

Registered number 05237506

Asha Trust (Sri Lanka)
Report and Unaudited Accounts
30 September 2022

Asha Trust (Sri Lanka) Company Information

Asha Trust (Sri Lanka) is a company limited by guarantee and not having a share capital and is governed by its Memorandum and Articles of Association.

The company is a registered charity.

Trustees/Directors at the date of this report

Glenda Abbott

Radhika Bynon

Stephen Bynon

Stephen Carrick-Davies

Gary Ewer

Katherine De Krester

Secretary and registered office:

Glenda Abbott 141 Capel Road, Forest Gate, London E7 0JT

Bankers:

HSBC, South Woodford, London E18

Registered numbers :

Registered Company number 05237506

Registered Charity number 1108536

Asha Trust (Sri Lanka) Registered number: 05237506

Report of the Trustees

The trustees present their report and accounts for the year ended 30 September 2018.

Governance and management

Asha Trust (Sri Lanka) is a volunteer led organisation, having no paid staff, but an excess of goodwill and commitment from many. There has been wealth of knowledge, inspiration, ideas and hard work both from those in the UK and those in Sri Lanka. This support is Asha Trust's greatest asset.

Asha Trust supports staff in Sri Lanka including project managers, teachers and support staff who are employed by the projects where they work and are not employees of Asha Trust.

Trustees

The following persons served as trustees during the year and up to the date of this report:

Glenda Abbott
Radhika Bynon
Stephen Bynon
Stephen Carrick-Davies
Gary Ewer
Katherine De Krester

Methods of recruitment and appointment of trustees

New Trustees are recruited following their recommendation by existing Trustees or members of the company. Their election must be confirmed by the members of the company in a general meeting.

Public Benefit

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. The beneficiaries of the charity are those who partake in the activities described below. No fees are charged to the participants in these activities. The Trustees do not consider that the charity's activities include any potential detriment or harm or that they convey any significant incidental private benefit.

Objectives and Activities

Our Aims

Asha Trust seeks to establish authentic partnerships with local staff in order to tackle poverty, hardship and distress amongst children and adults in Sri Lanka.

Our Objectives

Within Sri Lanka we are working towards:

- promoting health and educational activities for children & young people
- enabling women and men to enhance their employment opportunities
- reducing isolation and neglect of older people

- promoting equality of opportunity working with members of all communities regardless of gender, ethnicity or faith.

In the UK we:

- advise and support people that travel to Sri Lanka where they are able to establish relationships with local workers and use their skills for the common good.

In 2021/21 Asha Trust has achieved our objectives by supporting local services in Sri Lanka. We work in an area where the housing and facilities are basic and securing work is a daily struggle. Asha Trust works closely with our local community workers who seek out the most marginalised groups, offering support and activities to help them increase their own capacity to meet these challenges and erect ladders out of poverty.

Our Structure

Asha Trust (Sri Lanka) is a volunteer led organisation, having no paid staff in the UK, but an excess of goodwill and commitment from many. There has been a wealth of knowledge, inspiration, ideas and hard work that has been banked, both from those in the UK and those in Sri Lanka. This is Asha Trust's greatest asset.

Asha Trust supports staff in Sri Lanka including project managers, teachers and support staff.

During the reporting period the activities and services provided needed to be flexible as Covid 19 Pandemic continued, with periods of not being able to access the centre due to Covid restrictions or curfew. At the start of this reporting period, the country once again finds itself in lockdown, this lasted until Oct 21. The centre was inaccessible later in 2022 due to curfew being called intermittently from April through to July due to the political tension in the country. We are thankful to having a centre in the heart of the community at Badowita, the local team were able to respond, providing essential services at these challenging time.

During the periods of lockdown, and curfew the local team were forced to close the centre and therefore unable to run the usual programme of educational and emotional support offered to those that attend the centre. However there were able to switch back to the use of WhatsApp and weekly study packs that the team had developed during the height of Covid, thus the team were able to continue engaging with the young people within the area.

During the periods when the centre was able to open, the team worked hard at providing a full programme of booster classes, along with emotional support and fun activities, including dance and art. Despite the challenges the team were able to provide a positive programme including;

- Booster classes in English, Maths, Sinhala and Tamil, plus IT. In addition, during the last reporting period the centre continues to provide a holistic programme the key aims physical and mental wellbeing, equality with a focus on gender, disabilities and enterprise.
- The Saturday activities continue to focus on the arts, sports and fun! The children and young people dance, sing and have a thoroughly fun time. The centre was able to continue Art Therapy session; working in partnership with CAF (Children, Adolescents and Family

Service) These wonderfully positive sessions allow children to express their feeling through art materials. Many of the children have exceedingly challenging lives and have benefited enormously through this. In addition a dancer has provided dance sessions for the children focusing on Bollywood dance; this has brought a lot of joy to all involved.

Working with Children and Young People with Disabilities

During the reporting period Asha Centre continued to work in partnership with RCCI, a specialist provider, to provide sessions for children and young people with disabilities within Athidiya. Although this was not able to happen during the periods of lockdown as soon as the rules allowed the team quickly got the partnership back on track with regular visits from RCCI staff. In addition due to restrictions the team were not able to engage in outreach as they normally would. The local team recognised that there is a well of unmet need from this group within Athidiya and are fully aware of gap this lack of outreach produced. Within Sri Lanka there remains a stigma concerning disabilities, being visible and conducting outreach has been a must in breaking down this barrier and enabling children and young people to obtain some services. Many of the young people do not attend school, and so the advice given and the sessions held at the centre is often the only educational and developmental input children have. This is a priority for future.

