Company no. 05879576
Charity no. 1137797

Knowle West Health Park Company

Report and Unaudited Financial Statements

31 March 2026

Knowle West Health Park Company

Reference and administrative details

For the year ended 31 March 2026

Charity number	1137797
Company no.	05879576
Registered office	5 Knowle West Health Park, Downton Road Knowle Bristol BS4 1WH
Trustees	The trustees who served during the year and up to the date of this report were as follows:

Gaynor Elizabeth Brooke	
Michael Deane	Resigned 20 October 2025
Andrea Finney	
Robert Havard	Appointed 20 October 2025
Louise Parkes	Appointed 20 October 2025
Paul David Wheeler	

Secretary	Heather Williams
Chief executive officer	Heather Williams

Bankers	Unity Trust 9 Brindleyplace Birmingham B1 2HB	Flagstone 1st Floor Clareville House 26-27 Oxendon Street London SW1Y 4EL

Independent examiners	Godfrey Wilson Limited Chartered accountants and statutory auditors 2nd Floor - South One Castle Park Tower Hill Bristol BS2 0JA

Knowle West Health Park Company

Report of the trustees

For the year ended 31 March 2026

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2019).

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2026 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 01 January 2015).

Objectives and Activities

Purposes and Aims

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in south Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality across South Bristol. The majority of services are offered to adults but community events are open to all members of the community, including children, young people, adults and older people.

The residents of Filwood ward and some other wards in South Bristol, experience significant health inequalities compared to citywide averages. Health inequalities are often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the BCC ward profile details the difference between different wards of the city, and in these statistics, South Bristol is shown as having significant health needs compared to other parts of the city.

Bristol has 30 LSOAs in the most deprived 10% areas in England for Multiple Deprivation in 2025 (was 41 LSOAs in 2019). 9 of the 10 most deprived LSOA neighbourhoods in Bristol are in South Bristol. At ward level, the greatest levels of deprivation in Bristol are in Hartcliffe & Withywood, Lawrence Hill and Filwood wards, the same as in 2019 (and 2015). Looking specifically at change in the most deprived neighbourhoods - 8 of Bristol's most deprived neighbourhoods are relatively more deprived in 2025 than in 2019. (BCC Deprivation in Bristol report 2025).

As an example, we are based in the Filwood ward which is the third most deprived ward in Bristol and has a population of 14,615, this includes a significantly high percentage of 0–24 year olds in comparison to Bristol. Both male and female life expectancy is below the Bristol average, overall. This premature mortality is mainly due to cancer, cardiovascular disease, and respiratory disease, all of which are preventable and Filwood is the 4th highest premature mortality (Ward Profile stats for 2024). The rate of both premature deaths due to cancer and respiratory disease has risen but is still above the Bristol average.

The impact of health inequalities refer to the systematic, unfair and preventable differences in health outcome. They are caused by the conditions in which we are born, live, work and grow. These conditions influence how we think, feel and act and can affect both our physical and mental health and wellbeing.

As an organisation Knowle West Health Park takes into account these factors when working with the communities to plan what we deliver and it is important that we fully understand our communities and populations in order to tackle health inequalities and improve outcomes.

Knowle West Health Park Company's activities fall into four main categories, as follows;

<u>The provision of services and activities, which are likely to improve health and wellbeing</u>
General health promotion and illness prevention are the foundations for all of KWHPC's work. The focus of our services is on reducing the likelihood of ill health to individuals and the broader community, as well as enabling people to recover better after periods of ill health. The promotion of health and wellbeing informs every activity in which KWHPC is engaged and remains an ethical imperative in every interaction with service users, focusing as it does on the individual as well as their local networks and neighbours.

A summary of services delivered by Knowle West Health Park to meet local needs would include:

- Exercise groups for adults including walking groups, strength and balance, gentle exercise, Tai Chi and other physical exercise groups during the year;
- One to one support/ goal setting to improve wellbeing ;
- Support for community groups;
- Supporting the Somali Women's Group;
- Pop up café;
- Peer support groups;
- Circus skills;
- Art on referral groups;
- Lip-reading classes;
- Healthy Eating;
- Community engagement and development;
- Social prescribing;
- Community Connectors; and
- Community events-including Celebrating Age, International Women's day, Dog Show and summer fun day.

