Company number: 07032063

Charity Number: 1132741

# Talbot House Support Centre

Report and financial statements

For the year ended 31 March 2026

# Talbot House Support Centre

## Reference and administrative information

## for the year ended 31 March 2026

**Company number** 07032063

**Charity number** 1132741

**Registered office and operational address**

Talbot House
1 High Peak Street
Newton Heath
Manchester
M40 3AT

**Trustees** Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

| | |
|---|---|
| Paul Cassidy | Chair |
| Denise Price | Treasurer |
| Ann Fleming | |
| Phyllis Njuguna | |
| Martin Rathfelder | |
| Gaynor Spencer | |
| Josephine Starling | |

**Key management**

| | | |
|---|---|---|
| **Personnel** | Bernie Wood | Principal staff |
| | Francis Crake | Principal staff |

**Bankers**

The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

**Independent Examiner** Jennifer Daniel FCCA DChA

Slade & Cooper Limited

Beehive Mill, Jersey Street, Manchester, M4 6JG

Talbot House Support Centre

Trustees' annual report

for the year ended 31 March 2026

The trustees present their report and the unaudited financial statements for the year ended 31 March 2026. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

## Objectives and activities

The charity's core purpose is to relieve children and adults with learning disabilities by providing practical advice, guidance, and support to their parent carers and unpaid carers. The specific nature of this support is determined by the Talbot House Support Centre in accordance with its mission and available resources.

Each year, the trustees undertake a comprehensive review of the charity's aims, objectives, and activities. This report outlines the charity's achievements during the reporting period and evaluates the outcomes of its work. It highlights the success of key initiatives and the positive impact on the individuals and communities the charity is established to support. This annual review also serves to ensure that the charity's activities remain aligned with its stated charitable purposes.

In conducting this review and planning future activities, the trustees have referred to the Charity Commission's general guidance on public benefit. They have carefully considered how each planned activity contributes to the charity's overarching aims and objectives, ensuring that all efforts continue to deliver meaningful and measurable benefits to the public.

**Activities**

- **Parent Carer Support Services:** Available by appointment, Monday to Friday, at Talbot House Support Centre, Newton Heath.
- **One-to-One Support:** Tailored assistance for parent carers of children and adults with learning disabilities.
- **Specialist Advice and Advocacy:** Support with negotiations involving social workers, health professionals, education staff, and government agencies such as the Job Centre and DWP.
- **Emotional Support and Peer Engagement:** Opportunities to spend time with staff and connect with fellow parent carers for mutual support.
- **In-House Pampering:** Respite services including massages and beauty treatments, offering carers a break from their responsibilities (subject to funding).
- **Events for Carers:** Organised days out and weekend retreats to promote peer support, respite, and social interaction (subject to funding).
- **Specialist Projects Delivery:** Initiatives such as THRIVE, supporting older parent carers through targeted interventions.
- **Volunteering Opportunities:** A range of roles across the organisation, including "Sing and Sign", peer support and fundraising, enabling skill development, work experience, and meaningful engagement.
- **Partnership Working:** Collaborative efforts with statutory and voluntary organisations to enhance services, raise awareness of parent carer issues, and build individual capacity at local, regional, and national levels.

- **Sustainable Funding Efforts:** Ongoing maintenance of existing contracts and proactive income generation to reduce reliance on local authority funding.
- **Strategic Engagement:** Active liaison with commissioners, planners, and funders to ensure parent carers' needs remain a priority.

