BAMT BRITISH ASSOCIATION FOR MUSIC THERAPY

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st December 2025
for
BRITISH ASSOCIATION FOR MUSIC THERAPY



info@bamt.org

www.bamt.org

British Association for Music Therapy
86-90 Paul Street, London, EC2A 4NE
Registered Charity No. 1137807
Registered Company No. 07301585

TC Group
Office: Croydon - TC SWP
3rd Floor, Suffolk House
George Street
Croydon
CR0 0YN

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About BAMT

At the British Association for Music Therapy (BAMT), we are passionately committed to empowering Music Therapists through unparalleled support, resources, and advocacy.

Our mission extends beyond the provision of services; it's about fostering a thriving community where Music Therapists can grow, innovate, and excel.

This commitment begins the moment a Music Therapist becomes a part of our association, ensuring that they are not just joining an organisation, but becoming part of a movement dedicated to elevating the practice of Music Therapy.

From professional development to cutting-edge research, up-to-date guidelines to networking opportunities, BAMT stands as a beacon of excellence and support, ensuring that our members are equipped, inspired, and recognised as pioneers in the transformative power of Music Therapy.

BAMT's Aims and Objectives

The British Association for Music Therapy (BAMT) is the professional body for Music Therapy in the UK, providing both practitioners and non-practitioners with information, professional support, and training opportunities. It is also a charity committed to promoting and raising awareness of Music Therapy and providing information to the general public.

Our aims are:

- To promote the art and science of Music Therapy;
- To promote the use and development of Music Therapy for children and adults with a wide range of needs;
- To promote the understanding of Music Therapy for the general public;
- To advance education in Music Therapy.

Our mission continues to be:

- To promote the profession and practice of Music Therapy in the UK;
- Act as a voice for those who could benefit from Music Therapy and for those who provide Music Therapy.

Our Cultural Positioning

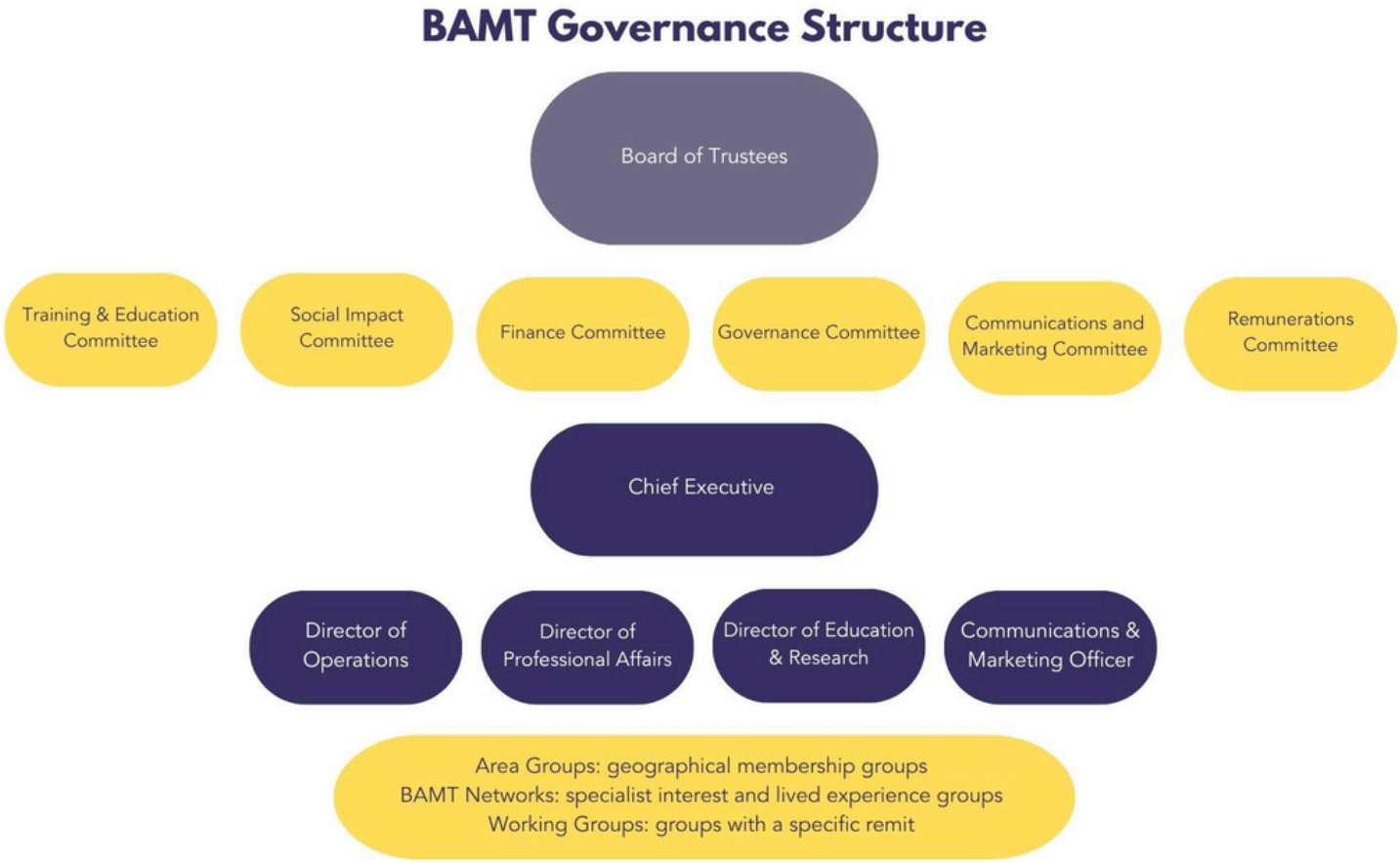
At BAMT we recognise that a vibrant, inclusive, and dynamic culture is essential to our success. It shapes the way we interact, innovate, and approach challenges.

