

Registered Charity Number: 1093525

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
BETWS FAMILY CENTRE**

BETWS FAMILY CENTRE
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FOR THE YEAR ENDED 31 MARCH 2025

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**BETWS FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1093525

Principal address

19 Treforis
Betws
Ammanford
Carmarthenshire
SA18 2RA

Trustees

T Toutt
K McMinn-Davies
R Morris (Resigned 17/10/2024)
H Evans
B Jones
R Williams
S Watkins
J Freimanis (Appointed 17/10/2024)

Independent Examiner

Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

**BETWS FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025 (Cont'd)**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The Trustees have adopted the provisions of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives for the next year are:

- Improve parent's awareness of how to support speech and language development for their child/children.
- Increase the parent's confidence with cooking healthy meals on a budget for the whole family.
- Reduce social isolation and increase social networks for children and their families.
- Improve parent's knowledge of health and the well-being of their babies and children.
- Increase parent's basic knowledge of the Welsh Language and its culture.
- Increase opportunities for children to play and develop in the local area.

Public Benefit

The trustees confirm that they have complied with their duty in section 17(5) of the 2011 Charities Act with regard to the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives in planning future activities.

Betws Family Centre has demonstrated that our aims are for public benefit through the provision of activities and events for local families.

ACHIEVEMENT AND PERFORMANCE CHARITABLE ACTIVITIES

We nurture families and strengthen the local community, developing and connecting families so that wellbeing and life chances are enhanced.

Highlights:

- We help families with the cost of food by providing daily surplus food, nutritionally balanced weekly cooking packs and twice weekly lunch clubs. We often run Cook and Play sessions for toddlers and have run food related workshops for parents.
- Families appreciate the opportunities for free and affordable trips and experiences during school holidays that keep them connected with others over what can be an isolating time.
- The centre has been painted throughout and is more neutral creating a calmer environment that reduces distractions for children and allows them to engage more in their play.

Sessions Delivered:

- Baby Massage
- Baby Group
- Breastfeeding Group (La Leche League)
- Cook and Play
- Cooking Recipe Packs
- Cuppa and Chat
- Cuppa, Craft and Chat
- Disco
- Drop-in Free Play

- Eat Smart Save Better Workshop

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- Family Dance Workshop
- Healthy Families Course – Action for Children
- Holiday Themed Sessions (Science, Princess & Knight, Dinosaurs, Superheroes)
- HV Assistant Sensory Play
- Looking after children's teeth session
- Messy Play
- Multiply Crafts
- Nurture Course (with TAF)
- Outdoor Explorers
- Parenting Puzzle Dad's Course (with Flying Start)
- Pumpkin Patch
- Sing and Chat in Annwyl Fan
- Stay and Play
- Tap Tap and Chat
- Tiny Talkers
- Toddler Group
- Trips
- West Wales Rivers Trust
 - River Dipping
 - Scavenger Hunt
 - Litter Pick
 - Raft Making

Overview of the Year

Connecting families has been an important aspect of the year with many of our families telling us that they see the centre as an invaluable lifeline which has enabled them to make friends and has led to an extended support network beyond the centre. Parents say we are a safe, home like environment that helps to develop their children's confidence through play. We also focus on family wellbeing in our weekly cuppa, craft and chat sessions. We have found a good balance between outreach and time in the centre. We spend Mondays in the community at the flower park and in the Baptist Chapel in the centre of Ammanford. We also visit Annwyl Fan Care home on a Wednesday for our intergenerational project. The centre space is used the rest of the time drop-in and pre booked sessions. Families have enjoyed accessing courses through the centre, one of which was a collaboration with Flying Start offering a four-week Parenting Puzzle course aimed at dads. We make sure that families have everything they need to connect and spend quality time together during Christmas and school holidays.

Quotes from Families:

"Friendly, happy place. Made to feel welcome. Like home from home at times. The staff are like Auntie's to our babies."

"It's our weekly go to, they provide support and makes parenting that little bit easier knowing that your not on your own! We love it there!"

"Betws Family centre are dedicated to supporting and assisting families in whatever shape or form that comes in. They offer a range of activities, food/menu/budgeting, trips, parenting advice, comfort and a kind word. Lovely people"

"Safe, happy place. The most friendly staff always makes sure you are comfortable and provides so much fun for the children"

**BETWS FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

"It's a place to go even with anxiety"

"The family centre is our second home; we love being able to walk in and just be ourselves in our home from home."

"The centre means the world to us we love going"

"Being able to feel part of a community that offers so much support and guidance is invaluable"

Financial review

Reserves Policy

Betws Family Centre has reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 4 - 6 months running costs (currently equivalent to £17,037 - £25,556) should be held (this being calculated in relation to total payments less capital costs). Current free reserves are £24,337. The trustees monitor reserves on a regular basis.

This level of reserves has been determined taking into account the fact the income is received from a wide range of sources, the extent of protective measures (such as insurance), commitments it has to staff, and other obligations under agreements with third parties.

Risk management has been reviewed in terms of child protection policies, risk assessments of events and trips, the understanding of DBS checks and health and safety issues. The trustees feel that they have taken all reasonable steps to protect beneficiaries, staff, volunteers and the organisation itself. This policy will be reviewed annually.

FUTURE PLANS

Betws Family Centre will continue to deliver their current aims and objectives.

Much of the charities work is ongoing and involves staff working within the local community to provide support and training for families.

Approved by order of the board of trustees on 9/10/25.....and signed on its behalf by:

R Williams.....
R Williams - Trustee

**BETWS FAMILY CENTRE
REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 31 MARCH 2025**

Independent examiner's report to the Trustees of Betws Family Centre

I report on the accounts of the Charity for the year ended 31 March 2025, which are set out on pages 9 to 14.

