REGISTERED CHARITY NUMBER: 1142966

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 March 2026

for

BRITISH MYOLOGY SOCIETY

Sandison Lang Limited
2 St Marys Road
Tonbridge
Kent
TN9 2LB

BRITISH MYOLOGY SOCIETY

Contents of the Financial Statements
for the Year Ended 31 March 2026

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 11
Detailed Statement of Financial Activities	12

The trustees present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Purposes and aims

The Society's purpose is to act as a multidisciplinary professional body of experts to promote the clinical practice, education and clinical trials in relation to muscle disease, myasthenia gravis and spinal muscular atrophy. It is intended to be a forum of consultant level experts to consider these issues.

The aims of the Society are:

- agreeing best practice and standards of care for patients with muscle disease

- agreeing standards for training in clinical myology and clinical muscle pathology

- promoting translational research

- establishing clinical networks to facilitate and promote clinical trials and patient registries

- facilitating collaborations with patient organisations

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The BMS Annual Meeting was held in Oxford on the 8th and 9th September 2025.
This meeting included an AGM.
The BMS used charity funds to subsidise meeting places for all attendees (attendance fees were lower than at-cost price), and to cover meeting costs, including speakers and venue.
BMS membership was required for registration.
The event was well-received with excellent attendeeship and feedback.
~ 110 registered (of which ~ 26 were event sponsors)

The BMS Adult Muscle teaching day was held in Oxford on the 8th September 2025.
Free places (funded by the BMS) were offered to trainees and AHPs. A total of 57 free delegate places were awarded. Around 95 delegates attended in total.
The BMS used charity funds to cover meeting costs, including speakers and venue.
~ 130 registered (of which ~ 14 were event sponsors)

BMS MRI DAY was held online on 25th November 2025
~ 138 registered of which ~50 were non-BMS members and ~ 88 BMS members / invited speakers
Fees were 100% subsidised for BMS members (funded by the BMS)
A small fee was charged to non-members

Web page:
BMS web address is:
https://www.ucl.ac.uk/centre-for-neuromuscular-diseases/partners-and-networks/british-myology-society

FINANCIAL REVIEW

Reserves policy

The charity aims to maintain an appropriate level of reserves to ensure that it can continue to meet its charitable objectives if income falls unexpectedly or unforeseen costs arise.
BMS aims to hold a reserve which would cover or support basic running costs / commitments for 1 year should income unexpectedly fall / expenses unexpectedly rise. Whilst these costs can fluctuate, and basic costs are likely to be lower than typical annual costs, BMS estimates based on recent previous years expenditure that for 2026/2027 the reserve should sit at around £80K
The appropriate level will be reviewed annually by the trustees, taking account of the charity's circumstances and expected expenditure".

FUTURE PLANS

The BMS plans to run the Annual Meeting and the Paediatric Muscle Teaching Day in Sept 2026 at Worcester College, Oxford

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The Society was registered as a charity on 19 July 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1142966

Principal address
Box 102
National Hospital for Neurology and
Neurosurgery, Queen Square
London
WC1N 3BG

Trustees
Professor M G Hanna
Professor F Muntoni
Dr R Quinlivan

Independent Examiner
Sandison Lang Limited
2 St Marys Road
Tonbridge
Kent
TN9 2LB

Approved by order of the board of trustees on 27 October 2026 and signed on its behalf by:

Professor M G Hanna - Trustee

Independent examiner's report to the trustees of British Myology Society

I report to the charity trustees on my examination of the accounts of British Myology Society (the Trust) for the year ended 31 March 2026.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Ryan Cottington, ACA

