REGISTERED CHARITY NUMBER: 1136569

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

FOR

TAMWORTH WELLBEING CANCER SUPPORT CENTRE

Harlow's Accountancy Limited
93 Brambling
Wilnecote
Tamworth
Staffordshire
B77 5PG

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FOR THE YEAR ENDED 31 MARCH 2026

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TAMWORTH WELLBEING CANCER SUPPORT CENTRE

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2026

TRUSTEES	Mrs C Tibbles Mrs J Fallon Mrs J Taylor Mr S Beech (appointed 6/5/2025) Mr A Bell (resigned 10/12/2025)
REGISTERED OFFICE	44 Craven Stonydelph Tamworth Staffordshire B77 4HH
REGISTERED CHARITY NUMBER	1136569
INDEPENDENT EXAMINER	Harlow's Accountancy Limited 93 Brambling Wilnecote Tamworth Staffordshire B77 5PG

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2026

The trustees present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Reserves policy

The residual income is reviewed annually and a balance kept of restricted and unrestricted funds, being set aside to provide financial stability and enable the charity to continue its vision.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

MANAGEMENT

Adrian Bell continued as Chairman of the Charity until he resigned in December and at the next meeting Cathy Tibbles was elected as Chair of Trustees. Thanks are given to Adrian Bell for the valuable work he undertook whilst Chairman, including regularly visiting the Male Support Group. The Trustees have been pleased to welcome Sam Beech to the team, joining us in May 2025, bringing valuable event experience, safety and management knowledge. The work of the charity continues to build on skills of our Charity Manager who is ably supported by the trustees who attend the Centre during the opening hours, in addition to regular meetings. The focus remains to continue the work of ensuring financial stability, service to clients, sound practices and enhanced building management/improvement.

The Charity was delighted in November 2025 to be announced as a recipient of The King's Award for Voluntary Service. This accolade gives due recognition to the efficient and dedicated work of the charity to run the Centre in Tamworth, managed by Charity Manager, Paula Da-Silva. The success followed a period of intense scrutiny and assessment before being approved by His Majesty the King. The Award is widely recognised as the equivalent as an MBE and is conferred on the charity as a whole. What an incredibly proud and humbling achievement for every amazing volunteer who helps in so many ways to support clients at the Centre. The excitement of planning a celebration event for the presentation of the award to the team would take us into spring 2026.

OBJECTIVES AND ACTIVITIES

The Charity continues to enjoy the support of a dedicated team of volunteers who work with our clients in helping them bridge the gap between clinical and home environments. These activities are led by Paula Da Silva, the Charity Manager and we recognise the wider role of both managing the charity, its' public profile and the actual Centre building. We continue to help clients, not only with cancer but also with a range of chronic conditions and illnesses in order to give them support and to promote wellbeing, to help them and their families through difficult times.

Public Benefit

The trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, "Charities and Public Benefit".

MISSION, VALUES AND OBJECTS

Mission

To be recognised as the community's Centre of choice in Tamworth and the wider Midlands for wellbeing and complementary support for those who are diagnosed with or are suffering from cancer or serious illness.

Values

- The needs of clients are our top priority, and we make sure that all our resources are used to make the difference for them
- We are compassionate and make everyone feel welcome
- We see every person as a whole, made up of mind, body, spirit and emotions
- We respect each person and their uniqueness
- We aim for best practice in our services
- We are open and trustworthy
- We work in a collaborative way with our clients, their families, each other, our supporting partners and healthcare professionals
- We are professional and respect confidences

Objects

- Support people, young and old, and their families, in their needs while coping with cancer and other illnesses in the family
- Provide listening and support services that complement medical services
- Help people find information and other services, and so encourage self-sufficiency
- Promote wellbeing of the person and family through diet, exercise, fun activities and complementary therapies

ACHIEVEMENTS AND PERFORMANCE

The charity continued to participate in a variety of community events where the services of the Centre can be promoted and explained to people in attendance. Our team understand the need to protect those clients who may have a vulnerable immune system and great care is taken to maintain a clean and safe environment. We have the ability to react quickly to changing circumstances and the creative use of shared resources and equipment remains a priority. The trustees took measures during the year to appoint a second member of staff, initially on a temporary basis. However, the work of Lisa Mitchell as our Administrative Assistant very quickly proved to be invaluable. The contract was made permanent and there has been a clear benefit to the charity providing greater flexibility and enhanced systems/recording.

The Centre has successfully been granted small funding support and three local businesses have helped by providing us with new equipment (furniture, kitchen equipment, better safety equipment and professional inspections) all of which have enhanced the operation of the building, and importantly, it has been done without increasing our overheads or operating costs. Responsibility for managing the maintenance costs of the building remains a concern with future tenure not being as clear as the management would like it to be. We remain truly grateful for the practical help from the business community, which has included repairs of minor vandalism at the rear of the building and re-decorating internally to keep the building fresh and clean.