The centre staff has an inclusive approach, all children are included in a range of activities working together and learning from one another. Sessions involving both children with and without disabilities have been held in order to promote greater inclusion at the centre. These have involved everyone learning about disability through games and fun activities as well as joint drama and art activities. Those with disabilities now fully participate in centre celebrations which are held regularly to mark cultural and religious festivals .

Food Distribution

Due to government restrictions many people were not able to attend their place of work. This is a major concern for those in our community as many are day labours. Many of the men work as gardeners, carpenters, etc and many of the women are domestic clearers and cooks who are paid on a daily rate, most of the families we work with rely on income from insecure daily work and have no safety net in times of crisis. As peoples merger suppliers quickly dwindled, many parents were skipping meals in order that the children were able to eat. Many families were down to one meal a day. The government restrictions had a major impact on this community; many found they were hungry and rationing the most basic provision.

The Asha Centre team responded by providing regular 'food drops' of dry rations, rice, lentils, tea, sugar, powdered milk , coconut, some fruit an vegetables with some basic toiletries and sanitary provision. This was provided to 85 families. During the reporting period 30 food drops were provided during this reporting period. The team continue to support the community with food and are looking to a more sustainable and empowering model, which we hoped to implement once social distancing rules had relax. However, due to the political and economic crisis it has not been able to implement this.

Partnerships

RCCI- Our partnership with RCCI continues although they too have had to change the way they work. Due to the Covid 19 restrictions the RCCI centre closed and they were unable to provide the regular satellite support at the Asha Centre. We are grateful for the continued support of the RCCI this year and look forward to their support once we reopen with our Saturday inclusive and creative sessions.

Days for Girls Australia – We are excited to be partnering with DfG Australia which is an Australian not-for-profit that aims to reduce period poverty through good access to sanitary products and vital health information for women and girls around the world.

Creative Therapy with **Child Adolescent and Family Services (CAFS)** continues once a month on Saturdays for the children. These group activities are tremendously helpful for the well being of the children in our community.

Ministry of Health – a two workshops were provided by the Ministry of health staff, exploring preventative health.

The Goodness Foundation – has worked alongside us in a number of ways during this reporting period, this includes providing food for the food drops, running workshops exploring gender based violence, and working closely with the Asha team to provide a baseline survey.

Risk Management

The Trustees have considered the major risks to which the Fund is exposed and have reviewed those risks and established systems and procedures to manage them.

During the reporting period Trustees have visited all of the funded projects, ensuring that the grants provided by Asha Trust have been well used for the purpose for which they were provided. The Trustees work closely with the staff at the funded projects in order to identify their needs and target the funding effectively

Safeguarding

During the reporting period all safeguarding policies and procedures have been reviewed.

All staff attended Safeguarding training, and is aware of Asha Centres procedures. Notices concerning safeguarding are displayed at the centre. In addition safeguarding was raised as a key topic at the September Parents evening.

Financial Review

Income for the year from voluntary donations and fundraising activities totalled £18,686

Outgoing resources were higher than previous year at £31,509, as trustees had anticipated a lower income when setting the budget. Expenditure of £927 towards providing vocational training and support was incurred in the year from the restricted fund.

Reserves

The company's reserves are held in a low risk investment. The General Fund is available to fund projects at the discretion of the Trustees in accordance with the aims and objectives of the charity. The Restricted Funds will be applied by the Trustees in accordance with the restrictions put on them by the donors.

Small company provisions

This report was approved by the board on 15th July 2022 and signed on its behalf.

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime.



Radhika Bynon
Director



Stephen Bynon
Director

Asha Trust Sri Lanka

Statement of Financial Activities for the Year End 30 September 2021

Receipts and Payments

See separate document . **Asha Trust Accounts**

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with FRS102 SORP.

Radhika Bynon

Director



Stephen Bynon

Director



Approved by the board on 15th May 2023



Charity Name Asha Trust (Sri Lanka)		No (if any) 1108536	CC16a
Receipts and payments accounts			
For the period from	Period start date 01/10/2021	To	Period end date 30/09/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Voluntary income	18,517	7,620	-	26,137	35,611
Investment income	59	-	-	59	8
HMRC Gift Aid	-	-	-	-	4,565
Exchange rate gain	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	18,577	7,620	-	26,197	40,184
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,577	7,620	-	26,197	40,184
A3 Payments					
Asha Foundation	10,417	2,630	-	13,047	21,266
RCCI Rehabilitation	3,040	-	-	3,040	5,392
Prithipura Communities	-	-	-	-	-
Contract worker	4,622	1,890	-	6,512	15,325
Rent for office in Sri Lanka	-	-	-	-	256
Support Costs	1,049	-	-	1,049	829
Accountant	-	-	-	-	-
Penalty for late submission of accounts	-	-	-	-	-
Exchange rate loss	-	-	-	-	-
	-	-	-	-	-
Sub total	19,128	4,520	-	23,648	43,069
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19,128	4,520	-	23,648	43,069
Net of receipts/(payments)	551	3,100	-	2,549	2,885
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	76,886	1,890	-	78,776	-
Cash funds this year end	76,335	4,990	-	81,325	78,776

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
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