INSPIRE FITNESS ACADEMY
CHARITY NUMBER: 1144994

TRUSTEES' REPORT AND UNAUDITED ACCOUNTS

YEAR ENDED
31ST DECEMBER 2025

PREPARED BY:
J A A A ACCOUNTING LIMITED
27 Barling Drive
Shipley View
Ilkeston
Derbyshire
DE7 9JA
Company No: 08721214

Inspire Fitness Academy
Charity Information

For The Period Of 1st January 2025 to 31st December 2025

Charity Name:	Inspire Fitness Academy
Trustees	Andrew Knibbs Stacie Gellear Ian Smith Carl Andrews
Manager:	Samuel Godfrey
Registered Address:	The Sherwin Club Harrington Street Derby DE23 8PB
Independent Examiner:	J A A A Accounting Limited
Company Number:	08721214
Contact Name:	Mrs Jenny Bavin
Examiners Address:	27 Barling Drive Shipley View Ilkeston Derbyshire DE7 9JA
Examiners Contact No:	0115 9308552 07989 969409

Inspire Fitness Limited
Independent Examiners Report

For The Year Ended 1st January 2025 to 31st December 2025

Independent Examiner's Report to the Trustees of Inspire Fitness Academy

I report to the trustees on my examination of the financial statements of Inspire Fitness Academy for the year ended 31st December 2025 which comprises of the Statement of Financial Activities, the Balance Sheet and the related notes.

Responsibilities and basis of report

The Charity's trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the act). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

In connections with my examination, the following matters have come to my attention

1. Certain assumptions, direction and explanations have been relied upon as given by charity manager, S. Godfrey.
2. All related party transactions have been disclosed in note 8
3. The general reserve is in credit by £70,473.82
4. As per previous years, S.Godfrey confirmed money banked included gym memberships and other gym related events and activities
5. Cash Withdrawals, have been confirmed by S.Godfrey were for setting up the boxing events, in which were to raise funds for the charity in order to continue to meet the objectives in the governing documents

Jenny Bavin
J A A A Accounting Limited
27 Barling Drive
Shipley View
Ilkeston
Derbyshire
DE7 9JA
23rd September 2026

Inspire Fitness Limited
Trustees Report

For The Year Ended 1st January 2025 to 31st December 2025

The Trustees present their report with the unaudited financial statements of the charity for the year ended 31st December 2025

Structure, Governance and Management

Governing Document
Inspire Fitness Academy is a registered charity, number 1144994. The charity's governing document is a constitution dated 11th September 2018. The registered office is The Sherwin Club, Harrington Street, Derby, DE23 8PB.

Trustee Selection Methods
Following an analysis of the skills needed by the Charity Trustee body, people resident in Derby who are active in the advancement of the objectives of the charity and have the required skills are approached to become trustees. In the absence of such people, approaches are made to having those skills, who are non-resident in Derby.

Risk Management Policy
The Trustees examine the risks that the charity faces each financial year when preparing and updating the strategic plan. The charity has developed systems to monitor and control those risks in order to minimise any impact upon the future of the charity.

Objectives and Activities
The primary objectives of the charity are the promotion of community participation in healthy recreation by the provision for fitness classes, 121 training and boxing.

The ways in which these objectives will be carried out are as follows:-
Inspire Fitness Academy offfer fitness classes; 121 sessions, educational seminars, courses and opportunities for roles of employment both at our facilities and online. Throughout the year we put on boxing shows that help generate money for future projects.

The principal activity is in accordance with the objects contained in the constitution, the charity's governing document, and there have been no changes to this during the year.

Public Benefit
The trustees have complied with section 4 of the Charities Act 2006, having due regard for Charity Commission's guidance on public benefit when reviewing the charities aims and objectives

Achievements and Performance
2025 saw the introduction of two new trustees, both bringing hands on experience from being involved in the day to day running of the boxing side of the charity.

Craig represents the coaches and will help to guide and implement continuous development of the coaching side of the charity, and Sammy takes on the role as a parent liaison so will be the voice of all parents who have children that access our facility.

We introduced and developed events in Ilkeston and Shepshed which have been a great success and received supporting funding from HAF, Police Commissioner and Sport England which helped us to develop new projects, engaging youngsters and improvement in renovations of the facility.

Next year we have plans already to develop more events and possibly look at international partnerships.

Statement of trustees' responsibilities in relation to the financial statements
The Charity trustees ate responsible for preparinng a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