FUNDRAISING AND EVENTS 2025-26

The regular funding of the Centre continues to be a mix of monies raised through donations, many being on an ad hoc basis, from a variety of sources and the proceeds of successful and enjoyable (our own Variety Show, bingo nights and charity sporting events) fund raising events held at intervals each year. The local community respects the reputation that the charity has, and we are touched to often receive unsolicited donations, either in personal pledges or from a variety of businesses who learn of our services. When clients and volunteers share experiences about the help they have received from the charity, it can bring us unexpected financial support. Joe Lycett, our committed Charity Ambassador continues to be a great help to the Centre, supporting us both publicly and privately.

The extremely popular Annual Christmas Ball continues to build on the remarkable success of previous years, quickly being a complete sell-out again. Business sponsorship has continued and allows us to proceed with confidence to provide a celebration of all things that make the Centre team so incredible. Support for this event comes from people far and near which is very much becoming a traditional date in their diaries to start Christmas celebrations.

The Centre received a grant from Support Staffordshire to fund 3 months' rent that we pay to Tamworth Borough Council – this was most welcome in helping with our fixed overhead costs. With gratitude to a local proactive councillor, we were delighted to also benefit from a government capital funded scheme to purchase a completely new roof on the building, removing a worry on how to ensure the Centre remained operational.

Therapies continued to be offered by our growing team of calm and qualified professionals. Following a successful grant application, our monthly Meditation Group continues and provides a valuable opportunity to help clients find ways to reduce worry, stress or anxiety - the methods learned can be used at home to help clients make lifestyle changes. Our fortnightly gentle exercise continues to be popular and enjoyable – providing either seated yoga or seated exercise –helping clients to move and stretch at their own level, with full understanding by our instructor. Our established wellbeing activities continue to include Singing for Fun, craft activities, knit and natter, loans of jigsaws and books to help reduce home isolation. The monthly support groups at the Centre continue with a regular schedule of different sessions – for women with cancer, for men with cancer and for clients who endure long-term chronic pain.

We continue to promote the services of the charity to professional agencies and local organisations, on occasions using the paid services of a contractor to deliver talks and presentations for us. New clients continue to regularly come to us for support, some being signposted by medical professionals and others by responding to our social media presence or increasingly from knowing of our established reputation. Feedback is received with frequent expressions of appreciation for the unique service that we endeavour to provide through these difficult times. The Trustees remain proud that the Centre is a place where visitors leave in a different frame of mind to how they came in. The growing number of clients builds our confidence that we are successful in what we do and that we can develop and trial new activities to further enhance wellbeing.

The Trustees are receptive to new ideas that enhance potential opportunities for future development of services to clients and support to volunteers. The charity remains frugal with our expenditure, managing our outgoings carefully especially as we now have a duty of care to two staff. The support of the wider community is touching, and we are always grateful for monetary gifts and donations/gifts in kind that we receive. Our internet banking is successfully operating, and we now are able to take card payments at events when this is appropriate. We continue to maximise the potential for generating interest from our limited investment opportunity, ensuring that security and same day access to funds is ensured.

FINANCIAL REVIEW

Total incoming resources during the year was £117,828 (2025 £49,425) and total expenditure was £76,555 (2025 £55,797) resulting in a net surplus of £41,273 (2025 net expenditure of £6,372).

Approved by order of the board of trustees on 20th October 2026 and signed on its behalf by:



……..

Mrs C Tibbles – Chair of Trustees

Independent examiner's report to the trustees of Tamworth Wellbeing Cancer Support Centre
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2026.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Cole Harlow AAT

Harlow’s Accountancy Limited
93 Brambling
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West Midlands
B77 5PG

20 October 2026

TAMWORTH WELLBEING CANCER SUPPORT CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
Income and endowments from					
Donations and legacies	3	71,201	28,988	100,189	42,786
Charitable activities					
General	4	14,744	-	14,744	4,629
Investment income	5	2,895	-	2,895	2,010
Total		88,840	28,988	117,828	49,425
EXPENDITURE ON					
Charitable activities					
General		69,170	7,385	76,555	55,797
NET INCOME/(EXPENDITURE)		19,670	21,603	41,273	(6,372)
RECONCILIATION OF FUNDS					
Total funds brought forward		113,052	4,916	117,968	124,340
TOTAL FUNDS CARRIED FORWARD		132,722	26,519	159,241	117,968

The notes form part of these financial statements

TAMWORTH WELLBEING CANCER SUPPORT CENTRE

STATEMENT OF FINANCIAL POSITION
31 MARCH 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
FIXED ASSETS					
Tangible assets	9	3,453	25,558	29,011	3,127
CURRENT ASSETS					
Debtors	10	5,246	-	5,246	1,809
Cash at bank and in hand		126,406	1,675	128,081	116,473
		131,652	1,675	133,327	118,282
CREDITORS					
Amounts falling due within one year	11	(2,381)	(715)	(3,096)	(3,441)
NET CURRENT ASSETS		129,271	960	130,231	114,841
TOTAL ASSETS LESS CURRENT LIABILITIES		132,724	26,518	159,242	117,968
NET ASSETS		132,724	26,518	159,242	117,968
FUNDS	12				
Unrestricted funds				132,724	113,052
Restricted funds				26,518	4,916
TOTAL FUNDS				159,242	117,968