Our culture is built on a foundation of mutual respect, continuous learning, and a commitment to excellence. We celebrate diversity, encourage open communication, and foster a sense of belonging among all members.

By valuing each individual's unique contributions, we create an environment where creativity flourishes, collaboration is natural, and collective goals are achieved with enthusiasm and integrity. This cultural ethos not only drives our internal dynamics but also reflects in the quality of service we provide to our members, shaping their experience and satisfaction.



Structure, Governance and Management



Governing document
The charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Reference and administrative details
Registered Company number
07301585 (England and Wales)

Registered Charity number
1137807

Registered office
86 - 90 Paul Street
London
EC2A 4NE

Structure, Governance and Management

Overall governance responsibility rests with the Board of Trustees, who are responsible for ensuring that the charity operates in accordance with its charitable objectives and in compliance with applicable legal and regulatory requirements, including the Charities Act 2011 and the Charities Statement of Recommended Practice (SORP).

Trustee Responsibilities

Trustees have a collective duty to:

- ensure the charity carries out its purposes for the public benefit;
- comply with the charity's governing document and applicable law;
- act in the charity's best interests;
- manage the charity's resources responsibly;
- act with reasonable care and skill and
- ensure the charity is accountable.

Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit when reviewing the charity's aims and activities.

Our Trustees

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Recruitment and appointment of new trustees
In accordance with the Articles of Association, any person who is so willing may act as a Trustee and may be elected by ordinary resolution of the members. As a professional organisation we commit to having Music Therapists as a minimum of 50% of the board and that the Chair of the board will always be a Music Therapist.

At the third AGM after their appointment or election, a Trustee shall retire and be eligible to be re-elected for a further two three-year terms. No elected Trustee may serve for a period of more than nine years without a period of at least one year out of office.

Induction and training of new trustees
New Trustees undergo orientation sessions which include observation at a Board meeting prior to becoming a Trustee and meeting members of the operational team in order to familiarise themselves with the way the organisation carries out its day to day duties and implements decisions. Business planning, the Articles of Association and financial performance are also covered. Trustees are encouraged to attend external training events which assist them in undertaking their role.

Risk management
The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Via regular meetings and other forms of communication, the Trustees have examined all areas of operation and have identified the key risks to which the organisation is exposed.

In the opinion of the Trustees, the Association has established processes and systems which, under normal circumstances, should allow the risks identified by them to be mitigated to an acceptable level in its day-to-day operations.

Public benefit
The Trustees have complied with their duty in Section 17 of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission. The benefit to the public is demonstrated by the activities and achievements contained in this report.

Reserves policy
The charity aims to hold reserves equivalent to six months' expenditure. In calculating this figure, the direct costs of the biennial conference are excluded as it is always planned that the conference is self-financing. This level of reserves allows for unexpected demands on resources as well as providing funds for future expansion by investing in new services and enhancing support to members. At the balance sheet date free reserves (General Fund) stood at £296,078 compared to unrestricted expenditure of £262,266 for the year. The breakdown of these reserves can be found in Note 14.

Board Meetings and Committees in 2025
The Board of Trustees met six times during the year including two Extraordinary Board meetings for Budget & Risk register discussions. There was one new appointment, three re-appointments and one resignation during 2025. Expanding the Board has brought new experience and perspectives, from both within Music Therapy and beyond.

The Board Committees and Sub-Committees are:

- Finance
- Governance
- Training and Education
- Social Impact
- Remunerations
- Communications and Marketing

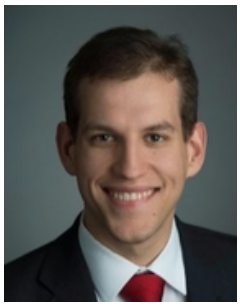
BAMT Trustees 2025



L Al-Bandar
Vice Chair
Music Therapist
(appointed as Vice Chair 18.4.26)



E Jeffery
Vice Chair
Music Therapist
(appointed as Vice Chair 18.4.26)



P M Maton
Treasurer



H P Davies



J E Kirkwood
Music Therapist



N H Uddin



G P J Hanford
Music Therapist
(appointed 31.1.25)



P J Rogers
Music Therapist

Appointed after 31 December 2025



A G Archer
Music Therapist
(appointed 16.6.26)



B P Smith
Music Therapist
(appointed 16.6.26)



N Dowds
Music Therapist
(appointed 16.6.26)

BAMT Trustees 2025



E Tingle
Chair
(resigned 16.6.26)



A J Sullivan
Vice Chair
(*resigned 10.3.26)*



C J Warner
Music Therapist
(resigned 27.9.25)

Reference and Administrative Details

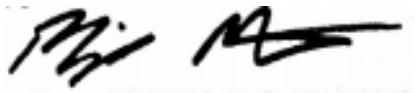
Company Secretary
U Aravinth

Independent Examiner
TC Group
Office: Croydon - TC SWP
3rd Floor, Suffolk House
George Street
Croydon
CR0 0YN

Bankers
Unity Trust Bank Plc
Birmingham
B1 2HB

Approved by order of the board of trustees on **22 September 2026**

and signed on its behalf by:



.....

