

QUAKER MENTAL HEALTH FUND (UK)
(FORMERLY THE RETREAT YORK BENEVOLENT FUND)
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31 DECEMBER 2021

Charity No. 1115135

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

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QUAKER MENTAL HEALTH FUND (UK)

YEAR ENDED 31 DECEMBER 2021

TRUSTEES' ANNUAL REPORT

The trustees present their annual report and audited financial statements for the year ended 31 December 2021. The financial statements comply with current statutory requirements, the charity's trust deed and the Statement of Recommended Practice - Accounting and Reporting by Charities SORP (FRS102) and have been prepared in accordance with the accounting policies set out in note 1 to the accounts.

Trustees

The trustees in the period and up to the date of signing this report were:-

Richard Stockford (Appointed 2018)
Martin Edis (Appointed 2020)
Kathryn Parker (Appointed 2020)
Alison Hay (Appointed 2021)

Immediate Past Trustees

Shirley Torrens (Retired 2021)
Mike Wash (Resigned 2021)
Dr John Lloyd-Richards (Appointed and resigned 2021)

Principal office

Wallingford Meeting House
13 Castle St,
Wallingford OX10 8DL

Advisers

Investment Managers

Quilter Cheviot
1 Kingsway
Holborn
London
WC2B 6AN

Auditors

Myrus Smith
Norman House
8 Burnell Road
Sutton
Surrey SM1 4BW

QUAKER MENTAL HEALTH FUND (UK)

YEAR ENDED 31 DECEMBER 2021

TRUSTEES' ANNUAL REPORT – continued

Trust deed

The fund was established in 1919 and first registered as a charity called The Retreat, York (operating as The Retreat Benevolent Fund) on 6 November 1963. Following the sealing of a Scheme dated 16 February 2006 by the Charity Commission, a new charity, The Retreat York Benevolent Fund was registered on 6 July 2006 and the Deed was written so as to have the same objectives and powers of the former charity which was wound up and removed from the register of charities on 7 November 2006.

The assets and liabilities of the former charity were transferred to The Retreat York Benevolent Fund with effect from 1 August 2006. Since that date the original Scheme of the Charity Commission has been amended by a Scheme dated 23 August 2016, amended by a Scheme dated 21 August 2018, as amended by Resolution dated 13 September 2018, as amended by Resolution dated 8 January 2020 as amended on 13 July 2020.

Objectives and activities for the public benefit

The object of the charity is, for the public benefit, the advancement of the mental health and well-being of beneficiaries and in particular, but without limitation, in the following order of priority:

- (1) to relieve sickness and promote and protect mental health by providing grants to beneficiaries who cannot afford the fees to be able to access care at either The Retreat York or other psychiatric hospitals in the UK;
- (2) to relieve sickness and promote and protect health, both mental and physical, of the beneficiaries by assisting in the provision of hospital treatments or home nursing for mental or physical illness, including from accidents;
- (3) to promote and protect mental health by funding projects and initiatives which have a direct and demonstrable impact on beneficiaries; and
- (4) to promote and protect mental health by funding projects and initiatives that are led by Quakers and involve activities which are congruent with Quaker values and/or testimonies.

The trustees confirm that they have referred to the guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Fund's aims and objectives and in planning future activities and setting the grant making policy for the year.

Organisational structure

The trustees meet four times a year. Grant applications were administered on a day to day basis by the Mental Health Development Officer, who liaised with Trustees to obtain decisions upon grants. All trustees give of their time freely and no remuneration was paid in the year.

Induction and training

All Trustees received induction upon appointment to their respective roles. Trustees receive a copy of a range of documents including the Annual Report and Accounts and the governing document. Training is provided on a variety of topics relevant to the work conducted by Quaker Mental Health Fund (UK).

QUAKER MENTAL HEALTH FUND (UK)

YEAR ENDED 31 DECEMBER 2021

TRUSTEES' ANNUAL REPORT – continued

Our work

The charity continued to support individual applicants with talking therapies, both through therapists identified by them and with a scheme we purchased from the Retreat Hospital on a contract basis. We have also continued to support a number of projects aiming at the relief of mental illness across the country.