Facilitating, commissioning and supporting the delivery of specialist services likely to improve health and wellbeing

In addition to the services directly provided by KWHPC, a major element of the Company's work is to bring onto the Health Park, other specialist services with the specific expertise and resources to address key health issues in South Bristol. Fundraising to commission such services remain a key part of the Company's work and continues to sustain the effective partnership approach built up over the years.

A summary of services the Charity has brought onto the Health Park to meet local needs in the last year would include:

- One to one counselling for adults & children;
- Play therapy;
- Activity sessions;
- Educational groups;
- Women's group;
- Music therapy;
- Health Interventions;
- Housing advice;
- Centre for the Deaf and Hard of Hearing;
- Mental health advice; and
- Wellbeing sessions.

Involving and promoting the opinions, needs and aspirations of local people in the development and delivery of health and social services in South Bristol

Working from an Asset Based Community Development approach, the company prioritises co-production encouraging the direct involvement of local people in the development and delivery of its activities. Continuing to promote community involvement and reflecting local opinion is a priority in enabling the local community to develop new ways of sustaining their own health and wellbeing. We have been working with Bristol City Council to embed asset based community development into our working practice. The Health Park team have been working alongside other community groups across South Bristol to develop strategic working practices that benefit the local community. The Health Park has been developing Partnership working with other local organisations to share resources and increase the support for the local community.

Promoting the development and profile of the Health Park as a location for community-led, relevant, effective and innovative health services and activities

The Health Park has a key part to play in changing the health profile of Knowle West and surrounding areas. Local delivery targeting local need has been proven to be an effective model and KWHPC will play an important part in ensuring this continues and this has led us to taking on the role of VCSE partner for South Bristol Locality Partnership.

More recently we have been working with Hartcliffe and Withywood Community Partnership to deliver activities that will build the self determination of our local communities.

The KWHPC staff team work hard to ensure that the Health Park remains a key local amenity, relevant to local need and working to bring the best possible range of services to the residents of south Bristol. In the last year KWHPC have continued to engage with NHS Property Services and the BNSSG estates review to look at the continued viability of the Health Park site as a venue to deliver cost effective services.

As part of this commitment, we are founding members of the Knowle West Alliance. A group of local charities and residents who are working together to strengthen our own individual organisations ability to achieve success and contribute to a thriving neighbourhood and community sector in Knowle West. We are also active steering group members of the VCSE Alliance, advocating for the VCSE sector across the BNSSG area.

Charity Governance Code
Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's vision.

Financial Review
Knowle West Health Park Company ends the year with a deficit of £99,725 (2025: deficit £103,422). Which includes a restricted deficit of £97,906 (2025: deficit £116,457), and an unrestricted deficit of £1,819 (2025: surplus £13,035). Aside from our main projects we have received small pots of funding from Trusts to deliver one off projects. The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding. The Board are committed to delivering activities that are well used and offer the opportunity for behavioural change. We are working towards activities becoming cost neutral where possible without making them inaccessible. We are working to invite new organisations to use the centre. One of the main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of different projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs. The finances are reviewed regularly at an operational and governance level. We are in the process of setting up a new CRM database, Charity Log, this will enable us to monitor all activities and outcomes that will lead to robust data and opportunities to increase funding.

Principal Funding Sources
In the year 2025-26 our funding sources included Bristol City Council, South Bristol Locality Partnership, SWIFT PCN, Sirona, Wesport, St Monica Trust, Feeding Bristol, BNSSG, John James, Age UK and Voscur.

Investment Policy
KWHPC investment objectives is to achieve growth and income. We aim to generate sustainable returns that allow us to achieve our charitable objectives while protecting the capital value of our investments.

Reserves Policy
KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £113,000 (for the year 2025-26). Free reserves as at 31 March 2026 are £267,412.

Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development. Having previously held a PQASSO Quality Assurance Mark we are in the process of investigating the Improving Quality scheme managed by Community Matters.

