Charity registration number 1122442

ATRIAL FIBRILLATION ASSOCIATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2025

ATRIAL FIBRILLATION ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Prof. A J Camm Mrs P J Mudd Dr M R Fay Prof D Connolly	(Appointed 12 October 2025)
Charity number	1122442	
Principal address	TC Group Celixir House Stratford Business & Technology Park Stratford Upon Avon Warwickshire CV37 7GZ	
Independent examiner	TC Group Celixir House Stratford Business & Technology Park Innovation Way, Banbury Road Stratford-upon-Avon Warwickshire United Kingdom CV37 7GZ	

ATRIAL FIBRILLATION ASSOCIATION

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ATRIAL FIBRILLATION ASSOCIATION

TRUSTEES REPORT

FOR THE YEAR ENDED 31 DECEMBER 2025

The Trustees present their annual report and financial statements for the year ended 31 December 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's Trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Objectives and aims

The principal aim of the charity is:
To raise awareness of Atrial Fibrillation (AF) by providing information and support materials for patients and medical professionals involved in detecting, diagnosing and managing Atrial Fibrillation.

Principal objects

The principal objectives of the charity are:
To provide support and information on Atrial Fibrillation to those affected by this condition.
To advance the education of the medical profession and the general public on the subject of Atrial Fibrillation.
To promote research into the management of Atrial Fibrillation.

The Atrial Fibrillation Association Trustees review the aims, objectives and the activities of the Charity each year. This report looks at what the Charity has achieved and the outcomes of its activities in the reporting period, January to December 2024. The review also helps to ensure that the Charity's aims, objectives and activities remain focused on its stated purposes.

Our vision is that every patient who receives a diagnosis of AF has access to information, support and treatment to optimise the outcomes for themselves as well as their caregivers and families.

Our mission is to provide information, support and access to established, new or innovative treatments for AF.

Public benefit

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake. The Trustees confirm that they have complied with their duty under Section 4 of the Charities Act 2011 to have regard to the Charity Commission's general guidance on public benefit.

Volunteers

AF Association utilises volunteers to assist in our work.

Achievements and performance

Atrial Fibrillation Association (AF Assoc) provides information, support, and access to established, new or innovative treatments for Atrial Fibrillation (AF). AF Assoc works globally with healthcare professionals and all those living with AF.

AF Association was established in 2007 by Trudie Lobban MBE & Prof A John Camm following the demand for information on AF from its sister organisation – **Arrhythmia Alliance** . At that time there was no other organisation providing information, education, awareness and support for people living with AF. AF Assoc now has an outreach in excess of 200,000 people affected by or living with AF.

AF Association ethos is built around a clear and actionable framework focused on **DETECT, PROTECT, CORRECT** and **PERFECT**. We aim to identify atrial fibrillation (AF) early through simple methods such as pulse checks either manual or using mobile one-lead ECG devices, reinforcing the message "Know Your Pulse to Know Your Heart Rhythm – *It Could Save Your Life*." www.knowyourpulse.org Once **detected**, we work to **protect** against the risk of AF-related stroke by ensuring timely and appropriate use of anticoagulation therapy. Access to **correct**, evidence-based treatments tailored to individual needs. Finally, we strive to **perfect** the patient care pathway by integrating services, enhancing coordination, and delivering a seamless, patient-centred journey from diagnosis through to long-term management

Objectives and activities

Purposes and Aims

This report looks at what the Charity has achieved and the outcomes of its activities in the reporting period, January to December 2025. The review also helps to ensure that the Charity's aims, objectives and activities remain focused on its stated purposes.

AF Association works globally with medical experts to provide information, support, education and awareness on atrial fibrillation, delivering the latest technologies and treatments to both patients and healthcare professionals to optimise outcomes for all those living with AF.

Our mission is to provide information, support and access to established, new or innovative treatments for AF.

1. Supporting Patients and Caregivers

AF Virtual Coffee Mornings

Virtual coffee mornings were held throughout the year giving opportunities to talk to patients, caregivers and family members about their shared experiences and support. Coffee Morning - AF Association - UK

The AF Assoc Patient Services Team hosted online coffee mornings focusing on all aspects of AF.

Topics included Atrial Fibrillation and Atrial Flutter, AF awareness, Living with AF, and AF – Your Questions; our April meeting was a live webinar covering devices and new technologies with a prerecorded presentation from a Consultant Cardiologist and Honorary Clinical Senior Lecturer from Chichester. Each meeting promoted the core messaging of the Charity: **Detect, Protect, Correct, Perfect**. Total attendees this year increased to 320.