We have been supported in this work by Alison Mitchell, our Mental Health Development Officer, who has brought to fruition, interactive events for mental ill health sufferers such as: Voices and the Forum and well-received Retreats for mental health workers; as well as bringing appropriate applications for grants to Trustees for approval, and representing the charity with various Quaker-relevant organisations in mental health.

We encourage feedback from applicants on our work and have received an evaluation on individual therapy work undertaken by the Retreat. All of this has indicated that our efforts have been of value in alleviating mental health problems for both individuals and more widely.

Investment powers and policy

The charity looked to maximise the return in terms of both income and capital.

The trustees have unrestricted powers of investment. As permitted by the charity's constitution, the trustees have given the investment managers discretion to manage the portfolio within an agreed risk profile.

Activity and financial review

Gross income for the year was £70,078 (2020: £76,917). After net expenditure of £15,596 (2020: £13,952) for costs of raising funds and charitable activities of £87,247 (2020: £107,247) net outgoing resources for the year amounted to (£32,765) (2020: £44,277)

When investment gains of £243,053 (2020: £126,859) are taken into account, the fund increased in value by £210,288 (2020: £82,582) leaving funds as at 31 December 2021 of £2,378,931 (2020: £2,168,643)

Grants totalling £64,869 were made to 13 individuals and 11 Projects including The Retreat individual therapy scheme.

Our insurers were changed and our policies were added to and reviewed

Reserves policy

The expendable endowment fund is maintained at a level to generate sufficient income to enable the charity to continue to make grants at the levels of expenditure anticipated. The Fund aims to spend income generated in the year in full.

There are £72,875 (2020: £90,044) of free reserves at the year end, due to the level of grants made during the year. It is the policy of the trustees not to hold free reserves.

QUAKER MENTAL HEALTH FUND (UK)

YEAR ENDED 31 DECEMBER 2021

TRUSTEES' ANNUAL REPORT – continued

Plans for future periods

The trustees wish to increase the numbers of individuals assisted by the Fund with the key emphasis being upon outpatient fees and projects which advance good mental health, the application and understanding of effective mental health practice. Various means are being used to increase knowledge of the Fund amongst members of The Religious Society of Friends and to explore other ways in which the Fund can assist individuals. Information regarding the availability of grants has been sent to all Meetings nationally and advertisements have been placed in The Friend in order to increase awareness of the Fund.

Risk management

The Trustees are responsible for reviewing major strategic, financial and operational risks to which the charity is exposed. The principal risks faced by the charity lie in the performance of investments and operational risks from ineffective grant making and the capacity of the charity to make effective grants.

The Trustees consider variability of investment returns on the expendable endowment to constitute the charity's major financial risk. This is mitigated by retaining expert investment advisors and having a diversified investment portfolio. The trustees manage the expendable endowment on a total return basis and consider that the use of a total return approach helps stabilise the resources available for grant making, thereby facilitating achievement of the charitable objectives.

The risk of effective management of grants is mitigated by the involvement of all trustees in the setting of the grant making policy with control being further increased by all grants of a significant size requiring the consent of all trustees.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

TRUSTEES' ANNUAL REPORT – continued

The trustees are responsible for keeping accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees on 1/09 2022 and is signed on their behalf

by:



Dick Stockford
Clerk

Quaker Mental Health Fund (UK)
Wallingford Meeting House
13 Castle St,
Wallingford OX10 8DL

QUAKER MENTAL HEALTH FUND (UK)

YEAR ENDED 31 DECEMBER 2021

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE QUAKER MENTAL HEALTH FUND (UK)

Opinion

We have audited the financial statements of The Quaker Mental Health Fund (UK) (the 'charity') for the year ended 31 December 2020 which comprise the Statement of Financial Activities, Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, (United Kingdom Generally Accepted Accounting Practice) including FRS102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2020 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE QUAKER MENTAL HEALTH FUND (UK) - continued

information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and

Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement set out on page 7, the trustees are responsible for the preparation of financial statements which give a true and fair view and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE QUAKER MENTAL HEALTH FUND (UK) – continued

respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

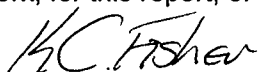
- Enquiry of management and those charged with governance about actual and potential litigation or claims and the identification of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including testing journal entries and other adjustments for appropriateness.
- Performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- Professional scepticism in course of the audit and with audit sampling in material audit areas.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Kevin Fisher BA FCA CTA
(Senior Statutory Auditor)
For and on behalf of:
Myrus Smith
Norman House
8 Burnell Road
Sutton
Surrey SM1 4BW