P M Maton - Trustee

Our Operational Team



Andrew Langford
Chief Executive



Karen Diamond
Director of Professional Affairs



Clare Maddocks
Director of Education and Research



Zoe Summers
Communications and Marketing Officer



Usha Aravinth
Director of Operations

Memberships 2022 -2026

The overall membership numbers have remained largely unchanged from last year, with only a very small variation. The membership numbers below show the changing pattern of memberships during the past five years.

To make it easier to compare, the membership types have been grouped into 4 main categories.

They are;

- Members (full practitioner & newly qualified practitioner)
- Non-practising (retired, overseas, career break, Music Therapy Assistants and transitional members)
- Trainees (all trainee members)
- Associates (full and concessionary associate members).

	Jan 2022	**Jan 2023**	**Jan 2024**	**Jan 2025**	**Jan 2026**
HCPC Registrations	1,278	1,216	1,423	1,409	1,518
BAMT Membership 2022-2026	**Jan 2022**	**Jan 2023**	**Jan 2024**	**Jan 2025**	**Jan 2026**
Members (Full, Newly Qualified)	905	896	976	993	1,047
Transitional, Overseas, Career Break, Retired, Music Therapy Assistants	124	116	127	121	123
Trainees (All Trainee Members)	104	121	134	118	88
Associates (Full and Concessionary)	82	78	66	68	52
	1,215	**1,211**	**1,303**	**1,300**	**1,310**

Vice Chairs' Report 2025





The year has seen BAMT continuing to focus on advocating for and developing the profession at both regional and national level as we continue to work with our Strategic Development Plan 2024-2029; providing increased CPD opportunities for our membership; developing further network groups; strengthening professional resources and frameworks; increased campaigning, and actively seeking to further engage with and support our members.

This has included sending out our Membership Survey in the autumn, which has provided valuable insight into our members' experience of the Music Therapy landscape and BAMT as an organisation. The responses have offered both affirmation and challenge, and will help guide our priorities as we continue to advocate for Music Therapy, and to support Music Therapists and Service Users.

We also announced that our upcoming BAMT Conference in November 2026, Music Therapy in a Changing Landscape, will be held online, and that our conferences will alternate between online and in-person formats going forward. This decision reflects our commitment to accessibility, sustainability and widening participation, while continuing to provide opportunities for Music Therapists to learn, connect and reflect together.

BAMT's CPD offering continues to grow. The Newly Qualified Music Therapist (NQMT) scheme continues to be popular, with sixty-eight therapists supported in the scheme in 2025 and the Board has committed to continuing this well-received programme. Twenty-two CPD events were delivered this year across various training areas, attracting members and non-members alike.

A significant area of work this year has been the development and publication of professional frameworks and guidance to support Music Therapy training, practice and career development. We were pleased to announce the publication of the new Curriculum Guidance for the Pre-Registration Education and Training of Music Therapists, finalised as part of a project commissioned by NHS England in collaboration with BAAT and BADth. We were also pleased to support the publication of the new Clinical

Career Framework for Art, Drama, and Music Therapists, created to provide essential underpinning support for an invaluable and underutilised workforce. Alongside this, BAMT also announced the development of the Clinical Supervision Competency Framework, with implementation due to begin in early 2026, further strengthening professional standards and support for supervision within the profession - with huge credit to Wendy Ruck and the working group for their tenacious work on this.

Our work to raise awareness of Music Therapy has also continued. The film 'What's it like to experience Music Therapy?', created as part of the work NHS England commissioned, was nominated for a Smiley Charity Film Award. This was a welcome recognition of work designed to communicate the value and experience of Music Therapy to wider audiences.

In July, BAMT also shared new Ipsos data which showed that public attitudes towards Music Therapy are largely positive, while also highlighting that lack of understanding about what Music Therapy involves and how to access it remains a significant barrier. This reinforces the importance of BAMT's continuing role in public awareness, advocacy and professional representation.

BAMT continues to campaign for increased Music Therapy services with all four UK governments with attendance at events in the Senedd, Holyrood, Stormont, and both the House of Commons and House of Lords. It was also our honour for Eleanor Tingle to represent BAMT, alongside other healthcare professions' representatives, at the King's Royal Garden Party in May.

We are also delighted to report that due to suggestions initially made by BAMT, the HCPC will be increasing its data collection at point of registration and re-registration to include workplace information. This will provide the best possible information about where and how HCPC registrants work, which will be updated every two years.

The Music Therapy Conversations podcast also reached its 100th episode this year, marking a significant milestone for a resource that continues to support dialogue, learning and connection across the Music Therapy community. We are grateful to host Luke Annesley and everyone who has contributed to the podcast, for creating such a rich and varied record of Music Therapy practice, research and reflection.

The Music Fundamentals Project was funded by the Department of Education to contribute to the Early Years strategy being developed in Northern Ireland. This collaboration led by BAMT with Save the Children NI and the Eastside Early Learning Community (ELC), supported practitioners working in 14 early years settings across east Belfast. The core aim was to provide theoretical and practical training for Early Years Practitioners on the use of therapeutic music techniques to support the building of cognitive, socio-emotional and language skills in 3-5 year olds. The project highlighted significant challenges for Early Years Practitioners and of an urgent need for greater access and specialist support from the Music Therapy profession.

