

Registered Charity Number: 1093525

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
**FOR**  
**BETWS FAMILY CENTRE**

**BETWS FAMILY CENTRE**  
**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**BETWS FAMILY CENTRE  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2022).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives for the next year are:

- Improve parent's awareness of how to support speech and language development for their child/children.
- Increase the parent's confidence with cooking healthy meals on a budget for the whole family.
- Reduce social isolation and increase social networks for children and their families.
- Improve parent's knowledge of health and the well-being of their babies and children.
- Increase parent's basic knowledge of the Welsh Language and its culture.
- Increase opportunities for children to play and develop in the local area.

**Public Benefit**

The trustees confirm that they have complied with their duty in section 17(5) of the 2011 Charities Act with regard to the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives in planning future activities.

Betws Family Centre has demonstrated that our aims are for public benefit through the provision of activities and events for local families.

**BETWS FAMILY CENTRE  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

**ACHIEVEMENT AND PERFORMANCE CHARITABLE ACTIVITIES**

We nurture families and strengthen the local community, developing and connecting families so that wellbeing and life chances are enhanced.

Highlights:

- We are a busy centre with warm approachable staff – we create a community of support for our families where everyone is valued and welcome.
- We help families' budgets by providing surplus food, cooking packs and lunch clubs. Families say this is a huge support financially.
- We are part of the wider community running groups in various locations including the Rugby Club, Flower park and sensory garden, Betws Primary School and Annwyl Fan Carehome.

Sessions Delivered:

- Active Drama Workshop
- Active Play
- Annwyl Fan Carehome
- Antenatal Drop-in with FS Midwives
- Babanod Eco Reusable Nappy Library
- Baby Language and Play
- Baby Massage
- Caring Cuppa and Chat
- Christmas: Canvasses, Carolling, Dinner Takeaway, Party, Photoshoots, Santa 1-1s,
- Toy Exchange
- Clwb Cwtsh Course
- Cook and Play
- Cooking Packs
- Easter: Basket Making, Easter Fun in Annwyl Fan, Egg Hunt and Outdoor Activities, Messy Easter Eggstravaganza
- Food Hub
- Free Play
- Yoga Babi with Cymraeg i Blant
- La Leche League Breastfeeding Group
- Lunch Clubs
- Outdoor Play / Little Explorers
- Paediatric First Aid Course
- Parenting Puzzle Course – Action for Children (5 sessions)
- Sensory and Messy Play
- Sensory Play days with HV assistant Toddler Sewing Session with Foothold
- Toddler Language and Play (Tiny Talkers)
- Trips
- UV Parties
- Y Sied Cookery Course

**BETWS FAMILY CENTRE  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

### Overview of the Year

Throughout the year we have provided a variety of activities and sessions for families with something to suit everyone. This year as a centre we have taken time to focus on parent's wellbeing with time for a cuppa and chat becoming an invaluable session where parents feel listened to and given a moment. Parents have also loved creating keepsake cards and canvasses of little ones hand and foot prints. We are seeing daily the challenges of the current cost of living crisis with many families telling us they are worrying about money. With this in mind, focus over the school holidays has been affordable experiences for families with trips to Mountain View Ranch, St Fagans and Llyn Llech Owain, Active, Messy and Free play sessions, a Summer Fayre and a visit from Party Ponies. Our toy exchange ran through the whole of November this year with people bringing and taking toys as they wanted; families loved that this was free and also a more environmentally friendly way to do Christmas.

#### Quotes from Families:

"I absolutely love the centre and the staff they have become an extended part of the family."

"Coming to the family centre is like coming home! We love having a safe space to go to be ourselves."

"Great facility to be able to get out of the house with my baby. It made the days easier and made me feel less isolated and a chance to make contact with other mothers. Also the fact that the sessions are free is a huge benefit being on maternity. My baby really enjoyed interacting with other children and was good for his development. The staff are so friendly and welcoming."

### Financial review

#### Reserves Policy

Betws Family Centre has reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 4 - 6 months running costs (currently equivalent to £17,037 - £25,556) should be held (this being calculated in relation to total payments less capital costs). Current free reserves are £23,337. The trustees monitor reserves on a regular basis.

This level of reserves has been determined taking into account the fact the income is received from a wide range of sources, the extent of protective measures (such as insurance), commitments it has to staff, and other obligations under agreements with third parties.

Risk management has been reviewed in terms of child protection policies, risk assessments of events and trips, the understanding of DBS checks and health and safety issues. The trustees feel that they have taken all reasonable steps to protect beneficiaries, staff, volunteers and the organisation itself. This policy will be reviewed annually.

### FUTURE PLANS

Betws Family Centre will continue to deliver their current aims and objectives.

Much of the charities work is ongoing and involves staff working within the local community to provide support and training for families.

**BETWS FAMILY CENTRE  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1093525

**Principal address**

19 Treforis  
Betws  
Ammanford  
Carmarthenshire  
SA18 2RA

**Trustees**

T Toutt  
K McMinn-Davies  
R Morris  
H Evans  
B Jones  
E Day (Resigned 07.11.23)  
R Williams  
S Watkins

**Independent Examiner**

Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Approved by order of the board of trustees on 18/10/24 and signed on its behalf by:

R Williams  
R Williams - Trustee

**BETWS FAMILY CENTRE  
REPORT OF THE INDEPENDENT EXAMINER  
FOR THE YEAR ENDED 31 MARCH 2024**

**Independent examiner's report to the Trustees of Betws Family Centre**

I report on the accounts of the Charity for the year ended 31 March 2024, which are set out on pages 9 to 14.

**Responsibilities and Basis of Report**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charities Commission under Section 145(5)(b) of the Act.