### Achievements and performance 2025-26

Over the 2025–26 financial year, the charity has continued to deliver essential support services to parent carers, making a significant impact across Manchester. Our key achievements and performance highlights include:

- **Support Reach**: We successfully continue to meet the growing demand for support, assisting 713 families/parent carers. Our services spanned a wide range of areas including education, transition planning, safeguarding, income maximisation, housing, benefits advice, care services, bereavement support, and skills development. This work has empowered families to access appropriate services and improve their quality of life.
- **High Volume of Support Activities**: Our dedicated team of experienced staff and volunteers carried out 1,435 support activities, ensuring timely and effective assistance for our service users.
- **Social and Wellbeing Events**: We delivered ~100 social and wellbeing events for parent carers, primarily hosted at our Support Centre. These included day trips and a weekend retreat, aimed at reducing social isolation and enhancing mental health and wellbeing.
- **Pamper Sessions**: 926 pamper sessions were provided, offering nail treatments, massages, facials, and other beauty therapies. These sessions, delivered by qualified professionals, offered carers valuable opportunities for relaxation and self-care.
- **THRIVE Project Expansion**: With additional funding from The National Lottery, we expanded our THRIVE project to support older parent carers, including those caring for young adult children. This initiative continues to provide vital, tailored support to families with complex needs.
- **Benefits Advocacy Success**: Our volunteer benefits advisor has supported numerous parent carers through reassessments and appeals, resulting in tens of thousands of pounds in backdated disability benefits. This advocacy has had a transformative financial impact on many families.
- **Sustainable Funding and Partnerships**: We maintained existing funding contracts and continue to make efforts to diversified our income streams, reducing reliance on local authority funding during a period of financial austerity.
- **Strategic Engagement**: We actively engaged with commissioners, planners, and funders to ensure the needs of parent carers remain a priority in service planning and delivery.
- **Collaborative Working**: Talbot House continued to work in partnership with a wide range of statutory and voluntary organisations across Manchester, strengthening our collective impact and service integration.

## Financial review

At the end of the 2025/26 financial year, Talbot House remains in a strong and stable financial position, with total funds held of £217,667. This financial stability reflects our continued commitment to prudent financial management and supports the long-term sustainability of our services.

Our core Adult Social Care contract with Manchester City Council, which is reviewed annually, has been secured through to 31 March 2027, with confirmed funding of £113,321.64 for 2026/27. During the coming year, Talbot House will have a service review with Manchester City Council to evaluate the impact and value of our work, particularly our THRIVE service whose Lottery funding is due to end in 2027. This review presents an opportunity to explore increased investment in our services and strengthen the long-term security of the vital support we provide to families across Manchester.

We have now successfully completed the final year of a three-year grant award from the Our Manchester Voluntary and Community Sector (OMVCS) programme, which provided £120,000 per annum between 2023 and 2026. We are delighted to report that Talbot House has secured further funding through the OMVCS3 programme, with a new three-year grant totalling £171,000 from 2026 to 2029. This continued investment is a testament to the recognised value and impact of our work within local communities.

Funding for our Early Help Grant, which supports the delivery of the bulk of Talbot House Children's Services, was originally due to conclude on 31 March 2026. We are pleased that a six-month extension has been agreed, given the growing demand and importance of his service. This will ensure funding continuity until 30 September 2026 while future funding arrangements with Manchester Children's Services are being further explored.

The National Lottery Community Fund grant supporting our THRIVE Project will enter its final year in September 2026 and conclude in September 2027. This £300,000, three-year investment has enabled Talbot House to provide vital support for older carers of young adults and adult children with learning disabilities. As the grant approaches its end, we will be actively seeking continued funding from The National Lottery Community Fund, while also exploring opportunities for increased support from Manchester City Council and other major funders to ensure the long-term sustainability of this important service.

Looking ahead, we remain committed to diversifying our income streams and strengthening our financial resilience. Securing a broad range of funding sources is essential to ensuring the long-term sustainability of the charity and enabling us to respond effectively to the growing demand for support from parent carers and unpaid carers across Manchester.

**Reserves policy**

Our reserves policy, agreed by trustees, is to maintain a minimum of three months core running costs in reserve. In addition, there is explicit provision made for any potential Redundancy and Notice liabilities. This is reviewed on an annual basis and for the financial year 2025-26, this amounted is set to £160,000. Our unrestricted reserves are held in the Talbot House Support Centre Fixed Rate Deposit account at the NatWest Bank.