A. Knibbs
Trustee

23rd September 2026

Inspire Fitness Academy Limited

Detailled Profit and Loss

For The Year Ended 1st January 2025 To 31st December 2025

		Unrestricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Sales	2			
Sales		165,118.13	165,118.13	124,716.00
Grants		28,554.08	28,554.08	-
Total Income and Endowments		193,672.21	193,672.21	124,716.00
Expenditure On:				
Costs of other trading activities		132,529.37	132,529.37	64,778.60
		132,529.37	132,529.37	64,778.60
Total Expenditure on Raising Funds				
Motor and Travel Costs		9,723.06	9,723.06	9,790.83
Advertising		754.44	754.44	-
Rent		9,107.50	9,107.50	10,218.00
Light, Heat and Power		-	-	539.44
Equipment Repairs and Maintenance		192.21	192.21	2,424.95
Insurances		509.54	509.54	2,112.46
Information and Publications		-	-	317.38
Software, IT Support and related costs		1,648.98	1,648.98	904.78
Merchandise		280.00	280.00	1,385.88
Pension		7,586.00	7,586.00	6,699.00
Stationery, Printing and Postage		273.47	273.47	632.87
Subscriptions		494.88	494.88	126.02
Training		7,214.44	7,214.44	650.38
Telephone, Fax and Broadband		766.81	766.81	792.63
Bank Charges		34.60	34.60	- 25.00
Loan Interest			-	715.95
Charitable Donations		3,447.30	3,447.30	2,770.44
Depreciation		4,867.22	4,867.22	6,004.16
Legal & Professional Fees				
Accountancy Fees		7,108.00	7,108.00	4,591.00
Legal and Professional		2,465.00	2,465.00	1,114.80
Net Movement in Funds		**4,669.39**	**4,669.39**	**8,171.43**

Inspire Fitness Academy Limited
Profit And Loss Statement

For The Period Of 1st January 2025 to 31st December 2025

	Notes	2025
		£
Income		193,672.21
Expenditure on Raising Funds		132,529.37
Gross Income		**61,142.84**
Expenditure on all other activities		56,473.45
Net Income	2	**4,669.39**
Net Movements In Funds		**4,669.39**

Reconciliation of Funds:	
Total funds brought forward	76,154.43
Total funds carried forward	**80,823.82**

Inspire Fitness Academy Limited
Balance Sheet

For The Period Of 1st January 2025 to 31st December 2025

	Notes		2025 £
Fixed Assets			
Tangible Assets	3		11,031.13
Current Assets			
Debtors & Prepayments	4/8	50,538.77	
Cash at bank and in hand		33,669.89	
		84,208.66	
Creditors: amounts falling due within 1 year	5	5,215.00	
Net Current Assets			78,993.66
Creditor: amounts falling due after 1 year	6		9,200.97
Net Assets			**80,823.82**
The Funds of the Charity			
Unrestricted Funds	7		80,823.82
Total Funds			**80,823.82**

Approved by the trustees on 16th September 2026
And signed on their behalf by:

A.Knibbs
Trustee

Inspire Fitness Academy Limited
Notes To The Accounts

For The Period Of 1st January 2025 to 31st December 2025

1. Accounting Policies

The Financial Statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issues on 16 July 2014 and the Charities Act 2011

Income

Donations, gifts and grants are included in full in the income and expenditure account as soon as they are received.

Taxation

The association is a charity wihin the meaning os Section 506(1) of the Taxes Axt 1988. Accordingly the association is potentially exempt from taxation in respect of income or capital gains received within categories covered by Section 505 of the Taxes Act 1988 or Section 256 of the Taxation Chargeable Gains Act 1992 to the extent that such income or gains are applied to exclusively charitable purposes.

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes

Tangible Fixed Assets and Depreciation

Depreciation has been provided at the following rates in order to write off assets, over their estimated useful lives.

Leasehold Property Improvements	Over the term of the lease
Motor Vehicles	33.33% Reducing Balance
Equipment	20% Straight Line

Inspire Fitness Academy Limited
Notes To The Accounts

For The Period Of 1st January 2025 to 31st December 2025

2. Income from charitable activities

	Unrestricted £	Total 2025 £	Total 2024 £
Other Income	165,118.13	165,118.13	124,716.00
Grants	28,554.08	28,554.08	-
	193,672.21	193,672.21	124,716.00

3 Tangible fixed assets

	Leasehold Property Improvements	Motor Vehicles	Equipment	Total
Acquisition				
Opening Balance	8,441.00	6,823.35	634.00	15,898.35
Additions	-	-	-	-
At 31st December 2025	8,441.00	6,823.35	634.00	15,898.35
Depreciation				
Charge for the period	2,303.00	2,274.22	290.00	4,867.22
At 31st December 2025	2,303.00	2,274.22	290.00	4,867.22
Net Book Value				
Opening Balance	8,441.00	6,823.35	634.00	15,898.35
Less Depreciation	2,303.00	2,274.22	290.00	4,867.22
At 31st December 2025	6,138.00	4,549.13	344.00	11,031.13

4 Current Assets

Trade Debtors	20,075.00
Related Party Transactions	21,642.12
Prepayments	8,821.65
	50,538.77

5 Creditors: amounts falling due within 1 year

Accruals	850.00
Trade Creditors	1,165.00
Bank Loans	3,200.00
	5,215.00

6 Creditors: amounts falling due after 1 year

Bank Loans	9,200.97

7 The Funds of the Charity

Unrestricted Funds	80,823.82
At 31st December 2025	80,823.82

8. Related Party Disclosures

		2023	2022 and older
Name of related party	***Godfrey Management Ltd***		
Relationship: S Godfrey is Director	*Amount:*	14,481.00	14,481.00
Name of related party	***S Godfrey***		
Relationship: S Godfrey is Manager	*Amount:*	7,161.12	8,545.00