Living with ... AF

AF Association continued throughout 2025 promoting the virtual 'Living with AF' series.
A patient educational series, that features medical experts in the field of AF who offer advice and information from diagnosis to managing symptoms and treatment options available.

Patients and caregivers can access many hours of educational videos from the comfort of their own home. Patients are also referred on an individual basis to our series by the Patient Services Team and particularly to new patients contacting AF Assoc.

AF Association Patients Day - During HRC2025

Held on Sunday 5th October 2025 at the ICC, Birmingham.

Patients Day offers a rare opportunity for medical professionals to engage directly with those living with atrial fibrillation, gaining insight into the challenges they face. It also gives patients and caregivers a supportive environment to share experiences with others in similar situations.

A total of 100 patients and carers attended the AF sessions which included topics on: -

Differentiation between paroxysmal and persistent AF
Managing AF - most common triggers
Lifestyle Management of AF
Cardioversion overview
Ablation overview
New technology
Medications – anticoagulation/antiarrhythmic medications
Group and general discussions completed the day

2. Healthcare Professional Events

AF Association at HRC 2025

AF Association Symposiums for healthcare professionals at the annual Heart Rhythm Congress organised by sister charity Arrhythmia Alliance, attracts hundreds of medical professionals across the UK and internationally. Providing unrivalled presentations by the worlds leading experts on AF.

Patient Surveys and Patient Studies

AF Association continues to receive requests from research groups to support a better understanding of the needs and challenges faced by people living with AF. Patients and caregivers remain keen to contribute to research initiatives to help improve future outcomes. Building on the Patient Advisory Boards held in 2024, AF Association continued its involvement in patient insight work during 2025, including collaboration on an international advisory board exploring quality of life for those living with AF. Findings from this work are being shared within the medical community, including presentation at leading conferences, to help inform improvements in care, diagnosis, and patient support.

In 2025, we facilitated patient participation in around 26 studies and surveys, helping to generate valuable insights into living with AF.

We also continued to work with several universities and medical institutes on research subjects. Trudie Lobban MBE, Founder & CEO, is called upon to represent patients, caregivers and provide her insight and extensive knowledge on atrial fibrillation. She is also called upon to represent AF Association at medical conferences throughout the world and advisory boards. She is also a major contributor for policy and NICE reviews related to AF.

Patient Support Groups and Affiliated Groups

AF Association continues to establish, support and welcome local groups to become affiliated. We share suggested agendas, AF Assoc resources and join the event whenever possible.

3. Raising Awareness of AF

Know Your Pulse Campaign

Know Your Pulse (KYP) campaign promotes the need to be aware of our pulse and the rhythm of our heart. If pulse checks were routine, thousands of lives could be saved every year, through the prevention of AF-related strokes. Our website information contains many new videos and educational materials.

Know Your Pulse - AF Association - UK (heartrhythmalliance.org)

The Patient Services Team organised and ran several KYP awareness sessions in community spaces across the UK during 2025 including at the John Radcliffe Hospital, Oxford, Milton Keynes and a return visit to Northamptonshire. These events are so important in raising awareness of the need for all of us to be aware of our pulse and for the need to perform routine manual pulse checks. Know Your Pulse To Know Your Heart Rhythm – *it could save your life!*

Global AF Aware Week (GAFAW) 17 – 23 November 2025

AF Association Global AF Aware Week (GAFAW) is an annual awareness week involving patients, caregivers, supporters and HCPs working in the field to help raise awareness of AF, related conditions and the importance of knowing your pulse amongst the general public.

This year's theme, '**Reset The Rhythm, Reclaim Your Life**,' highlighted the fact that AF does not have to control your life. With early detection, timely treatment and support, people with AF can live fully and fearlessly.
By bringing organisations, associations, societies, public, patients, caregivers, healthcare professionals, allied health professionals, and policy makers together, we raised awareness to enhance AF care worldwide through our Detect, Protect, Correct and Perfect approach:

DETECT: AF with a simple pulse check or mobile one-lead EKG - Know Your Pulse to Know Your Heart Rhythm – *It Could Save Your Life*
PROTECT: Against AF-related stroke using anticoagulation therapy
CORRECT: Irregular heart rhythm with access to appropriate treatments
PERFECT: Patient care pathway

Our overall GAFAW campaign reached millions of people through social media, press releases, local, national and international outreach as well as collaborating with organisations such as European Society of Cardiology (ESC), British Cardiovascular Society (BCS), European Heart Rhythm Society (EHRA), World Society of Arrhythmias (WSA) and the world largest society – Heart Rhythm Society, USA.