The unrestricted funds in reserve are sufficient to meet short term operational costs and this enables the charity to cope with unplanned events. Very often, the effects of events can be managed in the long term, but the charity needs reserves in the meantime. The reserves policy takes into account the nature of the charity's activities and the level of external risk perceived by the trustees. It will also depend on what other action the charity is taking to mitigate the effects of the external threats, as this will affect the level of risk.

The organisation will attempt to maintain an overall target level to accommodate any changes to service funding. We would take advantage of the notice periods on funding arrangements to allow us to remodel the service if required. The Trustees will review the level of reserves annually and monitor during the course of the year as part of the charity's budgetary process in line with guidance issued by the Charity Commission.

## Plans for the future

Our 2026-29 business strategy has four key aims to:

- Continue to provide a comprehensive service to parents of people with learning disabilities at all stages of their lives.
- Ensure the financial sustainability of the organisation.
- Develop and grow the THRIVE, and a new 'Carers with Young Adults Transition' projects over the coming years.
- Develop awareness of Talbot Houses' services amongst parent carers and among the wider community as an important local charitable cause.

The focus for 2026-29 will retain the four key aims but with an increased emphasis on the financial sustainability of the organisation.

## Structure, governance and management

Trustees are recruited through advertising with the local volunteer bureau or at the recommendation of other trustees/supporters of Talbot House. The process for becoming a trustee is an informal interview where the prospective trustee is provided with a role description and their interests and commitment are discussed. Trustees are then elected by the board having first been proposed by one of them. No other external person or body is entitled to appoint trustees.

The organisation is a charitable company limited by guarantee, incorporated on 28th September 2009 and registered as a charity on 17th November 2009.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. The charitable objects were amended and approved November 19 2018 in order to allow Talbot House Support Centre to best meet the needs of parent carers in the future.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no payments or benefits from the charity. In the financial year 2025-26, as is usual, there were no expenses paid to our trustees. Any expenses paid to staff or others are set out in note 12 to the accounts.

### Remuneration policy for key management personnel

During the past 5 years, the Trustees have pursued a policy of giving all staff roughly the same pay increase in cash terms every year. As a consequence, we have considerably narrowed the relative pay rates between different staff members and we think we now have the lowest pay span (less than 2 times) between highest and lowest paid staff of any Manchester based charity. We are also proud to be a member of the Real Living Wage organisation, and all our staff are paid above the Real Living wage. The trustees would like to recognise the generous support we have received from management and higher paid staff to achieve this more equitable outcome.

**Risk management**

Talbot House has a risk management policy which is reviewed annually. This sets out the major risks to the charity and details the actions required in the event of any of these risks becoming reality. At every board meeting the financial risks are reviewed using the treasurer's report and cash-flow to anticipate and take timely action in the event of financial risks. All required policies are in place and reviewed annually and updated.

## Funds held as custodian trustee on behalf of others

No funds held

## Statement of responsibilities of the trustees

The trustees (who are also directors of Talbot House Support Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 08/09/2026 and signed on their behalf by

Paul Cassidy (Chair)

# Independent examiner's report

# to the trustees of

# Talbot House Support Centre

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2026 which are set out on pages 9 to 23.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

14 / 09 /2026

Talbot House Support Centre

Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2026

| | Note | Unrestricted funds £ | Restricted funds £ | Total funds 2026 £ | *Total funds 2025 £* |
|---|---|---|---|---|---|
| **Income from:** | | | | | |
| Donations and legacies | 3 | 7,216 | - | 7,216 | *5,243* |
| Charitable activities: | 4 | | | | |
| Support Centre | | 196,883 | 119,908 | 316,791 | *315,126* |
| Other trading activities | 5 | 892 | - | 892 | *983* |
| Investments | 6 | 4,196 | - | 4,196 | *5,601* |
| **Total income** | | **209,187** | **119,908** | **329,095** | ***326,953*** |
| **Expenditure on:** | | | | | |
| Charitable activities: | 7 | | | | |
| Support Centre | | 253,213 | 114,202 | 367,415 | *307,904* |
| **Total expenditure** | | **253,213** | **114,202** | **367,415** | ***307,904*** |
| **Net income / (expenditure) for the year** | 9 | **(44,026)** | **5,706** | **(38,320)** | ***19,049*** |
| Transfer between funds | | - | - | - | - |
| **Net movement in funds for the year** | | **(44,026)** | **5,706** | **(38,320)** | ***19,049*** |
| **Reconciliation of funds** | | | | | |
| Total funds brought forward | | 189,261 | 66,726 | 255,987 | *236,938* |
| **Total funds carried forward** | | **145,235** | **72,432** | **217,667** | ***255,987*** |

