

**REGISTERED COMPANY NUMBER: 04590133 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1096411**

**TRUSTEES' REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30TH NOVEMBER 2022  
FOR  
FOOD & SHELTER FOUNDATION**

Watergates Ltd  
109 Coleman Road  
Leicester  
LE5 4LE

**FOOD & SHELTER FOUNDATION**  
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**FOR THE YEAR ENDED 30TH NOVEMBER 2022**

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**FOOD & SHELTER FOUNDATION**  
**REFERENCE AND ADMINISTRATIVE DETAILS**  
**FOR THE YEAR ENDED 30TH NOVEMBER 2022**

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<b>TRUSTEES</b>	Mr F A Member Director Mr Y A M Member Director Mr I Member Director
<b>REGISTERED OFFICE</b>	109 Coleman Road Leicester LE5 4LE
<b>PRINCIPAL ADDRESS</b>	72-74 Forest Road Leicester LE50DG
<b>REGISTERED COMPANY NUMBER</b>	04590133 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1096411
<b>INDEPENDENT EXAMINER</b>	Watergates Ltd 109 Coleman Road Leicester LE5 4LE

**FOOD & SHELTER FOUNDATION**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30TH NOVEMBER 2022**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th November 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objective of the charitable company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Food and Shelter foundation has continued working mainly in Africa through British Charities thus avoiding duplicity in management and administration; thereby giving the maximum benefit to the recipients of the funds.

The charity has donated a large percentage of its funds to British Registered Charities of which a large amount of its funds have been utilised in Africa. The charity has also participated in helping individuals in England who have fallen into hardship during the recession.

The following is a brief summary of the achievements and performance:

- The Charity is a main contributor in the running of an all girls orphanage in Malawi whereby the majority of the running cost has been met by Food & Shelter foundation looking after the welfare of the orphans education, accommodation and food. The Charity has also taken an active part in building of new complex to house the Orphans and provision of Education facilities. This had become a necessity for the well being of children and their education.
- Emergency housing to the displaced in Malawi during the recent floods which have affected a large population making them homeless and destitute.
- Grains and fertilizer packs to help farmers be self-sufficient.
- The Charity has continued its work in Gambia assisting towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa.
- The charity has undertaken the constructions of living facility for Orphans children who were being housed in terrible conditions.
- The Charity is also supporting two large organisations in India, who house and educate the orphans.
- The Charity has also given its attention to Zimbabwe, a country which is going through great economic challenges with its people suffering as a result. Food & Shelter Foundation have good network within the country which can be relied upon for proper distribution of aid.
- The Charity is also aiding feeding of the poor in Egypt through a local volunteer, working directly for the charity on a voluntary basis.
- The Charity will continue with the above projects and will be conducting field visits in the coming year to assess the proper utilisation of its funds.

**FOOD & SHELTER FOUNDATION**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30TH NOVEMBER 2022**

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**ACHIEVEMENT AND PERFORMANCE**

**Fundraising activities**

The general fund represents donations received from UK companies.

**FINANCIAL REVIEW**

**Reserves policy**

The director and trustees endeavour to distribute all income received in the year to charitable causes. The level of reserves held at the year end is considered to be adequate to continue to support its charitable causes as well as meeting its ongoing support and governance costs.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2002 and registered as a charity on 7 March 2003.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 29th August 2023 and signed on its behalf by:

Mr F A Member - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
FOOD & SHELTER FOUNDATION**

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**Independent examiner's report to the trustees of Food & Shelter Foundation ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th November 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the **\*\*ERROR - relevant professional body must be completed\*\***, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act;  
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nazir Malida