Plans for Future Periods

Our current Strategic Plan was reviewed and will be signed off in 26/27. Our service delivery model for this Strategic Plan takes a Community Education and Engagement approach to public health and wellbeing. It prioritises making a difference to individuals and building resilience in the community. It involves several components.

The key aims and activities of our Strategic Plan:

- To know who is using our services and identify under-served groups in the community;
- To work together to build a strong, healthy community that supports everyone to achieve wellness;
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol; and
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- Operational performance ;
- Achievements of aims and objectives; and
- Meeting expectations of stakeholders.

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

At Board level we would like the majority of places to be occupied by residents of Knowle West and south Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company. However, since COVID some of the Trustees have decided to reevaluate their volunteering and step down. We have now recruited several new Board members from South Bristol who are in the process of induction and training. We are always actively recruiting for new members.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Independent examiners
Godfrey Wilson Limited were appointed as independent examiners to the charity during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 19 October 2026 and signed on their behalf by

Paul Wheeler

Mr Paul Wheeler - Chair

Independent examiner's report

To the trustees of

Knowle West Health Park Company

I report to the trustees on my examination of the accounts of Knowle West Health Park Company (the charitable company) for the year ended 31 March 2026, which are set out on pages 10 to 22.

Responsibilities and basis of report
As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
(2) the accounts do not accord with those records; or
(3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
(4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Dickinson

Date: 19 October 2026
Jennifer Dickinson ACA
Member of the ICAEW
Godfrey Wilson Limited
Chartered accountants and statutory auditors
2nd Floor - South
One Castle Park
Tower Hill
Bristol
BS2 0JA

Knowle West Health Park Company

Statement of financial activities *(incorporating an income and expenditure account)*

For the year ended 31 March 2026

	Note	Restricted £	Unrestricted £	**2026 Total £**	Restated 2025 Total £
Income from:					
Donations	3	4,103	22,675	**26,778**	25,728
Charitable activities	4	382,585	30,000	**412,585**	456,034
Investments		-	8,041	**8,041**	4,310
Other trading		-	19,891	**19,891**	17,143
Total income		386,688	80,607	**467,295**	503,215
Expenditure on:					
Raising funds		-	39,030	**39,030**	25,647
Charitable activities		484,594	43,396	**527,990**	580,990
Total expenditure	6	484,594	82,426	**567,020**	606,637
Net expenditure and net movement in funds	7	(97,906)	(1,819)	**(99,725)**	(103,422)
Reconciliation of funds:					
Total funds brought forward		197,055	269,231	**466,286**	569,708
Total funds carried forward		99,149	267,412	**366,561**	466,286

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the accounts.

Prior period income and expenditure have been reclassified to reflect the requirements of the Charities SORP (FRS 102) and to be comparable with the current year. The restatements are purely reclassifications of income and expenditure and do not affect net income. See note 2 for more detail.

Knowle West Health Park Company

Balance sheet

As at 31 March 2026

	Note	£	2026 £	Restated 2025 £
Current assets				
Debtors	10	**18,595**		16,954
Current asset investments	11	**157,688**		50,000
Cash at bank and in hand		**209,659**		409,729
		385,942		476,683
Liabilities				
Creditors: amounts falling due within 1 year	12	**(19,381)**		(10,397)
Net current assets			**366,561**	466,286
Net assets	13		**366,561**	466,286
Funds	14			
Restricted funds			**99,149**	197,055
Unrestricted funds				
Designated funds			**162,971**	176,000
General funds			**104,441**	93,231
Total charity funds			**366,561**	466,286

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

(i) ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 19 October 2026 and signed on their behalf by

Paul Wheeler

Mr Paul Wheeler - Chair

1. Accounting policies

a) General information and basis of preparation

Knowle West Health Park is a charitable company organisation registered in England and Wales. The registered office address is 5 Knowle West Health Park, Downton Road, Knowle, Bristol, BS4 1WH.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Knowle West Health Park Company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves and confirmed future funding. There are no material uncertainties about the charity's ability to continue as a going concern.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of provision of services is deferred until criteria for income recognition are met.

