ASD Family Help
Autism & neurodiversity - embracing differences
Charity number 1135718

ASD Family Help

A Charitable Trust

Report of the Trustees for the period ending 31 December 2025

CHARITY REGISTRATION No: 1135718

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LEGAL & ADMIN

CHARITY NUMBER:	1135718
START OF FINANCIAL YEAR:	01 January 2025
END OF FINANCIAL YEAR:	31 December 2025
TRUSTEES AT 31/12/2025:	David Gander (Chair) Emma Evans (Treasurer) Toni Loraine Fraser (HR) Annette Roberts Nicola Warlow (Safeguarding)
REGISTERED ADDRESS:	c/o Land & Scales Cadomin Wards Cross Hurst Berkshire RG10 0DS
DATE OF INCORPORATION:	28 April 2010 (Previously a voluntary Community Group from 15 January 2005 known as 'WASparents' – Wokingham Autism Support for Parents)
GOVERNING DOCUMENT:	Trust Deed

ACCOUNTS & BANKING

ACCOUNTANTS:

Land & Scales Accountancy Services Ltd
Cadomin
Hurst
Berkshire
RG10 0DS

INDEPENDENT EXAMINER:

Gisela Sharpe
16 Lincoln Gardens
Twyford
Berkshire
RG10 9HU

BANKING:

Co-Op Bank
P.O. Box 250
Skelmersdale
WN8 6WT

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WHAT WE DO & STRUCTURE, GOVERNANCE & MANAGEMENT

WHAT WE DO:

Information, activities and support for autistic individuals or those with other neurodiverse conditions; their parents, carers or professionals within Wokingham, West Berkshire (England) & Pembrokeshire (Wales).

No diagnosis is required.

We aim to improve services and raise awareness and acceptance by:

- Providing free advice and information
- Providing social activities for children, young people and adults who are neurodiverse
- Working across the community to develop services needed
- Representing the views of our members
- Providing training and workshops for parents, carers and professionals

STRUCTURE, GOVERNANCE & MANAGEMENT:

ASD Family Help is a registered charity. Our registered office for this reporting period was c/o L&S Accountancy Ltd, Cadomin, Wards Cross, Hurst, Berkshire, RG10 0DS, with a postal address of Wokingham Charity hub, Waterford House, Erfstadt Court, Wokingham, Berkshire, RG40 2YF.

The original Trust Deed was incorporated on 30/03/2010 and amended multiple times to meet latest requirements.

The Trustees continue to benefit from a diverse mix of professional expertise and lived experience, and remain committed to collaborative governance, strategic oversight, and responsible stewardship of resources.

During the year we employed 8 new staff with a mix of part-time contracts, supported by a growing team of dedicated volunteers. One of the original three ‘founders of the charity’ remains leading the charity as CEO. 3 other managers have been with the charity for 10-16 years. All staff and volunteers are DBS-checked and receive appropriate training in a variety of key subjects such as children and adult safeguarding, data protection, epilepsy, and Prevent. Many have lived experience of autism, &/or ADHD, which enriches our work and deepens our understanding of the communities we serve. Many of our activities staff are students at College or University, and learn a wealth of information from the people we guide. Volunteers, including young volunteers (from age 12), undertake a wide variety of activities, including regular helping at events and attending meetings of area forums and partnership boards in the local authority areas we serve.

OPERATIONAL AREAS, ACHIEVEMENTS, & FUNDING

Wokingham Area:

During 2025 we increased the number of users, accessing our services, by 30%. The greatest increase was in the number of adults, which has now surpassed the number of families with younger children.

Services we offered:

- Training courses for:
  - Adults
  - Parent/carers
  - Other VCSE organisations
  - Other professionals
- Multiple activities & events for
  - Children
  - Families
  - Adults (18+) alongside a new 18-32 monthly club
- 1-2-1 Liaison Worker appointments for :
  - individual adult users
  - parent/carers
    - By phone
    - Online meetings
    - Face-to-face within the communities
- Parent/carer/adults 'Chat & Connect' weekly sessions across the borough
- Pop-Up locations with other VCSE organisations

In 2025 Wokingham Borough was funded by:

Wokingham Borough Council
National Lottery Community
BBC Children in Need
Wokingham United Charities
Berkshire Community Foundation

With donations from:
Wokingham Lottery
Coffee Corner
MIMI Group
Hurst Show
Paypal – individuals doing sponsorships (prefer not to be named)
JustGiving – individuals doing sponsorships (prefer not to be named)

West Berkshire Area:

The West Berkshire area has always been a difficult area to work in. This is due to the size of the borough, and the number of villages which are very remote. However, during 2025 this has changed due to the amount of young people, families, and adults accessing activity services, and through a stronger 'local' presence, this has increased by 50%. In West Berkshire we had people reaching out for our varied services, support, and guidance.