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Talbot House Support Centre
Company number 07032063

## Balance sheet as at 31 March 2026

| | Note | 2026 £ | 2026 £ | *2025* £ | *2025* £ |
|---|---|---|---|---|---|
| **Fixed assets** | | | | | |
| Tangible assets | 14 | | - | | - |
| **Total fixed assets** | | | **-** | | **-** |
| **Current assets** | | | | | |
| Debtors | 15 | 3,919 | | *4,677* | |
| Cash at bank and in hand | | 224,573 | | *259,055* | |
| **Total current assets** | | **228,492** | | ***263,732*** | |
| **Liabilities** | | | | | |
| Creditors: amounts falling due in less than one year | 16 | (10,825) | | *(7,745)* | |
| **Net current assets** | | | **217,667** | | ***255,987*** |
| **Total assets less current liabilities** | | | 217,667 | | *255,987* |
| **Net assets** | | | **217,667** | | ***255,987*** |
| **The funds of the charity:** | | | | | |
| Restricted income funds | 17 | | 72,432 | | *66,726* |
| Unrestricted income funds | 18 | | 145,235 | | *189,261* |
| **Total charity funds** | | | **217,667** | | ***255,987*** |

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 23 form part of these accounts.

Approved by the trustees on 08/09/2026 and signed on their behalf by:

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Denise Price (Treasurer)

Talbot House Support Centre

Statement of Cash Flows
for the year ended 31 March 2026

| | Note | 2026<br>£ | *2025*<br>*£* |
|---|---|---|---|
| **Cash provided by / (used in) operating activities** | 20 | **(38,678)** | ***19,290*** |
| *Cash flows from investing activities:* | | | |
| Dividends, interest, and rents from investments | | 4,196 | *5,601* |
| **Cash provided by / (used in) investing** | | **4,196** | ***5,601*** |
| **Cash provided by / (used in) financing activities** | | **-** | **-** |
| Increase/(decrease) in cash and cash equivalents in the year | | (34,482) | *24,891* |
| Cash and cash equivalents at the beginning of the year | | 259,055 | *234,164* |
| **Cash and cash equivalents at the end of the year** | | **224,573** | ***259,055*** |

## 1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

### a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Talbot House Support Centre meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

### b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

### c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether ‘capital’ grants or ‘revenue’ grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor’s intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is a treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

**d Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

**e Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

**f Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of commercial trading including Good as New, Fundraising event and their associated support costs.
- Expenditure on charitable activities includes the costs of Support Centre undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**g Tangible fixed assets**

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

| Asset Category | Annual rate |
|---|---|
| Equipment | 33% |

**h Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**i Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**j Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**k Pensions**

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 10. There were no outstanding contributions at the year end.

The money purchase plan is managed by NEST Plc and the plan invests the contributions made by the employee and employer in an investment fund to build up over the term of the plan a pension fund which is then converted into a pension upon the employee's normal retirement year age when eligible for a state pension. The trust has no liability beyond making its contributions and paying across the deductions for the employee's contributions. There were no contributions outstanding at the year-end.