Responsibilities and Basis of Report

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

Independent Examiners' Statement

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E. Truman

E Truman FCA
Harris Bassett Limited
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date: 22. 12. 25

**BETWS FAMILY CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Unrestricted Funds £	Restricted Funds £	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS				
Charitable activities				
Grants	-	142,791	142,791	96,560
Foot Hub/Tips	-	2,847	2,847	3,004
Other Income	<u>1,250</u>	-	<u>1,250</u>	<u>2,004</u>
Total incoming resources	1,250	145,638	146,888	96,564
EXPENDITURE				
Charitable activities				
Wages	-	40,243	40,243	41,733
Employer Pensions	-	606	606	645
DBS	-	69	69	-
Craft activities & Trips	-	4,210	4,210	4,399
Equipment	-	-	-	40
Travel expenses	-	1	1	64
Food	-	1,548	1,548	1,825
Garnant Family Centre Share	-	<u>76,054</u>	<u>76,054</u>	<u>54,123</u>
	-	122,731	122,731	102,829
Support costs				
Management				
Light and Heat	-	842	842	991
Water Rates	-	177	177	582
Telephone	-	1,937	1,937	1,323
Maintenance	300	1,314	1,614	211
Room Hire	-	260	260	-
Sundries	-	116	116	-
Office supplies and Stationery	-	17	17	383
Training Staff and volunteers	-	<u>2,149</u>	<u>2,149</u>	<u>257</u>
	300	6,812	7,112	3,747
Finance				
Bank charges	-	85	85	72
Governance costs				
Insurance	-	454	454	444
Accountancy	-	588	588	1,512
Consultancy	-	1,164	1,164	1,080
Payroll Costs	-	<u>296</u>	<u>296</u>	-
	-	2,502	2,502	<u>3,036</u>
Total resources expended	<u>300</u>	<u>132,130</u>	<u>132,430</u>	<u>109,634</u>
Net income /(expenditure)	<u>950</u>	<u>13,508</u>	<u>14,458</u>	<u>(11,120)</u>

**BETWS FAMILY CENTRE
BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2025**

Notes	Unrestricted Funds £	Restricted Funds £	31.3.25 Total Funds £	31.3.24 Total Funds £
CURRENT ASSETS				
Cash at bank and in hand	<u>24,337</u>	<u>19,527</u>	<u>43,864</u>	<u>29,406</u>
NET CURRENT ASSETS	<u>24,337</u>	<u>19,527</u>	<u>43,864</u>	<u>29,406</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>24,337</u>	<u>19,527</u>	<u>43,864</u>	<u>29,406</u>
NET ASSETS	<u>24,337</u>	<u>19,527</u>	<u>43,864</u>	<u>29,406</u>
FUNDS				
Unrestricted funds			24,337	23,387
Restricted funds	2		<u>19,527</u>	<u>6,019</u>
Total funds			<u>43,864</u>	<u>29,406</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 9/10/25 and were signed on its behalf by:

BW Jones
B Jones - Trustee

**BETWS FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019), Financial Reporting Standard 102 and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure. Expenditure has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

BETWS FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Movement of Funds	C/F
	£	£	£	£	£
Garfield Weston	-	5,000	2,775	-	2,225
Mynydd y Betws	882	-	882	-	-
Tesco – Stronger Starts	-	1,000	300	-	700
Tesco –Activity for all	-	1,000	1,000	-	-
Tycross Local Aid	-	200	-	-	200
National Lottery Fund	5,238	130,111	122,510	-	12,839
Lidl Community Fund	-	230	230	-	-
Flying Start/Families First	-	1,750	1,750	-	-
Sue Ladd Charity	(322)	1,000	178	-	500
Ammanford Lions	-	500	-	-	500
Trips	221	2,847	2,505	-	563
Sainsbury's	-	1,500	-	-	1,500
Coop	-	500	-	-	500
	<u>6,019</u>	<u>145,638</u>	<u>132,130</u>	<u>-</u>	<u>19,527</u>

Grant Narratives

Ammanford Lions – Charitable Donation towards the centre's work

Families First/Flying Start – restricted fund to focus on providing parenting support, baby massage and language and play as detailed in the Service Level Agreement.

Garfield Weston – Grant Funding received as a restricted fund towards core costs

Lidl Christmas Fund – restrictive fund awarded for Christmas activities

The National Lottery, People and Places – restrictive 3 year funding towards shared project with Garnant Family Centre

Tesco Activity for All – restrictive fund for summer holiday activities

Tesco Stronger Starts – restrictive fund awarded for the centre's food projects

Tycroes Local Aid – Charitable Donation towards the centre's work

Sainsbury's – restrictive fund awarded for the centre's food projects

Sue Ladd Donation – Charitable Donation towards the centre's work

**BETWS FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

3. FUNCTIONAL ANALYSIS OF EXPENDITURE

Expenditure has been broken down accordingly to the activity headings as recommended by the Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Total staff costs comprised	£
Wages and salaries	40,243
Employer Pension Contribution	606
Travel Costs reimbursed	<u>1</u>
Total	<u>£40,850</u>

The average monthly head count was 3 staff with all employee time involved in providing either support to the governance of the charity or support services to charitable activities.

No employees received emoluments of more than £ 60,000.
No trustees were paid any expenses in the year.

4. GOVERNANCE COSTS

There was no trustee remuneration. Governance costs were as follows:

	£
Accountancy fees	588
Consultancy	1,164
Insurance	454
Membership fees	-
Payroll Costs	296
Bank Service Charge	<u>85</u>
	<u>£2,587</u>

5. RISK MANAGEMENT

The trustees have carries out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserve policy is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.