £	Total £
Womens Aid Federation of England	-	1,950	(1,649)	301

The charity holds small balances on behalf of funding partners for restricted, named beneficiaries or emergency support purposes. These funds are managed in line with funder requirements and distributed accordingly.

Womens Aid Federation of England, Home Office, Flexible Fund including Flee fund and Future fund, Opening balance 0.00, closing balance 301.00, still to be distributed to specific women at 30.05.2026 Funding provided for specific women and families following application, funds distributes to the named woman by NCWA.

16 Funds

	Balance at 1 April 2025 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2026 £
Unrestricted funds					
General					
General fund	235,872	227,376	(87,843)	228,304	603,709
Designated					
Ralph King Legacy	25,250	-	-	-	25,250
Property purchase	385,000	29,000	(31,484)	(234,176)	148,340
Support worker's post	33,302	-	(4,665)	7,270	35,907
	443,552	29,000	(36,149)	(226,906)	209,497
Total unrestricted funds	679,424	256,376	(123,992)	1,398	813,206
Restricted funds					
Advocacy Fund	2,062	-	(2,062)	-	-
Nottingham City Council Grant	1,947	124,965	(126,912)	-	-
Flexible Housing Fund	-	3,060	(3,060)	-	-
Household Support Fund	-	10,500	(10,500)	-	-
Chrysalis Outreach Project (Warburtons)	1,556	-	-	-	1,556
Gemini	3,029	-	(3,029)	-	-
Toyota	2,000	-	(2,000)	-	-
One stop	787	-	(787)	-	-
Amber House Mobilisation	-	12,000	(12,000)	-	-
Pret Foundation	6,800	-	(6,800)	-	-
The National Lottery community fund	2,148	75,016	(77,164)	-	-

Notes to the Financial Statements for the Year Ended 31 March 2026

	Balance at 1 April 2025 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2026 £
Children in Need	10,611	39,696	(44,311)	-	5,996
Community Chest	-	5,000	(5,000)	-	-
Soroptomists	2,511	3,500	(3,788)	-	2,223
JN Derbyshire	-	4,000	(2,048)	-	1,952
The Lady Hind Trust	-	2,000	(602)	(1,398)	-
NCC Training & resources	-	5,000	(5,000)	-	-
Neighbourley Fund (Sainsbury's)	-	1,500	(1,500)	-	-
Public Health Small Grant	-	1,000	(1,000)	-	-
The Jones 1986 Charitable Trust	-	4,000	-	-	4,000
Westfield Health	-	2,000	(2,000)	-	-
Total restricted funds	33,451	293,237	(309,563)	(1,398)	15,727
Total funds	712,875	549,613	(433,555)	-	828,933

The transfer from the The Lady Hind Trust and Property purchase to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

The specific purposes for which the funds are to be applied are as follows:

This year the restricted funds have been as follows:
* Advocacy Fund (Home Office – WAFE) - Advocacy
* Nottingham City Council - Complex Needs Refuge, children's support and move-on accommodation
* Household Support Fund - Household support for survivors
* Warburtons – Chrysalis Outreach Project - Chrysalis outreach project
* Gemini - Play worker and equipment
* One Stop - Emergency food, storage and hygiene items
* Amber House Mobilisation Fund - Amber House mobilisation
* Pret Foundation - Supporting women and children in refuge to live safer and happier lives
* National Lottery Community Fund - Free from Fear project
* Children in Need - Core funding
* Community Chest Fund - Peer support group
* Soroptimists - Essential items for women and children fleeing domestic abuse
* J N Derbyshire - Activities
* Lady Hind Fund - Computers and IT equipment
* NCC Training and Resources Fund - Staff training and resources
* Neighbourly (Sainsbury's) - Emergency food and essential items
* Public Health Small Grant - Room hire, refreshments, resources and printing
* The Jones Trust - Training delivery and resources.

Unrestricted funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
General					
General fund	200,261	190,822	(56,211)	(99,000)	235,872
Designated					
Ralph King Legacy	25,250	-	-	-	25,250
Property purchase	305,000	-	-	80,000	385,000
Support worker's post	20,700	-	(6,398)	19,000	33,302
	350,950	-	(6,398)	99,000	443,552
Total unrestricted funds	551,211	190,822	(62,609)	-	679,424
Restricted					
Advocacy Fund	-	3,000	(938)	-	2,062
Nottingham City Council Grant	-	114,705	(112,758)	-	1,947
The Neighbourly Foundation (Lidl & Screwfix)	-	280	(280)	-	-
Household Support Fund	-	10,500	-	-	10,500
National Grid	477	-	(477)	-	-
Chrysalis Outreach Project (Warburtons)	-	10,000	(8,444)	-	1,556
Boots	8,863	-	(8,863)	-	-
Food fund (Sainsbury's & Lidl)	215	-	(215)	-	-
Flexible Housing	-	5,764	(5,764)	-	-
Gemini	-	4,494	(1,465)	-	3,029
Toyota	-	2,000	-	-	2,000
One stop	-	1,000	(213)	-	787
Pret Foundation	-	6,800	-	-	6,800
The National Lottery community fund	-	72,774	(70,626)	-	2,148
Children in Need	14,170	37,711	(41,270)	-	10,611
Soroptomists	-	6,450	(3,939)	-	2,511
Total restricted funds	23,725	275,478	(255,252)	-	43,951
Total funds	574,936	466,300	(317,861)	-	723,375

17 Analysis of net assets between funds

	Unrestricted			
	General	Designated	Restricted	2026 Total funds
	£	£	£	£
Tangible fixed assets	295,441	-	-	295,441
Current assets	315,439	209,497	15,727	540,663
Current liabilities	(7,171)	-	-	(7,171)
Total net assets	603,709	209,497	15,727	828,933

	Unrestricted			
	General	Designated	Restricted	2025 Total funds
	£	£	£	£
Tangible fixed assets	6,929	-	-	6,929
Current assets	235,880	443,552	33,451	712,883
Current liabilities	(6,937)	-	-	(6,937)
Total net assets	235,872	443,552	33,451	712,875

18 Commitments

Capital commitments

At 31 March 2024 the charity had non-cancellable commitments under an operating lease for the premises which expires in 2036.

The total amount contracted for but not provided in the financial statements was £127,500 (2025 - £136,000).

19 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

20 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

21 Related party transactions

There were no related party transactions in the year.