## 2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

## 3 Income from donations and legacies

| | Unrestricted £ | Restricted £ | Total 2026 £ |
|---|---|---|---|
| Donations | 7,216 | - | 7,216 |
| **Total** | 7,216 | - | 7,216 |

## 3 Income from donations and legacies (continued)

| ***Previous reporting period*** | *Unrestricted £* | *Restricted £* | *Total 2025 £* |
|---|---|---|---|
| *Donations* | *5,243* | *-* | *5,243* |
| ***Total*** | *5,243* | *-* | *5,243* |

## 4 Income from charitable activities

| | Unrestricted £ | Restricted £ | Total 2026 £ |
|---|---|---|---|
| Manchester City Council | 156,933 | 16,418 | 173,351 |
| National Lottery Community Fund - Thrive | - | 100,000 | 100,000 |
| Our Manchester (Manchester City Council) | 40,000 | - | 40,000 |
| Other small grants | (50) | 3,490 | 3,440 |
| **Total** | 196,883 | 119,908 | 316,791 |

| ***Previous reporting period*** | *Unrestricted £* | *Restricted £* | *Total 2025 £* |
|---|---|---|---|
| *Manchester City Council* | *150,516* | *6,000* | *156,516* |
| *National Lottery Community Fund - Awards for All* | *-* | *15,000* | *15,000* |
| *National Lottery Community Fund - Thrive* | *-* | *100,000* | *100,000* |
| *Our Manchester (Manchester City Council)* | *40,000* | *-* | *40,000* |
| *Other small grants* | *750* | *2,860* | *3,610* |
| ***Total*** | *191,266* | *123,860* | *315,126* |

## 5 Income from other trading activities

| | 2026 £ | *2025 £* |
|---|---|---|
| Fundraising | 888 | *580* |
| Other | 4 | *403* |
| | 892 | *983* |

All income from other trading activities is unrestricted.

## 6 Investment income

| | 2026 £ | *2025 £* |
|---|---|---|
| Income from bank deposits | 4,196 | *5,601* |
| | 4,196 | *5,601* |

All investment income is unrestricted.

## 7 Analysis of expenditure on charitable activities

| | Total 2026 £ | *Total 2025 £* |
|---|---|---|
| Staff costs | 287,399 | *237,166* |
| Project costs | 28,395 | *24,275* |
| Admin | 30,214 | *26,277* |
| Premises costs | 17,655 | *18,044* |
| Governance costs (see note 8) | 3,752 | *2,142* |
| | 367,415 | *307,904* |

| | 2026 £ | *2025 £* |
|---|---|---|
| Restricted expenditure | 114,202 | *102,910* |
| Unrestricted expenditure | 253,213 | *204,994* |
| | 367,415 | *307,904* |

## 8 Analysis of governance costs

| | Total 2026 £ | *Total 2025 £* |
|---|---|---|
| Accountancy services | 3,752 | *2,142* |
| | 3,752 | *2,142* |

## 9 Net income/(expenditure) for the year

| This is stated after charging/(crediting): | 2026 £ | *2025 £* |
|---|---|---|
| Accountancy fees | 1,295 | *1,235* |
| Independent examiner's fee | 580 | *550* |
| Payroll bureau and other fees | 1,252 | *1,141* |

## 10 Staff costs

Staff costs during the year were as follows:

| | 2026 £ | *2025 £* |
|---|---|---|
| Wages and salaries | 235,110 | *217,524* |
| Social security costs | 16,677 | *13,366* |
| Pensions | 2,643 | *3,048* |
| Other staff costs | 32,969 | *3,228* |
| | 287,399 | *237,166* |

No employees has employee benefits in excess of £60,000 (2025: Nil).

The average number of staff employed during the period was 11 (2025: 10).

The key management personnel of the charity comprise the trustees and the two principal staff noted on page 1. The total employee benefits of the key management personnel of the charity were £75,666 (2025: £71,538).

## 11 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2025: Nil).

No members of the management committee received travel and subsistence expenses during the year (2025:£Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2025: nil).