BAMT continues to be fortunate to have a strong and dedicated Operational Team. We are grateful to Andrew Langford, Karen Diamond, Clare Maddocks, Usha Aravinth, Lisa Partridge and Zoe Summers, who work tirelessly with us to ensure the smooth running of BAMT's operations and, crucially, to support our members.

At the end of the year, as a result of the increasing financial pressures for a lot of our members, the BAMT board had to make some difficult decisions about how to best keep membership fees to a minimum but still be able to run the organisation successfully. This resulted in plans to make some changes and reduction in the staff team. This led to a minimum increase in fees (2%) and changes within the staff team that will be implemented in 2026.

As the Vice Chairs, we are grateful to each member of the Board for their leadership, commitment and care in stewarding BAMT through another busy and important year. We would also like to thank the operational team for their dedication and service to BAMT, and our membership, whose work, insight and commitment continue to shape and strengthen the profession. We remain committed to serving our members as we promote, support and advocate for Music Therapy across the UK.

Laura Al-Bandar & Liz Jeffery, Vice Chairs

Social Impact Committee Report 2025



Following the foundational work that took place in 2024, this year the Social Impact Committee have focussed on supporting the operational team to embed inclusive and sustainable practice within the organisation, through implementing effective policies and procedures, as well as promoting and supporting positive social impact across the profession.

Regarding equity, diversity, inclusion and belonging (EDIB), we:

- made improvements to the recruitment process, in order to diversify the operational team and the board of trustees;
- completed a diversity survey of the membership, which will give us comparative data from the 2020 survey to inform our next steps;
- implemented an intersectional, anti-oppressive framework across our CPD offer, for example ensuring training facilitators and supervisors are EDIB competent;
- improved our communications to be more inclusive and accessible.

Regarding environment and sustainability (ES):

- We have joined Climate Action For Associations (CAFA). They have supported us to create a sustainability policy and will be helping us with our first Greenhouse Gas Emissions report next year.
- We facilitated a survey and workshop as part of a project run by the Chief Allied Health Professions Office (CAHPO) to determine key priorities for action in music therapy to become more sustainable. These were reviewed by the committee and felt to be in line with our strategy, and will be promoted next year.
- Sustainability is now specified in the new curriculum guidelines for the music therapy training courses, empowering future Therapists to be more aware and capable to practice sustainably.

Laura Al-Bandar, Chair - Social Impact Committee

Governance Committee Report 2025



The Governance Committee met regularly throughout 2025 to strengthen organisational governance, policy oversight and risk management processes. The Committee maintained a structured approach to reviewing governance frameworks and alignment with regulatory requirements and organisational objectives.

A key focus during the year was the continued review and refinement of the organisation's Memorandum and Articles of Association. Following member feedback and legal advice, the Committee agreed to delay implementation of proposed changes to allow further refinement and compliance with governance requirements.

The Committee also reviewed various policies and Terms of Reference (ToR) for committees and working groups. Several policies were approved or updated. Work is ongoing to strengthen the "Policy for Policies" framework and embed clearer processes, including the potential introduction of Equality Impact Assessments within policy development.

Risk management remained a priority with regular review and updating of the organisational risk register.

Further governance developments included progressing the Scheme of Delegation, improving trustee training and compliance tracking and reviewing IT systems to enhance data protection and operational efficiency.

The Committee will continue to prioritise governance effectiveness, policy reviews and risk oversight to support the Board in fulfilling its responsibilities.

Greg Hanford, Chair - Governance Committee

Remunerations Committee Report 2025

The Remunerations Committee met in September 2025 to review employee remuneration and pension contributions in the context of the organisation's current financial position. The Committee considered a range of economic indicators, including UK inflation and sector benchmarking data, alongside the organisation's projected budget deficit and financial sustainability.

Following detailed discussion, the Committee concluded that despite ongoing cost of living, the organisation's financial constraints required a cautious approach. A formal vote was held, and the Committee recommended that no cost of living salary increase be awarded to employees for 2025. This decision reflects the need to prioritise financial stability and address the projected deficit while recognising that staff salaries remain broadly aligned with sector benchmarks.

The Committee also reviewed employer pension contributions. It was agreed that the current total employer contribution rate of 7%, including the discretionary element, remains appropriate. The Committee therefore recommended that no increase to discretionary employer pension contributions be made for 2025.

In addition, the Committee discussed wider cost saving measures and organisational restructuring options to support long term sustainability. These included potential reductions in staffing costs and changes to organisational structure.

The Committee will continue to monitor financial conditions and review remuneration annually in line with its policy.

Remunerations Committee

Communications and Marketing Committee Report 2025



The Communications and Marketing Committee met four times during 2025 to oversee BAMT's communications activity and support the development of strategic communications priorities.

Key areas of work included:

- Progressing plans for **redevelopment of the BAMT website**, including Board oversight of options for potential providers and development of the tender process.
- Developing and supporting the delivery of the **BAMT Membership Survey**, which was open during June – September 2025. This included developing the survey questions, oversight of the survey launch, participation, and early analysis of responses with a view to producing a full report in 2026.
- Oversight of **digital communications and member engagement**, including ongoing development and improvement of the BAMT bulletin.
- Supporting communications activity related to **key projects and events**, including the publication of the NHS England–commissioned **Music Therapy Career Framework**.
- Supporting work to expand **digital engagement and social media reach**, including growth of BAMT's LinkedIn presence following departure from X.
- Supporting BAMT's work in promoting the impact of music therapy through **blogs and digital content**.
- Supporting BAMT's work in **press and media engagement**, including coverage in national and specialist publications and collaboration with BBC Radio 3 on the programme How Music Heals.
- Supporting BAMT's work to promote the **Service User video** through the Smiley Charity Film Awards.
- Reviewing communications-related **policies and governance documents.**

Jenny Kirkwood, Chair - Communications and Marketing Committee

Training and Education Committee Report 2025



The TEC continued to meet every three months for business meetings and several times more informally to discuss training issues and share good practice during 2025.