**Independent Examiners' Statement**

I have completed my examination, I confirm that no material matters have come to my attention in connection with the examination:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*E. Truman*

E Truman FCA  
Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Date: 06-01-25

**BETWS FAMILY CENTRE  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024**

	Unrestricted Funds £	Restricted Funds £	31.3.24 £	31.3.23 £
<b>INCOME AND ENDOWMENTS</b>				
<b>Charitable activities</b>				
Grants	-	96,560	96,560	17,315
Foot Hub/Tips	-	<u>2,004</u>	<u>2,004</u>	-
<b>Total incoming resources</b>	-	<b>98,564</b>	<b>96,564</b>	<b>17,315</b>
<b>EXPENDITURE</b>				
<b>Charitable activities</b>				
Wages	-	41,733	41,733	35,935
Employer Pensions	-	645	645	872
Craft activities & Trips	26	4,373	4,399	2,550
Equipment	-	40	40	-
Travel expenses	-	64	64	-
Food	-	1,825	1,825	-
Garnant Family Centre Share	-	<u>54,123</u>	<u>54,123</u>	-
	26	102,803	102,829	39,357
<b>Support costs</b>				
<b>Management</b>				
Light and Heat	-	991	991	1,188
Water Rates	-	582	582	-
Telephone	-	1,323	1,323	952
Maintenance	-	211	211	272
Office supplies and Stationery	-	383	383	234
Training Staff and volunteers	-	<u>257</u>	<u>257</u>	<u>225</u>
	-	3,747	3,747	2,871
<b>Finance</b>				
Bank charges	-	72	72	72
<b>Governance costs</b>				
Insurance	-	444	444	622
Accountancy	588	924	1,512	1,439
Consultancy	-	1,080	1,080	1,080
Professional fees	-	-	-	<u>965</u>
	<u>588</u>	<u>2,448</u>	<u>3,036</u>	<u>4,106</u>
<b>Total resources expended</b>	<u>614</u>	<u>109,070</u>	<u>109,634</u>	<u>46,406</u>
<b>Net (expenditure)/income</b>	<u>(614)</u>	<u>(10,506)</u>	<u>(11,120)</u>	<u>(29,091)</u>

**BETWS FAMILY CENTRE  
BALANCE SHEET  
FOR THE YEAR ENDED 31 MARCH 2024**

Notes	Unrestricted Funds £	Restricted Funds £	31.3.24 Total Funds £	31.3.23 Total Funds £
<b>CURRENT ASSETS</b>				
Cash at bank and in hand	<u>23,387</u>	<u>6,019</u>	<u>29,406</u>	<u>40,526</u>
<b>NET CURRENT ASSETS</b>	<u>23,387</u>	<u>6,019</u>	<u>29,406</u>	<u>40,526</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<u>23,387</u>	<u>6,019</u>	<u>29,406</u>	<u>40,526</u>
<b>NET ASSETS</b>	<u>23,387</u>	<u>6,019</u>	<u>29,406</u>	<u>40,526</u>
<b>FUNDS</b>				
Unrestricted funds			23,387	24,001
Restricted funds	2		<u>6,019</u>	<u>16,525</u>
<b>Total funds</b>			<u>29,406</u>	<u>40,526</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 7/11/24 and were signed on its behalf by:

BW Jones  
B Jones - Trustee

**BETWS FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2022), Financial Reporting Standard 102 and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure. Expenditure has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**BETWS FAMILY CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

**2. RESTRICTED INCOME**

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Movement of Funds	C/F
	£	£	£	£	£
Garfield Weston	2,860	-	2,860	-	-
Mynydd y Betws	1,139	-	257	-	882
Postcode Community Trust	10,526	-	10,526	-	-
Gwendoline and Margaret Davies Trust	2,000	-	2,000	-	-
National Lottery Fund	-	93,560	88,322	-	5,238
Lidl Community Fund	-	500	500	-	-
Flying Start/Families First	-	2,000	2,000	-	-
Sue Ladd Charity	-	-	322	-	(322)
Food Hub	-	705	705	-	-
Trips	-	1,299	1,078	-	221
Betws in Need	-	500	500	-	-
	<u>16,525</u>	<u>98,564</u>	<u>109,070</u>	<u>-</u>	<u>6,019</u>

**Grant Narratives**

Betws in Need – Charitable Donation towards the centre's work

Families First/Flying Start – restricted fund to focus on providing parenting support, baby massage and language and play as detailed in the Service Level Agreement.

Garfield Weston – Grant Funding received as a restricted fund towards core costs

Gwendoline and Margaret Davies - Grant Funding received as a restricted fund towards core costs

Lidl Foundation – restrictive fund awarded to provide food for families in lunch clubs and cooking packs

Postcode Community Trust – Grant funding received as a restrictive fund to run active session and promote healthier lifestyles to families.

The National Lottery, People and Places – restrictive 3 year funding towards shared project with Garnant Family Centre

Sue Ladd Donation – Charitable Donation towards the centre's work

Travel Costs reimbursed

Total

64  
£42,442

The average monthly head count was 3 staff with all employee time involved in providing either support to the governance of the charity or support services to charitable activities.

No employees received emoluments of more than £60,000.

No trustees were paid any expenses in the year.

**BETWS FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

**3. FUNCTIONAL ANALYSIS OF EXPENDITURE**

Expenditure has been broken down accordingly to the activity headings as recommended by the Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2022).

Total staff costs comprised	£
Wages and salaries	41,733
Employer Pension Contribution	645

**4. GOVERNANCE COSTS**

There was no trustee remuneration. Governance costs were as follows:

	£
Accountancy fees	1,260
Consultancy	1,080
Insurance	444
Membership fees	-
Payroll Costs	252
Bank Service Charge	72
	<u>£3,108</u>

**5. RISK MANAGEMENT**

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserve policy is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health & Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.