Date: 12th September 2022

Myrus Smith is eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

STATEMENT OF FINANCIAL ACTIVITIES		Unrestricted Income Fund £	Expendable Endowment Fund £	2021 Total £	2020 Total £
INCOME FROM	Note				
Donations		9,677	-	9,677	23,571
Income from investments	3d	60,376	-	60,376	53,315
Bank interest		25	-	25	31
		<u>70,078</u>	<u>-</u>	<u>70,078</u>	<u>76,917</u>
EXPENDITURE ON					
Raising funds - investment management fees	4	-	15,596	15,596	13,952
Charitable activities	7	87,247	-	87,247	107,242
		<u>87,247</u>	<u>15,596</u>	<u>102,843</u>	<u>121,194</u>
Net (expenditure) before gains and losses on investments		(17,169)	(15,596)	(32,765)	(44,277)
Net gains on investments	3e	-	243,053	243,053	126,859
		<u>(17,169)</u>	<u>227,457</u>	<u>210,288</u>	<u>82,582</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		90,044	2,078,599	2,168,643	2,086,061
		<u>72,875</u>	<u>2,306,056</u>	<u>2,378,931</u>	<u>2,168,643</u>


All amounts derive from continuing activities.

All gains and losses recognised in the year are included in the Statement of Financial Activities

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

BALANCE SHEET	Notes	2021 £	2020 £
Fixed assets			
Investments	3	2,327,869	2,099,039
Total fixed assets		<u>2,327,869</u>	<u>2,099,039</u>
Current assets			
Debtors	8	8,776	10,167
Cash at bank and on short term deposit		48,140	64,875
		<u>56,916</u>	<u>75,042</u>
Liabilities			
Creditors: amounts falling due within one year			
Accrued charges	9	(5,854)	(5,438)
Net current assets		<u>51,062</u>	<u>69,604</u>
Total assets		<u>2,378,931</u>	<u>2,168,643</u>
The funds of the charity			
Unrestricted income fund		72,875	90,044
Expendable endowment fund		2,306,056	2,078,599
Total charity funds		<u>2,378,931</u>	<u>2,168,643</u>

The financial statements on pages 10 to 19 were approved by the trustees on 1/09 2022 and are signed on their behalf by:



Dick Stockford
Trustee

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2021

	Note	2021 £	2020 £
Cash used in operating activities	5	(91,359)	(47,962)
Cash flows from investing activities			
Investment income received		60,401	53,346
Purchase of investments		(306,298)	(372,035)
Sale proceeds of investments		309,087	381,827
Cash provided by investing activities		63,190	63,138
Change in cash and cash equivalents in the year		(28,169)	15,176
Cash and cash equivalents at the beginning of the year		83,050	67,874
Cash and cash equivalents at the end of the year	6	54,881	83,050

NOTES TO THE ACCOUNTS

1 Accounting policies

(a) Basis of preparation and assessment of going concern

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Incoming Recognition

Income is recognised when the charity is entitled to the income, receipt is considered probable and the amounts can be measured reliably.

Donations are recognised when the charity has been notified of the amounts and the settlement date in writing, or, if earlier, when the donation is received.

(c) Investment Income and Taxation

Income from quoted and other securities is accounted for in the year it is receivable and when it can be measured reliably by the fund. Income from deposits is accrued in to the year for which it is due. Investment income includes all tax recoverable since the fund is not liable to tax on income that is used for charitable purposes.

(d) Listed investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

(e) Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis as a liability is incurred and has been classified under headings that aggregate all costs related to the category.

Irrecoverable VAT is charged against the expenditure heading for which it is incurred.

(f) Grants payable

Grants payable are payments made to third parties in the furtherance of the charity's charitable objectives. Grants given in the form of providing fees for patients are included in the Statement of Financial Activities when the fee is payable.