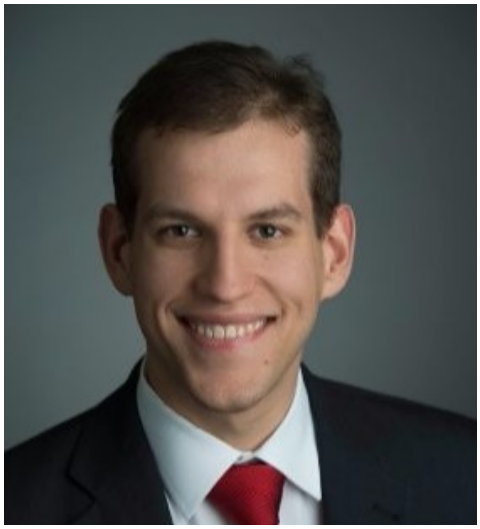
Key events and areas of work included:

- A successful Training Day for course teams was held at the Royal Northern College of Music in Manchester, hosted by Alison Hornblower on 4 September 2025.
- The Curriculum Guidance Document was completed and released on the BAMT website, following the consultation undertaken with BAMT members, current trainees, and BAMT trustees.
- The Education and Research Officer attended TEC business meetings to ensure a link between TEC and the broader developments in CPD that BAMT are instigating and running.
- The TEC Chair, Dr Cathy Warner, has completed her three-year term and has stepped down as Trustee in September 2025.
- TEC Terms of Reference are in the process of being adapted, led by the BAMT CEO and Education and Research Officer in consultation with training course leaders to include a broader training and research remit, with the course leaders group becoming a subgroup within TEC.
- From January the TEC group has met bi-monthly.
- A new Chair for TEC is being sought but currently this is vacant while the Terms of Reference are incomplete.

Dr Cathy Warner - Outgoing Chair - Training and Education Committee

Financial Report 2025

Overview of 2025 financial performance



The Finance Committee, chaired by the Treasurer and supported by three other members, is responsible for overseeing BAMT's financial management, sustainability, financial risks and governance. The directors believe that BAMT's finances have been managed consistently with the budget set in advance of the year, with variations subject to appropriate scrutiny.

This review covers the financial year from 1 January 2025 to 31 December 2025. BAMT incurred a deficit of £30,611 for the year. The deficit was considered acceptable in the context of BAMT's reserves and medium-term financial sustainability.
Total income for the period was £260,611 and total expenditure was £291,222.

Restricted and designated funds

Restricted funds represent amounts received which were earmarked for specific purposes outlined by donors at the time of donation. At the end of the financial year, BAMT had restricted funds totalling £45,171.

Designated funds represent amounts set aside by the trustees for specific purposes. These include accumulated conference surpluses allocated for CPD activities, together with funds for projects supporting the provision of Music Therapy in underserved communities. At the end of the financial year, BAMT had designated funds totalling £21,799.

BAMT continued to manage restricted and designated funds through its accounting records, with balances separately identified in the annual accounts. Expenditure from restricted funds remains subject to enhanced oversight from the Treasurer to ensure that funds are applied in accordance with donor intentions and trustee approvals.

Financial governance and summary

During the period, the Finance Committee met regularly to oversee BAMT's financial management. The Committee seeks to establish a sound framework for finance within the charity. The Treasurer was supported by the members of the Committee, and the staff team who run the day-to-day finances of the charity. Policies and processes were reviewed during the period, and the risk register maintained and updated to reflect evolution in the operating environment of the charity. The Committee seeks to ensure transparency in the financial dealings of the charity, to which end this document forms a key part. The Committee is also responsible for meeting legal requirements and following good practice recommendations, as outlined in the Charity Commission's guidance on internal financial controls for charities.

To ensure financial stability, BAMT operates within annual budgets and financial plans presented at each Finance Committee meeting. Income in 2025 was principally derived from

subscriptions, project funding, CPD activity, bank interest and donations. The 2025 deficit reflected the decision to keep subscriptions low in recent years while staff costs have risen, continued investment in charitable activities such as mentoring, and the planned use of reserves. The Finance Committee Chair continued to monitor income and expenditure closely, with particular focus on maintaining discipline over controllable costs while supporting the charity's strategic priorities.

BAMT's normal financial operations remain concentrated, with income predominantly from member subscriptions and expenditure mostly arising from staff costs. This concentration represents a risk, but both have historically been relatively stable and predictable. During 2025, project-related income and expenditure continued to form part of BAMT's activities, including work funded through the NI-DoE and NHSE projects. Ongoing monitoring of membership income remains important to ensure that the charity can respond appropriately to any deviations from expectations.

There was no biennial conference in 2025. BAMT continued to deliver CPD and member-facing activity through the National CPD Programme and other events, with the Finance Committee monitoring the financial performance of these activities to ensure they remain aligned with BAMT's charitable objectives and financial plans.