## 12 Government grants

The government grants recognised in the accounts were as follows:

| | 2026<br>£ | *2025*<br>*£* |
|---|---|---|
| Manchester City Council | 196,933 | *190,516* |
| | 196,933 | *190,516* |

## 13 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

## 14 Fixed assets: tangible assets

| | Building improvements | Website | Equipment | Total |
|---|---|---|---|---|
| **Cost** | £ | £ | £ | £ |
| At 1 April 2025 | 28,557 | 10,092 | 21,128 | 59,777 |
| Additions | - | - | - | - |
| Disposals | (3,863) | (10,092) | (17,712) | (31,667) |
| At 31 March 2026 | 24,694 | - | 3,416 | 28,110 |
| **Depreciation** | | | | |
| At 1 April 2025 | 28,557 | 10,092 | 21,128 | 59,777 |
| Charge for the year | - | - | - | - |
| Disposals | (3,863) | (10,092) | (17,712) | (31,667) |
| At 31 March 2026 | 24,694 | - | 3,416 | 28,110 |
| **Net book value** | | | | |
| At 31 March 2026 | - | - | - | - |
| *At 31 March 2025* | - | - | - | - |

## 15 Debtors

| | 2026 | *2025* |
|---|---|---|
| | £ | *£* |
| Trade debtors | - | *750* |
| Prepayments and accrued income | 3,919 | *3,927* |
| | 3,919 | *4,677* |

## 16 Creditors: amounts falling due within one year

| | 2026 | *2025* |
|---|---|---|
| | £ | *£* |
| Taxation and social security costs | 5,096 | *4,028* |
| Other creditors and accruals | 5,729 | *3,717* |
| | 10,825 | *7,745* |

## 17 Analysis of movements in restricted funds

| | Balance at 1 April 2025 £ | Income £ | Expenditure £ | Transfers £ | Balance at 31 March 2026 £ |
|---|---|---|---|---|---|
| **Support Centre** | | | | | |
| Manchester City Council - Cost of Living | 6,000 | 13,900 | (6,000) | - | 13,900 |
| Manchester City Council - NIC contribution | - | 1,918 | (1,918) | - | - |
| Manchester City Council - small grants | - | 600 | - | - | 600 |
| National Lottery – Awards for All | 13,509 | - | (6,327) | - | 7,182 |
| National Lottery – Community Fund 2024-27 | 46,886 | 100,000 | (99,957) | - | 46,929 |
| Pampering income | - | 3,490 | - | - | 3,490 |
| Parent Grants | 331 | - | - | - | 331 |
| Total | 66,726 | 119,908 | (114,202) | - | 72,432 |

| ***Previous reporting period*** | *Balance at 1 April 2024 £* | *Income £* | *Expenditure £* | *Transfers £* | *Balance at 31 March 2025 £* |
|---|---|---|---|---|---|
| ***Support Centre*** | | | | | |
| *Co-op Fund* | *172* | *-* | *-* | *(172)* | *-* |
| *Manchester City Council - Cost of Living* | *-* | *6,000* | *-* | *-* | *6,000* |
| *National Lottery – Awards for All* | *133* | *15,000* | *(1,624)* | *-* | *13,509* |
| *National Lottery – Community Fund 2021-24* | *38,107* | *-* | *(38,839)* | *732* | *-* |
| *National Lottery – Community Fund 2024-27* | *-* | *100,000* | *(53,114)* | *-* | *46,886* |
| *Pampering income* | *-* | *2,860* | *(9,246)* | *6,386* | *-* |
| *Parent Grants* | *331* | *-* | *-* | *-* | *331* |
| *Sing and sign* | *87* | *-* | *(87)* | *-* | *-* |
| *Total* | *38,830* | *123,860* | *(102,910)* | *6,946* | *66,726* |

## 17 Analysis of movements in restricted funds (continued)

Manchester City Council - Cost of Living: This is funding for parent carer activities such as day trips and events.

Manchester City Council - NIC Contribution: Support for the raise in employers national insurance contribution costs.

Manchester City Council & Co-Op Live Grant: Funding for Health Week in March 2026 - including Soundbath for carers and Keep Fit classes for older people.