4. Fundraising

Fundraising from one off donations, online fundraising and events continued to increase during 2025. Individual fundraisers are steadily increasing with a variety of challenges such as 10,000 steps in 100 days and donating to AF Association instead of buying wedding gifts. Also, two gentlemen took part in a challenge of driving cars worth under £700 across Scotland, facing unpredictable weather and tasks along the way - all to raise funds and awareness for atrial fibrillation (AF).

5. Resources

The publications and resources are reviewed regularly and this year we developed new resources
AF & Heart Failure Discussion Guide and information sheet, also an AF & Stroke Risk information sheet
Resources are available on our website to download and view or order to help find a better understanding of AF.
www.afa.org.uk

The Year in Summary

In 2025, AF Association continued to strengthen its role as a leading voice in atrial fibrillation care, with a clear focus on patient-centered support, education, and early detection.
The charity expanded its reach through:

- well-attended virtual coffee mornings,
- "Living with AF" educational series
- active involvement in patient research and advisory work.
- AF Association Patients Day at Heart Rhythm Congress, providing patients and caregivers with direct access to expert information, support, and shared experiences.
- National and global awareness initiatives, including Know Your Pulse events and Global AF Aware Week, reinforced the importance of preventing AF-related stroke through early diagnosis and appropriate treatment for atrial fibrillation.
- Collaboration with healthcare professionals remained central, alongside increased fundraising activity and the development of new patient resources. AF Association continues to empower individuals to better understand and manage AF, helping them to live healthier and more confident lives.

Followers on social media in excess of 57,816
Members on the AF Assoc online forum approx 36,428
Across all channels we have outreach in excess of 200,000
Healthcare Professionals – 40,000

Financial review

Operating and financial review

During the year the total of the charity's income resources was £341,111 (2024:£73,929). Expenditure for the year was £210,842 (2024:£214,720). The charity had total funds at the end of the year of £365,694 (2024:£235,425).

The Trustees have a strategic and operational plan in place to ensure stability and growth.

Reserves policy

The Trustees have a policy of maintaining a level of unrestricted reserves which should ensure that there are adequate funds to meet anticipated future liabilities. In practice the Trustees consider that holding reserves equivalent to a minimum of three months' core costs, excluding funds tied up in fixed assets, should provide sufficient funds to respond to unexpected adverse changes in the charity's funding or activities.

Major risks

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is constituted under a Charity Commission Scheme and is registered charity number 1122442. The charity's activities are governed by a Declaration of Trust adopted on 30 October 2007. The Charity was granted charitable status on 28 January 2008.

The Trustees who served during the year and up to the date of signature of the financial statements were:

Prof. A J Camm	
Mrs P J Mudd	
Dr M R Fay	
Dr J Clayton Cannon	(Resigned 12 October 2025)
Dr A Griffiths	(Resigned 1 December 2025)
Prof D Connolly	(Appointed 12 October 2025)

Recruitment and appointment of trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed. There must at all times be a minimum of three Trustees in office. The first Trustees are entitled to hold off for life. New Trustees are appointed by a resolution passed by the Trustees in special meeting.

Organisational structure

The AFA Board of Trustees meet twice per year with the AFA's Chief Executive to oversee the direction and financial management of the organisation. The Medical Advisory Committee members support the Trustees with the Chief Executive who is responsible for the strategic direction of the organisation and management of the staff, volunteers and consultants who assist in the running if AFA. Day to day management of the support services is carried out by an Information and Support Officer.

Induction and training of trustees

New trustees undergo an orientation process to brief them on their legal obligation under charity law, the charity's governing documents, the committee and decision making processes, the business plan and recent financial performance of the charity. During the induction process they meet key employees and other trustees. Trustees are encouraged to attend appropriate external and internal training events which will assist them in carrying out their role.

Other matters

Acknowledgements

Atrial Fibrillation Association would like to acknowledge the various Trusts, Foundation and Medical Industry that so generously gave their support during the financial year.

Connected charities
Arrhythmia Alliance (AA), a UK registered charity, number 1107496 is connected to AFA as an affiliate of the umbrella organisation.

Syncope Trust and Reflex Anoxic Seizures (STARS), a UK registered charity, umber 1084898 is connected to AFA as an affiliate of the umbrella organisation.

STARS US, Inc, a registered 501(c) non profit organisation in the USA is connected to AFA as an affiliate of the umbrella organisation.

The Trustees report was approved by the Board of Trustees.