Sandison Lang Limited
2 St Marys Road
Tonbridge
Kent
TN9 2LB

27 October 2026

Statement of Financial Activities
for the Year Ended 31 March 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,078	-	7,078	2,541
Charitable activities					
Educational and academic		64,056	53,700	117,756	93,518
Total		71,134	53,700	124,834	96,059
EXPENDITURE ON					
Charitable activities					
Educational and academic		6,616	53,700	60,316	95,587
Other		4,426	-	4,426	3,449
Total		11,042	53,700	64,742	99,036
NET INCOME/(EXPENDITURE)		60,092	-	60,092	(2,977)
RECONCILIATION OF FUNDS					
Total funds brought forward		17,117	-	17,117	20,094
TOTAL FUNDS CARRIED FORWARD		77,209	-	77,209	17,117

The notes form part of these financial statements

Balance Sheet
31 March 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
CURRENT ASSETS					
Debtors	4	1,510	-	1,510	-
Prepayments and accrued income		10,821	-	10,821	-
Cash at bank		108,660	-	108,660	59,849
		120,991	-	120,991	59,849
CREDITORS					
Amounts falling due within one year	5	(43,782)	-	(43,782)	(42,732)
NET CURRENT ASSETS		77,209	-	77,209	17,117
TOTAL ASSETS LESS CURRENT LIABILITIES		77,209	-	77,209	17,117
NET ASSETS		77,209	-	77,209	17,117
FUNDS	6				
Unrestricted funds				77,209	17,117
TOTAL FUNDS				77,209	17,117

The financial statements were approved by the Board of Trustees and authorised for issue on 27 October 2026 and were signed on its behalf by:

M G Hanna - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

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2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2,541	-	2,541
Charitable activities			
Educational and academic	93,518	-	93,518
Total	96,059	-	96,059
EXPENDITURE ON			
Charitable activities			
Educational and academic	95,587	-	95,587
Other	3,449	-	3,449
Total	99,036	-	99,036
NET INCOME/(EXPENDITURE)	(2,977)	-	(2,977)
RECONCILIATION OF FUNDS			
Total funds brought forward	20,094	-	20,094
TOTAL FUNDS CARRIED FORWARD	17,117	-	17,117

continued...

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Trade debtors	1,120	-
VAT	390	-
	1,510	-

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Other creditors	43,782	42,732

6. MOVEMENT IN FUNDS

	At 1/4/25	Net movement in funds	At 31/3/26
	£	£	£
Unrestricted funds			
General fund	17,117	60,092	77,209
TOTAL FUNDS	17,117	60,092	77,209

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	71,134	(11,042)	60,092
Restricted funds			
Conference	53,700	(53,700)	-
TOTAL FUNDS	124,834	(64,742)	60,092

continued...

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/24	Net movement in funds	At 31/3/25
	£	£	£
Unrestricted fund	20,094	(2,977)	17,117
TOTAL FUNDS	20,094	(2,977)	17,117

Comparative net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	96,059	(99,036)	(2,977)
TOTAL FUNDS	96,059	(99,036)	(2,977)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/24	Net movement in funds	At 31/3/26
	£	£	£
Unrestricted fund	20,094	57,115	77,209
TOTAL FUNDS	20,094	57,115	77,209

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6. MOVEMENT IN FUNDS - continued

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	167,193	(110,078)	57,115
Restricted fund			
Conference	53,700	(53,700)	-
TOTAL FUNDS	220,893	(163,778)	57,115

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2026 or 31st March 2025

Detailed Statement of Financial Activities
for the Year Ended 31 March 2026

	2026 £	2025 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Subscriptions	7,078	2,541
Charitable activities		
Conferences	18,616	11,425
Sponsorships	99,140	82,093
	117,756	93,518
Total incoming resources	124,834	96,059
EXPENDITURE		
Charitable activities		
Conference costs	19,014	55,176
Support costs		
Governance costs		
Secretarial costs	41,302	40,392
Postage and stationery	1,380	1,252
Sundries	-	19
Accountancy and legal fees	3,046	2,197
	45,728	43,860
Total resources expended	64,742	99,036
Net income/(expenditure)	60,092	(2,977)

This page does not form part of the statutory financial statements