Services we offered :

- 1-2-1 Liaison Worker appointments
  - By phone
  - Online meetings
  - Face-to-face within the communities
- Training courses for
  - Adults
  - Parent/Carers
- Activities & events - day & evening, for:
  - children
  - families
  - parent/carers
  - adults
- Parent/carer/adults peer support sessions across the borough

In 2025 West Berkshire Borough was funded by:

BBC Children in Need
National Lottery Community
Berkshire Community Foundation

With donations from:
West Berkshire lottery
Paypal – individuals doing sponsorships (prefer not to be named)
JustGiving – individuals doing sponsorships (prefer not to be named)

Pembrokeshire Area:

Our Pembrokeshire area in Wales is always extremely busy, with very little else available locally. This was our 4th year, and where 5 years ago we thought we would reach 500 people by year 5, we exceeded that in year 1, and to date have over 2,000 users. The relatively new team has brought people out of their comfort zone, and into their communities. Before we arrived in Pembrokeshire, there was nothing for our users to access, and no one to support them through the disability journey of their children, and adults.

Services we offered:

- Training courses for:
  - Families/Parent/carers
  - Adults
  - Professionals across Pembrokeshire
- Multiple activities, plus day & evening events for
  - Children
  - Families
  - Adults (18+)
- 1-2-1 Liaison & Worker appointments for :
  - individual users
  - parent/carers
    - By phone
    - Online meetings
    - Face-to-face within the communities
- Parent/carer 'Chat & Connect' weekly sessions across Pembrokeshire

In 2025 Pembrokeshire was funded by:

National Lottery Wales
National Lottery Community - Wales
NHS Wales – Hywel Dda University Health Board
NHS Wales – Pembrokeshire – pre-diagnosis
Pembrokeshire County Council – Welsh Grant Food poverty
Pembrokeshire County Council - WCAF
PAVS

- Bluestone
- Community Warm Spaces
- Food Poverty

With donations from:
Valero Energy
Tesco Community
ADMIRAL Community Fund
Paypal – individuals doing sponsorships (prefer not to be named)
JustGiving – individuals doing sponsorships (prefer not to be named)
Help - local charity shop.

Funding:

The charity recorded a deficit of £34,985 for the year ended 31 December 2025. This reflects the planned use of reserves built up in previous years to support the delivery of the charity's services during the year.

Key financial highlights:

- Total income for the year including interest was £254,547
- Total expenditure for the year was £289,532
- 9.88 % of income in the year was from Local Authorities
- 26.59 % of income in the year was from Grants
- 63.53 % of income in the year was from donations and other contributions

On 31 December 2025, the charity held £119,495.70 in its Working Reserves and Grant Deposit accounts. These funds provide cash to support the charity's ongoing commitments, subject to any restrictions or existing commitments attached to those funds.

Following the planned use of reserves during the year, the charity retains net assets of £118,575.20.

The trustees consider the charity to remain in a sound financial position, with resources available to support ongoing service delivery. The trustees will continue to monitor income, expenditure and cash flow throughout the coming year and regularly review reserves to ensure that resources are managed effectively, and the charity remains financially sustainable.

The annual report is approved by the trustees of the charity and signed:

David James Gander (Oct 20, 2026 12:16:50 GMT+1)

Emma Louise Evans (Oct 20, 2026 17:56:52 GMT+1)

Toni Loraine Fraser (Oct 20, 2026 18:49:33 GMT+1)

Annette Roberts (Oct 20, 2026 13:06:39 GMT+1)

Nicola June Warlow (Oct 20, 2026 20:27:58 GMT+1)

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TREASURERS REPORT 2025

Treasurer's Report — Year Ending 31 December 2025

I am pleased to present the financial summary for ASD Family Help for the year ending 31 December 2025.

Income

Our income for 2025 was **£253,600**, a decrease of £13,600 from 2024.
We have continued to receive grant funding from National Lottery England and Wales, Wokingham Borough Council, BBC Children in Need, Greenham Common Trust, Berkshire community foundation as well as generous donations from Valero and other smaller grants tenders from more local grant giving organisations.
In addition we received £946.52 in interest.

Expenditure

Total expenditure for the year was **£289,532** which although ate into some of our reserves is in line with expectations and aligned with the grants we secured.

- **Staff salaries and employment costs** rose to £233064.31 (up from £190,416), reflecting the additional services and support that we were able to provide as a result of the income.
- **National Insurance and pension contributions** increased proportionately with wages.
- **Other operating costs** (insurance, IT, etc.) saw a moderate rise.