Cash management and financial controls

Finance operations continue to be performed within parameters agreed by the Committee, with appropriate governance applied to contracts and payments. Bank accounts are subject to appropriate authorisation and checks. At 31 December 2025, BAMT held cash balances of £364,175. Cash not required for immediate operational needs was held in an interest-bearing account, consistent with a minimal appetite for investment risk.

Reserves and forward outlook

BAMT requires a prudent level of reserves to ensure continuity in the event of unforeseen variations in income or expenditure. Following a review of BAMT's contingent liabilities, operating risks and liquidity requirements, the trustees concluded that a reserves target of six months' operating expenditure remains prudent, while allowing a greater proportion of the charity's funds to be directed towards its strategic aims.

At 31 December 2025, BAMT reported net assets of £363,048, including general funds of £296,078, designated funds of £21,799 and restricted funds of £45,171. These reserves remain above the minimum level required to support continuity of operations and will continue to be reviewed regularly by the Finance Committee as part of BAMT's wider financial planning and strategic development.

BAMT's financial position at the end of 2025 remains sound, notwithstanding the planned use of reserves during the year. A further deficit is expected in 2026, principally reflecting the one-off website project, which the trustees consider to be an appropriate use of reserves to support the charity's longer-term effectiveness. The Finance Committee has assessed medium-term sustainability and managed costs accordingly, including some reduction in total staff hours.

Through continued oversight, disciplined budgeting, and strategic reserves planning, the charity is well placed to continue delivering its core aims while managing the financial risks associated with its operating model.

Philip Maton, Treasurer & Finance Committee Chair

Independent Examiner’s Report 2025

Independent examiner's report to the trustees of British Association for Music Therapy ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Patrick du Casse

TC Group
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3rd Floor, Suffolk House
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Croydon
CR0 0YN

Date: 22/09/2026

Statement of Financial Activities for the year ended 31st Dec 2025

	Notes	Unrestricted funds £	Restricted funds £	31.12.25 Total funds £	31.12.24 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	**2**	4,484	**-**	4,484	94,834
Charitable activities Promotion of Music Therapy	**4**	246,357	-	246,357	316,061
Investment income	**3**	9,770	-	9,770	11,943
Total		**260,611**	-	**260,611**	**422,838**
EXPENDITURE ON Charitable activities	**5**				
Promotion of Music Therapy		291,157	65	291,222	402,485
Other		-	-	-	4
Total		**291,157**	**65**	**291,222**	**402,489**
NET INCOME/(EXPENDITURE)		(30,546)	(65)	(30,611)	20,349
RECONCILIATION OF FUNDS Total funds brought forward		348,423	45,236	393,659	373,310
TOTAL FUNDS CARRIED FORWARD		**317,877**	**45,171**	**363,048**	**393,659**

The notes form part of these financial statements

Balance sheet 31st Dec 2025

	Notes	Unrestricted funds £	Restricted funds £	31.12.25 Total funds £	31.12.24 Total funds £
FIXED ASSETS Tangible assets	**11**	479	**-**	479	639
CURRENT ASSETS	**12**				
Debtors		873	-	873	1,980
Cash at bank		319,004	45,171	364,175	398,760
		319,877	**45,171**	**365,048**	**400,740**
CREDITORS Amounts falling due within one year	**13**	(2,479)	-	(2,479)	(7,720)
NET CURRENT ASSETS		317,398	45,171	362,569	393,020
TOTAL ASSETS LESS CURRENT LIABILITIES		317,877	45,171	363,048	393,659
NET ASSETS		**317,877**	**45,171**	**363,048**	**393,659**
FUNDS	**14**				
Unrestricted funds				317,877	348,423
Restricted funds				45,171	45,236
TOTAL FUNDS				**363,048**	**393,659**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2025 in accordance with Section 476 of the Companies Act 2006.

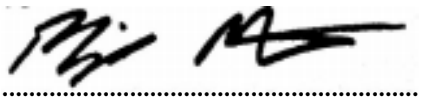
The trustees acknowledge their responsibilities for
a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance sheet continued
31st Dec 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on **22 September 2026** and were signed on its behalf by:



P M Maton, Trustee

The notes form part of these financial statements

Notes to the Financial Statements for the year ended 31st Dec 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

British Association for Music Therapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transactional value unless otherwise stated in the relevant accounting policy.

The financial statements have been prepared in sterling, the functional currency of the charity, and monetary amounts in these financial statements have been rounded to the nearest £.

Going Concern

The trustees consider that there are no material uncertainties around the charity's ability to continue as a going concern. The trustees have considered the level of funds held and expected level of income and expenditure for 12 months from authorising these financial statements and have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees therefore consider it appropriate to prepare the accounts on the going concern basis given the charitable operations, current projections and historic performance.

Legal status of the Charity

The charity is a company limited by guarantee (incorporated in England and Wales) and has no share capital. Its registered office and head office addresses are listed on page 3 of these financial statements.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these
financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and
Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows;
- the requirement of paragraph 3.17(d);
- the requirements of paragraphs 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
- the requirements of paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;
- the requirement of paragraph 33.7

Income
Items of income are recognised and included in the accounts when all of the following criteria are met:

- The charity or its subsidiary have entitlement to the funds;
- Any performance conditions attached to the items of income have been met or are fully within the control of the charity or its subsidiary; and
- There is sufficient certainty that receipt of the income is considered probable and measured reliably.