d) Funds accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds are unrestricted earmarks by the trustees for particular purposes. Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

e) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1. Accounting policies (continued)

f) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities on the following basis:

	2026	2025
Fundraising	**6.9%**	4.2%
Charitable activities	**93.1%**	95.8%

g) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

h) Current asset investments

Current asset investments consist of balances held on short term deposit in interest bearing accounts, with a maturity date between 3 and 12 months.

i) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k) Pension costs

The charity operates a defined contribution pension scheme for its employees with Aegon. The company follows government guideline and currently contributes 4% into employees pensions. There are no further liabilities other than that already recognised in the SOFA.

1. Accounting policies (continued)

l) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no significant accounting estimates or judgements present in the current or prior period of accounts.

2. Prior period comparatives: statement of financial activities

	Restricted £	Unrestricted £	Restated 2025 Total £
Income from:			
Donations	3,273	22,455	25,728
Charitable activities	418,865	37,169	456,034
Investment income	-	4,310	4,310
Other trading	-	17,143	17,143
Total income	422,138	81,077	503,215
Expenditure on:			
Raising funds	-	25,647	25,647
Charitable activities	538,595	42,395	580,990
Total expenditure	538,595	68,042	606,637
Net income / (expenditure) and net movement in funds	(116,457)	13,035	(103,422)

Prior period income from donations has been reclassified to better reflect the nature of grant income, to be comparable with the current year. Freely given donations income and grants for core purposes have been included in income from donations, whilst grants with specific restrictions have been included in charitable activities. In addition, income and expenditure have been restated to move the small employers NI allowance against expenditure rather than income.

3. Income from donations

	Restricted £	Unrestricted £	**2026 Total £**
Donations	4,103	18,896	**22,999**
Grants	-	3,779	**3,779**
Total income from donations	**4,103**	**22,675**	**26,778**

Prior period comparative

	Restricted £	Unrestricted £	Restated 2025 Total £
Donations	3,273	7,382	10,655
Grants	-	15,073	15,073
Total income from donations	3,273	22,455	25,728

4. Income from charitable activities

	Restricted £	Unrestricted £	**2026 £**
Grants > £5k			
Quartet	46,071	-	**46,071**
St Monica	32,638	-	**32,638**
Age UK Bristol	35,838	-	**35,838**
Bristol City Council	30,170	-	**30,170**
Sirona Care & Health	74,958	30,000	**104,958**
Swift PCN	155,758	-	**155,758**
Grants < £5k	7,152	-	**7,152**
Total income from charitable activities	**382,585**	**30,000**	**412,585**

4. Income from charitable activities (continued)

Prior period comparative

	Restricted £	Unrestricted £	Restated 2025 Total £
Grants > £5k			
St Monica	31,998	-	31,998
Age UK Bristol	30,346	-	30,346
Bristol City Council	50,061	-	50,061
Sirona Care & Health	154,489	36,500	190,989
Swift PCN	137,181	669	137,850
BNSSG Integrated Care Board	8,600	-	8,600
Grants < £5k	6,190	-	6,190
	418,865	37,169	456,034

5. Government grants

The charity receives government grants, defined as funding from Bristol City Council to fund charitable activities. The total value of such grants in the period ending 31 March 2026 was £30,170 (2025: £56,061). There are no unfulfilled conditions or contingencies attaching to these grants in 2025/26.

6. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	**2026 Total £**
Advertising and promotional	3,019	-	-	**3,019**
Salaries (note 8)	27,458	286,019	52,627	**366,104**
Other staff costs	-	-	8,244	**8,244**
Sub contractor costs	-	79,816	-	**79,816**
Sessional worker costs	-	23,786	-	**23,786**
Project costs	-	22,658	-	**22,658**
Rent and rates	-	-	26,075	**26,075**
Office costs	-	-	16,719	**16,719**
Equipment and repairs	-	-	9,375	**9,375**
Subscriptions	-	-	3,988	**3,988**
Professional fees	-	-	3,508	**3,508**
Governance	-	-	3,728	**3,728**
Sub-total	30,477	412,279	124,264	**567,020**
Allocation of support and	8,553	115,711	(124,264)	**-**
Total expenditure	**39,030**	**527,990**	**-**	**567,020**