The financial statements were approved by the Board of Trustees and authorised for issue on 20 October 2026 and were signed on its behalf by:



Mrs C Tibbles - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2026

1. CHARITY INFORMATION

Tamworth Wellbeing Cancer Support Centre is an unincorporated charitable. The charitable company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
Income is recognised when the Association is legally entitled to it after any performance conditions have been met the amounts can be measured reliably, and it is probable that income will be received.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	25% on reducing balance
Leasehold Improvements	-	5% straight line

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Association.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated Goods

Donated goods are recognised at fair value with the corresponding amount being recognised as income in the period in which they are donated.

continued...

3. DONATIONS AND LEGACIES

	2026	2025
	£	£
Donations	100,189	42,786

4. INCOME FROM CHARITABLE ACTIVTIES

	2026	2025
	£	£
Fundraising events	14,744	4,629

5. INVESTMENT INCOME

	2026	2025
	£	£
Interest receivable	2,895	2,010

6. Independent Examiners' Remuneration

	2026	2025
	£	£
Fees payable to the charity's independent examiners for other services:		
Independent examination fees	1,100	1,000
Taxation compliance services	420	360

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2026	2025
Administration and support	2	1

No employees received emoluments in excess of £60,000.

continued...

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	37,669	5,117	42,786
Charitable activities			
Charitable Activities	4,629	-	4,629
Investment income	2,010	-	2,010
Total	44,308	5,117	49,425
EXPENDITURE ON			
Charitable activities			
General	54,700	1,097	55,797
NET INCOME/(EXPENDITURE)	(10,392)	4,020	(6,372)
RECONCILIATION OF FUNDS			
Total funds brought forward	123,444	896	124,340
TOTAL FUNDS CARRIED FORWARD	113,052	4,916	117,968

10. TANGIBLE FIXED ASSETS

	Improve-ments to leasehold £	Fixtures and fittings £	Totals £
Cost			
At 1 April 2025	-	14,720	14,720
Additions	25,920	2,024	27,944
At 31 March 2026	25,920	16,744	42,664
DEPRECIATION			
At 1 April 2025	-	11,593	11,593
Charge for year	1,080	980	2,060
At 31 March 2026	1,080	12,572	13,652
NET BOOK VALUE			
At 31 March 2026	24,840	4,171	29,011
At 31 March 2025	-	3,127	3,127

continued...

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Trade debtors	86	-
Prepayments and accrued income	5,160	1,809
	5,246	1,809

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Trade creditors	-	223
Social security and other taxes	502	377
Other creditors	279	192
Accruals and deferred income	2,315	2,649
	3,096	3,441

12. MOVEMENT IN FUNDS

	At 1/4/25	Net movement in funds	At 31/3/26
	£	£	£
Unrestricted funds			
General fund	113,052	19,670	132,722
Restricted funds			
Restricted	4,916	21,603	26,519
TOTAL FUNDS	117,968	41,273	159,241

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	88,840	(69,170)	19,670
Restricted funds			
Restricted funds	28,988	(7,385)	21,603
TOTAL FUNDS	117,828	(76,555)	41,273

continued...

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/24	Net movement in funds	At 31/3/25
Unrestricted fund	£	£	£
General fund	123,444	(10,392)	113,052
Restricted fund			
Restricted funds	896	4,020	4,916
TOTAL FUNDS	124,340	(6,372)	117,968

Comparative net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	44,308	(54,700)	(10,392)
Restricted fund			
Restricted funds	5,117	(1,097)	4,020
TOTAL FUNDS	49,425	(55,979)	(6,372)

14. EMPLOYEE BENEFIT OBLIGATIONS

During the year, the charity made pension contributions of £1,277 (2025:£1,101) to a defined contribution scheme.

As at 31 March 2026 there were £277 (2025: £192) of outstanding contributions.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.

TAMWORTH WELLBEING CANCER SUPPORT CENTRE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	2026 £	2025 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	100,189	42,786
Investment income		
Interest receivable	2,895	2,010
Charitable activities		
Fundraising events	14,744	4,629
Total incoming resources	117,828	49,425
EXPENDITURE		
Charitable activities		
Wages	35,638	27,520
Pensions	1,277	1,101
Fundraising	10,183	4,133
	47,098	32,754
Support costs		
Management		
Rent, rates and utilities	9,877	8,883
Cleaning and refuse collection	497	718
Telephone	930	98
Postage and stationery	732	1,231
Sundries	151	67
Building maintenance and repairs	4,149	1,709
Depreciation	2,060	1,043
	18,396	13,749
Finance		
Insurance	1,675	1,353
Bank charges	170	195
Legal and professional fees	6,386	5,708
Computer expenses	184	120
Subscriptions	1,126	558
	9,541	7,934
Governance costs		
Auditors remuneration for non audit work	1,520	1,360
Total Resources expended	76,555	55,797
Net expenditure	41,273	(6,372)