Specific accounting policies for income recognition are as follows:

Donations, gifts and legacies
All monetary donations, gifts and legacies are credited to the income and expenditure account in the period of receipt. Donations under Gift Aid together with the associated income tax recoveries are credited to the income and expenditure account when the donations are received.

Income
Charitable activities
Incoming resources from charitable activities are accounted for when earned.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but are not accrued as expenditure.

Tangible fixed assets
Tangible fixed assets are stated at historical cost less accumulated depreciation less any accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings - 15% on cost
Computer equipment - 25% on reducing balance

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors
Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand
Cash is represented by deposits with financial institutions repayable without penalty on notice of not more than 24 hours.

Creditors
Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Creditors are recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments
The charity only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities.

2. DONATIONS AND LEGACIES

	31.12.25 £	31.12.24 £
Donations	4,096	2,466
Gift Aid	388	368
Legacies	-	92,000
Total	**4,484**	**94,834**

3. INVESTMENT INCOME

	31.12.25 £	31.12.24 £
Deposit account interest	9,770	11,943

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.12.25 £	31.12.24 £
Journal income	Promotion of Music Therapy	2,077	1,961
Subscriptions	Promotion of Music Therapy	196,373	186,025
Conferences	Promotion of Music Therapy	-	107,338
Event income	Promotion of Music Therapy	705	737
National CPD Programme	Promotion of Music Therapy	15,352	12,950
NHSE Project	Promotion of Music Therapy	8,850	3,850
Job advertisement income	Promotion of Music Therapy	1,000	3,200
NI-DoE Project	Promotion of Music Therapy	22,000	-
		246,357	**316,061**

The charity hosts a conference every two years, the last conference was held in May 2024.

5. CHARITABLE ACTIVITIES COSTS

	Direct costs £	Grant funding of activities £	Support costs (see note 6) £	Totals £
Promotion of Music Therapy	282,652	5,000	3,570	291,222

6. SUPPORT COSTS

	Management £	Finance £	Governance £	Totals £
Promotion of Music Therapy	645	469	2,456	3,570

Support costs, included in the above, are as follows:

Management

	31.12.25 Promotion of Music Therapy £	31.12.24 Total Activities £
Trustee expenses	-	345
Meeting costs	645	688
Total	**645**	**1,033**

Finance

	31.12.25 Promotion of Music Therapy £	31.12.24 Total Activities £
Bank charges	309	350
Depreciation of tangible fixed assets	160	14
Total	**469**	**364**

Governance Costs

	31.12.25 Promotion of Music Therapy £	31.12.24 Total Activities £
Accountancy fees	2,456	2,754

7. NET INCOME (EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.25 £	31.12.24 £
Depreciation - owned assets	160	13
Independent examiner fees	1,520	1,470
Independent examiner fees - other accountancy services	936	1,284

8. TRUSTEES' REMUNERATION AND BENEFITS

There was no trustee's remuneration or other benefits for the year ended 31st December 2025 nor for the year ended 31st December 2024.

Trustees' expenses

In the prior year, trustee expenses, relating to travel costs, totalling £345 were paid to 2 trustees. There were no trustee expenses this year.

9. STAFF COSTS

	31.12.25 £	31.12.24 £
Wages and salaries	177,543	175,033
Social security costs	10,325	11,728
Other pension costs	11,403	10,449
Total	**199,271**	**197,210**

The average monthly number of employees during the year was as follows:

	31.12.25	31.12.24
Administration	1	1
Development	2	2
Operations	3	3
Total	**6**	**6**

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total Funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	94,834	-	94,834
Charitable activities			
Promotion of Music Therapy	316,061	-	316,061
Investment income	11,943	-	11,943
Total	**422,838**	**-**	**422,838**
EXPENDITURE ON			
Promotion of Music Therapy	402,185	300	402,485
Other	4	-	4
	402,189	**300**	**402,489**
NET INCOME/(EXPENDITURE)	20,649	(300)	20,349
RECONCILIATION OF FUNDS			
Total funds brought forward	327,774	45,536	373,310
TOTAL FUNDS CARRIED FORWARD	**348,423**	**45,236**	**393,659**

11. TANGIBLE FIXED ASSETS

	Computer equipment £
COST At 1st January 2025 and 31st December 2025	3,014
DEPRECIATION At 1st January 2025 Charge for year At 31st December 2025	 2,375 160 **2,535**
NET BOOK VALUE At 31st December 2025 At 31st December 2024	 479 639

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.25 £	31.12.24 £
Trade debtors	-	360
Other debtors	592	1,620
VAT	281	-
	873	**1,980**

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.25 £	31.12.24 £
Trade creditors	141	501
VAT	-	302
Other creditors	392	2,720
Accruals and deferred income	1,946	4,197
Total	**2,479**	**7,720**

Within accruals and deferred income, deferred income amounts to £239 (2024 - £1,105). The deferred income in 2025 relates to 2026 subscription fees. In the year £1,105 was released into revenue in the Statement of Financial Activities (2024 - £22,946).