National Lottery – Award for All Grant: Funding for parent carer activites such as day trips and events, project to be completed by end of 2026.

National Lottery – Community Fund: Funds our THRIVE project for 3 years (2024>2027)

Pampering income: This is income from subsidised treatments provided to our service users at a low cost. This income offsets our Pamper Service expenses.

Parent Grants: These are various grants we receive to purchase equipment/services for our service users.

Sing & Sign: This is a weekly evening parent carer event funded by 'The National Lottery Community Fund & Awards for All'.

## 18 Analysis of movement in unrestricted funds

| | Balance at 1 April 2025 £ | Income £ | Expenditure £ | Transfers £ | As at 31 March 2026 £ |
|---|---|---|---|---|---|
| General fund | 189,261 | 209,187 | (253,213) | - | 145,235 |
| | 189,261 | 209,187 | (253,213) | - | 145,235 |

| ***Previous reporting period*** | *Balance at 1 April 2024 £* | *Income £* | *Expenditure £* | *Transfers £* | *Balance at 31 March 2025 £* |
|---|---|---|---|---|---|
| *General fund* | *198,108* | *203,093* | *(204,994)* | *(6,946)* | *189,261* |
| | *198,108* | *203,093* | *(204,994)* | *(6,946)* | *189,261* |

| **Name of unrestricted fund** | **Description, nature and purposes of the fund** |
|---|---|
| General fund | The free reserves after allowing for all designated funds |

## 19 Analysis of net assets between funds

| | General fund £ | Restricted funds £ | Total £ |
|---|---|---|---|
| Tangible fixed assets | - | - | - |
| Net current assets/(liabilities) | 145,235 | 72,432 | 217,667 |
| Total | 145,235 | 72,432 | 217,667 |

## 20 Reconciliation of net movement in funds to net cash flow from operating activities

| | 2026 £ | *2025 £* |
|---|---|---|
| **Net income/(expenditure) for the year** | (38,320) | *19,049* |
| **Adjustments for:** | | |
| Depreciation charge | - | - |
| Dividends, interest and rents from investments | (4,196) | *(5,601)* |
| Decrease/(increase) in debtors | 758 | *4,456* |
| Increase/(decrease) in creditors | 3,080 | *1,386* |
| **Net cash provided by/(used in) operating activities** | (38,678) | *19,290* |

## 21 Prior year Statement of Financial Activities (including Income and Expenditure account)

| | *Unrestricted funds £* | *Restricted funds £* | *Total funds 2025 £* | *Total funds 2024 £* |
|---|---|---|---|---|
| ***Income from:*** | | | | |
| *Donations and legacies* | *5,243* | *-* | *5,243* | *10,248* |
| *Charitable activities:* | | | | |
| *Support Centre* | *191,266* | *123,860* | *315,126* | *296,481* |
| *Other* | *983* | *-* | *983* | *2,359* |
| *Investments* | *5,601* | *-* | *5,601* | *3,111* |
| ***Total income*** | ***203,093*** | ***123,860*** | ***326,953*** | ***312,199*** |
| ***Expenditure on:*** | | | | |
| *Charitable activities:* | | | | |
| *Support Centre* | *204,994* | *102,910* | *307,904* | *266,590* |
| ***Total expenditure*** | ***204,994*** | ***102,910*** | ***307,904*** | ***266,590*** |
| ***Net income/(expenditure) for the year*** | ***(1,901)*** | ***20,950*** | ***19,049*** | ***45,609*** |
| *Transfer between funds* | *(6,946)* | *6,946* | *-* | *-* |
| ***Net movement in funds for the year*** | ***(8,847)*** | ***27,896*** | ***19,049*** | ***45,609*** |
| ***Reconciliation of funds*** | | | | |
| *Total funds brought forward* | *198,108* | *38,830* | *236,938* | *191,329* |
| ***Total funds carried forward*** | ***189,261*** | ***66,726*** | ***255,987*** | ***236,938*** |

*The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.*