6. Total expenditure (continued)

Prior period comparative

	Raising funds £	Charitable activities £	Support and governance costs £	Restated 2025 Total £
Advertising and promotional	5,011	-	-	5,011
Salaries (note 8)	16,307	289,441	40,766	346,514
Other staff costs	-	-	8,418	8,418
Sub contractor costs	-	160,372	-	160,372
Sessional worker costs	-	20,096	-	20,096
Project costs	-	13,020	-	13,020
Rent and rates	-	-	26,075	26,075
Office costs	-	-	16,353	16,353
Equipment and repairs	-	-	4,188	4,188
Subscriptions	-	-	3,203	3,203
Professional fees	-	-	1,379	1,379
Governance	-	-	2,008	2,008
Sub-total	21,318	482,929	102,390	606,637
Allocation of support and governance costs	4,329	98,061	(102,390)	-
Total expenditure	25,647	580,990	-	606,637

7. Net movement in funds

This is stated after charging:

	2026	2025
	£	£
Trustees' remuneration	**Nil**	Nil
Trustees' reimbursed expenses	**Nil**	Nil
Independent examiners' remuneration:		
▪ Independent examination (excluding VAT)	**2,500**	1,740

In common with other charities of our size and nature we use our examiners to assist with the preparation of the financial statements.

8. Staff costs and numbers

Staff costs were as follows:

	2026	2025
	£	£
Salaries and wages	**321,601**	308,737
Social security costs	**26,965**	20,137
Pension costs	**8,860**	9,137
Freelance staff	**8,678**	8,503
	366,104	346,514

No employee earned more than £60,000 during the current or prior period.

The key management personnel of the charity comprise the Trustees, the Chief Executive Officer, and the Operations Manager. The total employee benefits of the key management personnel were £90,073 (2025: £85,360).

	2026	2025
	No.	No.
Average head count	**15**	14

9. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Debtors

	2026	2025
	£	£
Trade debtors	**17,488**	15,219
Prepayments	**957**	1,520
Other debtors	**150**	150
PAYE control	**-**	65
	18,595	16,954

11. Current asset investments

	2026	Restated 2025
	£	£
Short term deposits	**157,688**	50,000

Prior year current asset investments has been reclassified to represent funds held at the year end with a maturity date between 3 and 12 months.

12. Creditors : amounts due within 1 year

	2026	2025
	£	£
Trade creditors	**7,672**	8,290
Accruals	**3,000**	1,740
Other creditors	**459**	367
Other taxation and social security	**8,250**	-
	19,381	10,397

13. Analysis of net assets between funds

	Restricted funds £	Designated funds £	General funds £	**Total funds £**
Current assets	99,149	162,971	123,822	**385,942**
Current liabilities	-	-	(19,381)	**(19,381)**
Net assets at 31 March 2026	**99,149**	**162,971**	**104,441**	**366,561**

Prior period comparative	Restricted funds £	Designated funds £	General funds £	Total funds £
Current assets	197,055	176,000	103,628	476,683
Current liabilities	-	-	(10,397)	(10,397)
Net assets at 31 March 2025	197,055	176,000	93,231	466,286

