STRIDES! (LEICESTER)
CIO
Registered Charity Number 1140517

STATEMENT OF FINANCIAL ACTIVITIES
Income & Expenditure
FOR THE PERIOD 26th January 2024
TO 25th January 2025

	Total	Unrestricted	Grant 2	Grant 4 Henry Smith	Grant 5 Leics Leics & Rutland	Grant 6 National Lottery	Grant 7 Yapp Foundation	Grant 8 Asda
c.o. from 2023- 2024	7,343.13		482.48	5082.41	15.00	1499.37	163.87	100.00
INCOMING RESOURCES								
Cash from members (Subs / Cont)	935.50		-	-	-	-	-	-
Fundraising	1,194.70							
Donations (Bank)	4,475.00							
Donations (Cash)	62.35							
Bank refund	36.29							
Grants	-		-	-	-	-	-	-
Bank Interest	257.62							
	6,961.46		482.48	5,082.41	15.00	1,499.37	163.87	100.00
Expenditure								
Residential - Cash								
Resources - Cash	26.00							
Food - Cash	1.30							
Transport -Cash	21.40							
Events - Cash	183.50							
Other - cash								
Salary - Bank	687.99							
Payroll, CRB, Insurance, Bank Charges	555.76							
Room hire/Event Programme - Bank	2983.98							
Training - Bank								
Other - Bank								
Total Expenditure	4,459.93							
Net income/expenditure	2,501.53	-	482.48	5,082.41	15.00	1,499.37	163.87	100.00

STRIDES! (LEICESTER)
CIO
Registered Charity Number 1140517

STATEMENT OF FINANCIAL ACTIVITIES
Balance Sheet
AS AT 25th January 2025

FIXED ASSETS	
Tangible Fixed Assets	
CURRENT ASSETS	
Prepayments	
Cash at Bank Current Account	837.97
Cash at Bank Gold Account	19,737.29
Cash in Hand	
Total Current Assets	20,575.26
CREDITORS:	
Accruals	
NET CURRENT ASSETS	20,575.26
NET ASSETS	20,575.26
FUNDS OF THE CHARITY	
Unrestricted Funds	0.00
Restricted Funds	2,501.53
	2,501.53

Bank Reconcilation

Opening balance (26/01/2024)	18,066.43	
Add:		
Fundraising	1,194.70	
Donations (bank)	4,475.00	
Grants		
Bank Interest	257.62	
Bank refunds	36.29	
Cash to bank	772.95	
	6,736.56	
	24,802.99	
Less:		
Bank Payments	4,227.73	
Cash withdrawn from bank	0.00	
	4,227.73	
Closing bank balance (25/01/2025)	20,575.26	should match the bank statement
Bank Statement- Current Account	837.97	
Bank Statement- Gold Account	19737.29	
	20,575.26	

Cash Reconciliation

Opening balance (26/01/2024)	70.81	
Add:		
Cash Receipts	935.50	
Cash Donations	62.35	
	997.85	
	1,068.66	
Less:		
Cash Payments		
Cash banked	772.95	
Cash Exps	232.20	
	1,005.15	
Closing cash balance (25/01/2025)	63.51	should match cash in hand
Petty Cash Book	63.51	

Trustees confirm that they have complied with their duty to have due regard to the guidance published by the Charity Commission on public benefit when reviewing the Charity's aims and objectives and in planning future activities for the year.

Achievements and performance:

The support provided by Strides! fills a huge gap in aftercare for people with mental health issues, and often prevents readmission to hospital thus helping to relieve pressure on Mental Health and Social services.
Almost 50% of our Trustees are, or have been group members. Several members have gained confidence to take up voluntary work or paid employment. Many members enrolled on Adult Education Classes and one member on an FE Vocational course in Catering. During half term week and Summer recess the two Member Volunteers arrange for small groups of members to meet for social gatherings.

Financial Review:

The Charities principal sources of income include donations, fundraising events such as a sponsored meal, and voluntary weekly contributions by members.
The Trustees are satisfied the charity's financial position is adequate to continue to run the programme for the twelve month period starting 26.01.2026.

Structure, Governance and Management:

The charity is a CIO and is governed by its Constitution.

Trustees must retire after 1 year in office. Any retiring Trustee who remains eligible may be reappointed.

Declaration

I declare, in my capacity as Chair of the Board of Trustees that the Trustees have approved the Report and have authorised me to sign it on their behalf.

Sign. ..... D. Watson ..... Date... 9.9.'26