QUAKER MENTAL HEALTH FUND (UK)

YEAR ENDED 31 DECEMBER 2021

NOTES TO THE ACCOUNTS – continued

1 Accounting policies (Continued)

(g) Expendable endowment fund

The expendable endowment fund comprises the net assets transferred from the former charity (The Retreat Benevolent Fund). At the trustees' discretion the expendable endowment fund may be used to provide grants to patients of The Retreat York who are either Friends or are closely connected to Friends. They may also provide grants to Friends or those closely connected to Friends in respect of care provided by other providers. Income arising on the endowment fund can be used in accordance with the objects of the charity and is included as unrestricted income. Any capital gains or losses arising on the investments form part of the fund.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objectives.

(h) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(i) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(j) Debtors and creditors

The trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans.

(k) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

(l) Contingent liabilities

A contingent liability is identified and disclosed for those grants resulting from:

- a possible obligation which will only be confirmed by the occurrence of one or more uncertain future events not wholly within the trustees' control; or
- a present obligation following a grant offer where settlement is either not considered probable; or
- the amount has not been communicated in the grant offer and that amount cannot be estimated reliably

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

2 SOFA Prior Year Comparatives

STATEMENT OF FINANCIAL ACTIVITIES		Unrestricted Income Fund £	Expendable Endowment Fund £	2020 Total £	2019 Total £
INCOME FROM	Note				
Donations		23,571	-	23,571	3,033
Income from investments	3d	53,315	-	53,315	49,156
Bank interest		31	-	31	53
		<u>76,917</u>	<u>-</u>	<u>76,917</u>	<u>52,242</u>
EXPENDITURE ON					
Raising funds - investment management fees	4	-	13,952	13,952	9,485
Charitable activities	7	107,242	-	107,242	100,543
		<u>107,242</u>	<u>13,952</u>	<u>121,194</u>	<u>110,028</u>
Net (expenditure) before gains and losses on investments		(30,325)	(13,952)	(44,277)	(57,786)
Net gains on investments	3e	-	126,859	126,859	259,521
		<u>(30,325)</u>	<u>112,907</u>	<u>82,582</u>	<u>201,735</u>
Net income / (expenditure) for the year					
RECONCILIATION OF FUNDS					
Total funds brought forward		120,369	1,965,692	2,086,061	1,884,326
		<u>90,044</u>	<u>2,078,599</u>	<u>2,168,643</u>	<u>2,086,061</u>
Total funds carried forward					

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

3	Investments	2021	2020
		£	£
(a)	Movement in year at market value		
	Listed Investments		
	Market value at 1 January 2021	2,080,864	1,963,797
	Acquisitions at cost	306,298	372,035
	Disposals at book value	(289,748)	(377,594)
	Net gain / (loss) on revaluation	223,714	122,626
		<hr/>	<hr/>
	Market value at 31 December 2021	2,321,128	2,080,864
	Investment cash	6,741	18,175
		<hr/>	<hr/>
		2,327,869	2,099,039
		<hr/>	<hr/>
	Historical cost of listed investments	1,868,579	1,849,775
(b)	Reconciliation and movement in unrealised gains		
	Unrealised gains at 1 January 2021	231,089	135,331
	(Less) in respect of disposals in the year	(2,254)	(26,868)
	Add net (loss) / gains arising on revaluations in the year	223,714	122,626
		<hr/>	<hr/>
	Unrealised gains at 31 December 2021	425,549	231,089
		<hr/>	<hr/>
(c)	Market value analysis		
	Fixed Interest	305,953	304,627
	UK Equities	593,849	593,758
	Global Equities	1,083,250	874,817
	Property	152,773	138,435
	Alternative Investments	161,425	145,636
	Private Equity	23,878	23,591
		<hr/>	<hr/>
		2,321,128	2,080,864
		<hr/>	<hr/>
	Cash	6,741	18,175
		<hr/>	<hr/>
		2,327,869	2,099,039
		<hr/>	<hr/>

