COMPANY NUMBER 07508388, CHARITY NO 114167

CAN DO 4:13 ANNUAL REPORT

YEAR END DECEMBER 2025





ABOUT CAN DO 4:13

Statutory Company and Charity Data

CAN DO 4:13 was registered as **Company Number 07508388** on 27th January 2011 and as **Charity Number 1141676** on 27th April 2011.

The Company and Charitable objectives are:

1. Prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.

2. Advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:

i) promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and

ii) encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.

3. The promotion of religious and racial harmony.







LEGAL

The Company has five members who are all honorary directors:

Chairman: Matthew Gregson, Aston, Birmingham
Secretary: Jennifer Miller, Erdington, Birmingham
Treasurer: Rufus Trotman, Brownhills, Walsall

Kerry Lenihan, Yardley, Birmingham

In 2025 the Board held 4 meetings. Directors do not receive remuneration and have claimed no expenses.

GOVERNANCE

We welcomed Jennifer Miller as our new Secretary following the resignation of Nigel Cripps. Matthew Gregson remains Chair and Bob Trotman is the Board's nominated person on the Foodbank management Committee.

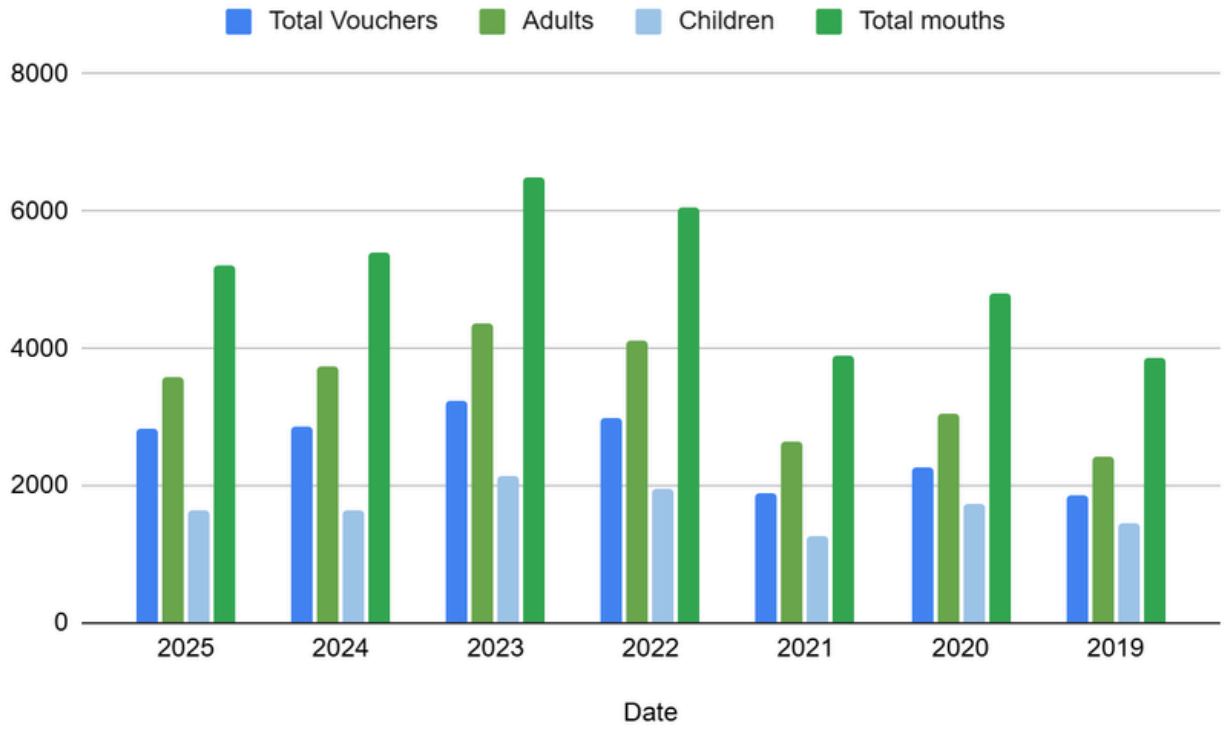
ADMINISTRATIVE

Aston & Nechells Foodbank
Together with Trussell

We franchise with the Trussell to provide a foodbank service for Aston and Nechells. The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.

ASTON & NECHELLS FOODBANK

Overall there was a 2.4% decrease in the numbers of people in food poverty who received food parcels. This shows some hope though we cannot rule out other means of food delivery as the core reason for the reduction.