Operating Profit / Loss

For the year ended 31 December 2025, the charity recorded a deficit of £34,985.67, compared with a surplus of £22,172.68 in 2024.
The deficit represents the planned use of some of the reserves built up in previous years to support the delivery of the charity's services during the year.

Bank Balance & Reserves

- At 31 December 2025, the charity held £119,495.70 in its Working Reserves and Grant Deposit accounts, providing a sound level of cash available to support ongoing commitments and service delivery
- Net assets — We used some of the reserves to fund expenditure during the year, and although this has reduced reserves, the charity remains in a positive net asset position, with £118,575.20 held at year end.

Overall, the charity remains in a positive financial position, with sufficient reserves to support ongoing service delivery and provide financial stability for the year ahead.

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INDEPENDENT EXAMINERS REPORT 2025

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A **Independent Examiner's Report**

Report to the trustees/ members of	ASD FAMILY HELP		
On accounts for the year ended	31 December 2025	**Charity no (if any)**	1135718
Set out on pages	1-2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2025.

Responsibilties and basis of report/

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:	Gisela Sharpe	**Date:**	21/09/2026
Name:	Gisela Sharpe		
Relevant professional qualification(s) or body (if any):	FCCA		
Address:	16 LINCOLN GARDENS		

IER 1 Oct 2018

TWYFORD
BERKSHIRE RG10 9HU

Section B	Disclosure
	Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	

Charity Registration: 1135718

ASD Family Help

Accounts

31 December 2025

ASD Family Help
Profit and Loss Account
for the year ended 31 December 2025
Charity Registration: 1135718

	2025 £	2024 £
Donations & Grant Income	253,600.80	267,200.45
Direct Expenses	39,866.52	41,206.40
Gross Surplus over expenses	213,734.28	225,994.05
Interest Receivable	946.52	1,075.94
Other Expenses		
Wages, salaries and other staff costs	233,064.31	190,416.19
Car, van and travel expenses	12,776.55	12,159.71
Telephone, fax, stationery and other office costs	3,035.11	2,155.57
Interest on bank and other loans	-	15.84
Accountancy, legal and other professional fees	790.50	150.00
	249,666.47	204,897.31
Deficit	(34,985.67)	22,172.68

ASD Family Help
Balance Sheet
as at 31 December 2025
Charity Registration: 1135718

	Notes		2025 £		2024 £
Current assets					
Grant debtors		4,570.00		448.00	
Working Reserves		51,529.41		90,479.90	
Prepayments		587.00		744.50	
Grant Deposit account		67,966.29		67,019.77	
		124,652.70		158,692.17	
Current liabilities					
Trade creditors		438.50		232.00	
Other liabilities and accruals		5,639.00		4,899.30	
		6,077.50		5,131.30	
Net current assets			118,575.20		153,560.87
Net assets			118,575.20		153,560.87
Capital account					
Balance at start of period			153,560.87		131,388.19
Net (loss)/surplus			(34,985.67)		22,172.68
			118,575.20		153,560.87

ASD Family Help
Notes to the Accounts
for the year ended 31 December 2025

1 Accounting basis

The accounts have been compiled on a basis that enables profits to be calculated in accordance with UK Generally Accepted Accounting Practice and that provides sufficient and relevant information to enable the completion of a tax return.

2 Profit and loss account analysis

	2025 £	2024 £
Income		
Grant and donation income	253,600.80	267,200.45
Direct Event Costs		
Support and events/Adults/Children	39,866.52	41,206.40
Other income - interest		
Interest receivable	946.52	1,075.94
Wages, salaries and other staff costs		
Wages and salaries	217,479.56	176,624.79
Pensions Employer	5,157.15	4,460.50
Employer's NI	10,352.60	9,240.90
DBS Checks	75.00	75.00
Staff training and welfare	-	15.00
	233,064.31	190,416.19
Car, van and travel expenses		
Travel, staff expenses and subsistence	12,776.55	12,159.71
Telephone, fax, stationery and other office costs		
Telephone and fax	865.53	967.90
Software	494.40	442.80
Other insurance costs	1,675.18	744.87
	3,035.11	2,155.57
Interest on bank and other loans		
Interest	-	15.84
Accountancy, legal and other professional fees		
Accountants fees	790.50	150.00

The financial statements on pages 13 to 16 were approved by trustees and authorised for issue on 16th September 2026 and signed :

David James Gander (Oct 20, 2026 12:16:50 GMT+1)

Emma Louise Evans (Oct 20, 2026 17:56:52 GMT+1)

Toni Loraine Fraser (Oct 20, 2026 18:49:33 GMT+1)

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