14. MOVEMENT IN FUNDS

	At 1.1.25 £	Net movement in funds £	At 31.12.25 £
Unrestricted funds			
General fund	313,085	(17,007)	296,078
Designated fund	35,338	(13,539)	21,799
Total	**348,423**	**(30,546)**	**317,877**
Restricted funds			
Guildford Academic Associates Music Therapy Fund	25,393	-	25,393
Juliet Alvin Music Therapy Fund - General	15,465	-	15,465
Juliet Alvin Music Therapy Fund - Scholarship Fund	65	(65)	-
Juliet Alvin Music Therapy Fund - Research Fund	4,313	-	4,313
Total	**45,236**	**(65)**	**45,171**
TOTAL FUNDS	**393,659**	**(30,611)**	**363,048**

14. MOVEMENT IN FUNDS - Continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	245,259	(262,266)	(17,007)
Designated fund	15,352	(28,891)	(13,539)
Total	**260,611**	**(291,157)**	**(30,546)**
Restricted funds			
Juliet Alvin Music Therapy Fund - Scholarship Fund	-	(65)	(65)
Total			
TOTAL FUNDS	**260,611**	**(291,222)**	**(30,611)**

Comparatives for movement in funds

	At 1.1.24 £	Net movement in funds £	At 31.12.24 £
Unrestricted funds	**327,774**	**20,649**	**348,423**
Restricted funds			
Guildford Academic Associates Music Therapy Fund	25,393	-	25,393
Juliet Alvin Music Therapy Fund - General	15,465	-	15,465
Juliet Alvin Music Therapy Fund - Scholarship Fund	365	(300)	65
Juliet Alvin Music Therapy Fund - Research Fund	4,313	-	4,313
Total	**45,536**	**(300)**	**45,236**
TOTAL FUNDS	**373,310**	**20,349**	**393,659**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	**422,838**	**(402,189)**	**20,649**
Restricted funds Juliet Alvin Music Therapy Fund - Scholarship Fund	-	(300)	(300)
TOTAL FUNDS	**422,838**	**(402,489)**	**20,349**

Movement in funds - continued

Designated funds
The designated funds comprise accumulated conference surpluses to be used for CPD activities, and funds for projects supporting the provision of Music Therapy.

Guildford Academic Associates Music Therapy Fund
Donations totalling £25,000 from Guildford Academic Associates established a fund of money from which to make grants to support Music Therapists on recognised trainings.

Juliet Alvin Music Therapy Funds
The funds were established by a Deed of Trust in 1984 in memory of the late Juliet Alvin who founded the first Music Therapy training programme in the UK in 1968 at the Guildhall School of Music and Drama. The Trust is administered through BAMT but does not allow administration costs to be drawn from the fund itself.

There are three sub-funds:
- Scholarship fund
- Research fund
- General fund

The scholarship fund is to be used to provide student grants to Music Therapy trainees from Guildhall School of Music and Drama.

The research fund can be used to support Music Therapists undertaking research at any recognised Higher Education Institution.

The general fund is available to be used to support the purposes of the fund at the discretion of the trustees.

15. OTHER FINANCIAL COMMITMENTS

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions are reflected in expenditure on the same basis as an individual's salary allocation.

The charge to the Statement of Financial Activities in respect of defined contribution schemes was £11,403 (2024 - £10,449).

At the year end all commitments have been paid over to the independent administered fund. An amount of £1,615 was outstanding in the prior year, this has been paid in full.

16. RELATED PARTY DISCLOSURES
An amount of £5,590 was paid to P Rogers (2024 - £2,930), a trustee, for providing safeguarding training courses in the year.
These transactions have been reviewed and were considered reasonable.

Detailed Statement of Financial Activities for the year ended 31st Dec 2025

INCOME AND ENDOWMENTS	31.12.25 £	31.12.24 £
Donations and legacies		
Donations	4,096	2,466
Gift aid	388	368
Legacies	-	92,000
Total:	**4,484**	**94,834**
Investment income		
Deposit account interest	9,770	11,943
Charitable activities		
Journal income	2,077	1,961
Subscriptions	196,373	186,025
Conferences	-	107,338
Event income	705	737
National CPD Programme	15,352	12,950
NHSE Project	8,850	3,850
Job Advertisement income	1,000	3,200
NI-DoE Project	22,000	-
Total:	**246,357**	**316,061**
Total incoming resources	**260,611**	**422,838**
EXPENDITURE		
Charitable activities		
Salaries	177,543	175,033
Social security	10,325	11,728
Pensions	11,403	10,449
Office costs	12,230	8,843
Website maintenance costs	3,899	4,615
Journal costs	21,025	30,907
Marketing and publicity	459	766
Regional events	2,549	1,980
Subscription costs	2,364	2,674
AHP rewards	592	618
Consultancy Fees	-	4,500
Training and education costs	531	697
Conference costs	-	116,723
EDI Project	-	1,496
Mentor for Chair	-	30
National CPD Programme	6,742	4,602
NQMT Training	17,741	15,453
Carried forward	267,403	391,114

BRITISH ASSOCIATION FOR MUSIC THERAPY

Detailed Statement of Financial Activities for the year ended 31st December 2025

	31.12.25 £	31.12.24 £
Charitable activities		
Brought forward	267,403	391,114
Music & drama expo costs	-	1,106
EMTC meeting costs	653	492
Supervision Work Group	-	922
NI-DoE Project	14,596	
Student grants	5,000	4,700
Total:	**287,652**	**398,334**
Other		
Interest Payable	-	4
Support costs		
Management		
Trustee expenses	-	345
Meeting costs	645	688
Total:	**645**	**1,033**
Finance		
Bank charges	309	350
Computer equipment	160	14
Total:	**469**	**364**
Governance costs		
Accountancy fees	**2,456**	**2,754**
Total resources expended	**291,222**	**402,489**
Net (expenditure)/income	**(30,611)**	**20,349**