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

3	Investments - continued	2021	2020
		£	£
(d)	Investment income		
	Listed Investments		
	Listed securities	60,376	52,694
	Cash deposits	-	621
		<u>60,376</u>	<u>53,315</u>
(e)	Net gain / (loss) on investments		
	Realised gains on disposals	19,339	4,233
	Unrealised gain / (loss) for year	223,714	122,626
		<u>243,053</u>	<u>126,859</u>
	All of the gain in 2020 and 2019 is attributable to the Expendable Endowment fund		
4	Investment management fees		
	Fees charged by Quilter	15,596	13,952
		<u>15,596</u>	<u>13,952</u>
5	Reconciliation of net movement in funds to net cash flow from operating activities		
	Net incoming / (outgoing) resources for the period	210,288	82,582
	(Deduct) / add net gain / loss on investment assets	(243,053)	(126,859)
	Deduct investment income shown in investing activities	(60,376)	(53,315)
	Deduct other interest income	(25)	(31)
	(Increase) / decrease in debtors	1,391	49,551
	(Decrease) / increase in accrued charges	416	110
		<u>(91,359)</u>	<u>(47,962)</u>
6	Analysis of cash and cash equivalents		
	Cash in hand	48,140	64,875
	Cash awaiting investment	6,741	18,175
		<u>54,881</u>	<u>83,050</u>
	Total cash and cash equivalents	<u>54,881</u>	<u>83,050</u>

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

7 Charitable Activities

	2021	2020
	£	£
Grants		
Carr Junior School	2,615	1,996
Oxford Meet	3,000	1,500
Rookhow	3,325	-
Retreat Individual Therapy Scheme	19,080	14,100
Phoenix Counselling Services	775	3,717
Sea Change Trust	5,000	1,020
Horseheard	-	5,000
Newcastle East Academy Trust	4,577	-
Susan's Farm	2,148	-
Bootham School	6,380	10,346
NESST	1,575	5,000
Mental Health Forum	3,373	538
Quaker Service Belfast	-	5,000
Other project grants (under £2,000)	-	2,722
Individual Therapy Grants	13,021	9,781
	<u>64,869</u>	<u>60,720</u>
Grant to BYM for costs of Mental Health Development Officer	-	22,542
MHDO Fees	18,000	-
	<u>82,869</u>	<u>83,262</u>
Support Costs		
Secretary Fees & Expenses	-	12,053
MHDO Management and Project costs	-	5,618
Marketing	270	772
Website & IT Costs	768	740
Legal Fees	282	35
Bank Charges	24	26
Insurance	353	245
Meeting room hire	84	1,263
Sundry Expenses	266	24
Governance - Audit Fee	1,800	1,800
Governance – Non-Audit Accountancy Fees	360	720
Governance - Trustee Expenses	171	684
	<u>4,378</u>	<u>23,980</u>
Total Charitable Activities Costs	<u><u>87,247</u></u>	<u><u>107,242</u></u>

All of the £87,247 expenditure recognised in the year (2020 £107,242) was charged to unrestricted funds.

QUAKER MENTAL HEALTH FUND (UK)
YEAR ENDED 31 DECEMBER 2021

8 Debtors

	2021 £	2020 £
Brokers income account	8,776	10,167
Prepayments	-	-
	<u>8,776</u>	<u>10,167</u>

9 Creditors

Amounts falling due within one year:		
Accruals	5,854	5,438
	<u>5,854</u>	<u>5,438</u>

10 Trustees' expenses and remuneration

Three Trustees were reimbursed for travel expenses totalling £171 (2020: five Trustees £684) and no Trustee received any remuneration during the period

11 Contingent liabilities

Grants are recognised in the statement of financial activities when the charity becomes aware of an obligation. The trustees have authorised a further £33,256 for payment, which is not reflected in the accounts, as the criteria for recognition has not been satisfied.

12 Analysis of net assets between funds

	Unrestricted Funds	Endowment Funds	Total
Analysis of net assets between funds - current year			
Fixed asset investments	21,813	2,306,056	2,327,869
Current assets	56,916	-	56,916
Current liabilities	(5,854)	-	(5,854)
	<u>72,875</u>	<u>2,306,056</u>	<u>2,378,931</u>
Analysis of net assets between funds - prior year			
Fixed asset investments	20,440	2,078,599	2,099,039
Current assets	75,042	-	75,042
Current liabilities	(5,438)	-	(5,438)
	<u>90,044</u>	<u>2,078,599</u>	<u>2,168,643</u>