Though the numbers did decrease ever so slightly in 2025 the numbers remain much higher than the pre-covid/cost of living crisis era and shows there's much more to be done to alleviate poverty within our locality. Interestingly the difference between 2024 and 2025 in terms of children fed is just 1. It is yet to be seen if this signifies a decrease in school or community setting support. It is always difficult as just one acting foodbank within the region to give a full and clear picture. Particularly at a time where we know the Birmingham Food Justice Network is growing daily, but we will continue to monitor and publicly report on our numbers to give some insights into the current picture in the area.

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CHILDREN FED FROM JANUARY - DECEMBER 2025

OTHER BUSINESS



DONATIONS

The Foodbank has continued to be blessed by food and cash donations however these are becoming less frequent. Associated with the current climate, food donations have reduced and the Foodbank is purchasing more long-life food. Cash donations are slowing down, however we are always grateful for any revenue streams we can establish. Donations from the Permanent Collection Points have remained fruitful at Sainsbury in Mere Green and Tesco in Aston Lane. **A thank you to all these generous people.**



FOODBANK PROJECT MANAGER

The generous grants have enabled the Board to continue to employ a salaried **20 hours per week Foodbank Project Manager.** We remain ever grateful to Suzi for her continued presence and support.



VOLUNTEERS TAKE THE STRAIN

The Foodbank distribution sessions have been **100% staffed by volunteers**. Volunteers have also run the warehouse and held cash and food collections. In 2025 volunteers contributed **approx 7500 hours to the foodbank.**



DISTRIBUTION SESSIONS

The foodbank has **three weekly distribution centres**. Monday at St Matthews church in Nechells, Wednesday at the Bethel Free Baptist Church in Ward End, and Fridays at the Salvation Army Centre in Aston.



ADVICE SERVICES

Throughout the year a grant from the Heart of England has funded the provision of an advice worker at all food distribution sessions. The service is provided by staff from Birmingham Settlement, this partnership is a lifeline for many of our clients and we will continue to utilise grants where possible to make sure it continues in some capacity.

A NOTE FROM THE CHAIR

During 2025, we are pleased that the foodbank was able to support over 5200 individuals, meeting a vital community need in Aston, Nechells and Ward End. There are many people to thank for this incredible achievement. It is a team effort.

As chair of trustees of Can Do 4:13 (of which the foodbank is a project), I want to thank the many businesses, schools, churches and individuals who donate to ensure we can run the foodbank.

A big thank you as well all our volunteers who make it happen on the ground week in and week out. Our volunteers work tirelessly in many different roles - shopping for supplies, collecting at supermarkets, restocking our stores, greeting clients, packing bags, distributing food and coordinating logistics. This can often be hard and time consuming work and our volunteers are in many ways the ‘unsung heroes’ of the foodbank.

Our foodbank work is coordinated by our foodbank project manager, Suzi Lea and we extend our thanks to Suzi for all she does.

I want to finish by drawing your attention to the difficult current fundraising climate, which I know lots of charities are experiencing and which does mean that our financial position is more challenging than it has been. As a foodbank, we need to be continually raising money to ensure the foodbank continues so do share any new fundraising ideas with Suzi.

Matthew Gregson
Chair of trustees, Can Do 4:13

FINANCE

Communities of Aston & Nechells
CAN DO 4:13
Dreams & Opportunities

Company No 07508388 Charity No 1141676

Income and Expenditure account for the period ending 31st December 2025

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	25,879.89	5,000.00	CAN DO 4:13(Note i)	27,680.00	3,199.89
FOODBANK	90,972.28	39,041.91	Foodbank (Note -ii)	82,430.44	47,583.75
FOODBANK			Savings Account	(Note ii)	30,000.00
Total	116,852.17	44,041.91	Total	110,110.44	80,783.64

FOODBANK SAVINGS ACCOUINT- £30,000 – TOTAL FOODBANK BALANCE- £77,583.75 (Note ii)

Restricted funds. These are monies for a specified purpose that cannot be used for anything else.

Note (i) – includes £3,199.89 for advice services.

Note (ii) - £77,583.75 is for Foodbank including £19,000 for wages and £15,000 for rent.

Financial Policy - The policy is to keep 3 months operating costs in reserve.

Banker – The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester, M60 4EP.

Matthew Gregson Chair

Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position on 31st December 2024.

Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA

Communities of Aston & Nechells

CAN DO 4:13

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