Watergates Ltd  
109 Coleman Road  
Leicester  
LE5 4LE

29th August 2023

**FOOD & SHELTER FOUNDATION**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 30TH NOVEMBER 2022**

	Notes	30/11/22 Unrestricted fund £	30/11/21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		<b>370,000</b>	400,000
<b>EXPENDITURE ON</b>			
Raising funds		-	30
<b>Charitable activities</b>			
Provision of education		<b>29,242</b>	54,883
Alleviation of poverty		<b>403,451</b>	195,529
<b>Total</b>		<b>432,693</b>	250,442
<b>NET INCOME/(EXPENDITURE)</b>		<b>(62,693)</b>	149,558
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<b>605,774</b>	456,216
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>543,081</b>	605,774

The notes on page 0 form part of these financial statements

**FOOD & SHELTER FOUNDATION**  
**STATEMENT OF FINANCIAL POSITION**  
**30TH NOVEMBER 2022**

	Notes	30/11/22 Unrestricted fund £	30/11/21 Total funds £
<b>CURRENT ASSETS</b>			
Cash at bank		548,131	605,774
<b>CREDITORS</b>			
Amounts falling due within one year	3	(5,050)	-
<b>NET CURRENT ASSETS</b>		<u>543,081</u>	<u>605,774</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>543,081</u>	<u>605,774</u>
<b>NET ASSETS</b>		<u>543,081</u>	<u>605,774</u>
<b>FUNDS</b>			
Unrestricted funds	4	<u>543,081</u>	<u>605,774</u>
<b>TOTAL FUNDS</b>		<u>543,081</u>	<u>605,774</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th November 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29th August 2023 and were signed on its behalf by:

Mr F A Member - Trustee

The notes on page 0 form part of these financial statements

**FOOD & SHELTER FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30TH NOVEMBER 2022**

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**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**FOOD & SHELTER FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30TH NOVEMBER 2022**

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30th November 2022 nor for the year ended 30th November 2021.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 30th November 2022 nor for the year ended 30th November 2021.

**3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>30/11/22</b>	<b>30/11/21</b>
	£	£
Accruals and deferred income	<b>5,050</b>	-
	<u>5,050</u>	<u>-</u>

**4. MOVEMENT IN FUNDS**

	At 1.12.21 £	Net movement in funds £	At 30.11.22 £
<b>Unrestricted funds</b>			
General fund	<b>605,774</b>	<b>(62,693)</b>	<b>543,081</b>
	<u>605,774</u>	<u>(62,693)</u>	<u>543,081</u>
<b>TOTAL FUNDS</b>	<b>605,774</b>	<b>(62,693)</b>	<b>543,081</b>
	<u>605,774</u>	<u>(62,693)</u>	<u>543,081</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>370,000</b>	<b>(432,693)</b>	<b>(62,693)</b>
	<u>370,000</u>	<u>(432,693)</u>	<u>(62,693)</u>
<b>TOTAL FUNDS</b>	<b>370,000</b>	<b>(432,693)</b>	<b>(62,693)</b>
	<u>370,000</u>	<u>(432,693)</u>	<u>(62,693)</u>

**Comparatives for movement in funds**

	At 1.12.20 £	Net movement in funds £	At 30.11.21 £
<b>Unrestricted funds</b>			
General fund	<b>456,216</b>	<b>149,558</b>	<b>605,774</b>
	<u>456,216</u>	<u>149,558</u>	<u>605,774</u>
<b>TOTAL FUNDS</b>	<b>456,216</b>	<b>149,558</b>	<b>605,774</b>
	<u>456,216</u>	<u>149,558</u>	<u>605,774</u>

**FOOD & SHELTER FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30TH NOVEMBER 2022**

**4. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	400,000	(250,442)	149,558
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>400,000</u>	<u>(250,442)</u>	<u>149,558</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.20 £	Net movement in funds £	At 30.11.22 £
<b>Unrestricted funds</b>			
General fund	456,216	86,865	543,081
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>456,216</u>	<u>86,865</u>	<u>543,081</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	770,000	(683,135)	86,865
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>770,000</u>	<u>(683,135)</u>	<u>86,865</u>

**FOOD & SHELTER FOUNDATION**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 30TH NOVEMBER 2022**

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**5. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30th November 2022.