John Camm

Prof. A J Camm
Trustee

14 July 2026

ATRIAL FIBRILLATION ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ATRIAL FIBRILLATION ASSOCIATION

I report to the Trustees on my examination of the financial statements of Atrial Fibrillation Association (the Charity) for the year ended 31 December 2025.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the Charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2 the financial statements do not accord with those records; or
3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

TC Group.

TC Group

Celixir House
Stratford Business & Technology Park
Innovation Way, Banbury Road
Stratford-upon-Avon
Warwickshire

CV37 7GZ
United Kingdom

Dated: 14 July 2026

ATRIAL FIBRILLATION ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2025

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income from:			
Donations and legacies	**3**	299,014	16,169
Charitable activities	**4**	39,355	54,179
Investments	**5**	2,742	3,581
Total income		341,111	73,929
Expenditure on:			
Charitable activities	**6**	210,842	214,720
Total expenditure		210,842	214,720
Net income/(expenditure) and movement in funds		130,269	(140,791)
Reconciliation of funds:			
Fund balances at 1 January 2025		235,425	376,216
Fund balances at 31 December 2025		365,694	235,425

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

ATRIAL FIBRILLATION ASSOCIATION

BALANCE SHEET

AS AT 31 DECEMBER 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Debtors	**13**	874		7,081	
Cash at bank and in hand		453,773		272,167	
		454,647		279,248	
Creditors: amounts falling due within one year	**14**	(88,953)		(43,823)	
Net current assets			365,694		235,425
Net assets excluding pension liability			365,694		235,425
The funds of the Charity					
Unrestricted funds			365,694		235,425
			365,694		235,425

The financial statements were approved by the Trustees on 14 July 2026

John Camm

Prof. A J Camm
Trustee

1 Accounting policies

Charity information

Atrial Fibrillation Association is a Unincorporated Charity registered within the Charity Commission.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's trust deed, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. the principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 Accounting policies **(Continued)**

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	291,757	9,035
Other fundraising and sponsorship	7,257	7,134
	299,014	16,169

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Charitable income		
Grants and other income	39,355	54,179

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	2,742	3,581

6 Expenditure on charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Direct costs		
Staff costs	62,685	66,879
Printing, postage and stationery	3,948	212
Recharges	105,710	110,267
	172,343	177,358
Share of support and governance costs (see note 7)		
Support	35,799	34,662
Governance	2,700	2,700
	210,842	214,720
Analysis by fund		
Unrestricted funds	210,842	214,720

7 Support costs allocated to activities

	2025 £	2024 £
Fundraising costs	216	216
Other costs	11,948	11,018
Consultancy costs	21,600	21,600
Bookkeeping	1,620	1,620
Bank charges	415	208
Governance costs	2,700	2,700
	38,499	37,362
Analysed between:		
Unrestricted funds	38,499	37,362

8 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	2,700	2,700

9 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

Trustees' expenses
There we no trustees' expenses paid for the year ended 31 December 2025 nor for the year ended 31 December 2024.

10 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	2	2

Employment costs	2025	2024
	£	£
Wages and salaries	55,895	59,430
Social security costs	6,570	6,128
Other pension costs	220	1,321
	62,685	66,879

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Tangible fixed assets

	Computers
	£
Cost	
At 1 January 2025	579
At 31 December 2025	579
Depreciation and impairment	
At 1 January 2025	579
At 31 December 2025	579
Carrying amount	

13 Debtors

	2025	2024
Amounts falling due within one year:	£	£
Other debtors	-	6,743
Prepayments and accrued income	874	338
	874	7,081

14 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	7,380	3,906
Other creditors	78,699	36,807
Accruals and deferred income	2,874	3,110
	88,953	43,823

15 Retirement benefit schemes

	2025	2024
Defined contribution schemes	£	£
Charge to profit or loss in respect of defined contribution schemes	220	1,321

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used.

	At 1 January 2025	Incoming resources	Resources expended	At 31 December 2025
	£	£	£	£
General funds	235,425	341,111	(210,842)	365,694

Previous year:	At 1 January 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
General funds	376,216	73,929	(214,720)	235,425

17 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

18 Transactions with connected charities

During the year, the charity was recharged £5,550 (2024: £6,237) by Arrhythmia Alliance (AA), charity number 1107496 for repaying services and £56,302 (2024: £63,108) for salary costs during the year. Repaying of services was apportioned from AA for £39,355 (2024: £54,178). At the year end there was a balance due to this charity of £30,881 (2024: £8,618).

During the year, the charity was recharged £22,257 (2024: £27,339) by Syncope Trust and Reflex Anoxic Seizures, charity number 1084898 for salary costs incurred on its behalf. At the year end there was a balance due to this charity of £47,818 (2024: £25,560).