14. Movements in funds

	At 1 April 2025 £	Income £	Expenditure £	Transfers £	**At 31 March 2026 £**
Restricted funds					
Swift	-	155,758	(155,758)	-	**-**
Sirona Community Connectors	4,362	74,958	(78,320)	-	**1,000**
Sirona Community Anchor Organisation	4,262	-	(762)	-	**3,500**
Going home Service - Age UK	5,654	35,838	(41,492)	-	**-**
Bristol Impact Fund 2	-	30,170	(30,170)		**-**
Bristol City Council Community Clinically Extremely Vulnerable	68,979	551	(49,530)	-	**20,000**
BCC Community Asset Management	12,583	-	(11,583)	-	**1,000**
One Love Hub	3,889	-	(3,889)	-	**-**
Community Development for Older People	13,438	33,927	(25,965)	-	**21,400**
Community Resilience	75,528	47,931	(78,292)	-	**45,167**
Feeding Bristol	2,559	-	(2,559)	-	**-**
Fun and Fab	3,044	5,687	(4,009)	-	**4,722**
Man Alive	2,757	1,868	(2,265)	-	**2,360**
Total restricted funds	197,055	386,688	(484,594)	**-**	**99,149**
Unrestricted funds					
Designated funds:					
Redundancy Reserve	63,000	-	-	(13,029)	**49,971**
Reserves for Running Costs	113,000	-	-	-	**113,000**
Total designated funds	176,000	-	-	(13,029)	**162,971**
General funds	93,231	80,607	(82,426)	13,029	**104,441**
Total unrestricted funds	269,231	80,607	(82,426)	-	**267,412**
Total funds	**466,286**	**467,295**	**(567,020)**	**-**	**366,561**

Purpose of restricted funds

Swift

This funding supports the delivery of Social Prescribing for SWIFT Primary Care Network.

Sirona Community Connectors

This fund enables the delivery of community connection for isolated residents.

14. Movements in funds (continued)

Purposes of restricted funds (continued)

Sirona Community Anchor Organisation
This funding supports 8 Community Organisations across South Bristol to work with South Bristol Locality Partnership.

Going home Service - Age UK
This project supports vulnerable people to connect with their community following a hospital stay.

Bristol Impact Fund 2
This funding supports the building of resilience and capacity of Knowle West residents.

Bristol City Council Community Clinically Extremely Vulnerable
This funding is to support the most clinically vulnerable residents back into the community.

BCC Community Asset Management
To enable sustainable access to community assets.

One Love Hub
A grant to support women's health.

Community Development for Older People
This grant is from St Monica's Trust and is to be used towards the funding of an Older Persons Community Development Worker.

Community Resilience
This is Bristol City Council funding to support building community resilience across Hartcliffe, Withywood and Knowle West over 2 years.

Feeding Bristol
A grant to help tackle food insecurity in the community.

Fun and Fab
This fund provides access to weekly activities, trips and talks to help reach achievable goals.

Man Alive
This project supports men who live in the local community to engage in and improve their health and wellbeing through a variety of co-produced activities.

Purposes of designated funds

Redundancy Reserve
Represents the costs of statutory redundancy for all current employees.

Reserves for Running Costs
Represents 3 months operating costs held by the charity under its reserves policy.

14. Movements in funds (continued)

Prior year comparative

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	Restated At 31 March 2025 £
Restricted funds					
Swift	-	137,181	(137,181)	-	-
Sirona Com con	22,530	132,489	(150,657)	-	4,362
Sirona CAO	15,000	22,000	(32,738)	-	4,262
Going home Service - Age UK	15,173	30,346	(39,865)	-	5,654
BIF 2	-	28,771	(28,771)	-	-
BCC CEV	155,875	-	(86,896)	-	68,979
BCC Community Asset Management	-	21,290	(8,707)	-	12,583
One Love Hub	-	8,600	(4,711)	-	3,889
Community Dev. For Older People	8,000	31,998	(26,560)	-	13,438
Community Resilience	92,280	-	(16,752)	-	75,528
Feed Bristol	-	3,630	(1,071)	-	2,559
Fun and Fab	1,819	4,493	(3,268)	-	3,044
Man Alive	2,835	1,340	(1,418)	-	2,757
Total restricted funds	313,512	422,138	(538,595)	-	197,055
Unrestricted funds					
Designated funds:					
Redundancy reserve	59,000	-	-	4,000	63,000
Reserves for running costs	100,000	-	-	13,000	113,000
Total designated funds	159,000	-	-	17,000	176,000
General funds	97,196	81,077	(68,042)	(17,000)	93,231
Total unrestricted funds	256,196	81,077	(68,042)	-	269,231
Total funds	569,708	503,215	(606,637)	-	466,286

15. Related party transactions

There were no related party transactions in the current or prior period.